

Yao & Artusio's Anesthesiology Problem-Oriented Patient Management

Yao & Artusio 麻醉学

问题为中心的病例讨论
(第7版)

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Yao & Artusio

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(第7版)

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随着全球人口的老齡化，中国的老齡人群也以每年 1000 万的速度递增。老齡患者的不断增加，给麻醉管理带来巨大挑战。在成年患者普遍采用的麻醉管理模式，如果被完全复制在老年患者的麻醉管理当中，将导致很多并发症的发生。虽然国际上有很多的麻醉管理指南出现，但对于合并多重内科疾病的老年患者，要获得基于多重疾病患者麻醉的多中心大样本循证研究的证据仍然十分困难，而且不易实施。因此在临床实践过程中，基于个案的疑难危重患者的病例讨论形式弥补了这一缺陷，对指导此类患者的麻醉管理发挥了重要的作用，这可能也是第 6 版《Yao & Artusio 麻醉学：问题为中心的病例讨论》中文版出版后受到广大读者青睐的主要原因之一。

第 6 版《Yao & Artusio 麻醉学：问题为中心的病例讨论》中文版受到全国广大麻醉医生的喜爱和推崇。部分麻醉医生或者麻醉科室将其作为疑难危重患者管理的培训教材。这本书在临床实践中发挥了重要的指导作用，推动麻醉质量和安全的不断提升。

时隔 4 年，再版发行，更新了 30% 的内容。第 7 版在章节重组以及图表格式精确化、章节内容的完善方面，均体现了原书主编追求麻醉卓越与不断跟进临床实践进展步伐的意图。相信第 7 版的引进将推动中国麻醉临床实践的不断进步；并通过将麻醉学逻辑化的思考与理性的准确判断与处置应用于临床实践，推动中国麻醉临床水平的不断提升，造福于中国广大的手术患者。

麻醉学的发展正在经历巨大的改变与进步，从过去关注术中管理向关注围术期患者术后早期和远期转归与康复转化。“Enhanced Recovery After Surgery”理念的推出以及在欧美发达国家的迅速推动，无疑将麻醉管理的视野延伸至患者的术后转归与康复上。麻醉学在这一理念与实践转化过程中将扮演愈加重要的角色，并将逐步奠定麻醉医师在整个围术期患者管理中的领导地位。本书也契合目前的国际发展趋向，更多内容延伸至注重术后转归的麻醉管理思路与分析，将使我们从再版书籍中受益更多。

本书由许多年轻一代的麻醉医师翻译，并由麻醉专家、教授审阅。尽管如此，由于时间所限，书中不免有许多不足和缺陷，望读者批评指正。

在本书出版之际，再次感谢参与本书翻译和审校的麻醉医师和专家学者的辛勤工作与付出，同时也感谢广大读者对此书的厚爱，正是您们的支持推动我们再版翻译的热情以及追求卓越的坚韧与努力。

王天龙 李 民 冯 艺 李成付
2014 年 4 月 8 日

外科手术和临床麻醉的重要进展促使本书新版本的诞生。本书已经用英语、德语、日语、汉语和葡萄牙语五种语言发行。前6版在美国及海外均很畅销，鼓舞着我们不断更新和拓展其内容。第7版是为了进一步改善复杂手术的麻醉管理。

与我们的前几个版本一样，《YAO & ARTUSIO 麻醉学：问题为中心的病例讨论》展现了一系列涵盖绝大多数麻醉关键问题的临床内容。它为个体化患者管理提供理论及科学依据。

在第7版中，《YAO & ARTUSIO 麻醉学》按照器官系统组织成书，共包括12个部分62章。每一章均以简单的病例摘要开始，随后是各疾病相关的四大基本问题：①病生理与鉴别诊断；②术前评估与准备；③术中管理；④术后麻醉管理。本书采用提问-回答的形式，其目的是强调麻醉问题和让麻醉科医师对于患者管理有机会形成自己的意见。每一问题后面均有合理的答案和更新的参考文献。

为了保持内容的新颖性，第7版的三分之一由新的章节组成或由新作者编写。来自于不同器官系统的所有儿科相关章节被重新编入新的儿科麻醉部分以反映该亚专科的重要性。本书的内容反映了康乃尔大学威尔医学院（Department of Anesthesiology at Weill Medical College of Cornell University）、纽约长老会医院（New York Presbyterian Hospital）麻醉科的临床经验。在本版中，其他享有盛誉的研究中心的专家们也为本书的广泛接受性提供了宝贵的意见。书中的资料可用于住院医师和麻醉实践者的教学；也可作为麻醉科医师继续教育的复习资料。

请多提关于未来版本的建议、评价与批评。

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