

中学英语短语 双解实用手册

邓兴义 编著



四川科学技术出版社

A PRACTICAL HANDBOOK OF ENGLISH
PHRASES FOR MIDDLE SCHOOL STUDENTS

**A Practical Handbook of
English Phrases for
Middle School Students**

**中 学 英 语 短 语
双 解 实 用 手 册**

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编 者 的 话

国家教委新制定的《全日制中学英语教学大纲》，是现阶段中学英语教学、考试的依据和指南。按该教学大纲所附词汇表的近 600 条短语，以新编初中英语课本 1~6 册和高中课本 1~3 册为依据，是学生必须掌握的。为使学生尽快掌握这些短语，我根据多年中学英语教学实践结合中学生学习英语的特点，在广泛收集资料的基础上，编写了这本《中学英语短语双解实用手册》。

本手册根据中学英语教学和今后发展的需要，在大纲所列词汇表的范围内，对每一条短语先用英语进行解释，其目的是为了帮助广大学生准确理解原意，掌握其用法；进而按每一条短语的英语释义，列出汉语意思，同时注明该短语在中学英语教材中的册数和课次，便于读者结合教材的上下文，加深理解其含义，然后举出典

型例句。与此同时，本手册对许多短语还加上了用法说明、同义、反义，以及词语辨析。特别是对中学生难以掌握，易出差错的短语作了较为详细的解释和举例说明，这是一本针对性强，有实用价值，能普遍适合于广大中学生学习英语、参加英语考试的指导性手册；也适用于中学英语教师教学参考。

本手册在编写过程中，得到了李胜利、黄治康、王方全同志的支持和帮助，提出了不少的意见和建议，在此表示衷心的感谢。由于水平有限，有不妥之处，敬请读者批评指正。

编 者

1988年1月

使用说明

- 1.《中学英语短语双解实用手册》，按国家教委新制定的《全日制中学英语教学大纲》词汇表中短语的排列顺序，以中心词按英语字母顺序排列。
2. 动词短语前除必须与“to”连用外，前面一律不带“to”，如：begin with 从……着手，先做……（前不附 to）；to begin with 首先，第一（附 to，作插入语）。
3. 短语或释义中所注 sb. , sth. 和 esp. 是 somebody (某人)，something (某物) 和 especially (特别) 的缩写；etc. (等等) 是拉丁语 et cetera 的缩写。
4. 破折号——用于该短语词条的英语解释。
5. 方括号〔 〕用于有些短语后的注释（其中包括短语的同义、反义、辨析及说明）。

6. 圆括号()用于:①有些短语以“to”结尾,如是动词不定式的符号,就用圆括号将 do sth. 括起来,不然就在圆括号内注明英语介词的缩写 (prep.), 如: be able to (do sth.), listen to (prep.). ②括去可以省略的部分,如: be afraid (that) ……。③括出代替的部分,如: by air (bus, train)。④短语所在新编中学英语课本的册数和课次。用字母 J 代表初中 (Junior); S 代表高中 (Senior); I、II、III…… 表示第一、二、三…… 册; 1, 2, 3…… 表示第 1, 2, 3…… 课。如 J IV — 4 表示初中第四册第四课, S II — 5 表示高中第二册第五课。(对部分出现在课后习题或补充读物中的短语,也放在该课之内)另外,教学大纲要求掌握的,而课本中又没有出现的常用短语也在本手册中。“注释”栏前带圆括号的词义说明,是省略了“in this signed, i.e.”或“等不等……”,“注释”栏后带圆括号的词义说明,是补充的……

(1) the day after tomorrow

the next day 明日

(2) the day before yesterday

the day before yesterday

(3) the day after tomorrow

the day after tomorrow

(4) the day before yesterday

(5) the day before yesterday

the day before yesterday

(6) the day before yesterday

A

(7) the day before yesterday

be able to (1)

at all (9)

about to (2)

not at all (9)

above all (3)

in all (10)

act as (3)

one after another

add up to (4)

..... (10)

be afraid of (4)

one another (10)

after all (5)

answer for (11)

again and again

make an apology

all day (6)

..... (11)

at the age of (6)

as...as (11)

agree to do sth.

not as (so)...as

all day (6)

..... (12)

agree with sb. (7)

as if (as though)

by air (8)

..... (12)

all along (8)

as soon as (14)

目 录

ask for sth.	(14)	break out	(23)
pay attention (to)		break the law	
.....	(14)	(23)

B

because of	(16)	(24)
begin with	(16)	out of breath ...	(25)
at the beginning of		be busy doing	
.....	(17)	(25)
come into being		by and by	(26)
.....	(17)	by the way	(26)

believe in

belong to

do one's best ...

make best of ...

had better

a bit

a block of,

be born

both...and

a bottle of

break away from

.....

break in

break into

hold one's breath

.....

out of breath ...

.....

be busy doing

.....

by and by

.....

by the way

.....

call for

call on (upon)

.....

call out

call up

care for

take care of

be careful (of)

.....

.....

carry on

carry out

C

catch hold of	... (30)	be covered with
catch sight of	... (31) (38)
catch up with		a cup of (39)
 (31)	
change...into	... (32)	
in charge (32)	D
in charge of (32)	all day and all night
catch a cold (33) (40)
go to college	... (33)	day and night
come along (34) (40)
come back (34)	in the day (40)
come down (35)	in those days ... (41)
come in (35)	one day (41)
come on (35)	the day after
come out (35)	tomorrow (41)
come to (36)	the day before
come true (36)	yesterday (41)
come up (36)	these days (42)
in common (37)	to this day (42)
draw a conclusion		in the daytime
 (37) (42)
connect...with		a great (good) deal
 (37)	(of) (43)
on the contrary		deal with (44)
 (38)	do a good deed
of course (38) (44)

depend on (upon)	(50)
..... (44)	next door (50)
devote oneself to	(51)
..... (45)	drive off (51)
die from (of) ... (45)	drive sb. mad
in the distance	(51)
..... (46)	a drop of (52)
dive into (46)	drop in (52)
do harm to (46)	on duty (52)
do one's homework	(46)
..... (47)	E
do one's lessons	(47)
..... (47)	each other (54)
do some cleaning	(48)
..... (48)	take it easy (54)
do some cooking	(48)
..... (48)	eat up (54)
do some shopping	(48)
..... (48)	either...or (55)
do some washing	(48)
..... (48)	at the end of ... (55)
do well in	(49)
do wrong	(49)
have nothing to do with	(50)
how do you do.....	(58)
for ever	(58)

for example	(58)	be fond of	(68)
at the foot of	(68)	at the foot of	(68)
make friends	(69)	make friends	(69)
from (now) then on	(69)	from (now) then on	(69)
face to face	(60)	from...to	(70)
make a face (faces)	(60)	in front of	(70)
in fact	(60)	be full of	(71)
as a matter of fact	(60)	make fun of	(71)
fall behind	(61)	get along (on) with	(72)
as far as	(61)	get away	(72)
by far	(62)	get back	(72)
far away	(62)	get hold of	(72)
far from	(63)	get in	(73)
do'sb. a favour	(63)	get in a word	(73)
a few	(64)	get in one's way	(73)
fill...with	(64)	get into	(73)
find out	(65)	get off	(74)
catch fire	(65)	get on	(74)
set fire to	(65)	get on well with	(74)
at first	(66)	get up	(75)
be fit for	(66)		
on foot	(67)		
set...free	(67)		

G

get along (on) with	(72)
get away	(72)
get back	(72)
get hold of	(72)
get in	(73)
get in a word	(73)
get in one's way	(73)
get into	(73)
get off	(74)
get on	(74)
get on well with	(74)
get up	(75)

get out	(75)	go home	(82)
get to	(75)	go on	(82)
get together	(76)	go on doing sth.	
get to know	(76)	(83)
get up	(76)	go on with one's	
give a concert		work	(84)
.....	(77)	go out	(84)
give a talk	(77)	go out for a walk	
give away	(77)	(84)
give in	(78)	go over	(85)
give lessons to		go to bed	(85)
.....	(78)	go to the cinema	
give off	(78)	(85)
give one's life for		be good at	(86)
.....	(79)	Good heavens !	
give out	(79)	(86)
give sb. some advice		a group of	(87)
.....	(79)	grow up	(87)
give up	(80)		
glare at	(80)		H
a glass of	(81)		
go by	(81)	by hand	(88)
go down	(82)	hand in	(88)
go fishing(shopping,		hand out	(88)
skating,swimming)		on the one hand	
.....	(82)	(89)

on the other hand half an hour ... (96)
..... (89) hurry up (97)
have got to (90) human being ... (97)
have sth. done in a hurry (97)
..... (91)

have to(do sth.) I
..... (91)

use one's head instead of (98)
..... (92) a place of interest

have a headache (98)
..... (92) be interested in

hear from (93)

hear of (93)

say hello to (93)

J

help out (94)

help sb. with sth. join the army
..... (94)

help yourself to join...to... (100)
..... (94) join up (100)

here and there to one's joy
..... (95)

hold...back (95) jump off (101)

hold one's head high jump onto (102)
..... (95) just now (102)

hold up (96) just then (102)
at home (96)

keep back	(103)	have lessons	(110)
K		let in	(111)
keep back	(103)	let out	(111)
keep on (doing sth.)		all one's life	
.....	(103)		(112)
keep...out of...		come back to life	
.....	(104)		(112)
keep up	(104)	in life	(112)
keep up with		in line	(112)
.....	(105)		listen to	(113)
kick off	(105)	a little	(113)
a kind of	(106)	a little of	(114)
all kinds of	...	(106)	little by little	
knock at	L.....	(107)	(114)
knock into sb.		make a living	
.....	(107)		(114)
(001)			before long	(115)
(001) ...L...not			long ago	(115)
(001)	qui n'est		no longer	(116)
at last	(108)	not any longer	
be late for	(108)	(117)
laugh at	(108)	have a look	(117)
lead a...life	(108)	take a look	(117)
lead to	(109)	look after	(117)
at least	(110)	look around	(118)
on the left	(110)	look at	(118)

look for	(119)	by this means
look forward to	(126)	
..... (119)		have some medicine
look on	(119) (126)
look out	(120)	sports meet ... (126)
look through	(120)	have a meeting
..... (120)	 (127)
look up	(120)	without mercy
lose one's life (127)
..... (121)		take a message for
a lot	(121) (127)
a lot of	(121)	in the middle of
love for	(122) (127)
		millions of (128)

M

be made from	(123) (129)
..... (123)		never mind ... (129)
be made in ... (123)		in a minute ... (130)
be made(up)of		just a minute
..... (124)	 (130)
make up (124)		make a mistake
a good many	(125) (130)
..... (125)		a moment ago
have a match	(125) (131)
..... (125)		more and more
	 (131)

more or less ... (132)

no more (132)

not any more

..... (132) and so on (139)

at(the)most ... (132) at once (139)

move in (133) once more (140)

move on (133) once upon a time
..... (140)

N

operate on (141)

or so (141)

in need of (134) in order (141)

neither...nor
..... (134) in order that
..... (142)

all night long
..... (134) in order to (142)

place an order

at night (135) (143)

make a noise
..... (135) ought to (143)

out of (145)

at noon (135) over and over

not only...but also
..... (145)

..... (136) over there (146)

now and then

..... (137)

P

a number of

..... (137) a pair of (147)

beg one's pardon