

COMPREHENSIVE ENGLISH
AUDIO-VISUAL COURSE

综合英语 视听说教程

主 编 戴丽萍 周红红
副主编 刘艳秋 孔 飞
主 审 郭海云



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内 容 简 介

本书以功能意念贯穿始终,采用视、听、说、写、译相结合的方法,旨在全面提高非英语专业研究生和具有一定基础的英语爱好者的英语综合应用能力。本书所有视听说语料都选自近期英美国主要媒体的新闻报道、人物访谈、热点话题讨论和励志故事等,选材融知识性、趣味性和真实性于一体,语言贴近现实生活。教材选取学生们最关注 15 个专题,从求学之路到健康生活到谈婚论嫁和求职谋生,每单元包含新萌语、跟我学、听进去、说出来、写一写、测一测和秀一秀等七大板块,真实有趣的语言材料充分激发学生的学习动力和潜力;丰富多彩的语言活动与视听内容紧密相联,将听、说、写、译融为一体,有效地操练各项语言技能,迅速培养和提升学生的英语水平。

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前 言

我常对同学们说，“作为中国人，你们是何等幸福啊！因为世界上最难的一种语言，中文，是你们的母语，大家小时候不知不觉就学会了；而你们现在要学的外语，英语，又是世界上最简单的一种语言。”说完后我发现大家表情各异，有吃惊的，仿佛在说：“哦，原来英语是世界上最简单的语言？”有困惑的：“我咋从没有觉得幸福呢？”，但最多的是一种无可奈何的苦笑：“简单吗？我可已经学了十多年英语了……”是啊，世界上最遥远的一种距离，可能就是学了十多年，但是英语依然遥不可及。

在长期的英语教学实践中我们发现，大部分同学有一定的英语基础，积累了一定的英语知识，比如英语词汇量在5000个以上，具有一定的阅读和遣词造句能力，但是听力水平低下，口语结结巴巴，写作词不达意，翻译就更别提了，往往是译成的汉语让中国人茫然，译出的英语叫英国人皱眉头……

真有这么糟糕吧？不是的！其实你们距离成功只有一步之遥，你们只是需要一把钥匙去开启尘封的记忆宝库，激活沉睡的英语知识，实现能流利使用英语的梦想，即能听得明白，说得流利，写得通顺，译得清楚。本教程想传递给大家的，就是这把钥匙。我们相信，现在的你和一个能熟练运用英语的你之间的距离，就是这本教材的厚度。

本教材是我们数十年教学和科研的最新成果。英语学习是大脑的游戏，研究发现：大脑喜欢色彩，美轮美奂的教材使英语学习成为赏心悦目之举；大脑需要动力，真实的、活生生的语言素材为大脑运作提供最优质的“燃料”；大脑喜欢提问，在解决问题和寻找答案中收获学习的快乐；大脑需要运动，自娱自乐自言自语成为提高语言水平的有效手段；大脑喜欢重复，周而复始，锲而不舍，方能精益求精；大脑需要交流，融视、听、说、写、译为体，刺激感官，提升效率；大脑善于归类，调动模仿、类比、联想各种手段，实现知识暴增，技能速成；大脑喜欢幽默，生动、风趣、搞笑令你过目不忘，余音绕梁。

教材的 15 个单元涵盖同学们最感兴趣的 15 个话题，内容包括：求学之路、语言学习、健康生活、谈婚论嫁、成功要素、男女有别、家庭亲情、节能环保、多元文化、兴趣爱好、交通运输、把控情绪、科学技术、求职谋生和珍爱生命。每单元包含七大板块，分别是：

- (1) 新萌语——学会汉语中新词萌语的英文表达；
- (2) 跟我学——春风化雨般导入本单元的学习内容；
- (3) 听进去——一饱耳福的时尚话题；
- (4) 说出来——操练思维、训练表达；
- (5) 写一写——概括、总结、翻译；
- (6) 测一测——直面躲不过的听力测试；
- (7) 秀一秀——发现自己十分了不起！

读者可以扫描该书封底的二维码，下载本教材所有的音视频材料，同时我们还将开设学习平台供大家交流学习体会、共享学习资源和分享学习成果。

本教材编写过程中，我们从优酷、土豆、TED 等网络资源中下载了大量的音视频材料，特此致谢。另外，感谢北京交通大学语言与传播学院的张悦、孙娇娇、王颖、宋海娟、李菁、刘聪颖等同学参与了材料收集、练习测试、校对和 PPT 的制作工作。

愿本教材成为一颗快乐学习的种子，在大家心中发芽生根，茁壮成长成一棵棵热爱学习、关于学习和高效学习的参天大树，汇聚成一片片双语交流和沟通的快活林。

北京交通大学研究生英语部

2015 年元旦

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What's Your School Motto?

Unit 1

Catchwords

- 校花 school beauty, campus queen
- 学霸 super scholar, curve wrecker
- 海归 overseas returnee
- 土鳖 hillbilly
- 母校 alma mater
- 校训 school motto
- 终生学习 lifelong learning
- 学术腐败 academic corruption
- 女学究 blue stocking
- 死记硬背 cramming
- 翘课 play hooky
- 上课开小差 zone out
- 万事通 know-it-all, know-all
- 学历门槛 academic threshold
- 学历造假 fabricate academic credentials
- 应试教育 exam-oriented education
- 学生减负 reduce study load
- 临时抱佛脚 cram for the exam
- 在职博士生 on-job doctorate
- 论文答辩 (thesis) oral defense
- 素质教育 education for all-round development
- 毕业旅行 after-graduation trip
- 义务教育 compulsory education
- 以人为本 people oriented, people foremost





Part One *Leading in*



Task 1

Look at the emblems and then match them with the university names.
(Note: Some university names are removed from their emblems.)



1



2



3



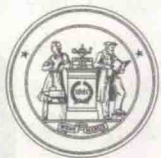
4



5



6



7



8



9



10

Oxford

Princeton

Stanford

Cornell

UC-Davis

Columbia

Cambridge

Harvard

Yale

MIT

1. _____
2. _____
3. _____
4. _____
5. _____
6. _____
7. _____
8. _____
9. _____
10. _____



Task 2

Find out the answers to the following questions.

1. What are the most prestigious universities in the United States, the United Kingdom, Canada and Australia?

2. What is the motto of UC-Berkeley?

3. Among the world top 50 universities, which one is your "dream school", why?

4. Do you enjoy your university days? What issue worries you the most as a college student?

5. What is your career planning after stepping out of university, the "ivory tower"?



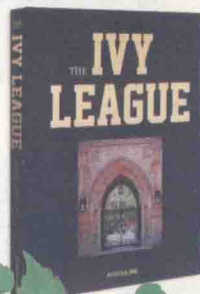
Part Two *Listening in*



In this section, you are going to listen to a speech by the president of Cornell University (2' 02"). First read the following words and phrases aloud and then do the tasks below.

Word Tips

innovation [ˌɪnə'veɪʃn]	n. (技术等) 革新
expertise [ˌɛkspɜː'tiːz]	n. 专业知识
transfer [træns'fɜː(r)]	n. (技术等) 转让
passion ['pæʃn]	n. 热诚, 激情
record breaking	破纪录的



Culture Tips

1. Ivy League: The Ivy League is a collegiate athletic conference comprising sports teams from eight private institutions of higher education in the Northeastern United States. The conference name is also commonly used to refer to those eight schools as a group. The eight institutions are Brown University, Columbia University, Cornell University, Dartmouth College, Harvard University, Princeton University, the University of Pennsylvania, and Yale University.
2. Cornell University: It is a comprehensive research university, located in Ithaca, New York, U.S., a traditional member of the Ivy League. It was founded by Ezra Cornell in 1865. The University is renowned for its academic excellence, selectivity in admissions, and social elitism. The school Motto is *Lux et Veritas* (Latin), meaning, "Light and Truth".





Task 1

Listen to the report carefully and fill in the blanks with proper words or phrases.

- We are going to do even more than what we have done so well for so long, bringing a top (1) _____ engineering schools, a top (2) _____ faculty of computer information science, a well-trying (3) _____ of starting companies, creating jobs, expanding companies with jobs to New York city.
- Sometimes, (4) _____ brings things together in the way you can never dream of. I have been waiting for an (5) _____ like this for a (6) _____ and half. I've had a (7) _____ and been (8) _____ to bringing higher education and business community together for (9) _____ development, for technology (10) _____, for job creation, for keeping this country moving ahead. Cornell is the natural partner for New York City.



Task 2

Listen to the report again, focusing on the specific information, and then decide whether the following statements are true or false. Write T for true and F for false.

- _____ 1. President Skorton has worked half of his professional lifetime in the areas of innovation, technology transfer and higher education business partnerships.
- _____ 2. Cornell University had already started 20 companies in one year last year.
- _____ 3. Cornell University wants to bring that expertise, that experience, that track record to New York, innovated in media, in fashion, in finance.
- _____ 4. Cornell University has the courage and the ability to aim high and think big.
- _____ 5. Cornell is in the process of a record breaking million dollar project to double the research space.



In this section, you are going to watch a video clip (4' 38"). Read the following words and phrases aloud first and then do the tasks below.



Word Tips

kick off	开始
cross one's fingers for good	祈求好运, 祝自己好运 永远地
pretty ['prɪti]	ad. 很, 十分
guidance counselor	指导顾问
acceptance letter	录取通知书
frantic ['fræntɪk]	a. 发狂, 急如星火
option ['ɒpʃn]	n. 选择
last-minute cramming	考前突击, 临时抱佛脚
test prep study book	备考辅导书



Task 1

Answer the following questions before watching the video clip.

1. What is SAT?

2. What is PSAT?

3. What is ACT?

4. What do TOFEL, IELTS, GRE and GMAT stand for?

5. What is "ApplyTexas"?

6. What does "procrastinate" mean?



Task 2

Watch the video clip and then answer the questions. Choose the best answer to each question from the four choices given below.

1. What is this passage mainly about?

A) Applying to college.

B) How to write an application.



- C) How test prep study books help while preparing for college admission test.
D) How stressful preparing for SAT is!
- 2. Why did the first speaker take the PSAT?**
A) To help prepare for the actual SAT. B) To become a freshman.
C) To dip her toes into the testing world. D) To take a free SAT prep class.
- 3. What should you do if your school doesn't have a prep SAT course?**
A) You should go and find one in another school.
B) You should ask your friends for help.
C) You should ask your school counselor to help you find one.
D) You should check the newspaper classified ad section to find one.
- 4. Why did the first speaker take SAT seriously?**
A) Because the scores would impact whether or not one gets admitted to a college.
B) Because the scores would impact the amount of the scholarship.
C) Because the scores would impact what classes to take on campus.
D) All of the above reasons.
- 5. How did the second speaker figure out what the tests are actually like?**
A) He checked with the colleges.
B) He checked out a couple of test prep study books from the library.
C) He talked it over with his guidance counselor.
D) He checked out which school preferred which test.
- 6. What test(s) did the second speaker take?**
A) SAT only. B) Both PSAT and SAT.
C) Both ACT and PSAT. D) Both SAT and ACT.
- 7. What do we know about the results of the second speakers' tests?**
A) They are within the range of the colleges.
B) They both look pretty and decent.
C) One looks pretty and one looks decent.
D) The boy felt that they would be good.
- 8. What wouldn't the third speaker necessarily recommend?**
A) To make sure the college applications are true.
B) To get the college applications in at the last possible second.
C) To count them carefully before sending in the applications.
D) None of the above.
- 9. Why didn't the third speaker apply earlier?**
A) She didn't hear anyone talking about the work on applications.
B) She didn't know anything about taking the admissions tests.
C) She never got her act together to do anything about it.
D) She expected someone to come along and apply for her.

10. The third speak was lucky because _____.

- A) there was still one chance left to take the SAT
 B) she was careful about where and when the test was
 C) she did some last-minute cramming with the SAT study guides
 D) All of the above



Task 3

You're going to hear three sentences twice each. Listen to each of them carefully and write down the key words. Then paraphrase the sentences orally in your own words.

1. _____
 2. _____
 3. _____



Part Three Speaking out



In this section, you are going to watch some video clips concerning university life. Watch them first and then do the tasks below.



Task 1

Monologue: Watch the video clip "Capulate's College Life" (2'03"). Prepare a similar speech about your university life. Your story should focus on the following aspects:

- Academic activities and achievements (subjects/ course work, credits/scores/grades, scholarship, awards etc.)
- Social life (teachers, classmates, friends, parties etc.)
- Extracurricular activities (school band, sports etc.)
- Off-campus activities (sight-seeing, eating out etc.)





Task 2

Pair Work: Watch a video clip (1'43") and talk with your partner. Use the video episode as an example to compare high school life with college life.

	High School	College/University
life-style	dependent on parents	independent, more freedom
environment	familiar neighborhood and community, people you know well, family and friends etc.	(will probably) move to another city, new place; orientation week new people: meet strangers & make friends
learning	guided by teachers	study on one's own
extracurricular activities	not many, less diversified	more diversified; clubs, associations & societies, hobby/interest groups etc.



Task 3

A—Role play: Watch the video clip "Working in Teams (3'22)". Read the following words and phrases aloud first and then role play the episode.

Word Tips

stage [steɪdʒ]	v. 上演
mock trial	模拟审判
prosecution [ˌprɒsɪˈkjuːʃn]	n. 指控, 公诉
witness ['wɪtnəs]	n. 目击证人
wind up	结束
defendant [dɪ'fendənt]	n. 被告
charge [tʃɑːdʒ]	n. 指控
draw straws	抽签
rock, paper, scissors	石头剪子布
arm wrestling	扳腕子
prosecutor [ˌprɒsɪkjuːtə(r)]	n. 控方, 公诉人
rehearse [rɪ'hɜːs]	v. 排练
incorporate [ɪn'kɔːpəreɪt]	v. 收编
unison ['juːnɪsn]	n. 异口同声