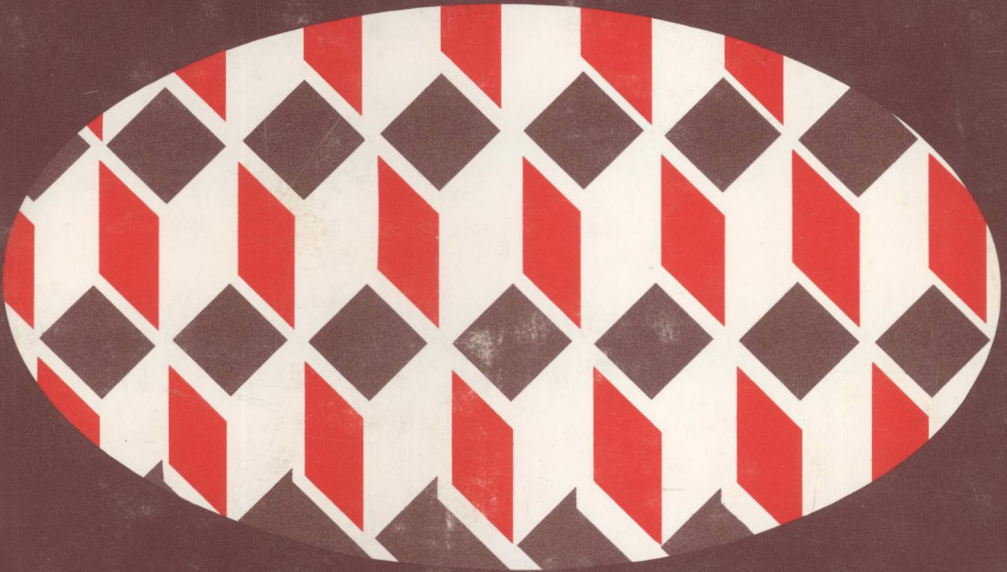


# **FAMILY STUDIES Review Yearbook**

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**Volume 3**



**Brent C. Miller  
David H. Olson  
Editors**

**FAMILY STUDIES**  
**Review Yearbook**  

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**Volume 3**

**1985**

The most comprehensive survey of the family studies field to date, **Family Studies Review Yearbook** is designed to offer an annual selection of the best and most relevant published and unpublished works. A distinguished Board of Editors ensures that articles communicate timely theoretical, empirical, and practical advances, as well as important insights into major issues. An essential reference for researchers, scholars, practitioners, policymakers, and students concerned with developments in contemporary knowledge of the family.

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## *About the Editors*

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## *Preface*

Selecting articles for this yearbook has been both a challenging and gratifying process. It has provided us with a more panoramic perspective of the field and has given us a greater appreciation of the wealth of information that is published about marriages and families. It is also gratifying to see the specific advances that have been made conceptually, empirically, and clinically in various specialty areas. The 43 articles included in Volume 3 of the *Family Studies Review Yearbook* provide a rather comprehensive picture of eight important topic areas in the family field.

In this third volume we have highlighted topics that are timely and relevant. The articles selected are not only salient, but they also provide useful theoretical and empirical integration and insights. In addition, they are illustrative of the systematic and innovative approaches that have been used to investigate these topical areas.

We anticipated that the process of selecting the topics and the articles for this annual volume would be very difficult and demanding. However, the process was made much easier by the excellent work of the editorial board. First of all, we were very pleased that such a distinguished group of colleagues was willing to join the editorial board and to take time to select articles for this volume. They made the process still easier by completing their selections on a tight schedule. It also helped that there was such a high level of agreement between them on the specific articles they recommended. Often the same article was selected by two or three reviewers in a given content area.

Not only was the process made easier than we anticipated, but the outcome has also exceeded our expectations. Our thanks, therefore, go to the scholars who have chosen the family field as one worthy of study. Most important, they are the individuals ultimately responsible for the high quality of the articles included in this volume.

We wish to thank our department heads and secretarial staff at both Utah State University and the University of Minnesota for their cooperative spirit. We also greatly appreciate the understanding and support provided by our partners and families.

B.C.M. & D.H.O.



## INTRODUCTION AND OVERVIEW

*Brent C. Miller and David H. Olson*

In this third volume of the *Family Studies Review Yearbook*, we have included articles that represent the best in the field; some have already become classics in their specialty areas. These 43 articles were selected from a potential group of over 5,000 published and unpublished manuscripts. Selections were made by 28 experts in specialized areas of the family profession who served on the editorial board of the yearbook. The peer review process greatly facilitated the selection of high-quality articles.

We think that the articles included are on the cutting edge of the field both conceptually and empirically and that they will also serve as benchmarks of the field for years to come. Criteria for selecting the articles were content excellence, relevance to the content area, and the significance to the field.

The eight topic areas selected for Volume 3 are among the most salient and sometimes controversial facing the marriage and family field: *family health and medicine, family therapy, marital therapy, sexuality and the family, work and family life, adulthood and aging, kinship, and cross-cultural studies*.

The broad, multidisciplinary scope of the volume is also demonstrated by the fact that the 43 articles were selected from 27 professional journals. The journals represent not only the traditional family journals, but also those from specialty areas and from a range of other disciplines. A complete listing of the journals from which articles were taken is provided in Table 1.

### PART I: FAMILY HEALTH AND MEDICINE

Family medicine as a discipline is beginning to have a growing impact on both the medical profession and family therapy fields. While still in its early phase of development, the research has demonstrated a clear relationship between family function and physical symptoms. The articles in this section are on the cutting edge of the field conceptually and empirically. They demonstrate the salience of family dynamics in the etiology, treatment maintenance, and treatment effectiveness of a variety of physical symptoms.

Family physicians have raised the awareness of the importance of involving the family in the treatment of a variety of physical problems. David Schmidt



**TABLE 1**  
**Sources of Articles for *Family Studies Review Yearbook*, Volume 3**

<i>Source of Article</i>	<i>Number of Articles</i>
Academy of Management Review	1
Alternative Lifestyles	1
American Journal of Family Therapy	3
American Journal of Orthopsychiatry	1
American Journal of Psychiatry	1
American Sociological Review	2
Archives of Sexual Behavior	1
Developmental Psychology	1
Family Process	4
Family Relations	1
Family Systems Medicine	1
The Gerontologist	2
International Journal of Comparative Sociology	1
International Journal of Family Therapy	1
International Journal of Family Psychiatry	1
Journal of Anthropological Research	1
Journal of Comparative Family Studies	1
Journal of Family History	1
Journal of Family Practice	2
Journal of Gerontology	1
Journal of Marital and Family Therapy	4
Journal of Marriage and the Family	6
Journal of Occupational Psychology	1
Journal of Sex and Marital Therapy	1
Journal of Sex Research	1
Marriage and Family Review	1
Organizational Behavior and Human Performance	1
Total	43

clearly describes 14 medical conditions that, according to recent research studies, either directly or indirectly have an impact on the family, and vice versa. He describes the advantages of involving family members in the treatment process and illustrates the advantages with a case example that shows the positive impact of this procedure.

While family health and family therapy have developed as separate disciplines to date, collaboration between these two fields is increasing. Lucy Candib and Michael Glenn describe the differences between the two groups in terms of the number of family members seen, the appropriateness of including various family members, the contracting process, and the time involvement with family members. There is now a greater convergence between the two groups in terms of the etiology of illness, the nature of change, and the therapeutic techniques used in intervention. A collaborative model is proposed as being mutually beneficial to both fields and to the treatment of the families.