

蓝 兰 桂 芃 编  
广西教育出版社

NEW  
FASTER  
ENGLISH  
READING

新 编  
英语快速阅读

(适合初三以上水平读者阅读)

NEW FASTER ENGLISH READING

# 新编英语快速阅读

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藏书章

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## 编者的话

本书是根据美国T·G·瑟斯顿最新的SRA英语阅读卡片和其他英语原版资料编辑而成的。文章的编排由易到难，由浅入深，使之成为一本有机的、科学的英语快速阅读教材。它能够有效地帮助读者提高阅读速度，增强阅读能力，扩大英语词汇量，丰富知识，开扩视野。

本书适合初三以上或相当于初三以上水平的读者阅读。主要作为通过各类英语水平考试为目的的强化训练材料，亦可作为中学生课外阅读或作为成人自我系统训练教材。

本书的文章短小精悍，取材广泛、新颖，涉及自然科学和社会科学，包融了多种学科的基本词汇和各种常见的语法现象。阅读每段文章后回答一个问题，书末附有答案，用于检测阅读效果，提高阅读速度。

书中的一些篇目曾经给部分学生使用，实践效果良好，深受他们的欢迎。

由于编者水平有限，书中注释难免有错漏之处，恳请读者不吝指正。

## 如何进行快速阅读训练

科学技术在飞速发展，人们每天必须阅读的文字资料越来越多，因此快速阅读变得越来越重要。英语的阅读速度，常以每分钟所能处理的单词数即 wpm 来表示。有人计算过，如果一个人的阅读速度为 150wpm，那末他一年可读完 36 本书。如果他把阅读速度提高到 350wpm，那末他一年就可以读完同样篇幅的书 90 本！可见，二者之间差距何等之大。

在我国，学习英语的人，都不得不参加一些英语水平考试。许多人一离开考场，就叹息自己时间不够用，试题没有做完，因而成绩不佳。显然，这也反映出了提高阅读速度的现实重要性。

阅读速度不但影响阅读理解测验和词汇测验，而且影响听力理解测验，许多人听力考试不过关，其原因并不在于他没听懂，而在于他没读完、读懂供他选择的那些答案。15 秒钟一晃即过，最后只好随便挑一个，怎能不错呢？

如何提高阅读速度？如何进行快速阅读训练？下面介绍一些进行训练的方法：

一、阅读目的要明确。当阅读一篇文章时，首先要明确“我要从这篇文章中得到什么？”

二、目光移动要得法。所有的人每分钟目光移动的次数大致相同，而每移动一次所处理的单词个数则大不相同。快速阅读的最大障碍是目光移动一次读一个单词甚至一个音节。正确的做法应该是目光移动一次读一组单词，获取一个

完整的意思。训练的办法是，取一张硬纸片，大小约可盖住四分之一页书。纸片中央开一条狭缝，使之能露出约三个单词长的一行字。阅读时，将纸片在书本上按文章顺序移动。每移动一次，朝缝里扫视一眼并立即抓住缝中单词的意思，直到读完全文。记住：移动一次只许扫一眼，不许目光沿缝移动或长时间盯住狭缝。经过半年左右的训练，就可以掌握正确的目光移动法。

三、直接用英语理解原文。有不少人阅读时是通过“译成汉语”来理解原文的，这样做严重地降低了阅读速度。要有意识地训练自己用英语进行思考，直接用英语理解原文。

四、不要默念。有的人读书时总是心中默默地、逐字逐句地“念”给自己“听”，有的甚至念出声来。这是一种错误的阅读习惯，因为用眼睛处理信息的速度比用嘴唇或舌头快得多。要纠正这种错误，读书时可以边读边想：“这就是我需要的”，“这一点与我无关”，“这一点我已经懂了”等等。长期这样，就可以避免“念”书了。

五、不要在读书时做小动作。不要摇头晃脑指手划脚，也不要圈圈点点划划，更不要用笔或手指指到哪里读到哪里。没有必要的“小动作”，只会浪费时间。

六、不要读回头。阅读时要集中思想，不要东想西想。目光所到，就应心领神会，不要回头读第二遍。

当然，快速阅读要在具有一定的词汇量的基础上才能进行，如果一篇文章生词太多，是无法读快的，平时要注意积累词汇量。这样才有助于提高阅读速度。

本书主要是为读者提高阅读速度参加各类考试而编的训练材料，有20课，每课3组，每组10段。

每段文章最后的一句话都是不完整的，进行训练时要从文后所附的四个答案中选择一个最合适的补充在文章后面，使意思完整正确。每做完一组，记下花的时间，检查答案（书后有标准答案），填入下面的表格：

日期	课	组	所花时间(分)	做对的个数

为了提高阅读效果，建议读者阅读此书时要坚持做到：

一、要保持适当的阅读速度。如果你的正确率在90%以上，而时间在每组6分钟以上，你应该加快速度，缩短时间。如果正确率在60%以下，则要放慢速度，提高正确率。合适的正确率在80%左右。如果可以在5分钟内做完一组而100%正确，那么就不必进行这种训练了。

二、阅读时不查工具书。在阅读过程中不可避免地会遇到生词难句，这时应根据上下文猜测意思，不要急于查阅字典和别的工具书。须知考试时是不准查工具书的。待全组做完登记好时间核对完答案后再去看注释，查工具书，检查自己错在什么地方。

读者通过这样的快速阅读训练之后，阅读速度定将会迅速提高，从开始的80~100wpm左右提高到250wpm以上。这样，通过一般的阅读考试，就不会感到有太大的困难了。

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## Set One

### Lesson One

#### I

1. John never plays outside when it is raining, because he does not want  
A. the sun to shine. B. the rain to stop.  
C. to get wet. D. to stay indoors.
2. Moki likes animals more than anything else. So, for a birthday present he would like a  
A. bicycle. B. train. C. ball. D. pet.
3. It is winter now, and there is snow on the ground. When we go out to play, we have to  
A. wear our swimsuits. B. wear our coats.  
C. come inside. D. take off our shoes.
4. Children are glad when they are old enough to go to school because they want to learn to  
A. sew. B. read. C. dance. D. talk.
5. The children did not get to school on time, because the bus was  
A. crowded. B. orange. C. late. D. early.

6. Tim was so tired after playing that he curled up in a big chair. When his mother called him later, he did not hear her. He was  
A. asleep. B. disobedient.  
C. gone. D. hungry.
7. It is easy to fall out of a boat. Anyone who cannot swim should not go out in a boat without a  
A. lunch. B. motor.  
C. dog. D. life jacket.
8. She did not mind working on very hot days, because her office was  
A. closed. B. air-conditioned.  
C. large. D. quiet.
9. The blade was so dull that the knife would not  
A. cut. B. break. C. hit. D. bleed.
10. They were unable to lift the book because it was too  
A. heavy. B. weak. C. early. D. tired.

## II

1. Carlos and Alvin went to visit a farm. When it was time to go home, Carlos said, "I don't want to leave. I like the farm. When I grow up, I want to be  
A. happy." B. a farmer."  
C. rich." D. strong."

2. Ann's uncle said he is sending her a present for her birthday. She hopes it is a new book, because she likes to
- A. sing. B. write. C. play. D. read.
3. The car was stuck in the mud. We all pushed as hard as we could, but the car still did not
- A. stall. B. stop. C. move. D. roar.
4. It was a very funny story, and it was told so well that soon everyone was
- A. sleepy. B. talking. C. laughing. D. leaving.
5. Mary's mother put a large **book** on the chair and sat the baby on the **book** because he is so small and the table is so
- A. shaky. B. wide. C. heavy. D. high.
6. Ray picked some bright yellow flowers. He took them to school and gave them to his
- A. teacher. B. desk. C. vase. D. mother.
7. They do not have to tie up their dog. It has been trained to
- A. play. B. stay home. C. do tricks. D. bark.
8. Ben lived only two streets away from school. It was not too far for him to
- A. ride. B. stay. C. walk. D. study.
9. Our dog is barking because it is hungry. It wants

- A. food. B. to bark. C. a ball. D. to play.
10. Because Sarah's feet hurt, she took off her  
A. shoes. B. coat. C. toes. D. hat.

### III

1. Aretha received a pretty red bicycle as a birthday present. The gift made her very  
A. cold. B. happy. C. afraid. D. sad.
2. Luisa angrily closed the book. It was about a  
A. animal stories. B. history.  
C. adventure stories. D. poetry.
3. "Drink your milk," Carol's father said. Carol took the glass and drank every drop. Then the glass was  
A. broken. B. pink. C. full. D. empty.
4. You could hold a day-old baby bear in your two hands. A baby bear is that  
A. sleepy. B. fierce. C. tiny. D. young.
5. Nancy and Clara were talking after school. "I wish we had a kite," Nancy said. "But we don't have any money." "I know what we can do," Clara said. "We can  
A. paint one." B. fly one."  
C. make one." D. buy one."
6. Hawk always rode to school on his bicycle. He parked it in the bicycle rack near the school. On

- rainy days he covered the bicycle with a plastic cover to keep it
- A. handy. B. dry. C. wet. D. parked.
7. She did not have enough money with her to pay for the shoes, and so she
- A. gave them away. B. paid for them.  
C. used a credit card. D. bought them.
8. It was her first visit to a big city. She would have liked to stay longer, but she had to go
- A. by car. B. nearer. C. alone. D. home.
9. We all enjoyed watching the trained seals in the circus. We thought they were very
- A. large. B. frightening.  
C. wet. D. clever.
10. Most children love to ride on a fire engine. They think it is very
- A. red. B. dull. C. silly. D. exciting.

### 注 释

curl up [kɜ:l ʌp] 卷缩

disobedient [ˌdɪsəˈbi:djənt] 不服从的

blade [bleɪd] 刀刃

bark [bɑ:k] (狗)叫

rack [ræk] 物品架

circus ['sɜ:kəs] 马戏场

## Lesson Two

### I

1. The door was locked, and they could not get in because they did not have a  
A. key.      B. doorknob.      C. lock.      D. latch.
2. The merry-go-round went round and round while the music  
A. rode.      B. played.      C. sold.      D. talked.
3. Tom wanted very much to have a playmate. He was happy to see that the new family who moved in next door had a  
A. boy his age.      B. set of toy trains.  
C. baby girl.      D. television set.
4. After failing for four years to teach him even to sit and beg, we have decided that old Spot is not very  
A. hungry.      B. nice.  
C. healthy.      D. clever.
5. It did not take Amy long to do her homework. She found that all the questions were  
A. difficult.      B. wrong.      C. long.      D. easy.
6. Larry went to the store to buy some fish to feed

his cats. On his way home he saw that several cats were following him. They had smelled

A. the market. B. Larry.

C. the fish. D. his house.

7. Yoko wanted to cut ten centimeters off the end of the board, so she went to the tool chest and took out a

A. saw. B. screwdriver.

C. wrench. D. hammer.

8. Carrie is going to be the Santa Claus in the Christmas play, because she is the only child big enough to wear the

A. costume. B. sleigh. C. toys. D. candy.

9. When the band played in the park, everyone on our street went to hear the

A. trees. B. crowd. C. music. D. park.

10. It was so hot that afternoon that the children did not play in the sun. Instead, they rested in the

A. shade. B. rain. C. snow. D. morning.

## II

1. The work is not hard, but it takes a long

A. road. B. time. C. pencil. D. rest.

2. I tried many times to call you on the telephone, but the line was always

A. busy. B. broken. C. mine. D. yours.

3. The trees look very pretty today because the

rain we had yesterday.

A. cleaned the leaves.

B. did not stop all day.

C. knocked off the leaves.

D. broke many branches.

4. Mitzi really likes to go to school. She is very good with numbers, so the subject she likes best is

A. spelling. B. writing.

C. reading. D. mathematics.

5. About sixty thousand people were in the grandstand at Shea Stadium in New York City for a World Series ball game. Millions were listening to the radio and watching the game on

A. a record player. B. television.

C. a camera. D. the newspaper.

6. Pierre wanted an ice-cream cone, but he could not buy one because his pockets were

A. empty. B. cloth. C. worn. D. gone.

7. Cats are clean animals that make good pets. They are useful, too, because they kill

A. horses. B. mice. C. dogs. D. plants.

8. The blossoms in the bouquet of flowers are losing their petals. It is time to

A. dump them. B. water them.

C. cut them. D. use them.

9. When she looked at her watch, she began to walk



faster. She was afraid she would be

A. caught. B. slow. C. on time. D. late.

10. Helen's dog loves to roll in the mud. After it does this, her mother will not let it

A. be tied. B. come into the house.

C. have its dinner. D. sit in the mud.

### III

1. Dan likes to go barefoot in summer. He says it is too hot to

A. go to school. B. lie in the shade.

C. wear shoes. D. stay at home.

2. Mrs. Rojas played tennis all afternoon. When she got home, she was very

A. tired. B. sad. C. pretty. D. wealthy.

3. The children who have no place to play outside near their homes like to use the school playground. They like to play on the

A. bus. B. snowbank. C. TV. D. slides.

4. Linda began to climb carefully up the slippery hill. Several times, despite her caution, she had to grab wildly at roots and shrubs to keep from

A. being frightened. B. falling.

C. climbing. D. reaching.

5. Four-year-old Theo got a letter from his cousin. He does not know what his cousin said in the letter because he cannot