



21 世纪中等职业教育系列教材

红帆 英語

基础教程

Student's Book1

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《狂飙英语基础教程》

前言

狂飙,是一种速度极快、力量极大的热带风暴。“狂飙英语”因此得名。“狂飙英语”的宗旨是以极快的速度、极大的力度迅速首先提高英语学习者的英语口语和听力水平,最终提高他们的英语整体水平。“狂飙英语”是我院青年骨干教师阿美(即该系列教材的总主编肖琪美老师)2002年创立的。其标志是阿美编著的《狂飙英语速记妙记词典》公开出版发行。从此,一发而不可收,先后出书二十余册。近来著书风头正盛,今年夏天已有“狂飙英语系列教材”三册面世。还有三册教材紧随后其后于今秋推出。历经数年潜心研究,阿美狂飙英语教学法终于自成一统。

2006年3月,衡阳市狂飙英语学会应运而生。“狂飙英语系列教材”在衡阳财经工业职业技术学院校园,经过长时间的酝酿和尝试,终于得以出版。该系列教材,是阿美主持的“狂飙英语教学法”课题的研究成果,是衡阳市狂飙英语学会的科研成果,也是与各兄弟高职院校的同仁携手探讨的一个平台。我们真诚地期待着各位英语精英的加盟。

《狂飙英语高职高专综合教程》遵循了以下原则,这些原则同时也是它张扬的个性:

重交际,轻语法 从易到难的三段对话,通过听、说、复述、扮演对话、以单元主题相关的题材进行听力练习、“唱吧跳吧”、“跟我学”、以听、说、演带动读写的“Snow-ball Story(滚雪球式的故事)”以及“学地道英语”、“举一反三”、“句型训练”、“享受英语”等栏目,多角度、全方位地围绕着同一主题展开。目的只有一个,那就是交际。交际成了贯穿全书的红线,成了整个教材的灵魂,成了该册教材的一道亮丽的风景线。如此旗帜鲜明地走口语路线,如此大张旗鼓地交际狂飙,在眼下琳琅满目的英语教材中,恐怕难有其二。

从易到难;层次分明 从对话到课文,从游戏到练习无一例外。

注重原创,锐意创新 最有代表性的要数“记英语单词的感觉真爽”。在“PK”、“FANS”满天飞的当今时代,阿美舍弃了装腔作势、满口术语,敢“冒天下之大不韪”,以当代年轻人易于接受的方式,以朋友的身分,以调侃的口吻,与他们进行一系列有关英语词汇记忆的探讨。字里行间,透出强烈的反叛精神和锐意创新的执着。

内容翔实,自由选择 整个教材,乍看起来,素材似乎有点多。但细看下去就会明白:并非无谓的堆砌,而是有序的提升。教师完全可以根据学生的不同层次,做出相应的取舍。学生也可以根据自己的水平,选择适合自己自学的内容。学一首英语歌,学一个绕口令也行啊!总比什么都学不到强。“拓展词汇”的确令人眼花缭乱,甚至望而却步。然而,煮满满一锅饭,并不是非得叫你全部吃下去直到撑破肚皮为止啊。能吃多少吃多少,吃不了的,你可以打包,可以晒干,还可以煮酒啊。全方位开放的教学理念,一个选择的空间,任凭自由翱翔。反之,内容过于简单、浓缩,常常有吃不饱的遗憾。

教材练习,巧妙揉合 传统的教材将教材与练习册强行剥离,一则让人有生离死别之苦,二则有强买强卖之嫌。作为中职、高职学生,英语的课时本来就不多,根本就没那么多时间做练习册,最终造成人为的浪费。学练巧妙地揉合在一起,是该册教材的另一特色。

动静结合,一张一弛,听、说、读、写、演、唱、舞交替进行 整个教材遵循动静结合,一张一弛的原则,听、说、读、写、演、唱、舞交替进行。提倡教无定法,教师完全可以根据课堂的状况和学生的情绪,任意地将唱、舞、说、听、写、读进行调配,没有必要按教材的先后顺序进行授课。“全方位开放的教学理念,课堂活跃,情绪激昂,师生同乐”是狂飙英语教学法的永恒追求,当然也是这册教材的不变宗旨。

棋子是死的,只有高手才能玩出千变万化、电闪雷鸣、风生水起。世事如棋,教材如棋,时玩时新。

学生说我们学得太痛苦了,老师说我们教得太痛苦了,我们活得太痛苦了!我们再也不能这样学,我们再也不能这样教。

让我们换一种心情,以一张笑脸走进“狂飙英语”。融洽永恒!开心常伴!笑容永驻!

“Hurricane English! English, I can!”(“狂飙英语!狂扫英语,飙天下!”)

祝愿狂飙英语之潮,千万年汹涌,万万年激荡!

衡阳财经工业职业技术学院党委书记、院长:

2006年7月

体例说明

<i>n.</i>	名词
<i>v.</i>	动词
<i>pron.</i>	代词
<i>link. v.</i>	连系动词
<i>modal v.</i>	情态动词
<i>a.</i>	形容词
<i>ad.</i>	副词
<i>prep.</i>	介词
<i>conj.</i>	连词
<i>article.</i>	冠词
(口)	口语
(英)	英国
(美)	美国
(法)	法国

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加

賀建

Unit 1



賀建

Hurricane English!

English, I can!

For
Daniel

Progression of The Week(本周进展)

Score _____

1. New Words(10%)

a. Read _____ times. b. Remember _____.

2. Phrases(10%)

a. Read _____ times. b. Remember _____.

3. Dialogues(20%)

a. Read _____ times. b. Put in Use _____.

4. Songs(10%)

a. Sing _____ times. b. Remember _____.

5. English English(15%)

a. Read _____ times. b. Remember _____.

6. Sentence Patterns(15%)

7. Proverbs(10%)

a. Read _____ times. b. Remember _____.

8. Listening Comprehension(10%)

a. Listen _____ times. b. Comprehend _____ (A. B. C.).

Unit One

Asking the Way



I. Practical Dialogues.

Dialogue A

M: Excuse me. I am a ① stranger here and I've ② lost my way.

W: What can I do for you?

M: Could you please tell me the way to the ③ museum?

W: That's easy. Go ④ straight ahead and take the second ⑤ turning on your right. Walk ⑥ down that street to the stoplight.

M: ⑦ How long will it take me?

W: About fifteen minutes.

M: Many thanks to you.

W: ⑧ My pleasure.

① stranger: 陌生人

② lose one's way: 迷路

③ museum: 博物馆

④ straight: 笔直的

⑤ turning: 拐弯处

⑥ down: along 沿着

⑦ How long will it take me? 将花我多少时间?

⑧ My pleasure. 不客气。

Dialogue B

W: Excuse me, could you tell me the way to ① the Medical College, please?

M: Well, let me see... Oh, yes. It's on Youth Street, near the lake.

W: Is it far to walk?

M: It's quite far away. ② I don't think you want to walk.

W: Can I take a bus from here?

M: Yes. A No. 9 bus.

W: Where is the bus stop?

M: Turn left outside the hotel, go straight ahead until you get to the main road and the bus stop is on the right, ③ opposite the park.

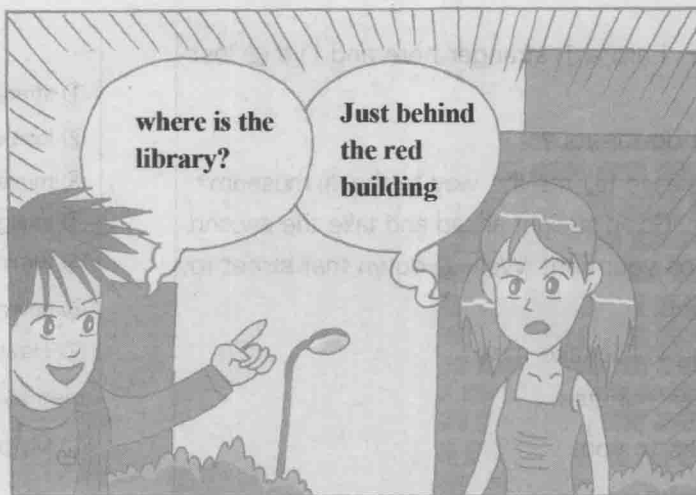
W: Oh, good. Thanks.

① the Medical College: 医学院

② I don't think you want to walk. 我认为你不想走路。

③ opposite the park: 公园对面

Dialogue C



M: Excuse me, will you tell me where I can find the library?

W: Yes. Is it in the No. 15 Building?

M: I'm afraid you'll have to tell me where that is, too. I'm
① new to the ② university.

W: Well, do you see that ③ red brick building just past this building on your left?

M: Yes.

W: Well, that's ④ the Student Union Building. The library is just behind it. You had better read the ⑤ instructions first so that you can borrow the books you like as quickly as possible. As you go in the ⑥ main entrance, you'll see the ⑦ instructions.

M: Thank you very much. You've been very ⑧ helpful.

W: I'm glad to have found another student from America.
Good luck to you!

① be new to... 刚来

② university: 大学

③ red brick: 红砖

④ the Student Union: 学生会

⑤ main entrance: 大门

⑥ instruction: 介绍; 说明

⑦ helpful: 有帮助的

⑧ Good luck to you!

II. Retell Dialogue A with the following information.

a stranger/ lose one's way/ museum/ go straight
/ take the second turning/ walk down/ It will take
/ about fifteen minutes

III. Act out one of the dialogues.

IV. Sing & Dance (唱吧跳吧)





Head, Shoulders, Knees and Toes

Head, shoulders,
knees and toes,
knees and toes,
Head, shoulders,
knees and toes,
knees and toes,
Eyes and ears
and mouth and nose,
Head, shoulders,
knees and toes,
knees and toes



健康歌

点点头,拍拍肩,碰碰膝盖,点点脚尖,碰碰膝盖,点点脚尖
点点头,拍拍肩,碰碰膝盖,点点脚尖,碰碰膝盖,点点脚尖
还有眼睛眨眨,耳朵竖起,嘴巴张张,鼻子翘翘
点点头,拍拍肩,碰碰膝盖,点点脚尖,碰碰膝盖,点点脚尖

V. Listen Comprehension.



Task 1

Listen carefully and fill the following blanks with the words you hear, one word for each blank.

M: Excuse me. I am a (1) server here and I've lost my way.

W: What can I do for you?

M: Could you please tell me the way to the (2) museum?

W: That's easy. Go straight ahead and take the second (3) turning on your right.
Walk down that street to the stoplight.

M: How long will it take me?

W: About (4) fourteen minutes.

M: Many thanks to you.

W: My pleasure.

街区

Task 2

Tell True (T) or False (F) according to the information you hear.

A: Excuse me. Could you tell me how to get to the airport?

B: You can take Bus 5. The driver will tell you where to get off.

A: Yes, but I'm driving my own car.

B: Oh, then you drive along this street, turn right at the third crossroad. Keep straight on until you see a road sign that says "air-port", and then you follow the landmark. It will direct you to the airport.

A: Thanks.

() 1. A want to go to the station.

() 2. No. 5 bus can take A there.

() 3. There is a road sign that says "airport" can direct A to the airport.

VI. More Vocabulary for This Topic.

stranger	/ˈstreɪndʒə/	n. 陌生人
museum	/mjuːziəm/	n. 博物馆
straight	/ˈstreɪt/	n. 笔直的
turning	/ˈtɜːnɪŋ/	n. 拐弯处
block	/blɒk/	n. 街区
stoplight	/ˈstɒplaɪt/	n. 红绿灯(或 traffic light)
turning	/ˈtræfɪk/	a. 交通的
specific	/speˈsɪfɪk/	a. 特定的;独特的 n. 详情
opposite	/ˈɒpəzɪt/	a. 相反的;相对的
direct	/dɪˈrekt/	a. 笔直的(或 straight)v. 指向
direction	/dɪˈrekʃən/	n. 方向
forwards	/ˈfɔːwəːdz/	ad. 向前(或 ahead)
backwards	/ˈbækwəːdz/	ad. 向后
along	/əˈlɒŋ/	ad. 沿
supermarket	/ˈsuːpəːmɑːkɪt/	n. 超市

building	/ˈbjuːldɪŋ/	<i>n.</i> 建筑物
square	/ˈskwɛə/	<i>n.</i> 广场; 正方形 <i>a.</i> 平方的
restaurant	/ˈrestərɒːnt/	<i>n.</i> 餐厅; 饭店
café	/ˈkæfeɪ/	<i>n.</i> 咖啡馆(或 coffee house)
teahouse	/ˈtiːhaʊs/	<i>n.</i> 茶馆
ballroom	/ˈbɔːlrʊm/	<i>n.</i> 舞厅(或 dance hall)
karaoke-room	/ˈkæriːəʊkɪrʊm/	<i>n.</i> 卡拉 OK 厅
hotel	/həʊˈtel/	<i>n.</i> 酒店
station	/ˈsteɪʃən/	<i>n.</i> 车站
inn	/ɪn/	<i>n.</i> 小旅店
gym	/dʒɪm/	<i>n.</i> 健身房; 体育馆
bookstore	/ˈbʊkstɔː/	<i>n.</i> 书店(或 bookshop)
cinema	/ˈsɪnɪmə/	<i>n.</i> 电影院
theater	/ˈθiətə/	<i>n.</i> 剧院
hospital	/ˈhɒspɪtl/	<i>n.</i> 医院
corner	/ˈkɔːnə/	<i>n.</i> 角落
turning	/ˈtɜːnɪŋ/	<i>n.</i> 拐角处
distance	/ˈdɪstəns/	<i>n.</i> 距离
path	/pɑːθ/	<i>n.</i> 小路
crossroads	/ˈkrɒsrəʊdz/	<i>n.</i> (单数) 十字路口(或 crossing)
route	/ruːt/	<i>n.</i> 路线
tour	/tuə/	<i>n. v.</i> 旅游; 观光
tourist	/ˈtuəɪst/	<i>n.</i> 游客; 旅游者
corridor	/ˈkɒrɪdɔː/	<i>n.</i> 走廊
avenue	/ˈævənjuː/	<i>n.</i> 大街
lose one's way		迷路
the Medical College		医学院
the Youth Street		青年街
opposite the park		公园对面
be new to...		刚来……
red brick		红砖
the Student Union		学生会
the main entrance		大门
shopping mall		大型购物中心
Central Park		中心公园
car park		停车场

the Museum of Natural History	自然博物馆
The City Hall	市政厅
telephone box	电话亭
ad. post	广告牌
main road	主干道
at the corner	在拐角处
on one's route	顺路
on the opposite side	在对面
make a right/take a right	向右边转
/go right/turn right	向右边转
go straight ahead	笔直向前走
go along ... to the end	沿着.....走,直到尽头
follow this road until...	沿着这条路走,直到.....
How long will it take me?	将花我多少时间?



VII. Snowball Story

Text A

Aesop and the Traveler

Part One

Key words and phrases:

1. a clever man called Aesop
2. in the country
3. a traveler
4. how soon
5. go
6. must be mad
7. Suddenly
8. in two hours
9. that before
10. how fast



Part Two

Listen to the teacher to tell the whole story three times and try to get the

main idea of the story.

Part Three

Read the story after the teacher and then try to retell the story with the key words and phrases given in Part One.

Part Four

Listen to the teacher again and filling the blanks with the words you hear, one word for each blank.

Once there lived a (1) there man called Aesop.

One day, when Aesop was (2) _____ in the country, a traveler asked him, "How soon can I get to the (3) _____?"

"Go." Aesop replied.

"But I want to know how soon I can (4) get the town." said the traveler.

"(5) Go." Aesop shouted to him.

The traveler thought Aesop must be (6) _____ and went on.

Suddenly Aesop's shouting was heard, "You will get to the town in (7) two hours."

"Why didn't you tell me that before?" the traveler asked (8) _____.

"I didn't know how fast you will go before you go." answered Aesop.

Part Five

Change the story into a short play and act it out.

VIII. Read Text B and discuss the questions with your partner.

Text B

An Easy Way

Stepping from my kitchen into the garage, I accidentally locked myself out of the house. When I tried to ask my ① 18-month-old son to open the door, ② none of my way

worked. Finally, I walked around the house to check for an open window. ③ To my surprise, I found the front door open and my son standing there talking with a salesman.

"I've been locked out for 20 minutes," I said, "How did you get him to open the door?"

④ Looking puzzled, the man replied, "I rang the door-bell."

Questions

1. Why couldn't the writer go into the house?

2. What does the story tell us?

Language Tips

它是一座12米长的桥。

① 18-month-old son: 半岁大的儿子。e. g. It's a 12-meter-long bridge. 它是一座12米长的桥。It's a 2-hour walking. = It's a 2 hours' walking. 两个小时的行程。

② none of my way worked: 我的方法一样都不管用。"work" 这里的意思是"起作用"。e. g. The medicine I took yesterday works well. 昨晚我服过的药很管用。

③ to one's surprise: 使某人惊讶的是。e. g. To his surprise, he could not open his own door. 使他吃惊的是,他开不了自己的门。

④ Looking puzzled: 看起来很困惑。

参考译文



轻而易举

出了厨房,我便进了车库。一不留神,我把门锁撞上了。将我自己锁在门外。我想设法叫我一岁半大的儿子把门打开,结果都以失败告终。最后,我围着房子走,想找一个开着的窗户。令我吃惊的是,我发现前门开着,我儿子正站在那儿与一个推销员谈话。

“我被锁在外面 20 分钟,”我说:“你是怎样让他把门打开的?”

推销员面带惊讶地答道:“我只按了一下门铃。”

IX. Words and Expressions of the Texts

Text A

Aesop	/ˈiːsɒp/	n. (人名)伊索
clever	/ˈkleɪvə/	a. 聪明的
country	/ˈkʌntri/	n. 乡下;农村
traveler	/ˈtrævələ/	n. 旅客;旅游者
reply	/riˈplai/	v. 回答
town	/taʊn/	n. 小镇
shout	/ʃaʊt/	v. 喊
mad	/mæd/	a. 疯的
angrily	/ˈæŋɡrili/	ad. 气愤地;愤怒地
that before		那之前

Text B

kitchen	/ˈkɪtʃɪn/	n. 厨房
garage	/ɡeˈrɑːʒ/	n. 车库;修车场
accidentally	/ˌæksɪdəntli/	ad. 意外地;出人意料地
lock	/lɒk/	n. v. 锁
salesman	/ˈseɪlsmen/	n. 男推销员;男售货员
puzzled	/ˈpʌzld/	a. 迷惑不解的;困惑的
check for		检查
to one's surprise		使某人吃惊的是