

GARFIELD

加菲猫

轻松英语

Guide

To

HEALTHY
LIVING

之

养生保健宝典



原著 / (美) 吉姆·戴维斯

翻译 / 张定绮

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贵州人民出版社



C'mon, Garfield,
let's exercise to
music.

I got rhythm!
I got rhythm!



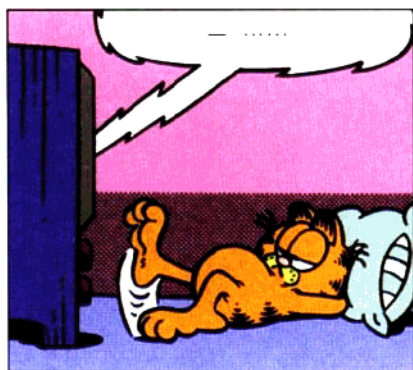
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Come on, Garfield
I got a hernia!
I got a hernia!

[注]: Hemia(n.) 脱肠
(或疝气)
(有时会因运动太激烈
而发作。)

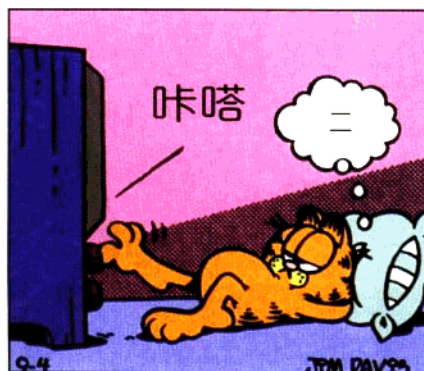
Okay, campers, it's
time to exercise!
Let's start with some
leg lifts...
Ready, begin!



Annnnd
one and...

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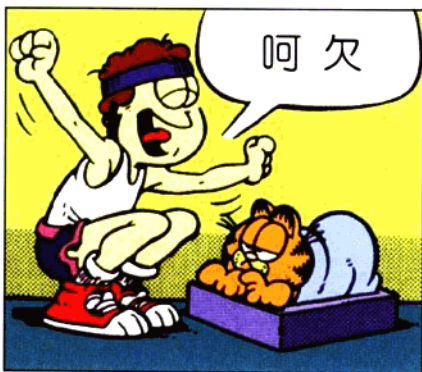
Two
click





It's five a.m.,
Garfield. great
time to jog.

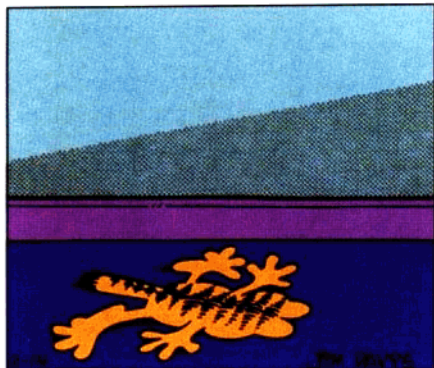
Yawn



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I knew that non-
sense wouldn't
last long.



Nobody can
relax like you,
Garfield.
How do you do
it?



Slipping while
swinging from
the light fixture
helps.

wanna go
jogging?
I'm busy.



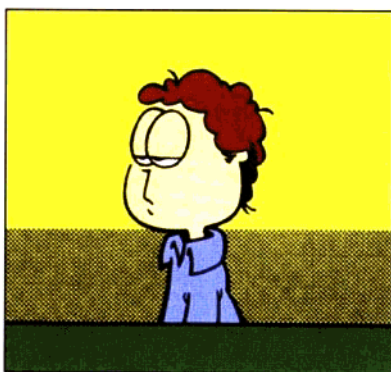
说真的，加菲猫。我觉得你把
心放在熊宝宝身上比放在我身
上更多。



Honestly, Garfield.
I have the feeling
you think more of
that Teddy bear
than you do of me!

Pay no atten-
tion to the
"what's-his-
name" Pookie.

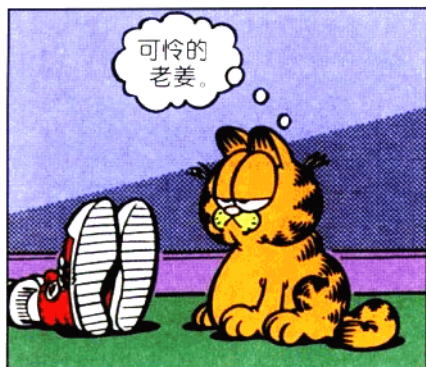




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Gave your
bear a bath?
How'd you
guess?



Poor Jon.

He was hoping to win a marathon...



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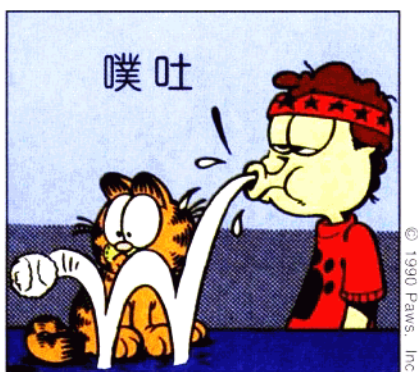
But he passed out lacing his shoes.

JIM DAVIS 4-18



How was your tennis date with Gloria?

Ptooeey!



She had a pretty good serve.



You didn't eat your vegetables. What are you going to do? Tell my mother?

I think I will.



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Look! I'm eating! I'm eating! Tell his mother he ate his dessert first!!



Cookie time!

Jon's easy to fool.

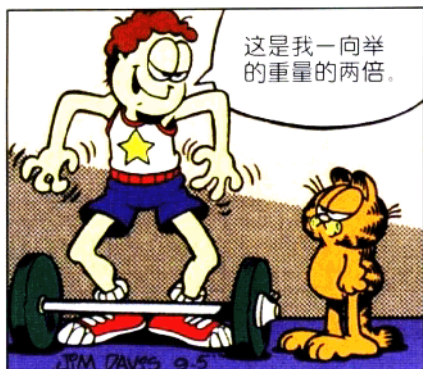


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Ordinarily.

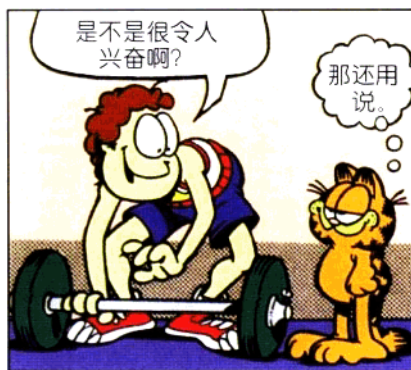
This is twice the weight. I've ever lifted.



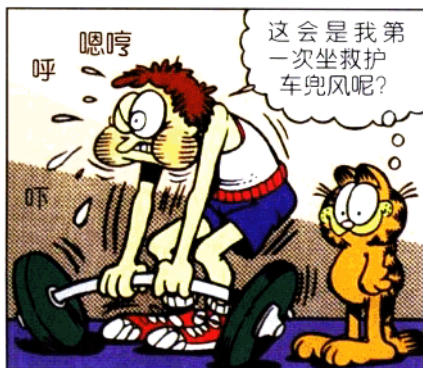
是不是最令人兴奋啊?

那还用说。

Won't this be exciting?
You bet.



I've never ridden in an ambulance before?





Yawn

I am not a morning person.



Good afternoon.
Garfield see?



Garfield, you should take better care of yourself. I do! This body is a temple.



With a two-car garage.



Looks good,
doesn't it?

Rrip



Looked better
than it tasted.



Well, Garfield, we have the whole day ahead of us.

We can go for a walk. I'll pass.



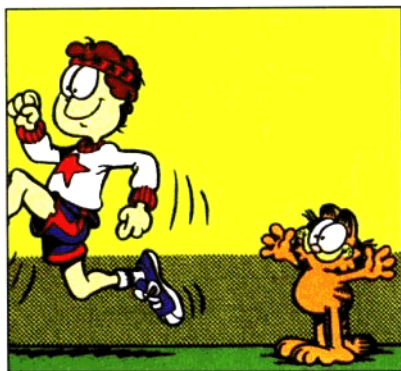
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Or we can sit here and eat potato chips till we get sick. Oh...it's going to be a glorious day!



Are you ready to
exercise, Garfield?
Boy, am I!



Well?
Are we done
yet?