

### If Life Is a Bowl of Cherries— What Am I Doing in the Pits?

#### by Erma Bombeck

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A number of the chapters in this book are based on material that has appeared elsewhere in another form.

#### Also by Erma Bombeck

At Wit's End

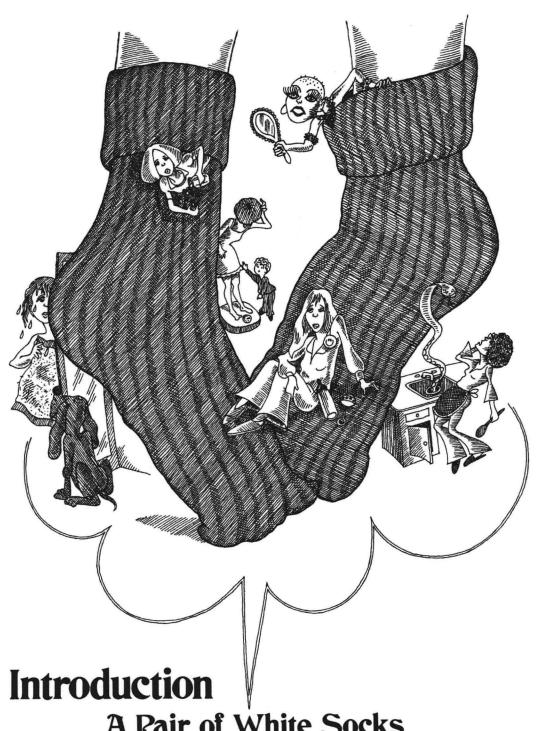
"Just Wait Till You Have Children of Your Own!"

I Lost Everything in the Post-Natal Depression The Grass Is Always Greener over the Septic Tank

- For my editor, Gladys Carr, who has the courage to laugh only when it's funny.
- To my agent, Aaron Priest, who gives 100 percent, but takes only 10 percent.
- For my Mom and Dad, (Albert and Erma Harris), who tell everyone their daughter is a successful dental assistant.

If Life Is a Bowl of Cherries— What Am I Doing in the Pits?





A Pair of White Socks in a Pantyhose World

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### Introduction



# A Pair of White Socks in a Pantyhose World

I've always worried a lot and frankly I'm good at it.

I worry about introducing people and going blank when I get to my mother. I worry about a shortage of ball bearings; a snake coming up through my kitchen drain. I worry about the world ending at midnight and getting stuck with three hours on a twenty-four-hour cold capsule.

I worry about getting into the Guinness World Book of Records under "Pregnancy: Oldest Recorded Birth." I worry what the dog thinks when he sees me coming out of the shower, that one of my children will marry an Eskimo who will set me adrift on an iceberg when I can no longer feed myself. I worry about salesladies following me into the fitting room, oil slicks, and Carol Channing

going bald. I worry about scientists discovering someday that lettuce has been fattening all along.

But mostly, I worry about surviving. Keeping up with the times in a world that changes daily. Knowing what to keep and what to discard. What to accept and what to protest.

Never, in the history of this country, have worriers had such a decade as the seventies. Each year has produced a bumper crop of worrierees larger than the year before and this year promises to be even better.

Children are becoming an endangered species, energy has reached crisis proportions, marriages are on the decline, and the only ones having any fun anymore are the research rats.

You cannot help but envy their decadence.

Throughout the years, these furry swingers have been plied with booze, pot, cigarettes, birth control pills, too much sun, cyclamates, caffeine, Red Dye No. 2, saccharine, disco music at ear-shock decibels, late nights, and a steady diet of snack food.

If people haven't asked themselves these questions, they should:

How come there are still more rats than people?

How come you've never seen an ironstarved, dull, listless rat drag around the house?

Did you ever see a rat with a salad in one hand and a calorie counter in the other; yet have you ever seen a fat rat? Have you ever yelled at a rat who couldn't hear you and couldn't outrun you?

Did you ever see a rat drop dead with lipstick on his teeth?

These unanswered questions have bothered me because everytime I turn around a new research study is taking away something that has added to my pleasure in the past, but is bound to make me sick in the future.

I heard a story about a research rat recently that makes one pause and reflect. The rat's name was Lionel. He was a pro. He had everything tested on him from artificial sweeteners to bread preservatives to foot fungus viruses to brutal subway experiments and survived them all. A researcher figured he was something of a Superrat . . . an immortal who could sustain life no matter what the odds.

The researcher took him home as a pet for his children. Within three months, this indestructible rat was dead.

It seems that one day the rat was taken for a ride in the car with the teenage son who had a learner's permit. The rat died of a heart attack.

That's what this book is about. Surviving.



If You Thought the Wedding Was Bad...

# If You Thought the Wedding Was Bad...

Next to hot chicken soup, a tattoo of an anchor on your chest, and penicillin, I consider a honeymoon one of the most overrated events in the world.

It's one of those awkward times when you know everyone else had a better time than you did but you're too proud to admit it.

A Honeymoon Hall of Fame is being established at a resort hotel in the Poconos.

According to publicity, a heart-shaped alcove will feature photos, mementos and memorabilia of famed loving couples of history and fiction.

To date, they have included a recording of the Duke of Windsor's history-making declaration of love in which he renounced the British throne,