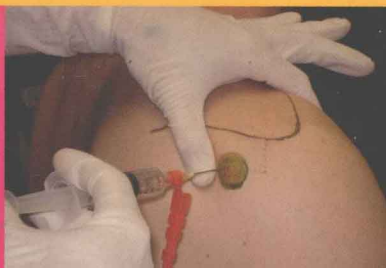


ESSENTIAL ORTHOPAEDICS

Mark D. Miller ■ Jennifer A. Hart ■ John M. MacKnight



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Mark D. Miller, MD

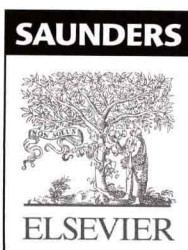
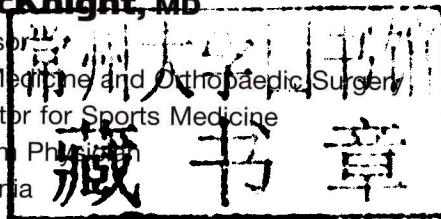
S. Ward Casscells Professor of Orthopaedic Surgery
Head, Division of Sports Medicine, University of Virginia
Charlottesville, Virginia
Adjunctive Clinical Professor and Team Physician
James Madison University
Harrisonburg, Virginia

Jennifer A. Hart, MPAS, PA-C

Physician Assistant
University of Virginia
Charlottesville, Virginia

John M. MacKnight, MD

Associate Professor
Clinical Internal Medicine and Orthopaedic Surgery
Co-Medical Director for Sports Medicine
Primary Care Team Physician
University of Virginia
Charlottesville, Virginia



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1600 John F. Kennedy Blvd.
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Essential Orthopaedics

To my children, who have allowed me to work on yet another book. To the residents and fellows that I teach. To my teachers, who have taught me the importance of life-long learning. And to the Great Physician, who has given me the aptitude and ability to help others.

MDM

To my past teachers, from whom I learned what it takes to be a PA; to my current mentors, Drs. Diduch and Miller, who have taught me what I know about orthopaedics; and to all of the students that I encounter with whom I hope to share this knowledge. Also, to my husband, Joe, and my children Jordyn, Julia, and the one on the way, who have supported all of my projects and taught me what I know about life and love.

JAH

To my wife, Melissa, for her undying love and support. To my children, Abby, Hannah, Eliza, and Josh, for their sacrifice and understanding. And to my parents for the inspiration to live a life of service.

JMM

List of Contributors

R. Todd Allen, MD, PhD

Assistant Clinical Professor, University of California San Diego Medical Center; San Diego Veterans Affairs Hospital, San Diego, CA

Annunziato (Ned) Amendola, MD

Professor, Department of Orthopaedic Surgery and Rehabilitation, University of Iowa College of Medicine; Director, University of Iowa Sports Medicine Center; University of Iowa Hospitals and Clinics, Iowa City, IA

Howard S. An, MD

The Morton International Professor and Director, Division of Spine Surgery, Department of Orthopaedic Surgery, Rush University Medical Center, Chicago, IL

D. Greg Anderson, MD

Associate Professor, Department of Orthopaedics, Rothman Institute, Thomas Jefferson University, Philadelphia, PA

Mark W. Anderson, MD

Associate Professor and Chief, Musculoskeletal Imaging, Department of Radiology, University of Virginia, Charlottesville, VA

Ivan J. Antosh, MD

Division of Orthopaedics, Madigan Army Medical Center, Tacoma, WA

Adam W. Anz, MD

Resident, Department of Orthopaedic Surgery, Wake Forest University Baptist Medical Center, Winston-Salem, NC

Joseph Armen, DO

Faculty, Primary Care Sports Medicine Fellowship, East Carolina University; Team Physician, East Carolina University Student Health Services, Greenville, NC

Geoffrey S. Baer, MD, PhD

Assistant Professor, Department of Orthopaedic Surgery, Division of Sports Medicine, University of Wisconsin, Madison, WI

James Beazell, DPT

Residency Director, University of Virginia, Charlottesville, VA

Claire F. Beimesch, MD

Resident, Orthopaedic Surgery, West Virginia University, Morgantown, WV

David J. Berkoff, MD

Assistant Professor, Department of Surgery, Division of Emergency and Sports Medicine, Duke University, Durham, NC

Meenakshi Bindal, MD

Director of Pain Management, Pain and Rehabilitation Medicine, Riverside Tappahannock Hospital, Tappahannock, VA

Jason Blackham, MD

Clinical Assistant Professor, Department of Internal Medicine; Team Physician, The University of Iowa, Iowa City, IA

Gary Blum, MD

Fellow, Hand and Microvascular Surgery, The Hand Center of San Antonio, San Antonio, TX

Eric M. Bluman, MD, PhD

Assistant Professor, Uniformed Services University of the Health Sciences, Bethesda, MD; Chief, Orthopaedic Foot and Ankle Surgery, Madigan Army Medical Center, Tacoma, WA

Blake Boggess, DO

Assistant Professor, Duke University Medical Center, Durham, NC

Mark Bouchard, MD

Associate Professor, University of Vermont School of Medicine, Burlington, VT; Associate Professor, University of Southern Maine, Gorham, ME; Assistant Director, Sports Medicine Fellowship; Medical Director, Family Medicine Residency Program, Maine Medical Center, Portland, ME

César J. Bravo, MD

Assistant Professor of Clinical Orthopaedics, University of Virginia, Charlottesville, VA; Co-Director, Divisions of Hand and Upper Extremity and Microvascular Surgery, Carilion Bone and Joint Center, Carilion Clinic, Roanoke, VA

Jason Brayley, MD

Fellow, Primary Care Sports Medicine, Cleveland Clinic Foundation, Cleveland, OH

Thomas E. Brickner, MD

University of North Carolina, Chapel Hill, NC

Per Gunnar Brolinson, DO

Virginia College of Osteopathic Medicine, Virginia Tech Sports Medicine, Blacksburg, VA

Brandon D. Bushnell, MD

Steadman Hawkins Sports Fellow, Steadman Hawkins Clinic, Vail, CO

R. Bryan Butler, MD

Chief Resident, University of Maryland School of Medicine, Baltimore, MD

Jeffrey R. Bytowski, DO

Assistant Professor and Physician, Duke Sports Medicine, Duke University Medical Center, Durham, NC

James E. Carpenter, MD

Chair, Department of Orthopaedic Surgery, University of Michigan, Ann Arbor, MI

Robert C. Chadderdon, MD

Resident, Department of Orthopaedic Surgery, Virginia Commonwealth University Health System, Richmond, VA

A. Bobby Chhabra, MD

Associate Professor and Vice Chair, Department of Orthopaedic Surgery; Division Head, Hand and Upper Extremity Surgery, University of Virginia, Charlottesville, VA

List of Contributors

Luke S. Choi, MD

Resident, Department of Orthopaedic Surgery, University of Virginia, Charlottesville, VA

Alfred Cianflocco, MD

Staff Physician, Department of Orthopaedic Surgery, Cleveland Clinic Sports Health Center, Cleveland Clinic Foundation, Cleveland, OH

Mario Ciocca, MD

Clinical Assistant Professor, Department of Medicine; Team Physician, University of North Carolina, Chapel Hill, NC

John P. Colianni, MD

Sports Medicine Fellow, Maine Medical Center, Portland, ME

M. Truitt Cooper, MD

Fellow, Idaho Foot and Ankle Fellowship, Coughlin Clinic, Boise, ID

Colin G. Crosby, MD

Resident, Department of Orthopaedic Surgery, Vanderbilt University Medical Center, Nashville, TN

Rashard Dacus, MD

Assistant Professor, University of Virginia, Charlottesville, VA

Barry C. Davis, MD

Resident, Orthopaedic Surgery, West Virginia University, Morgantown, WV

Marc De Jong, MD

Director, Southern Illinois Sports Medicine, Belleville, IL

Christopher J. DeWald, MD

Assistant Professor, Department of Orthopedic Surgery, Rush University Medical Center, Chicago, IL

Kevin deWeber, MD, FAAFP

Assistant Professor of Family Medicine; Director, Military Primary Care Sports Medicine Fellowship, Uniformed Services University of the Health Sciences, Bethesda, MD; Director, Military Primary Care Sports Medicine Fellowship, Dewitt Army Community Hospital, Ft. Belvoir, VA

William Dexter, MD, FACSM

Professor, University of Vermont College of Medicine, Burlington, VT; Adjunct Professor, University of Southern Maine, Gorham, ME; Director, Sports Medicine Program; Assistant Director, Family Medicine Residency Program, Maine Medical Center, Portland, ME

Matthew J. Dietz, MD

Resident, Orthopaedic Surgery, West Virginia University, Morgantown, WV

Robert Dimeff, MD

Medical Director of Sports Medicine, Cleveland Clinic Foundation, Cleveland, OH

George S. Edwards III, MD

Resident, Department of Orthopaedics, University of North Carolina Hospitals, Chapel Hill, NC

Josef K. Eichinger, MD

Division of Orthopaedics, Madigan Army Medical Center, Tacoma, WA

Hany El-Rashidy, MD

Resident, Rush Medical College, Chicago, IL

Norman Espinosa, MD

Head of Foot and Ankle Surgery, Department of Orthopaedic Surgery, University of Zurich, Zurich, Switzerland

Michael Feldman, MD

Department of General Surgery, Division of Plastic Surgery, Virginia Commonwealth University Health System, Richmond, VA

Marifel Mitzi F. Fernandez, MD

Sports Medicine Fellow, University of Kentucky, Lexington, KY; Associate Physician, Marshfield Clinic Cornwell Center, Cornwell, WI; Staff Physician, Saint Joseph's Hospital, Chippewa Falls, WI

Brian J. Finnegan, MD

Clinical Instructor, Duke University, Durham, NC

Daniel T. Fletcher, Jr., MD

Orthomemphis, Memphis, TN

Brett A. Freedman, MD

Chief, Spine and Neurosurgery, Landstuhl Regional Medical Center, Landstuhl, Germany

Eric J. Gardner, MD

Resident, Department of Orthopaedic Surgery, University of Wisconsin, Madison, WI

Sanjitpal S. Gill, MD

Adjunct Assistant Professor, Department of Bioengineering, Clemson University, Clemson, SC; Steadman Hawkins Clinic, Vail, CO

George S. Gluck, MD

Resident, Department of Orthopaedics, University of North Carolina School of Medicine, Chapel Hill, NC

Laura D. Goldberg, MD, FAAP

Clinical Staff, Department of Orthopedics, The Cleveland Clinic Foundation, Cleveland, OH

S. Raymond Golish, MD, PhD

Administrative Chief Resident, University of Virginia Health System, Charlottesville, VA

Thomas A. Goodwin, DO

Sports Medicine Fellow, Edward Via Virginia College of Osteopathic Medicine, Blacksburg, VA; Family Medicine, ProMed Family and Sports Medicine, Portage, MI

Chancellor F. Gray, AB

Jefferson Medical College, Thomas Jefferson University, Philadelphia, PA

Paul Gubanich, MD, MPH

Director, Primary Care Sports Medicine Research; Director, Wellness Institute, Cleveland Clinic Sports Health Center; Team Physician, Cleveland Browns, Cleveland, OH

Theresa Guise, MD

Division of Endocrinology, University of Virginia, Charlottesville, VA

Steven L. Haddad, MD

Associate Professor of Clinical Orthopaedic Surgery, Northwestern University Feinberg School of Medicine, Chicago, IL; Section Head, Foot and Ankle Surgery, North Shore University Healthcare System, Evanston, IL

Robin J. Hamill-Ruth, MD

Associate Professor, Department of Anesthesiology and Critical Care Medicine; Director, Pain Management Center, University of Virginia Health System, Charlottesville, VA

Emily Harold, MD

Staff Physician, Sports Medicine, Granger Medical Clinic, Salt Lake City, UT

Jennifer A. Hart, MPAS, PA-C

Physician Assistant, University of Virginia, Charlottesville, VA

John Hatzenbuehler, MD

Central Maine Sports Medicine, Lewiston, ME

Daniel S. Heckman, MD

Resident, Department of Orthopaedic Surgery, University of North Carolina Hospitals, Chapel Hill, NC

Duane R. Hennion, MD

Director, Primary Care Sports Medicine, Keller Army Community Hospital, West Point, NY

Steven L. Henry, MD

Faculty, Institute of Reconstructive Plastic Surgery of Central Texas, Austin, TX

Aileen Heras-Herzig, MD

Clinical Assistant Professor of Medicine, School of Medicine and Public Health, University of Wisconsin, Madison, WI

Aaron Hoblet, MD

Division of Orthopaedics, Madigan Army Medical Center, Tacoma, WA

Michael P. Horan, MD

Resident, Orthopaedic Surgery, University of Kentucky, Lexington, KY

Robert G. Hosey, MD

Associate Professor, Primary Care Sports Medicine, University of Kentucky, Lexington, KY

Clinton W. Howard, MD

Fellow, Texas Medical Center, Houston, TX

Thomas M. Howard, MD

Assistant Professor, Department of Family Medicine, Virginia Commonwealth University School of Medicine, Richmond, VA; Program Director, Sports Medicine Fellowship, Fairfax Family Practice, Fairfax, VA

Jack Ingari, MD

Staff Attending Hand Surgeon and Associate Professor of Surgery, The Hand Center of San Antonio, University of Texas Health Science Center, San Antonio, TX; Assistant Professor of Surgery, Uniformed Services University of the Health Sciences, Bethesda, MD

Jonathan E. Isaacs, MD

Associate Professor, Department of Orthopaedic Surgery, Virginia Commonwealth University Health System, Richmond, VA

Henry J. Iwinski, Jr., MD

Associate Professor, Department of Orthopaedic Surgery, University of Kentucky; Assistant Chief of Staff, Shriners Hospital for Children, Lexington, KY

Benjamin J. Jacobs, MD

Resident, Northwestern University Feinberg School of Medicine, Chicago, IL

Joseph A. Janicki, MD

Assistant Professor of Orthopaedic Surgery, Northwestern University Feinberg School of Medicine; Attending Pediatric Orthopaedic Surgeon, Children's Memorial Hospital, Chicago, IL

Jeffrey G. Jenkins, MD

Assistant Professor and Assistant Program Director, Department of Physical Medicine and Rehabilitation, University of Virginia School of Medicine, Charlottesville, VA

Sheryl Johnson, MD

Assistant Professor, Psychiatry and Neurobehavioral Science and Anesthesia, University of Virginia, Charlottesville, VA

Peter S. Johnston, MD, MS

Resident, University of North Carolina Hospitals, Chapel Hill, NC

Anish R. Kadakia, MD

Chief, Division of Foot and Ankle Surgery; Clinical Instructor, Department of Orthopaedic Surgery, University of Michigan, Ann Arbor, MI

Jerrod Keith, MD

General Surgery Resident, University of Colorado, Denver, CO

A. Jay Khanna, MD

Assistant Professor, Department of Orthopaedic Surgery, Johns Hopkins University; Co-Director, Division of Spine Surgery, Johns Hopkins Orthopaedic Surgery at Good Samaritan Hospital, Baltimore, MD

Joseph S. Kim, MD

Spine Surgeon, West End Orthopaedic Clinic, Saint Francis Medical Center, Richmond, VA

Jeremy Kinder, MD

Resident, Northwestern Memorial Hospital, Chicago, IL

Mininder S. Kocher, MD, MPH

Associate Professor of Orthopaedic Surgery, Harvard Medical School; Associate Director, Division of Sports Medicine, Children's Hospital Boston, Boston, MA

Kevin L. Krasinski, MD

Orthopaedic Surgeon, The Bone and Joint Center, Saint Elizabeth's Medical Center, Boston, MA

Justin Kunes, MD

Resident, Department of Orthopaedic Surgery, University of Kentucky, Lexington, KY

Michael Kwon, MD

Resident, Department of Orthopaedics, University of Virginia, Charlottesville, VA

Christian Lattermann, MD

Director, Center for Cartilage Repair and Restoration; Assistant Professor, Orthopaedics and Sports Medicine, University of Kentucky, Lexington, KY

Alan C. League, MD

Assistant Clinical Professor, Department of Orthopaedics, University of Illinois Medical Center, Chicago, IL; Private Practice, Illinois Bone and Joint Institute, Morton Grove, IL

Simon Lee, MD

Assistant Professor, Department of Orthopaedic Surgery, Rush University Medical Center, Chicago, IL

List of Contributors

Edward J. Lewis, MD

Sports Medicine Fellow, Fairfax Family Practice, Fairfax, VA

Joy L. Long, MD

Orthopedic Surgeon, Lancaster Orthopedic Group, Lancaster, PA

Daniel Luppens, MD

Division of Plastic Surgery, Department of General Surgery, Virginia Commonwealth University Health System, Richmond, VA

James MacDonald, MD

Primary Care Sports Medicine Fellow, Children's Hospital of Boston, Boston, MA

John M. MacKnight, MD

Associate Professor, Clinical Internal Medicine and Orthopaedic Surgery; Co-Medical Director for Sports Medicine; Primary Care Team Physician, University of Virginia, Charlottesville, VA

Scott D. Mair, MD

Associate Professor, Sports Medicine, University of Kentucky, Lexington, KY

Gerardo Juan Maquieira, MD

Deputy Head of Foot and Ankle Surgery, Department of Orthopaedic Surgery, University of Zurich, Zurich, Switzerland

Rex Marco, MD

Associate Professor, University of Texas Health Science Center at Houston, Houston, TX

David M. Marcu, MD

Resident, Department of Orthopaedic Surgery, University of Wisconsin, Madison, WI

Medardo R. Maroto, MD

Resident, Department of Orthopaedic Surgery, Rush University Medical Center, Chicago, IL

Sameer Mathur, MD

Assistant Professor, Department of Orthopaedic Surgery, University of North Carolina, Chapel Hill, NC

Sarah McGinley, DO

Assistant Professor, Department of Sports and Family Medicine, Edward Via Virginia College of Osteopathic Medicine; Team Physician, Virginia Tech University, Blacksburg, VA

Jasmin L. McGinty, MD

Department of Orthopaedic Surgery, University of Virginia Hospital, Charlottesville, VA

Howard McGowan, MD

Sports Medicine Physician, Eglin Air Force Base Family Medicine Residence, Eglin Air Force Base, FL

Nancy M. McLaren, MD

Medical Director, Teen Health Center; Assistant Professor, Department of Pediatrics, University of Virginia, Charlottesville, VA

Robert Meehan, MD

Clinical Orthopaedic Instructor, Department of Foot and Ankle Surgery, Detroit Medical Center/ Providence Hospital Orthopaedic Surgery Program, Detroit, MI

Cay Mierisch, MD, MS

Assistant Professor of Clinical Orthopaedics, University of Virginia, Charlottesville, VA; Co-Director, Microvascular, Hand and Upper Extremity Surgery, Carilion Bone and Joint Center, Roanoke, VA

Todd Milbrandt, MD, MS

Assistant Professor, Department of Pediatric Orthopaedic Surgery, University of Kentucky; Attending Orthopaedic Surgeon, Shriners Hospital for Children, Lexington, KY

Bruce S. Miller, MD

Assistant Professor, Department of Orthopaedic Surgery, University of Michigan, Ann Arbor, MI

Mark D. Miller, MD

S. Ward Casscells Professor of Orthopaedic Surgery; Head, Division of Sports Medicine, University of Virginia, Charlottesville, VA; Adjunctive Clinical Professor and Team Physician, James Madison University, Harrisonburg, VA

Andrew Molloy, MB ChB, MRCS, FRCS Tr&Orth

Consultant Orthopaedic Surgeon, University Hospital Aintree, Liverpool, England

Andrew Moore, MD

Chief Resident, Department of Orthopaedic Surgery, University of Michigan, Ann Arbor, MI

Michael P. Mott, MD

Associate Professor and Head, Division of Musculoskeletal Oncology, Department of Orthopaedic Surgery, Henry Ford Hospital, Detroit, MI

Timothy D. Murphy, MD

Resident, Department of Orthopaedics, University of North Carolina, Chapel Hill, NC

Robert Neff, MD

Department of Orthopaedic Surgery, Virginia Commonwealth University Health System, Richmond, VA

Maria Nguyen, MD

Interventional Pain Management Physician, Kaiser Permanente, Kensington, MD

Olabode Ogunwole, AB

Research Coordinator, Department of Orthopaedic Surgery, Children's Hospital Boston, Boston, MA

Oana Panea, MD

Team Physician and Faculty, Primary Care Sports Medicine Fellowship, Department of Family and Community Medicine, Wake Forest University; Faculty, Wake Forest University Baptist Medical Center, Winston-Salem, NC

Chris Pappas, MD

Adjunct Assistant Professor, Uniformed Services University of the Health Sciences, Bethesda, MD; Director of Primary Care Sports Medicine, Family Medicine Residency Teaching Staff, Womack Army Medical Center, Fort Bragg, NC

Daniel K. Park, MD

Resident, Department of Orthopaedic Surgery, Rush University Medical Center, Chicago, IL

Richard D. Parker, MD

Chairman and Professor of Surgery, Department of Orthopaedic Surgery, Orthopaedic Rheumatology Institute, Cleveland Clinic Foundation, Cleveland, OH

Lucien Parrillo, MD

Primary Care Sports Medicine, Maine Medical Center, Portland, ME

Theodore W. Parsons III, MD, FACS

Professor and Breech Chair, Department of Orthopaedic Surgery, Henry Ford Medical Group, Detroit, MI

Jayesh Patel, MD

Resident, University of Kentucky, Lexington, KY

Khurram Pervaiz, MD

Department of Orthopaedic Surgery, Virginia Commonwealth University Health System, Richmond, VA

Frank M. Phillips, MD

Director, Minimally Invasive Spine Surgery, Rush University Medical Center, Chicago, IL

Tracy Ray, MD

Director, Primary Care Sports Medicine Fellowship, St. Vincent's East Family Medicine Sports Medicine Residency Program, American Sports Medicine Institute, Birmingham, AL

Conor Regan, MD

Orthopaedic Resident, University of North Carolina Hospitals, Chapel Hill, NC

Nathan Richardson, MD

Department of Orthopaedic Surgery, Virginia Commonwealth University Health System, Richmond, VA

Scott A. Riley, MD

Orthopaedic Surgeon, Hand and Upper Extremity Surgery, Shriners Hospital for Children, Lexington, KY

Jeffrey Roberts, MD

Primary Care Sports Medicine Fellow, Duke University, Durham, NC

Mark B. Rogers, DO, MA

Department of Family and Sports Medicine, Edward Via Virginia College of Osteopathic Medicine; Team Physician, Virginia Tech University, Blacksburg, VA

Mark Romness, MD

Assistant Professor of Orthopaedic Surgery, Division of Pediatric Orthopaedic Surgery, University of Virginia, Charlottesville, VA

Elizabeth Rothe, MD

Sports Medicine Fellow, Maine Medical Center, Portland, ME

M. Brennan Royalty, MD

Primary Care Sports Medicine Fellow, University of Kentucky, Lexington, KY

Robert N. Royalty, MD

Resident, Department of Orthopaedic Surgery, University of Kentucky, Lexington, KY

James H. Rubright, MD

Clinical Instructor, University of Vermont School of Medicine; Staff Physician, Department of Orthopaedics, Fletcher Allen Health Care, Burlington, VT

Sara D. Rynders, MPAS

Physician Assistant, Orthopaedic Hand and Upper Extremity Surgery, University of Virginia, Charlottesville, VA

Michael J. Salata, MD

Chief Resident, Department of Orthopaedic Surgery, University of Michigan Hospitals, Ann Arbor, MI

Brian P. Scannell, MD

Resident, Carolinas Medical Center, Charlotte, NC

David Schnur, MD

Clinical Assistant Professor, University of Colorado Health Science Center, Denver, CO

Joseph J. Schumann, BS

Medical Student, Medical College of Wisconsin, Milwaukee, WI

Benson A. Scott, MD

Physician, Knoxville Orthopedic Clinic, Knoxville, TN

Nicholas R. Seibert, MD

Resident, Department of Orthopaedics, University of Michigan, Ann Arbor, MI

Jon K. Sekiya, MD

Associate Professor and Team Physician, MedSport, Department of Orthopaedic Surgery, University of Michigan, Ann Arbor, MI; Team Physician, Eastern Michigan University, Ypsilanti, MI

Franklin D. Shuler, MD, PhD

Director, Orthopaedic Research; Assistant Professor, Orthopaedic Trauma, Department of Orthopaedics, West Virginia University, Morgantown, WV

Michael Simpson, DO, MC

Major, U.S. Army, Fort Jackson, SC

Jonathan Smerek, MD, MS

Clinical Assistant Professor, Indiana University School of Medicine; Methodist Sports Medicine/The Orthopaedic Specialists; Clarian North Medical Center, Indianapolis, IN

Kyle Smoot, MD

Fellow, Primary Care Sports Medicine, University of Kentucky, Lexington, KY

Umasuthan Srikumaran, MD

Resident, Department of Orthopaedics, Johns Hopkins School of Medicine, Baltimore, MD

Harry C. Stafford, MD

Primary Care Sports Medicine, Duke University, Durham, NC

Trevor Starnes, MD, PhD

Resident, Department of Orthopaedic Surgery, University of Virginia, Charlottesville, VA

Timothy N. Taft, MD

Max Novich Distinguished Professor of Sports Medicine, Department of Orthopaedics; Adjunct Professor, Department of Exercise and Sport Science, University of North Carolina School of Medicine, Chapel Hill, NC

Vishwas Talwalkar, MD

Assistant Professor, Department of Orthopaedic Surgery, University of Kentucky; Attending Physician, Shriners Hospital for Children, Lexington, KY

Chin Khoon Tan, MB ChB, MRCS

Specialist Registrar, Department of Trauma and Orthopaedics, University of Liverpool, Liverpool, England

Tony Y. Tannoury, MD

Assistant Professor, Department of Orthopaedic Surgery, Boston University, Boston, MA

John B. Thaller, MD

Augusta Orthopaedic Associates, Augusta, ME

Jared Toman, MD

Resident, Department of Orthopaedic Surgery, Boston Medical Center, Boston, MA

Michael A. Townsend, PA-C

Steadman Hawkins Clinic of the Carolinas, Greenville, SC

List of Contributors

Scott Van Aman, MD

Orthopaedic Surgeon, Ohio
Orthopedic Center of Excellence,
Columbus, OH

Anand Vora, MD

Clinical Assistant Professor, University
of Illinois, Illinois Bone and Joint
Institute, Chicago, IL

Kelly Waicus, MD

Clinical Assistant Professor,
Departments of Orthopaedics and
Pediatrics, University of North Carolina
School of Medicine; Team Physician,
University of North Carolina Sports
Medicine, Chapel Hill, NC

Jeffrey C. Wang, MD

Professor, Orthopaedic Surgery and
Neurosurgery, University of California,
Los Angeles School of Medicine;
Chief, Orthopaedic Spine Service,
University of California, Los Angeles
Spine Center, Los Angeles, CA

Robert P. Waugh, MD

Chief Resident, Department of
Orthopaedics, University of Maryland
Medical School, Baltimore, MD

Jeffrey W. Webb, MD

Assistant Professor, Emory University,
Atlanta, GA

Thomas S. Weber, MD

Medical Director, Valley Orthopedics
and Sports Medicine, Rockingham
Memorial Hospital, Harrisonburg, VA

Modern Weng, DO

Primary Care Physician, Department of
Orthopedics, Walnut Creek Medical
Center, Walnut Creek, CA

Robert P. Wilder, MD, FACS

Associate Professor, Department of
Physical Medicine and Rehabilitation,
University of Virginia, Charlottesville,
VA

Edward M. Wojtys, MD

Professor, Department of Orthopaedic
Surgery; Chief, Sports Medicine
Service; Medical Director, MedSport,
University of Michigan, Ann Arbor, MI

**Edward V. Wood, MB ChB,
FRCS Tr&Orth**

Consultant Orthopaedic Surgeon,
Countess of Chester Hospital, Chester,
England

Megan M. Wood, MD

Clinical Assistant Professor,
Department of Orthopaedics,
University of Texas Southwestern
Medical School, Dallas, TX

Ramon Ylanan, MD

Assistant Professor, Family and
Preventative Medicine; Team
Physician, University of South
Carolina, Columbia, SC

S. Tim Yoon, MD, PhD

Assistant Professor, Department of
Orthopaedic Surgery, Emory
University, Atlanta, GA; Chief of
Orthopaedic Surgery, Atlanta VA
Medical Center, Decatur, GA

Dan A. Zlotolow, MD

Assistant Professor, University of
Maryland School of Medicine,
Baltimore, MD

Matthew G. Zmurko, MD

Orthopaedic Spine Surgeon, Vermont
Orthopaedic Clinic, Rutland Regional
Medical Center, Rutland, VT

Foreword

In this era of publication overload, it is often difficult to determine which medical texts will make the best investments. *Essential Orthopaedics*, edited by Dr. Mark Miller and colleagues, is an outstanding contribution to the field. It is replete with excellent chapter selection that uses an uncomplicated approach to presenting information. The text is complemented by excellent imaging, graphics, and data tables. Its easy reading style will be a delight to orthopaedists—both junior and senior—and non-orthopaedists alike. The chapters are well referenced to highlight many expert opinions in the field.

The discussions of clinical problems are thought provoking and will serve clinicians well as they ponder the best treatment choices for their patients. This text offers keen insights provided by experienced clinicians.

It is very difficult to coalesce state-of-the-art orthopaedics into a single text because of the range and depth of topics. However, Dr. Miller and his contributors have certainly accomplished this task. My congratulations to Mark and his team for a big job well done!

Edward M. Wojtys, MD

Foreword

I am honored for the invitation to provide a foreword for *Essential Orthopaedics*. As a longtime sports medicine practitioner, educator, and fellowship director, I am often asked, “What is a good sports medicine book to use for reference?” I usually deflect the answer with a comment that the rapidly changing face of sports medicine does not permit the publication of a good, “current” sports medicine reference. Now, *Essential Orthopaedics* allows me to offer a quality answer to that very question.

The chapter authors are highly skilled and experienced clinicians who have successfully identified the most relevant details of each injury and condition and have effectively synthesized the data into an easily readable format. A brief review of each chapter reflects the thoroughness and depth of each contribution.

Essential Orthopaedics is a clear, concise, easy-to-consult volume. Excellent line drawings, photographs, and tables enhance the text and emphasize significant details. The outline format offers chapter-by-chapter consistency that simplifies and expedites use. The references at the end of each brief section permit easy access to more detailed information should the reader require a more comprehensive discussion.

Any clinician whose practice involves an active athletic population will find this a very welcome addition to his or her medical library. I congratulate the editors and authors for a most successful sports medicine reference text.

Rob Johnson, MD

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