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Human Sexuality 99/00

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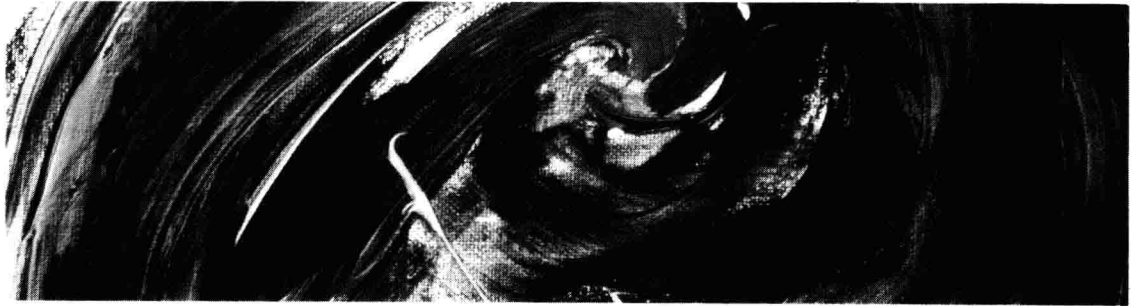
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Human Sexuality

Twenty-Fourth Edition

99/00



EDITOR

Susan J. Bunting

Lincoln College

Susan Bunting is the coordinator of curriculum and instruction at Chestnut Health Systems, a therapist for Employment Development Associates, and an instructor in sociology and psychology at Lincoln College in Illinois. Dr. Bunting received her B.S. and M.S. in sociology and her Ed.D. in curriculum and instruction from Illinois State University. She has taught, counseled, trained, and developed curriculum in human sexuality, sexual abuse, substance abuse, self-esteem, child and human development, learning disabilities, marriage, family, and intimate relationships. Dr. Bunting publishes pamphlets, instructional materials, articles, and books in these areas.

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2. Sexual Biology, Behavior, and Orientation

Facing overview—AP/Wide World photo by Darcy Padilla. 43—Illustration by Andres Wenngren.

3. Interpersonal Relationships

Facing overview—United Nations photo by Bedrich Grunzweig.

4. Reproduction

Facing overview—Dushkin/McGraw-Hill illustration by Mike Eagle.

5. Sexuality through the Life Cycle

Facing overview—Photo courtesy of Louis Raucci Jr.

6. Old/New Sexual Concerns

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Twenty-Fourth Edition

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Members of the Advisory Board are instrumental in the final selection of articles for each edition of ANNUAL EDITIONS. Their review of articles for content, level, currentness, and appropriateness provides critical direction to the editor and staff. We think that you will find their careful consideration well reflected in this volume.

EDITOR

Susan J. Bunting
Lincoln College

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In publishing ANNUAL EDITIONS we recognize the enormous role played by the magazines, newspapers, and journals of the public press in providing current, first-rate educational information in a broad spectrum of interest areas. Many of these articles are appropriate for students, researchers, and professionals seeking accurate, current material to help bridge the gap between principles and theories and the real world. These articles, however, become more useful for study when those of lasting value are carefully collected, organized, indexed, and reproduced in a low-cost format, which provides easy and permanent access when the material is needed. That is the role played by ANNUAL EDITIONS.

New to ANNUAL EDITIONS is the inclusion of related World Wide Web sites. These sites have been selected by our editorial staff to represent some of the best resources found on the World Wide Web today. Through our carefully developed topic guide, we have linked these Web resources to the articles covered in this ANNUAL EDITIONS reader. We think that you will find this volume useful, and we hope that you will take a moment to visit us on the Web at <http://www.dushkin.com> to tell us what you think.

Sex lies at the root of life, and we can never learn to reverence life until we know how to understand sex.

—Havelock Ellis

A century ago Havelock Ellis, one of the first sexologists, uttered the objective printed above. Since then, generations of sexologists, sex educators, and books like this one have worked toward that goal. Readers of this edition of *Annual Editions: Human Sexuality 99/00* might wonder if this goal has been accomplished, and they would not be alone. Today many sexuality specialists, as well as others who study sociocultural trends, note that how sexuality is approached, understood, and experienced seems to have changed in some noteworthy ways. Yet in other important ways, sexuality and people's perceptions and experiences have not changed.

While we are all born with basic sexual interests, drives, and desires, human sexuality is a dynamic and complex force that involves psychological and sociocultural dimensions in addition to the physiological ones. Sexuality includes an individual's whole body and personality. We are not born with a fully developed body or mind, but instead we grow and learn; so it is with respect to our sexuality. A great deal of our sexuality is learned. We learn what "appropriate" sexual behavior is, how to express it, when to do so, and under what circumstances. We also learn sexual feelings—positive feelings such as joy and the acceptance of sexuality, or negative and repressive feelings such as guilt and shame.

For much of the past, sexuality received little attention in scientific research and even less within higher education communities. Sex education was perceived as unnecessary, dangerous, or a kind of education inappropriate for the public education setting. The last century has seen changes in these areas. Prime examples include marked changes in the don't-talk-about-it dictum and the resultant explosion of books and articles on sexuality topics available to the public. In addition, the last 35 years have ushered in changes with respect to the traditional double standard, including greater sexual freedom for women with reverberations in gender roles, and more acknowledgement, understanding, and acceptance of the sexuality of people who deviate in some way from the traditional sexual images—those who are handicapped, the young, the aged, the nonmarried, and those who make or are born into less common sexual or relationship choices. However, without the proper understanding referred to in our initial Ellis quote, this expansion in sexual freedom can lead to new forms of sexual bondage rather than to the increased joy and pleasure of healthy sexuality.

Annual Editions: Human Sexuality 99/00 is organized into six sections. *Sexuality and Society* notes historical and cross-cultural views and analyzes our constantly changing society

and sexuality. *Sexual Biology, Behavior, and Orientation* explains the functioning and responses of the human body and contains expanded sections on sexual hygiene, diseases and conditions affecting sexuality and functioning, and guides to preventive and ongoing sexual health care. *Interpersonal Relationships* provides suggestions for establishing and maintaining intimate, responsible, quality relationships. *Reproduction* discusses some recent trends related to pregnancy and child-bearing and deals with reproductive topics, including conception, contraception, and abortion. *Sexuality through the Life Cycle* looks at what happens sexually throughout one's lifetime—from childhood to the later years. Finally, *Old/New Sexual Concerns* deals with such topics as sexual abuse, rape, sexual harassment, and legal and ethical issues regarding sexual behavior. It closes with a focus on the future of sex, questioning whether changes that have occurred so far (and those to come) will make sexuality and life in the new century better or worse.

Also, in this edition of *Annual Editions: Human Sexuality 99/00* are selected World Wide Web sites that can be used to further explore the topics. These sites will be cross-referenced by number in the topic guide.

The articles in this anthology have been carefully reviewed and selected for their quality, currency, and interest. They present a variety of viewpoints. Some you will agree with, some you will not, but we hope you will learn from all of them.

Appreciation and thanks go to Loree Adams for her suggestions and expertise; to Bruce Boeck, Mychele Kenney, and Sue LeSeure for their willingness to act as two-way sounding boards; to Monica Shutt for her organization and assistance, to Ollie Pocs for inspiration, and to those who have submitted articles and reviewed previous editions. We feel that *Annual Editions: Human Sexuality 99/00* is one of the most useful and up-to-date books available. Please let us know what you think. Return the postage-paid article rating form on the last page of this book with your suggestions and comments. Any book can be improved. This one will continue to be—annually.



Susan J. Bunting
Editor

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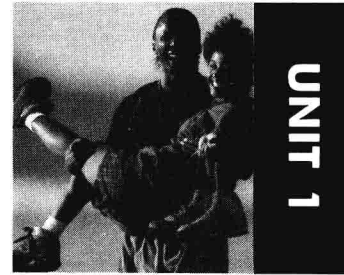
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A. HISTORICAL AND CROSS-CULTURAL PERSPECTIVES

1. **In Search of Russia's "Strong Sex,"** Anna Hoare, *Russian Life*, May 1998. 8
Soldier, mobster, businessman, traditional romantic. Although the **Russian** ideal of a real man has changed, **image** is still very important. But there are many **contradictions** in male images, attitudes, work roles, and especially in how **men and women** interact with each other in today's Russia.
2. **Secrets and Lies,** Stephanie Boyd, *New Internationalist*, July 1998. 14
On the surface **Peru** looks like a **family planning** success story: In less than 40 years it nearly halved its fertility rate. But it now appears that governmental agencies were responsible for **forced sterilizations** of as many as 110,000 women, as well as other **rights violations**.
3. **Another Planet,** Anouk Ride, *New Internationalist*, July 1998. 16
Today's **teenagers all around the globe are angry**. Labeling as unfair the **contradictory messages** they get from their parents and their cultures, teenagers from Cape Town, South Africa, to São Paulo, Brazil, and South London to Southeast Asia are demanding their **rights: access to information and sexual health services**.
4. **Where There Is No Village: Teaching about Sexuality in Crisis Situations,** Nanette Ecker, *SIECUS Report*, June/July 1998. 19
As a trainer for the staffs of humanitarian and relief agencies that are serving the **refugee camps** in **Africa**, Nanette Ecker knows the many roles that sex plays in the cultural limbo of displaced people. Read about **"survival sex"** and the problems and **needs of youth** far from traditional sex education classrooms.

B. CHANGING SOCIETY/CHANGING SEXUALITY

5. **The World Made Flesh,** Vanessa Baird, *New Internationalist*, April 1998. 23
Human bodies . . . yes, we all have them, but our **culture** decides what our bodies mean. Bodies contribute to **power or inequality, intimacy, prejudice, or beauty**. This article explores what the expanded trends in **body piercing**, the old and new Barbie-doll looks, and the rise in holistic health approaches say about bodies.
6. **Feminism: It's All about Me!** Ginia Bellafante, *Time*, June 29, 1998. 26
A comparison of **feminism then and now** shows many differences in **issues and image**. **Political** allegiances, economic perspectives, **relationships** between men and women, **sex and sexuality** mean something different nearly 30 years later. Are today's feminists **narcissistic**? Is the **personal as political** dead?
7. **Men in Crisis,** Gail Sheehy, *Ladies' Home Journal*, June 1998. 32
This excerpt from Gail Sheehy's best-selling new book on men's lives, *Understanding Men's Passages*, highlights the **challenges men face** in figuring out what is masculine or manly in today's world. Find out about RAMM, SNAG, DOM, and MOG, the four frontrunners for the **new model of manliness** for the next decade.



Sexuality and Society

Seven selections consider sexuality from historical and cross-cultural perspectives and examine today's changing attitudes toward human sexual interaction.



Sexual Biology, Behavior, and Orientation

Ten selections examine the biological aspects of human sexuality, sexual attitudes, hygiene and sexual health care, and sexual orientation.

Overview

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A. THE BODY AND ITS RESPONSES

8. **Recipes for Lust**, Michael Castleman, *Psychology Today*, July/August 1997. 38
Aphrodisiacs do not really exist, do they? Oysters, rhinoceros horn powder, and Spanish fly are myths, frauds, or work on the principle of suggestibility, right? New scientific findings support the existence of a range of **chemical and sensual lust-enhancers** (and **lust-killers**).
9. **Your Sexual Landscape**, Beth Howard, *American Health for Women*, April 1997. 42
Frequently, **women feel uncomfortable and unfamiliar** with their **vaginas**. Ironically, men are more likely than women to be comfortable and familiar with the female anatomy. Beth Howard emphasizes the need for women to overcome their **embarrassment and ignorance** in order to maintain health and to experience **sexual pleasure**.
10. **Impotency: Growing Malaise**, Madhu Jain, Subhadra Menon, and Ramesh Vinayak, *India Today International*, April 27, 1998. 46
Although this article appeared recently in a popular Indian magazine, it addresses **impotency**, an issue that has no national boundaries. **Myths**, fears, reactions, likely **causes**, and promising **treatments** from the traditional to **andrology** are clearly and comprehensively explained for the benefit of men and couples in **Detroit or Delhi**.
11. **The Viagra Craze**, Bruce Handy, *Time*, May 4, 1998. 51
Hailed as the **magic bullet** for impotency, Viagra has become a household word. But is this little blue pill the **cure-all** for sexually dysfunctional men? Bruce Handy helps readers understand **how Viagra works** to produce erections as well as its **limits in the medical treatment** of sexual dysfunction.

B. HYGIENE AND SEXUAL HEALTH CARE

12. **America: Awash in STDs**, Gracie S. Hsu, *The World & I*, June 1998. 55
Twenty-five sexually transmitted diseases (STDs) are infecting **12 million Americans** annually. The United States leads the industrialized world in STDs. We can all agree that these statistics are **alarming**, but we don't agree about what to do. Read about the **values battlefield** that pits conservative and liberal approaches for reducing STDs against each other.
13. **Hepatitis C: A Silent Killer**, Nancy Shute, *U.S. News & World Report*, June 22, 1998. 60
Four million Americans have hepatitis C—four times as many as have HIV. Learn more about this and the rest of the deadly quintet of viruses: **hepatitis A, B, C, D, and E**, including transmission, symptoms, prevention, and treatment in this **fact-filled article**.
14. **Not Tonight, Baby**, D. Y. Phillips, *Essence*, July 1998. 64
In this first-person story, the **loss of sexual desire** occurred after hysterectomy. There are many possible contributions to **low or absent libido** from depression to anger, from health problems to relationship troubles, and, of course, from stress to exhaustion. A very **helpful chart** summarizes symptoms and solutions for **getting your groove back**.

C. HUMAN SEXUALITIES AND ORIENTATION

15. **What Made Troy Gay?** Deborah Blum, *Health*, April 1998. **67**
Troy DeVore believes he was **born gay**. So does his mother, Sandi, and his ex-wife, Kathy. Today **geneticists** say there is evidence that they could be right. They all hope that this **new scientific understanding** of homosexuality will reduce the need to blame and lead to **changes in attitudes**, prejudices, and to a new tolerance.
16. **Trans across America**, John Cloud, *Time*, July 20, 1998. **71**
Misunderstood and unaccepted even by other minorities, they continue to be **caricatured** in all forms of media. Now **trans-gendered** people, who assert that their **mental gender** does not match their **physical gender**, are uniting to gain equal **rights** and to end **discrimination** through legislative and judicial avenues.
17. **Can Gays 'Convert'?** John Leland and Mark Miller, *Newsweek*, August 17, 1998. **73**
With the support of the Christian Coalition, **Exodus International**, a fellowship of **ex-gays**, has entered the battle over **gay rights**. Although many scientists and others challenge their **"reparative therapy"** claims and practices, public opinion polls show a majority of the general public believe people can **change their sexual orientation**.

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A. ESTABLISHING SEXUAL RELATIONSHIPS

18. **The 1997 Body Image Survey Results**, David M. Garner, *Psychology Today*, January/February 1997. **78**
Body image is our mental representation of ourselves and has a **powerful effect** on our lives. This most recent survey is compared to ones that *Psychology Today* did in 1972 and 1985. Unfortunately, the overwhelming majority of the 4,000 respondents are **dissatisfied with their bodies**, and this has far-reaching, and sometimes dangerous, results.
19. **Brain Sex and the Language of Love**, Robert L. Nadeau, *The World & I*, November 1997. **89**
Men and women are different. They view love differently; they interpret relationships and behave in them differently; they respond differently to emotions due to differences in their brains. Is male-female intimacy therefore doomed? Not necessarily, if couples learn a **new language of love** that is more consensual and is called **rapport talk**.
20. **Men for Sale**, Carys Bowen-Jones, *Marie Claire*, March 1997. **94**
If you were given an assignment to come up with a way to **sell men (or women)**, what would you say? Five female **advertising** professionals took on this task, and their campaign is tongue-in-cheek, serious, **thought-provoking, sarcastic, and romantic**.

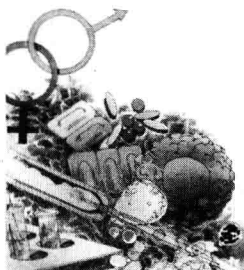
B. RESPONSIBLE QUALITY SEXUAL RELATIONSHIPS

21. **Should You Leave?** Peter D. Kramer, *Psychology Today*, September/October 1997. **97**
To stay or leave a long-term relationship is never an easy choice. What if **passion has faded**? What if you **argue** a lot? What if your partner has an **affair**? This attention-grabbing article describes and gives **advice** to people on the threshold of such a **choice**.



Interpersonal Relationships

Six selections examine the dynamics of establishing sexual relationships and the need to make these relationships responsible and effective.



UNIT 4

Reproduction

Five articles discuss the roles of both males and females in pregnancy and childbirth and consider the influences of the latest birth control methods and practices on individuals and society as a whole.

22. **'It' Doesn't Just Happen: A Lifetime Prescription for Sizzling Sex**, Clifford L. Penner and Joyce J. Penner, *Marriage Partnership*, Summer 1997. 103
The authors, who have 20 years of experience as **sex therapists** and even more as a couple themselves, recommend being committed to and deliberate about sex while handling **common impediments** throughout the stages of the marriage.
23. **Celibate Passion: The Hidden Rewards of Quitting Sex**, Kathleen Norris, *Utne Reader*, September/October 1996. 107
Is celibacy the hatred of sex? No, says Kathleen Norris. It can actually allow a deeper kind of **openness** and a profound sense of **freedom**. She challenges us to confront our **cultural prejudices** about celibacy.

Overview

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A. BIRTH CONTROL AND ABORTION

24. **Protecting against Unintended Pregnancy: A Guide to Contraceptive Choices**, Tamar Nordenberg, *FDA Consumer*, April 1997. 112
This fact-filled article describes all of the **contraceptive methods** approved by the Food and Drug Administration. Because "a method that is good for one woman may be lousy for another," Tamar Nordenberg considers how each contraceptive works, when and how each is used relative to sexual activities, and other **guides for making contraceptive choices**.
25. **How Reliable Are Condoms?** *Consumer Reports*, May 1995. 119
In this decade of confusion and fear about **contraception** and **sexually transmitted diseases**, this article combines a summary of *Consumer Reports'* well-respected **testing of various condoms** with an overview of other research.

B. PREGNANCY, CHILDBIRTH, AND CHILD CARE

26. **Pregnant Pleasures**, Caren Osten Gerszberg, *Parents*, April 1998. 126
Are pregnant bodies sexy? It depends on whom you ask. Some women **feel sexier** than they ever have, and, due to blood-flow changes in the genital area, may even be **more orgasmic**. This reassuring and fact-filled article offers **advice and guidelines for sexual pleasure** during pregnancy.
27. **Six Dads Dish**, Armin Brott, *Child*, June/July 1998. 128
In this article, readers get to meet six first-time fathers, Dave, Jeffrey, Steven, Nick, Kurt, and David. **Listen in** as they discuss their experiences of **pregnancy**, labor and delivery, **sex** during pregnancy and after the birth, and **fatherhood** (so far).
28. **The Cost of Children**, Phillip J. Longman, *U.S. News & World Report*, March 30, 1998. 131
According to Phillip Longman, the average **cost of raising a child** born today to a middle-class family is \$1.45 million. If you think this is an exaggeration, get out your calculator and calculate from conception through feeding, housing, clothing, toys, and college and you will see.

Overview

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A. YOUTH AND THEIR SEXUALITY

29. **Where'd You Learn That?** Ron Stodghill II, *Time*, June 15, 1998. 140

According to a **1972 *Time* article**, during the last sexual revolution teenagers were largely ignorant about sex. Now, according to this *Time* article published **26 years later**, we are all in the middle of a **new sexual revolution** and it's not teens who are uninformed, it's their **parents**.

30. **Age-by-Age Guide to Nudity**, Anthony E. Wolf with Ellen H. Parlapiano, *Child*, June/July 1996. 145

Although **nude is normal to babies**, a sense of privacy is also wise for children. Knowing how to **instill privacy** and foster appropriate behavior without destroying children's **natural pride and comfort** or teaching **shame** is confusing for parents.

31. **Raising Sexually Healthy Kids**, Jennifer Cadoff, *Parents*, February 1997. 148

According to experts on children, the most important parts of parental sex education are **not "the talks."** Nonverbal communication—**cuddling**, observation of **healthy intimacy**, modeling of **respect** for bodies and selves—is crucial to raising sexually healthy children. This essay includes practical and specific guides and suggestions.

32. **Breaking through the Wall of Silence: Gay, Lesbian, and Bisexual Issues for Middle Level Educators**, Norma J. Bailey and Tracy Phariss, *Middle School Journal*, January 1996. 151

Lonelier, more confused, withdrawn, more likely to **consider or attempt suicide**, and less likely to have caring adults help them describe many gay, lesbian, and bisexual young people. Schools are encouraged to **learn more about and better serve these students**.

B. SEXUALITY IN THE ADULT YEARS

33. **The 3 Kinds of Sex Happy Couples Need**, Julie Taylor, *Redbook*, September 1998. 161

Three kinds of sex: lousy, okay, and great? Not according to the **sex and relationship experts** cited in this article. Their three kinds of sex are **quickies**, **comfort sex**, and **mind-blowing sex**, and a balance of all three is what keeps couples **passionately connected**. Learn why and how.

34. **The Joy of Midlife Sex**, Dianne Hales, *American Health for Women*, January/February 1997. 164

The women who chanted **"make love, not war"** defied the double standard and redefined female sexuality. They are now between ages 35 and 55 and a survey of 500 of them makes it clear that they intend to be sexy old women. Read how the formula **Healthy Attitudes + Healthy Habits = Hot Sex** works for them.

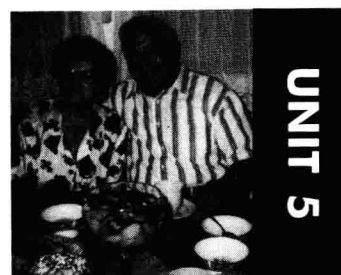
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A. SEXUAL ABUSE AND HARASSMENT

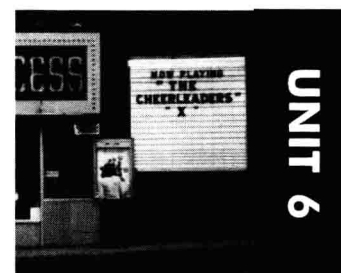
35. **Healing the Scars**, Lottie L. Joiner, *Emerge*, May 1997. 170

This interview with two women who work with **rape victims**, primarily black women, discusses the similarities and differences that these victims share with other victims. It also covers **consent issues**, **community ignorance**, and discomfort, and the likely **consequences** for women who do not have help to deal with the rape.



Sexuality through the Life Cycle

Six articles consider human sexuality as an important element throughout the life cycle. Topics include responsible adolescent sexuality, sex in and out of marriage, and sex in old age.



Old/New Sexual Concerns

Twelve selections discuss ongoing concerns of sexual abuse, violence, and harassment, gender roles and issues, and sex in the media.

- 36. These Women Uncovered Sexual Slavery in America**, Daniel Jeffreys, *Marie Claire*, August 1998. 174
Two women, Gillian Caldwell and Rima Kotow, one a high-powered attorney and the other a former strip club manager, have **risked their safety** to help authorities uncover and take action against **forced prostitution** in the New York Russian-American community. Readers will find their stories riveting.
- 37. When Preachers Prey**, Marcia L. Dyson, *Essence*, May 1998. 177
Marcia Dyson combines her own premarital experience, her current role as a **black minister's wife**, and the experiences of many others to describe what she calls the **flow of sex and power** between men in the pulpit and women in the pews. Reducing these **dangerous liaisons** will require fundamental changes.
- 38. Sex @ Work: What Are the Rules?** Gloria Jacobs with Angela Bonazvoglia, Ms., May/June 1998. 181
What is sexual harassment? What is **inappropriate versus illegal**? Starting from a premise with which we can all agree—that **the rules are confusing**—this article seeks to understand sexual harassment by examining laws, practices, and the experiences of people who have been abused.

B. LEGAL AND ETHICAL ISSUES RELATED TO SEX

- 39. The New Fertility**, Harbour Fraser Hodder, *Harvard Magazine*, November/December 1997. 187
This comprehensive review of the range of ART (**assisted reproductive technologies**) from fertility drugs, IVF (in vitro fertilization), GIFT (gamete intrafallopian transfer), ICSI (intracytoplasmic sperm injection), to embryo banking is timely and enlightening. Its exploration of the **promises and perils**—legal, ethical, personal, and societal—is both overwhelming and important.
- 40. Battling Backlash**, Marc Peyser, *Newsweek*, August 17, 1998. 198
Domestic-partnership benefits, **inheritance** rights for gays, protection from **discrimination** in housing or the work place—**equal rights or special treatment**? What about same-sex marriages, gay families qualifying for family memberships at community pools, or adoption rights for gays? Read about incidents of **tolerance**, intolerance, **backlash**, and backlash against the backlash.
- 41. Blocking Women's Health Care**, Melanie Conklin, *The Progressive*, January 1998. 200
Melanie Conklin begins this article with accounts of **nurses circumventing the protocol** of the Catholic hospital that employs them to distribute morning-after pills. It continues with **information and predictions** about how the increasing commonplace **affiliations of Catholic and public** health care services could affect **contraception and abortion** services.
- 42. The Last Abortion: How Science Could Silence the Debate**, Elinor Burkett, *Utne Reader*, May/June 1998. 203
Elinor Burkett asserts that very soon **science** could end the nearly three-decades-long **public** debate about **abortion**, but neither pro-choice nor pro-life forces want the confrontation to end. What do you think about her prediction and the technological likelihood of **medication taken in private** to end a pregnancy?
- 43. Is Sex a Necessity?** Geoffrey Cowley, *Newsweek*, May 11, 1998. 205
Should **health insurance** and/or public funds cover Viagra? What about other **sexual dysfunction treatments**? The answer depends on one's **beliefs**. What about other medications or treatments, such as antidepressants, antiobesity products, or baldness treatments that proponents say enhance the user's **quality of life**?

C. FOCUS: SEXUALITY IN THE NEW CENTURY . . . BETTER OR WORSE?

44. **Sex (American Style)**, Thomas Moore, *Mother Jones*, 207 September/October 1997.

As he wrote *The Soul of Sex*, Thomas Moore compared the **Internet** to the **Kama Sutra** and found that America's sexual style vacillates from puritan to stark and crude while the Indian style is more refined and humane. His advice to Americans: **Spice up your daily lives** and public structures with sex to **rediscover your souls**.

45. **The Gender Blur**, Deborah Blum, *Utne Reader*, September/October 1998. 211

Male or female, pink or blue, sugar and spice or puppy dog tails? It used to be quite clear. Today, gender is considered a **fluid social construct**: **men and women** wear makeup, smoke cigars, and, thanks to professional basketball player Dennis Rodman, wear wedding dresses. Is this the **disintegration** of values and roles or the birth of new and healthy **freedoms**?

46. **Sex in the Future: Virtuous and Virtual?** Kenneth Maxwell, *The Futurist*, July/August 1997. 215

Will the future be a **sexual utopia**? Kenneth Maxwell considers some new developments for the future of sex, such as the banishment of sexual ignorance and shame; openness and comfort to describe sexual communication; physicians who will be able to help patients have full, healthy, and lifelong sexual satisfaction; and legal and technological changes that will encourage a range of sex and intimacy options, including **virtual sex**.

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Last Abortion: How Science Could Silence the Debate, The (42)	203	Where There Is No Village: Teaching about Sexuality in Crisis Situations (4)	19
Men for Sale (20)	94	Where'd You Learn That? (29)	140
		World Made Flesh, The (5)	23
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C. FOCUS: SEXUALITY IN THE NEW CENTURY . . . BETTER OR WORSE?

- 44. Sex (American Style),** Thomas Moore, *Mother Jones*, **207**
September/October 1997.
As he wrote *The Soul of Sex*, Thomas Moore compared the **Internet** to the **Kama Sutra** and found that America's sexual style vacillates from puritan to stark and crude while the Indian style is more refined and humane. His advice to Americans: **Spice up your daily lives** and public structures with sex to **rediscover your souls**.
- 45. The Gender Blur,** Deborah Blum, *Utne Reader*, September/October 1998. **211**
Male or female, pink or blue, sugar and spice or puppy dog tails? It used to be quite clear. Today, gender is considered a **fluid social construct**: **men and women** wear makeup, smoke cigars, and, thanks to professional basketball player Dennis Rodman, wear wedding dresses. Is this the **disintegration** of values and roles or the birth of new and healthy **freedoms**?
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Topic Guide

This topic guide suggests how the selections and World Wide Web sites found in the next section of this book relate to topics of traditional concern to human sexuality students and professionals. It is useful for locating interrelated articles and Web sites for reading and research. The guide is arranged alphabetically according to topic.

The relevant Web sites, which are numbered and annotated on pages 6 and 7, are easily identified by the Web icon (Ⓢ) under the topic articles. By linking the articles and the Web sites by topic, this ANNUAL EDITIONS reader becomes a powerful learning and research tool.

TOPIC AREA	TREATED IN	TOPIC AREA	TREATED IN
Abortion	41. Blocking Women's Health Care 42. Last Abortion Ⓢ 1, 9, 16, 20, 21, 26	Gender/Gender Roles (Continued)	31. Raising Sexually Healthy Kids 32. Breaking through the Wall of Silence 34. Joy of Midlife Sex 37. When Preachers Prey 38. Sex @ Work 45. Gender Blur Ⓢ 4, 5, 6, 9, 10, 14, 16, 17, 29, 32
Abuse	2. Secrets and Lies 3. Another Planet 4. Where There Is No Village 35. Healing the Scars 36. These Women Uncovered Sexual Slavery in America 37. When Preachers Prey 38. Sex @ Work Ⓢ 30, 31	Homosexuality/Bisexuality	3. Another Planet 15. What Made Troy Gay? 16. Trans across America 17. Can Gays 'Convert'? 29. Where'd You Learn That? 32. Breaking through the Wall of Silence 40. Battling Backlash 45. Gender Blur 46. Sex in the Future Ⓢ 2, 7, 8, 9, 10, 16, 17, 24, 25, 29, 32
Aging	5. World Made Flesh 10. Impotency 14. Not Tonight, Baby 22. 'It' Doesn't Just Happen 34. Joy of Midlife Sex Ⓢ 22, 23, 25	Legal/Ethical Issues	2. Secret and Lies 3. Another Planet 12. America: Awash in STDs 15. What Made Troy Gay? 16. Trans across America 17. Can Gays 'Convert'? 29. Where'd You Learn That? 32. Breaking through the Wall of Silence 35. Healing the Scars 36. These Women Uncovered Sexual Slavery in America 37. When Preachers Prey 38. Sex @ Work 39. New Fertility 40. Battling Backlash 41. Blocking Women's Health Care 42. Last Abortion 43. Is Sex a Necessity? 46. Sex in the Future Ⓢ 1, 2, 20, 26
Birth Control/Contraception	2. Secrets and Lies 3. Another Planet 4. Where There Is No Village 24. Protecting against Unintended Pregnancy 25. How Reliable Are Condoms? 29. Where'd You Learn That? 41. Blocking Women's Health Care 46. Sex in the Future Ⓢ 1, 9, 16, 18, 19, 20, 21, 28	Males/Male Sexuality	1. In Search of Russia's "Strong Sex" 3. Another Planet 5. World Made Flesh 7. Men in Crisis 10. Impotency 11. Viagra Craze 15. What Made Troy Gay? 19. Brain Sex 20. Men for Sale 27. Six Dads Dish 29. Where'd You Learn That? 31. Raising Sexually Healthy Kids 37. When Preachers Prey 38. Sex @ Work 45. Gender Blur Ⓢ 7, 8, 9, 10, 13, 14, 15, 16, 17, 29
Females/Female Sexuality	2. Secrets and Lies 3. Another Planet 4. Where There Is No Village 5. World Made Flesh 6. Feminism: It's All about Me! 9. Your Sexual Landscape 14. Not Tonight, Baby 18. 1997 Body Image Survey 19. Brain Sex 26. Pregnant Pleasures 31. Raising Sexually Healthy Kids 34. Joy of Midlife Sex 35. Healing the Scars 36. These Women Uncovered Sexual Slavery in America 37. When Preachers Prey 38. Sex @ Work 45. Gender Blur Ⓢ 3, 5, 6, 7, 8, 9, 10, 14, 16, 17, 32		
Gender/Gender Roles	1. In Search of Russia's "Strong Sex" 5. World Made Flesh 6. Feminism: It's All about Me! 7. Men in Crisis 15. What Made Troy Gay? 16. Trans across America 18. 1997 Body Image Survey 19. Brain Sex 20. Men for Sale 22. 'It' Doesn't Just Happen		

TOPIC AREA	TREATED IN	TOPIC AREA	TREATED IN
Media	5. World Made Flesh 6. Feminism: It's All about Me! 7. Men in Crisis 12. America: Awash in STDs 16. Trans across America 17. Can Gay's 'Convert'? 18. 1997 Body Image Survey 23. Celibrate Passion 29. Where'd You Learn That? 32. Breaking through the Wall of Silence 38. Sex @ Work 44. Sex (American Style) 45. Gender Blur 46. Sex in the Future ☉ 2, 3, 26, 27	Sex Education (Continued)	30. Age-by-Age Guide to Nudity 31. Raising Sexually Healthy Kids 32. Breaking through the Wall of Silence 44. Sex (American Style) 46. Sex in the Future ☉ 1, 2, 16, 17, 24, 25, 29, 32
Pregnancy	2. Secrets and Lies 3. Another Planet 4. Where There Is No Village 24. Protecting against Unintended Pregnancy 26. Pregnant Pleasures 27. Six Dads Dish 28. Cost of Children 29. Where'd You Learn That? 39. New Fertility 41. Blocking Women's Health Care 46. Sex in the Future ☉ 5, 6, 9, 16, 18, 19, 20, 21	Sexual Dysfunction	2. Secrets and Lies 7. Men in Crisis 8. Recipes for Lust 9. Your Sexual Landscape 10. Impotency 11. Viagra Craze 14. Not Tonight, Baby 17. Can Gays 'Convert'? 18. 1997 Body Image Survey 22. 'It' Doesn't Just Happen 31. Raising Sexually Healthy Kids 33. Three Kinds of Sex Happy Couples Need 34. Joy of Midlife Sex 35. Healing the Scars 37. When Preachers Prey 38. Sex @ Work 44. Sex (American Style) 46. Sex in the Future ☉ 2, 6, 7, 8, 16, 17, 24, 25, 28, 29, 30, 31
Rape	(See Abuse)	Sexual Harrassment	(See Abuse)
Sex and Love	1. In Search of Russia's "Strong Sex" 5. World Made Flesh 6. Feminism: It's All about Me! 7. Men in Crisis 8. Recipes for Lust 10. Impotency 14. Not Tonight, Baby 19. Brain Sex 20. Men for Sale 21. Should You Leave? 22. 'It' Doesn't Just Happen 23. Celibrate Passion 26. Pregnant Pleasures 27. Six Dads Dish 29. Where'd You Learn That? 31. Raising Sexually Healthy Kids 33. Three Kinds of Sex Happy Couples Need 34. Joy of Midlife Sex 37. When Preachers Prey 44. Sex (American Style) 45. Gender Blur 46. Sex in the Future ☉ 2, 9, 11, 12, 13, 15, 16, 17, 22, 23, 24, 27	STDs (Sexually Transmitted Diseases)	3. Another Planet 4. Where There Is No Village 9. Your Sexual Landscape 12. America: Awash in STDs 13. Hepatitis C 25. How Reliable Are Condoms? 29. Where'd You Learn That? 36. These Women Uncovered Sexual Slavery in America 46. Sex in the Future ☉ 2, 6, 7, 8, 16, 24, 29
Sex Education	2. Secrets and Lies 3. Another Planet 4. Where There Is No Village 9. Your Sexual Landscape 10. Impotency 12. America: Awash in STDs 22. 'It' Doesn't Just Happen 24. Protecting against Unintended Pregnancy 29. Where'd You Learn That?	Therapy/ Counseling	8. Recipes for Lust 10. Impotency 11. Viagra Craze 14. Not Tonight, Baby 15. What Made Troy Gay? 17. Can Gays 'Convert'? 19. Brain Sex and the Language of Love 21. Should You Leave? 22. 'It' Doesn't Just Happen 32. Breaking through the Wall of Silence 33. Three Kinds of Sex Happy Couples Need 35. Healing the Scars 37. When Preachers Prey 44. Sex (American Style) 46. Sex in the Future ☉ 1, 2, 5, 6, 9, 13, 16, 29, 30, 31, 32

● AE: Human Sexuality

The following World Wide Web sites have been carefully researched and selected to support the articles found in this reader. If you are interested in learning more about specific topics found in this book, these Web sites are a good place to start. The sites are cross-referenced by number and appear in the topic guide on the previous two pages. Also, you can link to these Web sites through our DUSHKIN ONLINE support site at <http://www.dushkin.com/online/>.

The following sites were available at the time of publication. Visit our Web site—we update DUSHKIN ONLINE regularly to reflect any changes.

General Sources

1. National Institutes of Health (NIH)

<http://www.nih.gov>

Consult this site for links to extensive health information and scientific resources. The NIH is one of eight health agencies of the Public Health Service, which, in turn, is part of the U.S. Department of Health and Human Services.

2. SIECUS

<http://www.siecus.org>

Visit the Sexuality Information and Education Council of the United States (SIECUS) home page to learn about the organization, to find news of its educational programs and activities, and to access links to resources in sexuality education.

Sexuality and Society

3. Human Rights Report: India

<http://www.usis.usemb.se/human/india.html>

Read this U.S. Department of State USIS (U.S. Information Service) report on India's human rights practices for an understanding of the issues that affect women's mental and physical health and well-being in different parts of the world.

4. National Organization of Circumcision Information Resource Centers (NOCIRC)

<http://nocirc.org>

This is the home page of the NOCIRC, which describes itself as "a nonprofit educational organization committed to securing the birthright of male and female children and babies to keep their sexual organs intact." It disseminates material about male and female circumcision.

5. Q Web Sweden: A Women's Empowerment Base

<http://www.qweb.kvinnoforum.se/index.htm>

This site will lead you to a number of pages addressing women's health issues and discussing societal issues related to sex. It provides interesting cross-cultural perspectives.

6. SocioSite: Feminism and Woman Issues

<http://www.pscw.uva.nl/sociosite/TOPICS/Women.html>

Open this University of Amsterdam Sociology Department's site to gain insights into a number of issues that affect both men and women. It provides biographies of women in history, an international network for women in the workplace, and links to family and children issues, and more.

Sexual Biology, Behavior, and Orientation

7. Bibliography: HIV/AIDS and College Students

<http://www.sph.emory.edu/bshe/AIDS/college.html>

This Emory University site contains an in-print bibliography of articles dealing with HIV/AIDS and college students. Some 75 articles addressing sexual behaviors and behaviors related to HIV/AIDS, primarily from academic and professional journals, are listed.

8. The Body: A Multimedia AIDS and HIV Information Resource

<http://www.thebody.com/cgi-bin/body.cgi>

On this site you can find the basics about AIDS/HIV, learn about treatments, exchange information in forums, and gain insight from experts.

9. Healthy Way

<http://www.ab.sympatico.ca/Contents/Health/GENERAL/sitemap.html>

This Canadian site, which is directed toward consumers, will lead you to many links related to sexual orientation. It also addresses aspects of human sexuality over the life span, general health, and reproductive health.

10. Hispanic Sexual Behavior and Gender Roles

<http://www.caps.ucsf.edu/hispnews.html>

This research report from the University of California at San Francisco Center for AIDS Prevention Studies describes and analyzes Hispanic sexual behavior and gender roles, particularly as regards prevention of STDs and HIV/AIDS. It discusses gender and cultural differences in sexual behavior and expectations and other topics of interest.

11. James Kohl

<http://www.pheromones.com>

Keeping in mind that this is a commercial site with the goal of selling a book, look here to find topics of interest to non-scientists about pheromones. Links to related material of a more academic nature are included. Check out the diagram of "Mammalian Olfactory-Genetic-Neuronal-Hormonal-Behavioral Reciprocity and Human Sexuality" for a sense of the myriad biological influences that play a part in sexual behavior.

12. Johan's Guide to Aphrodisiacs

<http://www.santesson.com/aphrodis/aphrhome.htm>

"The Aphrodisiac Home Page" provides links to information about a multitude of substances that some believe arouse or increase sexual response or cause or increase sexual desire. Skepticism about aphrodisiacs is also discussed.

Interpersonal Relationships

13. American Psychological Association

<http://www.apa.org/psychnet/>

By exploring the APA's "PsychNET," you will be able to find links to an abundance of articles and other resources related to interpersonal relationships throughout the life span.

14. Bonobos Sex and Society

<http://soong.club.cc.cmu.edu/~julie/bonobos.html>

This site, accessed through Carnegie Mellon University, includes an article explaining how a primate's behavior challenges traditional assumptions about male supremacy in human evolution.

15. The Celibate FAQ

<http://mail.bris.ac.uk/~plmlp/celibate.html>

Martin Poulter's definitions, thoughts, and suggested resources on celibacy, created, he says, "in response to the lack of celibate stuff (outside religious contexts) on the Internet," and his perception of the Net's bias against celibacy can be found on this site.

16. Go Ask Alice

<http://www.goaskalice.columbia.edu>

This interactive site provided by Healthwise, a division of Columbia University Health Services, includes discussion and insight into a number of personal issues of interest to college-age people—and those younger and older. Many questions about physical and emotional health and well-being in the modern world are answered.

17. Sex and Gender

<http://www.bioanth.cam.ac.uk/pip4amod3.html>

Use the syllabus, lecture titles, and readings noted in this site to explore sexual differentiation in human cultures, the genetics of sexual differentiation, and the biology of sex roles in nonhumans.

Reproduction

18. Ask NOAH About Pregnancy: Fertility & Infertility

<http://www.noah.cuny.edu/pregnancy/fertility.html>

New York Online Access to Health (NOAH) seeks to provide relevant, timely, and unbiased health information for consumers. At this site, the organization presents extensive links to a variety of resources about infertility treatments and issues.

19. Childbirth.Org

<http://www.childbirth.org>

This interactive site about childbirth options is from an organization that aims to educate consumers to know their options and provide themselves with the best possible care to ensure healthy pregnancies and deliveries. The site and its links address a myriad of topics, from episiotomy to water birth.

20. Medically Induced Abortion

<http://medicalabortion.com/index.htm>

Access this home page of physician Richard Hausknecht to read his very detailed *New England Journal of Medicine* article about medical abortion using methotrexate and misoprostol. A bibliography is included.

21. Planned Parenthood

<http://www.plannedparenthood.org>

Visit this well-known organization's home page for links to information on the various kinds of contraceptives (including outercourse and abstinence) and to discussions of other topics related to sexual and reproductive health.

Sexuality through the Life Cycle

22. American Association of Retired Persons (AARP)

<http://www.aarp.org>

The AARP, a major advocacy group for older people, includes among its many resources suggested readings and Internet links to organizations that deal with the health and social issues that may affect one's sexuality as one ages.

23. National Institute on Aging (NIA)

<http://www.nih.gov/nia/>

The NIA, one of the institutes of the National Institutes of Health, presents this home page to lead you to a variety of resources on health and lifestyle issues that are of interest to people as they grow older.

24. Teacher Talk

<http://education.indiana.edu/cas/tt/tthmpg.html>

This home page of the publication *Teacher Talk* from the Indiana University School of Education Center for Adolescent

Studies will lead you to many interesting teacher comments, suggestions, and ideas regarding sexuality education and how to deal with sex issues in the classroom.

25. World Association for Sexology

<http://www.tc.umn.edu/nlhome/m201/cole001/was/wasindex.htm>

The World Association for Sexology works to further the understanding and development of sexology throughout the world. Access this site to explore a number of issues and links related to sexuality throughout life.

Old/New Sexual Concerns

26. Abortion Law Homepage

http://members.aol.com/_ht_a/abtrbng/index.htm

This page explains the background and state of abortion law in the United States. *Roe v. Wade*, *Planned Parenthood v. Casey*, feticide cases, and statutes are among the important subjects discussed.

27. Cyber Romance 101

<http://web2.airmail.net/walraven/romance.htm>

This interactive site explores a very '90s topic: relationships forged on the Internet. Browse here to hear various viewpoints on the issue. Advice columnists and psychologists add their perspectives.

28. Infertility Resources

<http://www.ihr.com/infertility/index.html>

This site includes links to the Oregon Health Sciences University Fertility Program and the Center for Reproductive Growth in Nashville, Tennessee. Ethical, legal, financial, psychological, and social issues are discussed.

29. Men's Health Resource Guide

<http://www.menshealth.com/new/guide/index.html>

This resource guide from *Men's Health* presents many links to topics in men's health, from AIDS/STDs, to back pain, to impotence and infertility, to vasectomy. It also includes discussions of relationship and family issues.

30. Other Sexual Violence Resources on the Web

<http://www.witserv.com/org/ocrcc/resource/resource.htm>

Open this useful site for links to other sexual violence pages. For example, it has a link to "Men against Rape," a site maintained by the D.C. Men against Rape organization, providing men's perspectives on sexual violence.

31. Sexual Assault Information Page

<http://www.cs.utk.edu/~bartley/saInfoPage.html>

This invaluable site provides dozens of links to information and resources on a variety of sexual assault-related topics: child sexual abuse, date rape, incest, secondary victims, and offenders.

32. Women's Studies Resources

<http://www.inform.umd.edu/EdRes/Topic/WomensStudies/>

This site from the University of Maryland provides a wealth of resources related to women's studies. You can find links to such topics as body image, comfort (or discomfort) with sexuality, personal relationships, pornography, and more.

We highly recommend that you review our Web site for expanded information and our other product lines. We are continually updating and adding links to our Web site in order to offer you the most usable and useful information that will support and expand the value of your Annual Editions. You can reach us at:
<http://www.dushkin.com/annualeditions/>