

大学英语应用能力进阶系列教材

# 实用英语口语

## A Practical Course of Oral English

主 编：金 莹  
副主编：肖艳玲  
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清华大学出版社



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海南大学“中西部提升项目——本科教学质量与改革工程”项目教材

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## 内容简介

本书是“大学英语应用能力进阶系列教材”中的主干教材,为进一步提高大学生英语口语的实际运用能力而设计。全书涵盖了课程学习、校园生活、中国文化和社交活动四个主题,共20个单元。每单元提供两个对话范例、深入阅读材料和大量形式多样的口语练习,以便教师进行有效的课堂教学和活动组织,同时,也帮助学生在课后进行自主学习。本书可作为大学英语选修课程或后续课程的教材使用,也可以供广大英语爱好者自学使用。

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# 总 序

高等教育改革发展在党的十八大之后，站在了新的历史起点上。就大学英语教学本身而言，我们当前面临的主要任务是如何把大学英语课程建设成大学生真心喜欢、终身受益的优质课程，以便更好地满足大学生接受高质量、多样化大学英语教学的需求，更加适应国家经济社会发展对人才培养的新要求。

近十年来，围绕着提高大学英语教学质量这一目标，海南大学的大学英语教学改革经历了四个阶段：

- 一、2004年参与教育部启动的大学英语教学改革项目，成为全国180家试点院校之一，推行大学英语网络化教学试点；
- 二、2007年成为全国65所教育部大学英语教学改革示范单位之一，承担向周边院校推广辐射大学英语教学改革成果的重任；
- 三、2010年，全面推行大学英语网络化教学，同年海南大学成为大学英语四、六级网考试点单位，大学英语教学改革全面普及；
- 四、2012年海南大学启动基于课程改革的新一轮大学英语教学改革。此次改革以课程改革为出发点，改变以往大学英语只有一门课程的局面，通过拓展课程逐步形成新的大学英语课程体系，赋予大学英语新的内涵，以满足学生个性需要和社会需求。

此次出版的五本应用能力进阶系列教材便是我校多年大学英语教学改革的结晶之作。在出版的过程中，我们得到了学校教务处的的大力支持，将该系列教材纳入学校中西部提升项目之本科教学质量与改革工程的子项目，予以全额资助，并多次组织专家对立项教材的选题、内容给予指导。同时，该系列教材也倾注了相关任课教师的心血，正是由于这些教师多年的坚持积累和无私付出，才有了这些成果。

在本系列教材即将付梓之际，敬请广大读者和专家斧正，以使之日臻完善。同时，谨向关心、支持本系列教材的所有相关人员表示衷心感谢！

是为序。

陈鸣芬  
2014年6月

# 前言

## Contents

本教材是海南大学“中西部提升项目——本科教学质量与改革工程项目”的成果之一，专为学生完成大学英语基础课程后进一步提高英语口语的实际运用能力而设计，可作为大学英语选修课教材使用。

英语口语的实际运用能力首先表现为能够用英语自然、流畅地谈论与自己息息相关的话题。为此，本教材结合问卷调查中学生们关心的主要话题和在学习、社交和生活中主要出现的相关交谈场景，进行编写设计。

全书包含课程学习、校园生活、中国文化和社交活动四个主题，共20单元。各单元在场景设计、口语练习和深入阅读三方面尽可能做到切合实际、深入浅出、形式多样，以便教师进行有效的课堂教学和活动组织，同时，也帮助学生在课后进行自主学习。

本教材由海南大学外国语学院教学经验丰富的教师团队合作完成。来自哈佛大学的美国交换生Roland Salatino同学为本书的语言做了润色，使之更符合当代大学生的口语特征，在此致谢。

由于时间仓促，编者水平有限，书中难免有疏漏和不足之处，敬请广大读者和同行批评指正，并提出宝贵意见，以便我们进一步加以改进和完善。

海南大学《实用英语口语》编写组

2014年5月

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# Unit 1

## Registration

### *Lead-in*



An essential part of being a university student is the annual registration. For freshman, the registration process involves filling in new student registration forms, working out accommodation arrangements, paying tuition, applying for financial aid and so on. For returning students, the process is much easier. It includes checking, completing, and updating all the information for registration and selecting courses for the following year of study.



## Dialogues



### Dialogue One

- **freshman**  
n. 大一新生
- **junior**  
n. 大三学生

► Yang Tao, a freshman, is going to get registered. On his way to the Student Management Office, he encounters his friend, Li Min, who is a junior and tells him how to register. Yang Tao appreciates his help very much.

**Yang Tao:** Hi, Lin Min, it is great to meet you here.

**Lin Min:** Hey, nice to meet you too. So where are you heading?

**Yang Tao:** The Student Management Office. I'm going to get registered. Do you know how I can do that?

**Li Min:** You're asking the right man. You need to take your ID card, the letter of admission to the university, and...

**Yang Tao:** Anything else?

**Li Min:** Yeah. Sorry, I almost forgot. Before registration, you'd better pay your tuition in full.

**Yang Tao:** Ok, thanks for letting me know.

**Lin Min:** You're welcome. Don't forget the receipt. It's very important.

**Yang Tao:** I got it. Thank you for warning me. See you!

**Lin Min:** See you!

- **tuition**  
n. 学费



## Dialogue Two

► Wang Dong and Li Wei are selecting classes online from their dormitory. They are complaining about the computer network speed.

**Wang Dong:** Hi, buddy. What courses are you going to select?

**Li Wei:** I was told by the upperclassmen that Military Theory and Western Classic Music are really big hits.

**Wang Dong:** I know, but the problem is that they will be full in a few minutes.

**Li Wei:** Best of luck, man. Or we can only choose the courses we don't like.

**Wang Dong:** There you go. If we hurry up, we can still get some good courses.

**Li Wei:** (*a few minutes later*) What's going on?

**Wang Dong:** I didn't make it in time. How can it do this to me? All the courses I like are full. It looks like I can only choose boring courses.

**Li Wei:** The computer network speed is to blame.

**Wang Dong:** Yeah, I'm with you. I hate to complain, but they really should think about making it faster.

**Li Wei:** You said it.

■ **upperclassman**

*n.* 高年级学生

■ **big hits**

大受欢迎

■ **You said it.**

你说得对。

## Sentence Patterns

### Expressing gratitude

- ▼ Thank you for...
- I surely appreciate...
- Thanks for all the trouble you went to.
- I can't tell how grateful I am.
- I don't know how I can ever thank you enough.
- We are most grateful to you for...

### Responding to gratitude

- ▼ It is very kind of you to say so.
- Don't mention it.
- Forget it.
- It is my pleasure.
- It is nothing.
- Don't worry about it.



### Task One

Read aloud the two dialogues of this unit.



### Task Two

Translate the following sentences into English.

1. 去年我错过了注册时间。
2. 我打电话给学校，咨询有关注册的问题。
3. 听说所有学生都要网上选课。
4. 注册前，你最好把学费缴清。
5. 我要问问修过这个老师的课的人，看看她教得好不好。
6. 记得带好你的身份证和录取通知书。



### Task Three

Create a dialogue according to the given situation.

A and B are classmates. They both fail to select the courses they are fond of. Now they are complaining about the online course selection system.



### Further Reading

#### How to Prepare for the First Year in College

The first year of college is no cake walk. While you're confronted with new classes and academic challenges, you'll also be adjusting to a new lifestyle away from home. There are ways to get organized and emotionally ready yourself for this new phase of life, and the sooner you start, the better off you'll be once the semester kicks off.

#### Stay Productive

If you skated through high school with little studying, prepare for a shock freshman year. Schedules are rigorous, and many required freshman courses like English are designed to get you used to a consistent workload. Prepare for this by getting your mind in shape over the summer. Take on a part-time or full-time job, and keep reading, even if you choose to read novels or fantasy. Any way to keep your mind active is a positive step toward readiness for freshman year. Instead of soaking up the sun by the pool all summer,

■ **confront**

v. 面对, 遭遇

■ **semester**

n. 学期

■ **rigorous**

adj. 严格的, 严密的

- **on-the-go**  
adj. 忙个不停的,  
活跃的
- **discomfort**  
n. 不适, 不安
- **jumping jack**  
两脚起跳、两脚落  
地的跳跃动作
- **pushup**  
n. 俯卧撑

- **bedding**  
n. 寝具

save that activity for the weekends and use the week to keep your mind sharp with reading, sports and work.

## Stay Fit

If you've never hit the gym or laced up sneakers for a sport or a jog, it's time to start. Physical fitness will make your life easier freshman year when your schedule will require late-night study sessions and lots of food-oriented activities. The famous "freshman fifteen" is not a myth. Many students find that the on-the-go lifestyle of freshman year causes weight gain and discomfort. Start making time for daily exercise now, even if that means a quick walk around the block in the morning to clear your head or a break every two hours for jumping jacks and pushups. You'll sleep better, study more effectively, and feel more confident if you get regular exercise.

## Start Organizing Your Living Space

Whether you're living at home or moving to a dorm, your living space will change once you begin freshman year. You'll need to have a clean, clear space in your room for reading and studying. If you plan to live at home, have an honest discussion with your family about the time and space you'll need for quiet study hours. Make sure siblings and parents understand that you may need to be undisturbed for hours during the day while you study for tests or write papers. If you plan to move to a dorm, pick out your bedding and make sure you have a container for your bathroom items since you'll likely travel down the hall to a shared bathroom during freshman year. It may take some time to get used to a new living space, but start thinking

about the way you want to organize it around personal comfort and studying needs.

## Make a Budget

One of the most overlooked preparations for freshman year is budgeting. After all, you may be out of your parents' house and on your own for the first time, or you may be living at home but expected to provide your own meals or pitch in with bills. Sit down and make a budget that outlines how much you can spend per week on food, gas, entertainment like movies and sports tickets, and other miscellaneous needs like toiletries. If you live in a dorm, the cost of housing will be added to your tuition bill, but smaller expenses like soap, shampoo, razors and laundry soap can sneak up on you if you don't budget properly. Staying in control of your finances will mitigate stress and allow you to focus on the really important parts of college: learning, community and friendships.

- **miscellaneous**  
*adj.* 混杂的, 各种各样的



## Task One

Answer the following questions based on the passage.

1. Why is physical fitness important for your freshman year?
2. What should you prepare if you want to live in a dorm?
3. What is the importance of making a budget for your first year of college life?
4. How to get emotionally prepared for your college life?



## Task Two

Retell the passage.





### Task Three

Discuss the following question.

How to adjust to the new lifestyle in the first year of you college life?

# Unit

## 2

# Courses and Majors

### *Lead-in*



Hainan University is one of the national “211 Project” comprehensive universities. There are 20 colleges and more than 70 undergraduate majors, 130 postgraduate programs and 34 PhD programs that offer nine categories of disciplines including philosophy, economics, law, literature, natural sciences, agriculture, engineering, management, and art. Courses vary from major to major according to the teaching plans. Optional courses are also available.

## Dialogues



### Dialogue One

■ optional course  
选修课程

► Li Ling is talking about choosing optional courses with He Fen, one of her roommates, in the dormitory. They will take different optional courses they like.

**Li Ling:** He Fen, I've decided to choose English Public Speaking. It is one of my favorite optional courses.

**He Fen:** That sounds like a challenge for me. I'm too shy to speak English in public, so I don't think I will like it.

**Li Ling:** Well, what optional courses are you interested in?

**He Fen:** I'm really interested in English Movie Appreciation and English Literature.

**Li Ling:** Which one do you prefer?

**He Fen:** The former, for sure.

**Li Ling:** Why?

**He Fen:** I'm crazy about English movies. Watching English movies is one of the most efficient ways to learn English.

**Li Ling:** Oh, I see. So you will take it, then?

**He Fen:** Yeah. I think I'm not only going to learn a lot, but also will really enjoy myself by attending it.