

21 天速听速记

徐卡嘉 张 登 ① 编著

收词精要 直击考试

∨讲解科学 ∨ 优化记忆

∨以听促记 ∨ 相辅相成

✓ 记练结合











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准备 SAT(Scholastic Assessment Test—学术能力评估测试)的考生多是国内希望去美国读大学的高中生,在目前的教育环境下,一些高中生的词汇量屈指可数,很多了解 SAT 考试的学生和家长视 SAT 词汇如洪水猛兽,究其原因,在于不了解 SAT 词汇的范围和考核特点。本书正是基于这一点编写而成的。

## 一、选词标准

在确定本书的词汇范围之前,我们就坚定了一个明确的原则,即做到每一个单词都是 SAT 常考的重点单词。所以,我们参考并翻阅了大量从美国进口的原版 SAT 词汇教材,并 逐一筛选。在此基础上,我们还参考了两个必要的标准,一是我们在日常的 SAT 教学过程 中记录的高频重点词汇,这些都是实际教学过程中积累的宝贵素材;二是历年的 SAT 真题,这更是确保选词质量的根本。

我们知道,SAT 是美国针对本国学生的高考,这一点不同于诸如雅思、托福之类的考试,它除了考核语言技能外,还要考核逻辑、数学这类高难度科目。这种考核特点决定了SAT 考试中出现的词汇绝不仅仅是日常生活中所用到的词汇,而是有一定的"专业性"。所以,词汇的来源和范围是决定一本SAT词汇书质量如何的前提。

## 二、编写特点

本书中列出的词汇除了包含基本的音标、词性、词义之外,还融合了英文注释、记忆方法、例句、相关的派生词、同义词和反义词,这样就做到了对一个单词的立体把握。其中,英文注释是我们的一大亮点,它不仅有利于更深刻更全面地理解单词,而且也是由 SAT 的考试特点决定的。比如,SAT 的阅读部分有一种题型是"Sentence Completion",这种题型中的有些题目其实就是对所考词汇的英文释义的扩展,只要知道该词的意思就可迎刃而解。

通过例句部分,我们可以对单词活学活用,不仅加深对单词的印象,而且对于写作也有裨益。相关的派生词、同义词和反义词可以扩展我们对词汇掌握的广度,使词汇量成几何倍数增长。

## 三、学习方法

本书共分为 21 章,这是以我们的记忆规律为依据编写的,其设计理念源于风靡全球的书籍《从优秀到卓越》(Being Better Than Your Best),其中提到"让同样的行为重复 21 天,你就会看到它变成一种习惯"。的确,记忆本身是有规律的,而我们要利用记忆达到掌握单词的目的,就必须遵循这一规律,无人能出其外。

所以,希望大家能够按照本书编排的进度,在这宝贵的 21 天里对该书列出的单词进行 全面深刻的反复记忆,这定能为大家的备考插上飞翔的翅膀!

> 编者 2010年10月

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# Day 1

abase
abash
abate
abbreviate
aberrant
abet
abeyance
abhor
abject
abjure

accolade
accommodate
accomplice
accost
accretion
acerbic
acidulous
acoustics
acquiesce
acrid

advocate
aesthetic
affable
affected
affiliation
affinity
affirmation
affliction
affront
aftermath

allusion
aloft
aloof
altruistic
amass
ambid extrous
ambience
ambiguous
ambivalent
amble

ablution
abolish
abominate
aboriginal
abortive
abridge
abrogate
abscond
abstain
abstemious

agenda
agent
aggravate
aggregate
agile
agility
agitate
agog
alchemy
alcove

abstinence abstract abstruse abut abyss accede accessible accessory acclaim acclimate

admonish admonition adroit adulate adulterate adumbrate advent adversary adversity

admirable

alienate alimentary alimony allay allege allegory alleviate allocate alloy allure



### abase

[ə'beis] v. 降低…的地位 (品格), 贬低 (to lower in rank, prestige, or esteem)

- ② a (强化词义, 使…) +base (底部) →使…到底部→贬低
- Do notabase yourself when you ask for help. 当你寻求帮助的时候不要 贬低自己。
- base 基础 / 基地, basic 基本的, basement 地下室

abash [ə'bæʃ] v. 使…羞愧, 使困窘 (cause to be embarrassed)

- ② a (一个) + bash (白痴) →让你成为一个白痴→使不安, 使尴尬
- Jack feltabashed because he made the same mistake. 杰克感到很羞愧。 因为他犯了同样的错误。
- n abashed adj. 窘迫的, abashment n. 羞愧
- @ embarrass 使窘迫
- @ embolden 使勇敢

## abate

[ə'beit] v. 缓和, 减弱 (make less active or intense; become less in amount or intensity)

- ② a (to 去) + bate (打击) →打没了→消除,减低
- We mustabate the smoke nuisance in our big cities. 我们必须消除大城市 里的烟尘污染。
- 同 decrease 减少, slack 减弱 / 松弛

## abbreviate

[ə'bri:vieit] v. 减短, 缩写 (shorten; reduce in scope while retaining essential elements)

- 📵 ab 作前缀,表示加强,有使动的含义,brev 词根表示短,合起来就是 使…短。
- ① The United States of America is commonly abbreviated to the USA. 美利 坚合众国一般被缩略为 USA。
- abbreviated adj. 简短的, abbreviation n. 缩写
- abridge 削减, compress 压缩, curtail 缩减
- @ amplify 放大

## aberrant

[æ'berənt] adj. 脱离正道的,变体的,不正常的 (deviating from what is normal)

- D ab (前缀) +err (错误) +ant →走向错误→越轨的
- (i) He knew his friends wanted something from him because of theiraberrant friendly behavior. 他知道朋友们有求于他,这从他们那反常的友好行 为就看得出来。
- 佩 aberration n. 失常
- abnormal 反常的, deviant 不正常的, derailed 出轨的

## abet

[ə'bet] v. 煽动, 教唆;帮助,支持 (assist or encourage, usually in some wrongdoing)

- a (=to) +bet (诱饵) →给以诱惑→教唆
- le was abetted in these illegal activities by his firends. 他受朋友怂恿进 行这些非法活动。
- abeter/abettor n. 教唆犯

## abeyance

[ə'beiəns] n. 中止,搁置 (the condition of being temporarily set aside; suspension)

- ② 源自古英语 abaer,表示"对…目瞪口呆",进而停止,终止。
- The negotiation was in abeyance until the technical problems could be resolved. 谈判已经暂停, 直到技术问题得到解决后再继续。
- ® abeyant adj. 中止的
- pause 暂停, suspension 延迟

abhor [əb'hɔ:] v. 憎恶, 痛恨 (to regard with horror or loathing; abominate)

- ② ab (to) +hor (horror) →使恐惧→令人痛恨
- We allabhor those who abuse children. 我们都痛恨虐待儿童的人。
- loathe 厌恶, abominate 痛恨, execrate 痛骂, detest 憎恨

abject ['æbdʒekt] adj. 卑贱的,不幸的,可怜的 (most unfortunate or miserable)

- ab (脱离)+ject (抛)→抛掉的→可怜的
- Bill has no friends because he is anabject person. 比尔没有朋友,因为他 为人很卑鄙。
- w abjectly adv. 悲惨地 / 卑鄙地, abjectness n. 卑鄙 / 可怜
- @ miserable 痛苦的, wretched 悲惨的
- ② exalted 尊贵的, noble 高尚的

abjure [əb'dʒuə] v. 发誓放弃 (to renounce under oath; to give up)

- ② ab (away) +jure (swear 发誓) →发誓不再要→放弃
- Tomas More's refusal toabjure his Catholic beliefs eventually cost his life. 托马斯莫尔由于拒绝放弃自己的宗教信仰而被杀害。
- ⑩ abjuration n. 放弃

## ablution

[ə'blu:ʃən] n. 洗礼, 清洗 (a washing or cleansing of the body, especially as part of a religious rite)

- ab (away 离开) +lut (to wash 清洗) → to wash away →洗掉,沐浴
- Before offering the prayer one must be in good shape and pure condition. It is necessary to wash the body. This performance is called ablution. 在祈祷 之前,人们必须保持良好而纯洁的身体状况,需要对身体进行清洗, 也叫做洗礼。
- ablutionary adj. 沐浴的 / 洗礼的



abolish [ə'bəliʃ] v. 废止,革除 (to do away with; annul)

- 📵 The prime minister has said she will abolish the rating system. 首相说过她 将废除评估财产的课税现值体制。
- 丽 abolishment n. 废除
- 圆 annul 废除, extinguish 消灭, exterminate 消除, extirpate 根除, eradicate 清除

abominate [ə'bəmineit] v. 痛恨, 憎恶 (to detest thoroughly; abhor)

- ② ab (离开) +omin (omen 兆头) +ate (后缀) →因凶兆而厌恶→痛恨, 憎 恶
- (i) Cinderella's stepsisters abominated her to the extent that they did everything they could to prevent her from attending the prince's ball. 灰姑娘的 同父异母的姐妹们非常厌恶她, 以至于她们竭尽所能地阻止她参加王 子的舞会。
- መ abominable adj. 讨厌的, abomination n. 憎恨
- 回 detest 厌恶, abhor 憎恨
- @ adore 爱慕 / 崇拜

aboriginal [,æbə'ridʒənəl] adj. 原始的,土著的 (having existed from the beginning)

- D ab (强化词义) +original (最初的) →原来的, 土著的
- (1) This is an Australian aboriginal dance festival held at night to celebrate tribal victories or other events. 这是一种澳大利亚土著舞蹈节,在晚上 进行以庆祝部落胜利或其他事件。
- n aboriginality n. 原始状态 / 本土性
- 同 native 本地的,原来的,土著的

abortive [ə'bɔ:tiv] adj. 早产的, 流产的, 失败的 (failing to accomplish an intended result)

- ② ab (离开) +ort (开始,生长) →不再生长→流产
- 📵 It was an abortive attempt to conclude the negotiations. 那是一次为结束 谈判而进行的失败尝试。

abridge [ə'brid3] v. 删节,缩短,精简 (to reduce the length of (a written text))

- a (to 去)+bri (短)+dge (后缀)→使得变短→删减
- (ii) This is the abridged version of the novel. It contains only 200 pages instead of the original 800. 这是该小说的删减版。跟原著的 800 页比起来, 它只有 200 页。
- ) brief adj. 简短的
- abbreviate 缩写, condense 精简, curtail 缩减

## abrogate

['æbrəugeit] v. 废除, 取消 (to abolish, do away with, or annul, especially by authority)

- @ ab (away 离开) +rog (to ask) +ate (后缀) →要求远离、离开→取消, 废除
- The position was finally abrogated and the authority for decisions split up among several different departments. 该职位被废除, 其决策权被分散到 几个不同部门。
- abrogation n. 废除

abscond [əb'skənd] v. 潜逃, 逃匿 (to leave quickly and secretly and hide oneself)

- abs (ab-away 离开) +cond (put 放置)→放到远处→离开,逃离
- The plan was to abscond with the money and retire drinking margaritas on the beach. 他企图携款潜逃, 然后从此过上在海边品尝玛格丽塔酒的隐 退生活。
- n. 潜逃者

abstain [əb'stein] v. 禁绝,放弃,自我克制(to refrain from something by one's own choice)

- abs (ab-away 离开) +tain (hold 抓住,如 detain,retain) →避免,抑制,
- Five members voted for the proposal, eight voted against, and two abstained. 对于这项建议, 五人投票赞成, 八人反对, 两人弃权。
- 同 refrain 节制, withhold 抑制

## abstemious

[æb'sti:mjəs] adj. 有节制的, 节约的 (sparing in consumption of especially

- abs (ab-away 离开)+temi (liquor 酒)+ous (形容词后缀)→远离酒精→ 有节制的
- After a particularly wild night, he decided to be more abstemious in the future when it came to alcohol. 狂欢夜后,他决定以后喝酒一定要更加
- @ abstemiously adj. 适度地, abstemiousness n. 节制

## abstinence

['æbstinəns] n. 节制, 禁欲, 戒酒 (The act or practice of refraining from indulging an appetite)

- 参见 abstemious
- Some health professionals believe that encouraging abstinence while teaching about condoms is a legitimate and effective way to reduce the spread of STDs. 很多健康专业人士认为鼓励禁欲并提倡使用安全套都是减少性 传染病的合理有效途径。

## abstract

['æbstrækt] n.&v.&adj. 摘要,提炼,抽象的 (considered apart from concrete existence; not applied or practical; theoretical)

② abs (away 离开) +tract (to draw 拉) →从真实存在中拉开→提炼,抽象

- He prided himself on the fact that his students not only learned names and dates but could also grasp more abstract concepts by the end of the term. 他的学生在期末时不仅记住了名字和日期而且还能掌握更抽象的概
- 同 concrete 具体的

念,为此他感到骄傲。

abstruse [æb'stru:s] adj. 奥妙的, 深奥的 (difficult to understand)

- pabs (away 离开) +tru (to push 推) → push away →产生距离→模糊 不清→深奥
- (ii) The teacher's teaching style is abstruse and the students do not like his class. 这位老师的教学风格故作高深, 学生们不喜欢他的课。
- 同 recondite 深奥难懂的, ambiguous 暧昧的 / 不明确的

abut [ə'bʌt] v. 邻接, 毗邻 (be next to; lie adjacent)

- (a (=to) +but (=end 终端) → 使终端在一起→毗邻
- (1) They were pleased their new property would abut a national park, so no one could build too close to them. 他们的新房产毗邻国家公园, 他们感 到很高兴, 因为这样就不会有别的建筑离他们太近了。

## abvss

[ə'bis] n. 深渊, 无底洞 (a bottomless gulf or pit; any unfathomable cavity or chasm or void extending below)

- ⑤ a (without 没有,无) +byss (bottom 底)→没有底的→深渊
- @ He has been in the abyss of despair. 他已陷入绝望的深渊。
- pit 深渊 / 陷阱

accede [ək'si:d] v. 同意 (to give one's consent);加入 (to become a party to an agreement or treaty)

- @ ac (=to) +cede (go near) →走近,接近→同意,加入
- (ii) Gerald Ford never dreamed that he would accede to the office of President of the United States. 杰拉德·福特从未想过自己会有一天就任美国总统。 The police recommended the family accede to the ransom demands. 警察 建议他们同意缴纳赎金的要求。
- @ recede 后退,撤回
- 同 assent 同意, consent 赞成
- @ demur 反对 / 提出异议

accessible [əkˈsesəbl] adj. 可得到的,易接近的 (easily approached or entered)

- (ii) The developers knew the plaza had to be interesting, fun, and accessible for the project to succeed. 开发商知道要想把方案做成功就必须使购物中心 有趣、怡人并且交通便利。
- 霢 accessibly adv. 可接近地, accessibility n. 可接近 / 温和
- 同 inaccessible 难以接近的

accessory [æk'sesəri] adj. 附属的 (having a secondary, supplementary, or subordinate function); n. 附件, 同谋 (a subordinate or supplementary item)

- ② accessor 在古英语中是 helper 帮助者的意思。
- ① He is Tom's accessory. 他是汤姆的帮凶。 She asked me to buy her some accessories for her car. 她让我给她买些汽 车配件。
- ② access 通道 / 接近
- accomplice 同谋, addition 附加物, assistant 辅助的

acclaim [ə'kleim] n.&v. 喝彩, 欢呼, 称赞 (to praise enthusiastically and often publicly)

- ⑫ ac 前缀 +claim (shout) →大声喊出来→欢呼,喝彩
- The critical acclaim for her performance made her hopeful for an award nomination. 她的表演得到很高的赞扬, 因此很有可能获得奖项的提名。 Even other scientists acclaimed his work as the breakthrough that would change the way doctors treated illness. 甚至连别的科学家也称赞他的成 就是一个突破,将会改变医生治病的方式。
- applaud 拍手喝彩, approve 赞成, praise 赞颂

acclimate ['ækli,meit] v. 使适应新环境,使服水土,适应 (to accustom or become accustomed to a new environment or situation)

- @ ac (to) +climate (气候) →使得…适应气候
- @ The rice has been acclimated in this area. 水稻已能适应这一地区的环境。
- 圆 adapt 适应 ⋅

accolade ['ækəleid] n. 赞美, 推崇 (an expression of approval or a special acknowledgment)

- ② ac (to 去) +col (embrace 拥抱) →给予拥抱→赞扬
- To be chosen to represent their country is the highest accolade for most athletes. 通过选拔代表国家参赛, 是多数运动员的最高荣誉。
- 同 praise 赞扬, award 奖励

accommodate [ə'kəmədeit] v. 容纳 (to hold comfortably without crowding), 供应 (to provide for; supply with), 调节 (to settle; reconcile)

- ② ac (to) +commodate (suitable 适合) →使得…适合→容纳,供应
- M This dorm could accommodate up to five people. 这间宿舍最多能容纳五 个人。

The old man was accommodating as he helped us figure out where we were going. 这位老人非常乐于助人,他告诉我们该如何往前走。

naccommodation n. 住处, accommodating adj. 乐于助人的;随和的

accomplice [ə'kəmplis] n. 共犯,同谋,帮凶 (a person who joins with another in carry-

ing out some plan (especially an unethical or illegal plan) )

- ② ac+com (together 同, 一起) +plice (to fold) →在一起做某事→同谋
- 🔞 The police arrested him and his two accomplices. 警察逮捕了他和他的两 个同谋。
- complice < 古 > 同伙, 共犯
- 同 confederate 同盟, associate 合作人/同事

accost [ə'kɔ:st] v. 招呼, 搭讪 (to approach and speak to in an aggressive, hostile, or sexually suggestive manner)

- ② ac+cost (side 一侧) →到某人的一侧去,接近→搭讪
- l had been waiting there for a while, when I was accosted by a stranger. 我 在那里等了好一会儿,后来有一位陌生人同我攀谈。
- 丽 accostable 易接近的

accretion [ə'kri:ʃən] n. 增大,添加,添加物 (growth or increase in size by gradual external addition, fusion, or inclusion)

- @ ac+cre (grow 生长) +tion (名词后缀) →增大
- 1 The accretion of population is a worldwide problem. 人口增加是一个世 界问题。
- accrue 自然增加,产生

acerbic [ə'sə:bik] adj. 酸的, 尖酸刻薄的 (sour or bitter, as in taste, character, or tone)

- (1) She knew underneath her grandfather's acerbic persona beat the heart of a teddy bear. 她知道在祖父刻薄的外表下面其实是一副菩萨心肠。
- na acerbically adv. 尖酸刻薄地

acidulous [ə'sidjuləs] adj. 多少带酸味的,不悦的 (slightly sour in taste or in manner)

- ② acid (酸的) +lous (形容词尾)→带酸味的,不悦的
- (例) He gave a acidulous criticism of the movie. 他对该电影做了一个挖苦的 评价。
- 同 sour 酸的 / 发酵的

acoustics [ə'ku:stiks] n. 音响学,音响效果,声学 (the scientific study of sound)

- ② 源自希腊语 akoustikos, 意为"关于听力的"。
- (1) The acoustics of the hall are so good that you can hear everything even from the cheapest seats. 会堂的音响效果极佳, 连最便宜的座位也能听 得一清二楚。

acquiesce [ˌækwi'es] ν. 默许, 勉强同意 (to agree or express agreement)

- @ ac (前缀) +quie (rest 休息) +sce (后缀) →在休息的状态下 (同意) → 默许
- M Her parents may not acquiesce in this travel plan. 她的父母可能不会同意

这次旅行计划。

■ agree/consent 同意, assent 赞成, comply 遵守

acrid ['ækrid] adj. 苦味的, 辛辣的, 尖刻的 (unpleasantly sharp, or bitter to the taste or smell)

- 参照 acid
- The acrid smell throughout the science wing was a telltale sign something had burned in the lab. 从科学楼散发出来的刺鼻气味说明实验室里有东 西在燃烧。
- 配 acridness/acridity n. 刺激
- land bitter 苦的, harsh 粗糙的, nasty 肮脏的, acerbic 酸的

acrimony ['ækriməni] n. 言谈举止上的刻毒, 严厉 (a rough and bitter manner)

- @ acri=sharp 尖锐的
- 1 The bride's parents agreed to set aside their feelings of acrimony in order to keep the wedding day peaceful. 新娘的父母同意先把过激的情绪放到 一边, 让婚礼那天风平浪静。
- acrimonious adj. 严厉的, 辛辣的
- 圆 bitterness 苦涩, acerbity 酸涩, tartness 尖酸

acumen [ə'kju:mən] n. 锐敏, 聪明 (quickness, accuracy, and keenness of judgment or insight)

- d acu=sharpen 使尖锐 →敏锐
- 📵 Her business acumen has made her very successful. 她灵活的经商头脑使 她获得成功。
- 圆 insightfulness 洞察力 / 眼光

acute [əˈkjuːt] adj. 敏锐的,激烈的,急性的 (extremely sharp or intense)

- ② 参见 acumen. 词根 acu 是 needle 的意思。 2003 年肆虐的 SARS, 即是 四个英文单词首字母的缩写,其中 A 就是 acute, 总称为 Severe Acute Respiratory Syndrome.
- Her mother's hearing was so acute that Martha was usually caught when she tried to sneak out after curfew. 她母亲听觉非常灵敏, 所以如果玛莎 想在宵禁后溜出去的话通常会被抓住。
- w acutely adv. 尖锐地, acuteness n. 敏锐/剧烈
- intense 剧烈的, incisive 尖锐的, keen 敏锐的/热切的, penetrating 敏锐的
- ② chronic 慢性的

adage ['ædidʒ] n. 古话,格言,谚语(a saying that sets forth a general truth)

- ② 源自拉丁语 adagium,相当于 saying 谚语。
- Many adages currently in use were originally penned by Benjamin Franklin. 当前很多常用的格言最初都是由本杰明·富兰克林发明的。

同 proverb/saying 谚语, byword 格言, motto 座右铭

adamant ['ædəmənt] adj. 非常坚硬的 (impervious to pleas, persuasion, requests)

- adamant 的本意是 hard steel, diamond, anything inflexible—硬钢, 金刚石, 任何坚硬的物品。
- (2) Even though the actress was sick, she was adamant about going on with the performance. 虽然这位女演员病了, 但她还是坚强地继续参加演出。
- 同 inexorable 无情的, obstinate 倔强的, unyielding 不屈的, inflexible 不

[ɔ'dæpt] v. 使适应, 改编 (to make suitable to or fit for a specific use or situation)

- nad (=to 朝向) +apt (to fit 适应) →使得适应
- You must adapt to the norms of the society you live in. 你必须遵循社会的 法则。

This novel has been adapted for radio from the French original. 这部小说 已由法语原著改编成无线电广播节目。

- nadapted 适合的
- adjust 调整, conform 使一致, accommodate 调节 / 使适应
- @ unfit 不适合

addiction [ə'dikʃən] n. 沉溺,上瘾 (the quality or condition of being addicted)

- ad (to) + dict (说) → 说了还说→上瘾, 沉溺
- 🔞 His addiction to drugs propelled him towards a life of crime. 吸毒成瘾使 他走上了犯罪的道路。
- naddict n.&v. 沉溺 / 使上瘾, addictive adj. 上瘾的

addle ['ædl] adj. 昏乱的,腐坏的; v. 使腐坏,使昏乱 (to muddle; confuse; spoil)

- ② 源自古英语 adel, 指的是"腐烂的,粪池"。
- (1) He addled the frail, old librarian by being rude and indifferent to the man's senior position and personal feelings. 他对老人职位和情感的粗鲁和冷漠 使得年老体弱的图书管理员头昏脑胀。
- 同 muddle 弄混, puddle 搅浑

[ə'dept] adj. 熟练的, 老练的 (very skilled); n. 老手, 专家 (a skilled person; an expert)

- ad (to) +ept (到达)→能够到达的→擅长的,熟练的
- 例 Helen is adept in music and her husband is adept in drawing. 海伦精通音 乐, 而她的丈夫擅长绘画。
- @ expert 专家, practiced/skillful 熟练的, proficient 精通的
- 同 inept 不适当的 / 无能的

[əd'hiə] v. 粘附, 坚持 (to stick fast ;to be a devoted follower or supporter) adhere

- @ ad (to 向前) +here (to stick) →粘在一起
- li We adhere to the principle that everyone should be treated fairly. 我们必须 坚持人人都应该被平等对待这一原则。
- ® adherent 追随者 / 沾着的
- 同 cling 粘紧, cleave 附着 / 坚守, stick 粘住, cohere 粘着

admirable ['ædmərəbl] adj. 令人钦佩的, 令人赞赏的 (deserving admiration)

- ad (to) +mir (wonder 惊奇) →使感到惊奇的
- Dohn's behavior was admirable because he saved a little girl from a traffic accident. 约翰的行为令人钦佩, 因为他从一起交通事故中救了一个小 女孩。
- mirror 镜子(镜子的反射令人惊奇,其词根同样为 mir)
- @ admire v. 赞美, admirably adv. 极好地
- 📵 commendable 值得表扬的, deserving 应得的, praiseworthy 值得称颂的

admonish [əd'məniʃ] ν 劝告, 训诫, 警告 (warn strongly; to remind of something forgotten)

- lad (to) +mon (warn 警告) →予以警告
- 🔞 His wife admonished him not to drive too fast. 他的妻子警告他开车不要

admonition [ædməˈniʃən] n. 警告, 劝告 (cautionary advice or warning)

- ® 参见 admonish
- 1 The dean let the vandal go with detention and an admonition not to do it again or he would be expelled. 院长把搞破坏的学生扣起来, 并警告其 不要再犯, 否则就会被开除。
- @ admonish v. 劝告 / 训诫

adroit [ə'drəit] adj. 熟练的, 灵巧的, 机敏的 (quick or skillful or adept in action or thought)

- ⑫ a (=ad, to) +droit (right 正确的) →在各种情况下都能做正确的→熟练 的
- She became adroit at dealing with difficult questions. 她在处理难题方面 变得很机敏。
- 📵 dexterous 灵巧的, deft 敏捷的, adept 熟练的, clever 机灵的

adulate ['ædʒuleit] ν 谄媚,奉承,拍马屁,过分称赞 (to praise or admire excessively)

- Some movie stars are very accustomed to the adulation of their fans. 很多 电影明星已经习惯了崇拜者的溜须拍马。
- n. 阿谀奉承, adulator n. 好奉承的人, adulatory adj. 奉承的