



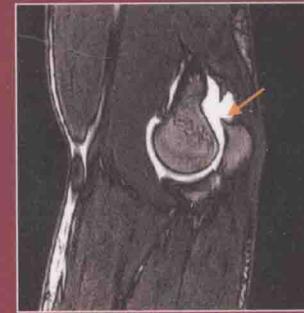
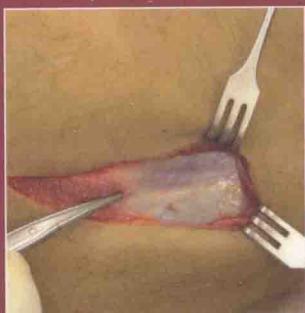
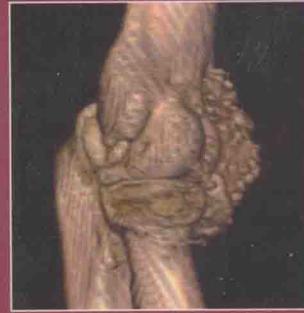
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# 肘关节外科手术学

## Operative Elbow Surgery

主 编 David Stanley, Ian A. Trail

主 译 姜保国 蒋协远 张长青



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# 序

肘关节是我们身体内最复杂的关节之一，并成为引起上肢创伤和工作相关性超负荷疾病的主要部位。

过去的几十年中，我们在肘关节解剖学和病理学的知识方面有了突破性增长。此外，肘关节疾病患者的治疗机会也得到提升。

David Stanley 和 Iran Trail 的职业生涯中有相当多的一部分时间是用来研究肘关节疾病，他们经验丰富，著述广泛。他们开展了肘关节疾病的新的治疗手段，使许多患者受益。

在投入巨大的热情以及做出巨大的奉献后，他们召集了一个在肘外科领域经验都十分丰富的国际撰稿人团队，对各类肘关节疾病在当前所应用的最佳治疗手段做了一个令人印象深刻的综述。

尽管我们生活在 EBM 的时代，我们依然需要肘外科分支拥有丰富经验的从业者的知识。

我强烈向那些在日常工作中经常或者并非经常遇到肘关节疾病的从业者推荐这本书，我相信它将成为一本在全世界范围内普及的参考书。它不仅为整形外科医师而著，也包含了其他医师治疗肘部疾病的有用信息，适用于如运动医学、创伤外科和儿科学的医师使用。

**W. Japp Willems 医学博士**

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# 前 言

近年来，在肘关节疾病治疗上取得的巨大进步，使得许多病人的生活质量得以提升。

参与本书编辑的作者都是肘外科医师，他们引领了肘外科择期手术和创伤治疗的突破进展，在全世界范围内赢得尊重。

书中涉及的课题都通过影像图片、线图详尽描述，并对手术步骤提供了具体指导。

我们希望这本书能够改善当今肘关节疾病患者的现状，鼓励外科医师更加详尽地思考治疗方案，以便为患者提供更好的医疗服务。

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第一部分

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# 基础知识