

主编◎吴英丽

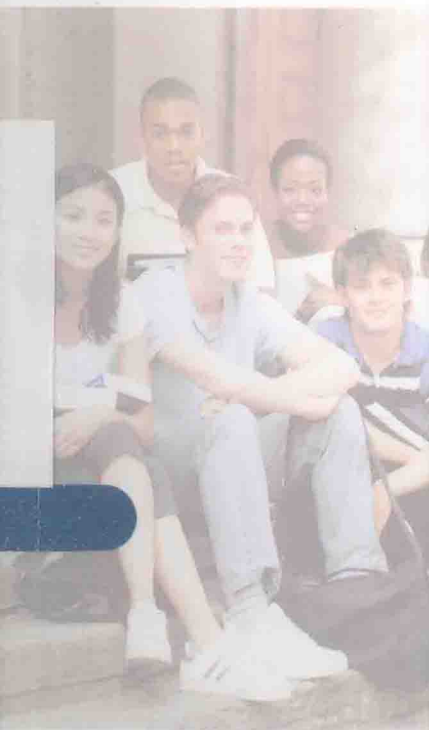
The new
curriculum
college
English



新课程
大学英语

综合教程

(第3册)



南京大学出版社

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English

江苏省高校哲学社会科学研究项目成果 (2014SJD127)

新课程
大学英语
综合教程

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编写说明

1. 使用对象

本套教材针对全日制非英语专业大学本科学生编写,共四册,供第一学年和第二学年两个学年使用。

2. 编写依据

本套教材以教育部颁发的《大学英语课程教学要求》为指导,在设计与编写中力求从学生的实际需求出发,立足大多数学生的学习水平,注重与其高中基础阶段英语教学的衔接,充分体现了《大学英语课程教学要求》所倡导的教学原则、内容和方法。

3. 编写目标

本套教材的总体目标是:通过四个学期的英语学习,使学生具备较高的阅读能力和一定的写作与翻译能力;培养学生的英语综合运用能力,使他们能够顺利地通过四、六级英语考试,能在以后的工作和社会交往中用英语有效地进行口头和书面的信息交流;提高学生的自主学习能力,使他们掌握良好的语言学习方法和具有较高的综合文化素养,以适应未来社会发展的需要。

在这一总体目标的指导下,本套教材第一册侧重培养学生对积极词汇和句子结构的运用能力,使其熟练掌握常用的构词法和英语简单句结构。阅读方面:通过阅读让学生掌握基本的阅读技能,使其能够读懂和所学课文语言难度相当的文章。写作方面:能熟练地用英语简单句结构进行书面写作。翻译方面:能够把课文中的短语、句型等直接套用到翻译中来,快速准确地做到活学活用。

第二册侧重扩展学生的词汇量,培养学生的自主学习能力,完成与高中基础阶段英语教学的衔接。阅读方面:能够运用所学的阅读技能进行快速阅读,了解英美文化特征,能够进行中西方文化对比。写作方面:能用所学的英语复合句、复杂句以及复合复杂句写出段落,弄清段落的构成特点和常见的写作思路。翻译方面:能灵活运用课文中的适当句型、短语和词汇来翻译复杂长句或一段文章。

第三册侧重培养学生的阅读能力。阅读方面:扩大阅读量,提高阅读速度,加强理解领悟力。能读懂国内英文报纸上的大部分文章,能用所学的阅读技巧轻松地完成同级水平的阅读理解习题。写作方面:由学会写段落转向学会写完整的短文。写作的侧重点由句子组织、段落组织转向篇章组织,要求学生具备谋篇布局的能力。翻译方面:能借助词典对题材熟悉的文章进行英汉互译,译文能基本上传达原文的意思,学会在翻译时使用恰当的翻译技巧。

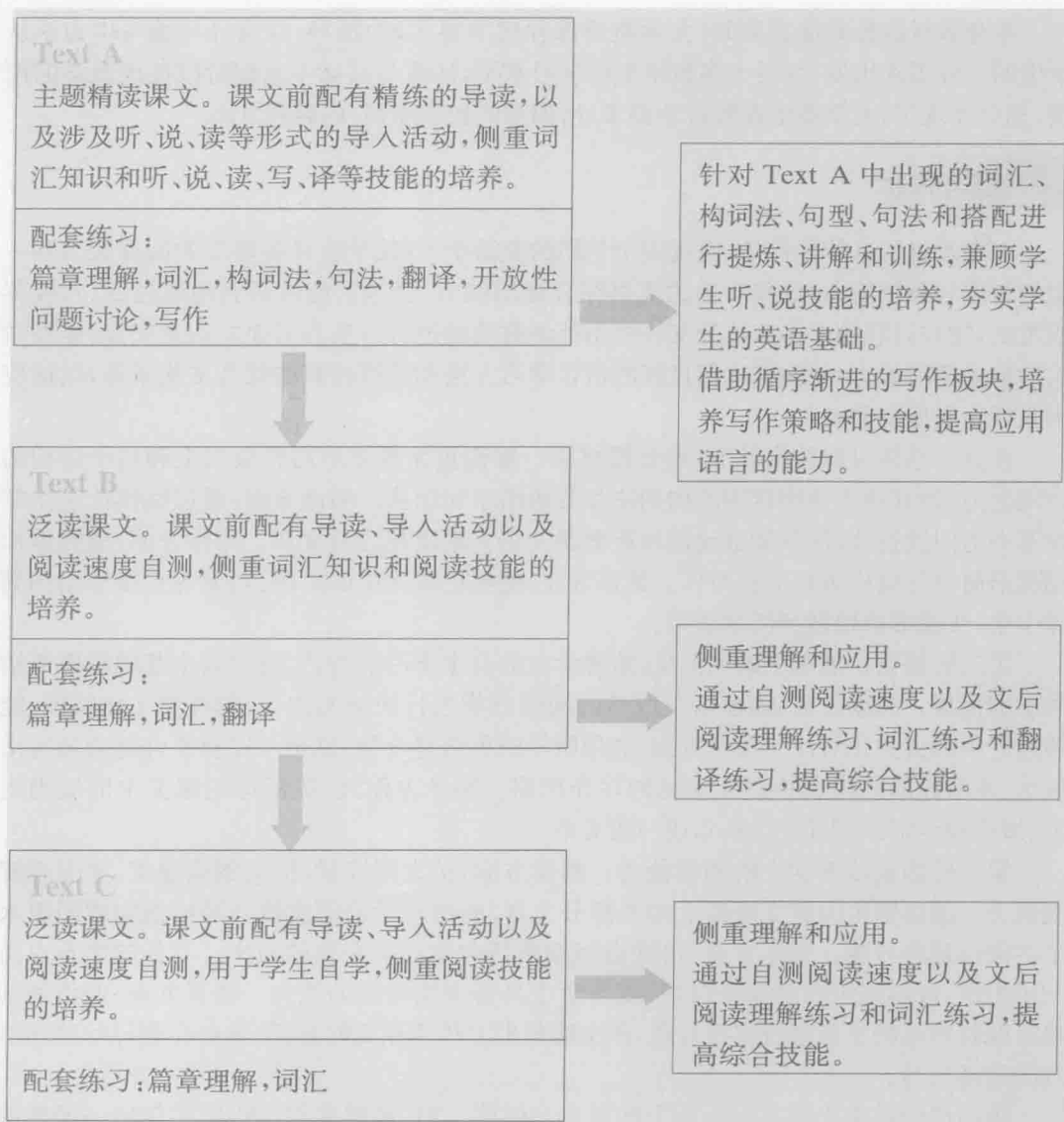
第四册侧重学生语言运用能力的培养。阅读方面:能顺利阅读难度中等的一般性题

材的文章,掌握中心大意,并能进行一定的分析、推理和判断,领会作者的观点和态度。写作方面:能在阅读难度与课文相仿的书面材料时做笔记、回答问题、写提纲,能就一定的话题或提纲在半小时内写出 120~150 词的短文,运用常见的修辞手法写出应用文如英文书信等。翻译方面:能借助词典将难度略低于课文的英语短文译成汉语,理解正确,译文达意。

4. 编写体例

本套教材共四册,每册八个单元,每个单元围绕同一个主题展开,主题内容涵盖生活、学习、情感、时尚、健康、人际交往、经济文化、人与自然等方面。

每单元结构如下:





5. 配套资源

除教材之外,本套教材还配有教师用书、多媒体课件和 MP3 光盘。教师用书提供课文的参考译文和课后练习参考答案;多媒体课件提供背景知识、文化信息、语言点讲解以及与课文相关的文本、音像资料等;MP3 光盘提供课文与生词的录音。

前 言

本套教材针对全日制非英语专业大学本科学生编写,以教育部颁发的《大学英语课程教学要求》为指导,在设计与编写中力求从学生的实际需求出发,以学生的学习与发展为根本,充分体现了《大学英语课程教学要求》所倡导的教学原则、内容和方法。同时,本套教材在编写理念和设计上借鉴并采纳了近几年来的先进教学实践成果和优秀教材编写范式。

本套教材共分四册,每一册由八个单元组成,每一单元有三篇文章,围绕一个主题,内容彼此联系。选文力求新颖、睿智、励志、经典。体裁丰富多样,既有经典的文学佳作,也有优美的时文。语言地道,内容新颖,贴近学生生活,反映时代潮流。

从教材特色上来看,本套教材每篇课文都设计了精练的导读,使学生整体把握课文的提要,尽快进入该课文的主题。每一单元中的第二篇和第三篇文章前设置了阅读速度自测,以帮助学生监控自己的阅读速度,培养阅读策略,提高阅读技能和自主学习能力。

每一单元的三篇文章难度合理,并具有梯度性,其中第一篇文章为精读课文,第二篇和第三篇为泛读课文,但难度不同,方便不同层次的学生使用。同一级别的学生也可以根据不同材料实现精读、泛读等不同阅读目的,充分满足了个性化、分层外语教学的需求,方便教师根据不同层次的教学对象合理选择,并灵活实施不同的教学方案。

课后练习题的设计从学生的实际水平出发,遵循循序渐进的原则,着重培养学生的听、说、读、写、译等各项技能。多项练习与现行的大学英语四级考试题型紧密结合,以帮助学生提高语言应用的综合能力和应试能力。

全套教材对每册词汇的分布做了严格的筛选。编写中参照普通高中英语课程标准词表和大学英语课程教学要求词表,使用 Paul Nation 的词汇分布分析软件,使每册书中的词汇分布得到有效控制。每篇课文后的生词根据一定的标准进行了分类。其中,无符号标记的词汇为一般要求词汇;★标记的词汇为较高要求词汇;▲标记的词汇为更高要求词汇;●标记的词汇为超纲词汇。

除此之外,本套教材还配有教师用书、多媒体课件和 MP3 光盘。教师用书提供课文的参考译文和课后练习参考答案;多媒体课件提供背景知识、文化信息、语言点讲解以及与课文相关的文本、音像资料等;MP3 光盘提供课文与生词的录音。

本套教材是 2014 年度江苏省高校哲学社会科学项目成果(项目名称:江苏省独立学院学生英语水平动态调研以及配套教材建设——以四所学院为例。项目批准号:2014SJD127),得到了省教育厅和南京师范大学的支持和资助。此外,本套教材在编写过程中得到了南京师范大学外国语学院马广惠教授的指导和帮助,在此表示衷心感谢!

由于水平有限,经验不足,教材中难免存在一些问题和不足之处,敬请各位专家、同行批评指正,以便我们再版时改进。

编委会

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Unit 1 Travel

Text A Travel—the Best Choice to Shake off Your Solitude

I returned home a believer in the healing power of solitary travel.

Text B A Fellow Traveler

By being merciful I could reassert the moral dignity of man and go back to my corner with honor.

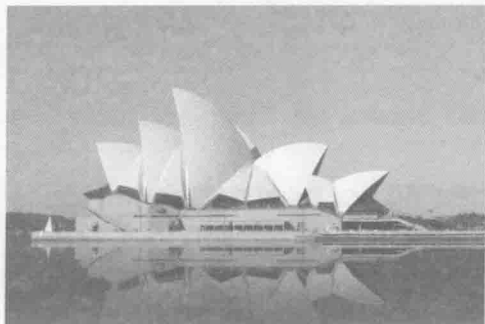
Text C My Traveling Companion

The penguin spends most of its time sitting on my dresser—a reminder that love is the best traveling companion.

巴黎真美,此时的我虽然独自一人,猛然间我却并不感到孤独。战胜恐惧和脆弱的成就感让我感到从未有过的舒畅,也不再有了被抛弃的感觉。旅游归来,我已对独自出游所带来的治愈力量深信不疑。

Pre-reading Activities

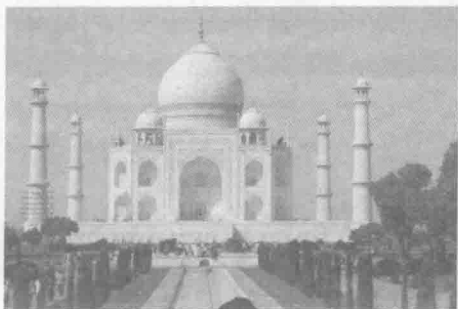
1. Look at the following pictures and answer the questions.



(1)



(2)



(3)



(4)



(5)



(6)



(7)



(8)



(9)



(10)

- (1) In which country will you find the scenery in each picture?
- (2) Which country do you want to visit most? Please give an oral report on the country briefly.

2. Look at the following quotations on travel and discuss the questions below.

Travel only with thy equals or thy betters.

—The Dhammapada

Only by going alone in silence, without baggage, can one truly get into the heart of the wilderness. All other travel is mere dust and hotels and baggage and chatter.

—John Muir

(1) Which do you prefer? Traveling with others or going alone?

(2) Have you traveled alone? What is it like?

Every perfect traveler always creates something when he travels.

—Nikos Kazantzakis

Too often ... I would hear men boast of the miles covered that day, rarely of what they had seen.

—Louis L'Amour

Most of my treasured memories of travel are recollections of sitting.

—Robert Thomas Allen

(1) What can travel bring you except photos?



(2) What can we do to make our travel more meaningful?

3. Look through the passage, and then read the five quotations once again. Which one can predict the idea of the passage best?

- Travel only with thy equals or thy betters.
- Only by going alone in silence, without baggage, can one truly get into the heart of the wilderness. All other travel is mere dust and hotels and baggage and chatter.
- Every perfect traveler always creates something when he travels.
- Too often ... I would hear men boast of the miles covered that day, rarely of what they had seen.
- Most of my treasured memories of travel are recollections of sitting.

Now read the passage and check your prediction.

Text A

The man who goes alone can start today; but he who travels with another must wait till that other is ready.

Travel—the Best Choice to Shake off Your Solitude

1 I had a ticket. I had my passport. And he had cold feet. I might have known fairy tales don't come true.

2 Seven months out of my marriage, I had met the "great love of my life". We dated a year. I'd always longed to see Europe, and, with my divorce final, we planned the trip together. Then two weeks before takeoff, he took off. Having experienced two breakups, I felt as if I'd been through a double divorce. Here I was, thirty-nine years old, with two small children, and facing my ultimate fear: a life alone.

3 Was I ready to spend a month in Europe by myself? I had a hard time going to a movie alone! But it did seem now or never. The kids would be with their dad; the money came as part of my property



settlement, and I had a job waiting when I returned. Okay, if I was going to be lonely for the next few years, I might as well start by being lonely in Europe.

4 The highlight of my journey was to be Paris, the city I'd always wanted to see. But now I was frightened to travel without a companion. I steeled myself and went anyway.

5 I arrived at the train station in Paris frightened and disoriented. I hadn't used my college French for twenty years. Pulling my red suitcase on wobbly wheels behind me, I was pushed by travelers reeking of cigarette smoke. The roar of many languages bombarding me seemed unintelligible—just babble.

6 On my first Metro ride, I encountered an incompetent, clumsy pickpocket. I melted him with a look, and he eased his hand from my purse to fade into the crowded car. At my stop, I hauled my heavy suitcase up the steep stairs and froze.

7 Cars zoomed helter—skelter. Somewhere in this confusing city hid my hotel, but the directions I had scrawled suddenly weren't legible.

8 I stopped two people. Both greeted me with the Parisian countenance that said: "Yes, I speak English, but you'll have to struggle with your French if you want to talk to me." I walked up one street and across another. A wheel broke off my suitcase. When I finally found the hotel, my heart was pounding. I was sweating like a basketball player and my spirits drooped. They were destroyed altogether when I saw my room.

9 I couldn't stay. Could I? The wallpaper looked like it had been through a fire. The bedsprings creaked. The bathroom was down the hall, and the window looked out onto the brick wall of another building. Welcome to Paris.

10 I sincerely wanted to die. I missed my friend. I was entering my third week away from home and my kids, and I had arrived in the most romantic city in the world, alone. Alone and lonely. Alone, lonely and petrified.

11 The most important thing I did in Paris happened at that moment. I knew that if I didn't go out, right then, and find a place to have dinner, I would hide in this small room my entire time in Paris. My dream would be foregone, and I might never learn to enjoy the world as a single individual. So I pulled myself together and went out.

12 Evening in Paris was light and pleasant. I strolled along a winding path, listening to birds sing, watching children float toy sailboats in a huge fountain. No one seemed to be in a hurry. Paris was beautiful. And I was here alone but suddenly not lonely. My sense of accomplishment at overcoming my fear and vulnerability had left me feeling free, not abandoned.



13 I wore out two pairs of shoes during my week's stay in Paris. I did everything there



was to do, and it was the greatest week of my European vacation. I returned home a believer in the healing power of solitary travel. Years later, I still urge divorcing or widowed friends to shake off their solitude in the form of solitary travel.

14 Those who have gone have returned changed even by a four-day weekend in Santa Fe, a ride up the coast or an organized tour of Civil War battlefields. Traveling alone redeems itself by demanding self-reliance and building the kind of confidence that serves the single life well.

15 Certainly Paris became my metaphor for addressing life's challenges on my own. Now when I meet an obstacle I just say to myself, if I can go to Paris, I can go anywhere.

New Words *

fairy /'feəri/	n.	小精灵,小仙子
* takeoff /'teɪkɔ:f/	n.	开始,(飞机的)起飞,(喻)(经济的)起飞
	a.	起跳的,起飞的
• breakup /'breɪk'ʌp/	n.	(关系、联盟的)终止,解散,别离
ultimate /'ʌltɪmət/	a.	极端的,最大(高,终)的
	n.	终极(限)
property /'prɒpəti/	n.	财产,所有物;房产;性质,性能
steel /sti:l/	n.	钢
	vt.	使坚强
• disoriented /dɪs'ɔ:rientɪd/	a.	分不清方向或目标的,无判断力的

* 单词表中一般要求词汇无标记,较高要求词汇标记为*,更高要求词汇标记为▲,超纲词汇标记为●。



• wobbly/'wɒblɪ/	<i>a.</i>	摇摆的, 颤动的, 歪斜的
	<i>n.</i>	恶臭, 水蒸气, 烟
• reek/'ri:k/	<i>vi.</i>	散发臭气, 冒烟
	<i>vt.</i>	用烟熏; 散发出……的气息
• bombard/bɒm'bɑ:d/	<i>vt.</i>	炮击, 轰炸
• unintelligible/ˌɪnɪn'telɪdʒəbl/	<i>a.</i>	不能理解的, 莫名其妙的; 模模糊糊的
• babble/'bæbəl/	<i>v.</i>	喋喋不休, 含糊不清地说, 牙牙学语
▲ metro/'metrəʊ/	<i>n.</i>	地铁
incompetent/in'kɒmpɪtənt/	<i>a.</i>	无能力的, 不能胜任的
• pickpocket/'pɪk'pɒkɪt/	<i>n.</i>	扒手
melt/melt/	<i>v.</i>	(使)融化; (使)消散, (使)逐渐消失
• helter-skelter/ˌheltə'skeltə/	<i>ad.</i>	忙乱地, 仓促地
• scrawl/'skrɔ:l/	<i>v.</i>	潦草地写, 乱涂
legible/'ledʒəbəl/	<i>a.</i>	可辨认的, 易读的
• countenance/'kaʊntənəns/	<i>n.</i>	面容; 赞同
• droop/dru:p/	<i>v.</i>	低垂; 下垂; 枯萎
wallpaper/'wɔ:lpeɪpə/	<i>n.</i>	壁纸, 墙纸
	<i>v.</i>	用壁纸盖住, 糊墙纸
• bedspring/'bedsprɪŋ/	<i>n.</i>	(安置在床架上的)弹簧床垫
▲ creak/kri:k/	<i>v.</i>	(使)嘎吱嘎吱作响
	<i>n.</i>	嘎吱声
• petrify/'petrɪfaɪ/	<i>vt.</i>	使发呆; 使……变成化石
forego /fɔ:'gəʊ/	<i>v.</i>	放弃; 居先, 在……之前
* stroll/strɔ:l/	<i>n.</i>	散步, 闲逛
	<i>v.</i>	散步, 溜达; 奔波
accomplishment/ə'kʌmplɪʃmənt/	<i>n.</i>	完成; 成就; 才艺

• vulnerability/ˌvʌlnərəˈbɪləti/	n.	弱点,攻击;易伤性;致命性;脆弱性
believer/bɪˈli:və/	n.	信徒
solitary/ˈsɒlɪtəri/	a.	独自的;唯一的;孤独的,隐居的
widow/ˈwɪdəʊ/	n.	寡妇
battlefield/ˈbætlfi:ld/	n.	战场
▲ redeem/rɪˈdi:m/	v.	赎回,挽回;履行,兑现
reliance/rɪˈlaɪəns/	n.	依靠,依赖
metaphor/ˈmetəfə(r)/	n.	隐喻,暗喻,象征
obstacle/ˈɒbstəkl/	n.	妨碍,障碍(物)

Phrases and Expressions

long to	渴望做……
take off	脱下;起飞;匆匆离开
now or never	勿失良机,机不可失,时不再来
might as well	还是……的好,不妨,莫如
break off	(使)分离,(使)脱离,停止,断交
pull oneself together	振作起来,定神

Proper Names

Parisian/pəˈrɪziən/	巴黎人(的)
Santa Fe/ˈsæntəˌfeɪ/	圣达菲(位于美国)