

美容外科学

The Art of Aesthetic Surgery

Principles & Techniques

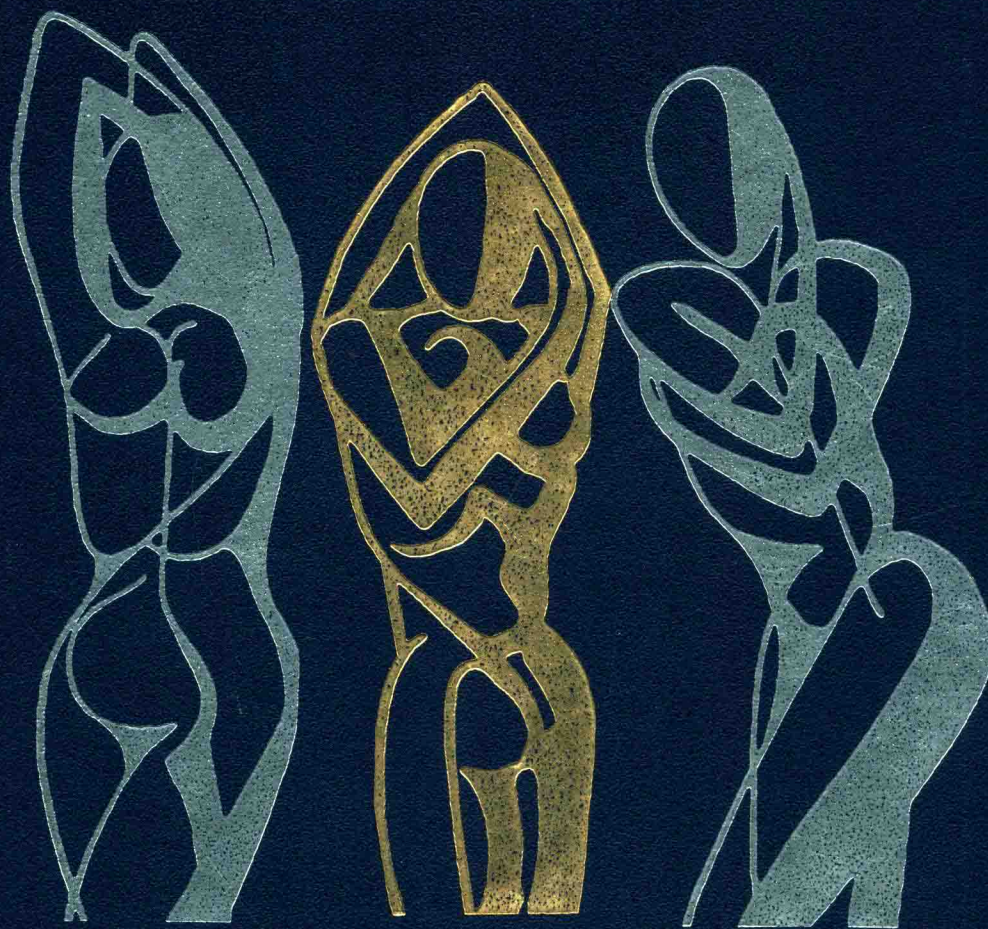
第 2 版

卷三

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The Art of Aesthetic Surgery: Principles & techniques, Second Edition

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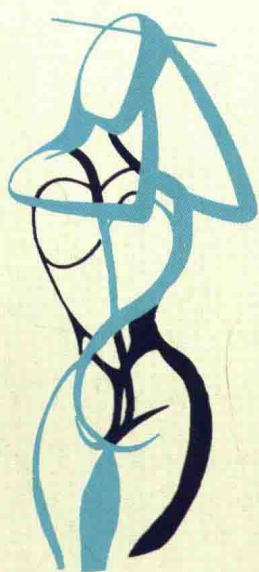
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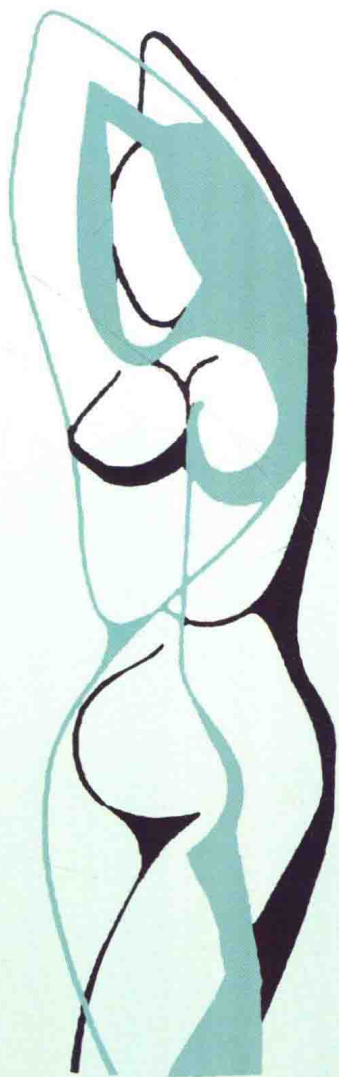
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美容外科学 ■

The Art of Aesthetic Surgery

第十一部分

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美容外科学 ■

The Art of Aesthetic Surgery

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美容外科学 ■

The Art of Aesthetic Surgery

Preface to the Chinese Edition



It was with much excitement and enthusiasm that I learned that the second edition of the *Art of Aesthetic Surgery* was being translated into Chinese. I am of course honored and it is with much humility that I present this work to my colleagues in China.

Over the last decade the worldwide growth of aesthetic surgery and cosmetic medicine has been rapid with little sign of a slowdown. This is especially so in China, where the growth has been phenomenal, so much so that according to the worldwide procedural statistics compiled by The International Society of Aesthetic Plastic Surgery (ISAPS) China has the third highest number of annual cosmetic procedures, numbers of plastic surgeons and in both categories the highest in all of Asia. Given this high level of interest I believe this Chinese edition is timely and will be of value not only to trainees and those who are just starting in practice, but also those who are already established surgeons. I trust that the book will serve the educational needs of all during this time of increasing demand for aesthetic enhancements.

The *Art of Aesthetic Surgery* 2nd edition is a comprehensive, up-to-date book covering all aspects of aesthetic surgery and non-invasive cosmetic treatments. Patient selection, details of the surgical techniques and “pearls” from experts are included in each of the highly-illustrated chapters. Other chapters introducing each major anatomic region focus on applied anatomy, and clinical decision-making chapters provides readers with a unique overview of the various options for each problem, together with preferred solutions.

The practice of aesthetic surgery and cosmetic medicine differs from the rest of medicine. The patients' expectations are different, as are their needs. A whole section in the book is dedicated to organization and management of the practice including the role of social media, and the evaluation and care of the patient.

The dramatic rise of the role of injectables and fat has significantly changed our approach to facial rejuvenation. Skin resurfacing with peels and lasers are now common in facial rejuvenation to enhance surgical results. These non-surgical cosmetic treatments offer alternatives to surgical treatments and their popularity has surpassed surgical procedures. Given the importance of these treatments a large section of the first volume details the selection of fillers and toxins and their applications in facial rejuvenation.

According to the ISAPS statistics mentioned above, the top five procedures in China are Lipoplasty, Breast augmentation, Blepharoplasty, Abdominoplasty and Rhinoplasty. Volumes two and three of the book