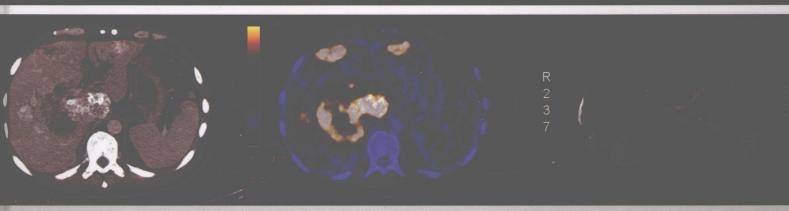
# MALIGNANT LIVER TUMORS

Current and Emerging Therapies

THIRD EDITION

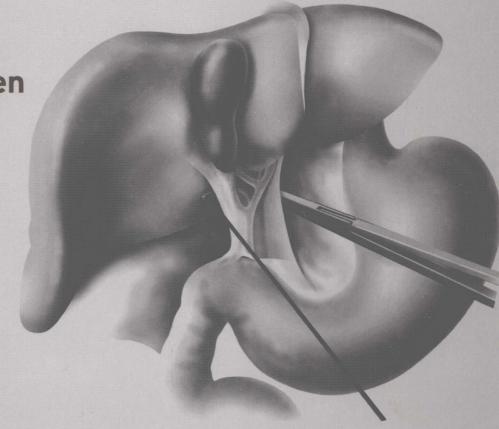


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# Malignant Liver Tumors

# **Current and Emerging Therapies**THIRD EDITION

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## **Preface**

Very few areas in medicine offer as many controversies as the management of liver tumors. Since the publication of the first two editions of the book, in 1999 and 2004 respectively, many novel diagnostic and therapeutic tools have become available. This has brought tremendous excitement and hope for curing previously lethal diseases. However, the recent proliferation of innovative and competitive approaches, often marketed prior to conclusive demonstration of their efficacy, has also brought confusion about which therapeutic modalities to select for a particular case [1].

Today, the success of treating a patient with hepatic malignancy is often linked to the appropriate use of various treatments, combining neoadjuvant and adjuvant modalities with surgery. Thus, the best approach for a patient with an hepatic tumor is achieved by a multidisciplinary team comprising a medical oncologist, hepatologist, hepatic surgeon, radiotherapist, and interventional radiologist. The availability of such specialists in a center *per se* is not enough for success. Of vital importance is the daily interaction of those specialists, which is mandatory in order to provide optimal treatment for each patient presenting with a complex liver malignancy [2].

Since most innovative approaches are still experimental and often technically demanding, patients presenting with hepatic tumors should optimally be managed in centers with a strong commitment to research. Patients often need to travel long distances to reach such centers. Therefore, for adequate long-term management of these patients, it is imperative to establish a close collaboration between specialized centers and local oncologists, as well as other physicians.

To this end, the third edition of *Malignant Liver Tumors* has been extensively revised compared to the two previous editions, including a new format, new associate editors, and 16 new chapters containing guidelines for the treatment of each specific type of malignancy. However, the goal remains similar in providing a comprehensive and critical approach to current and established therapeutic modalities, while critically evaluating promising new avenues. The book was written by a multidisciplinary panel of international

experts, each with extensive experience in this population of patients. Each chapter was reviewed by the Editor, Deputy Editor, two Associate Editors, and at least one external reviewer to achieve comprehensive and balanced coverage of each topic, to minimize redundancy among chapters, and to provide appropriate cross-references. While each chapter can be read separately, the book was written with the intention that the chapters be read sequentially.

The first and second editions received many positive comments published in several surgical, oncologic, and gastrointestinal journals, testifying to the interdisciplinary interest in the field. Besides many eulogistic comments, such as "best book in the area" [3], the most relevant criticism of the second edition appeared in the New England Journal of Medicine: "If I were a physician who was consulting this book for advice on how to treat my patient, I would be impressed by how many treatment options my patient had, but I would have no idea how to pick up the best one" [4]. To address this pertinent comment we added an entire new section (Section 5) on "Guidelines for liver tumor treatment," covering the most common liver malignancies: hepatocellular carcinoma (HCC), cholangiocarcinoma (CC), gallbladder cancer, and colorectal liver metastases. These guidelines were prepared by the Associate Editors, taking into account other guidelines prepared by international or national societies, which should now offer a specific strategy to treat a patient with a specific condition through algorithms.

Each chapter has been updated, often by the original authors. Sixteen new chapters have been added. The book starts with a new chapter (Chapter 1) on the history of liver tumors and their therapies. The next chapter (Chapter 2) is also new, covering the liver anatomy and the consensus terminology for the various types of liver resection. A new emphasis is also given to histologic changes in the liver related to underlying conditions such as steatosis and cirrhosis, as well as neoadjuvant chemotherapies, which are increasingly used in clinical practice (Chapter 4). Three new chapters (Chapters 5–7) cover the epidemiology and the natural history of HCC, CC, and colorectal liver metastases, respectively. Novel developments have occurred in the field of internal radiation therapy of liver tumors, which is

covered in Chapter 12. Strategies for liver resection are newly covered in two separate chapters (Chapters 16 and 17), one for HCC and gallbladder cancer, and another for colorectal metastases. Among the emerging therapies, novel therapies, targeted at specific signaling pathways, appear to be the most promising, and a new chapter has been included which covers relevant signaling pathways in liver tumors (Chapter 31). Finally, a new chapter has been included to cover the economic aspects of the treatment of liver tumors (Chapter 44).

This book also has an important educational purpose, and therefore we include 5–10 questions after each chapter. This will enable the reader to test his or her understanding of the main information in each chapter.

I hope that this third edition of Malignant Liver Tumors: Current and Emerging Therapies will prove useful, and will provide timely information and guidelines for the management of this difficult population of patients.

P.-A.C.

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# **Abbreviations**

5-FU	5-fluorouracil	ERCP	endoscopic retrograde
AFLD	alcoholic fatty liver disease		cholangiopancreatography
AFP	alpha-fetoprotein	ERK	extracellular signal-regulated kinase
AFU	alpha-L-fucosidase	FDG	fluoro-2-deoxy-D-glucose
AIDS	acquired immunodeficiency syndrome	FLR	future liver remnant
Akt	protein kinase B	FNH	focal nodular hyperplasia
APAF-1	apoptosis protease activating factor	FSE	fast spin echo
ASH	alcoholic steatohepatitis	FUDR	floxuridine
ATP	adenosine triphosphate	GRE	gradient recalled echo
BMI	body mass index	GSK-3β	glycogen synthase kinase 3 beta
BSC	best supportive care	GTV	gross tumor volume
CAG	chronic atropic gastritis	Н&Е	hematoxylin and eosin
CASH	chemotherapy-associated steatohepatitis	HAC	hepatic artery chemotherapy
CBA	cost-benefit analysis	HAI	hepatic arterial infusion
CC	cholangiocarcinoma	HBV	hepatitis B virus
CEA	cost-effective analysis	HCC	hepatocellular carcinoma
CEUS	contrast-enhanced ultrasound	HCG	human chorionic gonadotropin
CGH	comparative genomic hybridization	HCV	hepatitis C virus
CK	cytokeratin	HEHE	hepatic epithelioid hemangioendothelioma
CLM	colorectal liver metastasis	HNPCC	hereditary nonpolyposis colorectal cancer
CRC	colorectal cancer	HIV	human immunodeficiency virus
CSI	chemical shift imaging	HPB	hepato-pancreatico-biliary
CT	computed tomography	HSC	hepatic stellate cell
CTAP	computed tomography during arterial	IAP	inhibitor of apoptosis protein
	portography	ICC	intrahepatic cholangiocarcinoma
CTHA	computed tomography during hepatic	<b>ICER</b>	incremental cost-effectiveness ratio
	arteriography	ICG	indocyanine green
CTNNB1	catenin (cadherin-associated protein), beta	IGF	insulin-like growth factor
CTV	clinical target volume	IHP	isolated hepatic perfusion
CUA	cost-utility analysis CEA, carcinoembryonic	IL	interleukin
	antigen	<b>IMTP</b>	intensity modulated radiation therapy
CUSA	cavitron ultrasonic surgical aspiration	IOUS	intraoperative ultrasound
CyA	cyclosporin A	ITV	internal target volume
DFS	disease-free survival	IVC	inferior vena cava
DRG	diagnosis-related group	LDLT	living donor liver transplantation
ECC	extrahepatic cholangiocarcinoma	LMET	liver metastases from endocrine tumor
ECM	extracellular matrix	LOH	loss of heterozygosity
EGF	epidermal growth factor	LSF	lung shunt function
EGFR	epidermal growth factor receptor	MAPK	mitogen-activated protein kinase
ERC	endoscopic retrograde cholangiography	MDCT	multidetector-row computed tomography

MEK	mitogen-activated protein kinase	PTEN	phosphatase and tensin homolog
MELD	model for end-stage liver disease	PTV	planning target volume
MEN	multiple endocrine neoplasia	PVE	portal vein embolization
MIP	maximum intensity projections	PVT	portal vein thrombosis
MMAC	mutated in multiple advanced cancer	QALY	quality adjusted life year
MMF	mycophenolate mofetil	RAD	radiation absorbed dose
<b>MNET</b>	metastatic neuroendocrine tumor	RECIST	response evaluation criteria in solid tumor
MRC	magnetic resonance cholangiography	RFA	radiofrequency ablation
MRCP	magnetic resonance cholangiopancreatography	RILD	radiation-induced liver disease
MRI	magnetic resonance imaging	RLN	regional lymph node
mTOR	mammalian target of rapamycin	RTK	receptor tyrosine kinase
MWA	microwave ablation	SBRT	stereotactic body radiotherapy
NAFLD	nonalcoholic fatty liver disease	SEER	surveillance epidemiology and end results
NASH	nonalcoholic steatohepatitis	SIRT	selective internal radiation therapy
NCNEM	noncolorectal nonendocrine metastases	SMA	superior mesenteric artery
NET	neuroendocrine tumor	SNP	single nucleotide polymorphism
NIH	National Institutes of Health	STAT	signal transducers and activators of
NO	nitric oxide		transcription
NSF	nephrogenic systemic sclerosis	TACE	transarterial chemoembolization
OLT	orthotopic liver transplantation	TAE	transarterial embolization
PAAI	percutaneous acetic acid injection	TART	transarterial radionuclide therapy
PAS	periodic acid–Schiff	TGF	transforming growth factor
PEI	percutaneous ethanol injection	TKR	tyrosine kinase receptor
PET	positron emission tomography	TLV	total liver volume
PFS	progression free survival	TNF	tumor necrosis factor
PHoT	percutaneous hot saline therapy	TNM	tumor/node/metastasis
PHP	percutaneous hepatic perfusion	TPP	time to progression
PI3K	phosphoinositid-3-kinase	UPA	urokinase-type plasminogen activator
PKC	protein kinase C	VEGF	vascular endothelial growth factor
PSC	primary sclerosing cholangitis	VOD	veno-occlusive disease
PTC	percutaneous transhepatic cholangiogram	ZES	Zollinger–Ellison syndrome

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# 1 Introduction

1

## From Promethean to Modern Times

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#### From myths to mysteries

In the dark ages of our ancestors, liver surgery was inexistent and the organ was a source for myths, legends, and spirituality. During the Babylonian era (~3000–1500 BC), the liver was thought to bear the soul. Priests used hepatoscopy in animal livers as a tool for divine connection, predicting the future. Clay models of sheep livers, probably used for teaching or divination, still exist from this period.

The famous legend of Prometheus was written by Hesiod (750–700 BC), recounting very ancient times (Figure 1.1). Prometheus stole fire from Zeus, the godfather of ancient Greece, and gave it to mankind. For this infringement, the angry Zeus chained him to a rock and sent an eagle to devour his liver. Prometheus was captured in eternal pain. The liver regenerated and gained its normal size overnight, and the hungry eagle returned daily to its victim. Over 2000 years later, the amazing regenerative capacity of the liver is no longer a mystical tale, but the basis for current hepatobiliary surgery and a promising topic of surgical research [1].

Probably the first anatomist to describe the liver was the Alexandrian Herophilus (330-280 BC). Although his written work has not survived, another famous scientist cited him. This was the Greek Galen (130-200 AD), who dominated medical literature for the following centuries. He made accurate descriptions of the lobar anatomy and the vasculature, interpreting the liver as the source of blood. In contrast to his empirical anatomic insights, he propagated a humoral basis of medicine. Originating from the theories of Hippocrates (460-380 BC), diseases were based on an imbalance of the four humors: black and yellow bile, blood and phlegm. However, in the following years and centuries of the Middle Ages, theories became traditions and knowledge moved forward very little. Brilliant exceptions were Leonardo da Vinci's drawings of the extra- and intra-hepatic portal and venous vessels.

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In 1640, Johannis Walaeus, from Leiden, Netherlands, reported a common tunic, surrounding the branches of the choledochal duct, the celiac artery, and the portal vein. In 1654, Francis Glisson, from Cambridge, England removed the liver parenchyma by cooking the organ in hot water and explored the hepatic blood flow with colored milk [2]. He discussed the intrahepatic anatomy and topography of the vasculature (Figure 1.2). The growing knowledge of liver anatomy was one of the substantial preconditions for the development of liver surgery. However, this was still far from realization, and the liver remained a fragile bleeding mystery. We would like to refer to the comprehensive overview by McClusky *et al* for the fruitful interaction between anatomists and pioneers of liver surgery [3].

# Of inquisitive anatomists and courageous surgeons

In 1842, Crawford W. Long used ether as a surgical anesthetic for the first time in the United States. This was a fundamental step in the development of abdominal surgery. In 1867, Joseph Lister from Glasgow, Scotland, introduced antiseptic techniques against bacterial infections after Louis Pasteur, from Paris, France, had discovered the dangers of bacteria.

Before this period, only anecdotal records exist of descriptions about the removal of protruding liver tissue after trauma. Among these surgeons were Ambroise Paré from Paris, France, J.C. Massie from the United States, Victor von Bruns from Germany, and many others. However, liver trauma at this time was generally managed without operation. It took many years before any courageous surgeon was successful in the first attempt of a planned liver resection.

Carl Langenbuch from Berlin, Germany (Figure 1.3), who was among those to perform the first cholecystectomy, reported the first elective and successful hepatic resection in 1888 [4]. William W. Keen from Philadelphia performed the first liver resection in the United States in 1891. He used the "finger-fracture" technique to divide the liver parenchyma. By 1899, the first case series were being reported in the