

疑难病患者 就医指南

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内 容 简 介

本书从1990年以来的10余种权威报纸、400余种国内公开出版的医学刊物中收集择选出治疗上有重大突破的常见疑难病500余种，以及对这些疾病治疗有特色专长的医生、方法、手段、就医地点等方面的信息850余条（包括新术式、新方案），以帮助深受疾病折磨之苦的患者能够尽快地寻求一条有效的治疗途径。由于本书中推举的治疗方案均有较高的治愈率，因此也可作为医学专业人员技术交流和引进的媒介。

A brief introduction

We collected and screened about 500 common refractory diseases that doctors are able to care. For the convenience of the readers to seek medical advices or treatment, We included also in this book information about names of the doctors, their units, addresses and zip codes accounting for about 850 entries. These information were extracted from over 10 kinds of the authoritative papers and over 400 kinds of formal public medical journals throughout the country. Besides, owing to the high cure rates of these therapeutic methods recommended in the book these may also be taken as a medium for technical exchange between the scientific and technical workers of medicine.

前 言

在正式表达想要说的话之前，我们打算先在此援引《光明日报》1991年5月9日的一篇新闻报道：

2月的一天，北京王府井新华书店门前围着不少人，北京卫戍区医院医疗组正在这里搞便民服务。其中军医王文远‘一针治疗肩周炎’的桌前，格外人多……总参防化研究所51岁的王远祺逢人便讲：“他只在我的左手无名指和小指间扎了一针，我这只以前连穿衣服都困难的老胳膊就能抡圆了”！……百闻不如一见，当我们从人缝里钻进圈子时，王文远正操着一口流利的外语，与一位戴着口罩的外国患者说着什么。原来这位患者是外国某商社驻华总联络部的顾问肯尼斯，因中风突发面神经麻痹，口歪眼斜，说话结结巴巴，后经多方寻访，专门来此就医……只见王文远用酒精棉对他肩部一个穴位消了毒，将一枚寸长的银针准确地刺了进去，随后开始连续地捻、转、提、插。“唉唷！”肯尼斯只觉得百般热流直窜面部，浑身如同过电一般不由自主地抖动了一下。5分钟后，王文远起针随即轻轻地拍了拍肯尼斯的肩膀说：“顾问先生，您可以摘下口罩了。”“好啦！全好了！”肯尼斯摘下口罩时，随行人员无不惊喜，此时的肯尼斯猛地抱住王文远：“先生如此之快地治好了我的病，您的这‘一针’真是名不虚传……。”

这是在许多观众目睹下的一篇真实的现场报道。王文远，解放军第292医院，一个在并不出名的医院里工作，

也不为我们所熟知的医生，就是他，美国人曾打算用20万美金购买他的技术，日本人则以高薪，外带诊所，别墅和汽车的他厚待遇请他来渡，然而却均被他拒绝了。在治疗发频率高且难以治愈的癫痫类，以及其他一些疑难疾病方面，他是一个成功者，并象任何一个成功者一样，付出了毕生的精力作为代价。他潜心研究28年，著书2部，撰文118篇，获5项军队科技进步奖。

如果我们不在此向您介绍，您决不会想到，一个小小的“北京地坛联合诊所”这样一个个体医院里的一位个体医生，会把政治家涂智，著名画家周思聪，黄苗子，著名歌唱家李谷一等各界名流吸引到这家小医院来就医。这位医生名叫杨福中，是成功地验证人体确有经络存在的主要参与者之一。他，北京师范大学1956年物理系的高才毕业生，因车祸致残，并被断定为终生瘫痪。他不甘心于此，敢于同命运抗争，他自学医学，博览群书，拜各名家为师，采各名家之长，不仅自己医好了自己的病，而且成为在治疗骨科及神经系统诸疑难病（如颈性痛、神经性头痛）方面颇有建树的医生。

色盲，这种在世界范围内发病率很高的先天性遗传疾病，经MEDLINE CD-ROM（光盘）检索表明只有我国能以有效的治疗。海南省八一农场医院的黄学礼等采用自制剂结合维生素D₁₂球后注射的方法治疗各类色盲804例，取得了治愈336例，显效323例，好转145例，总有效率100%的效果，并抽样追踪远期疗效巩固率亦为100%。我们说紫嫣红的医学百花园里，时时都有奇异的花朵绽开。本书的目的旨在向读者引见那些如同王文透、杨德申一样，对一些现代医学及某些大医院都有办法解决的疑难病的研究与治疗，确实作出了突破性贡献的杰出人物，以帮助正在遭

受疾病折磨的患者尽快地得到有效的治疗，迅速康复。本书所推荐的医生之中，有老一辈的中、西医专家，有中年的中坚，也有年轻的后起之秀；这里绝无论资排辈，即不迷信权威，也不排斥那些在条件低劣的小医院里工作的自学成才者，例如，类风湿关节炎特效药物“钰复康”的研制者，26岁的军医石玉山就是这样一位自学成才者。他的身世是解放军东部卫生员，由于他在风湿病治疗上的卓越贡献，最近荣立二等功并被破例选入“全国中西医结合防治风湿病领导小组”，成为该小组最年轻的一名成员。被引入本书中的大多数人都有一个共同之处，那就是：身怀绝技，对疑难病的攻治贡献卓著，而且基本上都有荣获过国际、国家、省、地、市级某种奖励的背景。

为了确保本书救死扶伤的严肃性，我们曾对大量的选材作了四次筛选，并尽可能的作了文献跟踪。为了减少篇幅，对于书中的这些成功者们的许多动人的背景资料就一律略去，只摘录他们的姓名地址、工作单位、邮政编码、擅长治疗的疾病名称(以上内容附英文对照，目的是扩大适应面)方法、手段、治愈率，或有效率等方面必要的信息。希望读者能予以信赖，并衷心地祝愿本书能够成为每个家庭确保安康、快乐所必备的一本参考工具书。

我们编撰本书，虽已竭尽全力，但由于水平所限，难于尽如人意，疏漏、错误之处，恳请读者批评指正。

Preface

We plan to make extracts from the News report of Guangming Daily on March 9, 1991 before expressing our ideas formally. One day in February, in front of the Xinhua book store situated on Wangfujing Street of Beijing where there were many people crowding around. A medical group of the Beijing Garrison Hospital was providing medical service free. Especially, much more people were crowding around Wang Wenyan, a military surgeon who is good at treatment of periarthritis of the shoulder with acupuncture. Wang Yuanqi, a cured patient with this disease, who worked in the Antichemical Institute of the Headquarters of the General Staff said to whoever happened to come one's way, He gave me only one single needling between the ring and the little fingers of my left hand, my shoulder that was difficult to put on dresses can brandish dramatically. Really, seeing is believing. Wang Wenyan was talking in fluent English with kinesis, a foreigner wearing a gauze mask, when we forced our way in. He, The adviser of The General Liaison Department of a Foreign Trading Agency in China, said that he was suffering from difficulty in speaking because of facial paralysis.

following apoplexy, and came here for treatment. It was seen that Wang Wenyuan sterilized The patient's shoulder with alcohol, and accurately inserted a silver needle at The acupoint selected. Then, he twisted, twirled, lifted, and thrust the needle successively. Ouch! Kennis felt some hundreds of Warm currents running straight up to the face like electricity passing, and couldn't help shocking for once. Five minutes later, Wang wenyuan pulled up the needle and said to kennis, "Mr, adviser, you can take off your gauze mask." The crowd was surprised and shouted, "It's Wonderful!" when Kennis took off his gauze mask. And at this moment, kennis suddenly embraced Wang Wenyuan and said "you have cured my disease so speedily, your skill is reliable to have a well-deserved reputation." Wan Wenyuan is a doctor who works in the No. 292 hospital of PLA. American person plan to buy his technique with \$200 thousand, and Japanese person plan to invite him to work in Japan with excellent pay and condition, but he refused resolutely. He has been successful in treatment of patients with refractory diseases, including periarthritis of shoulder, cervical spondylopathy, etc. He has paid a high price for his success—concentrating on studies in these respects for 28 years, and has written 2 books, 118 articles and has won 5 prizes of science.

and technology of the Armed Force.

We will introduce you another outstanding doctor as follows. His name is Yang Fushen, one of the main participants who have successfully tested and verified Channels and Collaterals being really existed in the human body. He graduated in physics at Beijing Teachers University with excellent results in 1958. Unfortunately, he was maimed in a traffic accident and resulted in paralysis of the lower limbs. He was not willing to be like this and made a stand against his destiny. He studied medicine independently, read many books, took famous doctors as his teachers, and extracted their good points. Thus, he not only cured his disease by himself but also became an excellent doctor. He has made contributions to treatment of osteoarthropathy and some other refractory diseases of the nervous system, for example, nervous headache. If we didn't introduce Yang Fushen to you here, you would never think of that he, an individual doctor in a little Didong Allied Clinic in Beijing, can attract many famous persons of various circles coming for consultation or treatment, including statesman Jinzhi, famous painters Zhou Sicong and Huang Miaozi, famous singer Li Guyi. Besides, the result by MEDLINE CD-ROM Retrieving shows that color blindness, a congenital genetic disease of a high inci-

dence in the world, only can effectively be cured in China. Huang Xueli, a doctor in the hospital of the August 1 State Farm of Hainan Province, has treated 804 cases of various kinds of color blindness by acupuncture combined with retrobulbar injection of Vitamin B12, and gained considerable successes—336 cases cured, general effective rate 100%, and a sampling therapeutic rate 100% over 2 years of a follow-up study.

There are talented men everywhere remaining in concealment in our great motherland. The purpose of compiling the book is to introduce those outstanding men such as Wang Wenyuan and Yang Fushen who have given break through contributions in refractory diseases to readers to help the patients suffering from severe lingering illnesses to be effectively treated. Here recommended in this book are experts in Traditional Chinese Medicine (TCM) and western medicine of the older generation, the core members of the middle-aged doctors and up-and-coming youngsters among the younger doctors. Neither we have blind faith in authorities, nor underestimate those persons who have become useful through studying independently and have been working in little hospitals. For example, Shi Yushan is one of them. He is a 26-year-old military surgeon who has developed specifically effective drug "Yu Fu Kang" to

treat rheumatoid arthritis. He had been a health worker in a certain unit of PLA. He was cited for his meritorious service, second class, and was elected as a member of the National Group of the Prophylaxis and treatment of Rheumatic Disease (NGPTRD) with Combination TCM and Western medicine. Breaking a rule, the NGPTRD admitted him as a member, The youngest one. The doctors collected in this book have something in common, i.e., superb skill, brilliant accomplishment in treatment of refractory disease, and most of them are winners of various prizes, including international - national, provincial, etc. To ensure seriousness of the book, we screened the selected materials for four times, and checked them with the literatures conscientiously. owing to limited space, we deleted a lot of very touching background materials about how they succeeded, and only reserved the most necessary information, for example, their names, addresses, working units, zip code, kinds of disease they are expert in, cure or effective rates, and so on.

We hope that each of you will trust them and that the book will be a good reference, from which you and your family will benefit considerably for your health and happiness.

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