



Three-Dimension

Colored Diagrams for

Meridians and Acupoints

(Chinese-English Edition)

三维经络穴位全彩图集

(中英对照版)



Acupoints with Special Effects for Children

儿童特效穴位

海峡出版发行集团 | 福建科学技术出版社
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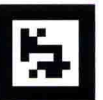
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足太阳膀胱经
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1. 收录儿童全身特效穴位。这些特效穴位除了少数为经穴、奇穴外，多数为儿童按摩所特有的“特定穴”。
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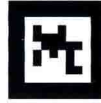
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督脉

Governor Vessel Meridian, GV

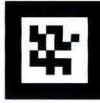
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任脉

Conception Vessel Meridian, CV

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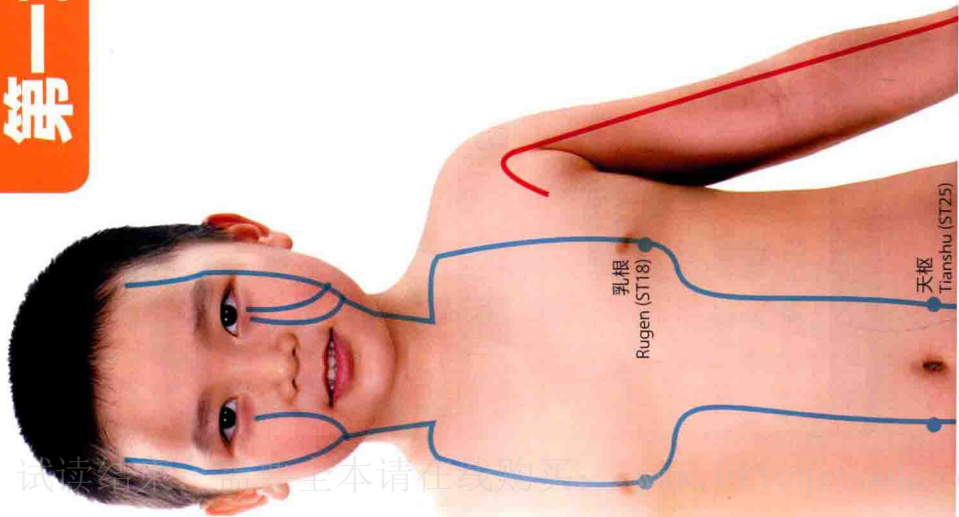
手太阴肺经

手太阴肺经：从胸部上外侧开始，经前臂的桡侧→手掌桡侧→拇指桡侧的少商穴为止。



足阳明胃经

足阳明胃经：从眼睛下方开始，经口角→下颌→耳前→颊角；从颈部胸锁乳突肌的前缘开始，经锁骨下凹陷→胸部→前腹部→腹部为→腿→足第2趾末节外侧为止。



乳根
Rugen (ST18)

天枢
Tianshu (ST25)

Chapter 1:

Diagrams for Acupoints in 14 Meridians for Children

Children

Lung Meridian of Hand-Taiyin, LU

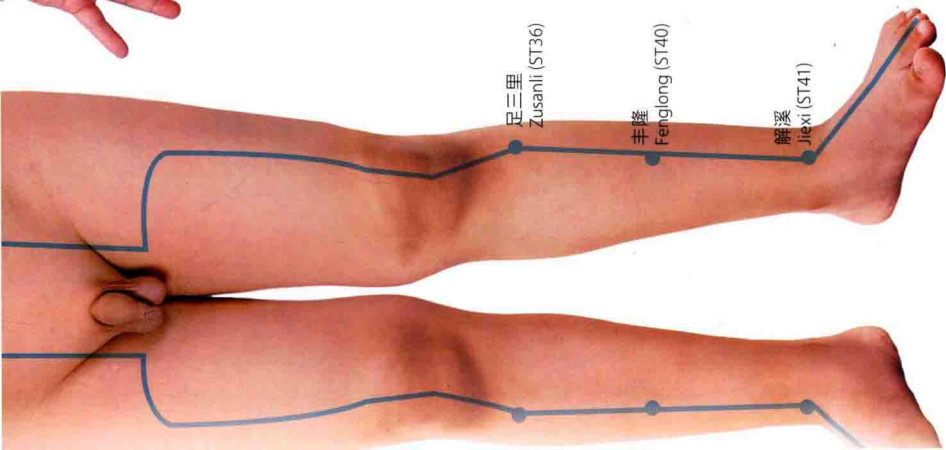


Lung Meridian of Hand-Taiyin: starting from the superior lateral side of the chest, it passes through the radial side of the forearm → radial side of the palm and ends at Shaoshang (LU11) in the radial side of the thumb.

Stomach Meridian of Foot-Yangming, ST



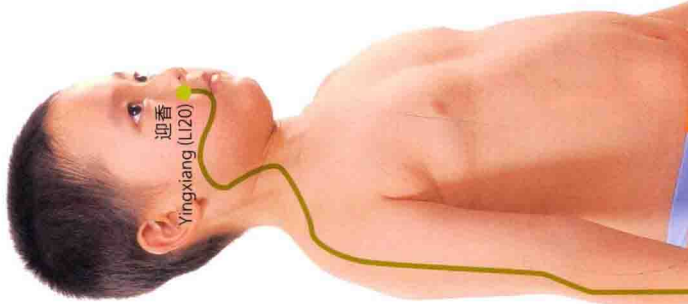
Stomach Meridian of Foot-Yangming: starting below the eye, it passes through the corner of the mouth → mandible → anterior part of the ear → the corner of the forehead. Starting from the anterior border of the sternocleidomastoid in the neck, it passes through the infraclavicular depression → chest → upper abdomen → groin → leg → lateral side of the distal segment of the 2nd toe and ends at the toe.



手阳明大肠经



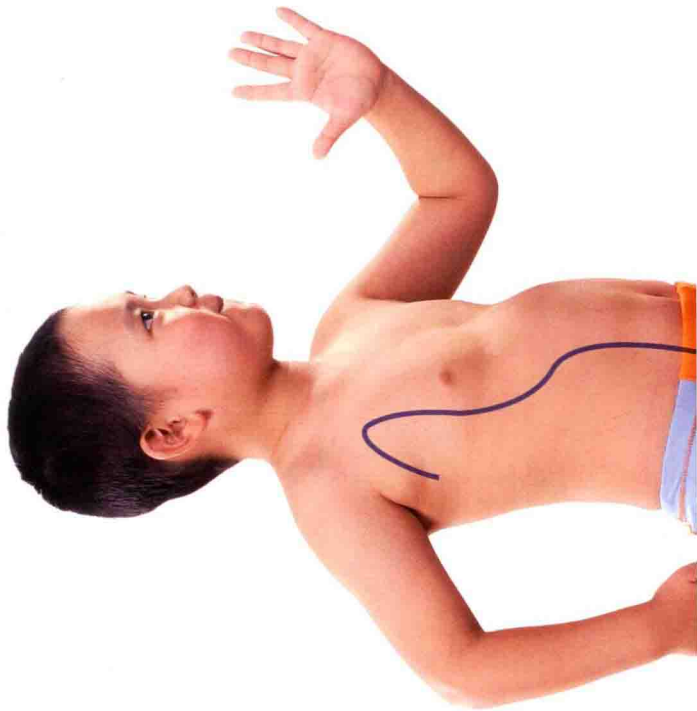
手阳明大肠经：从食指末端烧侧开始，经手臂→肩部→锁骨上窝→侧颈部→鼻翼旁为止。



足太阴脾经



足太阴脾经：从脚趾内侧、趾甲根角旁开始，经腿→腹股沟→前腹部→胸部→腋下→侧胸壁第7肋间位置为止。





合谷
Hegu (LI4)

阴陵泉
Yinlingquan (SP9)

三阴交
Sanyinjiao (SP6)

Large Intestine Meridian of Hand-Yangming, LI



Large Intestine Meridian of Hand-Yangming: starting from the distal radial side of the index finger, it passes through arm→shoulder→supraclavicular fossa→lateral side of the neck and ends at the lateral ala nasi.

Spleen Meridian of Foot-Taiyin, SP



Spleen Meridian of Foot-Taiyin: starting from the inner side of the big toe at the nail root, it passes through the leg→groin→upper abdomen→chest→axilla and ends at the 7th intercostal space of the lateral thoracic wall.

手少阴心经



手少阴心经：起于心中，从腋下开始，经手臂→手腕→手掌→小指末节桡侧为止。

Heart Meridian of Hand-Shaoyin, HT



Heart Meridian of Hand-Shaoyin: starting from the heart, it flows from the axilla→ arm→ wrist→ palm and ends at the distal radial side of the little finger.



手太阳小肠经



手太阳小肠经 从小指末节尺侧开始, 经手→手臂→肩部→颈部→颞骨下→耳屏前为止。

听宫
Tinggong (SI19)



Small Intestine Meridian of Hand-Taiyang, SI

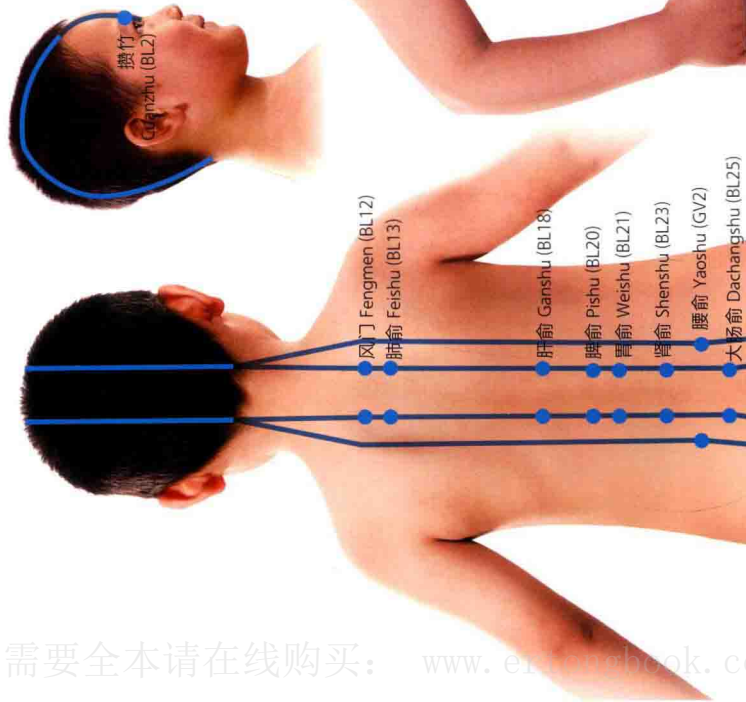


Small Intestine Meridian of Hand-Taiyang: starting from the distal ulnar side of the little finger, it passes through the hand→ arm→ shoulder→ neck→ lower part of cheekbone and ends near the antitriobium.

足太阳膀胱经



足太阳膀胱经：从内眼角开始，经后头部→颈部→背部→腰部→腿→足小趾末节外侧为止。



足少阴肾经



足少阴肾经：从足底开始，经腿→前腹部→胸部锁骨下缘为止。

