



朗阁海外考试研究中心

Research Academy for Foreign Language Examinations

朗阁IELTS 应试系列

IELTS

刘春光 编著

雅思

高频词汇

精选雅思阅读中出现**频率最高的400词**

- ▶ 中英释义帮助全面理解
- ▶ 剑桥原文帮助正确使用单词



上海交通大学出版社
SHANGHAI JIAO TONG UNIVERSITY PRESS



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内容提要

本书收录了剑桥雅思高频词汇四百词，都是在雅思考试中出现次数很高、极具代表性的单词。由于理解好词汇的英文释义对于词汇的运用大有益处，所以每个单词都列出了中英文释义。此外，所有单词都配有截取自剑桥雅思阅读真题的例句，并且每个例句都附有中文翻译，以此来帮助读者在句子的语境中理解词汇，进一步了解词汇的用法，增强对词汇的理解和运用能力。在多数单词的最后还有其相关的词汇变形来扩充词汇量。相信通过对本书的学习，读者对这些高频词汇的掌握能力会更进一步。

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前　　言

词汇对于任何一门语言来说，都是至关重要的一环，也是对学习者的一项挑战。在备考各类英语考试的过程中，各位读者或多或少都受到过词汇问题的困扰，备考雅思考试亦是如此。

在学习词汇的过程中，考生们可能用过各种各样的方法，比如记忆词根词缀，或者单纯靠脑力去背诵，但很重要的一点就是要在理解的基础上进行记忆。那对于如何去更好地理解单词这一问题是需要好好思考的。单词的学习过程并不只是简单地中英文对应记忆，否则通过这样的方法记住的单词会很难正确使用，并最终造成在单词使用过程中失去灵活性。

本书中的单词是取自剑桥雅思真题的阅读文章，把文章中出现频率最高的 400 个单词整理成书，并配有音标、词性、中英文的单词释义、剑桥雅思真题例句及翻译，以及相关变形。其中，中英文单词释义可以帮助读者更深刻地理解这个单词的意思，以免造成仅有中文释义所带来的理解上的误差。此外，每个单词都配有剑桥雅思真题例句及例句的中文翻译，目的在于更好地理解单词在句子中的作用和意思。在句子中理解单词才能更好地记忆单词。例句后面的中文翻译可以当作参考，尤其是例句的翻译是以其摘自的整篇剑桥雅思阅读文章为背景的，这样才更加符合文章整体的理解与基调。最后，相关变形这一部分则提供该单词可以引申出的其他形式单词，并给出了词性与中文释义。此部分可以更好地帮助读者进一步扩充词汇量。

本书在编写过程中得到许多老师、同仁及读者的支持与帮助。在此，特别感谢以下老师在本书编写过程中的大力支持：贾若寒，曹燕，刘春光，徐庆，张月，黄尔宾，任丽，宋瑞，张蔚洲，王华，戴雨辰，管延圻，祝丹霞，郑虹，张姗姗，赵岩，葛天彦，金小洁，李珂，李园，宋宇宸，王上，王希，杨颖子。

目 录

A

- absolutely /1
- abstract /1
- accelerate /2
- access /3
- accommodation /4
- accompany /4
- accomplish /5
- accumulate /5
- accurate /6
- adaptation /7
- adequate /7
- adjust /8
- administer /9
- adopt /9
- advent /10
- advocate /10
- allocate /11
- alter /12
- alternative /12
- altitude /13
- analysis /13
- ancestor /14
- ancient /14
- announce /15
- annual /16
- anticipate /16
- apparent /17
- application /18
- appoint /18
- apprentice /19
- approach /19
- appropriate /20
- approximate /21
- archaeological /21
- artificial /22
- aspect /22
- assessment /23
- assign /24
- associate /24
- assumption /25
- astonishing /26
- astronomical /27
- attach /27
- attainment /28
- attitude /28
- auditory /29
- autonomous /30
- available /30

B

bacteria /32

bias /32

breeding /33

C

capable /34

capture /34

category /35

characteristic /36

chronic /36

circulate /37

circumstance /37

civilization /38

climatic /38

clue /39

coin /39

combine /40

commercial /41

community /41

comparable /42

comparison /43

compensate /43

competitive /44

complaint /44

complex /45

complicated /46

component /46

comprehend /47

conceive /47

concentration /48

concept /49

concur /49

conduct /50

confusion /51

consensus /51

conservative /52

considerable /52

consistent /53

constant /53

constitute /54

constrain /54

construction /55

consult /56

consumption /56

contemporary /57

continuous /57

contradict /58

conventional /58

convert /59

convey /60

convince /60

correspond /61

cosmic /61

counterpart /62

criteria /62

criticism /63

crucial /63

curiosity /64

current /65

curriculum /65

D

decline /67

define /68

- definition /68
deliver /69
demonstrate /70
dependent /71
derive /71
destruction /72
detect /73
deteriorate /73
devastate /74
device /74
devise /75
digest /76
diminish /76
discharge /77
discourage /78
discovery /78
discrepancy /79
distinct /79
distinguish /80
distort /80
distribute /80
diversity /81
dominate /81
dramatic /82
drought /83
duration /83
dynamic /84
- elaborate /87
eliminate /87
elusive /88
embark /89
embrace /89
emerge /90
eminent /90
emission /91
emphasis /91
encompass /92
encounter /92
endanger /93
endurance /93
enduring /94
engage /94
enhance /95
enormous /95
environmental /96
equator /96
equivalent /97
erode /97
essential /98
establish /99
estimate /99
evaluate /100
evaporate /100
eventually /101
evoke /101
evolutionary /102
exceed /102
existence /103
expand /103
expect /104

E

- ecology /85
ecosystem /85
effective /86
efficient /86

experimental /104
explanation /105
exploit /106
exploration /106
explosion /106
expose /107
extend /107
extinct /108
extract /109

F

fascinate /110
fatigue /110
feat /111
fertilization /111
flaw /112
flourish /112
fluctuate /113
forage /113
formulate /114
fossil /115
foster /115
fragment /116
frequency /117
frustration /117
fund /118
fundamental /118

G

generate /120
genetic /120
guarantee /121

H

habitat /123
halt /123
harsh /124
heritage /125
hypothesis /125

I

immense /127
impact /127
impair /128
imperative /128
implement /129
implication /130
imply /130
impose /131
impressive /131
improve /132
incredibly /132
indicate /133
indigenous /133
individual /134
induce /134
inevitably /135
infant /135
influence /136
infrastructure /137
inhabitant /137
initial /138
initiative /138
innovation /139
inspire /139

- instant /140
 instinct /141
 institution /141
 instruction /142
 instrument /143
 integrate /143
 intellectual /144
 intelligence /145
 intensity /145
 intensive /146
 interaction /147
 interfere /147
 intervention /148
 intricate /148
 investigate /149
 investment /149
 invisible /150
 involve /151
 irrigation /151
 isolated /152
- mechanism /159
 metabolic /160
 meteorological /160
 migrate /161
 mimic /161
 minimize /162
 modification /162
 monitor /163
 monument /164
 motivate /164
 municipal /165
 mutation /165

N

- narrative /166
 navigation /166
 novelty /167
 nurture /167
 nutrition /168

O

- objective /170
 observation /170
 obvious /171
 optimism /172
 optimum /172
 ordinary /173
 organism /173
 originality /174

P

- participant /175
 pattern /175

- linguistic /153
 livestock /153

M

- maintain /155
 maintenance /155
 mammal /156
 manipulate /156
 manufacture /157
 marine /158
 maximum /159

pendulum /176
perception /176
permanent /177
perpetual /177
personality /178
perspective /179
phase /179
phenomenon /180
postpone /180
practical /181
precision /181
predict /182
prevail /182
prevent /183
previous /183
primal /184
proceed /184
product /185
professional /185
prolong /186
promote /186
prompt /187
property /187
proportion /188
propose /188
prospect /189
prototype /189
psychology /190

R

radically /191
random /191
rational /192

realistic /192
reasonable /193
reckon /193
recognize /194
recreational /194
redundant /195
register /195
regulation /196
reject /196
release /197
remarkable /197
renew /198
repetition /198
replenish /199
replicate /199
representative /200
reproduction /200
resemble /201
reservation /201
reserve /202
resistance /203
respect /203
respectively /204
restrict /205
reveal /205
revolutionary /206
routine /206

S

sample /208
sanitation /208
satellite /209
scale /209

- scarce /210
scatter /211
sceptical /211
severe /212
shrink /212
significant /213
simulate /213
simultaneous /214
soar /214
solidify /215
sound /215
species /216
specific /217
steer /217
stimulate /218
stock /218
strategy /219
striking /220
study /220
subject /221
substance /222
substantial /222
substitute /223
subtle /224
successive /224
sufficient /225
supplement /225
surprising /226
surround /227
survey /227
survive /228
sustain /228
synthetic /229
systematic /230
target /231
tempt /231
terrestrial /232
territory /233
thriving /233
track /234
transient /234
transmit /235
tremendous /235
trial /236
trigger /237

T

- ultimately /238
undergo /238
unprecedented /239

V

- valid /240
variation /240
virtually /241
vulnerable /241

W

- widespread /243



absolutely ['æbsəlu:tli] *adv.*

单词释义：

1. completely and without qualification; used informally as intensifiers 完全地
同义/近义词: completely, utterly
2. totally and definitely; without question 绝对地
同义/近义词: surely, totally, certainly, unquestionably

剑桥雅思真题例句 1

“We were **absolutely** stunned.” Gharib says. (剑 4 Test4 Passage1)

加里卜说:“我们完全震惊了。”

剑桥雅思真题例句 2

Many things about them are **absolutely** the same and unalterable. (剑 11 Test4 Passage1)

关于他们的许多事都完全相同且无法改变。

相关变形：

absolute *adj.* 绝对的,完全的

absoluteness *n.* 绝对性

abstract ['æbstrækt; æb'strækt] *adj./ n. / v.*

单词释义：

n.

1. (C) a concept or idea not associated with any specific instance 抽象概念
2. (C) an abstract painting, drawing, or other work of art 抽象派艺术作品
3. (C) a sketchy summary of the main points of an argument or theory 摘要,概要
同义/近义词: summary

adj.

1. existing only in the mind; separated from embodiment 空想的
同义/近义词: imaginary, visionary
2. not representing or imitating external reality or the objects of nature 抽象的
同义/近义词: hypothetical
3. dealing with a subject in the abstract without practical purpose or intention 理论上的,纯理论的
同义/近义词: conceptual, theoretical

v.

1. make off with belongings of others 提取, 抽取, 分离

同义/近义词: extract, dissociate, remove

2. consider apart from a particular case or instance 把……抽

3. give an abstract (of) 写出摘要, 摘录

同义/近义词: outline, summarize

剑桥雅思真题例句 1

Perhaps the most fundamental step in developing a sense of number is not the ability to count, but rather to see that a number is really an **abstract** idea instead of a simple attachment to a group of particular objects. (剑 6 Test2 Passage3)

或许要发展对数字的领悟能力, 最重要的一步不是计数能力, 而是能够把数字作为抽象的概念来理解, 而并不只是与一些个别的物品简单相连。

剑桥雅思真题例句 2

Angelina Hawley-Dolan, of Boston College, Massachusetts, responded to this debate by asking volunteers to view pairs of paintings — either the creations of famous **abstract** artists or the doodles of infants, chimps and elephants. (剑 11 Test2 Passage3)

马萨诸塞州波士顿学院的安吉丽莉娜·霍利-多兰要求志愿者看一组绘画以此回应此争论——要么是著名的抽象派艺术家的杰作, 要么是儿童、黑猩猩、大象的涂鸦。

相关变形:

abstractly *adv.* 抽象地; 理论上地

accelerate [ək'seləreɪt] *v.*

单词释义:

1. (*vi.*) move faster 加速

同义/近义词: hasten, hurry

2. (*vt.*) cause to move faster 促进, 使加速

剑桥雅思真题例句 1

And finally, most forms of environmental pollution either appear to have been exaggerated, or are transient — associated with the early phases of industrialization and therefore best cured not by restricting economic growth, but by **accelerating** it. (剑 5 Test1 Passage3)

最后, 大多数环境污染问题或者被夸大其词或者只是暂时的, 只是与工业化的早期阶段相联系, 因此解决这些污染问题的最佳方法不是限制经济的发展, 而是加速经济的发展。

剑桥雅思真题例句 2

And the data confirms that the rate at which these diseases are declining continues to **accelerate**. (剑 6 Test2 Passage2)

数据证实, 上述疾病发病率下降的速度在继续加快。

相关变形:

accelerative *adj.* 加速的, 促进的

acceleration *n.* 加速度

access ['ækses] *n./v.*

单词释义：

n.

1. (U) the right to enter 入口

同义/近义词：entrance

2. (U) the right to obtain or make use of or take advantage of something (as services or membership) 机会, 全力

同义/近义词：admission

3. (C) a code (a series of characters or digits) that must be entered in some way (typed or dialed or spoken) to get the use of something (a telephone line or a computer or a local area network etc.) 代码

同义/近义词：code

4. (U) (computer science) the operation of reading or writing stored information [计] 存取, 取出

5. (U) the act of approaching or entering 接近, 进入, 接触

同义/近义词：contact

v.

1. (vt.) obtain or retrieve from a storage device; as of information on a computer 存取

2. (vt.) reach or gain access to 接近

同义/近义词：contact

剑桥雅思真题例句 1

However, more professional and better-informed boards would have been particularly appropriate for banks where the executives had **access** to information that part-time non-executive directors lacked, leaving the latter unable to comprehend or anticipate the 2008 crash. (剑 12 Test8 Passage3)

然而, 更加专业、更加消息灵通的董事会特别喜欢能为公司执行官**提供信息**的银行。这些信息是那些兼职的、没有执行权的董事会成员所缺乏的。由于缺乏信息, 那些兼职的、没有执行权的董事会成员无法预料到 2008 年发生的危机, 也不能理解那次危机。

剑桥雅思真题例句 2

During the sixth and seventh centuries, the inhabitants of the modern-day states of Gujarat and Rajasthan in north-western India developed a method of gaining **access** to clean, fresh ground water during the dry season for drinking, bathing, watering animals and irrigation. (剑 10 Test1 Passage1)

在公元 6 世纪和 7 世纪, 生活在现在的印度西北部古吉拉特邦和拉贾斯坦邦的居民开发出一种方法, 能够在旱季获得清洁、新鲜的地下水来饮用、沐浴、供养动物以及灌溉。然而这一发明——阶梯井——的意义远不止其实际的应用。

accommodation [əkə'mə'deɪʃ(ə)n] n.

单词释义：

1. (U) making or becoming suitable; adjusting to circumstances 适应
同义/近义词：adaptation, adjustment
2. (C) a settlement of differences 和解, 调解
同义/近义词：agreement, compromise
3. (U) living quarters provided for public convenience 膳宿, 住宿
同义/近义词：housing, residence
4. (U) the act of providing something (lodging or seat or food) to meet a need 乐于助人
5. (U) (physiology) the automatic adjustment in focal length of the natural lens of the eye 眼调节
同义/近义词：adaptation, adjustment

剑桥雅思真题例句 1

The explosion in demand for **accommodation** in the inner suburbs of Melbourne suggests a recent change in many people's preferences as to where they live. (剑 6 Test2 Passage1)

墨尔本近郊住房需求的激增正显示出近年来人们在选择居住地点时偏好的变化。

剑桥雅思真题例句 2

The travel industry includes: hotels, motels and other types of **accommodation**; restaurants and other food services; transportation services and facilities; amusements, attractions and other leisure facilities; gift shops and a large number of other enterprises. (剑 10 Test3 Passage1)

旅游行业包括：旅馆、汽车旅馆以及其他形式的住宿；餐厅和其他饮食服务；交通服务和设施；娱乐、观光点和其他休闲设施；礼品商店和数量众多的其他企事业单位。

相关变形：

accommodate *vt.* 使适应

accompany [ə'kʌmpnɪ] v.

单词释义：

1. (*vt.*) be present or associated with an event or entity 伴随……的发生
同义/近义词：to occur with
2. (*vi.*) perform an accompaniment to 伴奏
同义/近义词：play accompaniment for
3. (*vt.*) be a companion to somebody 陪伴
同义/近义词：go in company with

剑桥雅思真题例句 1

They based their calendars on three natural cycles: the solar day, marked by the successive periods of light and darkness as the earth rotates on its axis; the lunar month, following the phases of the moon as it orbits the earth; and the solar year, defined by the changing seasons that

accompany our planet's revolution around the sun. (剑 8 Test1 Passage1)

日历的编排基于三个自然周期：以由地球绕地轴自转形成的连续的白昼与黑夜为标记的太阳日；以由月球环绕地球公转形成的月相来衡量的太阴月；以及根据地球绕太阳公转形成的四季来定义的回归年。

剑桥雅思真题例句 2

The second approach also concentrates on road transport pricing but is **accompanied** by measures to increase the efficiency of the other modes (better quality of services, logistics, and technology). (剑 10 Test1 Passage2)

第二种方法同样着眼于公路运输定价，但是与提升其他运输方式效率的举措相结合（例如，更好的服务质量、物流和技术）。

相关变形：

accompanied *adj.* 伴随的，相伴的

accompaniment *n.* 伴奏

accomplish [ə'kʌmplɪʃ; ə'kɒm-] *v.*

单词释义：

1. (*vt.*) put in effect 实施

同义/近义词：carry out

2. (*vt.*) to gain with effort 取得

同义/近义词：achieve, attain

剑桥雅思真题例句 1

When asked how they had cracked the code ahead of an array of highly **accomplished** rival investigators, he said something that stunned me. (剑 10 Test1 Passage3)

当问到他是如何在一些成就颇高而相互竞争的调查者之前破译密码时，他的回答令我很吃惊。

剑桥雅思真题例句 2

There is one stubborn question for which archaeology has yet to provide any answers: how did the Lapita **accomplish** the ancient equivalent of a moon landing, many times over? (剑 10 Test3 Passage3)

有这样一个经久的问题一直有待考古学给出答案：拉皮塔人是如何在他们那个时代完成了可与登月相比拟的壮举，而且还反复进行了许多次？

相关变形：

accomplishable *adj.* 可达成的，可完成的

accomplishment *n.* 成就，完成

accumulate [ə'kjʊ: mju:leɪt] *v.*

单词释义：

1. (*vt.*) gradually get more and more of sth. over a period of time 积累；积聚

同义/近义词: aggregate, gather, collect

2. (vi.) gradually increase in number or quality over a period of time 累积;聚积

同义/近义词: assemble, cumulate

剑桥雅思真题例句 1

One of Marie Curie's outstanding achievements was to have understood the need to **accumulate** intense radioactive sources, not only to treat illness but also to maintain an abundant supply for research. (剑 9 Test4 Passage1)

玛丽·居里的杰出成就之一,就是她意识到大量积累放射资源不仅是为了满足治病的需求,还要为科学研究提供充足的供给。

剑桥雅思真题例句 2

Silent genes **accumulate** random mutations, they reasoned, eventually rendering them useless. (剑 10 Test4 Passage3)

他们认为:沉默基因会积累随机性的突变,最终使它们自身变得毫无用处。

相关变形:

accumulative *adj.* 积累的,累积的

accumulation *n.* 积累,堆积物

accurate ['ækjərət] *adj.*

单词释义:

1. correct and true in every detail; exactly correct 正确无误的

同义/近义词: correct, faultless, true, truthful

2. able to give completely correct information or to do sth. in an exact way 精确的,能提供准确信息的

同义/近义词: precise

3. an accurate throw, shot, weapon, etc., hits or reaches the thing that it was aimed at 准确的(掷、射、击等)

剑桥雅思真题例句 1

While this showed astronomers that Venus was surrounded by a thick layer of gases refracting sunlight around it, both effects made it impossible to obtain **accurate** timings. (剑 9 Test2 Passage2)

虽然天文学家可以获知金星是被一层厚厚的、可折射阳光的气体所包围,但是这些效应(黑滴效应和晕环效应)都使得他们无法获得金星凌日的准确时间。

剑桥雅思真题例句 2

Reasonably **accurate** for the time, that is quite close to today's value of 149,597,870 km, determined by radar, which has now superseded transits and all other methods in accuracy. (剑 9 Test2 Passage2)

这个数值在当时已经相当精确了,也与现在用雷达测到的 149 597 870 千米十分接近;雷达已经代替经纬仪及其他所有测量准确度的方法。