

MEASURING LIVELIHOODS

AND ENVIRONMENTAL DEPENDENCE

Methods for Research and Fieldwork



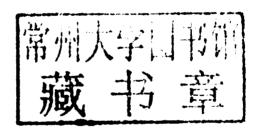
Edited by

Arild Angelsen, Helle Overgaard Larsen, Jens Friis Lund, Carsten Smith-Hall and Sven Wunder

Measuring Livelihoods and Environmental Dependence

Methods for Research and Fieldwork

Edited by
Arild Angelsen, Helle Overgaard Larsen, Jens Friis Lund,
Carsten Smith-Hall and Sven Wunder





First published in 2011 by Earthscan

Copyright © Arild Angelsen, Helle Overgaard Larsen, Jens Friis Lund, Carsten Smith-Hall and Sven Wunder 2011

All rights reserved. No part of this publication may be reproduced, stored in a retrieval system, or transmitted, in any form or by any means, electronic, mechanical, photocopying, recording or otherwise, except as expressly permitted by law, without the prior, written permission of the publisher.

Earthscan Ltd, Dunstan House, 14a St Cross Street, London EC1N 8XA, UK Earthscan LLC, 1616 P Street, NW, Washington, DC 20036, USA Earthscan publishes in association with the International Institute for Environment and Development

For more information on Earthscan publications, see www.earthscan.co.uk or write to earthinfo@earthscan.co.uk

ISBN: 978-1-84971-132-6 hardback ISBN: 978-1-84971-133-3 paperback

Typeset by OKS Prepress Cover design by Clifford Hayes

A catalogue record for this book is available from the British Library

Library of Congress Cataloging-in-Publication Data

Measuring livelihoods and environmental dependence : methods for research and fieldwork / Arild Angelsen ... [et al.].

p. cm.

001.4'33--dc22

Includes bibliographical references and index. ISBN 978-1-84971-132-6 (hb) – ISBN 978-1-84971-133-3 (pb)

1. Household surveys—Developing countries—Methodology. 2. Questionnaires—Developing countries—Methodology. 3. Rural poor—Developing countries. 4. Rural development—Environmental aspects—Developing countries 5. Developing countries—Rural conditions. I. Angelsen, Arild.

HB849.49.M43 2011

At Earthscan we strive to minimize our environmental impacts and carbon footprint through reducing waste, recycling and offsetting our CO₂ emissions, including those created through publication of this book. For more details of our environmental policy, see www.earthscan.co.uk.

Printed and bound in the UK by CPI Antony Rowe. The paper used is FSC certified.



2010047736

Contributors

Arild Angelsen, Professor, Department of Economics and Resource Management, Norwegian University of Life Sciences (UMB), Ås, Norway, and Senior Associate and Poverty Environment Network (PEN) coordinator, Center for International Forestry Research (CIFOR), Bogor, Indonesia. He has done research and published extensively on causes of deforestation, forest and climate (REDD+), and environmental income and poverty. His fieldwork experience is from Indonesia and Eastern Africa. arild.angelsen@umb.no

Ronnie Babigumira, Research Fellow, CIFOR, Bogor, Indonesia. He has done work on land-use change, protected areas and economic growth in Uganda. He has extensive experience working with and teaching statistics using Stata, and is responsible for creating and managing the global data set in PEN. r.babigumira@cgiar.org

Brian Belcher, Professor and Director, Centre for Livelihoods and Ecology, Royal Roads University, Victoria, Canada, and Senior Associate Scientist, CIFOR. His work focuses on understanding and improving the contribution of natural resources to meet development and environmental objectives. He has extensive field experience in Asia and Africa and in Canada. brian.belcher@royalroads.ca

Theresa Bell, Writing Centre Coordinator, Royal Roads University, Victoria, Canada. Her research interests are the methods by which writing centres can help mature students overcome their fears of academic writing, and the use of online writing labs to facilitate writing instruction for distance students. theresa.bell@royalroads.ca

Georgina Cundill, Research Associate, Department of Environmental Science and Post Doctoral Fellow, Department of Environmental Science and the Environmental Learning Research Centre, Rhodes University, Grahamstown, South Africa. She has done research in the areas of social—ecological resilience, collaborative ecosystem management, social learning, multi-scale governance and rural livelihoods. She has fieldwork experience in South Africa, Peru and Chile. georgina.cundill@gmail.com

Amy Duchelle, Research Fellow, CIFOR, Brazil. Her research has focused on community forest management and rural livelihoods in Amazonia with

fieldwork experience in Brazil, Bolivia, Peru and Ecuador. She currently coordinates field research for CIFOR's Global Comparative Study on REDD+ in Latin America. a.duchelle@cgiar.org

Sugato Dutt, Doctoral Candidate, Department of Geography, University of Hawaii, Manoa, and Graduate Degree Fellow, East West Center, Honolulu. He has done research on park—people relationships in North Bengal, India. He has also served as a park manager in Tamil Nadu state, India, and a trainer at the Wildlife Institute of India. sugato@hawaii.edu

Pamela Jagger, Assistant Professor, Department of Public Policy and Faculty Fellow, Carolina Population Center, University of North Carolina, Chapel Hill, US, and Senior Associate, CIFOR, Bogor, Indonesia. Her research is focused on the livelihood impacts of natural resource management policies, programmes and projects in sub-Saharan Africa with fieldwork experience in Ethiopia, Uganda and Zimbabwe. pjagger@unc.edu

Helle Overgaard Larsen, Associate Professor, Danish Centre for Forest, Landscape and Planning, University of Copenhagen. She has done research on forest-people interactions, with a focus on livelihood issues, in Nepal and Tanzania. More recently she initiated work on rural livelihoods, community forestry and climate change in Nepal. hol@life.ku.dk

M. K. (Marty) Luckert, Professor, Department of Rural Economy, University of Alberta, Edmonton, Canada, and Research Associate, CIFOR, Bogor, Indonesia. He has done research on livelihoods among poor people using natural resources, with an emphasis on understanding property rights. His fieldwork experience in developing countries is largely from southern Africa. marty.luckert@ualberta.ca

Jens Friis Lund, Associate Professor, Danish Centre for Forest, Landscape and Planning, University of Copenhagen. His research has focused on natural resources decentralization and community forestry, particularly in Tanzania and Nepal. He has recently done research on high forest management and the prospects of REDD+ in Ghana. jens@life.ku.dk

Øystein Juul Nielsen, Post Doc, Danish Centre for Forest, Landscape and Planning, University of Copenhagen. His research concentrates on rural livelihood analyses in developing countries. He is presently doing research on asset dynamics and economic mobility in Nepal. His fieldwork experience also includes eastern Africa. ojn@life.ku.dk

Victoria Reyes-García, ICREA Professor, Institut de Ciència i Tecnologia Ambientals, Universitat Autònoma de Barcelona, Spain. Her research interests include ethnoecology, traditional knowledge systems and community—based conservation. Her fieldwork experience is from Bolivia, Ecuador and India. victoria.reyes@uab.cat

Sheona Shackleton, Senior Lecturer, Department of Environmental Science, Rhodes University, Grahamstown, South Africa. Her research has focused on rural livelihood systems, non-timber forest products and community-based natural resource management, with fieldwork experience from several countries in southern Africa. S.Shackleton@ru.ac.za

Gerald Shively, Professor and University Faculty Scholar, Department of Agricultural Economics, Purdue University, US, and Adjunct Professor, Department of Economics and Resource Management, Norwegian University of Life Sciences (UMB), Ås, Norway. He has conducted survey-based research in more than a dozen countries in Asia, Africa and Latin America on a range of issues related to agricultural development and the environment. shivelyg@purdue.edu

Carsten Smith-Hall, Professor, Danish Centre for Forest, Landscape and Planning, University of Copenhagen and Coordinator for the Forest and Nature for Society global PhD programme and the Sustainable Tropical Forestry joint European MSc programme. His research has focused on commercial utilization of Himalayan biodiversity; current research interests are forest-livelihood relationships, including the role of forests in maintaining human health. cso@life.ku.dk

William D. Sunderlin, Principal Scientist, Governance Programme, CIFOR, Bogor, Indonesia. In CIFOR's Global Comparative Study on REDD, he leads the component on REDD+ project sites. He has conducted research on the underlying causes of deforestation, poverty and well-being, tenure and rights, and climate change. w.sunderlin@cgiar.org

Sven Wunder, Principal Economist and Head of the Brazil office of CIFOR. His main work areas are payments for environmental services, deforestation and forest-poverty linkages. He has published ten books and about 50 academic articles and book chapters. He has advised both small-scale and government conservation programmes, especially in Latin America. s.wunder@cgiar.org

Miriam Wyman, Adjunct Professor, Department of Environment and Society, Utah State University, US. Her research in the Maya Forest region countries of Belize and Mexico has focused on forest livelihoods, the effectiveness of conservation initiatives (for example, nature-based tourism) and protected areas. She is currently involved in a project on best practices for tourism concessions in protected areas worldwide. miriam.wyman@usu.edu

Foreword

Understanding rural livelihoods is one crucial key to putting an end to global poverty. As the authors of this book have demonstrated elsewhere, environmental resources can make up a considerable portion of the livelihood portfolio. But measuring environmental dependence is far from simple, and most of the standard surveys that are undertaken miss many of the environmental resources that are collected, consumed and sold by rural people. With partial surveys comes partial understanding — that will not be the basis of what is needed to drive development and empower rural households.

This book sets out a conceptual framework and method for a deep understanding of rural livelihoods and environmental dependence. It brings together the leading thinkers in this field. It is also the foundation for the global analysis of environmental dependence involving more than 30 PhD students and their supervisors.

This foreword has to end with a personal note. I got to know William Cavendish in the late 1990s when he was doing a highly innovative PhD in rural Zimbabwe. His methods of environmental accounting at household level inspired us to undertake further such studies. Then, in the early 2000s, discussions with colleagues at CIFOR led to the Poverty Environment Network (PEN). I am particularly grateful to Sven Wunder and Arild Angelsen for their considerable work to make PEN a reality, and to the authors for bringing this book to fruition. This book provides a solid methodological foundation for designing and implementing household and village surveys to quantify rural livelihoods, with an emphasis on environmental income and reliance in developing countries.

Bruce Campbell

Director, Program on Climate Change, Agriculture and Food Security (CCAFS) of the Consultative Group on International Agricultural Research

Preface

This book is an output of a large collaborative research project – the Poverty Environment Network (PEN), coordinated by the Center for International Forestry Research (CIFOR) and involving about 30 institutions and 50 individuals across the globe. When PEN was established in 2004, a central aim was to promote better practices for collecting field data to quantify the role of environmental resources in rural livelihoods. But, we quickly realized that the topic goes beyond the allegedly 'simple' issues of questionnaire design and interview techniques, and involves the full research process – from the initial research idea through hypotheses formulation and data collection to analysis and presentation of results. It is not only about asking the questions right, it is also about asking the right questions. This book therefore deals with all the essential steps of the research process.

We would like to sincerely thank all those involved in the PEN project and the preparation of this book. The 33 PEN partners did the hard fieldwork and shared their experiences. These provided valuable lessons that are reflected in the book. Several PEN partners are also chapter or box authors.

The other main group of contributors are PEN resource persons, who have supervised PEN partners, commented on the research tools, attended workshops and responded to various questions arising as PEN went along. Together with the CIFOR scientists involved, they provided the intellectual leadership of the project. Most of the resource persons are chapter authors.

Many chapters have been reviewed by other authors. Finn Helles of the University of Copenhagen gave the penultimate manuscript a critical read and provided valuable suggestions.

The PEN project is co-funded by the Department for International Development (DFID) through the Economic and Social Research Council (ESRC) in the UK, Danida through the Consultative Research Committee for Development Research, and USAID through the AMA-BASIS CRSP programme, and CIFOR core funding. The support from CIFOR management is also acknowledged. PEN started without any secured external funding, based on a belief that 'good ideas eventually get funded'. Several PEN partners also received fieldwork support from the International Foundation for Science (IFS).

Acronyms and Abbreviations

BINGO big international non-governmental organization

CBS Community Baboon Sanctuary

CI confidence interval

CIFOR Center for International Forestry Research

FECONACO Federación de Comunidades Nativas del Río Corrientes

GPS global positioning system GUI graphical user interface

ICDP integrated conservation and development project

ICREA Institució Catalana de Recerca i Estudis Avanfats (Catalan

Institution for Research and Advanced Studies)

ICRISAT International Crops Research Institute for the

Semi-Arid Tropics

IFRI International Forestry Resources and Institutions

IUCN The World Conservation Union

LSMS Living Standards Measurement Survey

NGO non-governmental organization
NTFP non-timber forest product
OLS Ordinary Least Squares
OUI observation unit identifier
PAR Participatory Action Research
PEN Poverty Environment Network

PES payments for environmental services
PLA Participatory Learning Approach
PRA Participatory Rural Appraisal
RCT randomized controlled trial

REDD Reducing Emissions from Deforestation and Forest

Degradation

RRT Randomized Response Technique
SLF Sustainable Livelihoods Framework
UAB Autonomous University of Barcelona

WTA willingness to accept
WTP willingness to pay

Without these various sources of financial support, the PEN project (and this book) would not have materialized.

Finally, we would like to thank Earthscan and Tim Hardwick for their support – and patience – during the publication process.

Arild Angelsen, Helle Overgaard Larsen, Jens Friis Lund, Carsten Smith-Hall and Sven Wunder

Ås (Norway), Copenhagen (Denmark), Rio de Janeiro (Brazil)

October 2010

Contents

List of Figures, Tables and Boxes	is
Contributors	xi
Foreword	XI
Preface	xv
Acronyms and Abbreviations	xvii
1 Why Measure Rural Livelihoods and Environmental Dependence? Arild Angelsen, Helle Overgaard Larsen, Jens Friis Lund, Carsten Smith-Hall and Sven Wunder	1
2 Why Do Field Research? Victoria Reyes-García and William D. Sunderlin	17
3 Composing a Research Proposal Arild Angelsen, Carsten Smith-Hall and Helle Overgaard Larsen	33
4 Sampling: Who, How and How Many? Gerald Shively	51
5 Collecting Contextual Information Georgina Cundill, Sheona Shackleton and Helle Overgaard Larsen	71
6 The Division of Labour Between Village, Household and Other Surveys Pamela Jagger and Arild Angelsen	89
7 Designing the Household Questionnaire Arild Angelsen and Jens Friis Lund	107
8 Valuing the Priceless: What Are Non-Marketed Products Worth? Sven Wunder, Marty Luckert and Carsten Smith-Hall	127
9 Preparing for the Field: Managing AND Enjoying Fieldwork Pamela Jagger, Amy Duchelle, Sugato Dutt and Miriam Wyman	147
10 Hiring, Training and Managing a Field Team Pamela Jagger, Amy Duchelle, Helle Overgaard Larsen and Øystein Juul Nielsen	163

11 Getting Quality Data Jens Friis Lund, Sheona Shackleton and Marty Luckert	175
12 Data Entry and Quality Checking Ronnie Babigumira	191
13 An Introduction to Data Analysis Gerald Shively and Marty Luckert	209
14 Communicating Research for Influence and Impact Brian Belcher, Ronnie Babigumira and Theresa Bell	227
Index	247

List of Figures, Tables and Boxes

	F	İ	g	u	r	е	S
--	---	---	---	---	---	---	---

1.1	The timing of village and household surveys in a PEN study	6
1.2	Geographical location of the PEN study sites and lists of	
	site-responsible scientists	7
1.3	Overview of the relationship between the research process	
	and chapter content	10
3.1	Chewing the apple: Eight key bites in preparing a research proposal	34
4.1	Balancing theoretical concerns and practical considerations	52
5.1	The Sustainable Livelihoods Framework (SLF)	74
5.2	A trend line exercise showing declining water quality in a village	
	in the Eastern Cape, South Africa between 1960 and 2000	78
5.3	Example of a Venn diagram	81
6.1	Income portfolio shares	100
12.1	The process of data checking	194
12.2	An example of how not to proceed: Mixing raw data, aggregate	
	data and data analysis	199
12.3	Example of uncovering illegal data entry using graphics	203
12.4	Example of Stata query to find illegal data entry	204
13.1	Forest clearing among agricultural households in the Philippines, 1995	211
13.2	Labour and output among agricultural households in the	
	Philippines, 1995	213
13.3	Farm size and forest income shares in Uganda, 2008	214
14.1	Average share of total household income: Pie chart	238
14.2	Average share of total household income: Dot plot chart	239
14.3	Average share of total household income: Bar chart	239
Tabl	es	
3.1	An example of the research matrix in relation to the specific objective	
	'to analyse the roles of forest resources in rural livelihood strategies'	45
6.1	Matrix for deciding scale and methods for data collection	91
7.1	Quarterly forest and environmental income figures elicited with	
7.0	different recall periods (Nepalese Rupees)	114
7.2	Example of table to record forest income	115
10.1	Proposed training schedule for enumerators with prior experience	168

x Measuring Livelihoods and Environmental Dependence

10.2	Protocol for checking questionnaires	172
12.1	- · · · · · · · · · · · · · · · · · · ·	
	than numbers	195
12.2	Further illustration of the problem with using text rather than	
	numbers when coding	196
12.3	· ·	197
12.4		200
12.5	• .	202
12.6		205
13.1	*	213
13.2	The state of the s	221
14.1		237
Вох	«es	
2.1	The birth of fieldwork	19
2.2	Fieldwork as an eye-opener: An example from Guatemala	23
2.3	Participatory ethnocartography with the Achuar, Peru	23
2.4	Returning information to participants: The Community	
	Baboon Sanctuary, Belize	26
3.1	An outline of the research proposal	35
3.2	Four generic indicators of the quality of a research proposal	38
3.3	Characteristics of a good literature review	41
4.1	Sampling terminology	52
4.2	Two-dimensional sampling	60
4.3	How many observations?	62
4.4	Experimental treatments and natural experiments	66
4.5	Further reading	70
5.1	The five capitals of the Sustainable Livelihood Framework (SLF)	74
5.2	Example of a matrix exercise summarizing what crops are cultivated,	
	the most important reason for their cultivation and the most important	
	markets for these crops	78
5.3	Example of Venn diagram illustrating engagement with forest utilization	81
5.4	The vulnerability context	84
5.5	Assessing well-being	85
6.1	Participatory techniques versus detailed accounting approaches: Do the	
	methods matter?	100
7.1	Types of variables	109
7.2	The importance of recollection periods	114
7.3	Some practical tips for questionnaire design	122
7.4	Learning from the Living Standards Measurement Study	124
8.1	Bringing Adam Smith to the field	130
8.2	Can all non-marketed forest products be valued?	139
9.1	Politics surrounding land tenure: Forest officials and their relationship	
	with communities	150

List of Figures, Tables and Boxes xi

9.2	In memory of Vanessa Annabel Schäffer Sequeira (1970–2006)	160
11.1	On measurement error	176
11.2	Triangulation using information previously obtained in a survey	183
11.3	How to ask about sensitive issues	184
13.1	What type of analysis?	210
13.2	Choosing software	212
13.3	Measuring impacts	218
13.4	Passing the 'laugh test'	223
13.5	Further reading	224
14.1	Resist the temptation of the pie chart	238
14.2	Writing resources	243

Chapter 1

Why Measure Rural Livelihoods and Environmental Dependence?

Arild Angelsen, Helle Overgaard Larsen, Jens Friis Lund, Carsten Smith-Hall and Sven Wunder

There is in my opinion a right way and we are capable of finding it. Albert Einstein (1954, *Ideas and Opinions*, Crown Publishers, New York)

The hidden harvest

Measuring rural livelihoods and environmental dependence is not straightforward. Environmental resources are important to millions of poor households in developing countries, yet there is not an established right way to systematically collect data that convey their importance. Such resources, harvested in noncultivated habitats ranging from natural forests to rangelands and rivers, often contribute significantly to households' current consumption, provide safety nets or pathways out of poverty. The uncertainty regarding the numbers can easily lead to either under- or overestimations (Angelsen and Wunder, 2003). Environmental income often consists of many different and sometimes irregularly collected resources: the forest fruits picked during herding, the medicinal plants collected when grandfather was sick, last month's particularly rich fish catch, and so on. A myriad of resources gathered from multiple sources makes environmental income much harder to recall and quantify than a single annual corn or sorghum harvest. A high share of environmental resources are not traded in markets but consumed directly, further complicating their valuation. The body of literature quantifying environmental resources in rural livelihoods is slowly increasing (for example, Cavendish, 2000; Fisher, 2004; Mamo et al, 2007; Vedeld et al, 2007; Narain et al, 2008; Babulo et al, 2009; Kamanga et al, 2009), but has yet to be widely acknowledged in rural

development circles – as becomes evident from recent reviews of rural income and livelihood studies that exclude environmental income (for example, Ellis and Freeman, 2005a).

The general shortage of a representative sample of studies, coupled with the diversity in the quality and methods used in the few existing ones, leave key questions unanswered: how important are environmental resources for poverty alleviation in quantitative terms? When they are important, is it because they can help lift the poor out of poverty or are they mainly useful as gap fillers and safety nets preventing extreme hardship? How do different resource management regimes and policies affect the benefits accruing to the poor? Answers to such questions are essential to design effective policies and projects to alleviate rural poverty. Yet, there is surprisingly little systematic knowledge to answer them adequately.

Published and unpublished quantitative environmental income studies are hard to compare due to methodological differences. In a summary of 54 studies on household environmental income, Vedeld et al (2004, pxiv) noted: 'The studies reviewed displayed a high degree of theoretical and methodological pluralism, and the substantial variability in reporting of specific variables and results is partly explained through such pluralism. This variability must, however, also be attributed to methodological pitfalls and weaknesses observed in many studies.' Methodological challenges include: (a) data generated using long (for example, one-year) recall periods, which is likely to seriously underestimate environmental incomes derived from a myriad of sources (Lund et al, 2008; see also Chapter 7); (b) inconsistent key definitions, for example, what is considered a forest or how income is defined, may differ across studies, making findings incomparable; (c) a host of survey implementation problems, such as failure to adequately train enumerators or check data while in the field, resulting in questionable data quality; and (d) a widespread perception that it is too difficult and costly to obtain high quality environmental income data. The geographical coverage of available studies is also limited, with most coming from dry southern and eastern Africa. Thus, while our knowledge regarding environmental income and rural livelihoods is incrementally improving, we believe that more in-depth studies across a range of sites are required, preferably using best-practice and unified methodologies that enable comparison and synthesis. This book is designed to be an instrument to help make it happen.

Designing and implementing household and village surveys for quantitative assessment of rural livelihoods in developing countries is challenging, with accurate quantification of income from biologically diverse ecosystems, such as forests, bush, grasslands and rivers, being particularly hard to achieve. However, as the above published studies indicate, this 'hidden harvest' (Scoones et al, 1992; Campbell and Luckert, 2002) is too important to ignore. Fieldwork using