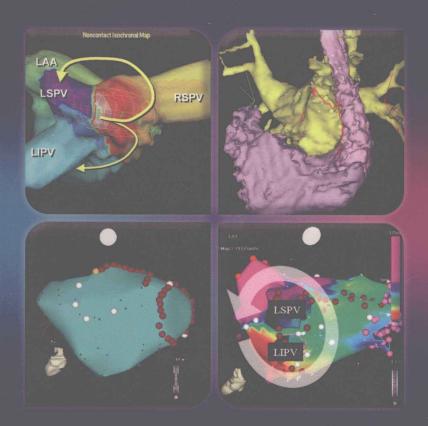
## A Practical Approach to Catheter Ablation of Atrial Fibrillation



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To Beth, Emily, Eliza, and Daniel
—HC

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### PREFACE

Interventional electrophysiology has enjoyed a remarkable period of innovation and technical advancement, fueled in part by progress in the fundamental understanding of arrhythmia mechanism. Perhaps the last great frontier was catheter-based definitive therapy for atrial fibrillation, the most common sustained cardiac arrhythmia.

Atrial fibrillation is a complex arrhythmia involving diverse mechanisms and a complex interplay of trigger and substrate, and has well-described clinical and functional consequences. A multidisciplinary and concerted effort to treat atrial fibrillation has ultimately produced a great variety of successful catheter-based techniques. These procedures are more challenging and labor intensive than are most other catheter ablative interventions and are evolving at a rapid pace, as are support and ancillary procedures.

This book is designed to provide a comprehensive and practical compendium on how to establish programs and laboratories to treat atrial fibrillation; how to use complex imaging modalities and guidance systems; how to implement a variety of catheter-based ablation strategies, either isolated or in tandem; and how to monitor the ablated patient's course for complications and arrhythmia recurrence and manage these problems should they arise. In short, we have attempted to deliver a practical guide to all medical professionals who have an interest in catheter ablation of atrial fibrillation.

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