# Variable ir Wolume Systems for Environmental Quality

STEVE CHEN STANLEY DEMSTER

# Variable Air Volume Systems for Environmental Quality

Steve Y. S. Chen Stanley J. Demster

### Library of Congress Cataloging-in-Publication Data

Demster, Stanley J.

697.9'3-dc20

Variable air volume systems for environmental quality / Stanley J. Demster, Steve Chen.

p. cm. ISBN 0-07-011085-9

1. Variable air volume systems (Air conditioning) I. Chen,

Steve. II. Title. TH7687.95.D46 1995

> 95-22732 CIP

Copyright © 1996 by The McGraw-Hill Companies, Inc. All rights reserved. Printed in the United States of America. Except as permitted under the United States Copyright Act of 1976, no part of this publication may be reproduced or distributed in any form or by any means, or stored in a data base or retrieval system, without the prior written permission of the publisher.

1 2 3 4 5 6 7 8 9 0 DOC/DOC 9 0 0 9 8 7 6 5

ISBN 0-07-011085-9

The sponsoring editor for this book was Robert W. Hauserman, and the production supervisor was Pamela A. Pelton. This book was set in Century Schoolbook by North Market Street Graphics.

Printed and bound by R. R. Donnelley & Sons Company.

McGraw-Hill books are available at special quantity discounts to use as premiums and sales promotions, or for use in corporate training programs. For more information, please write to the Director of Special Sales, McGraw-Hill, Inc., 11 West 19th Street, New York, NY 10011. Or contact your local bookstore.

Information contained in this work has been obtained by The McGraw-Hill Companies, Inc. ("McGraw-Hill") from sources believed to be reliable. However, neither McGraw-Hill nor its authors guarantees the accuracy or completeness of any information published herein and neither McGraw-Hill nor its authors shall be responsible for any errors, omissions, or damages arising out of use of this information. This work is published with the understanding that McGraw-Hill and its authors are supplying information but are not attempting to render engineering or other professional services. If such services are required, the assistance of an appropriate professional should be sought.

To my wife Sue for her understanding, encouragement, and patience, and to my daughter Helen and my son Michael.

-Steve Y. S. Chen, P.E.

To Dr. David A. Pistenmaa, Ph.D., M.D., whose skill and talent helped save my life and give me the opportunity to live and work after my encounter with cancer.

—Stanley J. Demster, P.E.

## **Preface**

The energy crisis of the 1970s stimulated the development of new technologies to reduce energy usage in buildings. Computer-aided energy management techniques as well as rigorous applications of the variable air volume (VAV) concept were all initiated during this period. Since then, many new VAV components, such as terminals, fans, air-regulating devices, and controls have been developed. These components have all contributed to the enormous advancement of VAV technology. The increasing application of direct digital control (DDC) since the early 1980s has also intensified this trend.

Today VAV technology is universally accepted as a means of achieving an energy-efficient and comfortable building environment. In fact, VAV systems are one of the most popular air-conditioning systems for commercial and institutional buildings in the United States. Yet not all VAV systems are successful. There are many nonworking VAV systems. Multiple factors contribute to this unfortunate situation. The most significant one is insufficient understanding of VAV concepts and the interaction of system components with control loops under the continuously changing flow conditions. More specifically, there is a lack of appreciation by building professionals of the dynamic interplay among system components and their controls in a given VAV environment. This interplay must be carefully analyzed, measured, and controlled throughout the entire life cycle of the VAV system. The design, construction, and operation phases must all be taken into account.

Traditionally, the design, construction, and operation of a VAV system are separate and independent processes handled by different groups of building professionals: typically, system designers, contractors, and operators. These processes are further complicated by the delegation of responsibilities among different engineering disciplines, including HVAC, electrical, control, acoustics, and facility management. This fragmentation of the building design and construction processes makes the total integration of the VAV system function very difficult.

This book addresses the issue of building and VAV system integration in four major sections: Introduction, VAV System Design, VAV System Construction, and VAV System Operation.

Part 1: Introduction. This section discusses the history, classifications, components, advantages, and disadvantages of VAV systems. The objective is to familiarize the reader with the VAV concept and the intricacy of VAV components and their interactions with controls.

Part 2: VAV System Design. This section emphasizes the importance of designing VAV systems for total environmental quality. Chapter 6 explores the impact of VAV design on five major environmental factors: namely, thermal comfort, indoor air quality (IAQ), variable volume air distribution, acoustics, and building pressurization. Total environmental quality is achieved through integrated design considerations, careful system and component selection, and a continuously interactive design process. These subjects are covered in detail in Chapters 7 through 10. Although seldom emphasized in conventional design, it is the interactive process of design and analysis that often determines the quality of VAV systems. Chapter 11 discusses this subject and shows 10 types of analyses with specific examples to illustrate their effectiveness in VAV design.

Part 3: Construction of VAV Systems. This section discusses realization of the original design intent through the proper construction and installation of system components.

Part 4: Operation of VAV Systems. This section is the final link to ensure the success of a VAV system in a given building environment. It covers a wide range of subjects, from the understanding of design intent to VAV routine maintenance. In particular, it emphasizes practical considerations for the proper operation of VAV systems, such as zoning, actual versus design, making modifications and corrections, and troubleshooting.

The glossary following Part 4 includes terms and concepts which are most frequently used in this book which require further explanation and clarification of their meanings.

In summary, this book provides a comprehensive overview of VAV technology based on the best currently available information, and on the authors' own experience in the design, construction, and operation of modern VAV systems. It is the sincere hope of the authors that this book will aid the reader in utilizing VAV technology to achieve a quality building environment.

## **Acknowledgments**

The authors wish to thank McGraw-Hill Senior Editor Robert W. Hauserman and Christine H. Furry at North Market Street Graphics.

This book could not have been completed without their invaluable suggestions and constructive criticisms. The authors also would like to extend their sincere thanks to ASHRAE, EPRI, Carrier Corporation, The Trane Company, Titus, Honeywell, Baltimore Aircoil, and many others for permission to use their published materials. Special thanks also to Karen Demster for an invaluable contribution that went far beyond the typing of manuscript.

Steve Y. S. Chen, P.E. Stanley J. Demster, P.E.

## Variable Air Volume Systems for Environmental Quality

## **Contents**

vii

Preface xv

## Part 1 Introduction to VAV Systems

Chapter 1. Overview	
1.1 Why VAV?	3
1.2 Definition of a VAV System	4
1.3 History of VAV Systems	5
1.4 Effects of Load Profile	6
1.5 Control and Operation of VAV Systems	7
1.6 Advantages of VAV Systems	8
1.7 Disadvantages of VAV Systems	8
Chapter 2. Types of VAV Systems	11
2.1 Single Zone	11
2.2 Bypass	12
2.3 Dual Duct	14
2.4 Single-Duct Pressure Independent	15
2.5 Induction	17
2.6 Packaged	18
2.7 VAV Exhaust and Ventilation Systems	19
Chapter 3. Size of VAV Systems	21
3.1 Small Packaged	22
3.2 Medium Packaged	23
3.3 Large Built-Up	24
References	24
Chapter 4. VAV System Configurations	25
4.1 By Fan Arrangement	05
4.1.1 Draw-Through Air-Handling Units	25 25
	23

### viii Contents

	4.1.2 Blow-Through Air-Handling Units	25
4.2	By Outdoor Air Introduction	29
	By Terminal Type	30
Chapter	5. VAV System Components	31
5.1	Fans	31
	5.1.1 Types	32
	5.1.2 Capacity Control	35
	5.1.3 Pressure Control	38 39
	5.1.4 Pressure Range 5.1.5 Return, Relief, and Outdoor Air Injection Fans	40
E 0	The special state of the state of the state of the state of the special state of the state of th	40
5.2	Dampers 5.2.1 Damper Selection	41
	5.2.2 Damper Operators	42
	5.2.3 Manual Dampers	44
5.3	Terminal Equipment and Outlets	44
0.0	5.3.1 VAV Terminal Devices	46
	5.3.2 VAV Supply Outlets	52
5.4	Sound Attenuation Devices	55
	5.4.1 Passive Sound Attenuators	56
	5.4.2 Active Sound Attenuators	57
5.5	VAV Controls	60
	5.5.1 Supply Air Temperature and Humidity Control	61
	5.5.2 Static Pressure Control	62
	5.5.3 Outdoor Air Control	62
	5.5.4 VAV Terminal Unit Control 5.5.5 Warm-Up Control	63 64
	5.5.6 Supply and Return Fan Tracking	64
	5.5.7 Exhaust Fan Control	75
	5.5.8 Outdoor Air Fan Control	77
5.6	VAV Ductwork	78
	5.6.1 Duct Construction	78
	5.6.2 Duct Lining	79
	5.6.3 Flexible Ducts	79
	5.6.4 Main Supply Duct Looping	81
D- 40	D. J. WAY O. J.	
Part 2	Design of VAV Systems	
Chapter	6. Total Environmental Quality	85
6.1	Thermal Comfort	86
	6.1.1 Conditions for Thermal Comfort	86
	6.1.2 Prediction of Thermal Comfort	86
	6.1.3 Acceptable Thermal Environments for Comfort	87
	6.1.4 VAV Factors Affecting Thermal Comfort	89
6.2	IAQ and VAV System Design	91
	6.2.1 Ventilation Design	93
	6.2.2 Design Options for VAV System Ventilation	94
	6.2.3 Demand-Controlled Ventilation by Design 6.2.4 Other Design Considerations	98
	6.2.5 IAQ Design Checklist	101
	6.2.6 IAQ Management and Design Documentation	104 108
	o.e.o in a management and besign boddmentation	100

6.	3 Variable Volume Air Distribution	108
	6.3.1 Traditional versus New Design Approach	108
	6.3.2 Design Issues of VAV Air Distribution	110
	6.3.3 Cold Air Distribution	125
6.	4 Acoustics for VAV Systems	126
	6.4.1 Source-Path-Receiver Concept	129
	6.4.2 Partial and Total Acoustical Models	130
	6.4.3 Noise Criteria	132
	6.4.4 Acoustical Characteristics of HVAC Equipment, System	135
	Components, and Building Elements 6.4.5 Building Acoustics	139
	6.4.6 Reading and Applying Manufacturer's Sound Data	143
6	5 Building Pressurization and VAV Systems	146
0.	6.5.1 Objectives of Building Pressurization	147
	6.5.2 Space Usage	151
	6.5.3 Building and Environmental Factors Affecting Pressurization	153
	6.5.4 Impacts of VAV Systems on Building Pressurization	153
	6.5.5 Analysis of System-Building-Environment Interaction	153
R	eferences	155
Chapt	er 7. Design Considerations	157
7.	1 Architectural versus Mechanical Design Considerations	157
	2 Integrated Design Considerations	159
,.	7.2.1 Architectural Space Planning for Mechanical Systems	159
	7.2.2 Comfort, IAQ, and Acoustics Considerations	160
	7.2.3 Compliance with Codes and Standards	160
	7.2.4 Proper and Efficient System Functioning	161
	7.2.5 System and Component Selection	162
7.	3 Design Guidelines versus Design Considerations	164
7.	4 Experience-, Knowledge-, and Simulation-Based Design Considerations	164
	7.4.1 Experience-Based Design Considerations	164
	7.4.2 Knowledge-Based Design Consideration	167
	7.4.3 Simulation-Based Design Considerations	168
Chant	or 9. System Calastian	4-4
Chapt	er 8. System Selection	171
8.	1 Factors Affecting System Selection	171
	8.1.1 Applications	171
	8.1.2 Heating Alternatives	171
	8.1.3 Ventilation Alternatives 8.1.4 System Size	174
	8.1.5 Environmental Quality	177
	8.1.6 Serviceability	181 182
	8.1.7 Budget, Staged Construction, and Other Constraints	183
Chapt	er 9. Component Selection	185
9.	1 Fans and Controls	185
-	2 Dampers	189
	3 Terminal Equipment	192
٥.	9.3.1 VAV Supply Outlets	193
	9.3.2 Self-Regulated VAV Outlets	194

Contents

### x Contents

	9.3.3 VAV Terminals	195
	9.3.4 Fan-Powered Terminals	197
	9.3.5 VAV Induction Terminals	198
Refer	ences	204
Chapter	10. VAV System Design Procedures	205
10.1	Design and Construction Phases	205
10.2	Information Flow and Document Preparation	206
	10.2.1 Program Phase	207
	10.2.2 Schematic Design	208
	10.2.3 Preliminary Design (Design Development)	210
	10.2.4 Final Design	213
10.3		214
	10.3.1 Design Interactions During the Schematic Design Phase	216
	10.3.2 Design Interactions During the Preliminary Design Phase	217
	10.3.3 Design Interactions During the Final Design Phase	222
	Shared Design Information	224
10.5	Step-by-Step Design Procedure	226
Chapter	11. Design Analysis	227
11.1	Load Analysis 11.1.1 Load Calculations in General	228 228
	11.1.2 VAV System Load Analysis	230
	11.1.3 Building Impact Analysis	230
	11.1.4 Effect of Climate	231
	11.1.5 Ventilation Requirements	231
	11.1.6 Reheat Load Analysis	231
11.2	Ventilation Analysis	233
	11.2.1 Introduction	233
	11.2.2 Outdoor Air Supply to Each Space	236
	11.2.3 Application of Ventilation Reduction Allowance Described in	
	ASHRAE Standard 62-1989	240
	11.2.4 Effectiveness of ASHRAE Ventilation Reduction Method	244
11.3		248
	11.3.1 The ISO 7730 Model for Comfort Prediction	248
	11.3.2 Other Methods for Comfort Prediction	250
	11.3.3 Comfort Limits and Analysis of Their Impacts on VAV Design	252
	11.3.4 Local Thermal Discomfort	253
11.4		254
	11.4.1 Introduction 11.4.2 Definition of Indoor Air Quality (IAQ)	254
	11.4.3 Analysis of Other IAQ Factors	255 257
	11.4.4 System Maintenance and Operation	258
11.5	Noise Analysis	258
11.5	11.5.1 Introduction	258
	11.5.2 Manual Methods of Noise Analysis	260
	11.5.3 Computerized Multisource, Multipath Noise Analysis	261
11.6		264
izwedet <del>e</del> k	11.6.1 Factors Affecting Building Pressurization	264
	11.6.2 Building Pressure and Airflow Analysis	264
	11.6.3 High-Rise Building Infiltration Analysis	265

		Contents	xi
11.7	Outdoor Air Variation Analysis		269
11.7	11.7.1 Constant Minimum Outdoor Air Supply Analysis		270
	11.7.2 Demand-Controlled Ventilation Analysis		271
	11.7.3 Economizer Cycle Analysis		274
11.8	Duct Static Pressure Variation Analysis		276
	11.8.1 Two Examples of Pressure Variation Analysis		276
	11.8.2 Duct Design Methods and Techniques		277
	11.8.3 Method of Analysis: A Step-by-Step Procedure		280
11.9	System Reliability and Redundancy Analysis		281
	11.9.1 VAV System Reliability Analysis 11.9.2 VAV System Redundancy Analysis		281
11 10			284
11.10	Integrated Design Analysis 11.10.1 Interactive Building, System, and Control Design		284 284
	11.10.2 Damper Analysis		287
	11.10.3 Stability Analysis		289
	11.10.4 VAV Economizer Cycle Analysis		290
	11.10.5 Pressurization and Minimum Outdoor Air Analyses		294
	11.10.6 Integrated Building and System Design		294
Refer	ences		294
Dord 2	Comptynation of VAV Suptame		
Part 3	Construction of VAV Systems		
Chapter	12. Conformance to Design		299
12.1	3		299
	Field Engineering		301
	Unauthorized Design Changes		302
	Faulty Design		302
12.5	Shop Drawings		303
12.6	Periodic Inspection		304
	12.6.1 Common Installation Errors		304
Chapter	13. Coordination of Trades		307
13.1	Mechanical		307
13.2	Electrical		308
13.3	Control		308
13.4	Plumbing		309
Chapter	14. Protection of Equipment		311
14.1	Fans and Motors		
1 /2 2 2	Controls		311
	VAV Terminals		312
	Filters		313
17.7	· more		313
Chapter	15. VAV Controls		315
15.1	Limitations		316
15.2	When to Install		318

### xii Contents

Chapter	16. Air Balance: Testing and Adjusting	319
16.1	Importance of Air Balancing	319
16.2	Critical Items	319
	16.2.1 Airflow	320
	16.2.2 Noise	321
	16.2.3 Control Stability	322
Chapter	17. Commissioning	323
17.1	Purpose	323
17.2	Common Mistakes	324
17.3	Cost	324
Part 4	Operation of VAV Systems	
Chapter	18. Understanding Design Intent	327
-		328
	Zoning Actual versus Design	329
10.2	Actual versus Design	329
Chapter	19. Saving Energy	331
19.1		332
	19.1.1 Primary and Secondary Equipment Efficiency	332
	19.1.2 Process Changes 19.1.3 Control or Operating Changes	333 334
	19.1.3 Control of Operating Changes	334
Chapter	20. Interdependence with Other Systems	335
Chapter	21. Making Modifications and Correcting Problems	337
Chapter	22. Indoor Air Quality	339
Chapter	23. Resolving Problems	341
23.1	Trending	341
23.2	TORRESS PRODUCTION OF THE PROD	342
	23.2.1 Comfort Complaints	342
	23.2.2 Noise Complaints	343
	23.2.3 Indoor Air Quality (IAQ) and Sick Building Syndrome (SBS)	344
Chapter	24. Control Setpoints	347
24.1	Outdoor Air and Ventilation	347
24.2	Economizer: Dry Bulb and Enthalpy	348
24.3		348
24.4	Heating Water Temperature	348

		Contents	xiii
			0.40
	Space Comfort		349
	AHU Discharge Temperature		349
	Relative Humidity		350 350
	Terminal Minimum Airflow		350
24.9			351
	Zone Pressure		351
	Building Pressure		352
24.12	Shutdown/Start-Up		332
Chapter	25. Performance Tests		353
25.1	Air-Handling Units		353
25.2	Exhaust Systems		353
25.3	Ducts		353
25.4	Terminals		353
25.5	Diffusers/Grilles		354
25.6	Controls		354
25.7	Refrigeration		354
25.8	Heating		354
Chapter	26. VAV Routine Maintenance		355
26.1	Air-Handling Units		355
26.2	Ducts		356
26.3	Terminals		356
26.4	Diffusers and Grilles		357
26.5	Controls		357
Chapter	27. Space Function		359
	Space Function Changes and IAQ		360

Glossary 361 Index 365

**Part** 

1

# **Introduction to VAV Systems**