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200例

主编/徐菊洪 郑广平

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东华大学出版社



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编者的话

我们是一群酷爱折纸技艺的人，在邵顺娣老师的组织带领下创办了“折纸沙龙”从2004年开始坚持到现在，每个月一次借用东华大学出版社的会议室，邀请上海市折纸大师徐菊洪老师给我们传授他自己创作的折纸作品和介绍国内外的优秀折纸艺术。

我们是一群传承折纸艺术的人，通过街道社区、学校、老年大学、书展等各种场合，用我们的智慧和技艺给喜欢折纸的朋友们和孩子们表演、展出、传授折纸技艺，我们先后出版了《纸艺苑——基础折纸》、《纸艺苑——折纸情》系列折纸丛书1至6册、《纸艺苑——折纸娃娃》、《纸艺苑——学成语学折纸》、《纸艺苑——折纸折花》、《纸艺苑——折纸装饰画》、《经典折纸360》等书籍，供大家学习，分享美的艺术，使生活更美好！

我们收集了近年来徐菊洪大师创作的折纸作品和民间简单易学、喜闻乐见的折纸作品200多个，汇编成《经典折纸（续）》一书。每一个作品都配有直观的示意图和详细的文字说明，简单易学，通俗实用，供孩子们和喜欢折纸艺术的朋友们学习。此外，本书还收录了多种等分线段、等分角度和制作正多边形的方法，供大家参考。

衷心感谢折纸大师徐菊洪老师多年来对我们的指导，由衷地感谢东华大学出版社的领导和作者们的辛勤劳动和大力支持，特别感谢东华大学出版社的编辑邵顺娣和马文娟老师的关心和帮助，为出版我们的书籍花了不少心血和辛勤劳动，还要感谢一直积极参加“折纸沙龙”的范围英、马敏芳、邵烈范、张勇利、郭孔屏等老师对出版此书的关心和支持。

编者

2014年8月于上海

前言

折纸是中华民族传统的民间手工艺，它是劳动人民智慧的结晶。折纸艺术是幼儿园和中小学中手工艺和艺术教育课程的重要内容之一。

折纸取材方便，只需一张纸或几张纸，经过折、叠、转、卷、翻、剪、裁、撑、拉、画、贴、组合，折呀折呀，就能千变万化，折出各种各样生动有趣、栩栩如生、活灵活现、丰富多彩的奇妙形象。

本书收集了人、服饰、生活用品、玩具、建筑、交通工具、武器、陆生动物、昆虫、禽鸟、两栖与水生动物、植物等折纸作品。本书介绍的折叠方法简明易懂。小孩学习折纸，只需家长、老师稍作辅导和指点，就能学会。

本书所收集的折纸作品和讲授的折叠方法不仅会激发孩子们的极大兴趣，也让青年人、老人们情趣盎然、童心不泯。许多家长和老师通过辅导小孩学习折纸，不仅加深了与孩子们的亲和力，在同享成功喜悦之时，也渐渐地喜欢上了折纸艺术。

折纸可以丰富孩子们的想象力，发展孩子们的思维能力，锻炼孩子们的意志，培养孩子们的审美能力和美工技能，因此，折纸是对孩子们进行智力开发的有效手段。通过折纸活动，可以使孩子们从小养成认真的劳动态度和良好的情操，而且对将来学习几何、物理等学科都会有很大帮助。

折纸也有利于老年人健脑，防止老年人头脑老化、智力衰退。折纸使手指充分活动，通过刺激神经末梢，活跃老年人的空间想象和创造能力，对提高老年人的生活情趣和对艺术的欣赏能力有很大的益处。

世界公认折纸艺术起源于中国，后来它以独特的魅力广泛流传到日本、欧洲和世界各地。值得一提的是，日本人把这门传统艺术发扬光大，并发展成为日本的国粹之一。我们期待中国的民间折纸艺术在传承中创新，源远流长、活力无尽。为此，编者愿尽绵薄之力，并以此书献给孩子们和喜欢折纸艺术的朋友们。

编者在《经典折纸360》一书中收集和绘制了民间360多个传统经典的作品图形，现又收集和绘制了200多个作品图形，汇编成《经典折纸游戏200例》一书，每一个作品都配有直观的示意图和详细的文字说明，简单易学、情趣无限。目的在于继承和弘扬、推广和发展中国传统艺术文化，让更多的小孩、老人和青年朋友们喜欢折纸艺术，代代相传，流芳百世！

限于编者水平与经验，加之成书时间仓促，错误和不受之处实属难免，敬请折纸爱好者和同行们批评指正。

编者

2014年8月于上海

目录

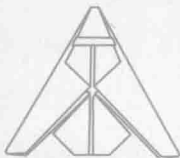


基础折法（正方形纸）	11
一、双三角形	11
二、双正方形	11
三、双菱形	12
四、单菱形	13
五、四角向中心折	13
六、双梯形(双体船)	14
七、反折双菱形	15

一、人物



1. 婴儿/16



2. 圣诞老人(I)/17



3. 圣诞老人(II)/18



4. 圣诞老人(III)/19



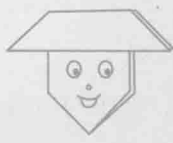
5. 圣诞老人(IV)/20



6. 圣诞老人(V)/22



7. 圣诞老人(VI)/24



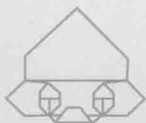
8. 人头(I)/25



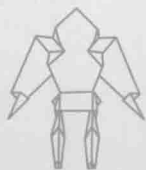
9. 人头(II)/26



10. 奥特曼/27



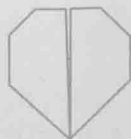
11. 蓝精灵/29



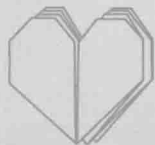
12. 机器人/31



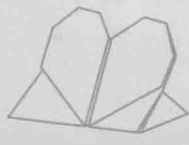
13. 嘴唇/32



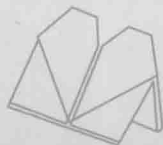
14. 跳动的心/32



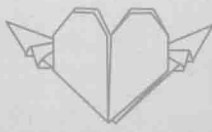
15. 红心/33



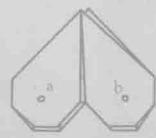
16. 红心小摆件(I)/33



17. 红心小摆件(II)/34



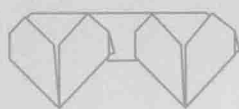
18. 带着翅膀的心/34



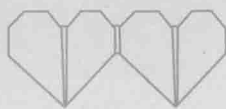
19. 红心不变/35



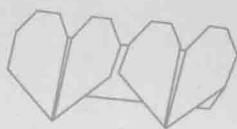
目录



20. 心连心(I)/36

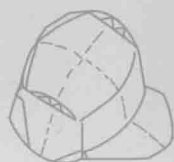


21. 心连心(II)/36

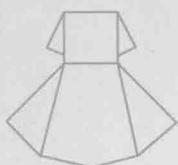


22. 心连心小摆件/37

二、服饰



1. 帽子/38



2. 连衣裙(I)/39



3. 连衣裙(II)/40



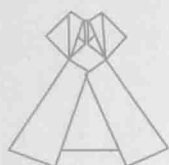
4. 连衣裙(III)/41



5. 连衣裙(IV)/42



6. 连衣裙(V)/43



7. 连衣裙(VI)/44



8. 大衣/45



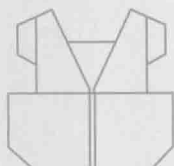
9. 女式套装/46



10. 衬衫与领带/47



11. 儿童连衣裙/48

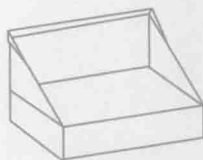


12. 婴幼儿连衣裤/49

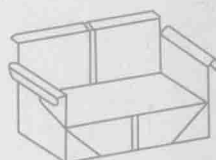


13. 圣诞袜子/50

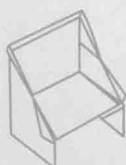
三、生活用品



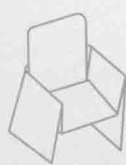
1. 沙发(I)/51



2. 沙发(II)/52



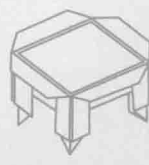
3. 椅子(I)/53



4. 椅子(II)/55



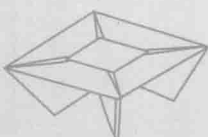
5. 椅子(III)/56



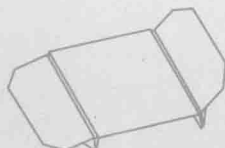
6. 方桌/57



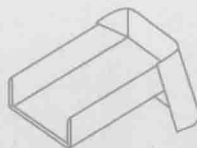
7. 方凳/58



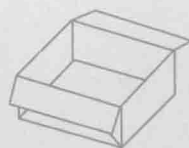
8. 茶几/59



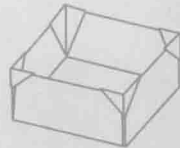
9. 躺椅/60



10. 滑梯/61



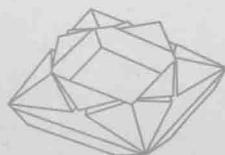
11. 方盒(I)与长方盒/62



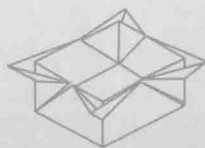
12. 方盒(II)/62



13. 方盒(III)/63



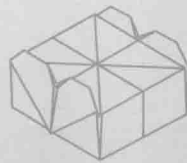
14. 方盒(IV)/64



15. 方盒(V)/65

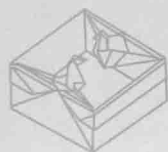


16. 带双红心的方盒/66

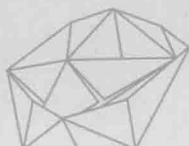


17. 带双红心的方盒盖/67

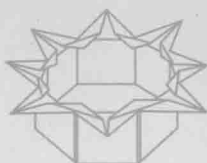
目录



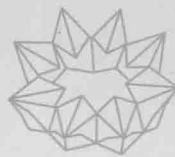
18. 方盒内的两只小鸟/68



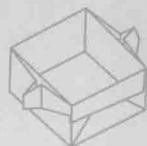
19. 八角盒(I)/69



20. 八角盒(II)/70



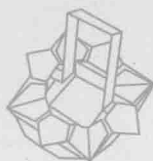
21. 八角盒(III)/71



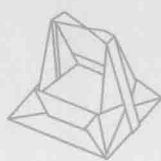
22. 方锅/72



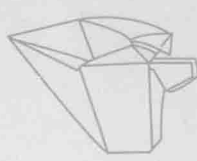
23. 四角花篮/72



24. 八角花篮/73



25. 篮子/74



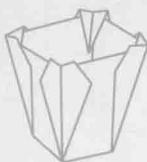
26. 浇花水壶/75



27. 花瓶(I)/76



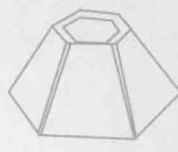
28. 花瓶(II)/77



29. 花盆/78



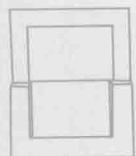
30. 讲台/79



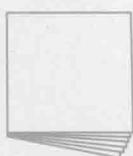
31. 灯罩/80



32. 提兜/81



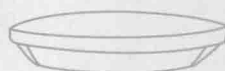
33. 书包/81



34. 书/82



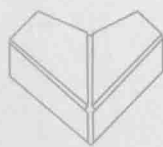
35. 挂钟/83



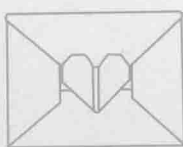
36. 浴缸/83



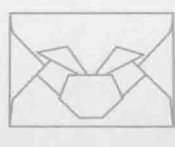
37. 剪刀/84



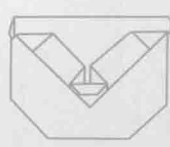
38. 心形信封/85



39. 带红心的信封/85



40. 带兔子头的信封/87



41. 钱包/88

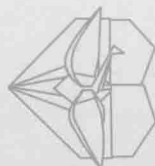


42. 柜子/89

四、玩具



1. 红心和鹤小摆件/91



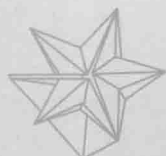
2. 红心和鹤/92



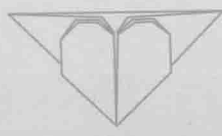
3. 鹤形筷子套/93



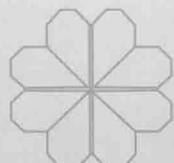
4. 心形筷子套/94



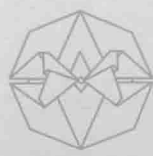
5. 五角星/95



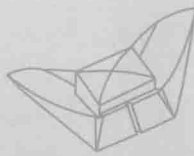
6. 爱心书签/95



7. 四心杯垫/96

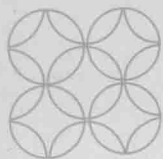


8. 盘中蝴蝶/97



9. 金元宝/98

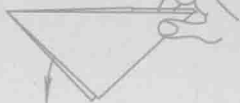
目录



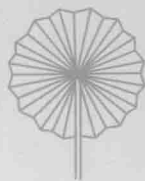
10. 调色盘(五芯)/99



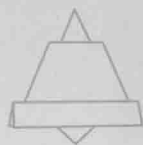
11. 灯笼/100



12. 响炮/100



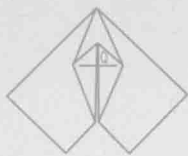
13. 扇子/101



14. 圣诞铃/101



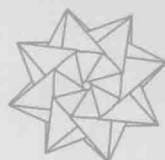
15. 摇铃/102



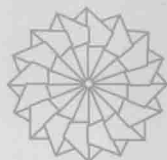
16. 单手飞碟(I)/103



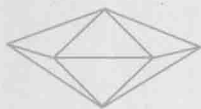
17. 单手飞碟(II)/103



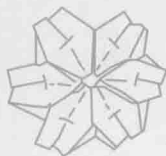
18. 八角飞盘/104



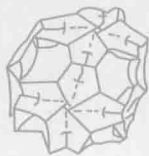
19. 十六角飞盘/105



20. 五角飞碟/106



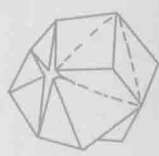
21. 四叶飞碟、五叶飞碟
与六叶飞碟/107



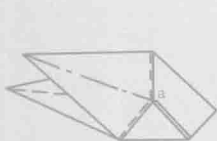
22. 切顶六面体/108



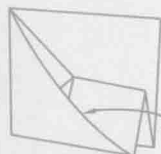
23. 正十二面体/108



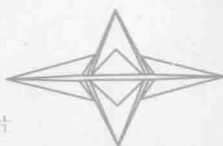
24. 正十二面体(球)/109



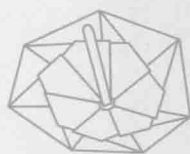
25. 玩偶/110



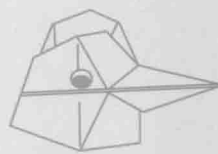
26. 名片夹/110



27. 星星/111

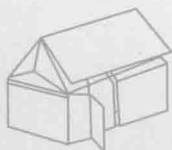


28. 陀螺/112

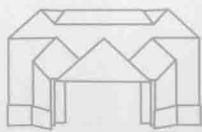


29. 小鸟的头饰/113

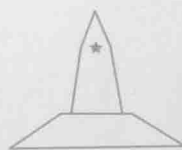
五、建筑物



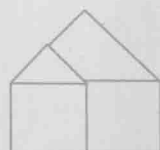
1. 立体房子/114



2. 学校/115



3. 纪念碑/116

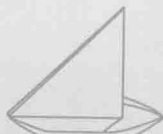


4. 连着的两幢房子/117

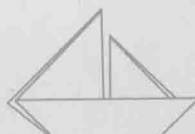
六、交通工具



1. 舢板/118



2. 帆船(I)/119



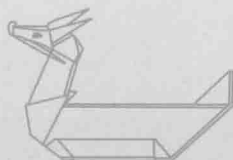
3. 帆船(II)/120



4. 汽艇/121



5. 龙舟(I)/122

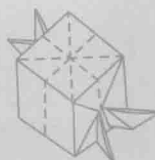


5. 龙舟(II)/123

七、武器



1. 手枪/125

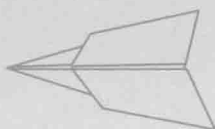


2. 卫星/126

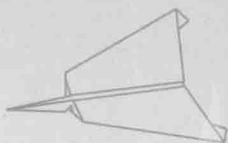
目录



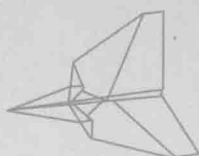
3. 火箭/127



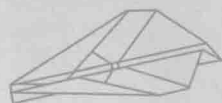
4. 歼击机(I)/128



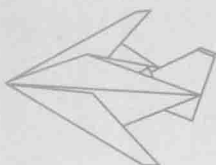
5. 歼击机(II)/128



6. 歼击机(III)/129

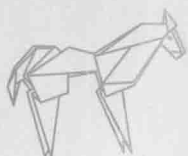


7. 战斗机(I)/129

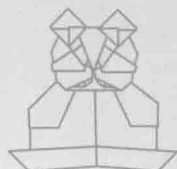


8. 战斗机(II)/130

八、陆生动物



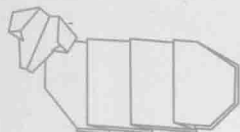
1. 马/131



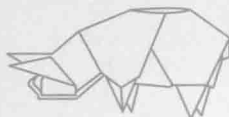
2. 熊猫(I)/132



3. 熊猫(II)/134



4. 羊/136



5. 猪/137



6. 老鼠(I)/138



7. 老鼠(II)/139



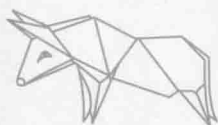
8. 兔子(I)/140



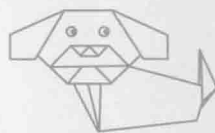
9. 兔子(II)/141



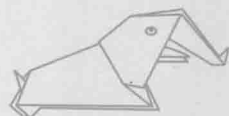
10. 兔子(III)/142



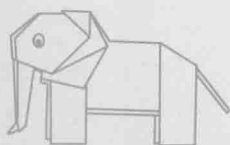
11. 牛/143



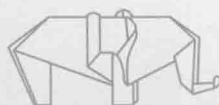
12. 狗/145



13. 大象(I)/146



14. 大象(II)/146



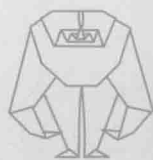
15. 大象(III)/148



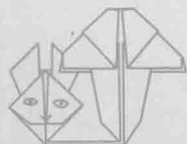
16. 狐狸/149



17. 长颈鹿/150



18. 猩猩/151



19. 兔子与蘑菇/152



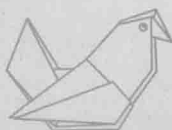
20. 蜗牛/153

九、昆虫

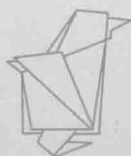


1. 牛虻/155

十、禽鸟类



1. 母鸡/156



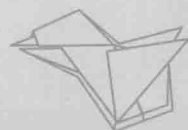
2. 小鸡/157



3. 小鸡啄米/158



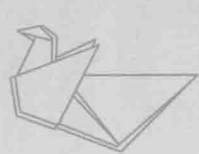
4. 飞鸟(I)/159



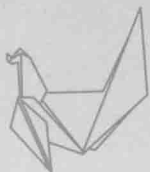
5. 飞鸟(II)/159



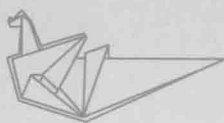
目录



6. 飞鸟(III)/160



7. 飞鸟(IV)/161



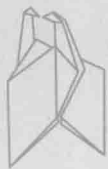
8. 飞鸟(V)/162



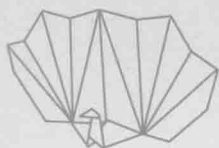
9. 飞鸟(VI)/163



10. 飞鸟(VII)/164



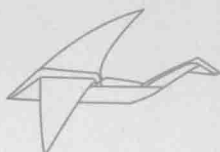
11. 恩爱双鸟/165



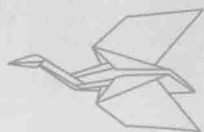
12. 孔雀/166



13. 天鹅/167



14. 白鹭/168



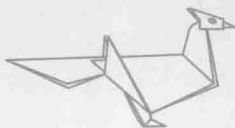
15. 大雁/169



16. 海鸥/170



17. 凤凰/171

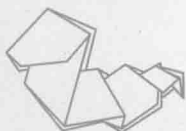


18. 野(山)鸡/172



19. 猫头鹰/173

十一、两栖 与水生动物



1. 蛇(I)/174



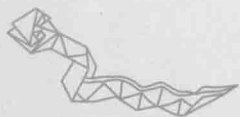
2. 蛇(II)/175



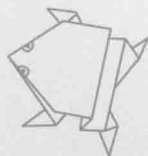
3. 蛇(III)/175



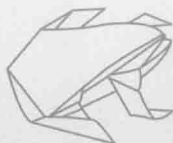
4. 蛇(IV)/176



5. 蛇(V)/178



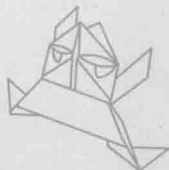
6. 青蛙(I)/179



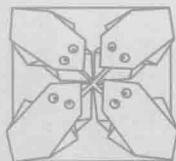
7. 青蛙(II)/180



8. 青蛙(III)/181



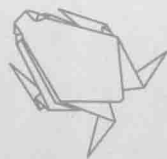
9. 青蛙(IV)/182



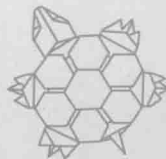
10. 四只青蛙/183



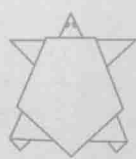
11. 会动的蛙嘴/184



12. 蟾蜍/185



13. 乌龟(I)/186



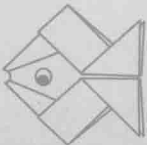
14. 乌龟(II)/187



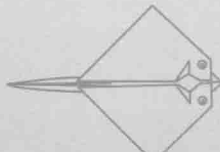
15. 鱼/187



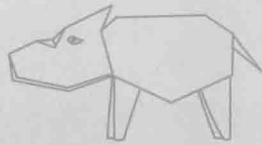
16. 金鱼/189



17. 热带鱼/190



18. 魮鱼/191

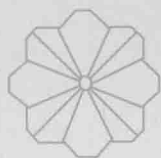


19. 河马/182

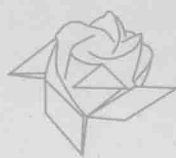
目录



十二、植物



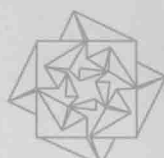
1. 茉莉花/193



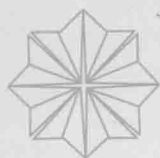
2. 带叶玫瑰/194



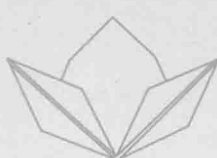
3. 玫瑰(I)/195



4. 玫瑰(II)/196



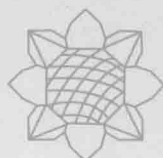
5. 菊花/196



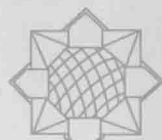
6. 桃子/197



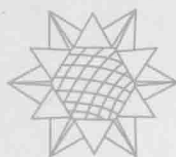
7. 睡莲/198



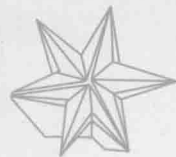
8. 向日葵(I)/199



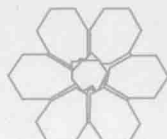
9. 向日葵(II)/200



10. 向日葵(III)/200



11. 六角花/202



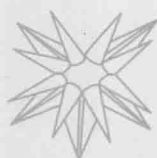
12. 六瓣花/203



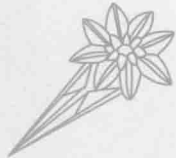
13. 花(I)/204



14. 花(II)/205



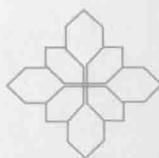
15. 花(III)/206



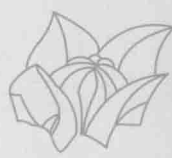
16. 花(IV)/207



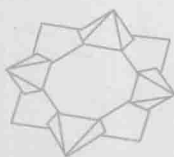
17. 花(V)/208



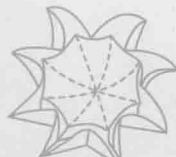
18. 花(VI)/209



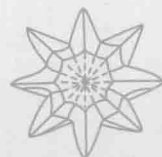
19. 花(VII)/210



20. 太阳花(I)/211



21. 太阳花(II)/212

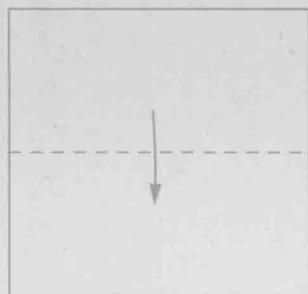


22. 太阳花(III)/213

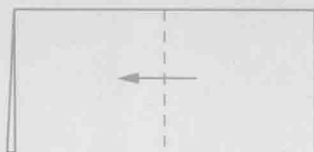
附录一 214

附录二 217

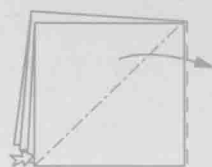
方法一



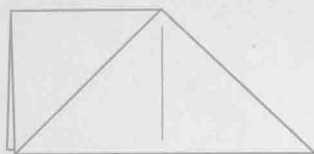
1.上边沿虚线向下对折



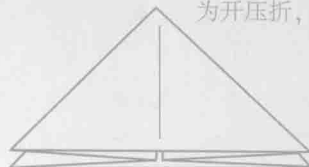
2.右边沿虚线向左对折



3.上层的左上角沿虚线往右撑开，同时带动下一层沿点画线压折出一个等腰直角三角形。此折法称为开压折，见附录一中二、5

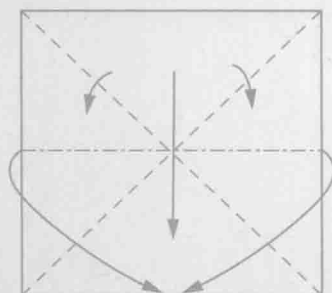


4.反面相同折法

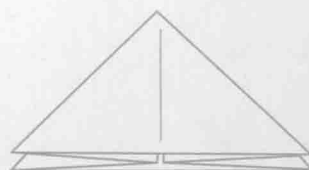


5.完成

方法二



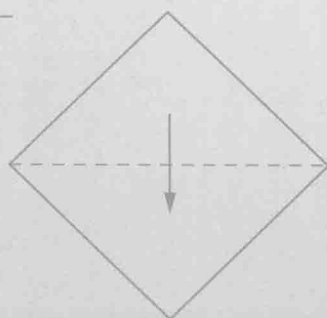
1.按谷折线与山折线往下压折



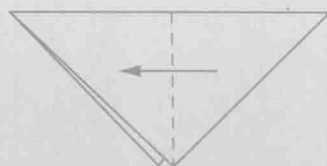
2.完成

二、双正方形

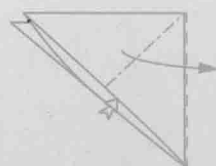
方法一



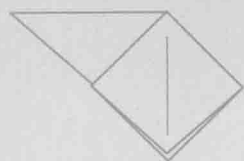
1.上顶角沿虚线向下对折



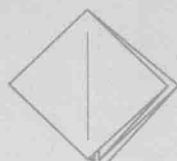
2.右角沿虚线向左对折



3.上层的左上角沿虚线往右撑开，同时带动下一层沿点画线压折出一个正方形

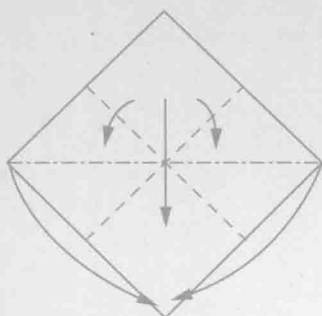


4.反面相同折法

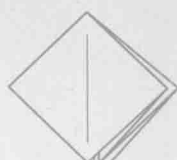


5.完成

方法二

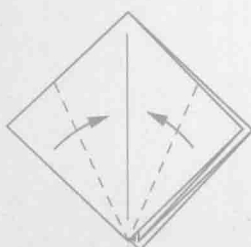


1.按谷折线与山折线往下压折

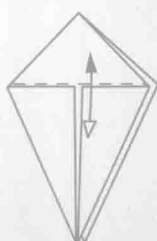


2.完成

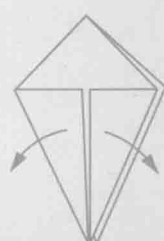
三、双菱形



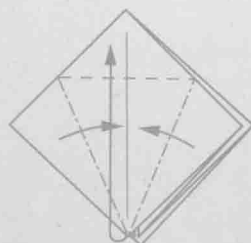
1.把双正方形纸的左右两角分别沿虚线向中间折，反面相同折法



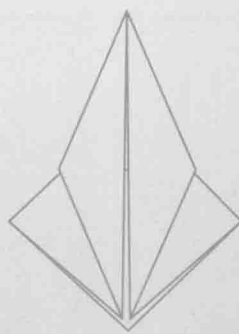
2.正反面的下顶角都沿虚线往上折后全部打开



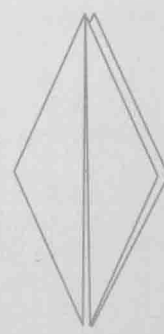
3.正反面都打开



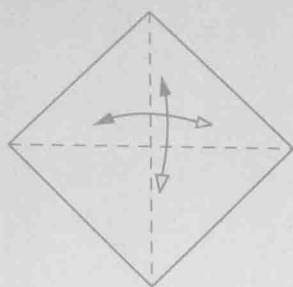
4.上层的下顶角沿虚线向上外翻，同时带动下一层都沿点画线向中间压折成一个菱形



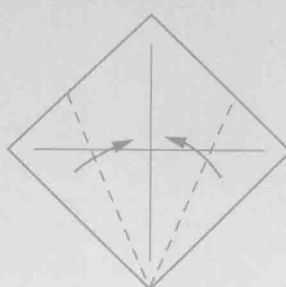
5.反面相同折法



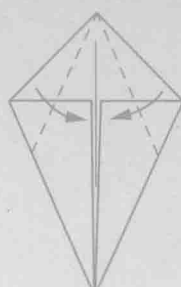
6.完成



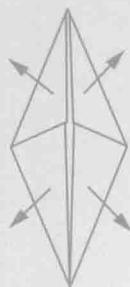
1.沿两对角线对折后全部打开



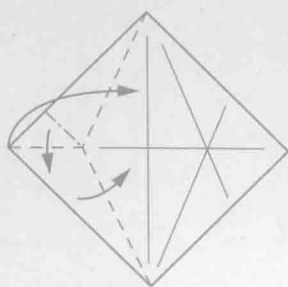
2.左右两角分别沿虚线往对角线折



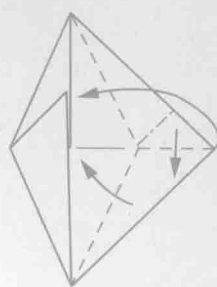
3.左右两角分别沿虚线往对角线折



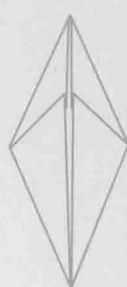
4.全部打开



5.左角的两邻边分别沿三条虚线与一条点划线向中间回拢并压折出一个钝角三角形。此折法称为兔耳折，见附录一中二、9



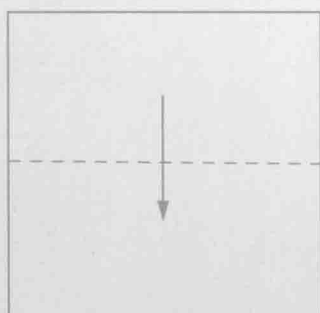
6.右边相同折法



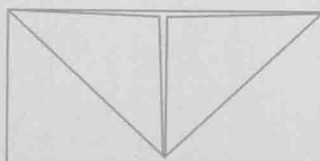
7.完成

五、四角向中心折

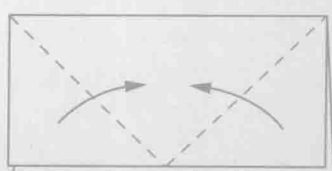
方法一



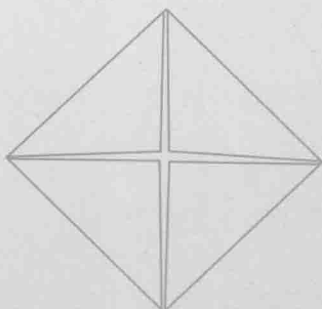
1.上边沿虚线向下对折



3.反面相同折法，并沿对折处打开

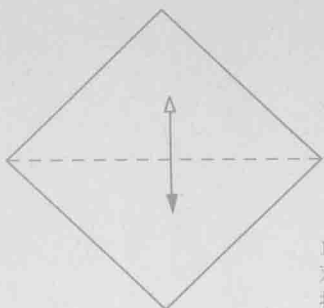


2.上层的两下角分别沿虚线往上向中间折

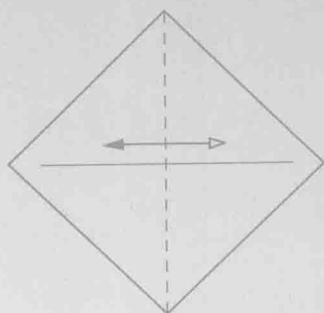


4.完成

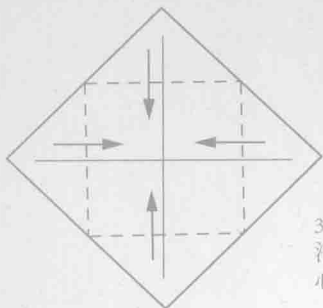
方法二



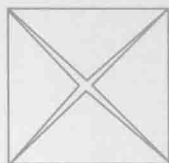
1. 上顶角沿一对角线向下对折后打开



2. 右角沿另一对角线向左对折后打开

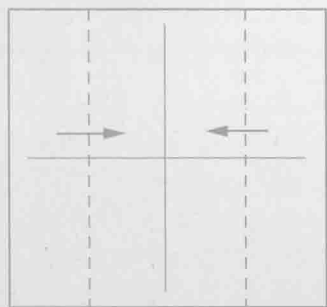


3. 四角分别沿虚线向中心折

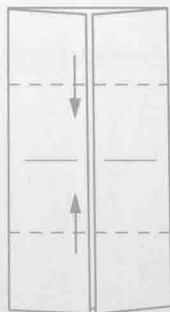


4. 完成

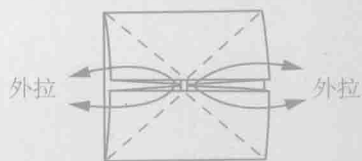
六、双梯形（双体船）



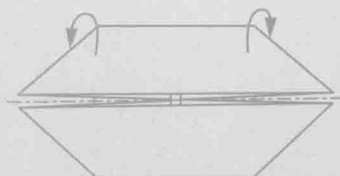
1. 把正方形纸两次对折后全部打开，然后左右边分别沿虚线向中间折



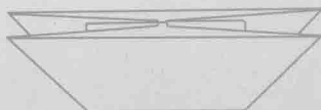
2. 上下边分别沿虚线向中间折



3. 上层不动，拉出夹层里的四个角并压折



4. 已完成双等腰梯形，然后上面部分一起沿点画线往背面向下对折



5. 完成双体船