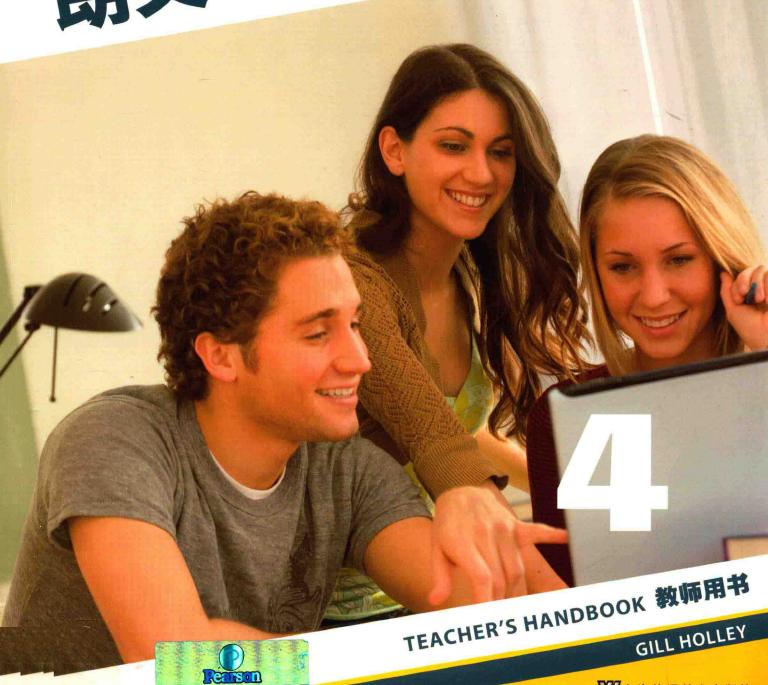
upper intermediate

real life

朗文环球英语教程



upper intermediate

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TEACHER'S HANDBOOK 教师用书

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出版前言

《朗文环球英语教程》是由上海外语教育出版社从培生教育出版集团引进出版的一套英语综合教程,适合我国初中至高中学生使用。本教程旨在培养和发展学生的英语学科核心素养,在帮助学生掌握"听、说、读、写、看"语言综合运用能力的同时,着力提高学生独立思考和判断的能力,促进学生多元思维和批判性思维的形成,使学生认识世界的多元性和文化的多样性,在体验中外文化的异同中形成跨文化意识,增进国际理解,提高人文素养,成为具有国际视野和跨文化沟通能力的人才。

《朗文环球英语教程》通过呈现学生所熟悉的日常生活的语境来传授语言知识,激发学生的积极性,使枯燥的语言学习变得充满乐趣而富有成效。《朗文环球英语教程》每单元话题皆围绕青少年的生活体验和关注焦点展开,并在真实的语境下教授语言交际功能,使学生有机会和同伴分享自己的观点和学习成果。

《朗文环球英语教程》属等级模块式教材,按照学生的知识水平分初级、预备中级、中级、中高级和高级,共5级。每级包含学生用书、教师用书、练习册和测试手册。每级学生用书包含5-6模块,每模块2单元。第1至第3级每单元分4部分,第4和第5级每单元分5部分,每部分均需两课时(共90分钟)完成:第1和第2部分以词汇、技能和语法学习为主;第3部分以补充阅读和拓展词汇学习为主,训练学生的综合语言能力。第1至第3级的单数单元中第4部分为"真实时刻",通过听、说和交际型写作任务集中传授语言的交际功能;双数单元中,第4部分为"单元巩固",提供语法、词汇以及技能训练的考试类题目,以复习和巩固每模块两个单元的学习内容。第4和第5级的单数单元中第4部分为写作训练,第5部分为"真实时刻";双数单元中,第4部分为"真实时刻",第5部分为"单元巩固"。在学生用书的最后,还安排了总词汇表、课堂或回家作业、不规则动词表以及学习策略等内容。

《朗文环球英语教程》作为一套体系完整的英语教程,除了纸质教材,还提供音频和视频材料,包括"MP3音频下载"、"互动学习光盘"(配学生用书)、"教学资源光盘"(配教师用书)、"综合技能学习光盘"(配练习册)等,大大丰富了课堂教学手段,并符合当今学生的学习习惯。

互动学习光盘包含6至10集视频,在语言功能上与学生用书中"真实时刻"的内容相互呼应,提供英文字幕,语言地道,制作精美,寓教于乐。学生可在课内或课外使用,以培养良好的英语语音语调、提高听说能力,同时了解英语国家的文化和习俗。

教学资源光盘包含两部分内容,分别供课堂授课使用和教师备课使用。课堂授课使用部分包含学生用书和练习册中的所有内容以及一套白板工具。教师备课使用部分包含各类可供 影印的文本和活动资料、课堂教学指导以及大量与学生用书配套的技能训练测试题。

综合技能学习光盘主要包含配合每单元使用的补充练习题、期中和期末测试以及词汇专项训练。

《朗文环球英语教程》提供丰富的教学资源,教师可根据学生的实际情况选择使用并根据需要灵活运用教学辅助工具。

朗文环球英语教程 4 教师用书

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本书提供配套MP3录音,支持电脑下载及"爱听外语"移动应用下载。

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Real Life is a five-level course for upper secondary students, many of whom are preparing for a school-leaving exam. It recognises that most classes have students of a wide range of language ability and offers different ways of dealing with this in the classroom. It also notes that teachers are working in a range of situations, with different facilities and time constraints. Therefore, Real Life Upper Intermediate offers core material of 100 lessons with a flexible range of extra elements and components to supplement where necessary.

Why Real Life?

Teenage students learn best when they are motivated and when they recognise the relevance of a subject to their lives. They become more confident in using English in interesting and familiar contexts. In *Real Life*, we want to develop learners' language skills as well as their cultural awareness and knowledge of the world. We deal with topics through the eyes of people of the students' own age, drawing on real teenage experiences and viewpoints in conversations, interviews and vox pops. We look at real life issues, like medical ethics or choosing careers, as they affect young people around the world.

Where possible, we reflect the media formats that are part of students' real lives, for example the professionals give career advice on podcasts.

Central to our 'Real Life' approach are the *Real Time* sections, which follow a group of characters through everyday situations, like expressing an opinion or applying for a job. Real life language and tasks are integrated in these sections and the model functional language is practised further in realistic contexts in the accompanying DVD for each level.

Real Life and exams

We recognise the importance of exam preparation in secondary schools, the time when students have to prepare for a school-leavers' exam or an entrance exam for further study. Real Life prepares students for typical exam task types and the Workbook Exam Trainer provides comprehensive exams training and practice tests.

Real Life and the Common European Framework

The Real Life syllabuses are linked to the Common European Framework (CEF). The Teacher's Handbook contains a list of things students can do at the end of each lesson.

The table below shows how the *Real Life* levels fit both the CEF and the UCLES exams.

Real Life	CEF	UCLES
Elementary	A1	
Pre-Intermediate	A2-B1	KET
Intermediate	B1-B2	PET
Upper Intermediate	B2	PET
Advanced	B2-C1	FCE

The course components at a glance

Students' Book

The Students' Book contains:

- ten units covering all the typical exam topics
- each unit has six lessons of grammar, vocabulary and skills, plus:
- a Real Time section which focuses on speaking and writing skills
- even units which end in an Active Study revision section
- odd units which end in a Writing section. This focuses on writing skills.

At the back of the Students' Book, there is:

- a Mini Workbook for more grammar and vocabulary revision and practice to give your lessons total flexibility
- · a unit by unit wordlist.
- a reference section with key language to complete speaking and writing activities and for students to refer to whenever they need to.

Interactive DVD-ROM

This DVD-ROM focuses on the language introduced in the *Real Time* sections of the Students' Book. It provides a fresh context for the situational dialogues. There are interactive on-screen activities for each episode.

Class Audios

The Class Audios contain all the listening activities in the Student's Book, plus:

- · recordings of the reading texts
- recordings of the Words2know and Phrases2know.

Workbook

The Workbook reflects the order and reinforces the content of the Students' Book. It also provides additional training for writing and exam skills.

The Workbook contains:

- grammar practice with a *Grammar reference* on the same page with simple explanations and examples
- exam practice tasks in the skills sections
- extensive writing practice to build skills for typical exam text types, with model texts and explanations on the structure and content
- five self-assessment tests corresponding with the *Active Study* sections in the Students' Book. The answer key is provided for students to assess their progress before attempting the tests in the Test Master.

There is also a unique exam preparation programme:

- fifteen Exam Trainer sections with three Exam Tests
- activities to build reading, listening, speaking and English-in-use exam skills
- Exam Tips on how to deal with exam tasks
- an Exam Test for every five Exam Trainers, with an answer key for students to assess their progress.

Also in the Workbook is:

a full wordlist organised by topic.

The audio for the listening exercises is on the Skills Multi-ROM.

Skills Multi-ROM

The Skills Multi-ROM (supplied with the Workbook) is a unique skills builder that gives students the opportunity to interact in greater detail with the reading and listening texts in the Students' Book and the dialogues in the DVD, as well as the topic vocabulary. The activities can be used in class or for homework and checked in class. It contains:

- more skills practice exercises for each of the ten units including interactive communication tasks where students can roleplay and record their part of the dialogue
- five self-assessment tests (from the Workbook)
- midyear and end-of-year tests to prepare them for the class tests
- practice exercises on the topic vocabulary
- wordlists that can be sorted by unit or topic, with audio and example sentences
- the audio for the Workbook.

The Skills Multi-ROM is included in the Active Teach DVD-ROM so that the teacher can use the exercises in class.

The Teacher's Handbook

The Teacher's Handbook contains:

- teaching suggestions for key exercises
- background notes (Culture2know) on the content of the lesson
- answers for Students' Book and Workbook activities
- audioscripts for the Class and Workbook activities
- ideas for warm-up exercises, extension activities and discussions topics
- a Now your students can list summarising the points that students have learned in each lesson
- · board plans to give support when teaching grammar
- teachers' notes and information on when to use Mini Workbook, Workbook, Multi-ROM exercises and photocopiable activities in the Active Teach DVD-ROM.

Abbreviations used in the Teacher's Handbook:

SB = Students' Book; TR = Teacher's Resources (in the Active Teach and Website); WB = Workbook; M-ROM = Skills Multi-ROM (with the Workbook and in the Active Teach);

AS = Audioscript; BP = Board plans.

Active Teach

This DVD-ROM is the perfect teaching resource with everything you need and more to help you create perfect lessons.

for the classroom

- an interactive whiteboard of the Students' Book, with zoomable areas, integrated audio, DVD and interactive activities
- the Skills Multi-ROM so that the teacher can use these exercises in the classroom
- a bank of teaching materials in the Teacher's Resources section of the Active Teach to add a personal touch to lessons, with:
- photocopiable/downloadable grammar, vocabulary and skills activities
- activities to activate language introduced in Can you do it in English?
- activities based on the listening material in the Students' Book
- worksheets for the DVD
- ideas for short classroom activities.

to develop your teaching skills

- sixteen workshops on different aspects of language teaching
- ideas for using the classroom board in your lessons.

to create test materials

- the Test Master so teachers can photocopy the tests or manipulate them to prepare endless versions:
- placement tests (Intermediate → Upper Intermediate)
- ten short tests (one per unit), in versions A and B
- five skills tests and five Use Of English tests (one for every two units), in versions A and B
- speaking tests (for every unit)
- writing tests (one for every unit)
- midyear and end-of-year progress tests
- audio for the listening comprehension tasks
- all test material is also available in the Test Book and accompanying Audio.

Website

The *Real Life* website provides extra practice and reference material for both the student and teacher:

- visit the website at www.pearsonlongman.com/reallife for fun activities and downloadables
- · find out more about the authors
- watch and download video clips on a range of topics
- · find lots of ideas for classroom activities
- get more information about other related teaching materials.

How does the Students' Book work?

The Upper Intermediate Students' Book contains ten thematic units. Each unit consists of five two-page sections, each taking two forty-five-minute lessons. The Teacher's Handbook suggests where to break the two lessons but the boundary between them is generally flexible, making it easy to adapt the lessons to different learning styles.

The first two sections of the unit contain a vocabulary/skills lesson and a grammar lesson (*Grammar Focus*), so each unit has two grammar lessons.

The third section of each unit is an integrated skills section with extended reading skills and vocabulary work.

In odd units, the fourth section of each unit is a writing skills section which focuses on extended writing skills and vocabulary work. The final section is a *Real Time* section. *Real Time* focuses on functional language via listening and speaking and exam-type communicative writing tasks.

In even units, the fourth section of each unit is a *Real Time* section. The final section is an *Active Study* section. *Active Study* provides revision of the grammar and vocabulary from the previous two units and exam-type skills practice.

The *Mini Workbook* at the back of the book provides extra grammar and vocabulary practice exercises, suitable for class work or homework. The appropriate *Mini Workbook* exercises are signposted at the end of each lesson. These exercises are graded (from one to three stars), so that teachers can see at a glance which are appropriate for their students.

Grammar in Real Life

Grammar is key to building a student's confidence in using a foreign language and it is central to the syllabus of *Real Life*. Our aim is to revise and extend students' knowledge in as simple and straightforward a way as possible, while gradually developing their noticing and analytical skills. *Grammar Focus* provides clear explanations of the core grammar while *Grammar Plus* in the *Mini Workbook* provides additional information, for example *ought to* goes with modals of obligation and advice in Unit 4.

Visit www.pearsonlongman.com/reallife and download the video clip on teaching grammar.

Vocabulary in Real Life

Vocabulary in *Real Life* is systematic and thorough. Lexical sets on key exam topics like *jobs*, *education* or *the environment* are presented, developed and recycled through the topics. High-frequency 'power vocabulary' is also presented to help students understand texts and express themselves fluently, including many phrases and collocations, for example *reach the top* or *off the beaten track*.

Visit www.pearsonlongman.com/reallife and download the video clip on teaching vocabulary.

Reading in Real Life

Real Life contains a wide variety of text formats: magazine and news articles, fact files and encyclopaedia entries, quizzes and questionnaires, web pages, blogs and chat rooms, literary extracts, postcards and emails, brochures and notices. Reading is often integrated with work on the other skills, especially speaking and writing. Further reading material is included in the other course components (see pages ii–iii).

Visit www.pearsonlongman.com/reallife and download the video clip on teaching reading.

Listening in Real Life

There is a wide range of listening material in *Real Life*, including conversations and interviews, vox pops and monologues and radio and TV programmes. Each unit provides listening skills sections, and as with reading, key sub-skills and exam task-types are practised. There are also short pieces of listening material in other lessons. Wherever listening material contextualises target language, it is reproduced on the page, so that learners can see as well as hear the new language. The Skills Multi-ROM provides more practice exercises based on some of the listening texts in the Students' Book; the Teacher's Handbook has references to the listening exercises on the Multi-ROM that relate to the tasks in the Students' Book.

Visit www.pearsonlongman.com/reallife and download the video clip on teaching listening.

Speaking in Real Life

Speaking is an area in which many teenagers particularly lack confidence, both in their linguistic skills, and because they don't know what to say, or feel self-conscious in front of their peers. Our approach is to integrate speaking little and often, around topics that will motivate learners, and to choose issues that they have something to talk about. We provide models or a stimulus to get students thinking about the topic, and where useful, we include prompts to give students ideas and the language for expressing them.

In more extended speaking activities, for example *Can you do it in English?*, students are encouraged to plan what they want to say and are given useful phrases to help them communicate and express their ideas, for example they persuade their partner to go on holiday with them.

Visit www.pearsonlongman.com/reallife and download the video clip on teaching speaking.

Writing in Real Life

In Real Life, writing skills are presented in the Real Time sections, where we deal with typical communicative writing tasks (commonly set in exams), for example a description of an event, a formal letter and a CV. We always provide models and key phrases to support students and focus on the relevant sub-skills, such as paragraphing, as well. Writing skills are also developed in the writing section which appears in the fourth section of each odd unit. In each section, a model essay is provided, for example a 'for and against' essay, and analysis is made of the structure. A Language4writing box provides useful phrases for the students to use, for example listing arguments and introducing contrasting points. Each section ends with the student writing a first draft of an essay which they then check against a checklist of things to remember which is provided on the back cover. There is a full writing skills section in the Workbook and further practice exercises in the Skills Multi-ROM, also referenced from the Teacher's Handbook.

Visit www.pearsonlongman.com/reallife and download the video clip on teaching writing.

Learner Training and study tips in Real Life

Learner training in *Real Life* is simple and manageable. *Active Study* tips encourage learners to notice aspects of vocabulary, for example collocation, word formation, multi-word verbs and compound nouns. There are also simple tips in the *Active Study* revision sections, for example reminding learners to 'learn collocations' or 'notice sentence stress'.

Wide range of listening tasks, including typical exam tasks.

Controlled and less controlled practice exercises, with consolidation in the *Mini Workbook* at the back of the book.

Words2know recorded in Class Audios and Skills Multi-ROM to help students with pronunciation.

Vocabulary contained in Words2know to provide clear focus and make revision easier.

Vocabulary presented in context, through quizzes, fact files and other short texts.



Two grammar input lessons per unit.

New language is thoroughly contextualised.



Active Study sections help to develop students' awareness of lexical features, such as compound nouns.

Regular practice of typical exam-task types, for example roleplay and picture description.

Grammar2know section with rules of meaning and form.

Target language always on the page.

More practice in the *Mini Workbook* and other components.

Skills

All reading texts are recorded.

Skills such as skimming, scanning, predicting and guessing meaning from context developed systematically.

Special emphasis on exam-task types, for example true/false questions, multiple choice and matching exercises.



NOTICE IDIOMS Rewrite the sentences using an diom from the text that means the same as the anderlined words.

((line 3) have you got the necessary characteristics?

3 (line 13)... the most important element of

(line 23) is success just a matter of luck? (line 39) it was luck that gave him his first

(line 50) You probably won't become one of the best in your field.

secuse the questions.

Do you think Malcolm Gladwell's theory is generally true or not?

Can you think of any exceptions?

are within the students' grasp.

Modern, authentic-looking texts that

Real Time

Useful functional and situational language in Phrases2know boxes helps students prepare for exam tasks.

Model dialogues with appropriate phrases, prompts and structure provided to support students' learning.

Real Time presents functional language in real situations and teaches typical speaking exam tasks in realistic contexts.



Speaking activities clearly structured to minimise misunderstanding.

Useful checklists on p146 for easy reference and revision.

Regular revision of grammar and vocabulary.

Active Study

tivestudy1

- Jessica ___(date) a different boy every month,
 Kyung Ju ___ (currently/practise)
 for a concert.

Millie's blog

Vecabulary

- 5 Complete the sentences with the verbs below.

ACTIVE STREET - Marie Tonis Com-

Listening skills

Skills revision through

typical exam-task types.

- IN ALLOW Stock Manager Control of the Control of t
 - Writing checklists

Speaking skill



☐ Have you used some of the Language4writing ☐ Have you checked for grammar, spelling and punctuation mistakes?

- proclaim mistakes?

 3 A for and against essay (page 31)

 4 New you clickwest the paragraph structure?

 | One the for throuckstop point out that there are arguments on both sides?

 | One the for and against paragraphs contain two or three main points?

 | Are more and against paragraphs contain two or three main points?

 | Are there enough linking words and are they used correctly?

 | Does the conclusion give your opinion?

 New you checked for grammar, spelling and punctuation mistakes?

 4 A CV (page 41)

2 A formal letter (page 21) ☐ Have you followed the paragraph structure?
☐ Have you put all the elements in the correct places?

Have you followed the paragraph structure? Have you used some of the Language4writing Have you used the past tenses from page 6 correctly?

4 A CV (page 41)

- punctuation mistaker?

 5 A review (page 51)

 Have you followed the paragraph structure?
 Have you used some of the Languagedentling?
 Can you use any of the vocabulary in exercise 2?
 Have you checked for grammar, spelling and punctuation mistaker?

146

Mini Workbook

Mini Workbook with more grammar and vocabulary practice.

Full word list with phonetic transcription for each unit at the back of the book.

pouctuation mistakes!

**M A description of a place (page 101)

| Heave you followed the paragraph structure?
| Have you used some of the Language-inviting!)
| Heave you then some background information.
| described your coveral impression!
| Heave you described your first impressions and
given a general description?
| Heave you described the highlights?
| Heave you described the highlights?

//iniworkbook 🖁 🗀







Past tenses Underline the correct answer.

Joe: *Did you enjoy/Ho night?

- the book.

 There ____ (be) a fire while they ____ (make) the film but everyone ____ (escape).
- but everyone __(escape).

 3 The actors __would for three hours when I __larive) at the studic.

 Last yeas' Soca cremence __(be) very exciting, in the weeks before, everyone ___(guests) who might with. Most people ___inot guests correctly because three ___(be) a lot of surprises.

 5 I ___tremember all my lines for the scene because I ____treviously study) hard.

Sam Worthington: DID YOU KNOW *** 118** 2... 6 No Fors a firm in 2000. Market cause ** of him brind Market ** of him brind Market

- 1 a starred ./ b was starring c had starred 2 a never heard b had never heard 5 a appeared b had seen hearing c was appearing 4 a had eniquated b was c enigrated eniquated 5 a was leaving b left c had been leaving
- onsgrating bleft c had been eventuring a had been working a had been working a had considered b had been considered b considered c was working a had considered b considered c had been considered c had been considered c

Students' Book contents pages

Unit	Grammar	Vocabulary	Reading
1 Going to extremes	p5 Present tenses p6 Past tenses	p4 Success and achievements p7 Extreme adjectives and intensifiers p11 Adverbials in narrative	p6 Daniel Day-Lewis - does he take acting too far? p8 Reaching the top - have you go what it takes?
			REAL TIME p12
2 Living together	p14 Present perfect simple and continuous p17 Present and past habits	p14 Behaviour p16 Annoying habits p18 Relationships	p18 Happily ever after? REAL TIME p20
activestudy1 p22 •	Revision of grammar and vocab Learn collocations, word format	pulary from Units 1-2: tion, exam practice-multiple choice	THE RESERVE OF THE PARTY OF THE
3 Global network	p24 Future forms p26 Second conditional	p26 Technology p31 Linking words	p28 English is changing innit?
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4 Happy and successful	p35 Modals of obligation and advice p36 Future continuous and	p36 Work skills	p36 The inside track p38 Hard work
	future perfect	给我还有决策是	REAL TIME p40
activestudy2 p42 ·	 Revision of grammar and vocab Learn words in groups, sentence 		Reading: Multiple choice
5 Pop culture	p44 Passives p47 More complex question forms	p44 A performance p46 Pop music p48 Filmmaking and publishing	p48 Making it alone!
	forms	p50 Describing a film	REAL TIME p52
6 Something different	p55 Quantifiers p57 Relative clauses	p54 Food p56 Describing dishes p59 Travel	p58 Couch surfing - how to travel the world for free!
	THE MEDITAL PROPERTY.		REAL TIME p60
activestudy3 p62 •	 Revision of grammar and vocable Learn words in groups, exam pra 		
7 Body and mind	p64 Articles p66 Modals of ability	p64 Qualities of mind p68 Health	p68 Medical ethics
		p70 Describing people	REALTIME p72
8 Consumer society	p74 Reported speech p77 Reporting verbs	p74 Advertising p76 Shopping	p78 Generation debt
		p78 Money	REAL TIME p80
activestudy4 p82	Revision of grammar and vocab Word formation	ulary from Units 7-8:	Reading: Matching
9 Right and wrong	p85 Gerunds and infinitives p87 Modals of deduction	p84 Crime and justice p86 Truth and lies	p84 The Great Train Robbery p88 Crime and punishment
		p88 Punishment	REAL TIME p92
10 Life changes	p95 wish and if only p97 Third and mixed conditionals	p94 Home and environment p96 Buying and selling houses	p96 More than just a house for sa p98 Where will we live in the futu REAL TIME p100
activestudy5 p102		abulary from Units 9-10:	• Reading: T/F

Listening	Speaking	Writing
p4 Interviews	p4 Talking about hard work and motivation p9 Describing someone you admire	p10 A narrative
Conversations and descriptions	Talking about photographs Expressing an opinion	
p14 Radio programme p16 Relationship monologues	p16 Talking about annoying habits p19 Giving opinions	
Formal and informal telephone conversations	A formal phone conversation	A formal letter
· Listening: Listen for gist	Speaking: Photo description	Exam Trainer in the Workbook
p24 TV programme	p24 Talking about future gadgets p26 Talking about technology p29 Informal English (roleplay)	p30 A for and against essay
Interview and speech Giving a speech Answering simple questions about your		
p34 News report	p34 Discussing happiness p39 Making your case	
Job interview	A job interview	ACV
	• Speaking: Opinion speech	Exam Trainer in the Workbook
p46 Interview with a pop star	p44 Describing a performance p47 Interviewing	p50 A review
Conversations	Talking about statistics Talking about trends	
p54 TV programme p56 Website recommendations	p58 Discussing couch surfing p59 Persuading	
Conversations	Dealing with unexpected problems	A description of an event
· Listening: Multiple choice	Speaking: Photo discussion	Exam Trainer in the Workbook
p64 Radio programme p66 TV programme	p66 Discussing abilities p69 Expressing your point of view	p70 A description of a person
Conversations and speech	Giving a speech (2) Answering challenging questions	基本的工作。
p76 Story	p74 Discussing advertising p79 Giving advice	
Conversations and vox pop interviews	Agreeing and disagreeing	An anecdote
• Listening: T/F	Speaking: Expressing and justifying an opinion	Exam Trainer in the Workbook
p86 Stories	p86 Discussing hoaxes p89 Opinions	p90 An opinion essay
Conversations and interview	Interpreting headlines and articles Talking about photos, statistics and headlines	None and the State of the State
p94 Moving house monologues	p99 Making suggestions	
Conversations	Inviting and persuading	A description of a place
	Speaking: Photo comparison	Exam Trainer in the Workbook

going to extremes

SB pp. 4-5

Lesson

Draw students' attention to the objectives box at the top of the page. Tell students this is the grammar, vocabulary and phrases they are going to learn in this Unit. Tell them they will think about what they have learnt and what they can do at the end of every second lesson (i.e. at the end of every double-page spread).

The learning objectives for the unit are:

· Grammar:

Present tenses (present simple, present continuous, present perfect, present perfect continuous) Past tenses (past simple, past continuous, past perfect, past perfect continuous)

 Vocabulary: Success and achievements (e.g. natural talent, dedication, challenge) Extreme adjectives and intensifiers (e.g. very frightening, absolutely terrifying) Adverbials in narrative (e.g. all of a sudden, fortunately, eventually)

· Phrases:

Talking about photographs Expressing an opinion (e.g. A person I really admire is ..., He/She has achieved ..., I admire him/her because ...)

Culture 2 know

This background information will help you answer any questions students may have about the theme. You may want to give students some of this information but you should tailor it according to the needs of the class.

The Ironman Triathlon students read about in lesson 1 is held every year in Hawaii. It is the world championship of the event. Athletes take part in qualifying races in different locations around the world to earn a place to compete in it. It is a particularly challenging race; the water in which athletes swim is warm, the cycling leg takes place in strong winds, and the marathon is run in hot weather. As a result, just to cross the finishing line is considered a victory. Both men and women can compete in the race (women are also called Ironmen), and there is a special category for athletes with disabilities.

Warmer

Introduce the topic of achievements and goals. Check students understand the meaning of the words and the difference between them:

an achievement: something important that you have done that required special effort or determination

a goal: something that you hope to achieve in the future

Tell students about some of your own achievements and goals or those of people they are familiar with (e.g. scientists, writers, musicians, actors, sports people, politicians). Elicit other things that may be considered achievements and goals and write them on the board so that students can refer to them in exercise 1, e.g.

achievements:

- learning to play a musical instrument
- winning a sports competition
- getting a good grade in an exam

goals:

- to speak another language well
- to travel to a particular destination
- to get an interesting job

Listening & Vocabulary SB p. 4

1 Have students read the example sentences and point out how they can express their ideas, e.g. I've ..., I know how to ..., I want to ..., I would like to ... Students discuss their ideas in pairs.

2 Tell students to look at the pictures and the title of the article and ask:

What are the three people doing? (They're running a race, playing the piano, and taking part in a beauty contest.) What do you think the title means? (A person who is dedicated works very hard at doing something because they think it is important.)

Students do the exercise. After checking answers, ask:

Which of the things is an achievement and which is a goal? (PJ: a goal, Amy and Carolina: achievements).

How is each person 'dedicated'? (PJ is training hard to compete in the Ironman event, Amy spends several hours a day practising the piano. Carolina must work hard to be perfect.)

Answers: Philip (PJ) Foster's goal is to compete in the Ironman event and become one of the youngest competitors to complete it. Amy Hur has passed top level exams in the piano and cello at the age of eleven. Carolina Carrizo has won a place at the Miss Venezuela School in Caracas.

3a 1.3 Have students do the exercise in pairs. Elicit and write their ideas on the board. Play the audio for students to check their predictions.

Answers: PJ runs, cycles and swims. Amy practises the piano and the cello. Carolina learns everything you need to win beauty competitions.

3b Explain to students that it is a good idea to take notes while they listen. Tell them to write key words and information but not to write complete sentences.

Play the audio again for students to make notes. Have students compare answers. If necessary, repeat the audio before checking answers with the class. Elicit and write answers in note form on the board to check.

Answers:

PJ trains for 10-18 hours a week - running, cycling, swimming.

Amy practises for 4 hours a day - 2 on cello, 2 on piano. She practises a bit more at weekends.

Carolina learns how to walk properly, give interviews, speak English, learns about politics and works out for 3-4 hours a day in the gym.

4 1.4 Words 2 know

Students check the words in blue in their dictionaries. If you are going to do the Mini Workbook exercises, have them make a note of the related verbs and adjectives, too. Draw a table on the board and have students complete it in their notebooks.

Noun	Definition	Verb	Adjective
motivation		motivate	motivating/motivated
dedication		dedicate	dedicated
challenge		challenge	challenging/challenged
satisfaction		satisfy	satisfying/satisfied
inspiration		inspire	inspiring/inspired
discipline		discipline	disciplined
achievement		achieve	achievable
respect		respect	respected
pressure		pressurise	pressured
competition		compete	competitive
sacrifice		sacrifice	sacrificed

Note: the -ed adjectives describe how a person feels and the -ing adjectives describe what causes the feeling.

Students answer the questions. Play the audio and pause after each question for students to answer. Focus on the pronunciation of the *Words2know* and have students repeat each one.

Answers: 2 Amy 3 PJ 4 Carolina 5 Amy 6 Carolina 7 Amy

5 SPEAKING

Have students read the questions and check that they understand worthwhile (if something is worthwhile, a person doesn't mind spending time and effort on it). Put students into pairs to discuss. First, they should show their partner the three questions they chose and then they discuss the questions selected.

After students have finished speaking, go through each of the questions one by one and ask who discussed the question. Elicit answers from different pairs of students. Encourage them to debate the points by asking further questions and try to involve as many students as you can. Ask:

Why is/isn't the work and sacrifice worthwhile?
What do dedicated sports people or musicians have to give up?
Is it healthy to dedicate too much time to one thing?
Why is it motivating to do difficult things?
What positive and negative points are there about competition?
Why is it important to be disciplined?

MINI WORKBOOK exercise 8 page 106

8

Answers: 2 disciplined 3 pressure 4 competition 5 challenge 6 satisfaction 7 dedicated 8 achievement 9 satisfying

Lesson 2

Warmer

If there has been a gap between the previous lesson and this one, find out what students can remember about the stories of PJ Foster, Amy Hur and Carolina Carrizo. Write key information about the three people on the board and ask students which person they relate to:

eighteen (PJ) practises every day (Amy) swims and cycles (PJ) passed top level exams (Amy) learns to speak English (Carolina) runs 42 kilometres (PJ) works out in the gym (Carolina)

Grammar Focus SB p. 5

Present tenses

- **6** Write four sentences on the board. Elicit the tense in each sentence and the form of the tense:
- She practises every day. (present simple: third person s)
- She's practising at the moment. (present continuous: be + -ing)
- He has competed in races before. (present perfect simple: have + past participle)
- He has been training since he was young. (present perfect continuous: have + been + -ing)

Students read the texts about PJ, Amy and Carolina again and find examples of the tenses:

- present simple: She practises for several hours every day.
- present continuous: PJ is currently training for this year's race.
- present perfect simple: Beauty queen Carolina has recently won a place at the Miss Venezuela School in Caracas, ...
- present perfect continuous: She has been playing the piano and the cello since she was six ...

Grammar 2 know

Students do the exercise.

Answers: 2 b 3 f 4 e 5 d 6 b 7 b 8 c 9 f

Draw or display **Board plan 1.1**. If you think that students would benefit from having a written record of the board plan, have them copy it into their notebooks.

8 Students read the exercise. Tell them to notice any words that can help them choose the correct tense, e.g. *this season, recently, just* and *this week*.

Students do the exercise individually. Have them compare answers before checking with the class.

Answers: 2 have been doing 3 have just found 4 are really improving 5 have won 6 isn't playing 7 is recovering

- **9a** Tell students that they can write the name of a person they know, e.g. a brother, a parent, friend, etc. Alternatively, they can write their own name if they play a sport or a musical instrument well, or have another skill. Make sure everyone has told their partner the name of a person and their skill.
- **9b** Remind students that they need to make questions with you, he or she, depending on the person their partner chose, and to select an appropriate verb. Do some examples to show students the questions they can ask:

Which sport does he/she play? Which musical instrument does he/she play? Which sport do you play? Which musical instrument do you play?

Suggest that fast finishers write more questions, e.g.

When did you start playing it? How often do you practise? What are you preparing for? What did you win?

Students interview their partner using the questions they have prepared. After they have finished, ask them to decide which of the two people they spoke about is the most dedicated. Elicit from different pairs who is the most dedicated, and why.