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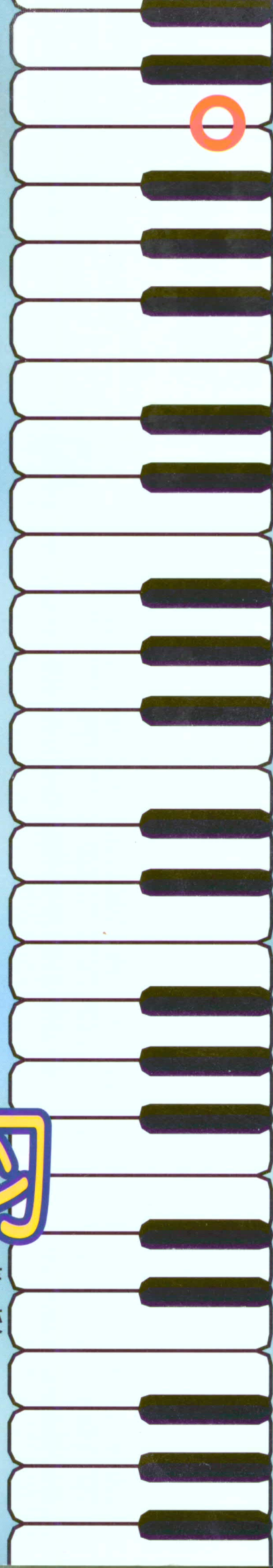
钢琴考级辅导教材

音阶和琶音的练习

沈 琪
杨 云 珍

编著
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W 世界图书出版公司



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序

音乐——缪斯神殿中最动人心弦的艺术,一直伴随着人类从远古进入高度文明的现代社会。

随着我国改革开放政策取得举世瞩目的成功,人们生活水平日渐提高,对文化的需求也日新月异。钢琴作为高雅艺术的代表之一,越来越多的家长都想让自己的孩子成为有修养、有文化的人材,在社会上也就形成“钢琴热”。钢琴考级的人数也逐年递增,参加考级的儿童数从起初的每年几千人,逐渐发展到10万。今年总数又突破纪录,高达12万人数。刚开始钢琴水平大多集中在六级水平,现在已发展到中高级、八级、十级。在这样的形势下,钢琴考级辅导教材的出现是非常及时和必要的。

这本辅导教材归纳了“考级”中所有的基本技术练习,因初学者在开始学习音阶练习中3指、4指常易搞错,本书中重点提示③④指法,以便于儿童练习。弹奏音阶时,不仅要掌握准确的音色和节奏,还要有意识地把整个键盘划分为几个可以不断反复的小组,牢记指法顺序特点,真正做到弹奏音阶平滑如流水。其次,加强乐理知识教学也十分重要,如半音阶、全音阶的组成;和弦的结构等(大三和弦、小三和弦减三和弦)。和弦练习既训练了儿童的触觉,手指、手掌、手臂的支撑力量,又培养了儿童的听觉能力,对乐理考级也有其辅导作用。

这本钢琴考级辅导教材十分适合上海地区考级,从一级到十级的基本训练都集中具备,也是钢琴教师必备教材之一。

杨云珍
2001年12月

前 言

随着我国人民生活水平和文化素质的日益提高,音乐作为陶冶人们艺术境界和丰富业余生活的一种方式,正日益受到各阶层人士的青睐。“乐器之王”——钢琴以其特殊的地位展现出了无穷的魅力。全国已有几百万儿童跨进了音乐的殿堂,学习演奏钢琴已成为众多音乐爱好者的追求目标。上海钢琴学会从1988年开始在上海地区实行钢琴业余考试定级制度(简称“考级”),反响强烈,范围扩大到全国各地。这是一种测试钢琴教学水准行之有效的方法,更使钢琴普及教育日趋规范。这本《音阶和琶音的练习》是根据钢琴考级中的“基本技术练习要求”,总结历年来考试的命题,经广大师生的整理汇编而成。本书全面而系统地阐明了音阶、和弦、琶音、半音阶等内容,涉及了考级全部第一级至第十级的范围,是学生钢琴考级中的必备教材之一。

音阶——掌握正确的指法是弹好音阶练习的关键,要严格按照谱上标明的指法弹奏,尤其是第3、第4手指的运用(故每条音阶练习用圆圈③、④加以重点提示),切勿忽视。初学者先学习一个八度的音阶,然后逐渐扩展到二个、三个、四个八度。同向一个八度适用于“考级”中第一级;同向二个八度适用于“考级”中第二、第三级;同向三个八度适用于“考级”中第四级;同向四个八度适用于“考级”中第五、第六级……

半音阶、全音阶——是从音阶中引申出来的另外一种形式,根据二音间的音程关系构成。半音是由相邻近的二个音构成,半音阶适用于“考级”中第五、第六、第七级;全音由二个半音构成,全音阶适用于“考级”中第八、第九、第十级。

和弦——和弦是专门训练学生的手指指尖、手掌、手臂的支撑能力以及和弦转位的灵活性。三个音是为手小的初学者设计的,适用于“考级”中第一、第二级。四个音是为手稍大些的学生练习而准备的。

琶音——详细而具体地指明了各种不同形式的琶音。如:短琶音、分解和弦琶音、长琶音、七和弦琶音等。短琶音指三个音一组的小琶音,适用于“考级”中第一、第二级。分解和弦琶音是主和弦分解成四个音一组,适用于“考级”中第三级。长琶音有三个八度、四个八度、以及反向进行,三个八度适用于“考级”中第四级;四个八度适用于“考级”中第五级至第十级。七和弦琶音有属七和弦琶音和减七和弦琶音两种,分别适用于“考级”中第五级至第十级。

“基本技术练习”(音阶、和弦、琶音)在钢琴“考级”中是必考内容,因此这本书就显得非常实用。这本书在编排上由浅入深,适用面广,对广大钢琴爱好者也有重要的参考价值。

此外,特别要感谢杨云珍女士在百忙之中翻阅全书的手稿,提出了许多宝贵的意见和建议,并为本书撰写了序,在此一并致以谢意。

编 者

2001 年 10 月

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音阶

1. 同向一个八度

C大调 a和声小调
 G大调 e和声小调
 F大调 d和声小调
 D大调 b和声小调
 B大调 g和声小调
 A大调 #f和声小调

The exercises are arranged in four rows, each containing two major keys and their corresponding harmonic minor scales. Each key has an ascending and a descending exercise, each spanning two staves. Fingerings are clearly marked for each note, and repeat signs are used at the end of each exercise.

$\flat$ E大调 **c和声小调**

E大调 **$\sharp$ c和声小调**

$\flat$ A大调 **f和声小调**

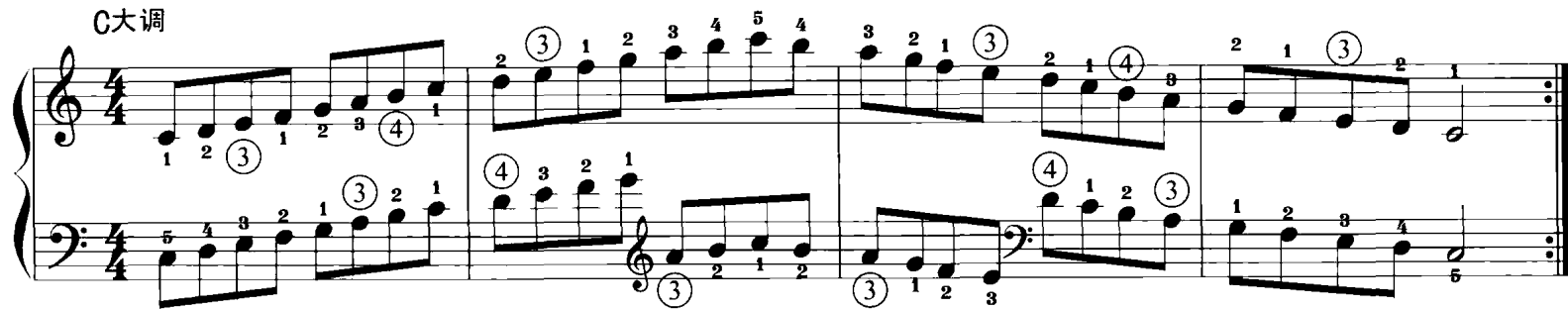
B大调 **$\sharp$ g和声小调**

$\flat$ D大调 **$\flat$ b和声小调**

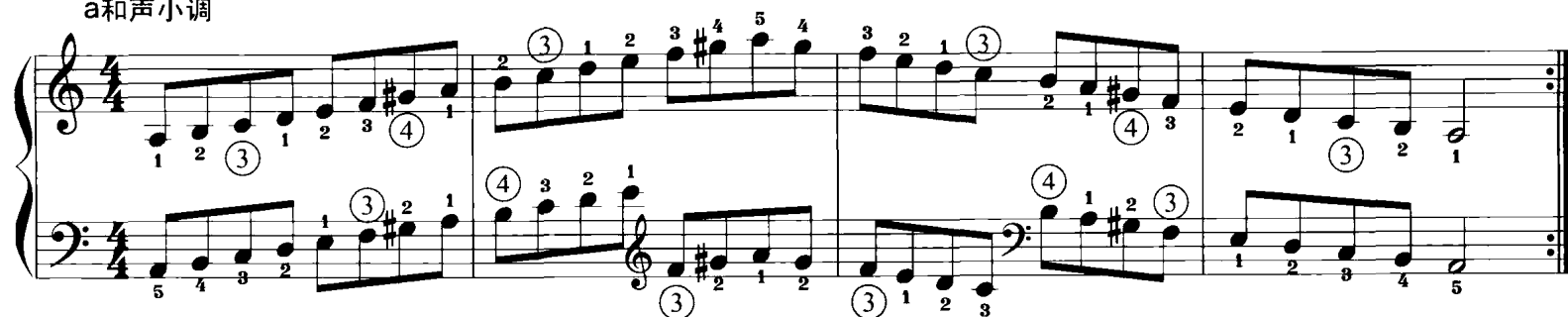
$\flat$ G大调 **$\flat$ e和声小调**

2. 同向二个八度

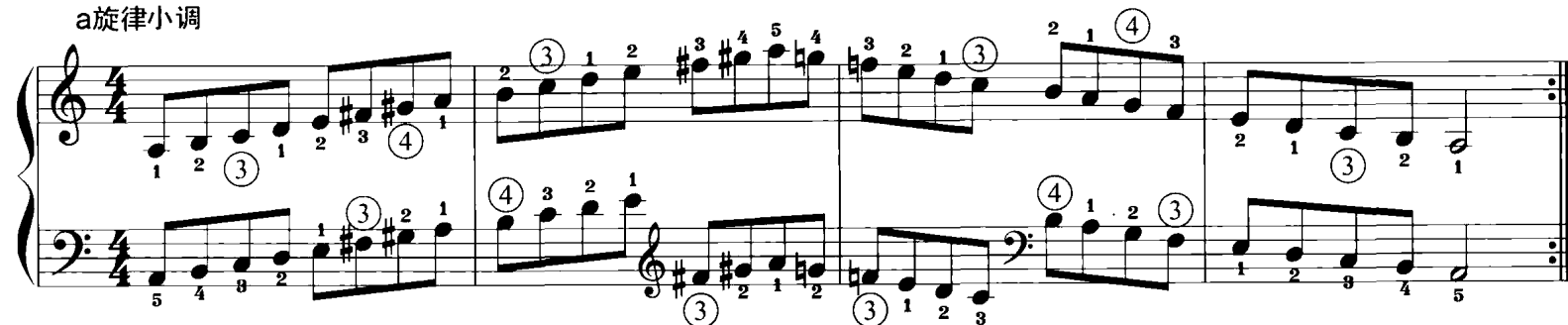
C大调



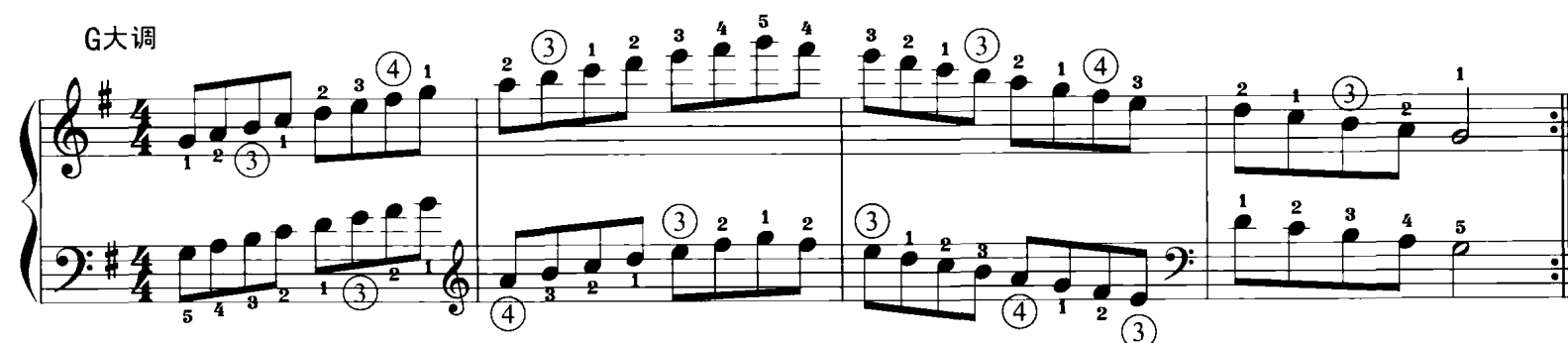
a和声小调



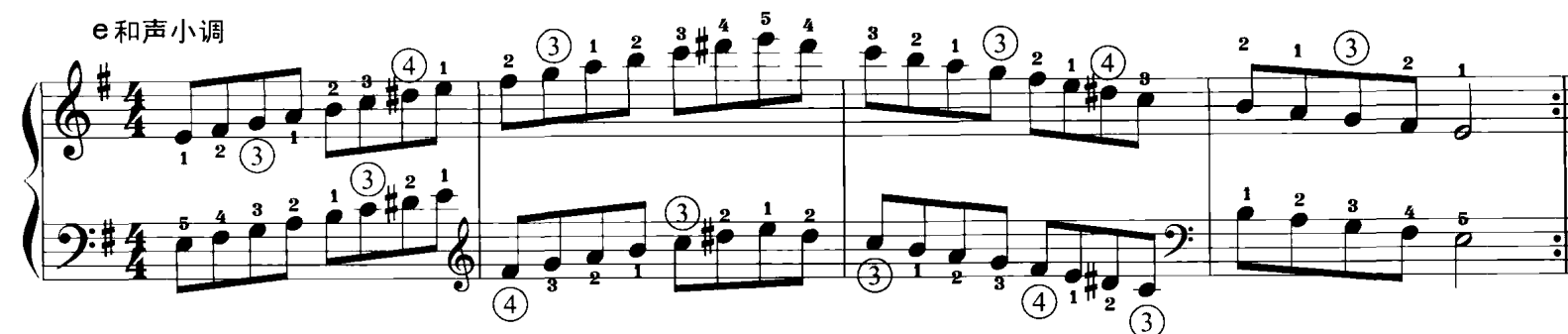
a旋律小调



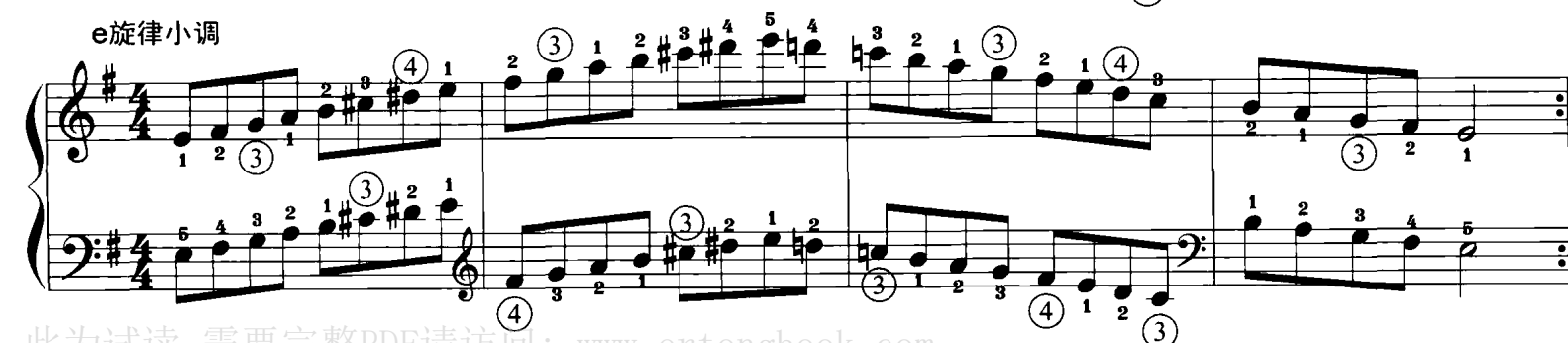
G大调



e和声小调



e旋律小调



F大调

d和声小调

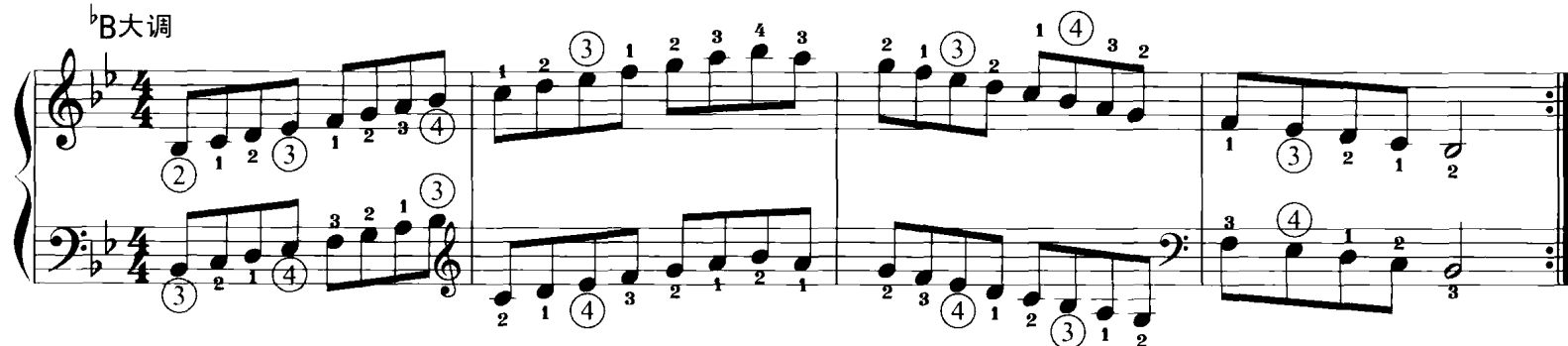
d旋律小调

D大调

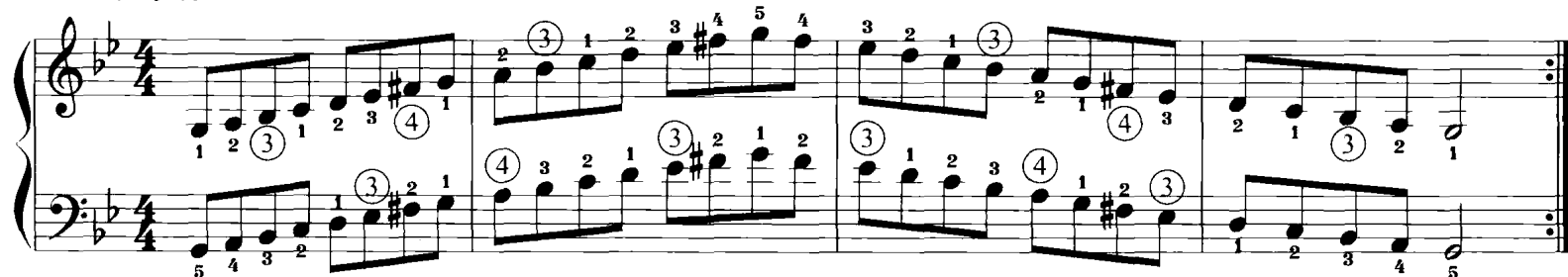
b和声小调

b旋律小调

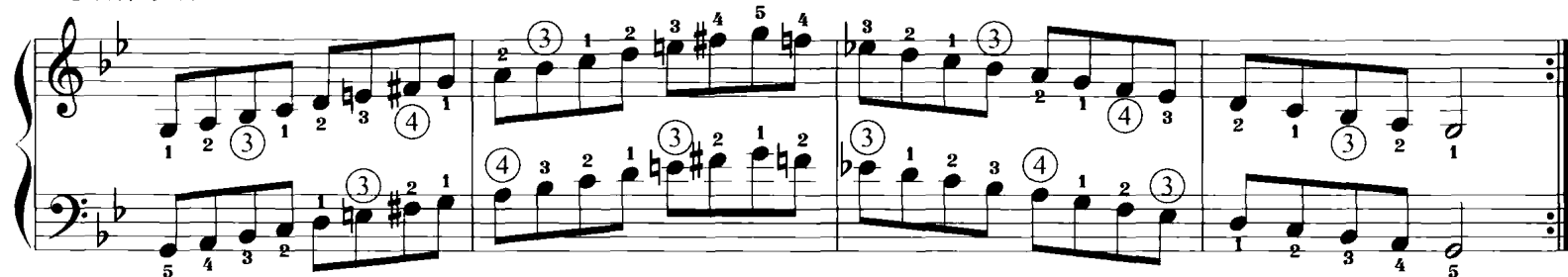
B大调



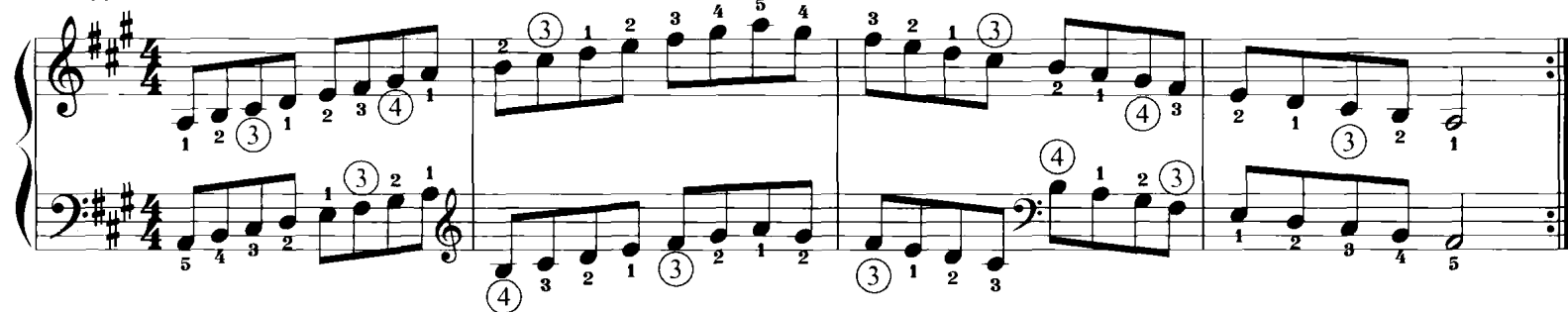
g和声小调



g旋律小调



A大调



#f和声小调



#f旋律小调



$\flat$ E大调

c和声小调

c旋律小调

E大调

$\sharp$ c和声小调

$\sharp$ c旋律小调

bA大调

Handwritten musical score for the bA major scale in 4/4 time. The score is written on two staves (treble and bass). The key signature has two flats (Bb and Eb). The time signature is 4/4. The melody in the treble staff starts on Bb4 and ascends to Bb5, while the bass staff starts on Bb3 and descends to Bb2. Fingerings are indicated by circled numbers 1-4. The piece concludes with a double bar line and repeat dots.

f和声小调

Handwritten musical score for the f harmonic minor scale in 4/4 time. The key signature has two flats (Bb and Eb). The time signature is 4/4. The melody in the treble staff starts on F4 and ascends to F#5, while the bass staff starts on F3 and descends to F2. Fingerings are indicated by circled numbers 1-4. The piece concludes with a double bar line and repeat dots.

f旋律小调

Handwritten musical score for the f melodic minor scale in 4/4 time. The key signature has two flats (Bb and Eb). The time signature is 4/4. The melody in the treble staff starts on F4 and ascends to F#5, while the bass staff starts on F3 and descends to F2. Fingerings are indicated by circled numbers 1-4. The piece concludes with a double bar line and repeat dots.

B大调

Handwritten musical score for the B major scale in 4/4 time. The key signature has three sharps (F#, C#, G#). The time signature is 4/4. The melody in the treble staff starts on B4 and ascends to B5, while the bass staff starts on B3 and descends to B2. Fingerings are indicated by circled numbers 1-4. The piece concludes with a double bar line and repeat dots.

#g和声小调

Handwritten musical score for the #g harmonic minor scale in 4/4 time. The key signature has three sharps (F#, C#, G#). The time signature is 4/4. The melody in the treble staff starts on G#4 and ascends to G#5, while the bass staff starts on G#3 and descends to G#2. Fingerings are indicated by circled numbers 1-4. The piece concludes with a double bar line and repeat dots.

#g旋律小调

Handwritten musical score for the #g melodic minor scale in 4/4 time. The key signature has three sharps (F#, C#, G#). The time signature is 4/4. The melody in the treble staff starts on G#4 and ascends to G#5, while the bass staff starts on G#3 and descends to G#2. Fingerings are indicated by circled numbers 1-4. The piece concludes with a double bar line and repeat dots.

$\flat$ D大调

$\flat$ 和声小调

$\flat$ 旋律小调

$\flat$ G大调

$\flat$ 和声小调

$\flat$ 旋律小调

3. 同向三个八度

C大调

Handwritten musical score for C major in 2/4 time. It consists of two staves (treble and bass). The treble staff starts on middle C and goes up to C8, while the bass staff goes down to C-3. Both staves show ascending and descending scales with specific fingering: 1, 2, 3, 4, 5, 4, 3, 2, 1, 2, 3, 4, 5, 4, 3, 2, 1. A dashed line with an '8' indicates an octave shift. The piece ends with a double bar line and repeat dots.

a和声小调

Handwritten musical score for a harmonic minor in 2/4 time. It consists of two staves (treble and bass). The treble staff starts on middle C and goes up to C8, while the bass staff goes down to C-3. Both staves show ascending and descending scales with specific fingering: 1, 2, 3, 4, 5, 4, 3, 2, 1, 2, 3, 4, 5, 4, 3, 2, 1. A dashed line with an '8' indicates an octave shift. The piece ends with a double bar line and repeat dots.

a旋律小调

Handwritten musical score for a melodic minor in 2/4 time. It consists of two staves (treble and bass). The treble staff starts on middle C and goes up to C8, while the bass staff goes down to C-3. Both staves show ascending and descending scales with specific fingering: 1, 2, 3, 4, 5, 4, 3, 2, 1, 2, 3, 4, 5, 4, 3, 2, 1. A dashed line with an '8' indicates an octave shift. The piece ends with a double bar line and repeat dots.

G大调

Handwritten musical score for G major in 2/4 time. It consists of two staves (treble and bass). The treble staff starts on G4 and goes up to G8, while the bass staff goes down to G-3. Both staves show ascending and descending scales with specific fingering: 1, 2, 3, 4, 5, 4, 3, 2, 1, 2, 3, 4, 5, 4, 3, 2, 1. A dashed line with an '8' indicates an octave shift. The piece ends with a double bar line and repeat dots.

e和声小调

Handwritten musical score for e harmonic minor in 2/4 time. It consists of two staves (treble and bass). The treble staff starts on E4 and goes up to E8, while the bass staff goes down to E-3. Both staves show ascending and descending scales with specific fingering: 1, 2, 3, 4, 5, 4, 3, 2, 1, 2, 3, 4, 5, 4, 3, 2, 1. A dashed line with an '8' indicates an octave shift. The piece ends with a double bar line and repeat dots.