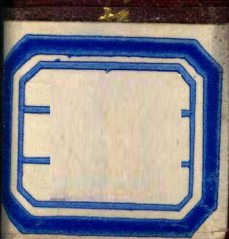


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BIOCHEMISTRY AND MOLECULAR BIOLOGY OF FISHES, 4

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Preface

The idea of editing a series of volumes on The Biochemistry and Molecular Biology of Fishes was born out of the present-day lack of a forum for state-of-the-art review articles in this rapidly expanding field of research. On the one hand, researchers and students in this area always find themselves combing the literature on general (rat-dominated) biochemistry before discovering short and usually incomplete and disappointing coverage of the situation in the piscine setting. On the other hand, the rapidly expanding volume and quality of the primary literature in fish biochemistry and molecular biology supply convincing evidence for a maturing field. This discipline is no longer the younger sibling of rat or human biochemistry but has recently led to a number of major conceptual breakthroughs; for this reason, and because its activity domain is sometimes nonoverlapping with 'mainstream' biochemistry, the field is certainly ripe and ready for a review series of its own.

Comparative biochemistry and molecular biology and comparative physiology as disciplines by definition use organisms as a special kind of experimental parameter for probing general mechanisms and principles of function. In theory this approach is relatively blind to phylogenetic boundaries, but in practise the realities of funding and availability of experimental material greatly narrow the field of play. As a result, two phylogenetic groups — the insects and the fishes — have over the last several decades provided the bulk of the experimental data base in these disciplines. Interestingly, although comparative biochemistry in many ways grew out of comparative physiology, the growth and development of these two activities in the insect field have to major extent proceeded along independent paths. By contrast, the comparative physiology and biochemistry of fishes have not been so independent of one another and the tendency has been for the former to envelope the latter. We believe that the current conceptual developments in the fields as well as the simple logistics of dealing with massive data bases make this the right time for the reality of independence to match the perception of independence, which we feel is another important rationale for this review series.

Our goal is to provide researchers and students with a pertinent information source from theoretical and experimental angles. To be useful to students, theoreticians, and experimentalists alike, contributing authors are urged to emphasize concepts as well as to relate experimental results to the biology of the animals, to point out controversial issues, and to delineate as much as is possible directions for future research.

Peter W. Hochachka
Thomas P. Mommsen
Vancouver and Victoria, B.C.

Contributors

Hiroki Abe, *Department of Food Science and Nutrition, Kyoritsu Women's University, 1-710 Motohachioji, Hachioji, Tokyo 193, Japan (Chapter 14)*

James S. Ballantyne, *Department of Zoology, University of Guelph, Guelph, Ontario, Canada N1G 2W1 (Chapter 10)*

Andrew H. Bass, *Section of Neurobiology and Behavior, Cornell University, Ithaca, New York 14853, USA (Chapter 12)*

Ralf Bastrop, *Universität Rostock, Fachbereich Biologie, Zoologisches Institut, Universitätsplatz 2, D-02500 Rostock 1, Germany (Chapter 7)*

Richard W. Brill, *Southwest Fisheries Science Center, Honolulu Laboratory, National Marine Fisheries Service, National Oceanic and Atmospheric Administration, Honolulu, Hawaii 96822-2396, USA (Chapter 1)*

Stephen P.J. Brooks, *Nutrition Research Division, Health Canada, Tunney's Pasture, Ottawa, Ontario, Canada K1A 0L2 (Chapter 13)*

C.G. Carter, *Department of Aquaculture, University of Tasmania, PO Box 1214, Launceston, Tasmania 7250, Australia (Chapter 8)*

Nathan L. Collie, *Department of Biological Sciences, Texas Tech University, Lubbock, Texas 79409-3131, USA (Chapter 9)*

Ronaldo P. Ferraris, *Department of Physiology, University of Medicine and Dentistry of New Jersey, New Jersey Medical School, Newark, New Jersey 07103-2714, USA (Chapter 9)*

Glen D. Foster, *Department of Biology, University of Ottawa, 30 Marie Curie, Ottawa, Ontario, Canada K1N 6N5 (Chapter 4)*

Edward M. Goolish, *National Oceanic and Atmospheric Administration, Southwest Fisheries Science Center, La Jolla, California 92038, USA and Scripps Institution of Oceanography, Center for Marine Biotechnology and Biomedicine, University of California, San Diego, La Jolla, California 92093, USA (Chapter 15)*

Joaquim Gutiérrez, *Departament de Bioquímica i Fisiologia, Universitat de Barcelona, Unitat de Fisiologia Animal F, Av. Diagonal, 645, E-08071 Barcelona, Spain (Chapter 17)*

Peter W. Hochachka, *Department of Zoology, University of British Columbia, Vancouver, British Columbia, Canada V6T 2A9 (Chapter 1)*

D.F. Houlihan, *Department of Zoology, University of Aberdeen, Aberdeen, Tillydrone Avenue, Aberdeen AB9 2TN, Scotland, UK (Chapter 8)*

Karl Jürss, *Universität Rostock, Fachbereich Biologie, Zoologisches Institut, Universitätsplatz 2, D-02500 Rostock 1, Germany (Chapter 7)*

Odile Mathieu-Costello, *Department of Medicine, University of California, San Diego, La Jolla, California 92093-0623, USA (Chapter 1)*

I.D. McCarthy, *Department of Zoology, University of Aberdeen, Aberdeen, Tillydrone Avenue, Aberdeen AB9 2TN, Scotland, UK (Chapter 8)*

Thomas P. Mommsen, *Department of Biochemistry and Microbiology, University of Victoria, P.O. Box 3055, Victoria, British Columbia, Canada V8W 3P6 (Chapter 12)*

Thomas W. Moon, *Department of Biology, University of Ottawa, 30 Marie Curie, Ottawa, Ontario, Canada K1N 6N5 (Chapter 4)*

Christopher D. Moyes, *Department of Biology, Queen's University, Kingston, Ontario, Canada K7L 3N6 (Chapter 16)*

Isabel Navarro, *Departament de Bioquímica i Fisiologia, Universitat de Barcelona, Unitat de Fisiologia Animal F, Av. Diagonal, 645, E-08071 Barcelona, Spain (Chapter 17)*

Bernd Pelster, *Institut für Physiologie, Ruhr-Universität Bochum, D-44780 Bochum, Germany (Chapter 5)*

Jean-François Rees, *Laboratory of Animal Physiology, Catholic University of Louvain, Croix du Sud 5, B-1348 Louvain-la-Neuve, Belgium (Chapter 18)*

Kenneth B. Storey, *Departments of Biology and Chemistry, Carleton University, Ottawa, Ontario, Canada K1S 5B6 (Chapter 13)*

Eric M. Thompson, *Laboratoire de Biologie Cellulaire, Unité de Biologie du Développement, Institut National de la Recherche Agronomique, F-78352 Jouy-en-Josas, France (Chapter 18)*

Guido van den Thillart, *Institute of Evolutionary and Ecological Sciences, Animal Physiology, Gorlaeus Laboratories, University of Leiden, PO Box 9502, 2300 RA Leiden, The Netherlands (Chapter 3)*

Douglas R. Tocher, *NERC Unit of Aquatic Biochemistry, School of Natural Sciences, University of Stirling, Stirling FK9 4LA, Scotland, UK (Chapter 6)*

Marcel van Raaij, *Institute of Evolutionary and Ecological Sciences, Animal Physiology, Gorlaeus Laboratories, University of Leiden, PO Box 9502, 2300 RA Leiden, The Netherlands (Chapter 3)*

Patrick J. Walsh, *Marine Biology and Fisheries Division, Rosenstiel School of Marine and Atmospheric Sciences, University of Miami, 4600 Rickenbacker Causeway, Miami, Florida 33149-1098, USA (Chapter 12)*

Jean-Michel Weber, *Biology Department, University of Ottawa, 30 Marie Curie, Ottawa, Ontario, Canada K1N 6N5 (Chapter 2)*

Timothy G. West, *Department of Zoology, Cambridge University, Downing Street, Cambridge, CB2 EJ3, UK (Chapter 16)*

Harold H. Zakon, *Department of Zoology, Patterson Laboratory, The University of Texas, Austin, Texas 78712. USA (Chapter 11)*

Georges Zwingelstein, *Laboratoire Maritime de Physiologie, Institut Michel Pacha, Université de Lyon, 1337 Corniche Michel Pacha, Tamaris, F-83500 La Seyne sur Mer, France (Chapter 2)*

Abbreviations

AA	Amino acid(s)	HK	Hexokinase
AChR	Acetylcholine receptor	HPLC	High performance liquid chromatography
ACTH	Adrenocorticotrophic hormone	HSP	Heat-shock protein
AlaAT	Alanine aminotransferase	IDL	Intermediate density lipoproteins
ALD	Aldolase	LCAT	Lecithin:cholesterol acyl transferase
AQ	Ammonia quotient	LDH	Lactate dehydrogenase
AS	Atlantic salmon cell line	LDL	Low density lipoproteins
AspAT	Aspartate aminotransferase	LT	Leukotrienes
BBMV	Brushborder membrane vesicles	LX	Lipoxins
BCAAT	Branched-chain amino acid aminotransferase	ME	Malic enzyme
BCKAD	Branched-chain α -ketoacid dehydrogenase	MT	17 α -Methyltestosterone
BF-2	Bluegill fry cell line	NEAA	Non-essential amino acids
BiP	Immunoglobulin binding protein	NMJ	Neuromuscular junction
BLMV	Basolateral membrane vesicles	NMR	Nuclear magnetic resonance
cAMP	3',5'-cyclic adenosine-monophosphate	ODC	Ornithine decarboxylase
CCO	Cytochrome C oxidase	PAF	Platelet activating factor
CHSE-214	Chinook salmon epithelium cell line	PC	Pyruvate carboxylase
CPK	Creatine phosphokinase	PCA	Perchloric acid
CPT	Carnitine palmitoyl transferase	PCr	Phosphocreatine
CS	Citrate synthase	PDG	Phosphate-dependent glutaminase
DAG	Diacylglycerol	6PGDH	6-Phosphogluconate dehydrogenase
DHT	5 α -Dihydrotestosterone	PEPCK	Phosphoenolpyruvate carboxykinase
DMF	Dimethylformamide	PFK-i	Phosphofructokinase-1
DMSO	Dimethylsulfoxide	PG	Prostaglandins
E2	17 β -Estradiol	PGI	Phosphoglucose isomerase
EAA	Essential amino acid(s)	PGK	Phosphoglycerate kinase
EDTA	Ethylenediaminetetraacetic acid	PK	Pyruvate kinase
EO	Electric organ	PKA	Protein kinase A
EOD	Electric organ discharge	PKC	Protein kinase C
EPO	Erythropoietin	PMN	Pacemaker nucleus
FAA	Free amino acid(s)	PtdA	Phosphatidic acid
FABP	Fatty acid binding protein	PtdCho	Phosphatidylcholine
FBPase	Fructose 1,6-bisphosphatase	PtdEtn	Phosphatidylethanolamine
FFA	Free fatty acid(s)	PtdIns	Phosphatidylinositol
FG	Fast glycolytic (muscle fiber)	PtdSer	Phosphatidylserine
FHM	Fathead minnow cell line	PUFA	Polyunsaturated fatty acids
FOG	Fast oxidative glycolytic (muscle fiber)	RQ	Respiratory quotient
G6Pase	Glucose 6-phosphatase	RT-2	Rainbow trout germ cell line
G6PDH	Glucose 6-phosphate dehydrogenase	RTG	Rainbow trout gonad cell line
GABA	Gamma-aminobutyrate	SDA	Specific dynamic action
GAPDH	Glyceraldehyde 3-phosphate dehydrogenase	SO	Slow oxidative (muscle fiber)
GDH	Glutamate dehydrogenase	T3	3,5,3'-Triiodo-L-thyronine
GLP	Glucagon-like peptide	TAG	Triacylglycerol
GPase	Glycogen phosphorylase	TF	Turbot fin cell line
α GPDH	α -Glycerophosphate dehydrogenase	TPI	Triosephosphate isomerase
GSase	Glycogen synthase	TRH	thyrotropin releasing hormone
HDL	High density lipoproteins	TX	Thromboxanes
HEPE	12-Hydroxyeicosapentaenoate	VHDL	Very high density lipoproteins
HETE	12-Hydroxyeicosatetraenoate	VLDL	Very low-density lipoprotein
		XDH	Xanthine dehydrogenase
		XO	Xanthine oxidase

Contents

<i>Preface</i>	v
<i>Contributors</i>	vii
<i>Abbreviations</i>	xiii
1. Design for a high speed path for oxygen: Tuna red muscle ultrastructure and vascularization <i>Odile Mathieu-Costello, Richard W. Brill, Peter W. Hochachka</i>	1
2. Circulatory substrate fluxes and their regulation <i>Jean-Michel Weber and George Zwingelstein</i>	15
3. Endogenous fuels; non invasive <i>versus</i> invasive approaches <i>Guido van den Thillart and Marcel van Raaij</i>	33
4. Tissue carbohydrate metabolism, gluconeogenesis and hormonal and environmental influences <i>Thomas W. Moon and Glen D. Foster</i>	65
5. Metabolism of the swimbladder tissue <i>Bernd Pelster</i>	101
6. Glycerophospholipid metabolism <i>Douglas R. Tocher</i>	119
7. Amino acid metabolism in fish <i>Karl Jirss and Ralf Bastrop</i>	159
8. Protein synthesis in fish <i>D.F. Houlihan, C.G. Carter, I.D. McCarthy</i>	191
9. Nutrient fluxes and regulation in fish intestine <i>Nathan L. Collie and Ronaldo P. Ferraris</i>	221
10. Metabolic organization of thermogenic tissues of fishes <i>James S. Ballantyne</i>	241
11. Electric Organs: structure, physiology, hormone-sensitivity, and biochemistry <i>Harold H. Zakon</i>	259
12. Biochemical and molecular aspects of singing in batrachoidid fishes <i>Patrick J. Walsh, Thomas P. Mommsen and Andrew H. Bass</i>	279
13. Is glycolytic rate controlled by the reversible binding of enzymes to subcellular structures ? <i>Stephen P.J. Brooks and Kenneth B. Storey</i>	291
14. Histidine-related dipeptides: distribution, metabolism, and physiological function <i>Hiroki Abe</i>	309

15. The metabolic consequences of body size <i>Edward M. Goolish</i>	335
16. Exercise metabolism of fish <i>Christopher D. Moyes and Timothy G. West</i>	367
17. Fasting and starvation <i>Isabel Navarro and Joaquim Gutiérrez</i>	393
18. Origins of luciferins: ecology of bioluminescence in marine fishes <i>Eric M. Thompson and Jean-François Rees</i>	435
<i>Species index</i>	467
<i>Subject index</i>	471

Design for a high speed path for oxygen: tuna red muscle ultrastructure and vascularization

ODILE MATHIEU-COSTELLO, RICHARD W. BRILL * AND
PETER W. HOCHACHKA **

Department of Medicine, University of California, San Diego, La Jolla, CA 92093-0623, U.S.A.,

** Southwest Fisheries Science Center, Honolulu Laboratory, National Marine Fisheries Service,
National Oceanic and Atmospheric Administration, Honolulu, HI 96822-2396, U.S.A. and*

*** Department of Zoology, University of British Columbia, Vancouver, B.C., Canada V6T 2A9*

- I. Introduction
- II. Materials and methods
 - 1. Animals
 - 2. Tissue preparation
 - 3. Morphometry
- III. Results and discussion
- Acknowledgements
- IV. References

I. Introduction

Because it is one of the most aerobic muscles in fish, the red muscle of tuna is of particular interest to study strategies and constraints in structural designs for high O_2 flux from capillary to muscle fiber mitochondria. Tuna can maintain extremely high aerobic metabolic rates and reach high swimming speeds¹. The tuna red muscle is well known to operate at higher than ambient water temperature by conserving heat *via* the central counter-current heat exchange (for review, see ref. 36), and white muscle lactate turnover rates after exercise are known to be closer to those found in mammals than in other fish^{1,39}. In this chapter, we summarize our morphometric findings on the three-dimensional arrangement of the capillary network and its relationships with fiber ultrastructure in red muscle of skipjack tuna, *Katsuwonus pelamis*, in comparison to highly aerobic skeletal muscles of birds and mammals. Muscles designed for high sustainable activity (hummingbird and bat flight muscles as well as the red muscle of tuna) are all composed of only one population of very highly aerobic fibers, instead of the mosaic of fiber types with different metabolic pattern found in the vast majority of skeletal muscles. This homogeneity allows one to specifically examine capillary-fiber geometrical relationships across species, in particular vascular supply in relation to muscle

fiber aerobic capacity in cases of very high demand for O_2 flux. As summarized further in this chapter, previous studies showed striking similarities in structural design for high O_2 flux in hummingbird and bat flight muscles despite several differences in capillary-fiber geometry^{28,29}. In fish as in birds, red blood cells are nucleated and less deformable than mammalian red cells, but they can be larger than bird red cells, and fishes operate at different body temperature than both birds and mammals. Thus, it is of particular interest: (1) to examine capillary-fiber structural arrangement in the red muscle of one of the most athletic fishes known; and (2) to compare it with that in highly aerobic skeletal muscles of birds and mammals.

II. Materials and methods

While the details of methods used here have been described elsewhere²², it is important to briefly highlight aspects that are relevant to properly explain the results.

1. Animals

Five Skipjack tuna (*Katsuwonus pelamis*); body mass 1.5–2 kg; fork length 43–44 cm) were purchased from local commercial fishermen and held in outdoor 10 m diameter holding tanks supplied with continuously flowing seawater ($25 \pm 1^\circ\text{C}$) at the Kewalo Research Facility (National Marine Fisheries Service, Honolulu, Hawaii).

2. Tissue preparation

After the tunas had been netted and anesthetized, muscle perfusion fixation with glutaraldehyde fixative (four animals) or infusion with Batson's casting material (one animal) were performed following procedures and subsequent tissue processing described elsewhere in detail²². Transverse and longitudinal sections ($1\ \mu\text{m}$ thick) of perfusion-fixed tissue were used for light microscopy morphometry of capillarity and fiber size. Ultrathin transverse sections (50–70 nm) were examined with a Zeiss 10 transmission electron microscope and sampled for morphometry of fiber ultrastructure. Samples injected with casting material were examined with a Stereoscan 360 scanning electron microscope (Cambridge Instrument).

3. Morphometry

Sarcomere length was measured on longitudinal sections, after careful control of the angle of each section¹⁹. Fiber cross-sectional area, capillary diameter and capillary number around a fiber were measured on transverse sections with an image analyzer. Capillary numbers per fiber sectional area in transverse and longitudinal sections were collected by point-counting, and the data were used to estimate

the degree of orientation of capillaries and capillary length per fiber volume¹⁸. Capillary-to-fiber ratio (i.e. capillary number per fiber number) was computed as the product of capillary density (i.e. number per fiber cross-sectional area) and mean fiber cross sectional area. Capillary surface per fiber volume was obtained by intersection-counting on vertical (i.e. longitudinal) sections using a cycloid grid². Capillary-to-fiber perimeter ratio in transverse section, which is an index of the size of the capillary-fiber interface²⁵ was measured by intersection-counting in transverse sections²¹, and capillary surface per fiber surface estimated as the product of capillary-to-fiber perimeter ratio and an orientation coefficient $c'(K',0)$ as described elsewhere²⁵.

The volume of mitochondria per volume of muscle fiber was estimated by standard point-counting²², and mitochondrial volume per μm fiber length calculated as the product of mitochondrial volume density and fiber cross-sectional area. Where appropriate, data on fiber size and capillary density were normalized to sarcomere length, in order to compare morphological data between muscles, independent of the particular length at which each sample was fixed and therefore examined. A normalizing sarcomere length of $2.1\ \mu\text{m}$ was chosen because it is in the mid-range of the sarcomere lengths where maximal tension is developed in skeletal muscles, and it is within the range of operating sarcomere lengths in hindlimb muscles of mammal during terrestrial locomotion (range, $1.7\text{--}2.7\ \mu\text{m}$)⁶, wing muscles of bird during wing beat cycle ($1.7\text{--}2.3\ \mu\text{m}$)⁵ and red muscle in fish during swimming at slow speed ($1.9\text{--}2.2\ \mu\text{m}$)³⁵.

III. Results and discussion

Figure 1a–c illustrates the high capillary density, small fiber size and high mitochondrial volume density previously reported in red muscle of tuna^{3,10,16,22}. In longitudinal sections (Fig. 1b), we found a large number of capillaries cut in transverse or oblique section, as well as branches running perpendicular to the muscle fiber axis. This suggested the presence of capillary manifolds in tuna red muscle, as previously found in the highly aerobic pectoralis muscle of pigeon²⁰. Figure 2a,b illustrate the remarkable similarity between the appearance of capillary manifolds in tuna red muscle (Fig. 2a) and pigeon pectoralis muscle (Fig. 2b). In that study, Potter and coworkers³⁴ showed that these capillary branches oriented perpendicular to the muscle fiber axis are venular capillaries which form dense manifolds around groups of muscle fibers. The examination of microcorrosion casts of tuna red muscle also showed that capillaries form a dense envelope of blood around muscle fibers (Fig. 2c).

The functional implications of the particular arrangement of venular capillaries in those muscles are not fully understood. Capillary manifolds could facilitate an increased vascular supply to and from the muscle fibers at the venular end of the network where substrates and O_2 content are lowest and metabolite concentration highest. They could also be related to other functional aspects such as heat dissipation and/or the blood pumping action of the muscle during flight in

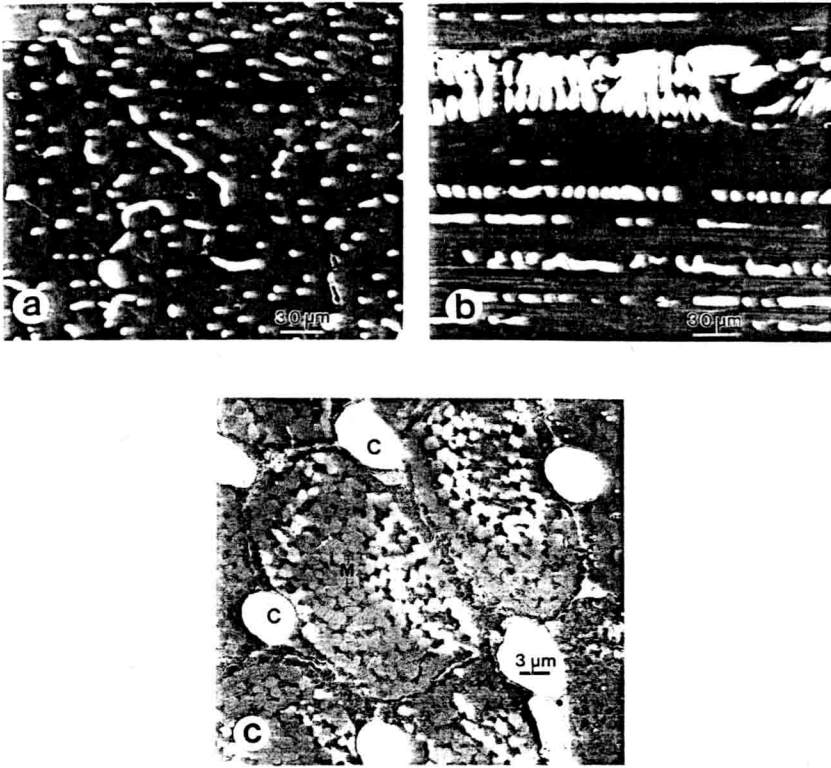


Fig. 1. Fine structure of tuna red muscle. a and b: light micrographs of portions of muscle bundles in transverse and longitudinal sections, respectively. c: electron micrograph of transverse section of muscle fibers and adjacent capillaries (c). Capillaries are empty after the fixation by vascular perfusion. Note large capillary density and small fiber size (a–c), large number of capillary branches running perpendicular to the muscle fiber axis (b) and high density of mitochondria, M (c). From ref. 22.

birds. Interestingly, however, capillary manifolds were found in flight muscle of hummingbird²⁸, but not in bat^{24,29}. The fact that they were found in tuna red muscle also suggest possible rheological implications since in fish, as in bird, red blood cells are nucleated and less deformable than mammalian red cells. Another possibility in tuna is transfer of heat from the muscle at the venular end of the network, as it possibly favors heat removal in bird flight muscle^{20,22}.

Table 1 summarizes morphometric data on capillarity and fiber ultrastructure in red muscle of tuna compared with tuna white muscle, and aerobic muscles of birds and mammals with large differences in aerobic capacities. In tuna red muscle, fiber cross-sectional area was small ($\sim 500 \mu\text{m}^2$) but not as small as in ultimate cases of high aerobic capacity in bird and mammal. In hummingbird and bat flight muscles, average fiber cross-sectional area was ~ 200 and $300 \mu\text{m}^2$, respectively, in tissues similarly prepared. Note that the number of capillaries per number of fibers was similar in tuna red muscle and hummingbird flight muscle (~ 1.6). However,

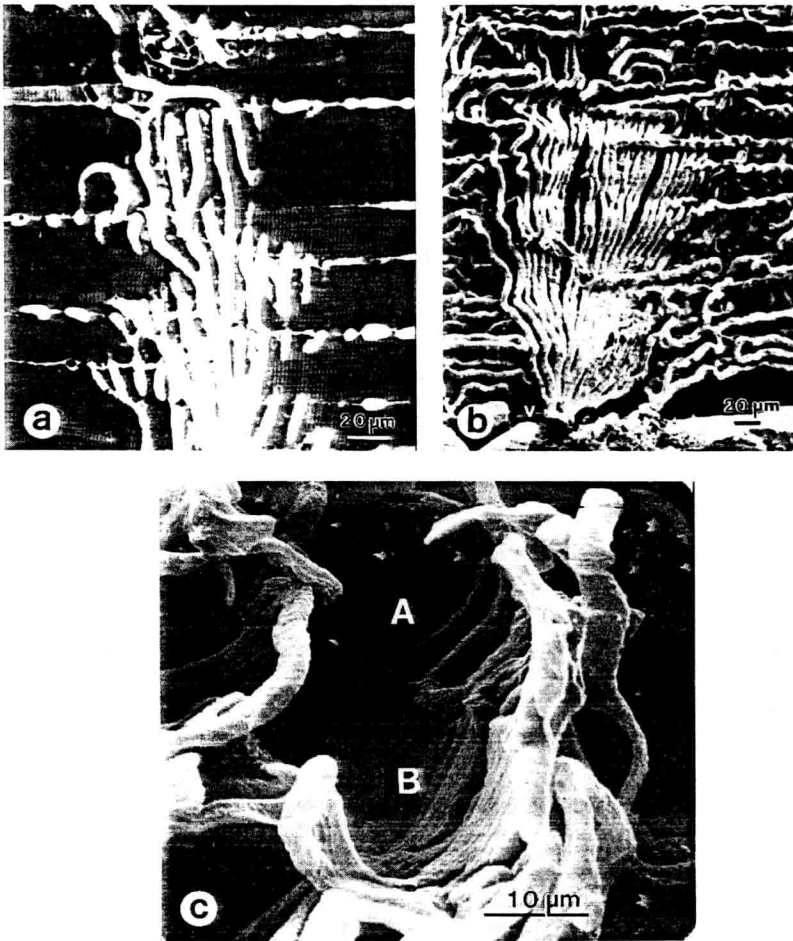


Fig. 2. Examples of capillary manifolds. a: light micrograph in a longitudinal section of tuna red muscle. b and c: scanning electron micrographs of vascular corrosion casts examined perpendicular to the surface of the manifold in pigeon flight muscle (b) and in cross-section in tuna red muscle (c). Note the remarkable similarity between the appearance in tuna (a) and pigeon (b) muscles, and the dense envelope formed by capillaries around muscle fibers (c). Based on fiber dimensions, two muscle fibers (A and B) could be contained in the empty space in c. From refs. 22 (a,c) and 34 (b).

because of the difference in fiber size, there was a huge difference in capillary numerical density between the muscles. The number of capillaries per mm^2 fiber cross-sectional area at $2.1 \mu\text{m}$ sarcomere length was 3400 in tuna red muscle and 8000 in flight muscle of hummingbird.

Capillary length density is an important estimate of capillarization which accounts for capillary geometry, and determines capillary volume and surface area available for exchange per unit volume of fiber and mitochondria. Figure 3 shows estimates of the degree of capillary orientation, expressed as the percentage added

TABLE 1

Morphometric data on fiber size, capillarity and ultrastructure in tuna red muscle, compared with white muscle (tuna) and highly aerobic skeletal muscles of birds and mammals

Animal Body weight (g)	Muscle (n)	$a(f)_{2,1}$ (μm^2)	$Q_A(0)_{2,1}$ (mm^{-2})	$J_V(c,f)$ (mm^{-2})	$N_N(c,f)$	$V_V(mt,f)$ (%)	$V_V(ms,f)$ (%)
<i>Tuna</i> 1500–2000	Red muscle (8)	475 \pm 25	3391 \pm 197	4143 \pm 242	1.59 \pm 0.06	28.5 \pm 1.0	8.8 \pm 1.1
	White muscle (1)	3652 \pm 148	623 \pm 36	630 \pm 39	2.28 \pm 0.16	4.77 \pm 0.21	0.7 \pm 0.2
<i>Hummingbird</i> 3–4	Flight muscle (7) (pectoralis, supracoracoideus)	201 \pm 14	8001 \pm 782	8947 \pm 869	1.55 \pm 0.06	34.5 \pm 0.9	14.2 \pm 1.0
<i>Pigeon</i> 550–620	Pectoralis (6)	363 \pm 19	4096 \pm 602	4140 \pm 568	2.25 \pm 0.21	5.41 \pm 0.33	6.8 \pm 1.2
<i>Bat</i> 15–16	Pectoralis (6)	318 \pm 10	6394 \pm 38	9025 \pm 342	2.02 \pm 0.10	5.63 \pm 0.23	16.8 \pm 1.6
	Hindlimb (6) (quadriceps femoris, gluteus maximus)	447 \pm 35	2865 \pm 238	4111 \pm 299	1.24 \pm 0.06	3.92 \pm 0.15	4.3 \pm 0.6
<i>Rat</i> 340–745	Soleus (9)	2028 \pm 125	1301 \pm 129	1685 \pm 152	2.59 \pm 0.24	5.96 \pm 0.35	1.3 \pm 0.3

Values are group mean \pm SE.

$a(f)_{2,1}$ and $Q_A(0)_{2,1}$, mean fiber cross-sectional area and capillary numerical density at 2.1 μm sarcomere length, respectively; $J_V(c,f)$, capillary length per fiber volume; $N_N(c,f)$, capillary-to-fiber number ratio; N_{CAF} , capillary number around a fiber; $V_V(mt,f)$ and $V_V(ms,f)$, volume density of mitochondria (total and subsarcolemmal, respectively). In pigeon, $a(f)_{2,1}$, N_{CAF} , $V_V(mt,f)$ and $V_V(ms,f)$ are values in aerobic fibers only. Species: skipjack tuna, *Katsuwonus pelamis*²², rufous hummingbird, *Selasphorus rufus*²⁸, bat, *Eptesicus fuscus*²⁹, pigeon (White King), *Columbia livia*^{20,23}, Sprague Dawley rat^{19,29}.

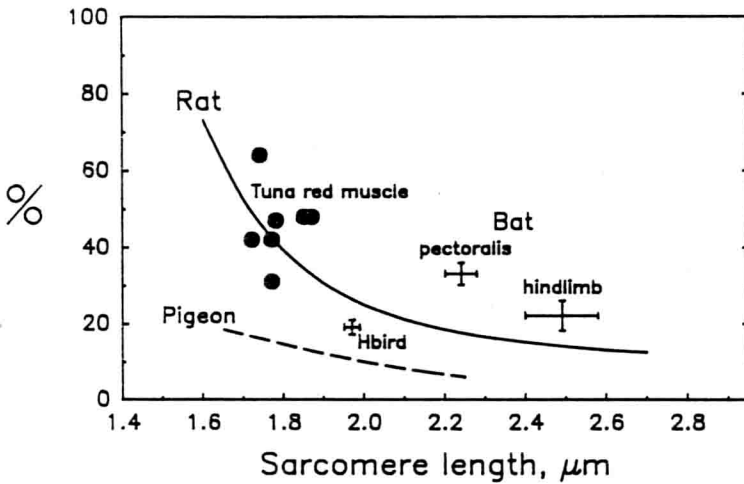


Fig. 3. Plot of the degree of orientation of capillaries (expressed as the percentage added to capillary length by tortuosity and branching, compared with straight, unbranched capillaries oriented parallel to the muscle fiber axis) against sarcomere length in red muscle of tuna (solid circle) compared with group mean values (\pm SE) in highly aerobic muscles of birds and mammals. From refs. 22 (tuna), 28 (hummingbird) and 29 (bat). Relationships in rat hindlimb (solid line) and pigeon pectoralis muscles (broken line) are from refs. 25 and 20, respectively.

to capillary length by tortuosity and branching, against sarcomere length in the muscles listed in Table 1. It is now well established that both fiber size^{7,11,26} and the degree of orientation of capillaries^{19,27,33} are functions of sarcomere length. As a consequence, capillary density in transverse sections can underestimate capillary length per fiber volume by a different percentage (e.g. 10–70% in rat muscles; see solid line in Fig. 3) depending on the sarcomere length at which samples are fixed and therefore examined. Figure 3 also shows that the degree of orientation of capillaries can vary between muscles and/or animals, for example bat flight muscle compared with rat *soleus*, or bird compared with mammal. Therefore, it may not be appropriate to compare muscle capillarity based on capillary densities in transverse sections alone even if all samples are fixed at the same sarcomere length^{20,22,28,29,32}.

It is interesting to note that in tuna red muscle, the contribution of tortuosity and branching to capillary length was similar to that in rat muscles (Fig. 3) in spite of the different geometry. In contrast to tuna and bird muscles^{22,28} skeletal muscles of mammals showed no evidence of capillary manifolds²⁹. The different contribution of capillary tortuosity and branching to capillary length in tuna red muscle compared with bird muscles (Fig. 3) may be related to differences in fiber size, yielding differences in length and/or number of branches in manifolds between the muscles. In addition, capillary length density in tuna red muscle and pigeon pectoralis muscle were remarkably similar (4100 mm/mm³) in spite of the different degree of capillary orientation, capillary-to-fiber ratio and fiber size. It was less than half the capillary length density seen in ultimate cases such as the flight muscles of hummingbird and small bats (Table 1).