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makes
perfect

 万水英语应试教程系列

六级英语 听力高分技巧 与仿真预测试题

四六级英语试题研究组 编著



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内 容 提 要

“知己知彼，百战不殆”。要想在六级英语考试中取得高分，必须对考试题型有清楚的了解，并且进行大量有针对性的训练。

本书对六级英语考试听力的特点、常考题型等进行精辟的讲解，帮助读者快速提升应试水平。测试题以历年的实考试题为基准点，难度适中，覆盖面广。书中采用的提示听力训练法，会令读者受益匪浅。

本书适合大中专院校学生、六级英语考试辅导班使用。

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前 言

在研读本书之前，读者应该了解：

听力理解考试的操作

A) 理解中心思想和重要细节；

理解中心思想

听懂重要的或特定的细节

B) 理解隐含的意思；

进行推论

判断话语的交际功能

C) 运用有助于理解的语言特征来理解；

辨别语音特征：从连续的话语中辨别主音；理解重音和语音

语调

理解句间关系，如：比较、原因、结果、程度、目的

D) 判断说话人的观点、态度等。

全国统一的大学英语四、六级考试由于其科学性和权威性而得到了社会的普遍认可。目前全国每年参加该项考试的考生已达 300 万人。在 2000 年 9 月国家教育部正式颁布的《大学英语教学大纲》中明确规定：本科学生在毕业前必须通过四级考试，否则不能授予学士学位。很多用人单位在招聘大学毕业生时都有一条：有英语六级证书者优先。有些单位甚至要求应聘者必须拥有六级证书。顺利地通过大学英语四、六级统考是校园中莘莘学子的愿望。时下的流行口号是：**要过级，更要得优秀。**

有鉴于此，我们特别为准备参加全国大学英语六级考试的考生精心编写了听力、词汇、阅读、写作、综合模拟五个分册，帮助考生逐步地积累经验，为顺利过级打好坚实的基础。

许多人都认为提高英语听力水平是一件既吃力，又往往成效不佳的苦差事，因而总是望之却步。本书将帮助读者打破以上的观念，轻松愉快地在短期内提高英语听力理解能力。

本书从提高英语听力的入门阶段——语音和发音开始讲解，对六级英语考试的常考题型：对话理解、短文理解和复合式听写进行了系统的讲解。书中采用的提示听力训练法将帮助读者快速提升听力应试水平。书中精选的测试题以历年的实考试题为基准点，难度适中，覆盖面广。

全书包括以下几个部分：

- 1) 六级英语考试听力技巧与题型分析；
- 2) 提高听力的基础知识——语音知识与速成
- 3) 听力对话理解提示法训练
- 4) 听力短文理解提示法训练
- 5) 容易拼错的单词听写与复合式听写强化训练

英语听力理解能力的提高绝非一蹴可及，但是若能采用系统、得当的方法，依然可以缩短提高英语听力所需的时间。读者只要按照书中的内容按部就班、循序渐进地进行训练，必定可以在最短的时间内获得最大的成效。切记：随时要让自己的耳朵感受英文的环境。

你的成功，也许可以从拥有这本书开始。

相信这本书，更要相信你自己。

编 者

2002 年 4 月

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第一章 攻克英语发音

No. 1 / i: /

发音规则

- Hold the front part of your tongue high in your mouth, close to the roof.
- Press the sides of your tongue against the upper back teeth. The muscles of your tongue should be tense.
- Spread your lips.
- As you begin to say this long vowel sound, move the front part of your tongue forward and up.
- Place your thumb underneath your chin to feel the tense muscles.

跟读训练

- | | | | |
|---------|---------|------------|--------|
| 1. be | me | see | clean |
| grief | please | breeze | reason |
| teacher | feature | feeble | people |
| succeed | receive | convenient | |
-
- | | |
|--------------------|----------------------|
| 2. a team leader | a League meeting |
| the Chinese people | the East Sea Fleet |
| a real secret | a piece of lean meat |
-
- | | |
|-----------------------|--------------------------|
| 3. Please read it. | Please keep it a secret. |
| Eve is Peter's niece. | |

Do you see the green leaves of each tree in the field?

A friend in need is a friend indeed.

No. 2 / i /

发音规则

- Hold the front part of your tongue high in your mouth, but lower than for / i: /.
- Place the sides of your tongue against the upper back teeth, but do not press. The muscles of your tongue should be lax.
- The lips are a little less spread than for / i: /.
- The tongue does not move as you say this short vowel sound.
- Place your thumb underneath your chin. You should feel no tense muscles; the muscles are relaxed.

跟读训练

- | | | | |
|---------|-------|---------|---------|
| 1. it | sits | big | pig |
| kick | pick | miss | sink |
| rich | fish | wish | city |
| belong | visit | limit | willing |
| filling | begin | present | |

- | | |
|-------------------|------------------|
| 2. a big clinic | a big dictionary |
| a bit chilly | a bit dizzy |
| finish it quickly | little by little |
| sixty women | give him six |

- | | |
|----------------------------|--|
| 3. Tim's as thin as a pin. | Finish it quickly. It isn't difficult. |
|----------------------------|--|

Why is Sister Lily sitting there knitting in silence?

No. 3 / e /

发音规则

- Hold your tongue in the same position as for /ei/, but a little lower in your mouth.
- Place the sides of your tongue against the upper back teeth, but do not press. The muscles of your tongue should be lax.
- Open your lips slightly more than for /lei/.
- Your jaw and tongue do not move as you make this short vowel sound.
- Place your thumb underneath your chin. You should feel no tense muscles; the muscles are relaxed.

跟读训练

- | | | | |
|--------|---------|--------|--------|
| get | debt | bed | dead |
| pen | ten | fell | next |
| spend | friend | any | very |
| heaven | metal | gentle | yellow |
| fellow | section | | |
- | | | | |
|-------------------|------------------|------------------|--------------|
| 2. very well | get ready | ten desks | twenty cents |
| the next sentence | | a television set | |
| wet with sweat | terrible weather | press bells | |
3. Well, let's get everything ready. Better late than never.
Ben is wet with sweat.
Remember to get me ten eggs.

No. 4 / æ /

发音规则

- Hold the front and back parts of your tongue low in your mouth.
- Touch your lower front teeth lightly with the tip of your tongue.
- Lower your jaw; your lips are wide open.
- The muscles in your tongue should not be tense; they should be relaxed.

跟读训练

1. cap	map	had	lack
mass	bank	stamp	fact
carry	happy	anxious	gather
battle	avenue	salary	character

2. A fact is a fact. Hang your cap on the stand.
 Catch that mad black cat. Thank you for the stamp.
 Hand me the hammer.

No. 5 / a: /

发音规则

- Hold the back part of your tongue low in your mouth, lower than for any other sound.
- Touch the lower front teeth lightly with the tip of the tongue.
- Lower your jaw; lips are open wide.
- The muscles of your tongue should be relaxed.
- Say "ahhh". Imagine that a doctor wants to look at your throat.

跟读训练

- | | | | |
|--------|---------|--------|--------|
| 1. arm | cart | fast | glance |
| chance | class | army | party |
| regard | pardon | carpet | drama |
| demand | command | | |

- | | |
|-------------------|---------------------|
| 2. a large parcel | a basket of bananas |
| pass the glass | half past one |
| after the party | rather fast |
| master the art | after the dance |

3. The party stopped at half past five.
 The partisan fastened the parcel to the basket.
 A large army marched past the farmyard.

No. 6 / 3 /

发音规则

- This is the first part of the sound /ɔɪ/ as in “boy”.
- Hold the front part of your tongue low in your mouth with the tip lightly touching the lower front teeth.
- Raise the back of your tongue towards the roof (soft palate) of your mouth (but do not touch it).
- Drop your jaw, round your lips a little, protruding them (pushing them out) slightly.

跟读训练

- | | | | |
|--------|------|------|-------|
| 1. top | what | rock | watch |
|--------|------|------|-------|

2. a soft song	a popular opera
a coffee shop	cost a lot
lost a lot	lost the bottle
quality and quantity	a model hospital

- No. 7 / 3: /**

- Hold the front part of your tongue low in your mouth. Raise the back part toward the roof (soft palate) of the mouth (but do not touch it).
- Touch the lower front teeth lightly with the tip of the tongue.
- Drop your jaw and round your lips a little, protruding them (pushing them out) slightly.
- As you begin to say the sound, raise your jaw slightly as the front part of your tongue moves forward and up. Move your lips back slightly as you complete the sound.

1. saw	law	ought	talk
board	force	story	forty
quarter	porter	always	almost

portrait forward lord corn
wall

2. Pride goes before a fall.

George saw a saw hanging on the wall.

He was born on August the fourteenth, nineteen forty-four.

No. 8 / u /

发音规则

- Hold the front part of your tongue low in your mouth, with the tip lightly touching the lower front teeth.
- As you begin to say the sound, raise the back of your tongue toward the roof (soft palate) of the mouth but lower than for the sound /u:/ as in "do".
- Your lips should be close together and may be slightly rounded (but not pushed out). The jaw is lowered slightly. /u/ is a short vowel sound.
- Place your thumb underneath your chin. The muscles are relaxed.

跟读训练

1. put	foot	cook	look
would	push	woman	sugar
football	bullet	woolen	manhood
woman	butcher	full	

2. looks good	a good look
took a look	a good cook
push the butcher	look at the cook

a good-looking woman took sugar

3. He looks like a good cook.

I took my book and looked at it as long as I could.

Isn't she good-looking?

No. 9 / u: /

发音规则

- Hold the front part of your tongue low in your mouth, with the tip lightly touching the lower front teeth.
- As you begin to say the sounds, raise the back of your tongue toward the roof (soft palate) of your mouth (but don't touch it).
- Round your lips and push them out. The opening is smaller than for the sound /əʊ/ as in "no".
- Place your thumb underneath your chin to feel the tense muscles.

跟读训练

- | | | | |
|--------|---------|-------------|--------|
| 1. too | do | food | tooth |
| youth | lose | choose | June |
| moon | duty | beauty | future |
| pupil | student | opportunity | group |

- | | |
|-----------------|--------------------------|
| 2. a new school | a new suit |
| huge spoons | a blue moon |
| too soon | a revolutionary movement |
| choose two | whose shoes |

3. Don't lose the opportunity. Choose either boots or shoes.
Who said the soup was too cool?
As a rule, the sky is blue in June.

No. 10 / ʌ /

跟读训练

- | | | | |
|--------|-------|--------|---------|
| 1. up | cup | rough | thus |
| touch | other | mother | plunder |
| money | honey | dozen | thunder |
| cousin | honey | some | |
2. some punch some honey a cup of punch a tough son
a funny couple blood for blood
a sudden jump once in a month

No. 11 / əː-ər /

发音规则

- Hold the front part of your tongue low in your mouth.
- Lower your jaw and open your lips slightly.
- As you begin to say the sound, raise the center part of your tongue toward the roof (hard palate) of your mouth (but do not touch it).
- Move the tongue to tip up, toward the upper gum ridge (but do not touch it) as you move your jaw up slightly.
- The muscles in your tongue should be tense.

跟读训练

1. fur sir word birth

early	journey	earnest	term
girl	purchase	furnish	nurse
worth	perfect	search	certain

2. the first year the first term
 a nervous nurse the third world
 an earnest person perfect service
 learn the word an early bird

3. Perfect service deserves an earnest and worthy return.

The girls learnt world history in the first and third terms at the university.

No. 12 / ə /

发音规则

- Hold the front part of your tongue low in your mouth.
- Touch the lower front teeth lightly with the tip of your tongue.
- Lower your jaw and open your lips slightly.
- Raise the center part of your tongue toward the roof (hard palate) of your mouth (but do not touch it).
- Native speakers often use this sound when they are hesitating. It is usually written "uh."

跟读训练

- | | | | |
|--------|-------|---------|-------|
| 1. ago | again | agree | about |
| amuse | fever | teacher | never |
| other | order | paper | labor |