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# Stedman's

# SURGERY WORDS

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ANATOMY,
ANESTHESIA, &
PAIN MANAGEMENT
Fourth Edition

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As with all our *Stedman's* word references, this resource incorporates the suggestions and expertise of our many contacts in the medical transcriptionist community. Thanks to all of our advisory board participants, reviewers, and editors; AAMT meeting attendees; and others who have written to us with requests and comments—keep talking, and we'll keep listening.

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# Editor's Preface

New transcriptionists may wonder why "ops" are deemed so difficult; I certainly thought I knew enough to type them, back in the greenhorn days. Then I rather quickly realized that the savvy transcriptionist needs to be well-versed in the deepest knowledge, those things that experienced people "just know," things that may not even be written down, or are only contained in one venerable resource no longer in print. An obstetrician would not perform a heart transplantation and an eye surgeon does not venture deep into the brain. But, an MT who is skilled in surgical reports must understand terms common to lancing a boil, then switch to those of complex maxillofacial reconstruction with the click of a mouse.

Surgery is dynamic: the biggest, most dramatic, most all-encompassing portion of medical transcription. Ophthalmologic, plastic, and neurosurgery are the oldest known procedures, having been practiced by solabeled "primitive" peoples for eons, although it is unknown if a report was dictated. With such a long history, the types, improvements, variations, and minutiae of surgery and its adjuncts are endless. Eponyms are now strung like pearls in front of a procedure's description as newer techniques augment the traditional. Necessary knowledge includes grounding in all the aspects of medicine, such as disease and condition names; drugs and therapies before, during, and after surgery; and laboratory and diagnostic tests. In some specialties, drugs and diagnostics are an integral part of the operative procedure. Technology is producing not only new equipment and techniques, but also novel, living materials that replace diseased and malfunctioning organs and structures. This topic is so huge we need 3, even 4, separate books to adequately cover the myriad basics: Stedman's Medical and Surgical Equipment Words, Fifth Edition; Stedman's Anatomy & Physiology Words, Second Edition; Stedman's Medical Eponyms, Second Edition; and this work, Stedman's Surgery Words, Includes Anatomy, Anesthesia, & Pain Management, Fourth Edition.

Surgery dictators add special flavor to their reports, with wide extremes ranging from precisely enunciated technical language all the way to reports composed entirely of abbreviations and acronyms. Some doctors give us written templates that they follow punctiliously. Another variety is a sort of verbal template, almost a chant, nearly unintelligible to the

user. Hardest of all for the MT may be those surgeons who, despite style rules we all want to adhere to, insist on certain terms being typed in a way at wide variance with those rules.

Anesthesiologists are key. Originally requiring the administration of a few drugs and gases, anesthesia has become a complex multidrug, multifaceted, highly individualized specialty. Depth and type of anesthesia are tailored to individual patient needs and type of operation, with various innovations in sedation and induced coma assisting in trauma and severe medical illness recovery. When the acute pain of surgery or trauma does not gradually resolve and fade away, anesthesiologists develop treatment protocols for chronic pain states, widening their field of contact from surgeons to physiatry, respiratory therapy to psychiatry.

Many other specialist physicians, nurses, technicians, and allied health personnel are involved in patient preparation for and recovery from surgery. Currently, dictated reports are not required from each professional involved in patient care before, during, or after surgery. That may well come someday as the demand for accurate, careful documentation continues to evolve, and surgery expands to involve even more subspecialties.

Thus, mastery of the art of surgical transcription includes not only a massively broad knowledge base, but also the ability to efficiently search qualified reference materials, such as *Stedman's Word Books*. Calling on accumulated understanding and inner sense to quickly recognize and transcribe a new, obscure, or unintelligible term is a skill built over time and with exposure. Knowing which reference to consult, which category of term, which variation on a theme to look for aids in speedily completing an accurate report.

This fourth edition of *Stedman's Surgery Words*, *Includes Anatomy*, *Anesthesia*, & *Pain Management* with its companion volume, *Stedman's Medical* & *Surgical Equipment Words*, *Fifth Edition* will quickly become the premier reference for medical transcriptionists. You will find the arcane, unusual, and most importantly, practical information logically ordered in a standardized, easy-to-use format.

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Special thanks to Patricia White, who suddenly, valiantly leapt into the midst of this book's needs shortly after completing a challenging project. Janet West provided valuable insight and new material for the appendices, and earns my appreciation and admiration. Thanks especially to Erin Cosyn for her innovations in dealing with some new technical surprises, and to the online editor Kathy Cadle who turns the squiggles into crisp typescript. The entire team at Stedman's, many whose names never appear in print, are held in high esteem for their commitment to providing dependable, quality reference products for medical transcriptionists and others who rely on *Stedman's Word Books*. Most importantly, thanks to the many medical transcriptionists who make their needs known, and in particular to those who serve on the editorial advisory board. With your input, we are able provide resources suitable to your locale along with the national and international

Ellen Atwood March 20, 2008

# Publisher's Preface

Stedman's Surgery Words, Includes Anatomy, Anesthesia, & Pain Management, Fourth Edition, offers an authoritative assurance of quality and exactness to the wordsmiths of the healthcare professions—medical transcriptionists, medical editors and copyeditors, health information management personnel, court reporters, and the many other users and producers of medical documentation.

We have received many requests for updates to *Stedman's Surgery Words*. As a result, we have published this new edition that includes surgical, anatomical, anesthesia, and pain management terminology. As with the previous edition, we have opted to omit equipment terminology. You will find *Stedman's Medical & Surgical Equipment Words*, *Fifth Edition* to be an excellent companion source for verifying equipment terminology.

In Stedman's Surgery Words, Includes Anatomy, Anesthesia, & Pain Management, Fourth Edition users will find thousands of words as they relate to the specialties of surgery, gross anatomy, anesthesia, and pain management. Users will also find terms for protocols, diagnostic and therapeutic procedures, new techniques, lab tests, clinical research terms, as well as abbreviations with their expansions. The appendix sections provide anatomical illustrations with useful captions and labels, sample reports, common terms by procedure, a pain glossary, pain management techniques, an explanation of dermatomes, American Academy of Pain Management (AAPM)-accredited pain programs, drugs commonly used in pain practice, drugs used for anesthesia, drugs by indication, anesthesia methods, common suture techniques and materials, common surgical intubation techniques, and common surgical fluids.

This compilation of more than 100,000 entries, fully cross-indexed for quick access, was built from a base vocabulary of approximately 66,000 medical words, phrases, abbreviations, and acronyms. The extensive A-Z list was developed from the database of *Stedman's Medical Dictionary*, 28th Edition, and supplemented by terminology found in current medical literature (see References on page xix).

We at Lippincott Williams & Wilkins strive to provide you with the most up-to-date and accurate word references available. Your use of this word

book will prompt new editions, which we will publish as often as updates and revisions justify. We welcome your suggestions for improvements, changes, corrections, and additions—whatever will make this *Stedman's* product more useful to you. Please visit us online at www.stedmans.com to submit your suggestions and recommendations.

# Explanatory Notes

Medical transcription is an art as well as a science. Both approaches are needed to correctly interpret the dictation of a physician, whose language is a product of education, training, and experience. This variety in medical language means that there are several acceptable ways to express certain terms, including jargon. Stedman's Surgery Words, Includes Anatomy, Anesthesia, & Pain Management, Fourth Edition provides variant spellings and phrasings for many terms. These elements, in addition to complete cross-indexing, make Stedman's Surgery Words, Includes Anatomy, Anesthesia, & Pain Management, Fourth Edition a valuable resource for determining the validity of terms as they are encountered.

#### **Alphabetical Organization**

Alphabetization of main entries is letter by letter as spelled, ignoring punctuation, spaces, prefixed numbers, or other characters. For example:

#### chlormerodrin accumulation test

#### 2-chloroprocaine

Cho anterior cruciate ligament reconstruction

Terms beginning or ending with Greek letters show the Greek letters spelled out and listed alphabetically. For example:

#### beta

- b. adrenoreceptor
- b. hemolytic streptococci infection

In subentry alphabetization, the abbreviated singular form or the spelledout plural form of the noun main entry word is ignored.

#### Format and Style

All main entries are in **boldface** to expedite locating a sought-after term, to enhance distinction between main entries and subentries, and to relieve the textual density of the pages.

Irregular plurals and variant spellings are shown on the same line as the singular or preferred form of the word. For example:

### acetabulum, pl. acetabula discectomy, diskectomy

#### Hyphenation

As a rule of style, multiple eponyms (e.g., Mears-Rubash approach) are hyphenated. Also, hyphens have been added between a manufacturer and one or more eponyms (e.g., Vital-Metzenbaum dissecting scissors). Please note that in many cases, hyphenation is a question of style, not of accuracy, and thus is a matter of choice.

#### Possessives

Possessive forms have been dropped in this reference for the sake of consistency and conformance with the guidelines of the American Association for Medical Transcription (AAMT) and other groups. Please note, however, that in many cases, retaining the possessive, like hyphenating, is a question of style, not of accuracy, and thus is a matter of choice. To form the possessive of a word, simply add the apostrophe or apostrophe "s" to the end of the word.

#### **Cross-indexing**

The word list is in an index-like main entry-subentry format that contains two combined alphabetical listings:

(1) A *noun* main entry-subentry organization, which is typical of the A-Z section of medical dictionaries like *Stedman's*:

mallet	reconstruction
m. finger deformity	mandibular r.
m. fracture	r. method
m. toe deformity	microsurgical r.

(2) An *adjective* main entry-subentry organization, which lists words and phrases as you hear them. The main entries are the adjectives or modifiers in a multiword term. The subentries are the nouns around which the terms are constructed and to which the adjectives or modifiers pertain:

mucinous	regional
m. adenocarcinoma	r. anesthetic technique
m. ascites	r. block
m. cystic neoplasm (MCN)	r. flap

This format provides the user with more than one way to locate and identify a multiword term. For example:

end expiratory end e.

algorithmregistrationregistration a.r. algorithm

It also allows the user to see together all terms that contain a particular descriptor, as well as all types, kinds, or variations of a noun entity. For example:

hand knee

h. massage k. anatomy radial club h. k. arthroplasty

h. ratio descending artery of k.

Wherever possible, abbreviations are separately defined and cross-referenced. For example:

#### **ICU**

intensive care unit

#### intensive

i. care unit (ICU)

#### unit

intensive care u. (ICU)

# References

In addition to the manufacturers' literature we gather at various medical meetings, scientific reports from hospitals, and the lists of our MT Editorial Advisory Board members (from their daily transcription work), we used the following sources for new terms in *Stedman's Surgery Words, Includes Anatomy, Anesthesia*, & *Pain Management, Fourth Edition*.

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