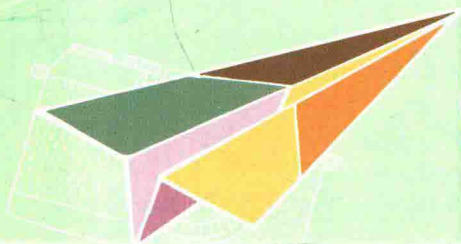


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Newstart College English



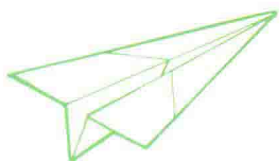
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学生用书

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Newstart ¹
College English



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学生用书

主 编 / 张伯香 张 文

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前言

2014年开始,教育部组织研制了《大学英语教学指南》(下称《教学指南》)。《教学指南》指出“大学英语课程是高等学校人文教育的一部分,兼有工具性和人文性双重性质”,并根据我国现阶段基础教育、高等教育和社会发展的现状,将大学英语教学目标分为基础、提高、发展三个等级,将大学英语教学内容分为“通用英语”、“专门用途英语”和“跨文化交际”三大类。这一“三三制”的课程结构和教学目标,凸显了分层次和分类指导的教学原则,指明了我国大学英语教学今后的发展方向。

我国幅员辽阔,各地区、各高校之间存在很大差异。为了适应全国不同高校的办学特点,满足不同层次学生的学习需要,上海外语教育出版社在广泛调研的基础上,组织大学英语教学专家和一线教师编写了这套“新起点大学英语”《综合教程》,以满足高校艺体类专业大学英语教学的需求和艺体专业学生个性化发展的需要。

编写原则

- 一、参照《教学指南》“分类指导、因材施教”的原则,充分考虑艺体专业学生的入学水平、兴趣爱好、情感态度、认知规律等特点,适当调整语言难度,丰富题材体裁,提高学生的学习兴趣。
- 二、旨在实现《教学指南》提出的“基础级”教学目标。
- 三、坚持技能为主导、通识为共核、专业为依托的编写理念。

教材注重语言知识的讲解和语言技能的培养，选材涵盖艺体类相关领域，尊重艺体专业学生的共同特性和学习特点。

教材特点

- 一、适当调整起点难度。教材以中学英语课程标准六级为起点（词汇量起点约为1600），与艺体专业学生的实际入学水平合理衔接。选文篇幅简短，1-2册课文长度为400~600词，3-4册为600~800词，语言难度逐册递进。
- 二、选文采用通识与专业相结合的原则。艺体专业面广而分散，课文选材既兼顾各专业学生的兴趣，又着眼于艺体专业学生的共同特性，注重“情感、态度、人文素养”等方面。其中大多数选文虽然与音乐、体育、美术、表演等领域相关，但是传达的是自我成长、艺术追求、职业精神、亲情关系、社会伦理等主题思想，因而兼顾了所有艺体专业学生的精神需求和专业兴趣。选文也包含一些纯通识类文章，如校园生活、自然与科技、时尚与自我认同、创新创业等题材，既贴近大学生生活，又能拓宽知识面。选文多取自近几年英美出版的教材、报刊、杂志和书籍，体裁丰富多样，内容鲜活生动，富有时尚气息。
- 三、特设中国文化板块。随着中国文化走出去战略的实施，作为新时代的大学生，尤其是将来可能从事文化艺术类工作的艺体专业大学生，传承和传播中国文化是其神圣的使命。因此，教材每单元特设中国文化板块，

用英文介绍有特色的中国传统文化内容，既可与西方文化对比，又让学生学会“讲好中国故事，传播好中国声音”。

四、练习设计循序渐进，注重夯实语言基本功。练习形式多样，难度逐册递进。其中听力、阅读、翻译、写作等题型参考大学英语四级考试题型形式。而语音、语法练习则把重点放在艺体专业学生在英语学习中容易出错的地方，帮助他们有的放矢地解决学习中出现的问题，提高学习效率。

五、数字化配套完善，提供全新互动的教学新模式。教材提供高质量的音频材料供下载；“爱背单词”移动应用为学生学习提供便利；电子教案全程辅助教师教学。纸质教材与数字产品完美结合，创建互联网时代多元教学体验。

本套教材从编写计划的提出、课文的选材、样课的编写到书稿的审校等都得到了上海外语教育出版社领导和编辑的多方关心、大力协助和具体指导，在此我们谨表示衷心的感谢。同时我们还要真诚地感谢晴川学院的领导对这套教材的编写和参编老师的极大支持和关心。

参加本册教材编写工作的有张秀芳、徐莉红、龚悟明、柯倩、易静、周厚银等老师；他们在选材、录入、编写、校对等方面做了大量的工作。但由于编者水平有限，错误在所难免，敬请广大师生批评指正。

编者

2016年4月

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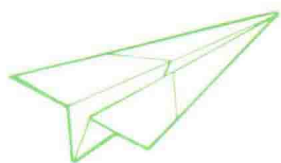
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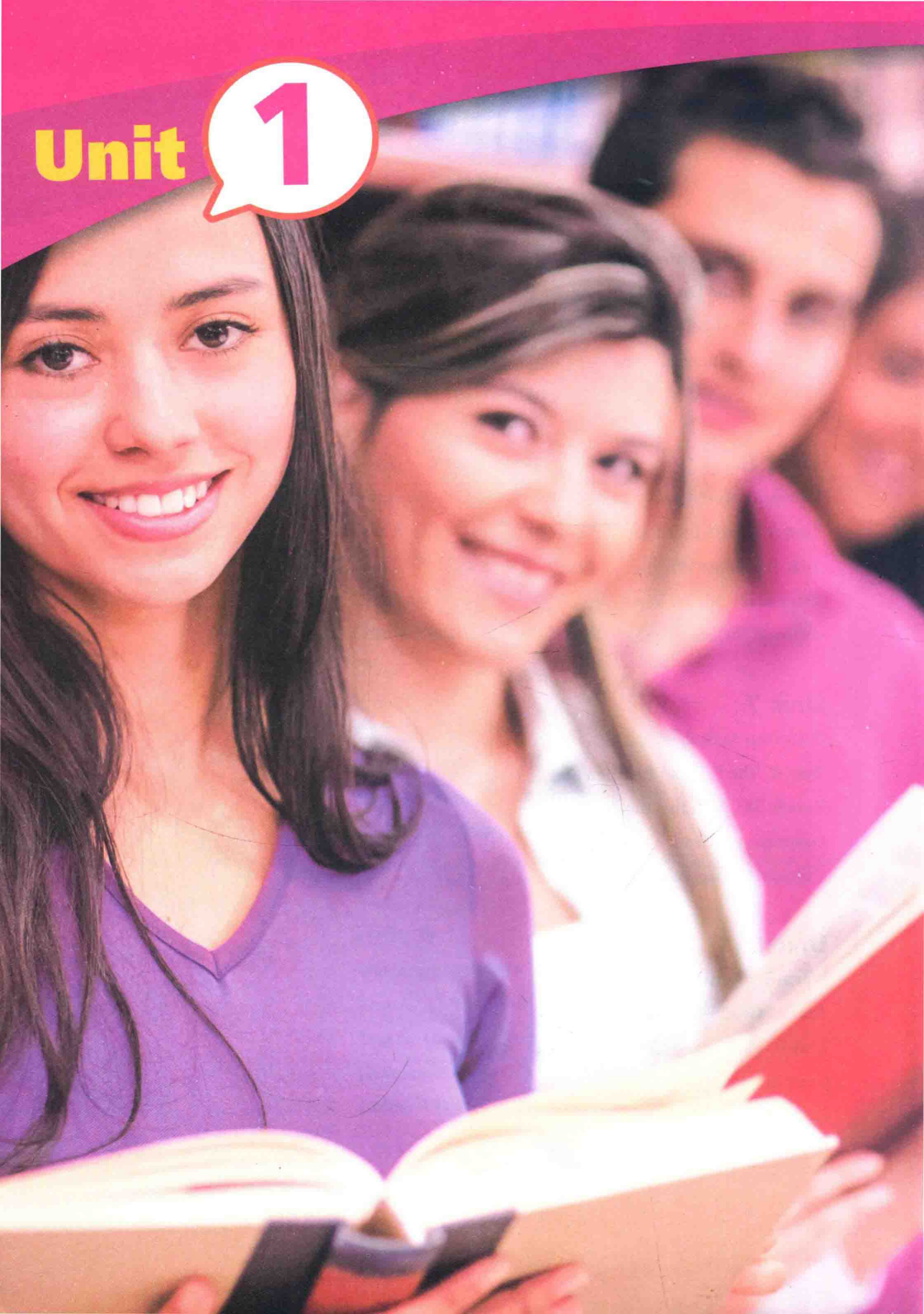
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Unit

1



Warm-up Activities

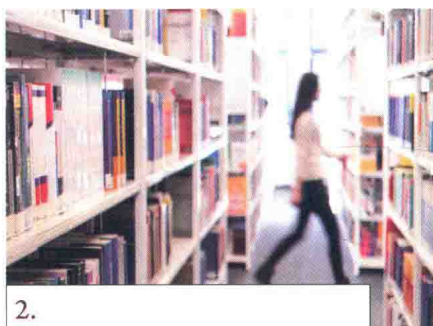
Matching

Learn the following words and phrases about different places on campus, and match them to the pictures.

lecture hall classroom building library
dormitory canteen gymnasium



1.



2.



3.



4.



5.



6.

Conversation

Listen to the conversation. Then practice with your partner, using the words and phrases provided on the right.

A: Excuse me. Could you tell me the way to the library, please?

B: Certainly. Go straight on and turn left at the second crossing.

Then you'll see it on your right. You can't miss it.

A: Thank you very much.

B: You're welcome. By the way, are you a new student?

A: Yes. This is my first week at college.

lecture hall
playground
canteen
physics lab
gymnasium

Go down this road
Walk along this road
Go straight ahead



Text A

Your First Night at School

Amanda L. Southall

1 You made it. Can you believe it? You survived the stress of senior exams, prom, SATs¹, college applications, scholarships, and you're finally in college. It's a little weird, isn't it?

2 So it's your first official night at college. Time to relax; the hard part is over: your parents are out of your dorm, and if you're lucky your stuff is all put away, your furniture is arranged and you are stress-free, lying in the bottom bunk.

3 Get a good night of sleep tonight. Tomorrow, and the rest of the week, will be exciting. My first week of college, my roommate and I went to a cookout, an ice cream social, met a ton of people, and gave ourselves a campus tour. Maps in hand, we energetically explored the buildings and lecture halls, literally racing each other from building to building. At that point, walking everywhere didn't seem that bad, but a week into classes, voluntarily climbing a flight of stairs was far from our list of leisure activities.

¹ SAT 是 Scholastic Assessment Test (学术能力评估测试) 的缩写, 该测试由 College Board (美国大学委员会) 主办。SAT 成绩是世界各国高中生申请美国名校及奖学金的重要参考。

4 This first week is going to be a whirlwind, but take advantage of the energy while you have it. Go to everything you have time for, meet people and remember their names, and get to know your campus. Your impressions of it will change as it becomes your home, but that first impression will remain a cherished memory.

5 I bet you're a bit scared, anxious, and unsure, but do your best to allow excitement to overshadow all of those emotions.

6 Classes haven't started, exams are months away, and you're just meeting your schoolmates. Be who you are. You're an adult, capable of making decisions, taking responsibility, and dealing with consequences. Be genuine, be caring, devote yourself to your studies, and to meeting people that aren't like you. You'll be surprised at how much you have in common with them. Expand your horizons, but never forget where you came from.

7 At college you will sleep through an 11 o'clock class, learn about things like NCAA² football, international politics, dining hall food, and how incredible your parents really are. You will make lifelong friends, get an education, learn about yourself, and make memories that will be sweet for the rest of your life.

8 Rest well. The next few days will be full, exciting, challenge-laden, and stressful ... but also fun and unforgettable. Sweet dreams.

2 NCAA 是 National Collegiate Athletic Association (全国大学生体育协会) 的缩写。它将一千多所美国和加拿大的四年制大学分成三个不同等级的数十个联盟, 每年举办各种体育项目的联赛。



New Words

- survive /sə'vaɪv/ *v.* 艰难度过
- prom /prɒm/ *n.* 班级舞会
- weird /wiəd/ *a.* 不可思议的
- stuff /stʌf/ *n.* 东西
- bunk /bʌŋk/ *n.* 铺位
- cookout /'kʊkaʊt/ *n.* 露天或野外烧烤餐
- social /'səʊʃəl/ *n.* 联欢会
- energetically /,enə'dʒetɪkəli/ *ad.* 精力充沛地
- explore /ɪk'splɔː/ *v.* 探索
- literally /'lɪtərəli/ *ad.* 简直（加强语气）
- voluntarily /'vɒləntərɪli/ *ad.* 自愿地
- leisure /'leɪzə; 'liːzə/ *a.* 空闲的
- whirlwind /'wɜːl,wɪnd/ *n.* 一连串忙乱的事情
- cherished /'tʃerɪʃt/ *a.* 珍贵的
- overshadow /,əʊvə'ʃædəʊ/ *v.* 掩盖
- consequence /'kɒnsɪkwəns/ *n.* 结果；后果
- genuine /'dʒenjuɪn/ *a.* 真诚的；坦率的
- expand /ɪk'spænd/ *v.* 扩大
- horizon /hə'reɪzən/ *n.* 视野
- incredible /ɪn'kredɪbl/ *a.* 了不起的
- lifelong /'laɪflɒŋ/ *a.* 终生的
- challenge-laden /'tʃælɪndʒ-'leɪdən/ *a.* 充满挑战的
- stressful /'stresfəl/ *a.* 有压力的

Useful Expressions

| Expressions | Examples |
|--|---|
| the rest of 其余的；剩下的 | The rest of this article explains how to solve the problem. 该文章的剩余部分阐述如何解决这一问题。 |
| take advantage of 发挥……的优势；利用 | He took advantage of the summer by doing part-time work in a supermarket. 他利用了暑假的时间在一家超市里做兼职。 |
| devote oneself to sth. 全身心投入地做某事；致力于做某事 | After he graduated, he continued to devote himself to the research. 毕业以后，他继续潜心于这项研究。 |
| sleep through 从……开始睡到结束；未被吵醒 | We slept through the sound of our alarm clock this morning. 今晨我们睡得很沉，浑然不觉闹钟的响声。 |

Reading Comprehension

I. Decide whether the following statements are True (T) or False (F).

1. You need to experience many challenges in order to enter college.
2. You should try to know more at college, but you should also remember where you came from.
3. Your first week at college will be busy, stressful and boring.
4. Climbing a flight of stairs was one part of their leisure activities.
5. You may have some negative emotions in the first week.
6. Since you are adults, you won't make really good friends at college.
7. You have to work very hard at college if you want to get a good education.

II. Complete the following sentences.

1. What do you have to go through before you get into college? (Para. 1)
After you survive the stress of senior _____, prom, SATs, college applications, and _____, you're finally in college.
2. Why is the first impression of the college important? (Para. 4)
Because your first impression will _____.
3. What will you feel if you meet people that aren't like you? (Para. 6)
You will be _____ at how much they _____ with you.
4. What will you learn at college? (Para. 7)
You will learn about things like NCAA football, international politics, dining hall food, and _____.
5. How will the first few days at college be? (Para. 8)
They will be _____, but also _____.

Vocabulary and Structure

Words and Phrases to Drill

| | | | | |
|-------------|---------------|-------------------|-------------|-------------------|
| consequence | cherished | energetically | expand | explore |
| genuine | incredible | leisure | literally | overshadow |
| social | survive | unforgettable | voluntarily | devote oneself to |
| the rest of | sleep through | take advantage of | | |

I. Choose the appropriate explanation from Column B for each of the words in Column A.

| A | B |
|------------------------|--|
| _____ 1. survive | a. become larger in size, volume or quantity |
| _____ 2. explore | b. (of a person, emotion, or action) sincere |
| _____ 3. leisure | c. continue to live normally and not be too upset by your problems |
| _____ 4. expand | d. characterized by feeling or showing fond affection for |
| _____ 5. energetically | e. out of your own free will |
| _____ 6. voluntarily | f. the outcome of an event |
| _____ 7. cherished | g. time available for ease and relaxation |
| _____ 8. consequence | h. extremely good or extremely large |
| _____ 9. genuine | i. in an energetic manner |
| _____ 10. incredible | j. examine sth. carefully in order to find out more about it |

II. Fill in the blanks with the correct forms of the words in Column A of the above table.

Change the form if necessary.

1. Life would be happier if you are a _____ and simple person.
2. The law is the foundation of all our _____ values.
3. Columbus discovered America but did not _____ the new continent.
4. This computer has got the _____ power to finish the task in minutes.
5. She seems to have _____ the divorce pretty well.
6. She wasn't fired. She left our company _____.
7. It terrified me to think of the _____ of your action.
8. You can use all these resources to help _____ your business and profit.
9. Jack is full of vitality and he often does things _____.
10. In his _____ time, he likes reading books.

III. Compare each pair of words and choose the correct one to fill in each blank.

1. survive survival
 - a. She is the only one to _____ the traffic accident.
 - b. The doctors gave him a one-in-ten chance of _____.
2. energetic energetically
 - a. He had worked _____ all day on his new book.
 - b. My father was an _____ man.

3. volunteer voluntarily

- a. Some patients came to talk with doctors _____.
- b. Who is going to be the first _____?

4. cherish cherished

- a. We should learn to _____ things and people in our life.
- b. That was one of her most _____ memories.

5. society social

- a. College students need to have a better knowledge of _____.
- b. We first met each other at a _____.

IV. Add the prefix “in-” or “un-” to the following words in brackets. Then complete the sentences with the words formed.

For example: At college you will learn how incredible your parents really are. (credible)

Tips: 前缀 in- 和 un- 加在形容词前面，表否定意义，但不改变词性，如 un+forgettable → unforgettable (难忘的)、in+correct → incorrect (不正确的)、un+true → untrue (不真实的) 等。但应注意：以字母 m、l 和 r 开头的形容词在变成否定意思时，应分别加前缀 im-、il- 和 ir-，如 im+possible → impossible (不可能的)、il+legal → illegal (非法的)、ir+responsible → irresponsible (不负责任的) 等。

1. The rooms upstairs are of _____ size. (equal)
2. The aim of this trip is to make _____ contact with customers. (formal)
3. She was _____ to hide her excitement. (able)
4. The children seem to be totally _____ of working by themselves. (capable)
5. I couldn't sleep because the bed was so _____. (comfortable)

V. Choose the best phrase to complete each sentence.

1. But it doesn't mean they can do it any better than _____ us.
A. the all of B. the rest of C. the some of D. the many of
2. I climbed _____ stairs to come to Miss Gao's office.
A. a set of B. a height of C. a flight of D. a group of
3. If we can _____ the conditions here, we may get success more easily.
A. make advantage of B. take advantage of
C. use advantage of D. seek advantage of
4. You will certainly get much improvement if you _____ yourself _____ your studies.