



# 缝纫基础的 基础

从零开始的缝纫技巧

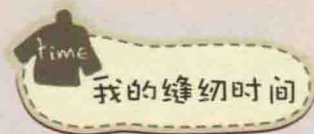
きれいに縫うための基礎の基礎

【日】水野佳子 著  
金玲 韩慧英 译



化学工业出版社

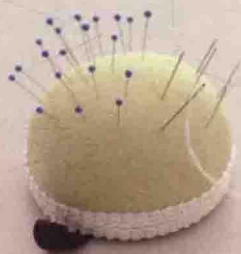




# 缝纫基础的 基础

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·北京·

缝制出漂亮衣服的秘诀是什么呢?首先要避免不断拆开多次缝纫,对布料造成损伤。然后就是积累经验,让自己熟悉缝纫的感觉。本书会依次介绍在家缝纫所必需的基本方法,并且使用照片进行解说,以便读者跟随教学步骤扎扎实实做好每一个步骤,不要随便车缝或者拆开。了解了基础的缝纫方法后,就应该顺从双手的感觉去缝纫了,不多久就可以轻松缝纫出完美的作品。希望各位读者可以跟随本书以自己的节奏享受到缝纫的乐趣。

本书原版引进日本手工类排名第一的畅销书,介绍了各种面料、熨斗、缝纫机的选择、使用等基础知识,以及各种缝纫方法,全程使用照片拍摄的方式讲解缝纫步骤,如同一对一的手把手教学,教您一次学会所有最基础的缝纫方法,适合初学缝纫的爱好者参考。

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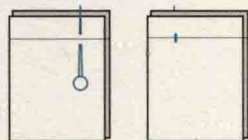
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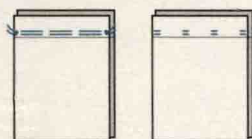
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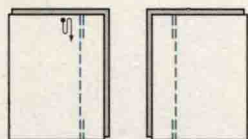
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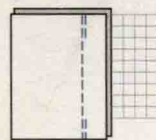
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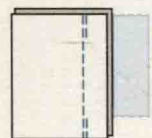


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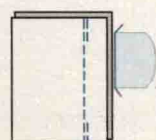
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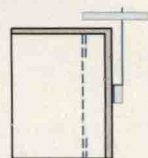
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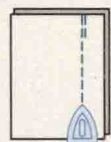


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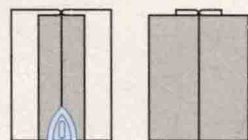


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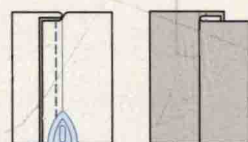
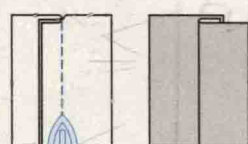
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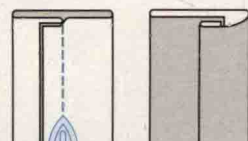
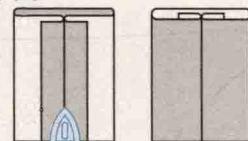
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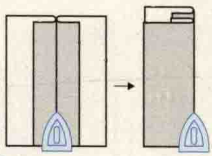




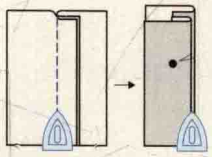
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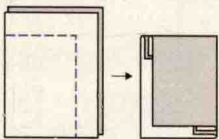


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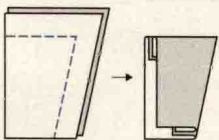


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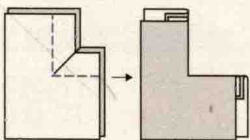
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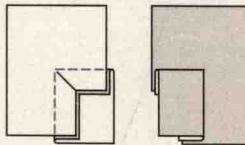
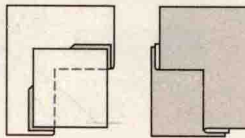
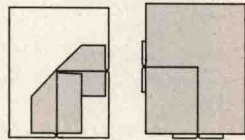


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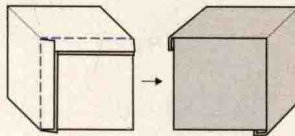
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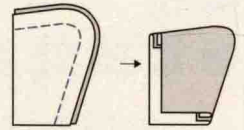
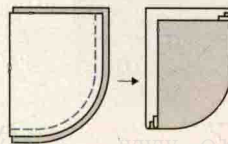
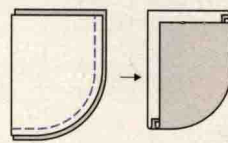
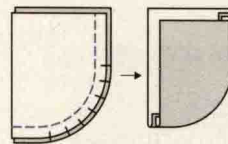
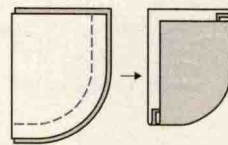
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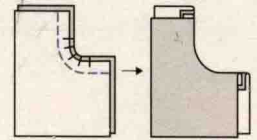
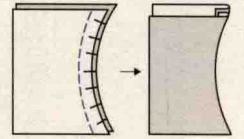


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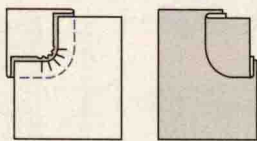
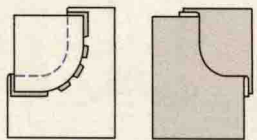
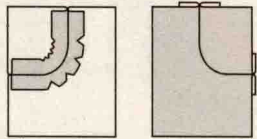


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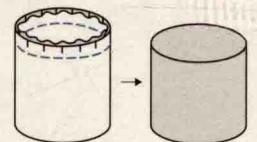
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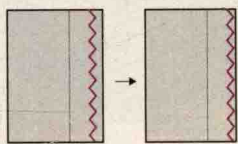
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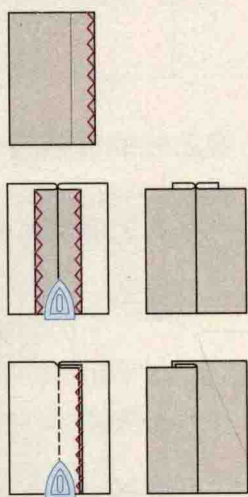
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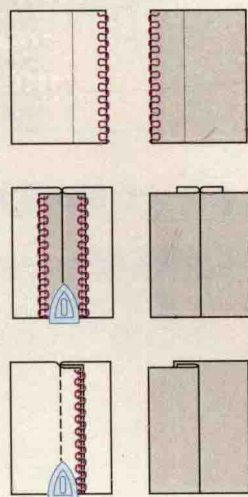
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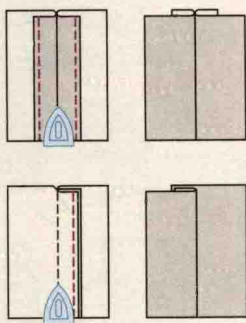
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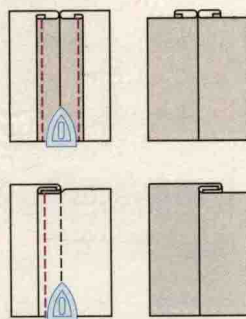
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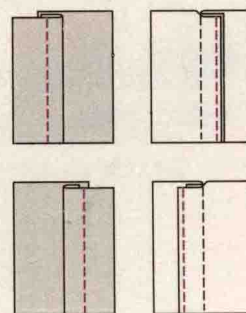
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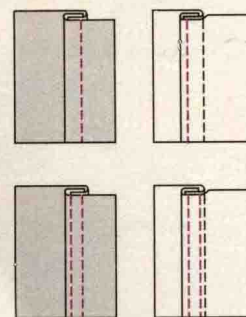


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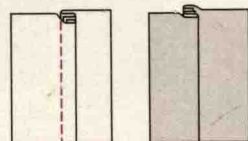


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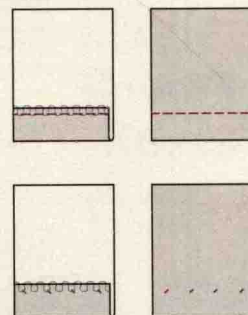
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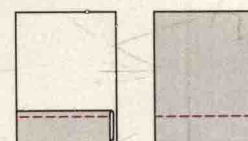


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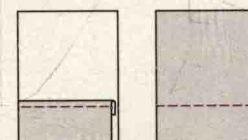


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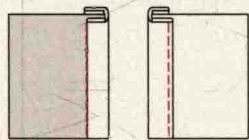
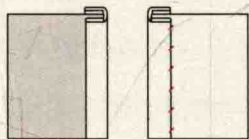
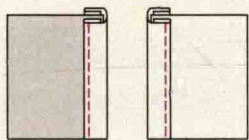
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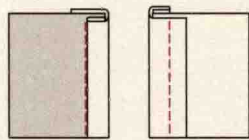
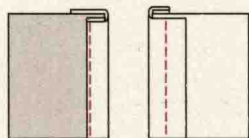
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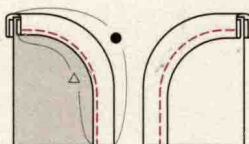


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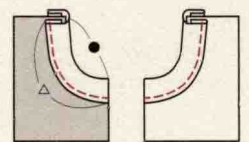


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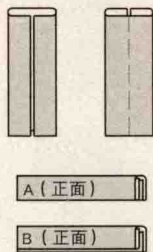


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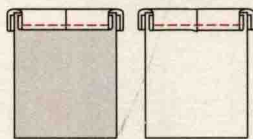
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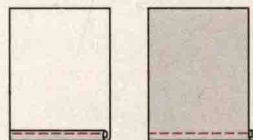
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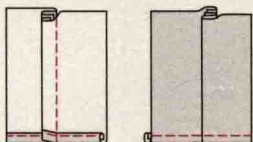


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三卷边

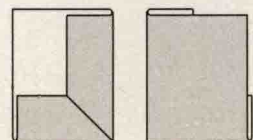


三卷边的重叠接缝

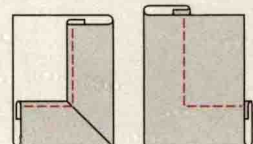


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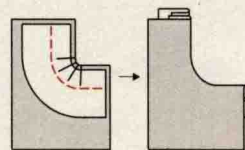
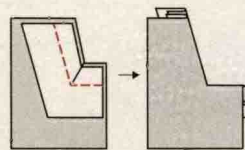
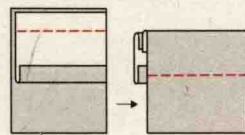
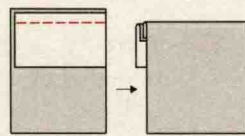
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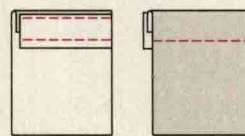
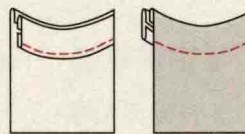
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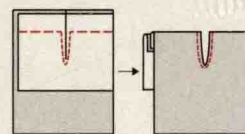
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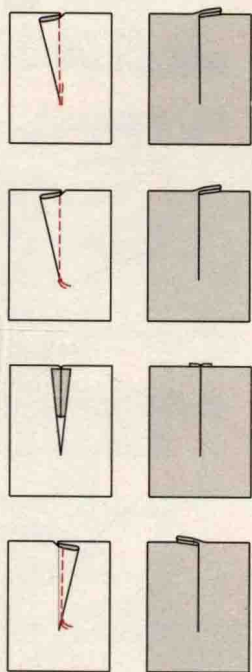


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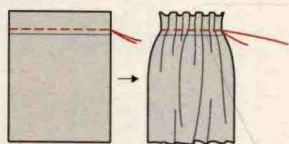




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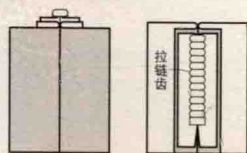


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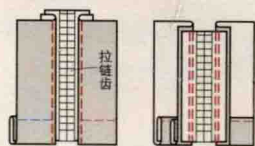


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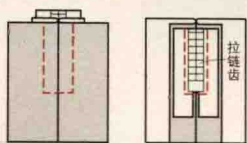
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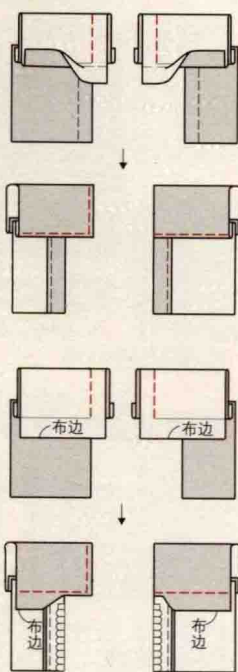
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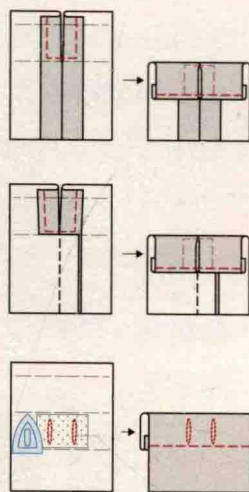


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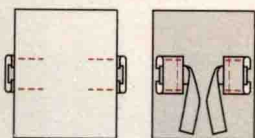


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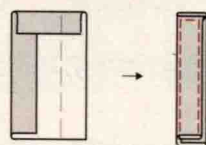


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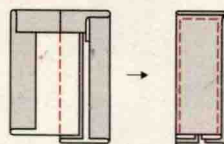


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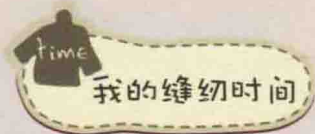
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用两片布制作宽绳带







# 缝纫基础的 基础

从零开始的缝纫技巧  
きれいに縫うための基礎の基礎

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金玲 韩慧英 译



化学工业出版社

·北京·

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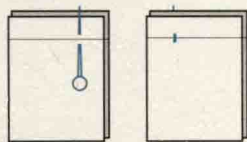
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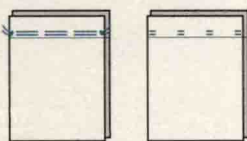
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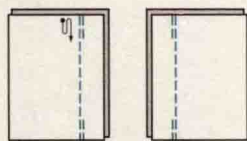
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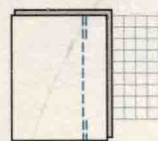
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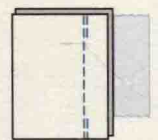


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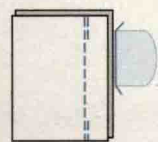
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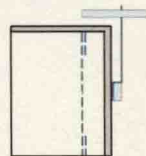
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车缝导引器

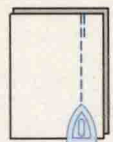


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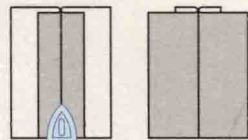


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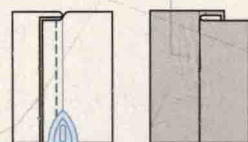
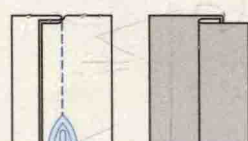
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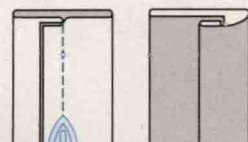
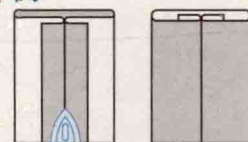
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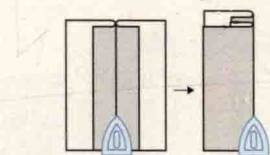
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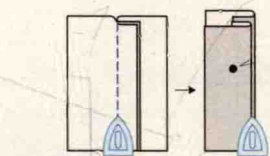
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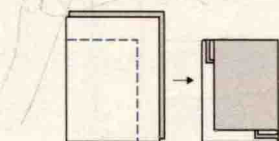


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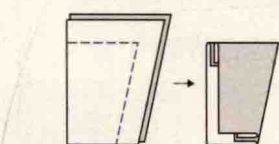


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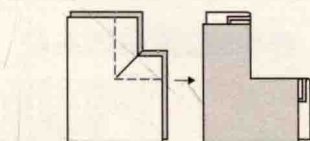
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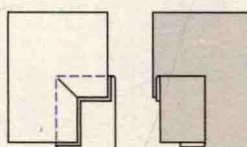
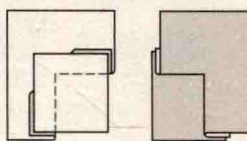
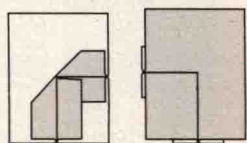


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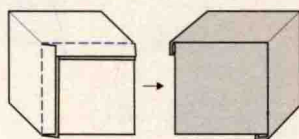
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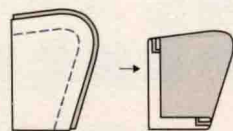
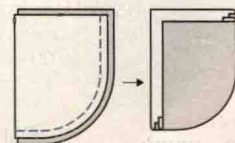
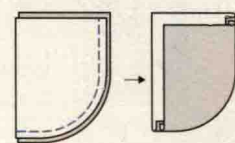
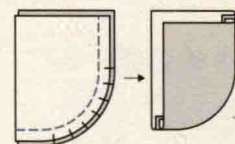
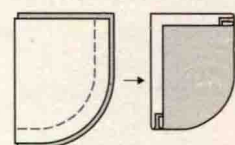
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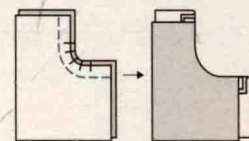
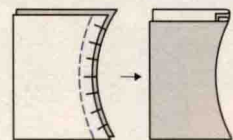


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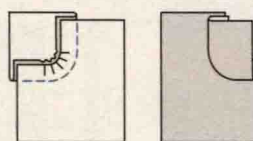
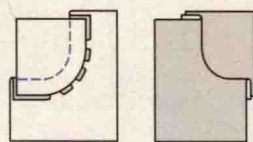
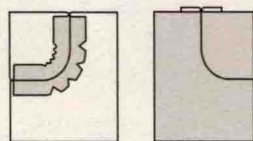


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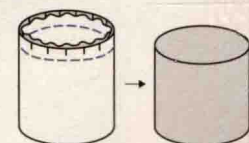
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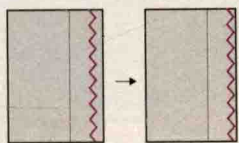




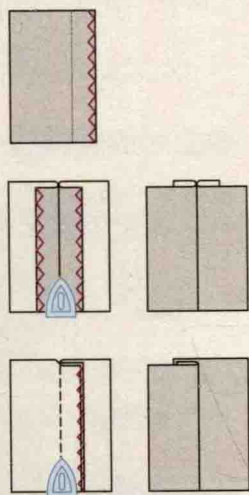
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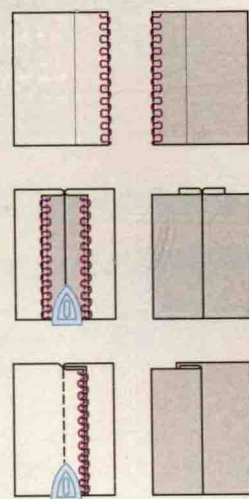
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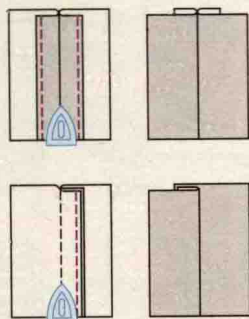
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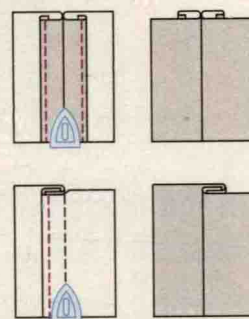
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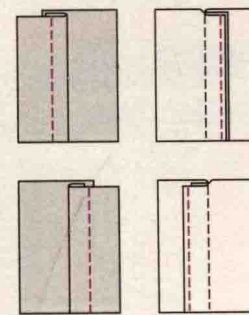
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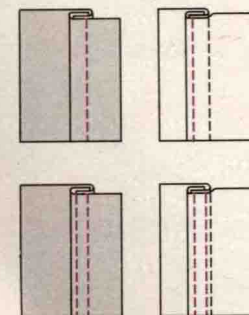


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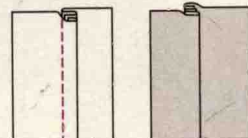


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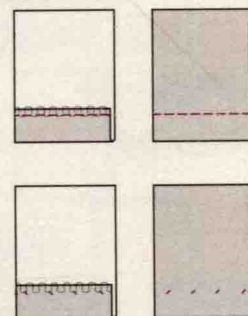
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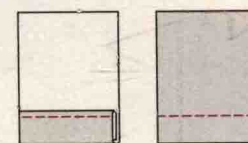


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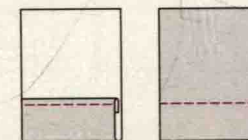


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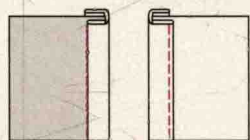
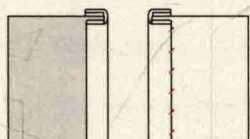
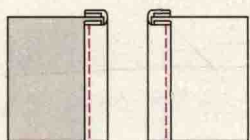




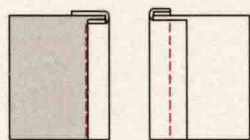
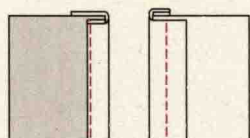
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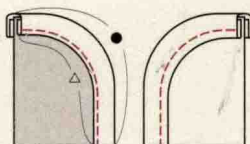


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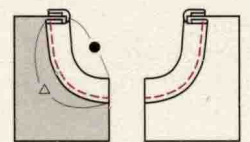


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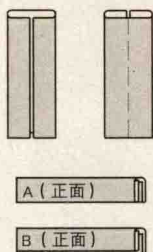


内凹曲线



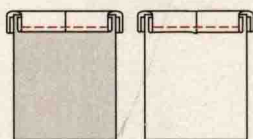
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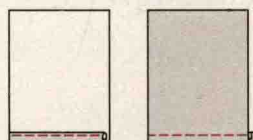
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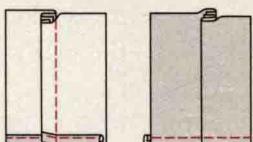


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三卷边

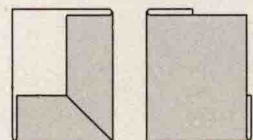


三卷边的重叠接缝

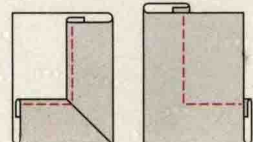


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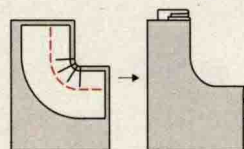
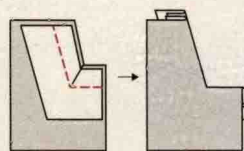
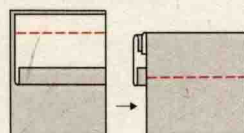
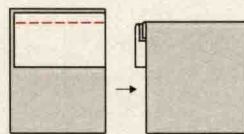
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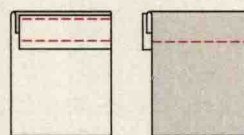
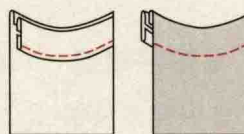
## 部分缝

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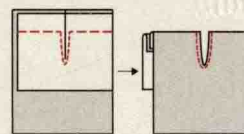
另行裁剪的贴边



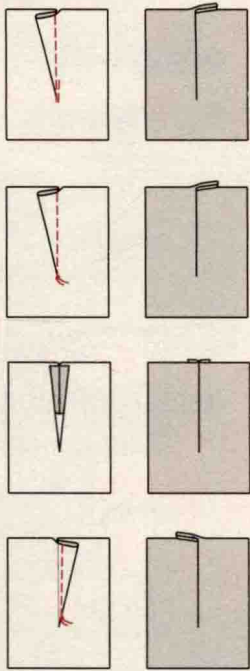
使用布条



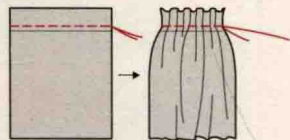
### ●缝制开叉...109



●省道(尖褶) ...110

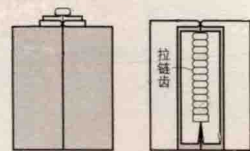


●细褶...112

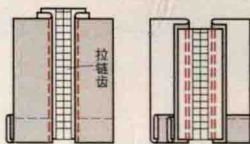


●安装拉链...114

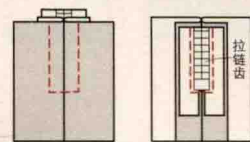
安装隐形拉链



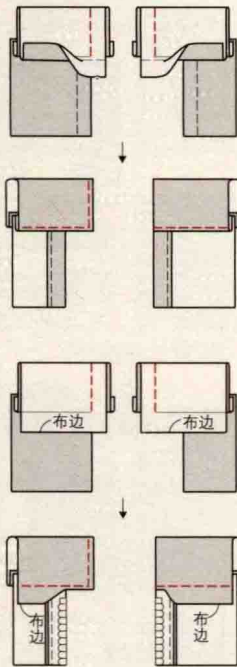
安装开式拉链



安装一般拉链

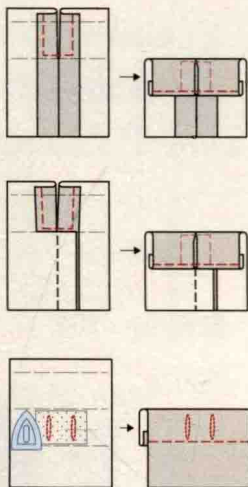


●接缝腰带...121

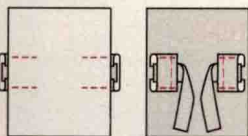


●穿绳口...124

在布的边缘制作穿绳口

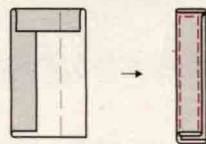


在布的内侧制作穿绳口

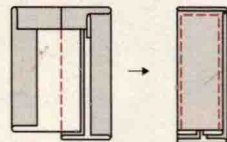


●绳带...126

用一片布制作细绳带



用两片布制作宽绳带



# 整烫

烫平布料上的皱褶、整烫车缝线，

根据目的不同，熨斗的整烫方式也会有所差异。

并不只是单纯地在布料上方滑动，

而是一边思考着要整烫成什么样的状态，

一边在必要的部分进行整烫。

除了事前的整烫试验外，在缝纫过程中进行的整烫

也是影响成品美观与否的关键之一。

现在就让我们一起来学习比想象中还重要的整烫方法吧！



# 工具

熨斗与整烫台之外的方便工具。

1



2



3



4



5



- 1 熨马( p.40)
- 2 圆形熨马( p.110)
- 3 袖烫垫( p.37)
- 4 喷雾器( p.9)
- 5 刷子( p.37、62)



# 基本的整烫方法

整烫方法大致可分为两种。配合不同用途，整烫与移动方式也会变。

## 熨斗温度

**要点:** 务必先在实际使用的布料上试验。

布料不同，所适合的温度也不一样，所以请参考下面的“家用熨斗的温度设定”来改变温度，务必先在实际使用的布料上整烫。有些布料材质在整烫后会缩小，请特别注意。

### 家用熨斗的温度设定

高	棉、麻等	180 ~ 210℃
中	毛、丝、聚酰胺纤维、聚脂纤维等	140 ~ 180℃
低	亚克力、聚氨酯纤维等	85 ~ 120℃

### 用家用熨斗粘合粘合衬时参考温度

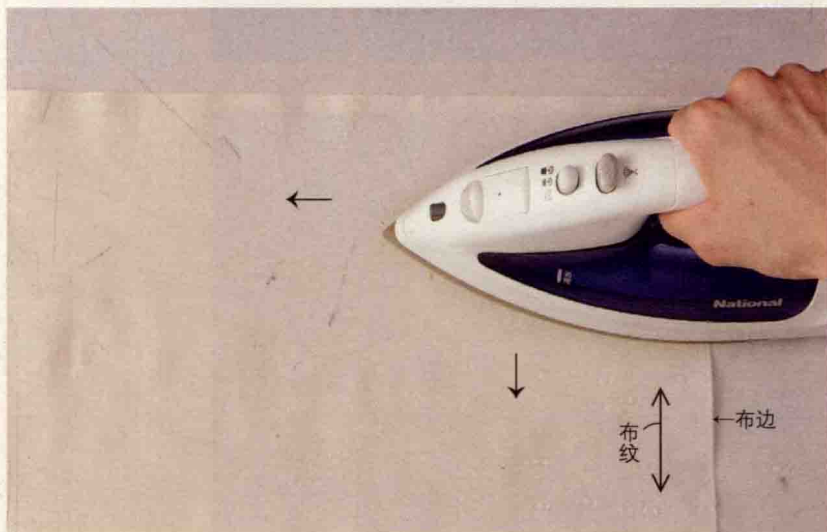
厚布料	150 ~ 160℃
一般(中等厚度)布料	140 ~ 150℃
薄布料、特殊(极薄布料或不耐热)材质	130℃左右

## 整理布纹

有时候纵横的织线并非呈水平垂直的状态，在此情况下就要整理布纹。根据布料不同，有的可直接干烫，有的则用蒸汽整烫。

也有先将布料过水后再用熨斗整烫的方法。

**要点:** 熨斗与布纹呈相对的水平垂直方向移动。



将布料的背面朝上，放在整烫台上，以手整理布纹。在整烫面上施以平均的力量，稍微用力按压，使熨斗一边与布纹呈相对的水平垂直方向移动，一边整烫。



### ◆喷雾器

可以喷出如雾气般细小的水珠，使布料大范围均匀沾水的工具。整烫后会留下蒸汽痕迹的布料，在整理布纹时，就可以运用喷雾器喷雾后再进行整烫。