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Absolute TOEFL

直通托福· 课堂学术词汇

新东方教育科技集团有限公司
美国本科考试研究院
编著

Academic

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序 言

新东方创立之初有这样一句口号：新东方要成为出国留学的桥梁。转眼间 24 年过去了，出国留学已经成为学生求学路上的一个常规选项，而不再是少数人与命运博弈的“留洋梦”。如今中国的父母热衷于送孩子远赴另一块大陆，接受不一样文化背景下的教育，出国求学的平均年龄也越来越小。在留学产业蓬勃发展的同时，身处这一高速发展行业的我们，看着课堂上那一张张稚嫩的面孔不时心生困惑：孩子，你为什么去留学？你真的准备好了吗？

在大多数人的眼中，留学等于“镀金”，海归等于高薪。然而，我认为“千里求学”这件事情，从来都不仅仅是为了“学成归来”找份好工作——尽管这符合人们对留学回报的预期。但我更希望的是，学生们通过海外留学将自己锻炼成为放眼世界的全球性人才，在更高的立足点上，以足够强大的姿态拥抱这个日新月异的世界。

未来的时代是更加全球化的、多种文化交融的时代，海外留学无疑给孩子们提供了一个了解不同文化的有效途径。而了解一种文化、融入一方生活，最直接也是最重要的方式就是掌握他们的语言。语言能力提高也是留学能带给中国学生的不可替代的收获。孩子多掌握一门语言，视野就不会仅局限于中国，接纳的信息也不再局限于同一种声音。

在语言从知识普及成为技能的今天，与过去专注提升学生考试分数有所不同的是，我们有了新的更为重要的课题，那就是：如何让走出去的孩子的英语能力与汉语达到同等水平，既能写出漂亮的书面论文，也能与当地居民无障碍地口头交流，让学生的语言应用能力和考试分数画上名副其实的等号。这就在教学产品的提供方面给我们带来了更多的机遇与挑战。

多年来，新东方始终把自己定义为教育机构，既然是教育机构，教学的产品与质量是必不可少的，这是我们能够提供给学生实现他们人生价值的最重要的两个途径。深刻理解中国学生的真正需求，设计符合科学有效的语言学习模式的教学内容，创新与实用相结合，并且落实最终教学产品的实际应用，是新东方每一位投身于研发的老师的职责所在。

把教育和品质做到极致，教为本，育为根，让更多的中国学生获得世界优秀大学的认同与接纳。这正是我们开启新时期语言考试研究的推动力，也是我们提供的每一个研发成果的意义之所在。

俞敏洪

新东方教育科技集团董事长

前言 Preface

TOEFL 全名为“Test of English as a Foreign Language”，是由美国教育考试服务中心（ETS）研发推广的英语能力测试，中文音译为“托福”。托福所提供的语言成绩不仅可以帮助考生申请美国高等院校，也可以成为考生正确学习英语的指南。

目前，托福考试以互联网为依托进行机考，称为 iBT（internet-Based Test），其整体设计旨在评估考生在英语听、说、读、写技能方面的综合能力。词汇是托福考试中的基本单元，是托福备考的重中之重。近几年，随着托福考试的整体难度逐渐增加，考生们需要在备考过程中打下坚实的词汇基础，才不至于在托福的听、说、读、写四项测试中遇到障碍。因此，对于托福考试词汇资料的需求也亟待满足。

“直通托福”系列词汇书包含《直通托福·校园生活词汇》和《直通托福·课堂学术词汇》。两本词汇书来源于应用语言学专家 Charles Browne 博士、Brent Culligan 博士及 Joseph Phillips 所编纂的“新通用高频词表”（New General Service List）及“新学术词汇词表”（New Academic Word List）。这两个词表是学术界广为认可的词汇学习词表，是从庞大的剑桥英语语料库中筛选出的高频和通用词汇。根据语言学专家统计，“新通用高频词表”大致可以覆盖 86% 的学术背景文章；在这一基础之上，增加“新学术词汇词表”，可以覆盖到 92% 左右的学术文章。对考生而言，在有限的备考时间中，学习这两个词表是极为便捷与高效的。

基于这两个权威词表，新东方美国本科考试研究院联合一线托福教师为每个词汇提供了托福考试场景下的例句，并设计具有相应难度的习题，帮助考生认知、理解及掌握单词。《直通托福·校园生活词汇》涵盖较为基础、高频的词汇，适合基础较为薄弱的考生；《直通托福·课堂学术词汇》涵盖学术文章、语料下的学科背景词汇，适合有一定词汇基础的考生。

本书为《直通托福·课堂学术词汇》，来源于“新学术词汇词表”，大致涵盖 960 词，全书分为 16 个词汇单元，每个单元约有 60 个词汇。同时，每个单元匹配了三种难度的题型，帮助考生更为全面地掌握词汇。

1. 词表设计：所选词汇配合《牛津高阶辞典》中的音标及外教录制音频，帮助考生掌握单词的正确发音。同时配有托福考试中常见的词性及释义，选取 Merriam-Webster 中的简易英文释义，使考生更好地理解单词的含义。例句由一线教师从真题中挑选句子进行改写，最大程度上贴合托福真实考试场景。

2. 练习设置：每一个单元都匹配了三种类型的练习：填空 (Fill in the Blanks)、配对 (Matching) 及搭配练习 (Collocations)，涵盖了本单元中的所有单词。练习难度层层递进，希望考生能够从形态 (form)、释义 (meaning)、用法 (usage) 三个维度来掌握单词。词汇的学习过程中应有大量的重复，才能更好地巩固记忆，所以在填空及配对练习的题目设置中，选取了词表中的例句及简易英文释义，帮助考生理解、掌握单词的释义以及在例句中的应用。

第一部分练习为填空，涉及词汇变形，帮助考生了解单词的形态 (form)。

第二部分练习为配对，需要考生将单词与英文释义联系起来，帮助考生更加深入地理解单词的含义 (meaning)。

第三部分为搭配练习，由外教精心挑选词表中的常见单词，设置单词的搭配练习，帮助考生掌握单词的用法 (usage)，积累语料。

3. 书中所有习题均附有答案：第三部分搭配练习除标准答案之外，同时给出常见的其他搭配，辅助考生学习。

祝愿所有考生在本书的帮助下都能够顺利地通过 TOEFL 考试。

新东方教育科技集团有限公司
美国本科考试研究院

22 天学术词汇背诵计划表






第 1 天	第 2 天	第 3 天	第 4 天	第 5 天
List 1~2	List 3~4	List 5~6	List 7~8	List 9~10
List 1~2	List 1~2	List 3~4	List 1~2	List 3~4
	List 3~4	List 5~6	List 5~6	List 7~8
			List 7~8	List 9~10
第 6 天	第 7 天	第 8 天	第 9 天	第 10 天
List 11~12	List 13~14	List 15~16	List 5~6	List 7~8
List 5~6	List 1~2	List 3~4	List 11~12	List 13~14
List 9~10	List 7~8	List 9~10	List 15~16	
List 11~12	List 11~12	List 13~14		
	List 13~14	List 15~16		
第 11 天	第 12 天	第 13 天	第 14 天	第 15 天
List 9~10	List 11~12	List 13~14	List 15~16	List 1~2
List 15~16				
第 16 天	第 17 天	第 18 天	第 19 天	第 20 天
List 3~4	List 5~6	List 7~8	List 9~10	List 11~12
第 21 天	第 22 天			
List 13~14	List 15~16			

注：根据艾宾浩斯遗忘曲线原理，人的记忆周期为第 1 天、第 2 天、第 4 天、第 7 天和第 15 天。根据这份计划表，考生应每天背诵两个 list，约 120 个单词，并在背诵这两个 list 的第 2 天、第 4 天、第 7 天和第 15 天分别进行复习。一次背诵重复记忆 5 天，帮助考生加深印象，更好地掌握单词。

橙色字为这一天的学习内容，黑字为复习内容。

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**abdominal**

/əb'dɑ:mɪnəl/

中 *adj.* 腹部的

英 relating to or located in the abdomen, e.g., abdominal muscles

例 She was advised to have an **abdominal** X-ray.**absorb**

/əb'zɔ:rb/

中 *v.* 吸收

英 to take something in, such as liquid, in a natural or gradual way

例 The soil cannot **absorb** enough water because of the reduction in vegetation.**accelerate**

/æk'seləreɪt/

中 *v.* 使增速; 促使...早日发生

英 to move faster; to gain speed

例 They plan to **accelerate** the development of this city.**accent**

/'æksənt/

中 *n.* 口音; 重音 *v.* 强调, 极力主张英 *n.* a way of pronouncing words that occurs among people of a particular region or country例 The American **accent** is easier for beginners to understand than the British accent.**accumulate**

/ə'kju:mjəleɪt/

中 *v.* 堆积, 积累

英 to gather or acquire (something) gradually as time passes

例 Evidence of his guilt is **accumulating**.**accuracy**

/'ækjərəsi/

中 *n.* 正确, 准确; 精确性

英 freedom from mistake or error; the quality or state of being accurate

例 New techniques have greatly improved the **accuracy** with which researchers record data.**acid**

/'æsɪd/

中 *n.* 酸; 讥讽 *adj.* 酸的; 酸性的; 敏锐的; 讽刺的英 *n.* a chemical with a sour taste that forms salt when mixed with a base例 **Acid** rain caused by pollution is rather serious in the south.**activate**

/'æktɪveɪt/

中 *v.* 使活动起来; 使产生放射性; 使活化; 建成

英 to make active or more active

例 Pushing this button will **activate** the elevator.**acute**

/ə'kju:t/

中 *adj.* 严重的; [医]急性的; 敏锐的; 激烈的; 尖声的

英 very serious or dangerous; requiring serious attention or action

例 The World Health Organization has investigated nearly 400 rumors of **acute** threats to health, mostly from infectious diseases.

adaptation

/ˌædæp'teɪʃn/

中 *n.* 适应

英 the process of changing to fit some purpose or situation; the process of adapting

例 The evolutionary history of plants has been marked by a series of adaptations.

adjacent

/ə'dʒeɪsnt/

中 *adj.* 毗连的; 邻近的, 接近的

英 sharing a border, wall, or point; close or near

例 The local population was quickly outnumbered by immigrants from an adjacent community.

admission

/əd'mɪʃn/

中 *n.* 承认; 获准入学者; 门票价格

英 the right or permission to enter a place

例 Staff members from the admissions office lead campus tours for potential students.

adolescent

/ˌædə'lesnt/

中 *n.* 青少年 *adj.* 青春期的英 *n.* a young person who is developing into an adult

例 It is important for adolescents to have good friends that they can confide in.

adverse

/əd'vɜːs/

中 *adj.* 不利的

英 bad or unfavorable

例 Advancing technologies are helping to control some of the adverse environmental effects of air pollution.

aerosol

/'erəʊsɔ:l/

中 *n.* 喷雾器 *adj.* 喷雾的英 *n.* a substance (such as hair spray or medicine) that is kept in a container under pressure and that is released as a fine spray when a button is pressed.

例 While living on the streets, he began doing graffiti using aerosol paint cans.

aesthetic

/ɪs'θetɪk/

中 *adj.* 审美的, 美学的

英 of or relating to art or beauty

例 This is not just an aesthetic consideration but also a practical one.

affirm

/ə'fɜːrm/

中 *v.* 肯定; 证实

英 to say that something is true in a confident way; to validate, confirm

例 Everything that he did seemed to affirm my opinion of him.

afterward(s)

/'æftəwɜːd/

中 *adv.* 以后, 后来

英 at a later time; after something has happened

例 Students will watch the video with a classmate and then review the material together afterward.

aggregate

/'ægrɪgeɪt/

中 *v.* 聚集, 集合

英 to form by adding together two or more amounts

例 The scores were **aggregated** with the first round totals to decide the winner.**agriculture**

/'ægrɪkʌltʃər/

中 *n.* 农业

英 the science or occupation of farming

例 **Agriculture** and fishing are of primary importance in China's economy.**airplane**

/'eɪrpleɪn/

中 *n.* 飞机

英 a machine that has wings and an engine and that flies through the air

例 Which technology do you think made the biggest impact on people's lives, the **airplane** or the television?**algebra**

/'ældʒɪbrə/

中 *n.* 代数

英 a branch of mathematics that uses numbers and letters that represent numbers

例 Many students struggle with basic **algebra** and chemistry.**algorithm**

/'ælgərɪðəm/

中 *n.* (尤指计算机程序中的) 演算法

英 a set of steps that are followed in order to solve a mathematical problem or to complete a computer process

例 Facebook has a separate **algorithm** for its 'promoted posts' advertisements, which were launched in January.**alien**

/'eɪliən/

中 *n.* 外星人 *adj.* 外来的英 *n.* a form of life assumed to exist outside the Earth or its atmosphere例 The legend of an **alien** landing in Roswell spread across the country, and then the world.**alliance**

/'æliəns/

中 *n.* 联盟

英 a union between people, groups, countries, etc.

例 They wished to trade with people from other areas, which led them to form **alliances**.**allocate**

/'æləkeɪt/

中 *v.* 分配

英 to divide and give out (something) for a special reason or to particular people, companies, etc.

例 The development helps the organization to **allocate** resources more efficiently.

altitude

/'æltɪtʊ:d/

中 *n.* 海拔, 高度

英 the height of something (such as an airplane) above the level of the sea

例 Located in tropical areas at low **altitudes**, savannas are stable ecosystems.**aluminum**

/ˌælə'mɪniəm/

中 *n.* 铝

英 a silver metal that is strong and light, used to make a number of utensils, engineering parts and so on

例 Research has looked at the toxic effects of heavy metals such as lead, mercury and **aluminum**.**amino**

/ə'mi:nou/

中 *adj.* 氨基的

英 relating to, being, or containing an amine group

例 **Amino** acid sequences of enzymes are determined by genes.**amongst**

/ə'mʌŋst/

中 *prep.* 在...之中, 在...当中 (等于 among)

英 in or through (a group of people or things)

例 The rate of invasion and the rate of extinction both vary greatly **amongst** different plant species.**amplitude**

/'æmplɪtʊ:d/

中 *n.* 振幅

英 a measurement that indicates the movement or vibration of something (such as a sound wave or a radio wave)

例 The duration and **amplitude** of these swings is one very good measure of risk.**analogy**

/ə'nælədʒi/

中 *n.* 类比

英 a comparison of two things based on their being alike in some way

例 The best **analogy** to modern dance is modern art or modern music.**ancestor**

/'ænsɛstər/

中 *n.* 祖先

英 a person, usually more remote than a grandparent, from whom one is descended

例 Many people have little knowledge of who their **ancestors** were and what they did.**anthropology**

/ˌænrə'pɒ:lədʒi/

中 *n.* 人类学

英 the study of human races, origins, societies, and cultures

例 The vast evidence in terms of physical **anthropology**, linguistics and archaeology indicates that the Pacific islanders came from Southeast Asia.

anti
/'ænti/

中 *n.* 反对者 *adj.* 反对的
英 *n.* one that is opposed, against
例 That's why you're so **anti** other people smoking.

antibiotic
/,æntibaɪ'ɑ:tɪk/

中 *n.* 抗生素
英 a medicine that stops the growth of, or destroys microorganisms
例 **Antibiotics** are prescribed by doctors to cure a number of different infections.

antibody
/'æntɪbɑ:di/

中 *n.* [免疫] 抗体
英 a substance produced by the body to fight disease
例 The woman did not carry the **antibody** to fight off the disease, and became ill.

antiquity
/æn'tɪkwəti/

中 *n.* 古代; 古物
英 ancient times
例 Although the remarkable **antiquity** of Australia's rock art is now established, the sequences and meanings of its images have been widely debated.

appendix
/ə'pendɪks/

中 *n.* 附录; 阑尾; 附加物
英 a section of extra information added at the end of a book
例 The **appendix** lists species which may become endangered unless environmental and economic factors change.

applause
/ə'plɔ:z/

中 *n.* 欢呼, 鼓掌欢迎
英 a show of approval or praise expressed by clapping
例 I was very energized by the **applause** of the audience.

approximate
adj. /ə'prɑ:ksɪmət/
v. /ə'prɑ:ksɪmeɪt/

中 *adj.* 近似的, 大概的 *v.* 近似; 使...接近; 粗略估计
英 *adj.* almost correct or exact
例 Use these figures as an **approximate** guide in your calculations.

arbitrary
/'ɑ:rbrətəri/

中 *adj.* 任意的; 武断的
英 not based on reason or evidence
例 The company executives are publicly complaining about the introduction of **arbitrary** regulations.

archaeology
/,ɑ:rkɪ'ɑ:lədʒi/

中 *n.* 考古学
英 a science that deals with past human life and activities by studying the bones, tools, etc., of ancient people
例 We are looking for students who are interested in volunteering for our **archaeology** project.

architect

/'ɑ:rkɪtekt/

中 *n.* 建筑师

英 a person who designs buildings

例 An **architect** must be practical and consider the people who will be using the building they design.**array**

/'æreɪ/

中 *n.* 大批，一系列；数组，阵列

英 a group or collection of things or people, often one that is large or impressive

例 We visited the local markets and saw a wonderful **array** of fruit and vegetables.**arrow**

/'ærou/

中 *n.* 箭头；箭

英 a mark (such as →) that is used to show direction

例 A series of **arrows** points the way to the library.**articulate**

/'ɑ:rtɪkjuleɪt/

中 *adj.* 发音清晰的，口才好的

英 able to express ideas clearly and effectively in speech or writing

例 He is an **articulate** young man.**artifact**

/'ɑ:rtɪfækt/

中 *n.* 手工艺品

英 something created by humans, usually for a practical purpose

例 We are excavating near the lecture hall to see what types of **artifacts** we find.**artificial**

/,ɑ:rtɪ'fɪʃl/

中 *adj.* 人造的，人工的

英 not natural or real

例 While experimenting with **artificial** sunlight, Andy made an interesting discovery.**artistic**

/'ɑ:rtɪstɪk/

中 *adj.* 艺术的

英 relating to art or artists

例 She is very **artistic** and enjoys painting, drawing and graphic design.

Exercise 1

1. Fill in the Blanks

Fill in the blanks to complete each sentence by choosing the words provided. You may change the form of the words if needed.

Part 1

abdominal absorb accelerate accent accumulate

1. They plan to _____ the development of this city.
2. The soil cannot _____ enough water because of the reduction in vegetation.
3. The American _____ is easier for beginners to understand than the British accent.
4. She was advised to have an _____ X-ray.
5. Evidence of his guilt is _____.

Part 2

admission adolescent adverse aerosol aesthetic affirm

1. It is important for _____ to have good friends that they can confide in.
2. Advancing technologies are helping to control some of the _____ environmental effects of air pollution.
3. Staff members from the _____ office lead campus tours for potential students.
4. This is not just an _____ consideration but also a practical one.
5. Everything that he did seemed to _____ my opinion of him.
6. While living on the streets, he began doing graffiti using _____ paint cans.

Part 3

algorithm alien alliance allocate altitude

1. Located in tropical areas at low _____, savannas are stable ecosystems.
2. They wished to trade with people from other areas, which led them to form _____.
3. Facebook has a separate _____ for its 'promoted posts' advertisements, which were launched in January.
4. The legend of an _____ landing in Roswell spread across the country, and then the world.
5. The development helps the organization to _____ resources more efficiently.

Part 4

ancestor anthropology anti antibody antibiotic

1. _____ are prescribed by doctors to cure a number of different infections.
2. Many people have little knowledge of who their _____ were and what they did.
3. The vast evidence in terms of physical anthropology, linguistics and _____ indicates that the Pacific islanders came from Southeast Asia.
4. The woman did not carry the _____ to fight off the disease, and became ill.
5. That's why you're so _____ other people smoking.

Part 5

archaeology architect array arrow articulate

1. He is an _____ young man.
2. We visited the local markets and saw a wonderful _____ of fruit and vegetables.
3. We are looking for students who are interested in volunteering for our _____ project.
4. An _____ must be practical and consider the people who will be using the building they design.
5. A series of _____ points the way to the library.

2. Matching

Match the words with the definitions.

Part 1

- | | |
|---------------|--|
| 1. accuracy | A. close or near |
| 2. acid | B. very serious or dangerous |
| 3. activate | C. freedom from mistake or error |
| 4. acute | D. to make active or more active |
| 5. adaptation | E. a chemical with a sour taste that forms salt when mixed with a base |
| 6. adjacent | F. the process of changing to fit some purpose or situation |

Part 2

- | | |
|-----------------|---|
| 1. afterward(s) | A. the science or occupation of farming |
| 2. aggregate | B. a branch of mathematics that uses numbers and letters that represent numbers |

3. agriculture
4. airplane
5. algebra

- C. to form by adding together two or more amounts
- D. a machine that has wings and an engine and that flies through the air
- E. at a later time; after something has happened

Part 3

1. aluminum
2. amino
3. amongst
4. amplitude
5. analogy

- A. in or through (a group of people or things)
- B. a measurement that indicates the movement or vibration of something
- C. relating to, being, or containing an amine group
- D. a comparison of two things based on their being alike in some way
- E. a silver metal that is strong and light, used to make a number of utensils, engineering parts and so on

Part 4

1. antiquity
2. appendix
3. applause
4. approximate
5. arbitrary

- A. not based on reason or evidence
- B. a show of approval or praise expressed by clapping
- C. ancient times
- D. a section of extra information added at the end of a book
- E. almost correct or exact

Part 5

1. artifact
2. artificial
3. artistic

- A. not natural or real
- B. relating to art or artists
- C. something created by humans, usually for a practical purpose

3. Collocations

Part 1

Select one adjective and one verb for each of the nouns below.

Example: conservation
environmental conservation (adjective)
promote conservation (verb)

Adjectives: common enthusiastic sustainable vast thick free talented powerful high

Verbs: maintain speak offer burst form gain praise share depend

_____ accent _____ admission _____ agriculture
 _____ with an accent _____ admission _____ on agriculture