

附 什密特钢琴五指练习

24条大小调音阶、琶音、和弦练习

HAANNON

哈农

钢琴初级练指法



中国文联出版社

何少英 / 编

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版本说明

本书是钢琴基本练习的实用教材，由如下三部分组成：

在钢琴入门、初学阶段，练习《哈农钢琴练指法》是必不可少的，本书从中选出最常用的 31 条练习，以供学习者练习之用。

《什密特钢琴五指练习》是钢琴基本练习行之有效的教材，遗憾的是，在我国钢琴教学中往往被人们忽视。本书从中选出 32 条练习，供具有一定程度的钢琴学习者进行流畅练习时使用。

在钢琴基本练习中，音阶练习是必不可少的内容，本书将 24 条大小调的音阶、琶音（三种形式）以及和弦全部列出，以供不同程度的钢琴学习者选用。

编 者

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哈农钢琴练指法

(31条)

1. (上行)

First system of piano exercises, measures 1-4, marked "1. (上行)". The music is in 4/4 time. The right hand plays a sequence of eighth notes: C4 (1), D4 (2), E4 (3), F4 (4), G4 (5), F4 (4), E4 (3), D4 (2), C4 (1), D4 (2), E4 (3), F4 (4), G4 (5), F4 (4), E4 (3), D4 (2). The left hand plays a sequence of eighth notes: C3 (5), B2 (4), A2 (3), G2 (2), F2 (1), G2 (2), A2 (3), B2 (4), C3 (5), B2 (4), A2 (3), G2 (2), F2 (1), G2 (2), A2 (3), B2 (4).

Second system of piano exercises, measures 5-8. The right hand continues the sequence: D4 (1), E4 (2), F4 (5), G4 (1), A4 (2), B4 (5), C5 (1), D5 (2). The left hand continues: C3 (5), B2 (4), A2 (1), G2 (5), F2 (4), E2 (1), D2 (5), C2 (4).

Third system of piano exercises, measures 9-12. The right hand continues: E4 (5), F4 (1), G4 (2), A4 (5), B4 (1), C5 (2), D5 (5), E5 (1). The left hand continues: C3 (1), B2 (5), A2 (4), G2 (1), F2 (5), E2 (4), D2 (1), C2 (5).

(下行)

Fourth system of piano exercises, measures 13-16, marked "(下行)". The right hand plays: D5 (5), C5 (4), B4 (3), A4 (2), G4 (1), F4 (5), E4 (4), D4 (3), C4 (2), B3 (1), A3 (5), G3 (4), F3 (3), E3 (2), D3 (1), C3 (5). The left hand continues: C3 (1), B2 (5), A2 (4), G2 (1), F2 (5), E2 (4), D2 (1), C2 (5).

Fifth system of piano exercises, measures 17-20. The right hand continues: B3 (1), A3 (5), G3 (4), F3 (1), E3 (5), D3 (4), C3 (1), B2 (5). The left hand continues: C3 (5), B2 (1), A2 (2), G2 (5), F2 (1), E2 (2), D2 (5), C2 (1).

Sixth system of piano exercises, measures 21-24. The right hand continues: A3 (5), G3 (4), F3 (1), E3 (5), D3 (4), C3 (1), B2 (5). The left hand continues: C3 (5), B2 (1), A2 (2), G2 (5), F2 (1), E2 (2), D2 (5), C2 (1).

2.

First system of piano music, measures 1-4. The music is in 4/4 time. The right hand (treble clef) and left hand (bass clef) both play quarter notes. Fingering numbers are written above the right hand notes and below the left hand notes.

Right hand notes: C4 (1), D4 (2), E4 (5), F4 (4), G4 (3), A4 (4), B4 (3), C5 (2), B4 (1), A4 (2), G4 (5), F4 (4), E4 (3), D4 (4), C4 (3), B3 (2).

Left hand notes: C3 (5), D3 (3), E3 (1), F3 (2), G3 (3), A3 (2), B3 (3), C4 (4), B3 (5), A3 (3), G3 (1), F3 (2), E3 (3), D3 (2), C3 (3), B2 (4).

Second system of piano music, measures 5-8. The music continues with quarter notes in both hands.

Right hand notes: D4 (1), E4 (2), F4 (5), G4 (3), A4 (1), B4 (2), C5 (5), B4 (3), A4 (1), G4 (2), F4 (5), E4 (3), D4 (1), C4 (2), B3 (5).

Left hand notes: C3 (5), D3 (3), E3 (1), F3 (3), G3 (3), A3 (3), B3 (3), C4 (3), B3 (5), A3 (3), G3 (3), F3 (3), E3 (3), D3 (3), C3 (5), B2 (3).

Third system of piano music, measures 9-12. The music continues with quarter notes in both hands.

Right hand notes: D4 (3), E4 (1), F4 (2), G4 (5), A4 (3), B4 (1), C5 (2), B4 (5), A4 (3), G4 (1), F4 (2), E4 (5), D4 (3), C4 (1), B3 (3).

Left hand notes: C3 (3), D3 (5), E3 (3), F3 (1), G3 (3), A3 (5), B3 (3), C4 (3), B3 (5), A3 (3), G3 (3), F3 (3), E3 (3), D3 (3), C3 (3), B2 (3).

Fourth system of piano music, measures 13-16. The music continues with quarter notes in both hands.

Right hand notes: E4 (5), F4 (2), G4 (1), A4 (2), B4 (3), C5 (2), D5 (3), C5 (4), B4 (5), A4 (2), G4 (1), F4 (2), E4 (3), D4 (2), C4 (3), B3 (5).

Left hand notes: C3 (1), D3 (3), E3 (5), F3 (4), G3 (3), A3 (4), B3 (3), C4 (2), B3 (3), A3 (4), G3 (3), F3 (2), E3 (1), D3 (3), C3 (5).

Fifth system of piano music, measures 17-20. The music continues with quarter notes in both hands.

Right hand notes: D4 (3), E4 (5), F4 (2), G4 (1), A4 (3), B4 (5), C5 (2), B4 (1), A4 (3), G4 (5), F4 (2), E4 (1), D4 (3), C4 (5), B3 (3).

Left hand notes: C3 (3), D3 (1), E3 (3), F3 (5), G3 (3), A3 (1), B3 (3), C4 (5), B3 (3), A3 (1), G3 (3), F3 (5), E3 (3), D3 (1), C3 (3).

Sixth system of piano music, measures 21-24. The music concludes with a whole note in the right hand and a whole note in the left hand.

Right hand notes: E4 (5), F4 (2), G4 (1), A4 (3), B4 (5), C5 (2), D5 (3), E5 (1).

Left hand notes: C3 (1), D3 (3), E3 (5), F3 (4), G3 (3), A3 (4), B3 (3), C4 (2), B3 (3), A3 (4), G3 (3), F3 (2), E3 (1), D3 (3), C3 (5).

3.

First system of piano music, measures 1-4. The music is in 4/4 time. The right hand (treble clef) plays a sequence of eighth notes: G4 (1), A4 (2), B4 (5), A4 (4), G4 (3), F#4 (2), E4 (3), D4 (4). The left hand (bass clef) plays a sequence of eighth notes: G3 (5), F#3 (3), E3 (1), D3 (2), C3 (3), B2 (4), A2 (3), G2 (2). Fingering numbers 1-5 are written above the right hand notes and below the left hand notes.

Second system of piano music, measures 5-8. The right hand continues the eighth-note sequence: D4 (1), E4 (2), F#4 (5), G4 (3), A4 (1), B4 (2), C5 (5), D5 (3). The left hand continues: F#2 (5), E2 (3), D2 (1), C2 (3), B1 (5), A1 (3), G1 (1), F#1 (3). Fingering numbers 1-5 are written above the right hand notes and below the left hand notes.

Third system of piano music, measures 9-12. The right hand continues: E5 (3), F#5 (1), G5 (2), A5 (5), B5 (3), C6 (1), D6 (2), E6 (5). The left hand continues: E1 (5), D1 (3), C1 (1), B0 (3), A0 (5), G0 (3), F#0 (1), E0 (3). Fingering numbers 1-5 are written above the right hand notes and below the left hand notes.

Fourth system of piano music, measures 13-16. The right hand continues: F#6 (5), G6 (2), A6 (1), B6 (2), C7 (3), D7 (4), E7 (3), F#7 (2). The left hand continues: D0 (5), C0 (3), B0 (1), A0 (2), G0 (3), F#0 (4), E0 (3), D0 (2). Fingering numbers 1-5 are written above the right hand notes and below the left hand notes.

Fifth system of piano music, measures 17-20. The right hand continues: G7 (3), A7 (5), B7 (2), C8 (1), D8 (3), E8 (5), F#8 (2), G8 (1). The left hand continues: C0 (5), B0 (3), A0 (1), G0 (2), F#0 (3), E0 (5), D0 (3), C0 (2). Fingering numbers 1-5 are written above the right hand notes and below the left hand notes.

Sixth system of piano music, measures 21-24. The right hand continues: A8 (5), B8 (2), C9 (1), D9 (3), E9 (5), F#9 (2), G9 (1), A9 (3). The left hand continues: B0 (5), A0 (3), G0 (1), F#0 (2), E0 (3), D0 (5), C0 (3), B0 (2). Fingering numbers 1-5 are written above the right hand notes and below the left hand notes. The system ends with a double bar line.

4.

Handwritten number 4.

Handwritten fingering numbers above the treble staff: 1 2 1 2 5 4 3 2 1 2 1 2 5 4 3 2

Handwritten fingering numbers below the bass staff: 5 4 5 3 1 2 3 4 5 4 5 3 1 2 3 4

Handwritten fingering numbers above the treble staff: 1 2 5 1 2 5 1 2

Handwritten fingering numbers below the bass staff: 5 3 1 5 3 1 5 3

Handwritten fingering numbers above the treble staff: 5 1 2 5 1 2 5

Handwritten fingering numbers below the bass staff: 1 5 3 1 5 3 1

Handwritten fingering numbers above the treble staff: 5 4 5 2 1 2 3 4 5 4 5 2 1 2 3 4 5 2

Handwritten fingering numbers below the bass staff: 1 2 1 3 5 4 3 2 1 2 1 3 5 4 3 2 1 3

Handwritten fingering numbers above the treble staff: 1 5 2 1 5 2 1

Handwritten fingering numbers below the bass staff: 5 1 3 5 1 3 5

Handwritten fingering numbers above the treble staff: 5 2 1 5 2 1 1

Handwritten fingering numbers below the bass staff: 1 3 5 1 3 5 5

5.

First system of piano music, measures 1-4. The music is in 4/4 time. The right hand (treble clef) and left hand (bass clef) both play quarter notes. Fingerings are indicated by numbers 1-5 above or below the notes.

Right hand: 1 5 4 5 | 3 4 2 3 | 1 5 4 5 | 3 4 2 3

Left hand: 5 1 2 1 | 3 2 4 3 | 5 1 2 1 | 3 2 4 3

Second system of piano music, measures 5-8. The music continues with quarter notes in both hands.

Right hand: 1 5 | 3 2 | 1 5 | 3 2 | 1 5

Left hand: 5 | 3 4 | 5 | 3 4 | 5

Third system of piano music, measures 9-12. The music continues with quarter notes in both hands.

Right hand: 3 2 | 1 5 | 3 2 | 1 5 | 3 2

Left hand: 3 4 | 5 | 3 4 | 5 | 3 4

Fourth system of piano music, measures 13-16. The music continues with quarter notes in both hands.

Right hand: 1 2 1 3 | 2 4 3 5 | 1 2 1 3 | 2 4 3 5 | 1

Left hand: 5 4 5 3 | 4 2 3 1 | 5 4 5 3 | 4 2 3 1 | 5

Fifth system of piano music, measures 17-20. The music continues with quarter notes in both hands.

Right hand: 2 3 | 1 | 2 3 | 1 | 2 3

Left hand: 4 3 | 5 | 4 3 | 5 | 4 3

Sixth system of piano music, measures 21-24. The music concludes with a final measure containing a whole note in the right hand and a whole note in the left hand.

Right hand: 1 | 2 3 | 1 | 2 3 | 1

Left hand: 5 | 4 3 | 5 | 4 3 | 5

6.

The musical score consists of six systems, each with a treble and bass staff. The time signature is 4/4. The music is a continuous sequence of eighth-note chords and single notes, with fingerings indicated by numbers 1-5. The first system is marked with a large '6.' and a brace. The second system ends with a double bar line. The third system continues the sequence. The fourth system ends with a double bar line. The fifth system continues the sequence. The sixth system ends with a double bar line.

7.

1 3 2 4 3 5 4 3 1 3 2 4 3 5 4 3

5 3 4 2 3 1 3 4 5 3 4 2 3 1 3 4

1 5 4 3 1 5 4 3 1

5 1 3 4 5 1 3 4 5

5 4 3 1 5 4 3 1 5 4 3

1 3 4 5 1 3 4 5 1 3 4

5 3 4 2 3 1 3 4 5 3 4 2 3 1 3 4 5

1 3 2 4 3 5 4 3 1 3 2 4 3 5 4 2 1

1 3 4 5 1 3 4 5 1 3 4

5 4 3 1 5 4 3 1 5 4 3

5 1 3 4 5 1 3 4 1

1 5 4 3 1 5 4 3 5

8.

The exercise is written in 4/4 time and consists of six systems of two staves each. The first system includes a large '8.' marking. The notation includes various fingerings (1-5) and articulations such as slurs, accents, and dynamic markings like 'f' and 'p'. The exercise is designed to develop technical skills in both hands.

System 1: Treble clef starts with a slur over four eighth notes (F4, G4, A4, B4) with fingerings 1, 2, 4, 5. Bass clef starts with a slur over four eighth notes (F3, G3, A3, B3) with fingerings 5, 4, 2, 1. The system continues with similar patterns in both hands.

System 2: Treble clef starts with a slur over four eighth notes (B4, A4, G4, F4) with fingerings 1, 2, 3, 4. Bass clef starts with a slur over four eighth notes (B3, A3, G3, F3) with fingerings 5, 4, 3, 2. The system continues with similar patterns in both hands.

System 3: Treble clef starts with a slur over four eighth notes (F4, G4, A4, B4) with fingerings 1, 2, 3, 4. Bass clef starts with a slur over four eighth notes (F3, G3, A3, B3) with fingerings 5, 4, 3, 2. The system continues with similar patterns in both hands.

System 4: Treble clef starts with a slur over four eighth notes (B4, A4, G4, F4) with fingerings 1, 2, 3, 4. Bass clef starts with a slur over four eighth notes (B3, A3, G3, F3) with fingerings 5, 4, 3, 2. The system continues with similar patterns in both hands.

System 5: Treble clef starts with a slur over four eighth notes (F4, G4, A4, B4) with fingerings 1, 2, 3, 4. Bass clef starts with a slur over four eighth notes (F3, G3, A3, B3) with fingerings 5, 4, 3, 2. The system continues with similar patterns in both hands.

System 6: Treble clef starts with a slur over four eighth notes (B4, A4, G4, F4) with fingerings 1, 2, 3, 4. Bass clef starts with a slur over four eighth notes (B3, A3, G3, F3) with fingerings 5, 4, 3, 2. The system continues with similar patterns in both hands.

9.

1 2 3 2 4 3 5 4 1 2 3 2 4 3 5 4

5 4 3 4 2 3 1 2 5 4 3 4 2 3 1 2

1 2 4 5 1 2 4 5 1 2

5 4 2 1 5 4 2 1 5 4

4 5 1 2 4 5 1 2 4 5 1 2 4 5 1 2

2 1 5 4 2 1 5 4 2 1 5 4 2 1 5 4

5 4 3 4 2 3 1 2 5 4 3 4 2 3 1 2 5 4

1 2 3 2 4 3 4 5 1 2 3 2 4 3 5 4 1 2

2 1 5 4 2 1 5 4 2 1 5 4 2 1

4 5 1 2 4 5 1 2 4 5 1 2 4 5

5 4 2 1 5 4 2 1 1

1 2 4 5 1 2 4 5 5

10.

10. 

The first system of the musical score for 'The Little Boat' consists of two staves. The upper staff is in treble clef and the lower staff is in bass clef. The music is in 2/4 time. The first staff has a key signature of one flat (B-flat). The first staff contains the melody, and the second staff contains the bass line. The melody starts on a whole note G4, followed by a quarter note A4, a quarter note B-flat4, and a quarter note A4. The bass line starts on a whole note G3, followed by a quarter note A3, a quarter note B-flat3, and a quarter note A3. The first staff is divided into four measures. The first measure has a 1 above the G4 and a 5 below the G3. The second measure has a 2 above the A4 and a 4 below the A3. The third measure has a 1 above the B-flat4 and a 5 below the B-flat3. The fourth measure has a 2 above the A4 and a 4 below the A3. The second staff is divided into four measures. The first measure has a 5 below the G3 and a 1 above the A3. The second measure has a 4 below the A3 and a 1 above the B-flat3. The third measure has a 5 below the B-flat3 and a 1 above the A3. The fourth measure has a 4 below the A3 and a 1 above the B-flat3.

The second exercise is a short piece in 2/4 time, consisting of 10 measures. It is written for a single melodic line on a treble clef staff. The notes are: G4 (quarter), A4 (quarter), B4 (quarter), C5 (quarter), B4 (quarter), A4 (quarter), G4 (quarter), F#4 (quarter), E4 (half). The fingerings are indicated by numbers 1-5 above the notes: 1 (G), 2 (A), 3 (B), 4 (C), 5 (B), 4 (A), 3 (G), 2 (F#), 1 (E).

The first system of the musical score for 'The Little Boat' consists of two staves. The upper staff is in treble clef and the lower staff is in bass clef. The music is in 2/4 time. The first staff has a key signature of one flat (B-flat). The melody is written in the upper staff, and the bass line is in the lower staff. The first staff contains 16 measures, divided into four groups of four measures each. The notes are: G4, A4, B4, A4 (first group); G4, F4, E4, D4 (second group); G4, A4, B4, A4 (third group); G4, F4, E4, D4 (fourth group). The bass line notes are: D3, E3, F3, G3 (first group); D3, E3, F3, G3 (second group); D3, E3, F3, G3 (third group); D3, E3, F3, G3 (fourth group). The first staff ends with a double bar line.

5 1 4 5 1 4 1

11.

First system of musical notation (Exercise 11). Treble staff: 1 2 5 4 5 4 3 4 1 2 5 1 2 5. Bass staff: 5 3 1 2 1 2 3 2 5 3 1 5 3 1.

Second system of musical notation. Treble staff: 1 2 5 1 2 5 1 2 5. Bass staff: 5 3 1 5 3 1 5 3 1.

Third system of musical notation. Treble staff: 1 2 5 5 2 1 2 1 2 3 2 5 2 1. Bass staff: 5 3 1 1 3 5 4 5 4 3 4 1 3 5.

Fourth system of musical notation. Treble staff: 5 2 1 5 2 1 5 2 1. Bass staff: 1 3 5 1 3 5 1 3 5.

Fifth system of musical notation. Treble staff: 5 2 1 5 2 1 1. Bass staff: 1 3 5 1 3 5 5.

12.

This piano exercise consists of five systems, each with a treble and bass staff. The key signature has one flat (B-flat) and the time signature is 4/4. Fingerings are indicated by numbers 1-5 above or below notes. The exercise progresses through various scales and arpeggiated patterns, ending with a final chord in the treble staff and a sustained bass note in the bass staff.

System 1: Treble staff starts with a descending scale (5, 1, 3, 2, 1, 2, 3, 1) and an ascending scale (5, 1). Bass staff has a descending scale (1, 5, 3, 4) and an ascending scale (5, 4, 3, 5).

System 2: Treble staff has a descending scale (5, 1) and an ascending scale (5, 1). Bass staff has a descending scale (1, 5) and an ascending scale (1, 5).

System 3: Treble staff has a descending scale (5, 1, 2, 3, 4) and an ascending scale (1, 5, 3, 4, 5, 4, 3, 5). Bass staff has a descending scale (1, 5, 4, 3, 2) and an ascending scale (5, 1, 3, 2, 1, 2, 3, 1).

System 4: Treble staff has a descending scale (1, 5) and an ascending scale (1, 5). Bass staff has a descending scale (5, 1) and an ascending scale (5, 1).

System 5: Treble staff has a descending scale (1, 5) and an ascending scale (1, 5). Bass staff has a descending scale (5, 1) and an ascending scale (5, 1).