



高等教育“十二五”规划教材

大学英语

四级 水平 测试

李 霓 张金陵 主编



科学出版社

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北 京

内 容 简 介

本书是大学英语一线教学团队根据大学英语四级辅导讲义编写的教材。全书按照英语四级考试题型分成四大模块,即写作、听力、阅读理解和综合测试。每个模块又按照题型分析与应试技巧讲解,真题讲解和模拟演练的顺序编排,让学生由浅入深、由表及里地了解大学英语四级考试,并通过真题和模拟题的交替练习帮助学生巩固基础知识,熟练掌握四级考试相关考点。

本书适用于高等学校非英语专业本科学生,以及准备四级考试的考生和辅导四级考试的指导教师。

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前 言

如今，英语四、六级考试的辅导书可谓汗牛充栋、良莠不齐，众多想通过考试的学生往往感到难以选到合适的书籍。学生呼唤精品，读者需要精品。为帮助英语基础较为薄弱的学生提高英语水平，增强应试能力，通过四级考试，我院 10 余位老师秉承严谨治学的优良传统，本着质量第一，学生第一的原则，从构思到完稿历时三年，认真仔细地寻觅梳理，深入细致地探讨研究，同时将他们多年来在一线教学、辅导考试的经验融入书籍的编写，经反复检查修改，最终升华凝练成这本四级辅导教材——大学英语四级水平测试。

本书将四级考试内容分为写作、听力、阅读、综合测试四大板块，编者通过题型分析、应试技巧讲解、真题和模拟题讲解与分析帮助考生熟悉各个题型特点和考点，并通过真题讲解、模拟题练习达到各个题型突破，最终顺利通过四级考试的目的。

综上所述，本书具有如下鲜明特点：

精选

《大学英语四级水平测试》以考点荟萃典型考题，紧扣最新四级考试大纲，设题科学，考点覆盖面广，针对性强。

精解

《大学英语四级水平测试》以近年真题为例精解考点，洞悉四级考试的命题思路和命题特点，剖析四级考试的各种题型，解释每种题型的应试技巧，使学习者既知其然又知其所以然，做到举一反三，成竹在胸。

精练

《大学英语四级水平测试》精心编制模拟试题，帮助学习者在短期内熟悉、掌握四级考试的重难点，快训实战，从容过关。

本书由重庆师范大学涉外商贸学院李霓老师和张金陵教授担任主编，并负责策划和统稿工作，赖琴琴、李星霓、李娟、简坤燕、杨娥、杨照担任副主编，白宇坤、何进、程利、曹述迁、林芸、刘伊娜、帅易琼、谭小花、王雪、谢燕、余培、张丽连、张可、张韵等参加编写。

由于时间仓促，水平有限，错误和不当之处在所难免，竭诚欢迎读者批评指正。

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单元一 写 作

一、题型分析

纵观近十年四级作文题目和写作要求，四级作文主要可以分为以下六种题型：现象解释型作文、问题解决型作文、选择对比型作文、观点论证型作文、记叙文写作及应用文写作。

（一）现象解释型作文

现象解释型作文要求考生对某一社会现象或某一特定图表进行解释、分析，并加以评论，其基本结构是：首先说明现象或分析图表；其次阐述现象或分析结果产生或存在的原因；最后总结观点，提出建议或解决方法。

1. 社会现象解释型作文

社会现象解释型作文提供中文写作提纲，要求阐释某一社会现象的存在，而后按照题目要求分析其存在原因或者带来后果；最后做出总结或提出解决方法。

例 1 Use of Disposable Plastic Bag (2008.12)

Directions: For this part, you are allowed 30 minutes to write a short essay entitled Use of Disposable Plastic Bag. You should write at Least 120 words following the outline given below:

- 1) 一次性塑料袋曾被广泛使用；
- 2) 造成的问题；
- 3) 限制使用的意义。

Use of Disposable Plastic Bag

Disposable plastic bags were once widely used in China. When we went shopping at supermarkets and departments stores, shopping assistants often provided free plastic bags for our convenience. For a while, life without them seemed unimaginable for most of us. People often explain their dependence on them, “it is convenient to use plastic bags and is a symbol of the improvement of people’s life.”

However, disposable plastic bags do bring severe damage to our environment. Taking a look around you, you can find examples too numerous to list: When you walk on the street, you can see plastic bags flying over your head; When you walk along the river, you can find plastic bottles floating on the water; When you stroll in the park with your friend, you can

notice waste paper thrown everywhere.

Nowadays, the government has formulated relevant regulations for limiting the use of disposable plastic bags: they are not free any more. In some shopping places, in order to awaken the public awareness of environmental protection, plastic bags are offered in a much higher price. As a result, people are changing their behavior: paper and clothing bags that vanished for a long time come back to our daily life. It is true that by limiting its usage, everyone in this society contributes some effort to the improvement of the environment.

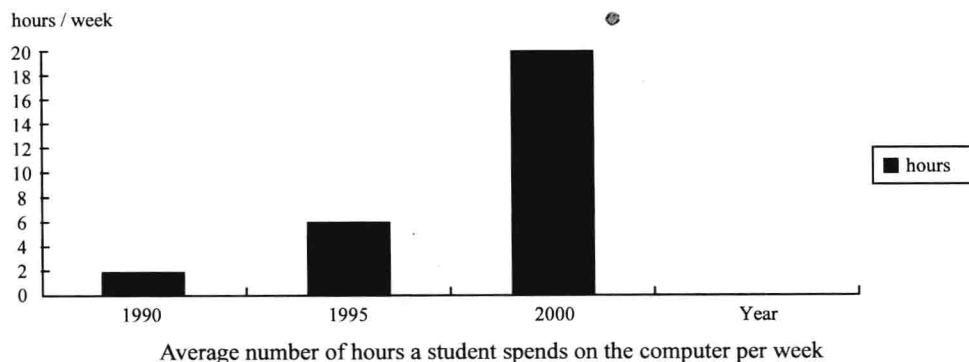
范文第一段首先指出现代生活广泛使用一次性塑料袋的现象, 分析其原因; 第二段主要分析其造成的危害; 第三段指出政府限制一次性塑料袋使用的解决措施及意义。

2. 图表分析型作文

图表分析型作文可综合提供题目、数据、图像、提纲。这种题型要求考生在描述图表的基础上, 围绕题目并将有关信息转化为文字形式, 分析相关现象或问题, 提出个人观点并加以评论。这种类型的作文难点就在于, 考生不仅需要具备一定的写作能力, 还需要具有一定的数据分析和材料归纳的能力。这种类型的作文首先应根据图表总结归纳信息, 点明主题; 然后对图表中所体现的问题或现象进行分析; 最后做出总结或给予简单评论。

例 2 Average Number of Hours a Student Spends on the Computer per Week (2002.6)

Directions: For this part, you are allowed 30 minutes to write a short essay entitled Average Number of Hours a Student Spends on the Computer per Week. You should write at Least 120 words following the outline given below:



- 1) 上图所示为 1990 年、1995 年、2000 年某校大学生使用计算机的情况, 请描述其变化;
- 2) 请说明发生这些变化的原因 (可从计算机的用途、价格或社会发展等方面加以说明);
- 3) 你认为目前大学生在计算机使用中有什么困难或问题。

Average Number of Hours a Student Spends on the Computer per Week

From the chart given above we can see that great changes have taken place in student use of computers in the university, the average hours the student spent on computers per week increased rapidly from about 2 in 1990 to 20 in 2000, more than 9 times higher. This rapid increase proves that students were in closer contact with computers.

To account for this phenomenon, people have come up with various reasons as listed below. In the first place, with the drop in prices of computers, more students could afford, therefore they could spend much more time on computers. In the second place, the computers were applied to wider and wider use and students had to take advantage of this modern invention. The last but not the least, the development of society pushed computers into more dormitories.

Along with the time spent on computers, there arise some problems. The most serious one is that many students use computers only to play PC games so that they ignore their studies. It is urgent to let the students use computers in a proper way.

这篇范文首先根据所给图表的文字和数字提示指出从 1990 年到 2000 这十年间, 大学生平均每周电脑的使用时间由 2 个小时增加到 20 个小时; 然后分析了出现这一巨大变化的原因; 最后指出这种变化存在的问题并提出这一问题应该及时解决。

(二) 问题解决型作文

问题解决型作文常出现在四六级考试中。此种类型的试题经常要求考生就某种社会现象进行分析、解释, 然后提出建议或解决问题的方法。此种类型作文的写作, 首先应提出问题, 指出其危害性或解决该问题的迫切性; 然后对问题展开分析——解释其原因或背景; 最后提出解决问题的方法或应对的措施。

例 3 How I Finance My College Education (2000.1)

Directions: For this part, you are allowed 30 minutes to write a short essay entitled How I Finance My College Education. You should write at Least 120 words following the outline given below:

- 1) 上大学的费用 (tuition and fees) 可以通过多种渠道解决;
- 2) 哪种渠道适合我 (说明理由)。

How I Finance My College Education

Nowadays, tuition and fees for college education are much higher than ever before. How to finance college education has become a matter of concern for many students.

There are many ways for students to finance their college education. Most students get all

of the money from their parents. And they can apply for the scholarship. Most universities set up scholarship to offer money to the poor students who do well in entrance exams and reward those who work well at university. They can also apply for the loans with low-interest especially set up for college students. In addition, taking part-time jobs or doing a full-time job in vocation is also a common way for college students to earn money to pay their tuition and fees.

As for me, I get the help of my parents to finance my college education, but I also do part-time jobs to earn some allowance. Having acquired most of the tuition and fees from my parents, I needn't worry too much about the money and can concentrate on my study; on the other hand, a part-time job in my spare time makes my campus-life colorful. I can make a lot of friends, improve my abilities and learn lots of knowledge. So, I choose this way to cover my tuition and fees.

这篇范文第一段直接点题：如何支付大学学费已成为学生们关注的问题。第二段提出了多种解决办法，父母的支持、奖学金、贷款、做兼职等。最后，作者指出自己是如何解决这个问题并说明这样做的原因。

（三）选择对比型作文

选择对比型作文也是四级考试中常出现的一种题型。这种类型的作文主要是针对某个问题，有两种不同观点（优缺点或利弊），要求考生对这两种不同的观点进行分析，说明理由，而且要求考生要表明自己的观点或倾向。其常见形式是：①目前存在某个问题，人们有不同的观点；②两种观点各自的理由；③我的看法。

例4 The Spring Festival Gala (2006.12)

Directions: For this part, you are allowed 30 minutes to write a short essay entitled The Spring Festival Gala. You should write at Least 120 words following the outline given below:

- 1) 许多人喜欢在除夕观看春节联欢晚会；
- 2) 有些人却提出取消春节联欢晚会；
- 3) 在我看来……

The Spring Festival Gala

There is always a heated discussion over the issue of the Spring Festival Gala organized by CCTV. Some people are in favor of the program, while others think that the program is a waste of money and time and should be cancelled.

People who like the gala view it as an annual staple on the traditional Chinese Spring Festival Eve for most people to spend the holiday, and they feel that they can find nothing else to do. Besides, the program can offer some topics for their family, friends and relatives. However, those who argue against the gala and propose to cancel it believe that the gala costs

a lot of money, but the quality is not as good as expected. Moreover, people may do something else if the gala is cancelled. For example, the family may play games, or chat with each other.

As is discussed above, it is obvious that there is some truth in both arguments. From my perspective, now we don't have anything better to replace the gala. Spring Festival Gala is not only a traditional program, but also a grand performance. When the whole family gets together and watches the wonderful shows, it can bring us lots of things, such as friendship, happiness and love.

这篇范文一开篇就指出人们对春晚持有的不同看法——有人喜欢，有人希望取消春晚。第二段分别对正反双方的观点做出了阐述。第三段表明了作者自己的立场并进一步说明自己为什么不同意取消春晚。

(四) 观点论证型作文

观点论证型作文在四级考试中出现频率很高，是议论文写作的基本题型。此类作文往往要求考生根据题目给出论点，按照提纲的结构要求展开论证，然后表明自己的立场和看法。通过摆事实、讲道理的方式剖析事物，论述道理，发表意见，确立或反驳某一观点。要求论证合理、有说服力，语言规范，前后文连贯。对于这类文章，可采用“三段论”的结构展开写作：首先提出观点，而后论证；最后总结。具体参看下面的结构：

第一段：提出观点。

- 1) 主题句：通过背景或现象描写引出观点或直接提出观点；
- 2) 扩展句：阐述观点中蕴含的道理。

第二段：列举论证。

- 1) 主题句：引出论据，开始论证观点；
- 2) 扩展句：列举例子，并做进一步说明。

第三段：总结观点。

- 1) 主题句：承接上文，重申观点；
- 2) 扩展句：提出建议或指出注意事项；
- 3) 结尾句：总结全文，指出正确的做法或态度，呼应论点。

例 5 It Pays to Be Honest (2003.1)

Directions: For this part, you are allowed thirty minutes to write a composition on the topic It Pays to Be Honest. You should write at least 120 words according to the outline given below in Chinese:

- 1) 当前社会上存在着许多不诚实的现象；
- 2) 诚实利人利己，做人应该诚实。

It Pays to Be Honest

Honesty is one of the most treasured traditional values in China. The children are taught

to be honest when they are very young. At schools the students are also instructed to be honest.

However, it's true that dishonesty exists almost everywhere in the society. For example, some people try to get rich and live a comfortable life. But they do not work hard honestly, instead they cheat others. They sell something quite ordinary at a very high price, claiming it is a priceless piece he inherited from his great grandfather; and there are students cheating in order to pass the exams or get high marks; moreover, we are not short of examples that many rich professionals evade the taxes by sacrificing the interests of government.

But have you seen the result of these dishonest behaviors? Those dishonest merchants will be driven out of business one day. As to the cheating students, they will regret of wasting time yet being empty-handed when they graduate from school. On the contrary, honesty makes us hold much more, including a good reputation and a clear conscience, which are the best qualities of human beings. In summary, honesty can't only benefit others but also oneself. We should be honest.

这篇范文对做人应该诚实这个观点进行了论证。首先提出观点：“It pays to be honest”，第二段提出现实中种种不诚实的现象，第三段叙述了不诚实带来的不良后果，进而从反面论证了诚实的必要性。最后一句对全文进行总结并点题。

(五) 记叙文写作

在近几年四级考试中，记叙文写作出现的频率较小。记叙文写作就是对某一事件展开叙述，写作中要注意对记叙文写作的六大要素的描述，即事件发生的时间、地点、人物、起因、发展和结果。记叙文写作中需要注意全文时态的一致性和统一性。

例 6 In Honor of Teachers on the Occasion of Teacher's Day (2005.5)

Directions: For this part, you are allowed 30 minutes to write a short essay entitled In Honor of Teachers on the Occasion of Teacher's Day. You should write at least 120 words following the outline given below:

- 1) 向老师表达节日祝贺;
- 2) 从一件小事来回忆老师的教诲和无私的奉献;
- 3) 我如何回报老师的关爱。

In Honor of Teachers on the Occasion of Teacher's Day

September 10th is a special occasion, Teacher's Day, on which we students can appreciate our admired teachers.

In my memory, Mr. Wang, my English teacher in primary school, impressed me most in my past school years. At that time, I was poor in English, which made me very depressed. Mr. Wang, a patient teacher, did not have any prejudice against me, who was left behind by others.

On the contrary, he encouraged me and made an individualized plan for me. Highly motivated by this, I got interested in this subject, found the efficient methods and managed to catch up with others.

I will never forget those who have dedicated all their efforts to help me grow intellectually. I think only by working hard and making my due contribution, can I reward my teachers.

这篇范文首段对事情的起因和主题进行交待。第二段回忆起中学的一位老师。在第二段的记叙中, 统一运用了过去时态, 交待清楚了时间背景、地点、人物和事件。最后一段进行总结, 引出这段记忆给作者带来的影响和结果。

(六) 应用文写作

应用文的范围很广, 包括书信、便条、广告、简历以及通知等诸多方面。大学英语四级考试中应用文出现的频率不高, 本节主要对报告、演讲辞进行初略分析。

1. 报告

报告(report)是指向某人、某公司或政府机关通报值得注意的一些事实的文件。在编写报告时, 要注意下列事项:

弄清楚为谁写这份报告, 为什么写;

语言尽量简洁;

表达有特色;

报告写完后, 对主要观点进行总结。

一般四级考查的是短文式报告(Report in Essay Style), 这类报告通常包括三部分: 引言(introduction), 正文(body), 结论(conclusion)。

例7 An Eye-witness Account of a Traffic Accident (2003.6)

Directions: For this part, you are allowed thirty minutes to write An Eye-Witness Account of a Traffic Accident. You should write at least 120 words according to the outline given below in Chinese:

假设你在某日某时某地目击一起车祸, 就此写一份见证书。见证书须包括以下几点:

- 1) 车祸发生的时间及地点;
- 2) 你所见到的车祸情况;
- 3) 你对车祸原因的分析。

An Eye-witness Account of a Traffic Accident

Last Sunday morning I was standing at the bus station, waiting for Bus No. 403. Since it was rush hour and several lines passed by, many people had gathered to wait for the next bus, some on the lawn, and others off the pavement.

At last, a bus pulled into the station. As soon as it reaches, people already swarmed

forward and fought their way to the door. Suddenly I heard somebody shout "Help! Help!" from the crowd. All the passengers looked toward the direction where the sound came from. An old woman was lying on the road nearby the bus door, bleeding. I was frightened. An ambulance came and took the woman to hospital. Buses came and went, but I just stood there, lost in thought.

Probably because of the fast pace of life in modern society, people are always in a hurry, otherwise they may be left behind and even dismissed. There can never find peace in mind. Thus it arises some traffic accidents. If there were less pressure on people, there might be fewer accidents.

上文要求写的见证书其实就是向交通管理部门通告交通事故发生的经过,属于报告文体。见证书第一段对事故发生的背景(时间,地点)进行交代;第二段详细叙述事情发生的经过和车祸情况;最后一段是见证人自己的看法。书写报告一定要注意叙述的客观性和真实性。

2. 演讲辞

一般来说,演讲包括六个部分:问候语(Greetings),提出话题(Presentation of the Topic),论述话题(Discussion of the Topic),结束话题(Conclusion of the Topic),呼吁行动(Appeal to Action)和结尾语(Closing Remarks)。当然,根据具体情况,可以把问候语、提出话题合为一段,论述话题一段或两段,而把结束话题、呼吁行动以及结尾语融在一起为一段。

例8 A Campaign Speech (2005.1)

Directions: For this part, you are allowed 30 minutes to write a campaign speech in support of your election to the post of chairman of the student union. You should write at least 120 words following the outline given below in Chinese.

- 1) 你认为自己具备什么条件(能力,性格,爱好)可以胜任学生会主席工作;
- 2) 如果当选你将会为本校同学做什么。

A Campaign Speech

Good morning, ladies and gentlemen! I am honored to be a candidate for the president of the students' union. I am a senior and come from the Foreign Language Department. I think I am qualified to work for the union as the president for the following reasons.

To begin with, I joined the students' union the moment I entered this university, and have been the president of that organization one year later. Consequently, I have accumulated abundant experiences in organizing activities and communicating with students. Besides, I have a belief of serving for the benefits of students and the university as well. All my classmates and teachers give me high praises due to my contributions during my term. More importantly, I believe I am an active person full of enthusiasm for a

wide range of things.

If I am lucky to be elected as the president, I will whole-heartedly serve my fellow-mates and my school. I will organize various activities to make the life even more colorful and do more work to help our learning. Please give me this chance. Thank you.

这是一篇参加竞选的演讲辞。范文第一段将问候语和提出话题合为一段，提出竞选学生会主席的请求。第二段论述话题，严格按照题目要求，从个人条件（能力、性格、爱好等）方面展开叙述。第三段将结束话题、呼吁行动以及结尾语融在一起，设想如果当选能为同学们做的事情（这也是题目中第二点要求）；然后呼吁大家选择自己，并致谢，结束演讲。

二、应试技巧

写作是大学英语四级重要题型之一，分值占总分的 15%，答题时间为 30 分钟。根据教育部颁布的《大学英语教学大纲》的要求，大学英语四级考试写作的命题形式有以下几种：首尾句作文、提纲作文、图表作文、命题作文、书信体作文等。要求能就一定的话题或提纲在半小时内写出 120~150 词的短文，能写短信或便条，文章力求表达意思清楚，观点鲜明，层次清晰，无重大语法错误。要写好一篇作文，考生应注意以下几点：

（一）合理安排时间

四级写作在时间上要合理安排，写作部分要求在 30 分钟内写出一篇 120~150 词的短文，文章不长，但需要有头有尾，有论有据。因此对整个时间的规划很重要。建议安排如下：5 分钟写提纲，20 分钟完成写作，5 分钟检查。

（二）认真审题

审题是写作的第一步，也是写好一篇文章的关键。审题，就是通过阅读写作题目和其他信息及要求，正确把握题目的含义和文章的中心，构思出符合写作要求的提纲。为了防止因时间不足而虎头蛇尾，写作时一定要安排好时间。最好先写下提纲和要点，以便写作时有章可循。

（三）文章的整体性和连贯性

一篇优秀的作文主要体现在结构的整体性和内容的连贯性。四级作文一般都采用“三段论”结构。第一部分明确提出作者的观点、看法，为文章的开端；第二部分是文章的主体。这一部分应该提供充分的论据论证前面的观点；第三部分是文章的结尾，对前面内容进行总结。这三部分之间应该合理运用过渡，将各段落紧密联系成一个整体。文章

前后内容应连贯，做到言之有理。

(四) 语言得体，避免语法错误

四级作文要求语言通顺，合乎逻辑，无重大语法错误。

(五) 句型多元化

行文中交替使用简单句，复杂句和复合句，使语言表达多元化，更能为文章锦上添花。以上几点就是四级作文的写作要求和应试技巧。

三、真题讲解及分析

2011 年 12 月真题

Directions: For this part, you are allowed 30 minutes to write a short essay entitled **Nothing Succeeds without a Strong Will** by commenting on the humorous saying, "Quitting smoking is the easiest saying in the world. I've done it hundreds of times." You should write at least 120 words but no more than 180 words.

2012 年 6 月真题

Directions: For this part, you are allowed 30 minutes to write a short essay entitled **On Excessive Packaging**. You should write at least 150 words following the outline given below.

- 1) 许多商品都存在过度包装的现象;
- 2) 出现这种现象的原因及其带来的后果;
- 3) 为了改变这种状况，我认为……

答案及详解

2011 年 12 月真题

Nothing Succeeds without a Strong Will

Everyone tries to achieve success in his life and career. However, someone firmly attains his goal while others fail. Why? Because people's will of success varies from each other. If keeping pursuing one's dreams no matter what would be in the way, people will finally succeed some day.

To take quitting smoking as an example, some regard it as a piece of cake. They make up their minds to quit it in the morning, but in the evening they feel that the smell of cigarettes is tempting. Their mouths are becoming thirsty, and their hands are shaking. After an inner