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背单词没有捷径,但应对考试却有技巧。对于六级考生来说,如果以通过考试为目的,那背单词就要遵循"精准,快速"的原则。为此,我们专门为需要在短期内突破词汇难关的六级考生编写了这本融合学习计划和词汇精华的词汇书,本书的特点具体如下:

- 1. 精准。六级大纲词汇约有6 500左右,但实际上其中部分词汇为 考生初高中时已经熟知的简单词汇,部分词汇为四级词汇,为此编者精研历年六级真题,统计大纲词汇的考频,据此确定其中2 000个为核心词 汇收入本书,使考生集中突破,学习更高效。每个词汇下只收录六级考 试常考的释义和搭配,并辅以真题例句或一般例句,让考生有的放矢, 了解重点、对症下药。
- 2. 快速。本书为2 000词汇规划了20天的学习计划,浓缩六级考试词汇必背精华内容,是考生有效地应急背单词的最佳复习资料。同时本书在每一天最开始设置了Previous Check栏目,供考生背单词前自测,筛出已知和未知的词汇,以便合理分配复习时间,有针对性地选取个人所需的内容学习,不用全部死记硬背。

另外,本书收录的全部词汇均配套由专业外教朗读的词汇拼写音频,方便考生随时巩固词汇记忆。

有了好的单词书,再利用适当的记忆技巧,背单词就会事半功倍。 为此,我们推荐考生。

- ① 学会利用词根词缀背单词。汉语有偏旁部首,英语也有词根词缀,这些语言元素都代表着一定的意义,所以掌握常用的词根词缀的语义有助于考生记忆词汇。
- ② 循环记忆,反复背诵。要想单词记得牢是要下一番工夫的,单 纯的注重当时的记忆效果,而忽视了后期复习、巩固,同样是达不到良 好的效果的,所以一定要通过反复背诵巩固、加强记忆效果。
- ③ 选择记忆的最佳时间段背单词。据生理学家数据分析得知,在上午6:00-7:30、8:00-10:00,下午4:00-5:00,晚上8:00-10:00这四个时间段人的记忆力最佳。

真心希望本书能帮助广大考生顺利通过考试,并取得满意的成绩。由于时间有限,本书错误之处在所难免,恳请广大考生能给我们提出宝贵意见,以便我们不断改善。

目录 ontents

Day 01	
Day 02	19
Day 03	37
Day 04	54
Day 05	. 72
Day 06	91
Day 07	109
Day 08	127
Day 09	146
Day 10	164
Day 11	183
Day 12	202
Day 13	220
Day 14	237
Day 15	255
Day 16	273
Day 17	29
Day 18	310
Day 19	328
Day 20	346



O1 st

Previous Check

- ☑ disastrous
- n alike
- □ partner
- Ø fate
- ☑ rating
- ☑ literacy
- □ equip
- ☑ distort
- ☑ transform
- abnormal
 abnormal
- □ advise
- express
- ☑ wing
- ☑ frequent
- bound
 bound
- ☑ credit
- p relative
- ☑ statistics
- ☑ apparent
- association

- ☑ govern
- ☑ valley
- ☑ admire
- ☑ accent
- □ compress
- ☑ await
- complicated
- ☑ discharge
- ☑ cabin
- ☑ civilian

- ☑ corrupt
- ☑ sympathy
- ☑ fulfil
- ☑ vain
- ☑ exploit
- □ assurance
- ☑ rebel
- ☑ random
- ☑ mature
- ☑ eve
- ☑ conceive
- ☑ detect
- ☑ freight
- □ premise
- □ cluster
- ☑ relv
- □ deceive
- ☑ sub
- ☑ strategy
- cumulative
- ☑ conserve
- bewilder
- □ density
- ☑ motivate
- ☑ register
- ☑ preside
- □ recovery
- ☑ spark
- adjust
- reliable
- □ deserve

- ☑ circuit
- ☑ resolve
- ☑ essence
- ☑ alleviate
- basis
 basis
- ☑ greedy
- ☑ substance
- peculiarity
- parasite
- ☑ casualty
- disperse
- unanimous
- □ posture
- □ cavity
- ministerial
- ☑ oust
- ☑ transcribe

- retrieval
- ☑ gorge
- ☑ stalk
- elicit
- ☑ infinity
- n slash
- ☑ rejoice
- oppress
- □ broker
- ☑ dismay
- ☑ rupture



◎ 核心词汇

disastrous / di'zaistras /

00,1

- @ a. 极糟糕的, 灾难性的, 完全失败的
- We need only look at the examples of Canada, Sweden, Australia or Germany, where Saturday delivery is charged extra, to see the non-disastrous effects of such a policy. 我们只要看看加拿大、瑞典、澳大利亚或德国这几个针对周六递送收取额外费用的例子就会知道,这种政策并不会带来什么灾难性的后果。

alike / ə'laɪk /

002

- 圖 a. 相像的, 十分相似的 || ad. 十分相像地; 同样地
- B share and share alike 平均分享
- The twin brothers are so alike that even their parents can hardly distinguish one from the other. 这对孪生兄弟长得如此相像,甚至他们的父母也很难把他们区分开。

partner / 'partnə(r) /

1103

- ② Second, men's emotional inexpressiveness can cause problems in their relationships with **partners** and children. 其次, 男性 因不善于情感表达可能导致与配偶和子女的关系出现问题。(2010.12)

fate / fert /

004

- @ n. 命中注定的事: 命运, 天数
- a fate worse than death (可能发生的)极可怕的事
- Sure, some leftish billionaires like George Soros have been railing against income inequality for years. But increasingly, centrist and right-wing billionaires are starting to worry about income inequality and the fate of the middle class. 当然,一些左翼亿万富翁,比如乔治·索罗斯,多年以来一直在反对收入不均衡。但是越来越多的中间派和右翼亿万富翁都开始担心收入不均衡问题和中产阶级的命运了。(2007.12)

rating / 'restin /

- の . 等级; [pl.] 收视率; 估价
- © Credit rating has become one of the indicators to evaluate an enterprise. 信用等级已经成为评价一家企业的指标之一。

literacy / literesi /

006

- @ n. 识字; 有文化; 读写能力
- More than fifty years ago, the United Nations declared that literacy is a basic human right. 五十多年以前, 联合国宣布具备读写能力是基本人权。(2006.12)

welfare / 'welfeə(r) /

0.07

- @ n. 幸福; 福利
- The state recognises this in the large body of family laws that govern children's welfare, yet parents receive little help in meeting the life-changing obligations society imposes. 国家是认可这一点的,这从它庞大的保障儿童福利的家庭法上就可以看得出来,但是当社会把这种改变孩子命运的义务强加给父母时,父母们获得的帮助却很少。(2010.6)

equip / I'kwip /

008

- @ vt. 装备: 使有能力
- @ equip with 使具备;用…装备
- Although the firm was updating its systems anyway, the company spent 10-15% more per user to equip them with a laptop rather than a PC, and about the same to upgrade to a server that would enable remote staff to connect to the company networks and access all their usual resources. 尽管公司在更新系统,公司还是要在每名员工身上多花上10%到15%的钱给他们配备笔记本电脑而不是台式电脑,还要花同样一笔钱升级服务器以便在家办公的员工能与公司网络建立连接以享用所有平时使用的资源。(2009.12)

distort / dr'stort /

009

- ② v. 扭曲, 使变形, 使失真; 歪曲, 曲解
- @ distort sb.'s motives 曲解某人的动机
- The reporter distorted the facts. 那位记者歪曲了事实。

transform / træns'fo:m /

- 图 vt. 使改变形态; 使改变外观(或性质)
- When viewed at the national level, the policy interventions of the past decade have helped transform the performance of UK universities. 从英国全国范围来看,过去10年的政策介入有助 于改善英国大学的业绩。(2011.12)



abnormal / æb'nɔ:ml /

- a. 反常的, 异常的; 不规则的; 变态的, 畸形的
- This warm weather is abnormal for March. 三月里这种温暖的 天气不太正常。

advise / ad'varz /

012

- 圖 vt. (商业)通知,报告:提议,建议:商量
- Residents are advised not to put their rubbish bags on the pavement outside their houses. 居民们被告知不要将垃圾袋放 在他们门外的人行道上。

express / ik'spres /

013

- ② v. 表达; 快递 | a. 明确的; 迅速的; 专门的 | n. 快车
- @ express oneself 表达自己的意见 || express delivery 快递
- At an appropriate time it might also express the kind of affection that stimulates attachment and intimacy. 在某个合适的时间, 它(电脑)也可能会表达出一种情感,这种情感会促进其与人 的相互依赖感和亲密感。(2013.6)

wing / win /

0 1 4

- @ n. 翅膀, 翼; 派系, 派别 | v. 飞行
- @ on the wing 在飞行中; 奔波着
- M They have strong wings capable of flying long distances. 它们有 着结实的翅膀,能进行长距离的飞行。(2014.6)

frequent / 'fri:kwant /

075

- @ a. 频繁的, 时常发生的, 常见的
- @ frequent visitor 常客, 熟客
- He gives frequent performances of his work, both at home and abroad, 他经常在国内外演出自己的作品。

wipe / warp /

016

- @ v. 擦, 拭; 擦去, 消除
- 🔞 wipe out 消灭, 彻底摧毁 || wipe away 擦去
- I hope you'll wipe that thought from your mind. 我希望你打消 那个念头。

bound / baund /

② v. 限制; 束缚 || a. 用带子绑住的; 有义务的

- be bound by 受…约束; 由…联系起来 || be bound to 肯定是,
 确定是
- Compared with a hundred years ago, our lives are less tightly bound by social norms and physical constraints. 較之一百年前, 我们的生活较少受到社会规范和物质约束的严格束缚。 (2013.12)

credit / kredit /

018

- ② n. 信誉, 信用; [金融]贷款; 学分
- 🚳 credit card 信用卡;记账卡 || credit system 信用制度;信貸制度
- For investors who desire low risk and guaranteed income, U.S. government bonds are a secure investment because these bonds have the financial backing and full faith and **credit** of the federal government. 对于希望风险较低、收益有保障的投资者来说,美国政府债券是一种安全投资,因为这些债券拥有联邦政府的财政支持和十足的信用保障。(2014.6)

relative / 'relativ /

9

- @ n. 亲属, 亲戚; 相关物 || a. 相关的; 相对的
- 圖 relative theory 相对论
- According to a multiethnic study of Los Angeles adolescents, teenagers who said that their role model was someone they knew, e.g. a parent, relative, friend, or doctor outside the family, had higher self-esteem, higher grades, and lower substance use than peers whose role models were sports figures, singers, or other media characters. 根据一项洛杉矶青少年多种族研究的调查结果,那些行为榜样为他们认识的某个人(比如父亲或母亲、亲戚、朋友或者不属于家人的医生)的青少年,比那些行为榜样为体育界名人、歌手或其他媒体人物的同龄人具有更强的自尊心、更好的学习成绩,吸食毒品的几率也更低。(2013.6)

statistics / stəˈtɪstɪks /

120

- ⋒ n. 统计; 统计学; 统计资料; 统计数字
- ② Collectively, we rely on the unemployment figures and other statistics to frame our sense of reality. 总体而言, 我们依据失业数据和其他数据来对现实情况作出判断。(2013.6)

apparent / ə'pærənt /

021

@ a. 易看见的, 可看见的; 显然的; 表面上的

01 (1) s₁₂ s₁₃

It has been apparent that in other areas standards have held up well. 显然,这些标准在其他地区执行得很好。

association / əˌsəʊʃiˈeɪʃn /

022

- @ n. 协会, 社团; 联合; 联系, 联想
- 瘤 in association with 与…相联系; 与…联合
- Published in association with the Council for the Protection of Rural England, the book provides refreshing solutions to the long-term problem of water conservation. 这本书在与英格兰乡 村保护委员会的合作下出版,就节约水资源这个长期问题提 供了全新的解决方法。

defense / dr'fens /

1128

- 圖 n. 防卫, 防护; 防御措施; 防守 ∥ v. 抵御
- @ in defense of 为…辩护; 为保证… || Defense Department 国防部
- This mission depends on traditions of rational discourse and vigorous defense of the scientific method. 这个任务的完成取决于传统的理性对话和对科学方法强有力的捍卫。(2014.6)

govern / 'gʌvn /

124

- 愛 v. 统治; 管理; 治理; 控制, 支配; 操纵
- 👸 be governed by 受…控制或统治
- The citizens here are very thankful they are not governed by a dictator. 这里的公民十分庆幸自己没有受独裁者的统治。

valley / 'væli /

125

- ⋒ n. 山谷, 溪谷, 峡谷, 谷地, 深谷; 流域
- Self-made billionaires in Beijing, tech innovators in Silicon Valley, pioneering justices in Ghana—in these and countless other areas, women are leaving their mark. 在北京白手起家的亿万富翁、硅谷的科技创新人物、加纳首屈一指的法官——在这些领域以及数不清的其他领域,女性都在留下她们的印记。(2013.12)

admire / əd/maɪə(r) /

- 圖 v. 赞赏; 称赞; 欣赏
- It's possible to admire Oprah Winfrey and still wish Harvard hadn't awarded her an honorary doctor of law degree and the commencement speaker spot at yesterday's graduation. 我仍然 钦佩奥普拉•温弗里, 而且仍然希望哈佛大学没有授予她荣

營法学博士学位,也没有邀请她在昨天的毕业典礼上演讲。 (2014.6)

accent / 'æksent /

027

- 酚 n. 重音: □音: 腔调
- Wis Irish accent, after thirty-odd years in New York, is undiluted. 他在纽约待了30多年,爱尔兰口音仍很浓重。

compress / kəm'pres /

0.28

- ② v. 压紧; 压缩; 精简
- 🖀 be compressed into 压缩, 缩短(时间)
- As the brain attempts to force the unsteady hand to do its bidding, the tension between the two results in a more compressed, psychologically denser expression. 当大脑试图强 迫颤抖的手执行它的命令时,二者之间的紧张状态会生成结 构更紧凑、在心理上感觉更为厚重的表达。(2013.12)

await / ə'weit /

0.29

- @ v. 等候: 等待: 期待
- Very little was said as we awaited the arrival of the manager. 我们等候经理到来的时候都没怎么说话。

complicated / 'komplikeitid /

1100

- @ a. 结构复杂的; 混乱的, 麻烦的
- Her love life was complicated, and involved intense relationships. 她的爱情生活很复杂、几段感情都是轰轰烈烈的。

wicked / 'wikid /

131

- @ a. 邪恶的; 淘气的, 顽皮的; 恶劣的
- From beginning to end his conduct had been despicable and wicked. 从头到尾他的行为既卑鄙又可恶。

discharge / dis'tfa:dz /

032

- ② v. 卸下; 放出; 免除; 排放; 流出
- 🔞 be discharged from 允许…离开(医院、军队); (从监狱)释放
- Four days later Kevin discharged himself from hospital. 4天后, 凯文擅自出院了。

cabin / 'kæbin /

GG

图 n. <美>小木屋; 客舱; (轮船上工作或生活的)隔间

(01

During the fire, she was trapped under the **cabin** and was suffocated to death. 火灾发生时,她被困在底部客舱窒息而死。

civilian / səˈvɪliən /

034

- @ n. 平民, 百姓; 市民; 文官 || a. 民用的; 平民的
- @ civilian construction 民用建筑 || civilian worker 民工;农民工
- He is quite firm that the UN should only help the innocent civilian population. 他非常坚定地认为, 联合国应该只援助无辜的平民。

shame / ferm /

135

- @ n. 羞愧; 羞辱; 可耻的人; 羞愧感
- 😝 shame on sb. 真丢脸; 真不害臊‖put sb. to shame 使某人自惭形秽
- He doesn't want to bring shame on the family name. 他不想玷污家族的名声。

solution / səˈluː[n /

136

- @ n. 解决方案: 溶解: 溶液
- ☆ the solution of... …的解决方法 ∥ in solution 在不断变化中
- On the face of it, it seems the perfect solution. 乍看起来,它(移民)似乎成了最佳的解决办法。(2010.12)

corrupt / kəˈrʌpt /

167

- (a) a. 贪污的, 腐败的; 不诚实的; 不道德的 || vt. 使腐化堕落; 破坏, 损坏
- Assuming that your teacher is neither biased nor **corrupt** and that her system conforms school rules, you can't fault her ethics. 假如你的老师既不持偏见也未贪污受贿,而且她的评分方法符合学校的规章制度,那么你就不能指责她的职业道德。(2010.6)

sympathy / 'sɪmpəθi /

038

- ₩ n. 同情; 赞同, 支持; 意气相投
- @ out of sympathy with... 不赞同, 不支持…
- They want to show their genuine sympathy. 他们想表达真切的同情。(2011.6)

fulfil / fulfil /

6 3 2

愛 v. 完成; 实现; 履行; 起…作用

- @ fulfil one's ambition 实现抱负
- He pledged himself to fulfil the promise he had made. 他发誓要 实现自己的诺言。

vain / vein /

0.40

- @ a. 徒劳的
- @ in vain 白费力气
- ② Our years of hard work are all in **vain**, let alone the large sum of money we have spent. 我们多年的努力都白费了,更别提我们所花费的大量全钱了。(2007.6)

exploit / Ik'sploit /

020

- @ vt. 利用; 开发; 剥削
- @ exploit markets 开拓市场
- This settlement hands Google the power—but only with the agreement of individual rights holders—to exploit its database of out-of-print books. 该调解方案赋予谷歌开发绝版书数据库的权力——但必须获得著作权持有人的授权。(2011.12)

assurance / ə'fuərəns /

042

- ② n. 确信, 把握; 保证; 信心
- I have full assurance of his moral quality. 我对他的品行毫不怀疑。

rebel

043

- / 'rebl / n. 叛乱者; 反抗权威者; 叛逆者 || / rɪ'bel / v. 造反; 反抗: 背叛
- 图 rebel against 造反; 反抗; 背叛
- But the movie that really made him famous was his second one, Rebel Without a Cause, that was about teenagers who felt like they didn't fit into society. 但是真正让他出名的电影是他出演 的第二部电影《无因的反叛》,这部电影讲述的是一群10多岁 的青少年觉得他们无法适应社会的故事。(2010.6)

random / 'rændəm /

044

- ② a. 随意的, 随机的, 未经事先考虑的 □ n. 随意, 任意
- at random 随意地, 胡乱地
- That same study found the randomly assigned interracial roommates at Ohio State broke up before the end of the quarter

about twice as often as same-race roommates. 那项研究还发现, 在俄亥俄州立大学的学生, 随机分配的不同种族的室友在学期 末之前关系破裂的几率约为同种族室友的两倍。(2012.6)

mature / ma't [ua(r) /

045

- @ a. 成年的; 成熟的 || v. 成熟; 长成
- @ mature into sth. 技能或素质成熟;充分发展
- Angry and fearful expressions tap into the machinery we use to work out how mature a person is. 我们使用某种机制来判断一 个人的成熟程度, 愤怒和恐惧的表情被应用于这一机制中。

eve / i:v /

026

- ② n. 前夜, 前夕: 重要事件的前一刻: 傍晚
- M What will you do on Christmas Eve? 你们要在圣诞平安夜做 什么?

conceive / kən'si:v /

124

- Conceive of/as sth. 想出主意: 构想
- @ Grand-children of mice fed a high-fat diet grow up fat even if their own mother is fed normally-so your fate may have been sealed even before you were conceived. 如果第一代老鼠用高脂 肪食物喂养, 那么即使第二代老鼠采用正常食物喂养, 第三代 老鼠长大后仍然会变胖——所以你的命运也许在你还是胚胎 以前就已成定局了。(2008.12)

detect / dr'tekt /

048

- ② vt. 发现, 查明, 侦查出
- (a) "An animal that can't detect danger can't stay alive," says Joseph Ledoux. 约瑟夫·勒杜说: "不能觉察到危险的动物无法 生存。"(2006.12)

freight / frest /

04.9

- ⋒ n. 货运, 运送 || vt. 寄送, 运送(货物)
- The benefits of this project include reduced travel time for passengers and freight transport and lower transport costs. 该项 目的好处包括减少客运和货运交通所用的时间以及降低交通 成本。

premise / 'premis /

050

② n. 前提、假定

e on the premise of/that... 以…为前提

Her reasoning is based on the premise that every coin has two sides. 她的推理是以凡事都有利弊为前提的。

cluster / 'klasta(r) /

151

- ② n. 簇, 团, 束; 群, 组 Ⅱ v. 聚集
- @ cluster together 聚集
- At its core is a cluster of neurons deep in the brain known as the amygdala. 它(该机制)的核心是大脑内部的一束被称为扁桃 核的神经元。(2006.12)

rely / rɪˈlaɪ /

052

- ② v. 依赖;信任,信赖
- @ rely on/upon... 依靠…
- The problem relates to the way data is stored on large websites: While your personal computer only keeps one copy of a file, large-scale services like Facebook rely on what are called content delivery networks to manage data and distribution. 这个问题与大型网站储存数据的方式有关: 你的个人电脑只储存一份文件的一个副本,而像脸谱网这样的大型服务器依靠"内容分发网络"来管理和分配数据。(2010.12)

deceive / dr'sizv /

0.53

- ❷ v. 欺骗: 使人误信, 误导
- @ deceive sb. into doing sth. 欺骗某人做某事
- M His wife had been **deceiving** him for years. 他的妻子多年来一直欺骗他。

sub / snb /

054

- n. 潜水艇 (=submarine); 替补队员 (=substitute); 会员费 (=subscription); 助理编辑 (=subeditor)
- Some futurists envision nanotechnology also being used to explore the deep sea in small submarines, or even to launch finger-sized rockets packed with microminiature instruments. 一些未来学家设想纳米技术还被应用于小型潜水艇的深海 探測,甚至被应用于发射塞满微型设备的手指大小的火箭。 (2011.12)

famine / 'fæmin /

15

② n. 饥荒