

北京舞蹈学院编

张 和主编

# 中国舞基本训练

## 钢琴曲选

Piano Accompaniments For Fundamental Chinese Dance Exercise



人民音乐出版社

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# 编委会成员

策划：曹锦荣

主编：张 和

编委：卢克敏、张 和、郑国安

## 代 序

随着中国舞蹈事业的不断发展,对舞蹈教学水平的要求也越来越高。当今的舞蹈专业教育,无论是大学或中专,都把提高基本训练的质量摆在十分重要的位置,而对于整个中国舞的基训过程来说,如果没有在民族性、时代性、舞蹈性、旋律性、韵律性、节奏性、情绪性等诸方面适合的、准确的、高水平的音乐伴奏教材,仅靠舞蹈教材“单打一”是无法进行高质量教学的。确有过这种情况:舞蹈教材很丰富,教师也很有经验,但由于缺乏相适应的、配套的音乐伴奏教材,使基训效果大打折扣。可见,在复杂的、系统的、难度很高的中国舞基本训练中,舞蹈教材和音乐伴奏教材有着水乳交融、相辅相成的关系。

由人民音乐出版社出版的这本《中国舞基本训练钢琴曲选》,汇集了北京舞蹈学院十几位钢琴老师从1985年至1997年在教学实践中积累并精选出的近百首基训钢琴伴奏曲目,这是老、中、青三代音乐教师心血的结晶。

本“曲选”的出版既是舞蹈音乐在学术上的收获,也是对舞蹈教育事业既现实又有深远意义的贡献,更是献给从事舞蹈基训教师们的一份丰厚的礼物。

北京舞蹈学院学术委员会主任

唐 满 城

1998年7月

## 编 者 的 话

本书是由北京舞蹈学院附中钢琴教研室卢克敏、张和、郑国安三位老师根据本院中国古典舞专业基本训练的课堂钢琴伴奏乐曲整理选编而成,共有曲目 96 首,内容为中国古典舞基训的扶把训练、中间训练、跳跃、旋转、翻身等课堂伴奏音乐。它们是多年教学实践积累的结果。

在编选工作中由于水平所限不足之处在所难免,热切希望从事舞蹈音乐的同行及广大读者提出宝贵意见。在此向所选曲目的作(编)者及参加过教材审定工作的李西安先生,本院的诸信恩、谢君丽、韦奈、李书娟等老师一并表示诚挚的谢意。

此外需要说明的是,个别曲目因作者未能查明而只好以“佚名”署之。为此请作者谅解并望尽早与我们联系,以便再版时更正。

编 者

1998 年 5 月

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## 1. 擦 地

郑国安曲

Moderato



## 2. 擦 地

郑国安曲

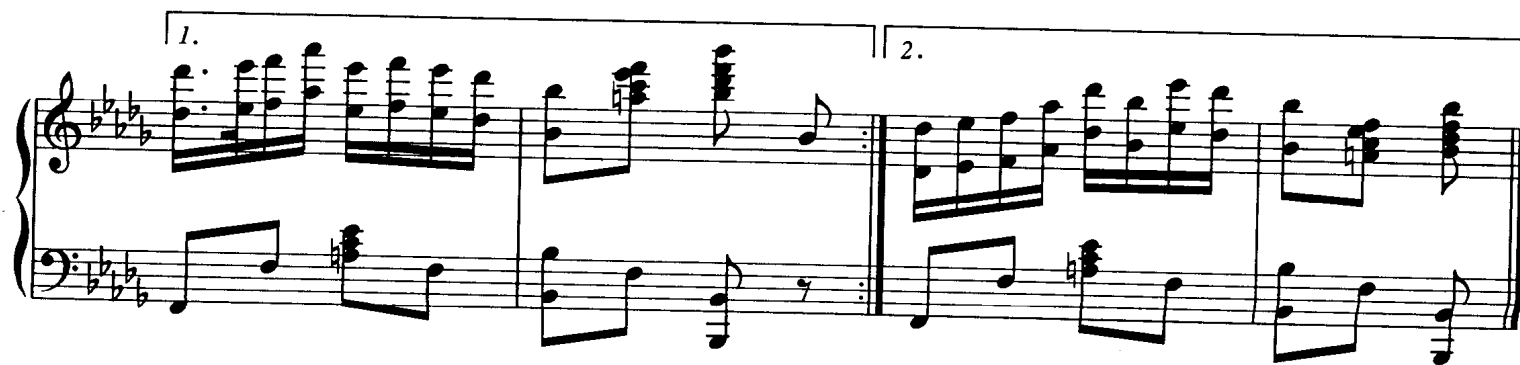
Moderato



## 3. 擦 地

Moderato

魏东明曲



## 4. 擦 地

诸信恩曲

**Moderato**

*mf*

## 5. 擦 地

卢克敏曲

Andante

The musical score is written for piano and consists of five systems. The key signature is D major (two sharps) and the time signature is 4/4. The tempo marking is "Andante".

The first system shows the beginning of the piece. The right hand starts with a half note D4, followed by a quarter note E4, a quarter note F#4, and a half note G4. The left hand starts with a half note D3, followed by a quarter note E3, a quarter note F#3, and a half note G3. The second system continues the melody in the right hand with a half note A4, a quarter note B4, a quarter note C5, and a half note B4. The left hand continues with a half note A3, a quarter note B3, a quarter note C4, and a half note B3. The third system shows the right hand playing a half note C5, a quarter note B4, a quarter note A4, and a half note G4. The left hand continues with a half note A3, a quarter note B3, a quarter note C4, and a half note B3. The fourth system shows the right hand playing a half note F#4, a quarter note E4, a quarter note D4, and a half note C4. The left hand continues with a half note A3, a quarter note B3, a quarter note C4, and a half note B3. The fifth system shows the right hand playing a half note B4, a quarter note A4, a quarter note G4, and a half note F#4. The left hand continues with a half note A3, a quarter note B3, a quarter note C4, and a half note B3. The score ends with a double bar line.

## 6. 蹲

卢克敏曲

Andante sostenuto

The musical score is written for piano in 3/4 time, featuring a key signature of three sharps (F#, C#, G#). It consists of five systems of staves. The first system begins with a treble clef and a key signature change to three sharps. The melody in the treble clef is characterized by long, flowing lines with many ties, indicating a slow, sustained tempo. The bass clef accompaniment features a steady eighth-note pattern. The subsequent systems continue this melodic and rhythmic development, with the treble clef often holding long chords or single notes while the bass clef maintains its active accompaniment. The piece concludes with a final cadence in the fifth system.

## 7. 蹲

卢克敏曲

Adagio

This piano score is written for a piece titled "7. 蹲" (7. Crouch) by Luke Min. The tempo is marked "Adagio". The music is in a key of three flats (B-flat major or D-flat minor) and a 12/8 time signature. The score consists of four systems of two staves each. The first system begins with a treble clef and a key signature of three flats. The melody in the right hand features a series of eighth and sixteenth notes, often beamed together, and is frequently accompanied by a sustained chord in the left hand. The second system continues this melodic line, with the right hand showing more complex rhythmic patterns including triplets and sixteenth-note runs. The third system shows a continuation of the melodic development, with the right hand often playing a series of eighth notes. The fourth system concludes the piece with a final cadence, featuring a sustained chord in the right hand and a descending line in the left hand. The overall mood is slow and contemplative, as indicated by the "Adagio" marking.

## 8. 蹲

## Andante

| $tr \sim$ |  |

诸信恩曲

Andante

mp

tr

诸信思曲

8

3

tr

3

tr

3

tr

8

tr

3

tr

## 9. 蹲

Adagio

魏东明曲

This piano score is for the piece "9. 蹲" (9. Crouch) by Wei Dongming, marked Adagio. The music is written for piano in a key with four flats (B-flat major or D-flat minor) and a 12/8 time signature. The score consists of five systems of two staves each. The right hand features a melodic line with dotted rhythms and occasional trills, while the left hand provides a steady accompaniment of eighth-note chords. Dynamic markings include *p* (piano) at the beginning, *mf* (mezzo-forte) in the third system, and *f* (forte) in the fourth system. The piece concludes with a final sustained chord in the right hand.