

**CURRENT THERAPY IN
OTOLARYNGOLOGY-
HEAD AND NECK
SURGERY**

1984—1985

GEORGE A. GATES, M. D.

CURRENT THERAPY IN OTOLARYNGOLOGY - HEAD AND NECK SURGERY

1984 -- 1985

GEORGE A. GATES, M.D.

Professor and Head
Division of Otorhinolaryngology
The University of Texas Health Science Center
at San Antonio
San Antonio, Texas

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CONTRIBUTORS

MAXWELL ABRAMSON, M.D.

Professor and Chairman, Department of Otolaryngology, Columbia University College of Physicians and Surgeons, New York, New York
Cholesteatoma

GEORGE L. ADAMS, M.D.

Associate Professor of Otolaryngology, University of Minnesota Medical School—Minneapolis; Attending Physician, Veterans Administration Hospital, University of Minnesota Hospital, Minneapolis Children's Health Center, Eitel Hospital, and Ridges/Fairview Hospital, Minneapolis, Minnesota
Mandibular Reconstruction

BOBBY R. ALFORD, M.D.

Olga Keith Wiess Professor and Chairman, Department of Otorhinolaryngology, Baylor College of Medicine, Houston, Texas
Idiopathic Facial Paralysis

EDWARD L. APPLEBAUM, M.D.

Francis L. Lederer Professor and Department Chairman, Department of Otolaryngology—Head and Neck Surgery, University of Illinois College of Medicine, Chicago, Illinois
Carcinoma of the Nasopharynx

ARNOLD E. ARONSON, M.S., Ph.D.

Professor, Mayo Medical School; Consultant, Speech Pathology, Department of Neurology, Mayo Clinic, Rochester, New York
Adductor Spastic Dysphonia

RICHARD W. BABIN, M.D.

Professor and Chairman, Department of Otolaryngology and Maxillofacial Surgery, University of Tennessee College of Medicine; Attending Physician, University of Tennessee Center for the Health Sciences, Memphis, Tennessee
Frey's Syndrome

SHAN R. BAKER, M.D., F.A.C.S.

Associate Professor, Division of Otolaryngology

—Head and Neck Surgery, The University of Michigan Medical School, Ann Arbor, Michigan
Cancer of the Skin

JANUSZ BARDACH, M.D.

Chairman, Division of Plastic and Reconstructive Surgery of the Head and Neck, Department of Otolaryngology—Head and Neck Surgery and Department of Surgery, University of Iowa Hospitals and Clinics, Iowa City, Iowa
Unilateral Cleft Palate Repair

LESLIE BERNSTEIN, M.D., D.D.S.

Professor and Chairman, Department of Otorhinolaryngology—Head and Neck Surgery, University of California, Davis, School of Medicine, Davis, California
The Difficult Nasal Tip

CHARLES D. BLUESTONE, M.D.

Professor of Otolaryngology, University of Pittsburgh School of Medicine; Director, Department of Otolaryngology, Children's Hospital of Pittsburgh, Pittsburgh, Pennsylvania
Perilymph Fistula in Infants and Children

ROGER BOLES, M.D.

Professor and Chairman, Department of Otolaryngology—Head and Neck Surgery, University of California, San Francisco, School of Medicine, San Francisco, California
Meniere's Disease: Medical Management

ROBERT C. BONE, M.D., F.A.C.S.

Associate Adjunct Professor of Surgery/Otolaryngology, University of California, San Diego, School of Medicine, La Jolla, California
Wound Necrosis

RICHARD C. BRYARLY, Jr., M.D.

Assistant Professor, Department of Otolaryngology—Head and Neck Surgery, Louisiana State University School of Medicine, Shreveport, Louisiana
The Failed Rhinoplasty

DOUGLAS P. BRYCE, M.D.

Professor Emeritus, Department of Otolaryngology, University of Toronto Faculty of Medicine, Toronto, Ontario, Canada

Cancer of the Antrum

JEFFREY A. BUCKWALTER, M.D.

Instructor, Department of Surgery, Section of Otolaryngology, Yale School of Medicine, New Haven, Connecticut

Difficult Decannulation

ROBERT M. BUMSTED, M.D.

Associate Professor, Department of Otolaryngology—Head and Neck Surgery, University of Iowa College of Medicine; Attending Physician, University of Iowa Hospitals and Clinics, Iowa City, Iowa

Hyperthyroidism

WILLIAM R. CAST, M.D., F.A.C.S.

Fellow A.A.O., Clinical Instructor, Indiana University School of Medicine, Fort Wayne Campus, Indiana

Acute Rhinosinusitis

J. RYAN CHANDLER, M.D.

Professor and Chairman, Department of Otolaryngology, University of Miami, Miami School of Medicine, Miami, Florida

Malignant External Otitis

WILLIAM D. CLARK, D.D.S., M.D.

Assistant Professor, Department of Otolaryngology, University of Texas Medical School at Galveston, Galveston, Texas

Mandibular Fractures

LANNY GARTH CLOSE, M.D.

Associate Professor, Department of Otolaryngology, The University of Texas Medical School at Dallas, Dallas, Texas

Fractures of the Midface

D. THANE R. CODY, M.D., Ph.D.

Professor of Otolaryngology, Mayo Medical School; Consultant, Department of Otorhinolaryngology, Mayo Clinic and Mayo Foundation, Rochester, Minnesota

Idiopathic Endolymphatic Hydrops (Meniere's Disease): Surgical Treatment

SEYMOUR R. COHEN, M.S., M.D.

Clinical Professor of Surgery, University of Southern California School of Medicine, Los Angeles; Attending Physician, Children's Hospital of Los Angeles, Hollywood Presbyterian Hospital, Los Angeles, California

Inflammatory Laryngeal Disease

TED A. COOK, M.D., F.A.C.S.

Assistant Professor, Department of Otolaryngology/Maxillofacial Surgery; The Oregon Health Sciences University, Portland, Oregon

Large Facial Wounds

ROBIN T. COTTON, M.D., F.A.C.S., F.R.C.S.(C)

Professor, Department of Otolaryngology and Maxillofacial Surgery, University of Cincinnati College of Medicine; Director, Department of Otolaryngology and Maxillofacial Surgery, Children's Hospital Medical Center, Cincinnati, Ohio

Velopharyngeal Incompetence

LAWRENCE W. DeSANTO, M.D., M.S.

Professor, Mayo Medical School; Consultant, Otolaryngology, Head and Neck Surgery, Mayo Clinic, Rochester, Minnesota

Adductor Spastic Dysphonia

PAUL JAMES DONALD, M.D., F.R.C.S.(C)

Associate Professor, Department of Otorhinolaryngology, University of California, Davis Medical Center School of Medicine, Davis, California

The Disproportionate Chin

DAVID A. F. ELLIS, M.D., F.R.C.S.(C)

Associate Professor, Department of Otolaryngology, University of Toronto Faculty of Medicine, Toronto, Ontario, Canada

Saddle Nose Deformity

DAVID F. N. FAIRBANKS, M.D., F.A.C.S.

Clinical Professor Otolaryngology, George Washington University School of Medicine; Chairman, Division of Otolaryngology, George Washington University Hospital, Washington, D.C.

Septal Perforation

GRANT R. FAIRBANKS, M.D.

Assistant Clinical Professor of Plastic Surgery,
University of Utah College of Medicine, Salt Lake
City, Utah
Septal Perforation

JOSEPH C. FARMER, Jr., M.D., F.A.C.S.

Associate Professor, Department of Surgery,
Division of Otolaryngology, Duke University
School of Medicine, Durham, North Carolina
Rhinocerebral Mucormycosis

RICHARD T. FARRIOR, M.D.

Clinical Professor of Surgery, University of Florida
College of Medicine, Gainesville; Clinical
Professor of Surgery, University of South Florida
College of Medicine, Tampa; Chief, Section of
Otolaryngology-Maxillofacial Surgery, Tampa
General Hospital, Tampa, Florida
Protruding Ears

SHIRO FUJITA, M.D.

Clinical Assistant Professor, Department of
Otolaryngology, University of Michigan Medical
School, Ann Arbor; Senior Staff Otolaryngologist,
Director of Neuro-Otology, Department of
Otolaryngology, Head and Neck Surgery, Henry
Ford Hospital, Detroit, Michigan
Sleep Apnea

LOUIS J. GALLIA, M.D., D.D.S.

Assistant Professor, University of California,
Davis, School of Medicine, Sacramento; Attending
Physician, University of California Davis Medical
Center, Sacramento, California
Stomatitis

BRUCE J. GANTZ, M.D.

Assistant Professor, Department of Otolaryn-
gology-Head and Neck Surgery, University of
Iowa College of Medicine; Attending Physician,
University of Iowa Hospitals and Clinics, Iowa
City, Iowa
Traumatic Facial Paralysis

GALE GARDNER, M.D., F.A.C.S.

Associate Clinical Professor, Department of
Otolaryngology and Maxillofacial Surgery, The
University of Tennessee College of Medicine,
Memphis, Tennessee
Ossicular Disorders in Chronic Otitis Media

**MICHAEL E. GLASSCOCK, III, M.D.,
F.A.C.S.**

Clinical Professor of Surgery (Otology and
Neurotology), Vanderbilt University School of
Medicine, Nashville, Tennessee
Acoustic Neuroma

HELMUTH GOEPFERT, M.D.

Professor and Chairman, Department of Head and
Neck Surgery, The University of Texas Medical
School at Houston; Attending Physician,
M.D. Anderson Hospital and Tumor Institute,
Houston, Texas
Thyroid Cancer

JEROME C. GOLDSTEIN, M.D., F.A.C.S.

Professor of Surgery, Albany Medical College;
Consultant—Otolaryngology, Walter Reed Army
Medical Center, Naval Medical Command;
Executive Vice President, American Academy of
Otolaryngology-Head and Neck Surgery,
Bethesda, Maryland
Sensorineural Hearing Loss: Medical Rehabilitation

W. JARRARD GOODWIN, Jr., M.D., F.A.C.S.

Assistant Professor, Department of Otolaryn-
gology; Chief, Section of Head and Neck
Oncology, University of Miami School of
Medicine, Miami, Florida
Malnutrition from Cancer of the Head and Neck

WILBUR J. GOULD, M.D.

Adjunct Professor of Otolaryngology, New York
Medical College; Founder and Director, Vocal
Dynamics Lab; Attending Physician, Lenox Hill
Hospital, New York Eye and Ear Infirmary,
Manhattan Eye and Throat Hospital, New York,
New York
Voice Problems in Singers

CHARLES W. GROSS, M.D.

Staff, Chief of Surgery, Methodist Hospital and Le
Bonheur Children's Hospital, Memphis, Tennessee
The Large Nose

**KENNETH M. GRUNDFAST, M.D., F.A.C.S.,
F.A.A.P.**

Associate Professor, Department of Surgery,
Division of Otolaryngology, George Washington
University School of Medicine; Chairman,
Department of Otolaryngology, Children's Hospi-
tal National Medical Center, Washington, D.C.
Tonsil and Adenoid Disorders

OSCAR M. GUILLAMONDEGUI, M.D.

Professor of Surgery, Department of Head and Neck Surgery, The University of Texas Medical School at Houston; Attending Physician, M.D. Anderson Hospital and Tumor Institute, Houston, Texas

Thyroid Cancer

JAMES E. HANSEN, M.D., F.A.C.S.

Clinical Associate Professor, University of Utah College of Medicine; Staff, Holy Cross Hospital; Staff, Lake View Hospital; Staff, St. Mark's Hospital, Salt Lake City, Utah

Nasal Obstruction

CECIL W. HART, M.D.

Associate Professor of Clinical Otolaryngology-Head and Neck Surgery, Northwestern University Medical School, Chicago, Illinois

Vertigo: Medical Treatment

GERALD B. HEALY, M.D.

Professor of Otolaryngology, Boston University School of Medicine; Associate Professor of Otolaryngology, Harvard Medical School; Otolaryngologist-in-Chief, Children's Hospital, Boston, Massachusetts

Subglottic Stenosis

ARTHUR S. HENGERER, M.D., F.A.C.S.

Professor of Surgery, Chairman of Division of Otolaryngology, University of Rochester School of Medicine and Dentistry, Rochester, New York

Choanal Atresia

PETER HILGER, B.A., M.D., M.S.

Assistant Professor, University of Minnesota Medical School; Attending Physician, Saint Paul-Ramsey Medical Center, University of Minnesota Hospital, Minneapolis, Minnesota

Mandibular Reconstruction

G. RICHARD HOLT, M.D.

Assistant Dean for Student Affairs, Associate Professor of Otolaryngology, The University of Texas Medical School at San Antonio, San Antonio, Texas

Persistent Otitis Media with Effusion

JOHN W. HOUSE, M.D.

Assistant Clinical Professor, Department of

Otolaryngology, University of Southern California School of Medicine, Los Angeles, California

Tinnitus

DAVID H. HUMPHREYS, M.D.

Chief Resident, Department of Otolaryngology, Head and Neck Surgery, Baylor College of Medicine, Houston, Texas

Angiofibroma

C. GARY JACKSON, M.D., F.A.C.S.

Assistant Clinical Professor of Surgery (Otolaryngology and Neurotology), Vanderbilt University School of Medicine, Nashville, Tennessee

Chronic Tympanomastoiditis

G. WILLIAM JAQUISS, M.D.

Clinical Assistant Professor, University of Pittsburgh School of Medicine, Pittsburgh, Pennsylvania; Clinical Associate Professor, West Virginia University School of Medicine, Morgantown, West Virginia; Senior Active Medical Staff, Eye and Ear Hospital, Pittsburgh, Pennsylvania

Facial Scars

MICHAEL EDWARD JOHNS, M.D.

Associate Professor and Chairman, Department of Otolaryngology-Head and Neck Surgery, Johns Hopkins University School of Medicine; Attending Physician, Johns Hopkins Hospital, Baltimore, Maryland

Esthesioneuroblastoma

CALVIN M. JOHNSON, Jr., M.D.

EENT Hospital, New Orleans, Louisiana

The Facelift Operation

JONAS T. JOHNSON, M.D., F.A.C.S.

Assistant Professor and Vice Chairman, Department of Otolaryngology, University of Pittsburgh School of Medicine, Eye and Ear Hospital of Pittsburgh, Pittsburgh, Pennsylvania

Cervical Metastases

JORY N. KAPLAN, M.D.

Assistant Professor, Department of Otolaryngology-Head and Neck Surgery, University of Washington School of Medicine, Seattle, Washington

Deep Neck Infections

COLLIN S. KARMODY, M.D., F.R.C.S.E.,
F.A.C.S.

Professor of Otolaryngology, Tufts University
School of Medicine; Senior Surgeon, New England
Medical Center, Boston, Massachusetts

Nasal Dermoids

HASKINS K. KASHIMA, M.D.

Associate Professor, Laryngology and Otolaryngology,
Johns Hopkins University School of Medicine,
Baltimore Maryland

Recurrent Respiratory Papillomatosis

GEOFFREY ROBIN KEYES, M.D.

Consulting Plastic Surgeon, Department of
Otolaryngology and Bronchoesophagology,
Rush-Presbyterian-St. Luke's Medical Center,
Chicago, Illinois

Hyperparathyroidism

SAM E. KINNEY, M.D.

Head, Section of Otolaryngology and Neuro-Otolaryngology,
Department of Otolaryngology and Communicative
Disorders, Cleveland Clinic Foundation,
Cleveland, Ohio

Glomus Tumor Surgery

CHARLES F. KOOPMAN, Jr., M.D., F.A.C.S.

Associate Professor, Department of Surgery,
Section of Otolaryngology, University of Arizona
School of Medicine, Tucson, Arizona

Cancer of the Lip

JOHN F. KVETON, M.D.

Assistant Professor of Otolaryngology and Head
and Neck Surgery, Washington University School
of Medicine, St. Louis, Missouri

Acoustic Neuroma

WAYNE F. LARRABEE, Jr., B.S., M.S., M.D.

Section of Head and Neck Surgery, Plastic and
Reconstructive Surgery, Mason Clinic; Clinical
Associate Professor, University of Washington,
Department of Otolaryngology Head and Neck
Surgery, Seattle, Washington

Hypopharyngeal Diverticulum

FRANCIS E. LEJEUNE, Jr., M.D.

Chairman, Department of Otolaryngology,
Ochsner Clinic and Alton Ochsner Medical
Foundation; Clinical Professor and Visiting

Surgeon, Department of Otolaryngology, Tulane
School of Medicine, Charity Hospital of New
Orleans, New Orleans, Louisiana

Laryngotracheal Separation

S. GEORGE LESINSKI, M.D.

Associate Clinical Professor of Otolaryngology,
University of Cincinnati College of Medicine,
Cincinnati, Ohio

Congenital Aural Atresia

JOHN S. LEWIS, M.D., F.A.C.S.

Associate Clinical Professor of Otolaryngology,
Columbia University School of Medicine; Director
of Otolaryngology, St. Luke's Roosevelt Hospital;
Associate Attending Surgeon, Memorial-Sloan-
Kettering Cancer Center, New York, New York

Tumors of the Middle Ear, Mastoid, and Auditory Canal

FRED H. LINTHICUM, Jr., M.D.

Director of Otolologic Research, House Ear
Institute, Los Angeles, California

Cochlear Otosclerosis

JOHN MACINDOE, M.D.

Associate Professor, Department of Medicine,
University of Iowa School of Medicine, Iowa City,
Iowa

Hyperthyroidism

ROBERT H. MAISEL, M.D.

Associate Professor of Otolaryngology, University
of Minnesota School of Medicine; Chief,
Otolaryngology, Hennepin County Medical
Center, Minneapolis, Minnesota

Mandibular Reconstruction

RAO P. MANTRAVADI, M.D.

Associate Professor of Clinical Radiology,
Division of Radiation Therapy, Department of
Radiology, University of Illinois College of
Medicine, Chicago, Illinois

Carcinoma of the Nasopharynx

ROBERT H. MATHOG, M.D.

Department of Otolaryngology, Wayne State
University School of Medicine, Detroit, Michigan

Frontoethmoid Fractures

DOUGLAS E. MATTOX, M.D.

Associate Professor, Division of Otolaryngology

and Department of Anatomy, The University of Texas School of Medicine at San Antonio, San Antonio, Texas

Cancer of the Hypopharynx

FRED M. S. McCONNEL, M.D.

Associate Professor of Head and Neck Surgery, Division of Otolaryngology, Emory University School of Medicine; Attending Physician, Emory University Clinic, Atlanta, Georgia

Postlaryngectomy Aphonia

T. MANFORD McGEE, M.D.

Chairman Emeritus, Department of Otolaryngology, Providence Hospital, Southfield, Michigan; Associate Clinical Professor, Wayne State University School of Medicine, Detroit, Michigan

Stapedial Otosclerosis

JESUS E. MEDINA, M.D.

Assistant Professor of Surgery (Otolaryngology), Department of Head and Neck Surgery, University of Texas School of Medicine; Attending Surgeon, M.D. Anderson Hospital, Houston, Texas

Malignant Melanoma

DANIEL MILLER, M.D., F.A.C.S.

Clinical Professor of Otolaryngology, Harvard Medical School; Chief, Head and Neck Tumor Clinic, Dana Farber Cancer Center; Chief of Section, New England Deaconess Hospital; Consultant, Massachusetts Eye and Ear Infirmary, Boston, Massachusetts

Faucial Cancer

WILLIAM M. MONTGOMERY, M.D.

Professor of Otolaryngology, Harvard Medical School; Senior Surgeon in Otolaryngology, Massachusetts Eye and Ear Infirmary, Boston, Massachusetts

Cerebrospinal Fluid Leakage

KARL M. MORGENSTEIN, M.D.

Associate Clinical Professor of Otolaryngology, University of Miami School of Medicine, Miami, Florida

Epistaxis

DONALD L. MYERS, M.D.

Assistant Professor of Neurosurgery, Thomas Jefferson University School of Medicine,

Philadelphia, Pennsylvania
Hemifacial Spasm

DONALD J. NALEBUFF, M.D.

Chief, Department of Immunology, Holy Name Hospital, Teaneck, New Jersey; Visiting Professor of Otolaryngology, University of Alabama School of Medicine, Birmingham, Alabama

Allergic Rhinitis

G. DAVID NEAL, M.D.

Assistant Professor, Division of Otorhinolaryngology, The University of Texas School of Medicine, San Antonio, Texas

Aspiration

H. BRYAN NEEL, III, M.D., Ph.D.

Associate Professor of Otolaryngology and Microbiology, Mayo Medical School; Chairman, Department of Otorhinolaryngology, Mayo Clinic and Mayo Foundation, Rochester, Minnesota

Antrochoanal Polyps

RICHARD D. NICHOLS, M.D.

Chairman, Department of Otolaryngology, Henry Ford Hospital, Detroit, Michigan; Clinical Professor, Department of Otorhinolaryngology, University of Michigan School of Medicine; Ann Arbor, Michigan

Non-neoplastic Disease of the Salivary Glands

JOSEPH H. OGURA, M.D.

Otolaryngologist, Barnes Hospital, St. Louis, Missouri—deceased

Malignant Exophthalmos

ROBERT H. OSSOFF, D.M.D., M.D.

Assistant Professor, Department of Otolaryngology, Head and Neck Surgery, Northwestern University Medical School; Chief, Division of Otolaryngology, V.A. Lakeside Medical Center, Chicago, Illinois; Chief, Division of Otolaryngology, Evanston Hospital, Evanston, Illinois; Attending, Northwestern Memorial Hospital, Chicago, Illinois

Oroantral Fistulas

WILLIAM R. PANJE, M.D., M.S., F.A.C.S.

Professor and Chairman, Department of Otolaryngology—Head and Neck Surgery, Division of Head and Neck Surgical Oncology, University of Iowa School of Medicine, Iowa City, Iowa

Carotid Artery Injury

JAMES L. PARKIN, M.D.

Professor and Chairman, Division of Otolaryngology, Department of Surgery, University of Utah School of Medicine, Salt Lake City, Utah

Anosmia

HAROLD J. PELZER, Jr., D.D.S., M.D.

Fellow in Head and Neck Oncology, Department of Otolaryngology, Head and Neck Surgery, Northwestern University Medical School, Chicago, Illinois

Oroantral Fistulas

W. HUGH POWERS, B.S., M.D.

Clinical Professor Otolaryngology, University of Southern California School of Medicine, Los Angeles, California

Sensorineural Hearing Loss: Medical Treatment

JEROLD J. PRINCIPATO, M.D., F.A.C.S.

Clinical Professor, Department of Surgery, Otolaryngology Section, George Washington University School of Medicine, Washington, D.C.

Temporomandibular Joint Syndrome

CONRAD A. PROCTOR, M.D.

Department of Otolaryngology, William Beaumont Hospital Research Institute, Royal Oak, Michigan

Hereditary Hearing Loss

JACK L. PULEC, M.D., M.S., B.A.

President, Ear International; Assistant Clinical Professor, Department of Otolaryngology, Loma Linda University School of Medicine, Loma Linda, California; Associate-Clinical Professor, Department of Otolaryngology, University of Southern California School of Medicine, Los Angeles, California

Facial Nerve Neuroma

DALE HOWARD RICE, M.D.

Professor and Chairman, Department of Otolaryngology, University of California, Los Angeles School of Medicine, Los Angeles, California

Parotid Neoplasms

Bilateral Vocal Fold Paralysis

MARK ANDREW RICHARDSON, M.D.

Assistant Professor of Otolaryngology, Head and Neck Surgery, University of Washington School of

Medicine; Head, Division of Pediatric Otolaryngology, Head and Neck Surgery, Children's Orthopedic Hospital, Seattle, Washington

Esophageal Caustic Burns

BARBARA-RUTH ROBERTS, R.N.

Thomas Jefferson University, Philadelphia, Pennsylvania

Hemifacial Spasm

RONALD C. RUSSO, M.D.

AAFPRS Fellow, EENT Hospital, New Orleans, Louisiana

The Facelift Operation

CLARENCE T. SASAKI, M.D.

Professor, Department of Surgery, Chief, Section of Otolaryngology, Yale School of Medicine, New Haven, Connecticut

Difficult Decannulation

ROBERT THAYER SATALOFF, M.D.

Associate Professor of Otolaryngology, Thomas Jefferson University School of Medicine, Philadelphia, Pennsylvania

Hemifacial Spasm

WILLIAM H. SAUNDERS, M.D.

Professor and Chairman, Department of Otolaryngology, Ohio State University College of Medicine, Columbia, Ohio

Otomycosis

STEVEN D. SCHAEFER, M.D.

Associate Professor, University of Texas School of Medicine at Dallas; Chief of Otolaryngology Services, Parkland Memorial Hospital of Dallas; Dallas, Texas

Acute Laryngeal Trauma

GARY L. SCHECHTER, M.D.

Professor and Chairman, Department of Otolaryngology - Head and Neck Surgery, Eastern Virginia Medical School, Norfolk, Virginia

Peritonsillar Abscess

DAVID E. SCHULLER, M.D.

Associate Professor, Department of Otolaryngology, Director, Comprehensive Cancer Center Head and Neck Oncology Program, The Ohio

State University School of Medicine, Columbus, Ohio

Pharyngocutaneous Defects

ROY B. SESSIONS, M.D., F.A.C.S.

Professor, Otolaryngology, Head and Neck Surgery, Cornell University Medical College; Associate Attending Surgeon, Memorial-Sloan-Kettering Cancer Center, New York, New York

Angiofibroma

FRANK W. SHAGETS, M.D.

Staff, Otolaryngology-Head and Neck Surgery, Wilford Hall Air Force Medical Center, San Antonio, Texas; Former Fellow in Head and Neck Surgical Oncology, Facial Plastic and Reconstructive Surgery, University of Iowa Hospitals, Iowa City, Iowa

Carotid Artery Injury

WILLIAM W. SHOCKLEY, M.D.

Assistant Professor, Department of Otolaryngology-Head and Neck Surgery, Louisiana State University School of Medicine, Shreveport, Louisiana

The Failed Rhinoplasty

F. BLAIR SIMMONS, M.D.

Professor of Otolaryngology/Head and Neck Surgery, Stanford University School of Medicine, Stanford, California

Sudden Sensorineural Hearing Loss

MANSFIELD F. W. SMITH, M.D., F.A.C.S.

Clinical Professor of Surgery, Department of Otolaryngology - Head and Neck Surgery, Stanford University School of Medicine, Stanford, California; Ear Medical Clinic of Santa Clara Valley, San Jose, California

The Draining Open Mastoid Cavity

RAYMOND O. SMITH, Jr., M.D.

Clinical Professor, Department of Otolaryngology, University of Oklahoma College of Medicine, Oklahoma City, Oklahoma

Minor Salivary Gland Tumors

TRENT W. SMITH, M.D., A.B.

Clinical Professor, Ohio State College of Medicine; Attending, St. Anthony Hospital and Grant Hospital, Columbus, Ohio

Eye Deformities

JAMES B. SNOW, Jr., M.D., F.A.C.S.

Professor and Chairman, Department of Otorhinolaryngology and Human Communication, University of Pennsylvania School of Medicine, Philadelphia, Pennsylvania

Supraglottic Carcinoma

J. GERSHON SPECTOR, M.D.

Professor of Otolaryngology, Washington University School of Medicine, St. Louis, Missouri

Carotid Body Tumors

M. STUART STRONG, M.D.

Professor and Chairman of Otolaryngology, Boston University School of Medicine; Chief of Otolaryngology, University Hospital, Boston, Massachusetts

Early Glottic Cancer

FRED J. STUCKER, Jr., M.D., F.A.C.S.

Professor and Chairman, Department of Otolaryngology-Head and Neck Surgery, Louisiana State University School of Medicine, Shreveport, Louisiana

The Failed Rhinoplasty

JAMES Y. SUEN, M.D.

Professor and Chairman, Department of Otolaryngology and Maxillofacial Surgery, University of Arkansas for Medical Sciences, Little Rock, Arkansas

Advanced Cancer of the Head and Neck

JOHN S. SUPANCE, M.D.

Assistant Professor of Otolaryngology, University of Pittsburgh School of Medicine; Staff Otolaryngologist, Children's Hospital of Pittsburgh, Pittsburgh, Pennsylvania

Perilymph Fistula in Infants and Children

JERRY W. TEMPLER, M.D.

Associate Professor, Division of Otolaryngology, University of Missouri, Columbia, Missouri

Headache

LOUIS THEODORE TENTA, M.D., F.A.C.S.

Associate Professor, Department of Otolaryngology and Bronchoesophagology, Rush Medical College, Chicago, Illinois

Hyperparathyroidism

STANLEY E. THAWLEY, M.D.

Associate Professor, Department of Otolaryngology, Washington University School of Medicine; Chief of Otolaryngology, Head and Neck Surgery, Veterans Administration Hospital; Otolaryngologist, Head and Neck Surgery, Barnes Hospital, St. Louis, Missouri

Malignant Exophthalmos

J. REGAN THOMAS, M.D., F.A.C.S.

Assistant Professor, Department of Otolaryngology, Division of Facial Plastic and Reconstructive Surgery, Washington University School of Medicine, St. Louis, Missouri

Nasal Fractures

JAMES N. THOMPSON, M.D., F.A.C.S.

Associate Professor, Department of Surgery, Section on Otolaryngology, Bowman Gray School of Medicine of Wake Forest University, Winston-Salem, North Carolina

Congenital Neck Masses

GABRIEL F. TUCKER, Jr., M.D.

Professor, Department of Otolaryngology—Head and Neck Surgery, Northwestern University Medical School; Head, Division of Bronchoesophagology-Otolaryngology and Department of Communicative Disorders, Children's Memorial Hospital, Chicago, Illinois

Foreign Body

HARVEY M. TUCKER, M.D.

Chairman, Department of Otolaryngology and Communicative Disorders, The Cleveland Clinic Foundation, Cleveland, Ohio

Cancer of the Posterior Third of the Tongue

PAUL H. WARD, M.D., F.A.C.S.

Professor of Surgery; Chief, Division of Head and Neck Surgery, University of California, Los Angeles, School of Medicine, Los Angeles, California

Contact Granulomas of the Larynx

DONNA SHPIKULA WAYNER, Ph.D

Assistant Professor of Surgery, Albany Medical College; Coordinator, Hearing Rehabilitation Center, Albany, New York

Sensorineural Hearing Loss: Medical Rehabilitation

ERNEST A. WEYMULLER, Jr., M.D.

Associate Professor and Vice Chairman, Department of Otolaryngology, University of Washington School of Medicine; Otolaryngologist-in-Chief, Harborview Medical Center, Seattle, Washington

Deep Neck Infections

WALTER P. WORK, M.D., A.B.

Emeritus Professor and Chairman, Department of Otorhinolaryngology, University of Michigan, Ann Arbor, Michigan; Lecturer in Surgery, Otorhinolaryngology, University of Arizona College of Medicine, Tucson, Arizona

Parapharyngeal Space Tumors

JOAN T. ZAJTCHUK, M.D., Colonel, MC

Professor of Surgery, Uniformed Services, University of The Health Sciences, Bethesda, Maryland; Chief, Otolaryngology-Head and Neck Surgery Service; Consultant to The Surgeon General in Otolaryngology, Walter Reed Army Medical Center, Washington, D.C.

Cancer of the Anterior Floor of the Mouth and Anterior Tongue

PREFACE

This, the second edition of *Current Therapy in Otolaryngology-Head and Neck Surgery* follows the format of the first edition in that the book is dedicated entirely to treatment. The goal is the same: to provide the reader with up-to-date information about how contemporary practitioners of our speciality deal with certain clinical problems. The book does not profess to be encyclopedic; rather, it focuses on clinical problems that most would agree are important, in terms of morbidity and mortality, as a result of controversies in management, or simply because they are therapeutically challenging.

Unlike most texts, discussions of basic information, such as anatomy, pathology, etiology, or physiology, are omitted (except where essential for therapeutic decision making), not because they are unimportant, but because it is assumed that the reader is well grounded in the basics or has access to such knowledge. Similarly, diagnostic considerations have been largely omitted or deemphasized because it is assumed that the reader is already well acquainted with the differential diagnosis of otolaryngic disorders.

This book is intended for the practicing otolaryngologist, but residents in training may find the content of interest. Although some readers might not be as conversant with the practice of otolaryngology-head and neck surgery as the authors have assumed and might not fully grasp the subtleties or recognize omissions, the advantages of this approach—conciseness and readability—outweigh the risk of inappropriate use of the material.

Much of what is contained herein focuses on surgical techniques, yet it must be stressed that teaching of technique per se is neither a goal nor, indeed, a possibility; operative technique can only be learned in the surgical classroom. This is not a how-to-do it manual; no attempt was made to cover all technical details. This approach is justified because of the goal of the book: to provide for the practitioner consultation with the experts on how they make treatment decisions.

This edition is entirely new. Although many of the topics are the same, the authors are not. Thus, many points of view differ substantially from the previous edition, and a number of topics that were not discussed before have been included: otomycosis, facial nerve neuroma, hemifacial spasm, failed rhinoplasty, tumors of the ear, esthesioneuroblastoma, carcinoma of the nasopharynx, angiofibroma, cancer of the lip, malnutrition from cancer of the head and neck, hyperparathyroidism, headache, septal perforation, nasal dermoids, malignant exophthalmos, cleft palate repair, stomatitis, temporomandibular joint syndrome, adductor spastic dysphonia, voice problems in singers and esophageal caustic burns.

As before, it is important to note that it is not possible to cover all the diseases encountered in the field of otolaryngology-head and neck surgery in a work of this size. Nor is it necessary to do so, because the practitioner is already conversant with the management of a majority of daily clinical problems. Therefore, some common problems have been omitted, and many uncommon problems have been included with the expectation that the reader is the one best qualified to select the topics of greatest interest.

The authors have been chosen because of their published expertise in their respective clinical areas and because of their mature, well considered positions on controversial issues. To them goes my appreciation and that of the publisher for their time and effort; I am certain the readers will echo that sentiment also.

To my colleagues, my secretarial staff, and most of all to my loving wife Mary: my gratitude, respect, and appreciation. You enrich my life and give it meaning and substance.

George A. Gates, M.D., F.A.C.S.

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