



原版系列编辑 Philip Prowse

Help! 无助之助

Philip Prowse 著 骆海银 孙锋 编译



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Preface 前言

"剑桥双语分级阅读·小说馆"是从剑桥大学出版社引进,由英语语言教学专家及小说作家合力专为非英语国家的英语学习者而创作的分级系列读物。创作过程历时二十余年,出版后受到世界各地英语教师和英语学习者的喜爱,许多读本重版十余次,二十年来畅销不衰,成为全球英语学习者首选的优秀读本。

本系列读物之所以受到英语教师和英语学习者的喜爱,是缘于它本身所 具有的、其他同类读物不可替代的特色。其中最突出的特色包括以下方面:

- 1. **它是原创英语读物**, 而非改编自普通作品的读物。因此, 阅读这个系列读物, 我们读到的是原汁原味的真实英语, 而非人为改编过的二手英语。
- 2. 它是当代优秀短篇小说,而非上个或上上个世纪的小说。因此,读这个系列读物,我们读到的是当今活的英语、学了就能用的英语,而非穿越时空的英语、学了难以用的英语;了解的是我们同时代英语国家人们的生活、文化、风土人情和价值观,而非隔代人的生活、文化、风土人情和价值观。
- 3. 它是专为非英语国家的英语学习者量身定制的读物,而非为英语母语者而写的大众读物。因此,这个系列读物,是最适合英语学习的读物。
- 4. 它是英美知名小说家和英语语言教学专家合力创作的读物,小说家保障了读物的可读性与可欣赏性,英语语言教学专家保障了读物语言作为英语习得材料的科学性与可学性。本系列中的很多小说都在世界上颇具影响力的"语言学习文学奖(Language Learner Literature Award)"评选中获得大奖。因此,阅读这个系列读物,我们会在欣赏小说的同时,自然而然地、有效地提高自己的英语水平。
- 5. 它的故事题材丰富多彩——包括侦探、情感、历险、悬疑、人文、科 幻、喜剧等,读者可以随心选择自己喜欢的类别进行阅读,它的故事内容生 动有趣,故事情节引人入胜、扣人心弦,一旦开始阅读,就想一口气读完, 使阅读真正升华到"悦读"。
- 6. 它附赠的音频材料无与伦比——它不是普通英语母语者的朗读录音,而是专业配音员的演绎再创作。听着它,我们犹如在听广播剧、听评书,又仿佛是在听电影、听话剧……这种聆听英语的享受将彻底扫除学生对英语听力的畏难心理。(音频材料可在网上免费下载:www.blcup.com)

- 7. 它的读本中,既有英式英语,也有美式英语,对应的音频材料也相应 分为英音和美音。读者可根据自己的喜好来选择。
- 8. 它一百多个读本七个级别的划分,是根据"欧洲共同语言参考框架(CEF)"和"剑桥大学外语考试部(ESOL)"的标准来确定的,是建立在科学研究和实践的基础之上的分级。读者可根据自己的英语基础选择相应级别的读本来学习。(这七个级别与中国学生英语基础水平的大致对应关系,请参见图书封底表格。)

为了更好地帮助中国学生学习和欣赏,"剑桥双语分级阅读·小说馆"从 剑桥原版引进后增加了如下内容:

- 1. 增加了适量的辅助学习工具,包括"读前思考""读后活动""学习指导" 三个板块,其中"学习指导"板块又包括生词、短语和表达、文化点滴、阅读练习四项内容。增加这些内容的宗旨是全方位帮助学生提升英语阅读能力, 扩充词汇量,扫除阅读中的文化障碍,提高对英语小说的鉴赏能力。
- 2. 增加了小说全文的参考译文。出于语言学习的考虑,译文尽量采用直译、保证两种语言句子的基本对应、避免文学式意译。

值得一提的是,所增加的辅助学习内容和参考译文,全部由来自全国不同省市著名中学教学一线的英语教师完成,包括人大附中、北大附中、清华附中、黄冈中学、上海中学等三十余所中学。这些一线教师的加盟,确保了所加内容与中国学生的英语学习特点和学习需求相吻合,为学生阅读和欣赏读物、提高英语水平给予恰到好处的助力。

3. 提供配套网络资源。本系列读物配有专题网页,读者可以在网页上了解读物的信息介绍、故事摘要、作者和编译者信息;可以通过"在线测试"定位自己适合阅读哪个级别,再结合自己对题材和英式或美式英语的偏好,来选择具体的读本,还可以进行故事预览和试听,下载录音和拓展习题,与其他读者分享、交流读书心得。教师还可以分享教学经验并下载教案等相关资源。

英语阅读是英语课堂的延伸和补充,也是培养英语语感、提高英语水平的有效途径。选择好的英语读物,收获的却不仅仅是语言的进步。欢迎年轻朋友们来到"剑桥双语分级阅读·小说馆",打开一本本好书,品味一个个好故事,为实现梦想搭建桥梁。

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故事中的人物

Frank Wormold: a writer

Teresa Wormold: a lawyer and Frank's wife

Mel Parks: a Hollywood producer

Chip: a computer

A postman

弗兰克·沃莫尔德: 作家

特丽萨·沃莫尔德: 律师, 弗兰克的妻子

梅尔・帕克斯: 好莱坞制片人

智普: 电脑

邮递员

读前思考

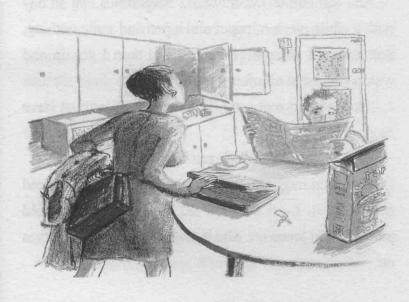
- 1. Look at the front cover of the book and *People in the story* on page 6. What is the book about?
- 2. Look at *People in the story* on page 6 and the pictures in the book. What are the names of the people in the pictures?
- 3. Look at the pictures on pages 9 and 12. What are the people doing?
- 4. If you have the recording, listen to Chapter 1.

Chapter 1 "Every Morning"

'I'm leaving now,' Teresa said.

I looked up from the newspaper. I was in the kitchen, at the table.

'I'm leaving,' Teresa, my wife, said again. She stood at the kitchen table and looked down at me. I looked at my watch. It was eight o'clock in the morning. Time for Teresa, my wife, to go to work. She was a lawyer, a very good lawyer. And she was beautiful.



'What are you going to do today?' Teresa asked. 'Don't go back to bed! Why don't you go out and look for a job?'

'Oh no,' I thought. 'Eight o'clock in the morning, and she's telling me to get a job.'

'But I've got a job,' I said, for about the thousandth time. 'I'm a writer.'

'But you never finish your books! You begin lots of books, but you never finish them.'

She was right. I write by hand in small notebooks – I've got lots of notebooks under the bed – but I don't finish the books.

And sometimes I don't work. Sometimes I sit all day with a white piece of paper and a pen and write nothing. Sometimes I sleep all morning and then I get up and watch television all afternoon.

'You need a real job,' Teresa said. 'We must have more money!'

'Why?' I asked. 'Why must we have more money?'

'We need money to buy things,' she said. 'You need new clothes. Look at your old clothes!' I had an old pullover and jeans on. She had expensive black clothes on. 'There's nothing wrong with my clothes,' I answered. 'My jeans are a little dirty, but I can wash them.'

'You do need new clothes!' Teresa said. 'And I want a nice car. And we need a new television!'

I closed my eyes. Why was Teresa like this in the mornings?

'Open your eyes! Don't go to sleep,' Teresa said. 'I'm talking to you.'

'Look,' I answered. 'I'm not sleeping. I'm thinking. Anyway, you don't read my books,' I said.

'I read the first half of "Every Morning",' Teresa said. 'I liked it.'

Oh, yes, I thought. That was two years ago. Teresa read the first half of one of my books called "Every Morning". It was about a young man in London. She sent the book to all the big London and Hollywood film makers. The film makers didn't answer. And I didn't finish the book.

'Good,' I answered.

'I think I'm going to be home late this evening,' she said. 'There's a lot to do at work.'

'Goodbye,' I answered. 'Have a nice day.'

Teresa closed the door. She didn't say goodbye.



I stood up. Then I saw something black on the floor. It was Teresa's laptop computer. I opened the door but Teresa wasn't there. I went and sat in a chair in front of the television. I thought about Teresa. She was thirty years old. I was thirty years old. She had dark hair and eyes. I had dark hair and eyes. She was one metre eighty. I was one metre eighty. But Teresa liked to work with computers and I didn't like computers. I liked to write with an old pen. She made a lot of money in her job and I made nothing. And now she was angry with me – again.

I closed my eyes and went to sleep.

Chapter 2 The letter

I heard a noise. What was it? I opened my eyes and looked at my watch. It was nine o'clock. There was someone at the front door. I got up slowly and went to the door.

It was the postman. He had some letters in his hand. He looked at my hair.

'Just got up, Mr Wormold?' the postman said. 'I got up six hours ago.'

I didn't answer. I was half-asleep.



'There's a letter for you,' the postman said. 'It's from the USA. Write your name here, please.'

I wrote my name on the postman's paper and took the letter.

'Thank you,' I said and closed the door. I went into the kitchen and looked at the letter. It was big and blue. At the top it said: 'Rogers, Tannenbaum and Schutz Attorneys, Hollywood, California, USA.'

'American lawyers!' I thought. Was the letter for Teresa and not for me? But my name was on the front.

Then I opened the letter and read it.

Rogers, Tannenbaum and Schutz Attorneys

Hollywood, California, U.S.A.

Dear Mr Wormold.

We work for Mel Parks of the MegaMonster Movie Corporation.

Mr Parks read the first half of your book "Every Morning". He likes it very much and wants to read the second half of the story. He also wants to meet you and talk about making a movie of the book.

Mr Parks is in London on March 29th and 30th. He is staying at the Waldorf Hotel. Please telephone him there.

Please do not talk to anyone else about making a movie of "Every Morning".

Yours truly,

R. Steinback