# HANDBOOK OF STEM CELLS

VOLUME 1
Embryonic

# 干细胞手册

第一卷:胚胎干细胞

**EDITORS** 

Robert Lanza

John Gearhart Brigid Hogan

Douglas Melton Roger Pedersen

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# Handbook of Stem Cells

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# Preface

New discoveries in the field of stem cells increasingly dominate the news and scientific literature. Wave upon wave of papers has led to an avalanche of new knowledge and research tools that may soon lead to new therapies for cancer, heart disease, diabetes, and a wide variety of other diseases that afflict humanity. The *Handbook of Stem Cells* integrates this exciting area of biology, combining in two volumes the prerequisites for a general understanding of adult and embryonic stem cells; the tools, methods, and experimental protocols needed to study and characterize stem cells and progenitor populations; as well as a presentation by the world's experts of what is currently known about each specific organ system. No topic in the field of stem cells is left uncovered, including basic biology/mechanisms,

early development, ectoderm, mesoderm, endoderm, methods (such as detailed descriptions of how to derive and maintain animal and human embryonic stem cells), application of stem cells to specific human diseases, regulation and ethics, and patient perspectives from Mary Tyler Moore (diabetes) and Christopher Reeve (spinal cord injury). The result is a comprehensive two-volume reference that will be useful for students and experts alike. It represents the combined effort of 12 editors and more than 300 scholars and scientists whose pioneering work has defined our understanding of stem cells.

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干细胞领域的新发现越来越影响着新闻和科学文献。大量文章的出现引发的新知识和研究手段的涌现,最终将产生针对肿瘤、心脏病、糖尿病,以及影响人类健康的许多其他疾病的新的治疗手段。《干细胞手册》这部书分为上下两册,整合了该领域有关成体干细胞和胚胎干细胞必备的生物学知识、手段、方法、研究和描述干/祖细胞的特征所用的实验方案,以及国际专家对于每一个特定的器官系统相关知识发展现状的介绍。干细胞领域的所有主题无一例外地收录其中,包括基础生物学/机制、早期发育、外胚层、中胚层、内胚层、方法(例如如

言

何分离和培养动物和人胚胎干细胞的具体描述)、针对特定人类疾病的干细胞的应用、法规与伦理,以及分别来自 Mary Tyler Moore (糖尿病患者)和 Christopher Reeve (脊髓损伤患者)的观点。这两册书将成为学生和科研人员必备的全面的参考书目,它们凝集了 12 位编辑和超过 300 位学者和科学家的共同努力,正是他们开拓性的工作使得我们对干细胞有了精确的理解。

Robert Lanza, MD 波士顿,马萨诸塞州 对于这样一部收集了国际专家的权威性文章、 几乎涵盖干细胞领域所能想见的每个方面的著 作而言,在前言中写些什么才是有用的呢? 我 将尝试从科学,尤其是现代细胞与发育生物学 更广的层面来回答这个问题。

我对于这部书中科学问题的看法源于一些在大学中工作了30年,致力于探询细胞发育过程中分子细节的研究人员的观点。随着时间的流逝,越来越多的新发现令我们对于细胞的理解飞速提高。这种知识的提高是相辅相成、相互促进的:我们对细胞理解的不断深入致使新的研究手段不断产生,后者又直接加速了我们对细胞的认识,如此循环。例如,上册第58章和下册第3章描述的DNA芯片技术使得研究人员同时研究成千上万个基因的表达成为可能。从1961年令人震惊的DNA杂交技术的诞生发展到这项新技术经历了无数小的进步,而它对未来的影响是难以估量的。

这与科学自身的发展规律是一样的,就像国家科学院在"超越发现"的系列小文章中反复强调的。为了向普通公众普及科学知识,每个8页纸的小册子都讲述了一个有关人类重大突破的由来——例如,全球定位系统(GPS)的产生和小儿白血病的治疗等。每一个故事中,最终的发现都有赖于大量科学家、工程师数十年来的不懈努力和知识积累。每一个独立看来无什么用处的知识,一经与其他知识意外地结合就会产生几近神奇的结果。

每一个伟大的科学发现,几乎都源于人类对于这个世界的好奇心迸发的火花——例如,人们为了解释在夜空中行星的运动而进行的科学活动,最终改变了我们的世界。而且,由于新的知识总是建筑于旧知识的基础之上,随着旧知识的积累,新知识的更新速度不断加快。因此,我们有理由相信本世纪有助于人类发展

的发明创造将比上世纪更加引人注目。当然, 任何对未来将会发展成什么样子的预言也必将 是徒劳的。

这些又与干细胞有什么关系呢?从我个人的体会讲,每当我听到有人要求讲出这项研究对人类的确切的利益,尤其还要加上一个期限时,我就特别不舒服,尽管科学发展的历史已经证明关于干细胞的研究最终将为人类健康带来无限的益处,甚至有些尚无法估量。最终,我们将利用我们渊博的生物学知识构建出新的、可供安全移植到病人体内的器官,而且干细胞的工作无疑会为这项突破作出巨大贡献。这部著作中所勾勒的研究进展也足以为肿瘤或其他众多的不知名的,甚至起源神秘的严重危害人类健康的疾病的治疗带来希望。

国家科学院委员会主席 Bert Vogelstein 在题为"干细胞与再生医学的未来"的报告讲到: "干细胞的争论引发了科学家、非科研人员等等对于我们是谁,我们之所以为人的原因等一系列主题的有意义的思索。"而且这样的争论使我们清楚,现代社会的成功将依赖于更加重视基于对科学本质理念传播的教育系统的建立。

要实现这个目标需要新的认识,这源于科学家不仅在大学层面的教育,还需要对 5~18 岁的学生群体以咨询教育为基础的有别于其他但十分必要的知识普及。在我国,即便在最优越的教育环境下,这种以科学为本的教育体系的传播也需要十年的时间,这是我们必需面对的现实。最后,科学家的生命终将改变——对于作为一名科学家意味着什么的更为深刻的见地,以及多数人安排时间的方式的改变。因此,在某种意义上讲,我们科学家应把对于干细胞研究的争论视为一种健康的警示和召唤,召唤我们在因我们令人震惊的发现而越发影响着新闻的新世纪行动起来。

Bruce Alberts, PhD

# Foreword

What can usefully be said about stem cells in a foreword to a collection of definitive articles by the world's experts, inasmuch as this volume already covers every conceivable aspect of the subject? In response to this question, I shall attempt to place the work described here in the broader context of science—and of modern cell and developmental biology specifically.

My view of the science in this book comes from the perspective of someone who spent 30 years in universities probing the molecular details of basic cell processes. Over this time, our understanding of cells increased at a rate that startled even those most closely involved in the wave upon wave of new discoveries. This increase in knowledge was catalytic: As our understanding of cells advanced, it allowed new research tools to be developed that directly sped further advances in understanding, which in turn led to new tools, and so on. Consider, for example, the DNA chip technology described in Chapter 58 of Volume one and Chapter three of Volume two, which allows an investigator to examine the expression of tens of thousands of genes simultaneously. Because hundreds of small steps were needed to move from the striking initial discovery of DNA hybridization in 1961<sup>1</sup> to this new technology, its development was unpredictable in advance.

It is the same for the advance of science itself, as emphasized repeatedly in the "Beyond Discovery" series of brief articles from the National Academy of Sciences.<sup>2</sup> Designed to explain science to the general public, each of these eight-page documents traces the path leading to a breakthrough of greathuman benefit—such as the global positioning system (GPS) or the cure for childhood leukemia. In every case, the final discovery depended on knowledge developed over decades

through the efforts of a large number of independent scientists and engineers. Each piece of knowledge, often seemingly useless on its own, was combined in unexpected ways with other knowledge to produce a final result whose power seems almost magical.

The great enterprise of science, sparked simply by human curiosity about how the world works—for example, an attempt to account for the motions of the planets in the night sky—has transformed our world. And because new knowledge builds on old knowledge, the pace continually accelerates as the amount of old knowledge increases. Thus, we should expect the inventions that benefit humans in this new century to be even more dramatic than those of the last century. But we can be equally sure of the futility of attempting to predict what they will be in advance.

What does all this have to do with stem cells? Personally, I become uncomfortable whenever I hear claims that describe the precise benefits to be derived from this research—especially when they are associated with a timeline. Nevertheless, the history of science makes it certain that the knowledge derived from research on stem cells will eventually lead to enormous benefits for human health, even if they are unpredictable. Eventually, we will be able to use our profound understanding of biology to grow new organs that can be safely transplanted into human patients, and the work with stem cells will no doubt make important contributions to this breakthrough. But the research outlined in this volume is equally certain to contribute to cures for cancer and for a large number of other less famous diseases—many of mysterious origin—that are terrible afflictions for humanity.

Bert Vogelstein, the chairman of the National Academies committee that produced the report "Stem Cells and the Future of Regenerative Medicine" reminds us that "The stem cell debate has led scientists and nonscientists alike to contemplate profound issues, such as who we are and what makes us human." The debate has also made it clear that the success of modern societies will depend on education systems that place a much higher value on conveying an understanding of the nature of science to everyone.

Accomplishing such a goal will require new recognition by scientists of their teaching responsibilities at the college level as well as of their different but critical roles in the support of inquiry-based science education for students from 5 to 18 years old. We must all face the realization that, even under the best of circumstances, the transitions to the science-centered education systems that our nations need will require decades. In the end, the life of a scientist must change—incorporating a much broader view of what it means to be a scientist and changing the way that most of us apportion our time. In a sense, therefore, we scientists should view

the controversy over stem cell research as a healthy wake-up call—a call to action in a new century in which our startling discoveries will increasingly dominate the news.

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