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College English 300

大学英语

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Contents

目 录

Unit 1	Entering College
第一单元	进大学 (1)
Unit 2	College Education
第二单元	大学教育 (13)
Unit 3	Library
第三单元	图书馆 (26)
Unit 4	Net
第四单元	互联网 (37)
Unit 5	Reading
第五单元	读书 (45)
Unit 6	Examination
第六单元	考试 (56)
Unit 7	Reforming the College Curriculum
第七单元	大学课程改革 (68)
Unit 8	Food and Meals
第八单元	食物与就餐 (78)
Unit 9	Campus Activities
第九单元	校园活动 (87)

Unit 10	Sports and Recreation	
第十单元	运动与娱乐	(96)
Unit 11	Weekends and Holidays	
第十一单元	周末与假日	(106)
Unit 12	Travel	
第十二单元	旅行.....	(117)
Unit 13	Social Practice	
第十三单元	社会实践	(127)
Unit 14	Homesickness	
第十四单元	想家.....	(136)
Unit 15	Friends and Friendship	
第十五单元	朋友与友谊	(150)
Unit 16	Campus Love	
第十六单元	校园恋情	(160)
Unit 17	Appearance	
第十七单元	外表.....	(173)
Unit 18	Fitness	
第十八单元	健康.....	(184)
Unit 19	Fashion and Flair	
第十九单元	流行时尚	(196)
Unit 20	Stars and Fans	
第二十单元	明星与追星族	(207)
Unit 21	Study Abroad	
第二十一单元	海外求学	(219)

Unit 22	Learning English	
第二十二单元	学习英语	(229)
Unit 23	Money	
第二十三单元	金钱	(238)
Unit 24	Education and Tuition	
第二十四单元	教育与学费	(247)
Unit 25	Television	
第二十五单元	电视	(255)
Unit 26	Crime	
第二十六单元	犯罪	(266)
Unit 27	Hobbies	
第二十七单元	业余爱好	(276)
Unit 28	Ideals and Setbacks	
第二十八单元	理想与挫折	(286)
Unit 29	Before Graduation	
第二十九单元	毕业前夕	(294)
Unit 30	Job Hunting	
第三十单元	找工作	(304)

Unit 1 Entering College
第一单元 进 大 学



Sentences

1. College life is entirely different from life in high school.
大学生活与中学生活完全不同。
2. Going to college requires more self-reliance than going to high school.
读大学比读中学需要更多的自立。
3. Most of us had difficulties adjusting to college life in our first month there.
我们大多数人入学的头一个月都很难适应大学生活。
4. We have to learn to live with complete strangers of different backgrounds, personalities and interests.
我们得学会和具有不同背景、不同性格以及不同兴趣爱好的陌生人一起生活。
5. The adjustment to large lectures and the consequent drop^① in student-professor interaction and professor attention is one of the transitions freshmen have to make.
适应大课堂教学以及随之而来的师生交流的减少和老师关注的减少是新生必须经历的转变之一。
6. Besides experiencing the usual freshmen disorientation^② as I wandered the campus searching for my classes, I also managed to^③ lock myself out of the dorm and to miss lunch in the cafeteria.
除了像多数新生一样在校园里到处找教室弄得晕头

转向之外，我还居然有本事把自己锁在寝室外边进不去，还错过了到自助餐厅去用午餐。

7. Campus activities are so interesting that I often involve myself in them.

校园活动非常有趣，我经常参加这些活动。

8. It is in college that we begin to live and study by ourselves, and even plan our future for ourselves.

进了大学我们才开始独立学习和生活，甚至自己规划未来。

9. College is the place where I met my greatest friends of my life and experienced complete freedom for the first time.

就是在大学里我结交了一生中最了不起的朋友，并且平生第一次体验了完完全全的自由。

10. College life opens up a new vista^④ for the freshmen, develops their ability to work independently and helps them to intellectual^⑤ maturity.

大学生活为新生展现了崭新的前景，培养了他们独立工作的能力，促使他们在思想上和智力上成熟起来。

Notes

1. drop 下降；减少

a drop in weight 重量的减少 / a drop in temperature 降温

2. disorientation 迷失方向
3. manage to 在这里是讽刺的用法，意思是“竟然搞得”、“竟做出”。
- He managed to fail three courses in a semester. 他竟然一个学期可以有三门功课考不及格。
4. vista 景色；前景
5. intellectual 思维的；运用聪明才智的（如艺术、思想等方面）

Dialogues

I

- A: Hi!
你好!
- B: Hi. May I help you?
你好，要借书吗?
- A: I'm a freshman, and I'd like to borrow some books.
What should I do?
我是新生，我想借些书。我该怎么做?
- B: Do you have a library card?
你有借书卡吗?
- A: Yes, here you are.
有，给你。
- B: Good. These are book slips. Find the books you want

and put down their numbers and names here. Your name goes here.

好。这些是索书单。你找到想借的书以后把书号和书名填上去。你的名字填到这里。

A: Where can I look for the catalog, please?

请问在哪里查目录?

B: Go to the catalog room. It's at the end of the corridor. There we have what we call a card catalog. Each card represents a book. They are all alphabetical. Each subject takes a different counter. You'll soon get used to it.

到目录库去。目录库就在过道的尽头。那里有一套卡片目录。每本书都有一个目录卡,全都按字母表顺序排列。每类书都有自己的目录柜。你很快就会熟悉的。

A: Thank you very much.

非常感谢。

B: Not at all. Hope you find what you need.

别客气。希望你能找到想借的书。

II

A: Hi, Mary! How are you getting along with your studies?

喂,玛丽,学习进展得怎样?

B: Oh, it's the first time for me to prepare for the exams

of so many courses. I feel I am really at a loss^①.

哎，这是我第一次准备那么多门功课的考试。我真感到不知所措。

A: What's your ideal mark for a course, a full mark or a pass mark?

你理想的课程分数是多少？是满分还是及格分？

B: The higher the better.

分数越高越好。

A: You mean you want the scholarship?

你是说你想拿奖学金？

B: Who doesn't want a scholarship? It means both money and honor.

谁不想拿？奖学金既意味着钱，也意味着荣誉。

B: Then you really need to think much about what the teachers say in class. That should be the guidelines^② for the review.

那么你真得认真思考老师的授课内容。今后你应该根据这些内容进行复习。

A: But I often feel so nervous in class that I can't concentrate on what the teacher is saying.

但我上课时经常很紧张，不能集中精力听课。

B: In that case, it might be helpful to focus on the topics and subtopics of the course book and try to fill in the details for the general ideas.

如果那样的话，你可以着重看看课本的标题和副标题，再设法把具体内容充实进去，这样或许会对你

有帮助。

A: That might be a good idea. Thank you very much for your advice.

也许这个主意不错。非常感谢你的建议。

Notes

1. at a loss 困惑不解; 不知所措
2. guideline 指导方针, 指导原则; 准则, 标准

More Expressions

freshman	一年级学生
sophomore	二年级学生
junior	三年级学生
senior	四年级学生
day student	走读生
boarder	寄宿生
auditor	旁听生
scholarship	奖学金
student subsidy	助学金
president	大学校长
dean of studies	教务长
professor	教授
associate professor	副教授
lecturer	讲师

assistant	助教
undergraduate	大学生 (尚未获得学位的)
graduate	大学毕业生
postgraduate	研究生
BA	文科学士
BS	理科学士
MA	文科硕士
MS	理科硕士
MBA	工商管理硕士
doctor	博士
Ph. D	哲学博士
resident hall	宿舍
dorm	宿舍
janitor	宿舍管理员
bunk bed	上下铺
coat hanger	挂衣架
clothesline	晒衣绳
canteen	饭盒

Supplementary Sentences

1. Appointment books^① will save your day.
约会记事簿能为你节省时间。
2. Established routines will save your sanity.
学习生活程序化能让你心智健全。
3. A violent confusion will follow when things are put off

until the last possible moment.

把事情拖到最后一分钟才做会造成一片混乱。

4. Establish good eating habits and you'll be able to stay on the top of your game.

如果你养成良好的饮食习惯，你就能常胜不败。

5. Exercise regularly and you'll have enough stamina^② to stand in the registration line all day.

如果你经常锻炼身体，你就能有足够的精力在注册长龙里排上一整天。

6. Get enough sleep, and you'll make it to class looking bright-eyed and bushy-tailed.

睡眠要充足，这样上课时你就会看上去双目有神，精力充沛。

7. You can save yourself from unnecessary stress if you keep your priorities straight^③.

如果你做事能分清轻重缓急，你就能避免不必要的压力。

8. Make a plan and stick to it, and people will think that you have made the transition from high school to college brilliantly.

订个计划并坚持下去，人们就会认为你已成功地实现了从中学向大学的过渡。

9. It is essential to develop yourselves in all aspects if you want to find a position in the tightening job market.

如果你想在竞争日趋激烈的就业市场上赢得一席之地，使自己得到全面发展是非常必要的。

10. Being actively involved in campus activities helps develop students' practical skills.

积极参加校园活动有助于培养实际技能。

Notes

1. appointment book 约会记事簿
同义词还有: personal organizer 个人管理记事簿 /
personal planner 记事簿、计划本
2. stamina 精力; 耐力; 韧性
3. keep (get) ... straight [美] 清楚无误地了解某事;
把某事办好

Reading Material

I still remember the day when I first came to this university. As the morning sun was rising, my father and I walked into the university. I was so excited and curious that I grasped my father's hand tightly and looked around me all the time as if I were a little Alice in Wonderland. We directly went to the registration office and finished the procedure at about nine o'clock. Then we went to the auditorium crowded with students, parents and teachers. I asked my father to wait for me outside, and then went into the crowd to pay the tuition with the money and my admission letter. I thought I did everything perfectly except

that I was sometimes in a little frantic rush. When I came out, I saw my father standing in the warm September sun smiling to me. I was sure that was because what I did showed my independence. It was already noon, so we had lunch together in the dining hall. After lunch, we went shopping. I wanted to stay with my father as long as I could, but he had something urgent to do and had to leave. So we said goodbye at about one o'clock at the entrance to a shop. I stood alone in the street, tears coming into my eyes. Then I began walking to my university, where my good sisters and brothers from different parts of the country gathered, and where my new college life would begin.

我还记得上大学第一天的光景。旭日东升的时候，我和父亲走进了大学校园。我非常激动，非常好奇，紧紧地抓住父亲的手，像《爱丽丝漫游奇境》中的小爱丽丝那样不停地向四处张望。我们直奔注册部，9点钟左右就办完了手续。接着我们来到了校礼堂。那里挤满了学生、家长和老师。我让父亲在外面等着，自己带着钱和入学通知挤进人群中付完了学费。我觉得自己事情办得还不错，只是有些忙乱和莽撞。从礼堂出来时我看见父亲站在9月温暖的阳光下朝我微笑。我知道那是因为我刚才的行为表现出了独立性。已经是中午了，我们在学校食堂里一起吃了午餐，然后到商店去买东西。我真想和父亲多呆一会，但他有急事，得走。大约一点钟我