

潘能

英语

听力八步

— EIGHT STEPS TO EFFICIENT LISTENING —

英语听力

ABCDEFGHIJKLM

NOPQRSTUVWXYZ

八步

西安交通大学出版

英语听力八步

EIGHT STEPS TO EFFICIENT LISTENING

潘 能

西安交通大学出版社

内容提要

本书为一本听力教程,适用于大学本科低年级及专科学生、非英语专业研究生以及具有中等以上水平的英语自学者,也可供英语强化训练班作听力教材之用。全书共8章,分别为听单词、听数字、听方向、时间和量度、听单句、听简短对话、听故事、听较长对话和简短讲话以及做笔记,均为提高学生实际听和理解能力而设计。本书中的大量练习不同于一般题集,其形式和要求均有助于提高学生的英语素质。听和读写结合是本书的一大特点。

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EIGHT STEPS TO EFFICIENT LISTENING

潘 能

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前 言

本书的对象为大学低年级本科生和非英语专业研究生,也适用于专科生或具有中等以上水平的英语自学者。全书8章均为帮助学生发展提高听力理解以及做笔记的能力所必须的技巧而设计的。练习是各章的重要组成部分,提供了大量实践。各章练习均同等重要。表面看来,有些练习似乎简单,但当你听过录音后就会发现这些练习均要求高度的准确性。

编者以为本书可有三种使用方法。首先,在校或自学的学生可从明确的目标、说明以及例子中得到指导。其次,本书提供了一个听力课的实践模式,本书既可在课堂上也可在语言实验室使用,也适合于业余自学者。第三,本书可在英语强化训练班(一学期)用作听力教材。本书配备听力磁带录音,应和本书一起购置。

编者认为本书适用范围广,适应性强。在使用本书时不一定遵循“循序渐进”的原则,而可以按学生水平、需要或课堂形式而任意抽章使用。

本书由陈靖、吕晓非、常虹协助校对,由孙晓娥、刘浩协助录音磁带制作,在此致谢。

潘 能

1997年9月

磁带使用说明

本书的录音磁带由两名美籍外教朗读。鉴于本书是一本听力教程,每章练习量大,题型多样,包括选择、填空、听写、计算、回答问题、做笔记等。因此,磁带制作时不像一般试题集那样留有较长的停顿时间,以免数量太多,定价过高。这套磁带既可供做听力理解实践使用,又便于读者边听边看原材料(Listening Scripts),将听力与阅读相结合。读者可按各自需要或使用“停顿键”,或综合使用原材料,或重新编辑(一般每道题后停顿 15 秒)。

PREFACE

This book is geared towards students, particularly graduate students, with intermediate English proficiency. The Eight Steps presented are expressly designed to help students develop the skills necessary for achieving efficient listening comprehension and for writing adequate notes. The exercises, which are the main component of each unit, offer a great deal of practice and therefore will certainly be found equally useful. Do not let yourself be miscarried by the superficial simplicity of some of the exercises. When you listen to the tape, you will immediately find that they require painstaking accuracy.

The author sees three ways in which this book can be utilized. First, the student studying independently or with a teacher will find clear guidance in the self-explanatory objectives, directions, and examples. Second, the book provides a practical format for a listening course. The book can be used either in the classroom or in the language lab. It also suits amateurs. Finally, in an intensive English programme operat-

ing on a semester basis, teachers sharing responsibility for teaching a group of students could use the book as part of the whole intensive course. It is with these purposes in mind that the tapescripts have been published together with the book. Tapes are certainly an integral part of this course, and therefore should be ordered without hesitation.

Limited by the tape, the speaker can hardly provide longer pause in reading the scripts. Therefore, the learner is required to skillfully operate the "pause key" in listening practice to achieve the desired effect.

The author believes that this book has the requisite flexibility to meet these goals. The suggestive approach is that it would not be necessarily to start at the beginning and work doggedly to the last page. The teacher can use the material in any order, depending on the level, the needs, or even the mode of the class.

Pan Neng
Sept. 1997

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STEP ONE: LISTENING TO WORDS

第一步: 听单词

本章设计的练习为训练以下各项能力之用:

1. 正确听辨单词;
2. 正确理解单词;
3. 从上下文中识别读音相同的单词;
4. 区别同音异义词。

I .Hearing Words Accurately (正确听辨单词)

说明: 听到句子后在下列各组单词 中作出选择, 确定句中出现的单词是 A 还是 B。注意区别元音音素。

Example: You Hear: "Did you get a good slip?"

You read and answer: A (A) slip
(B) sleep

Exercise 1

- | | |
|--------------------|----------------------|
| _____ 1. (A) peel | _____ 5. (A) hitting |
| (B) pill | (B) heating |
| _____ 2. (A) ship | _____ 6. (A) seeping |
| (B) sheep | (B) sipping |
| _____ 3. (A) beat | _____ 7. (A) cheeks |
| (B) bit | (B) chicks |
| _____ 4. (A) hills | _____ 8. (A) bins |
| (B) heels | (B) beans |

_____ 9. (A)leap
(B)lip

_____ 10. (A)bid
(B)bead

Exercise 2

_____ 1. (A)tin
(B)ten
_____ 2. (A)well
(B)will
_____ 3. (A)chicks
(B)checks
_____ 4. (A)felled
(B)filled
_____ 5. (A)bill
(B)bell

_____ 6. (A)den
(B)din
_____ 7. (A)penned
(B)pinned
_____ 8. (A)wrist
(B)rest
_____ 9. (A)telling
(B)tilling
_____ 10. (A)bet
(B)bit

Exercise 3

_____ 1. (A)man
(B)men
_____ 2. (A)ten
(B)tan
_____ 3. (A)said
(B)sad
_____ 4. (A)jam
(B)gem
_____ 5. (A)sanding
(B)sending

_____ 6. (A)head
(B)had
_____ 7. (A)pen
(B)pan
_____ 8. (A)bet
(B)bat
_____ 9. (A)slapped
(B)slept
_____ 10. (A)landing
(B)lending

Exercise 4

- | | |
|-------------------------------|---------------------------------|
| _____ 1. (A)cup
(B)cap | _____ 6. (A)bus
(B)bass |
| _____ 2. (A)hat
(B)hut | _____ 7. (A)gnats
(B)nuts |
| _____ 3. (A)bag
(B)bug | _____ 8. (A)sudden
(B)sadden |
| _____ 4. (A)brash
(B)brush | _____ 9. (A)mat
(B)mutt |
| _____ 5. (A)luck
(B)lack | _____ 10. (A)lamp
(B)lump |

Exercise 5

- | | |
|---------------------------------|--------------------------------|
| _____ 1. (A)hot
(B)hat | _____ 6. (A)clack
(B)clock |
| _____ 2. (A)cat
(B)cot | _____ 7. (A)lost
(B)last |
| _____ 3. (A)sock
(B)sack | _____ 8. (A)lock
(B)lack |
| _____ 4. (A)topped
(B)tapped | _____ 9. (A)caps
(B)cops |
| _____ 5. (A)backs
(B)box | _____ 10. (A)knack
(B)knock |

Exercise 6

- | | |
|----------------------------|----------------------------|
| _____ 1. (A)knot
(B)nut | _____ 3. (A)boss
(B)bus |
| _____ 2. (A)cud
(B)cod | _____ 4. (A)cut
(B)cot |

- _____ 5. (A)luck
(B)lock
_____ 6. (A)putt
(B)pot
_____ 7. (A)doll
(B)dull

- _____ 8. (A)duck
(B)dock
_____ 9. (A)long
(B)lung
_____ 10. (A)robbed
(B)rubbed

Exercise 7

- _____ 1. (A)bat
(B)bought
_____ 2. (A)sat
(B)sought
_____ 3. (A)pawn
(B)pan
_____ 4. (A)loss
(B)lass
_____ 5. (A)crass
(B)cross

- _____ 6. (A)spawned
(B)spanned
_____ 7. (A)facet
(B)faucet
_____ 8. (A)fawn
(B)fan
_____ 9. (A)clad
(B)clawed
_____ 10. (A)bran
(B)brawn

Exercise 8

- _____ 1. (A)sew
(B)saw
_____ 2. (A)bought
(B)boat
_____ 3. (A)cold
(B)called
_____ 4. (A)gnaw
(B)know

- _____ 5. (A)roe
(B)raw
_____ 6. (A)naught
(B)note
_____ 7. (A)wrought
(B)wrote
_____ 8. (A)owed
(B)awed

_____ 9. (A)law
(B)low

_____ 10. (A)coast
(B)cost

Exercise 9

_____ 1. (A)the
(B)though

_____ 2. (A)bun
(B)bone

_____ 3. (A)nut
(B)note

_____ 4. (A)comb
(B)come

_____ 5. (A)coal
(B)cull

_____ 6. (A)humming
(B)homing

_____ 7. (A)rub
(B)robe

_____ 8. (A)puck
(B)poke

_____ 9. (A)hole
(B)hull

_____ 10. (A)boat
(B)butt

Exercise 10

_____ 1. (A)bird
(B)board

_____ 2. (A)fur
(B)fore

_____ 3. (A)sore
(B)sir

_____ 4. (A)herb
(B)orb

_____ 5. (A)herd
(B)hoard

_____ 6. (A)word
(B)ward

_____ 7. (A)warm
(B)worm

_____ 8. (A)store
(B)stir

_____ 9. (A)curds
(B)cords

_____ 10. (A)core
(B)cur