

中等职业教育国家规划教材

英语 (基础版)

练习册 第三册

**English for Secondary
Vocational School
Students' Workbook**

主编 杨 勇



北京师范大学出版社

前言

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Unit 1 Niagara Falls

I. Listening Comprehension

A. Listen to the tape and choose the best answer to each question.

- () 1. When was Mary reading the newspaper?
A. When I'm coming. B. When I came in. C. When I come in.
- () 2. How many times has Jack taken part in the English evening?
A. Only one. B. Twice. C. Only once.
- () 3. Where are the girls dancing?
A. Behind the tree. B. Under the tree. C. Near the field.
- () 4. How long has he lived in Australia?
A. Five years. B. Forty-five years. C. Four or five years.
- () 5. What did the shop assistant show her?
A. Some Christmas cards. B. Some Christmas gifts. C. Some postcards.

B. Listen to some short conversations and choose the best answer to the question you hear.

- () 6. A. He doesn't like Modern Art.
B. He likes Modern Art.
C. He hates Modern Art.
- () 7. A. Along the lake. B. The Long Lake. C. The Long Cake.
- () 8. A. Before July. B. After July. C. July.
- () 9. A. To rent a house. B. To rent a horse. C. To build a house.
- () 10. A. He was beaten. B. His arm was broken. C. His leg was broken.

C. Listen to two passages and choose the best answer.

- () 11. How many students does Mrs. Smith have?
A. Six students. B. Ten students. C. Twelve students.
- () 12. Are all of them hard-working?
A. Yes, they are. B. No, they aren't. C. Two of them are.
- () 13. How long is the Great Wall of China?
A. 1 000 miles long. B. 1 500 miles long. C. 1 025 miles long.
- () 14. How wide is the wall at the bottom?
A. 15 feet wide. B. 25 feet wide. C. 45 feet wide.
- () 15. What are the sides of the wall made of?
A. Stone and brick. B. Stone and earth. C. Earth.

II. Language Focus

Choose the best answer.

- () 1. Do you have enough men to carry these desks?
No, I think we need men.

- A. two more B. more two C. another D. two others
- () 2. The Class 3 and Class 1 runners both ran very slowly. _____ of them ran faster than the Class 2 runner.
- A. Either B. Nobody C. None D. Neither
- () 3. I'm not busy. I have _____ to do.
- A. everything B. something C. anything D. nothing
- () 4. Boys, don't touch the machine, or you may hurt _____.
- A. myself B. yourself C. yourselves D. themselves
- () 5. — Are you _____ here?
— Yes, we are.
- A. all B. anybody C. everybody D. somebody
- () 6. We've never seen _____.
- A. everything so beautiful B. so beautiful anything
C. anything so beautiful D. nothing so beautiful
- () 7. Our class _____ sixty students.
- A. is made up of B. is made from C. are made up of D. is made
- () 8. China _____ its silk trade.
- A. is famous of B. is famous for C. is well-known D. is as famous as
- () 9. The mountain rises to a _____ of 2 000 meters.
- A. tall B. high C. height D. huge
- () 10. The boy can add double _____.
- A. number B. finger C. figure D. figures
- () 11. He has made _____ progress in his study.
- A. rapid B. fast C. quick D. rapidly
- () 12. We play volleyball on the _____ of a lake.
- A. edge B. side C. site D. size
- () 13. The machine stands on a wooden _____.
- A. bottle B. bottom C. base D. basis
- () 14. Huangshan is a world-famous tourist _____.
- A. attract B. attractable C. attractive D. attraction
- () 15. We've received a great _____ of information.
- A. amount B. number C. many D. a lots
- () 16. She was late _____ the heavy rain.
- A. since B. because C. as D. because of
- () 17. The Canadian Falls _____ the Horseshoe Falls.
- A. is known as B. known as C. is called as D. calls
- () 18. Children _____ their parents for food and clothing.
- A. depend B. depend on C. depend in D. depend of
- () 19. The river _____ the sea.
- A. flew into B. flows C. flows into D. flow into

- ()20. It is a _____ gold watch, but I don't know the _____ price of it.
 A. real; actual B. real; actually C. actually; real D. really; actual

III. Choose the Right Word for Each Blank

Helen pointed to the tree, and Tom looked up there. He saw Helen's cat 1 up in the tree. It couldn't get down and looked as unhappy as Helen 2. Tom went over the garden fence and climbed the tree and carried the cat down safely. Helen was so pleased to get her cat again 3 she put her arms round Tom's neck and gave him a kiss. This pleased Tom very much. This was certainly 4 he liked. He wanted the cat to climb 5 the tree every day. So that night he waited until it was 6 and then he climbed the 7. He carried a hammer (铁锤) and nails (铁钉) and a fish 8 his hand. He knew that cats liked 9 so he nailed the fish to the tree. He wanted to get another 10 the next day.

- ()1. A. high B. height C. tall D. climb
 ()2. A. looks B. was C. be D. does
 ()3. A. what B. such C. that D. but
 ()4. A. which B. it C. that D. what
 ()5. A. down B. over C. up D. on
 ()6. A. dark B. bright C. shining D. black
 ()7. A. fence B. tree C. window D. hill
 ()8. A. at B. on C. in D. above
 ()9. A. nails B. fish C. Helen D. fruit
 ()10. A. cat B. girl C. fish D. kiss

IV. Reading Comprehension

Read the following passage and choose the best answer.

Niagara Falls (waterfall) is located on the Niagara River in western New York and south eastern Ontario. It was formed about 12 000 years ago. Niagara Falls consists of the Horseshoe or Canadian Falls and the American Falls. The American Falls are separated (隔开) by Goat Island, New York. A small section of the American Falls near Goat Island is also known as Bridalveil Falls.

The Niagara's large volume of flow, averaging about 5 520 cubic metres per second, plus its steep drop, give the river great power potential (势能). Horseshoe Falls carries about nine times more water than the U. S. Falls.

In 1958, the Canadians built a power station at Queenston, Ontario. And the Americans built one in 1963, on the United States side. Niagara Falls is a great tourist attraction, attracting millions of visitors each year. The falls may be viewed from parks located on either side of the river, from observation towers, from boats, from Goat Island. Visitors also may enter the Cave (洞) of the Winds, located behind a curtain (帘) of falling water near the base of the American Falls.

- ()1. The passage is about _____.
 A. American Falls B. Niagara Falls
 C. Horseshoe Falls D. Bridalveil Falls

- () 2. When was Niagara Falls formed?
- A. About 5 520 years ago. B. In 1963.
C. About 1 000 years ago. D. About 12 000 years ago.
- () 3. The waterfall near Goat Island is named _____.
- A. Horseshoe Falls B. Bridalveil Falls
C. Canadian Falls D. Victoria Falls
- () 4. What do you think of the Niagara Rivers power potential?
- A. It's great. B. It's strange.
C. It's weak D. It isn't strong
- () 5. There are _____ places mentioned in the passage which the falls may be viewed from.
- A. two B. five C. four D. six

V. Communicative Skills

Choose a proper sentence for each blank.

- Manager: Welcome to our hotel. 1
- Tom: Yes, I'm Tom Morgan, and this is my wife, Ann. 2
- Manager: Yes, Mr Morgan, we've been expecting you. 3
- Tom: I'm going to visit Niagara Falls early tomorrow morning 4
- Manager: Yes, what's the exact time you'd like us to call you tomorrow morning?
- Tom: Well, I'll take a bus to go to the falls. 5
- Manager: Twenty minutes is enough. Do you mind if we call you at 6:30 a.m.?
- Tom: No, not at all.
- A. I have no idea how long it'll take to get there.
B. And I'd like to request an early morning call.
C. We have reservations for the weekend.
D. May I help you?
E. Everything is ready.

VI. Guided Writing

Arrange the following words in proper order.

- phrases, don't, use, the same, always, your, in, written, work, words, and
- their, attention, when, others, make, mistakes, to, pay, they, catch, corrections, and, the, read
- read, text, more, left, so, have, still, are, five, minutes, there, time, the, to, we, once
- you, slowly, that, more, can, read, and, hear, so, everybody, loudly
- the, read, the, new words, you, word list, will, please, to, according

Unit 2 Health

I. Listening Comprehension

A. Listen to the tape and choose the best answer to each question.

- () 1. What place is Jenny going to visit?
A. The Great Wall. B. The Great Hall. C. The Great Falls.
- () 2. What is John doing?
A. Waiting for a letter. B. Writing a letter. C. Trying to answer a letter.
- () 3. How many states has most matter?
A. Thirteen states. B. Thirty states. C. Three states.
- () 4. What was the date yesterday?
A. July 1st. B. June 1st. C. January 1st.
- () 5. How much is the green bike?
A. Fourteen pounds. B. Forty pounds. C. Fifty pounds.

B. Listen to some short conversations and choose the best answer to the question you hear.

- () 6. A. A tourist agency. B. An agent. C. An embassy.
- () 7. A. Working around the river. B. Walking around the river. C. Waiting around the river.
- () 8. A. Next Sunday B. Last Saturday C. Last Thursday
- () 9. A. Sixteen years old. B. Six years old. C. Fifteen years old.
- () 10. A. A letter. B. A gift. C. A card.

C. Listen to two passages and choose the best answer.

- () 11. Whom do the passengers show their tickets to?
A. The conductor. B. The ticket collector. C. The assistant.
- () 12. Why do many people buy a paper or magazine?
A. To read on the journey.
B. To get information about the train.
C. To send to other people.
- () 13. Who invented paper?
A. Cai Lun. B. Bi Sheng. C. Zu Chongzhi.
- () 14. What is paper made from?
A. Trees. B. Grass. C. Books.
- () 15. What will happen on the earth if we keep on wasting so much paper?
A. There will not be any trees left.
B. There will not be any men left.
C. There will not be any paper left.

II. Language Focus

Choose the best answer.

- () 1. _____ afraid of making mistakes.
A. Not be B. Don't be C. Don't D. Do not
- () 2. Let's start work at once, _____?
A. shall we B. will you C. shall us D. can you
- () 3. _____ waste time.
A. Let's don't B. Not C. Let's not D. Don't let's
- () 4. Let us look on the bright side, _____?
A. shall we B. shall us C. can we D. will you
- () 5. Help me with these bags, _____?
A. could you B. can't I C. can I D. aren't you
- () 6. He _____ the car already.
A. is stopping B. has stopped C. stopped D. stops
- () 7. He stopped me from _____ the experiment.
A. to do B. doing C. do D. done
- () 8. The treatment failed _____ his headache.
A. to treat B. curing C. treating D. to cure
- () 9. This was a good medicine for cold. It soon _____ my cold.
A. cured B. treated C. cure D. treating
- () 10. He is _____ his life.
A. in danger of losing B. in danger to lose
C. dangerous to lose D. dangerous of losing
- () 11. Air is _____ gases.
A. a mix of B. a mixture of C. mixed D. together mixed
- () 12. Take two pills three _____ a day _____ seven days.
A. time; for B. times; for C. times; in D. time; on
- () 13. Drink _____ water and have a good rest.
A. a plenty of B. a plenty C. a number of D. plenty of
- () 14. —What's _____?
—I feel terrible.
A. trouble B. happened C. matter D. the matter
- () 15. We should exercise _____ three times a week.
A. at last B. at less C. at latest D. at least
- () 16. _____ in the study gained weight!
A. No one B. None C. Anyone D. Any body
- () 17. I _____ home at five in the afternoon.
A. arrived at B. arrived C. reached to D. got to
- () 18. Your brother's been to Shanghai, _____ he?
A. has B. does C. isn't D. hasn't

- () 19. What was there under the tree? She stopped _____ a look.
A. having B. have C. has D. to have
- () 20. Bad weather prevented me _____.
A. from starting B. to starting C. to start D. not starting

III. Choose the Right Word or Phrase for Each Blank

Hob sat in the doctor's waiting-room. On the chairs round the wall other 1 were sitting. Some had coughs, some had colds and some had headaches. They all looked sad, 2 Hob who was reading an exciting story. Just then the doctor came in to say 3 he was ready to see the next person. Hob got up and went into the consulting-room(诊室).

Before Bob could say a word, the doctor said, "Now, what's your trouble? 4 down there. I'll listen to your heart." Hob tried to 5 but the doctor 6 and ordered him to say "Ninety-nine". Hob said it. "Now let me see your throat," said the doctor. "Open your mouth 7." The doctor had a good look, and then he said, "Well, you aren't ill 8. There's 9 wrong with you." "I know there isn't," said Hob. "I just came to get 10 medicine for my uncle."

- () 1. A. doctors B. patients C. nurses D. workers
- () 2. A. besides B. beside C. except D. except for
- () 3. A. who B. which C. what D. that
- () 4. A. Lay B. Lie C. Laid D. Lies
- () 5. A. speak B. speaking C. say D. told
- () 6. A. cut B. interrupted C. stops D. prevents
- () 7. A. high B. height C. narrowly D. wide
- () 8. A. all B. not at all C. at all D. also
- () 9. A. anything B. nothing C. something D. no one
- () 10. A. some B. many C. an D. a few

IV. Reading Comprehension

Read the following passages and choose the best answer.

Hospitals in the United States are classified (分类) by the services they provide (general or specialized), the length of stay they offer patients (short stay or long-term care), and by their ownership (not-for-profit, proprietary (个体), or government owned). Although most U. S. hospitals are classified as not-for-profit, any one hospital will fall into several of the above parts. For example, Methodist Hospital in Houston, Texas, is one of the largest short-stay, not-for-profit, general hospitals in the country.

General hospitals provide patients with a wide range of services, including emergency treatment, surgery (外科), and medical and nursing care. Specialized hospitals, in contrast, may concentrate on a particular group of patients, such as children, or a disease, such as cancer. Some specialized hospitals combine treatment and research.

The American Hospital Association (AHA), classifies hospitals by the length of stay they offer patients. AHA classifies hospitals as short-stay care centers if their patients receive 30 days or less of inpatient (住院病人) treatment. In contrast, AHA classifies

hospitals as long-term care centers if their patients more than 30 days of treatment.

Not-for-profit hospitals represent about 84 percent of the hospitals in the United States. Although not-for-profit hospitals do not receive funding from tax contributors, they are freed from local, state, and federal taxation. Many not-for-profit hospitals were founded and continue to be run by churches.

Cities, counties, states, and the federal government also own hospitals. About 1 000 public hospitals are owned by their cities or counties and are supported by local tax dollars.

Proprietary, or for-profit, hospitals are owned by companies and their shareholders(持股人).

- () 1. Hospitals in the United States are classified by _____.
A. the services they provide B. the length of stay they offer patients
C. their ownership D. all the above
- () 2. _____ of the hospitals are not-for-profit.
A. None B. Most C. All D. Some
- () 3. The government owned hospitals are supported by _____.
A. companies B. churches
C. shareholders D. local tax dollars
- () 4. _____ hospitals were founded and continue to be run by companies.
A. Proprietary B. Not-for-profit
C. Government owned D. Churches'
- () 5. There are _____ hospitals owned by the government in U. S. A.
A. about 84 percent of B. about 770
C. 1 000 D. a little more and less than 1 000

V. Guided Writing

Make up an announcement, with the following sentences.

- A. We will gather at the school gate at 18:00 tomorrow morning.
- B. We will go camping this weekend.
- C. Boys and girls.
- D. That's all. Thank you.
- E. Your attention, please.
- F. The school bus will take us there.
- G. I have something important to tell you.
- H. The camp site is only 25 km from our school.
- I. Don't be late!
- J. We'll take some food and do the cooking by ourselves.

Unit 3 What's Your Favourite Sport?

I. Listening Comprehension

A. Listen to the tape and choose the best answer to each question.

- () 1. What do Americans have all the year round?
A. The outdoor sports. B. Their favourite sports. C. The indoor sports.
- () 2. What sport is the more unusual one?
A. Horse-riding B. Jogging C. Swimming
- () 3. What is one of the most popular sports in the U. S. ?
A. Boxing. B. Volleyball. C. Baseball.
- () 4. What may people from different countries become in international games?
A. Friends. B. Enemy. C. Sportsmen.
- () 5. What sport events grow out of the work people do?
A. Hiking and jogging.
B. Boxing and swimming.
C. Hunting and fishing.

B. Listen to some short conversations and choose the best answer to the question you hear.

- () 6. A. At seven a. m. B. At seven p. m. C. At eleven p. m.
- () 7. A. Because she spent the whole afternoon on playing table tennis.
B. Because she played tennis.
C. Because she worked for a long time.
- () 8. A. Boring. B. Tiring. C. Interesting.
- () 9. A. Hold the line tightly.
B. Wait while she gets the information he wants.
C. Get the swimming-pool open.
- () 10. A. She will go maintain-climbing with the man.
B. She wants to do something else.
C. She does not want to go.

C. Listen to a short passage and choose the best answer.

- () 11. How do you judge if a sport is popular in the U. S. ?
A. By the number of people who play it.
B. By the number of people who watch it.
C. Both A and B.
- () 12. What does it mean by saying "Basketball is a school sport. "?
A. Basketball is only played in schools.
B. Each school has its team and fans.
C. Students like basketball.

- () 13. The most popular sport in spring and summer is _____.
 A. Basketball B. Soccer C. Baseball
- () 14. The most popular sport in autumn is _____.
 A. Soccer B. Baseball C. Basketball
- () 15. The best title for the passage is _____.
 A. Three sports in the U. S. B. Basketball and baseball C. Soccer in the U. S.

II. Language Focus

Choose the best answer.

- () 1. This is my _____ subject.
 A. most favourite B. favourite C. favouritest D. more favourite
- () 2. _____ is usually a one-person sport while _____ are team sports.
 A. Jogging; volleyball and basketball.
 B. Baseball; football and soccer
 C. Volleyball; jogging and soccer
 D. Tennis; boxing and table tennis
- () 3. They are _____ the most promising (有希望的) table-tennis players.
 A. cared for B. devoted to C. regarded as D. explained to
- () 4. Mike prefers _____ to _____.
 A. swimming; skating B. to swim; skate
 C. swimming; skate D. to swimming; skating
- () 5. It's _____ to go skating in winter and skiing in summer.
 A. a fun B. for a fun C. of a funy D. fun
- () 6. Franz often spends much of his school time _____ in the _____.
 A. to play; wood B. playing; woods
 C. for playing; woods D. played; wood
- () 7. In table tennis, the yellow ball moves _____ speed.
 A. with very high B. at very great
 C. with very great D. on high
- () 8. Every time he met me he _____ me _____ a game of tennis.
 A. was used to challenge; to B. used to challenging; in
 C. was used to challenging; in D. used to challenge; to
- () 9. At last Deng Yaping won the world table-tennis champion for women by gaining _____ over her teammate.
 A. a two-points lead B. two-point lead
 C. a two-point lead D. two points lead
- () 10. His father is a well-known table tennis player. He _____ the sport from his father.
 A. lifts up B. joins up C. picks out D. picks up
- () 11. Doesn't the question _____ to do with your lessons?
 A. have anything B. make anything
 C. keep nothing D. get nothing

- () 12. On the top of the mountain we _____ some monkeys and other wild animals.
A. came cross B. came by C. came to D. came with
- () 13. Out _____, with a stick in his hand.
A. did the man rush B. rushed the man
C. the man rushed D. the man did rush
- () 14. So carelessly _____ that he almost killed himself.
A. he drives B. did he drive C. does he drive D. he drove
- () 15. Little _____ about his own health though he was very ill.
A. he cared B. did he care C. does he care D. he cares
- () 16. Only when he told me the news _____ what had happened.
A. I knew B. I had known C. did I know D. had I known
- () 17. Only in this room _____ find some good dictionaries.
A. we can B. can we C. are able we to D. we are able to
- () 18. _____ entered the railway station when the train started.
A. We hardly had B. Hardly had we
C. Hardly we had D. Had we hardly
- () 19. No sooner _____ gone home _____ it began to rain heavily.
A. had I... than B. had I... when
C. I had... than D. I had... when
- () 20. Never before _____ such an interesting play
A. I have seen B. I see C. I saw D. have I seen

III. Choose the Right Word or Phrase For Each Blank

How joyful it is to go swimming in a river or a pool in summer. All over the world people swim for 1. Swimming is enjoyed by people of all 2, whether boys or girls, young or old. It is one of the best forms of exercise. It can keep hearts and bodies 3, prevent people from getting too fat. 4 handicapped (残疾的) people can't enjoy some sports, they can also 5 their bodies by swimming.

There are many 6 for water safety. These rules can help save 7 your own life but also the life of a friend. 8, know how to swim. Remember never swim 9. Always swim with a friend and know the place where people are in the water at all times. It is best to swim only in 10 if you are a beginner.

- () 1. A. fun B. prize C. sports D. medals
- () 2. A. jobs B. ages C. places D. countries
- () 3. A. beating B. bouncing C. hard D. strong
- () 4. A. If B. But C. Though D. As
- () 5. A. win B. build C. complete D. keep
- () 6. A. people B. things C. rules D. competitions
- () 7. A. either B. not only C. both D. neither
- () 8. A. First of all B. At one time C. At least D. In fact
- () 9. A. with friends B. in warm water C. bravely D. by yourself

- () 10. A. a sea B. an ocean C. safe places D. a river

IV. Reading Comprehension

Read the following passages and choose the best answer.

A

All over the world people enjoy sports. Sports help to keep people healthy and happy, and to live longer.

Many people like to watch others play games. They buy tickets or turn on their TVs to watch the games. Often they get very excited when "their" player or team wins.

Some sports are so interesting that people everywhere go in for them. Football, for example, has spread(传播) around the world. Swimming is popular in all countries near the sea or in those with many rivers. What fun it is to jump into a pool or lake, whether in China, or Italy! And think of people in cold countries. Think how many love to skate or ski in Japan, Norway or Canada.

Some sports or games go back thousands of years, like running or jumping. Chinese Wushu, for example, has a very long history. But basketball and volleyball are rather new. Neither of them is a hundred years old yet. People are inventing (发明) new sports or games all the time. Water-skiing is one of the newest in the family of sports.

People from different countries may not be able to understand each other, but after a game together they often become good friends. Sports help to train a person's character. One learns to fight hard but fight fair, to win without pride and to lose with grace. (胜不骄败不馁).

- () 1. Why do some people get excited when they watch a game?

- A. Because they can't help getting excited.
B. Because their favourite team wins.
C. Because they win the game.
D. Because they get the good news.

- () 2. What kind of sports are people in cold countries interested in?

- A. Skating. B. Swimming. C. Water-skiing. D. Jumping.

- () 3. Why do people all over the world enjoy sports?

- A. Because they want to be healthy.
B. Because they want to be happy and gay.
C. Because they want to live longer.
D. All of the above.

- () 4. Why do people from different countries often become friends after a game together?

- A. Because sports train their character in the game.
B. Because sports promote understanding and friendship among nations.
C. Because they are friendly to each other.
D. Because they help each other.

- () 5. What do you think one of the mottos of sports is?

- A. Fight hard.
- B. Fight fair.
- C. Friendship first.
- D. Learn to win without pride and to lose with grace.

B

Football is, I believe, the most popular game in England. One has only to go to one of the important matches to see this. Rich and poor, young and old, one can see them all there, shouting for one side or the other.

To a stranger, one of the most surprising things about football in England is the great knowledge of the game which even the smallest boy seems to have. He can tell you the names of the players in most of the important teams, he has pictures of them and knows the results of large numbers of matches. He will tell you who he expects will win such a match, and his opinion is usually as good as that of men three or four times his age.

Most schools in England take football seriously — much more seriously than nearly all European schools, where lessons are most important and games are left for the children themselves. In England it is believed that education is not only a matter filling a boy's mind with facts in the classroom, education also means the training of character; and one of the best ways of training character is by means of games, especially team games, where a boy or girl has to learn to work with others for his or her team, instead of working for oneself alone. The school therefore plans games and matches for its pupils. Football is a good team game. It is good both for the body and the mind. That is why it is a every school's game in England.

- () 6. At football matches, people often _____ one team or the other by shouting.
A. challenge B. laugh at C. support D. watch
- () 7. In England, a boy's opinion of a football match is often _____.
A. as good as that of grown-ups
B. worth(值得) considering three or four times
C. worse than that of grown-ups
D. three or four times better than that of grown-ups
- () 8. The key sentence in paragraph 3 is _____.
A. Football is a favorite game
B. Most schools in Europe take football seriously
C. No schools in England take football seriously
D. Most schools in England take football seriously
- () 9. In almost all European schools, lessons are _____.
A. left for the children themselves
B. as important as football games
C. considered the most important
D. what the children like best
- () 10. From the passage we know that people in England believe that education means