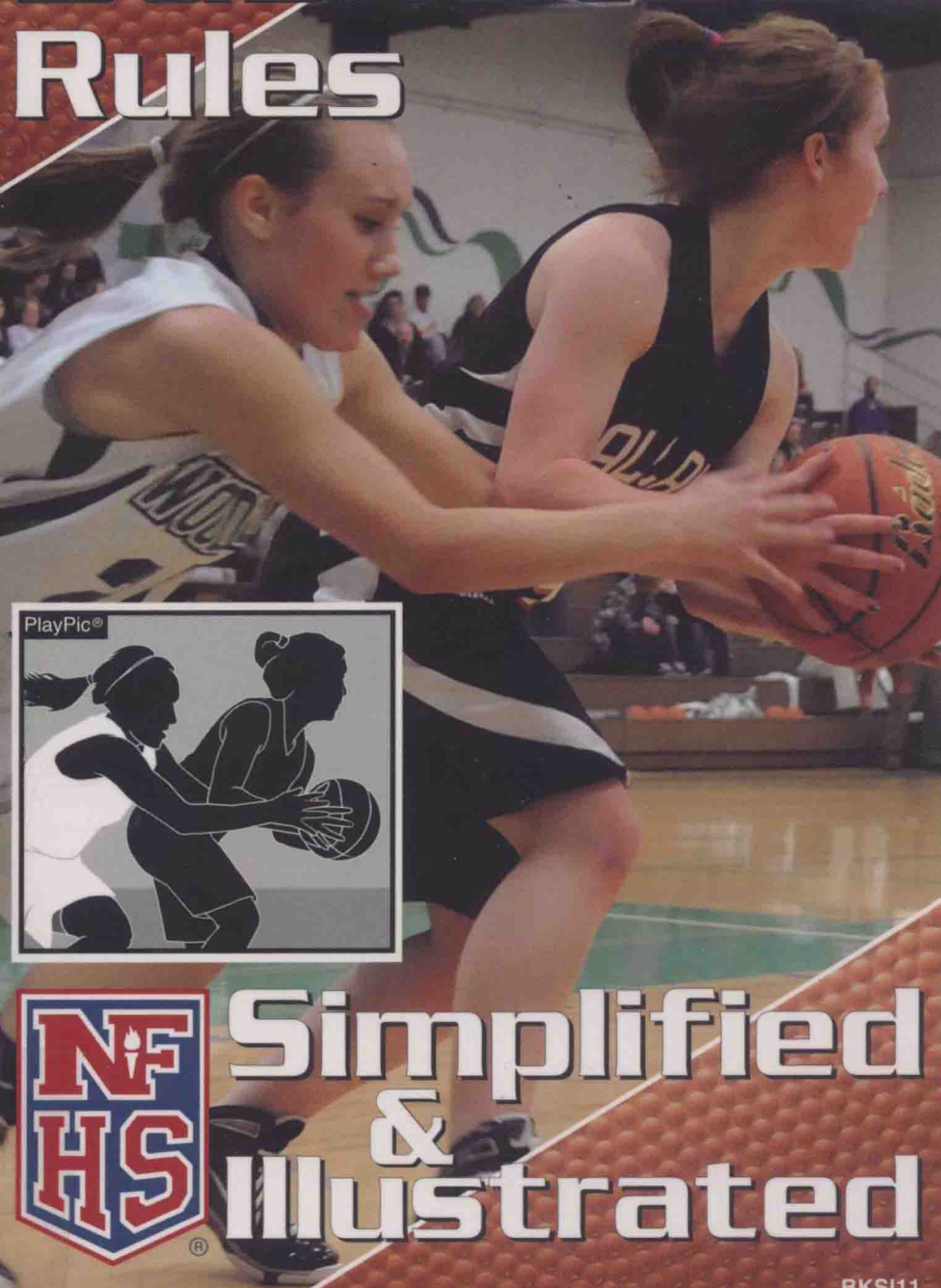


2010-11 High School Basketball Rules



Simplified & Illustrated

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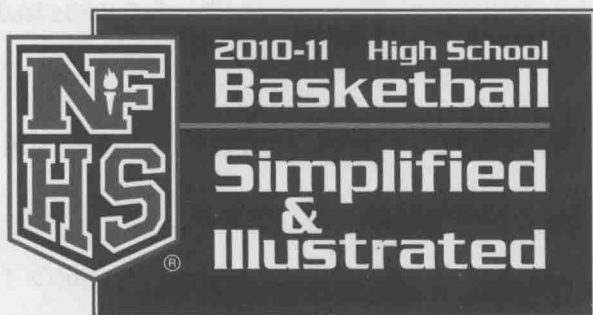
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2010-11 High School Basketball Rules

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Simplified & Illustrated



ROBERT B. GARDNER, Publisher
Mary E. Struckhoff, Editor
NFHS Publications

To maintain the sound traditions of this sport, encourage sportsmanship and minimize the inherent risk of injury, the National Federation of State High School Associations writes playing rules for varsity competition among student-athletes of high school age. High school coaches, officials and administrators who have knowledge and experience regarding this particular sport and age group volunteer their time to serve on the rules committee. Member associations of the NFHS independently make decisions regarding compliance with or modification of these playing rules for the student-athletes in their respective states.

NFHS rules are used by education-based and non-education-based organizations serving children of varying skill levels who are of high school age and younger. In order to make NFHS rules skill-level and age-level appropriate, the rules may be modified by any organization that chooses to use them. Except as may be specifically noted in this rules book, the NFHS makes no recommendation about the nature or extent of the modifications that may be appropriate for children who are younger or less skilled than high school varsity athletes.

Every individual using these rules is responsible for prudent judgment with respect to each contest, athlete and facility, and each athlete is responsible for exercising caution and good sportsmanship. These rules should be interpreted and applied so as to make reasonable accommodations for disabled athletes, coaches and officials.



2010-11 High School Basketball Rules Simplified & Illustrated

Cover photo by Dale Garvey

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2010-11 Basketball Rules Changes

- 2-8-5; 3-3-8.** . Changed the guidelines and procedures for identifying and removing a player who exhibits signs, symptoms and/or behaviors consistent with a concussion.
- 3-5-3a** The list of permissible headband and wristband colors was changed to include any single solid school color.
- 10-3-6i;**
- 10-5-5** Specific rules were added to address the unsporting acts of a player leaving the playing court for an unauthorized reason to demonstrate resentment, disgust or intimidation and team members leaving the bench area and/or playing court for an unauthorized reason.

2010-11 Major Editorial Changes

3-3-1a NOTE;

- 4-34-2** Clarified that when a substitute is not properly reported, the players in the game at the conclusion of the quarter/when the time-out was granted shall begin play for the new quarter/after the time-out. During an intermission, all team members are bench personnel for the purpose of penalizing unsporting behavior.
- 3-4-2d** Clarified that a school or conference logo/mascot may be located at the apex/opening of the neckline, in the corresponding area on the back of the jersey and/or in the either side insert.
- 3-5-2** Clarified the requirements for guards, casts and braces and that a protective face mask shall be worn molded to the face.
- 4-4-7d** Clarified that the ball is at the disposal of a player when it is available after a goal and the official begins the throw-in count.
- 7-6-6** Clarified that when the ball is awarded to the wrong team, the mistake must be rectified before the throw-in ends.

2010-11 Points of Emphasis

1. Rules Enforcement
2. Sportsmanship
3. Perimeter Play
4. Closely-guarded Situations
5. Principle of Verticality



Part 1

New or Revised Rules/POEs

The NFHS Basketball Rules Committee always keeps the following basic objectives before it:

- Fair play so that neither team gains an unfair advantage
- A balance between offense and defense
- Careful definitions of words and expressions
- Keep rules brief and concise
- Avoid exceptions
- Have simple statements
- Properly codify
- Write rules that are proper for level of play
- Minimizing risks to participants
- Use of fundamental statements

These objectives can only be realized as long as the rules are administered as written and without exception. To set aside a rule which benefits one team or the other diminishes the spirit of fair play.

This simplified and illustrated book is a supplement to the basketball rules book and other materials which are designed to make officiating and coaching easier through uniformity of interpretations and rulings, and standardization of mechanics for game administration.

The rules are based upon sound fundamentals and axioms which make it possible for those studying them to apply certain basic principles rather than resorting to rote memory in the study and teaching of rules. Hundreds of administrators, coaches and officials have contributed to the logical development of the NFHS basketball rules.

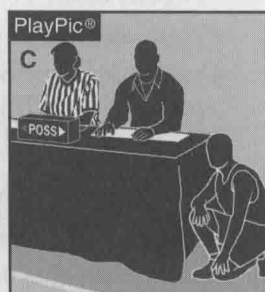
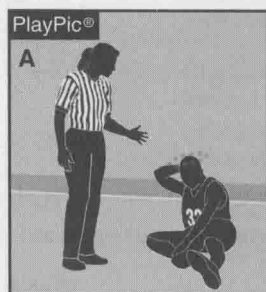


The NFHS Basketball Rules Committee annually considers many items which were submitted as potential changes or revisions. The items which secured favorable endorsement are listed on page 6 of this book. The majority of illustrations in Part I show these additions and revisions. These illustrations are intended to answer the obvious questions which are raised in regard to the new rules.

When possible, some illustrations are presented to cover the "Points of Emphasis" identified by the committee. In some cases, a future rule change may have to be enacted in response to this problem area.

The illustrations found in Part II of this book have been edited to reflect any changes or clarifications as directed by the committee. Recent interpretations have been added to keep the contents current.

NOTE: Unless specifically indicated, all illustrations involve a two-point try and not a three-point try. When applicable, Team A always refers to the team in possession of the ball. Team B refers to the defensive team.



2-8-5; 3-3-8 Any player who exhibits signs, symptoms or behaviors consistent with a concussion, such as loss of consciousness, headache, dizziness, confusion or balance problems, shall be immediately removed from play and shall not return until cleared by an appropriate health-care professional. If No. 32 appears at the scorer's table to reenter the game, the officials shall assume the coach/school followed the appropriate return-to-play procedures and No. 32 is eligible to participate.