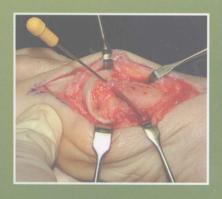


# McGLAMRY'S COMPREHENSIVE TEXTBOOK OF

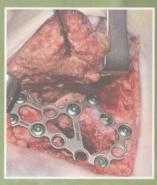
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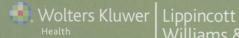






Joe T. Southerland

Jeffrey S. Boberg • Michael S. Downey Aprajita Nakra • Linnie V. Rabjohn



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# McGLAMRY'S

# Comprehensive Textbook of Foot and Ankle Surgery

Fourth Edition

Acquisitions Editor. Brian Brown
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Design Manager. Doug Smock
Manufacturing Manager: Benjamin Rivera
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4th edition

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## **VOLUME TWO**

# McGLAMRY'S

# Comprehensive Textbook of Foot and Ankle Surgery

# Fourth Edition

### **EDITOR**

JOE T. SOUTHERLAND, DPM, FACFAS

Faculty
The Podiatry Institute
Decatur, Georgia
Private Practice

Arlington/Mansfield Foot and Ankle Centers Arlington, Texas

### **AUTHORS' EDITOR**

DANIEL F. VICKERS, CAE

Executive Director The Podiatry Institute Decatur, Georgia

### SECTION EDITORS

JEFFREY S. BOBERG, DPM, FACFAS

Faculty
The Podiatry Institute
Decatur, Georgia

Private Practice

St. Louis, Missouri

### MICHAEL S. DOWNEY, DPM, FACFAS

Faculty

The Podiatry Institute

Decatur, Georgia

Clinical Professor and Former Chairman, Department of Surgery

Temple University School of Podiatric Medicine

Chief, Division of Podiatric Surgery

Penn Presbyterian Medical Center

Private Practice

Ankle and Foot Medical Centers of the Delaware Valley

Philadelphia, Pennsylvania

### APRAJITA NAKRA, DPM, FACFAS

Faculty

The Podiatry Institute

Decatur, Georgia Private Practice

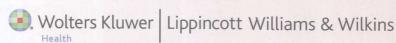
Phoenix and Gilbert, Arizona

### LINNIE V. RABJOHN, DPM, FACFAS

Private Practice

Arlington/Mansfield Foot and Ankle Centers

Arlington, Texas



# **Contributing Authors**

# Patrick S. Agnew, DPM, FACFAS, FACFAP

Founder, Coastal Podiatry Group Virginia Beach, Virginia Past President, American College of Foot and Ankle Pediatrics Director, Podiatric Education Eastern Virginia Medical School Norfolk, Virginia

### Michelle C. Anania, DPM, FACFAS

Private Practice Ankle and Foot Care Centers Youngstown, Ohio

### Alan S. Banks, DPM, FACFAS

Faculty
The Podiatry Institute
Decatur, Georgia
Private Practice
Village Podiatry Centers
Tucker, Georgia

### Gary R. Bauer, DPM

Associate Professor Emeritus Department of Surgery Temple University School of Podiatric Medicine Philadelphia, Pennsylvania

### B. Hudson Berrey, MD, FACS

Professor, Department of Orthopedic Surgery Chief, Sarcoma and Musculoskeletal Oncology University of Florida Health Science Center Jacksonville, Florida

### Jeffrey S. Boberg, DPM, FACFAS

Faculty
The Podiatry Institute
Decatur, Georgia
Private Practice
St. Louis, Missouri

# James L. Bouchard, DPM, FACFAS

Faculty
The Podiatry Institute
Decatur, Georgia
Private Practice
Lawrenceville, Georgia

# Thomas A. Brosky II, DPM, FACFAS

Faculty
The Podiatry Institute
Attending Surgeon
DeKalb Medical Center
Decatur, Georgia
Private Practice
Oakwood, Georgia

# Michelle L. Butterworth, DPM, FACFAS

Affiliate Member
The Podiatry Institute
Decatur, Georgia
Private Practice
Pee Dee Foot Clinic
Kingstree, South Carolina

### Bryan D. Caldwell, DPM, MS

Professor and Dean Clinical Education and Operations Kent State University College of Podiatric Medicine Independence, Ohio

# Craig A. Camasta, DPM, FACFAS, FACPS

Faculty
The Podiatry Institute
Decatur, Georgia
St. Joseph's Hospital
Atlanta, Georgia

### Brian B. Carpenter, DPM, FACFAS

Associate Professor Department of Orthopedics University of North Texas Health Science Center Fort Worth, Texas

### Andrea D. Cass, DPM, AACFAS

Faculty
The Podiatry Institute
Decatur, Georgia
Private Practice
Smyrna, Georgia

# Alan R. Catanzariti, DPM, FACFAS

Affiliate Member The Podiatry Institute Decatur, Georgia The Western Pennsylvania Hospital Philadelphia, Pennsylvania

### Thomas J. Chang, DPM, FACFAS

Faculty
The Podiatry Institute
Decatur, Georgia
Clinical Professor and Past Chairman
Department of Podiatric Surgery
Samuel Merritt School of
Podiatric Medicine
Redwood Orthopedic Surgery Associates
Santa Rosa, California

# Wen-Yin Choi Wang, DPM, AACFAS

East Bay Physicians Medical Group Department of Podiatry Advanced Wound Care Center Sutter Delta Medical Center Antioch, California

# Jeffrey C. Christensen, DPM, FACFAS

President and Founder
Ankle and Foot Clinics Northwest
Past Section Chairman and
Attending Surgeon
Department of Orthopedics,
Podiatric Section
Swedish Medical Center
Seattle, Washington

# Luke D. Cicchinelli, DPM, FACFAS

Faculty
The Podiatry Institute
Decatur, Georgia
Private Practice
East Valley Foot and Ankle Specialists
Mesa, Arizona

### Annalisa Y. Co, DPM

Faculty
The Podiatry Institute
Decatur, Georgia
Private Practice
Sacramento, California

# Randall J. Contento, DPM, AACFAS

Private Practice Central Ohio Podiatry Group Westerville, Ohio

### Keith D. Cook, DPM, FACFAS

Director, Podiatric Medical Education University Hospital University of Medicine and Dentistry of New Jersey Newark, New Jersey

### Stephen V. Corey, DPM, FACFAS

Faculty
The Podiatry Institute
Decatur, Georgia
Private Practice
Pee Dee Foot Clinic
Kingstree, South Carolina

### Timothy W. Crislip, DPM

Private Practice Columbia Orthopaedic Group Columbia, Missouri

### Lopa Dalmia, DPM

Faculty
The Podiatry Institute
Decatur, Georgia
Associate Physician, Podiatric Surgery
University of California Davis
Health System
Citrus Heights, California

# Damien M. Dauphinée, DPM, FACFAS, FAENS, FACCWS, CWS-P

Medical Director Center for Wound Healing and Hyperbaric Medicine North Texas Hospital Denton, Texas

# William T. DeCarbo, DPM, AACFAS

Fellowship Trained Foot and Ankle Surgeon Faculty Mountain Valley Foot and Ankle Reconstruction Fellowship The Orthopedic Group Pittsburgh, Pennsylvania

### Alison M. DeWaters, DPM

Private Practice Affiliated Foot and Ankle Center Howell, New Jersey

# Lawrence A. DiDomenico, DPM, FACFAS

Adjunct Professor
Ohio College of Podiatric Medicine
Visiting Professor
Northeast Ohio Medical University
Section Chief, Podiatric Medicine and
Surgery
St. Elizabeth's Hospital
Director, Reconstructive Rearfoot and
Ankle Surgical Fellowship
Ankle and Foot Care Centers
Youngstown, Ohio

### Cornelius M. Donohue, DPM

Medical Director, Comprehensive Wound Healing Center Roxborough Memorial Hospital Philadelphia, Pennsylvania

### Leslie B. Dowling, DPM

Faculty
The Podiatry Institute
Decatur, Georgia
Private Practice
Waycross, Georgia

# Michael S. Downey, DPM, FACFAS

Faculty
The Podiatry Institute
Decatur, Georgia
Clinical Professor and Former Chairman,
Department of Surgery
Temple University School of
Podiatric Medicine
Chief, Division of Podiatric Surgery
Penn Presbyterian Medical Center
Private Practice
Ankle and Foot Medical Centers of the
Delaware Valley
Philadelphia, Pennsylvania

### Jonnica S. Dozier, DPM

Staff Podiatrist Carl Vinson Veterans Administration Medical Center Dublin, Georgia

### Sean Patrick Dunn, DPM

Faculty
The Podiatry Institute
Attending Surgeon
DeKalb Medical Center
Decatur, Georgia
Staff Physician
Northwest Georgia Medical Center
Gainesville, Georgia
Private Practice
Oakwood, Georgia

### Cameron L. Eilts, DPM

Faculty
The Podiatry Institute
Decatur, Georgia
Private Practice
Sports Medicine Atlantic Orthopedics
Portsmouth, New Hampshire

# Lawrence M. Fallat, DPM, FACFAS

Clinical Assistant Professor
Department of Family Practice
Wayne State School of Medicine
Director, Podiatric Surgical Residency
Section Leader, Podiatry
Department of Surgery
Oakwood Hospital
Taylor, Michigan

### Joseph A. Favazzo, DPM

Assistant Professor
Department of Surgery
Ohio College of Podiatric Medicine
Private Practice
Twinsburg, Ohio

### Danny R. Fijalkowski, DPM

Center for Podiatric Medicine and Surgery Belmont Community Hospital, a Division of Wheeling Hospital Bellaire, Ohio

# Annette D. Filiatrault, DPM, MS, FACFAS

Faculty
The Podiatry Institute
Decatur, Georgia
Private Practice
Atlanta, Georgia

# William D. Fishco, DPM, MS, FACFAS

Faculty
The Podiatry Institute
Decatur, Georgia
Teaching Faculty
Maricopa Medical Center
Private Practice
Anthem, Arizona

# Ryan H. Fitzgerald, DPM, AACFAS

Private Practice Hess Orthopaedics and Sports Medicine Harrisonburg, Pennsylvania

# K. Paul Flanigan, DPM, FACFAS

Private Practice Portland Foot and Ankle Portland, Maine

# Justin J. Fleming, DPM, FACFAS

Faculty
The Podiatry Institute
Decatur, Georgia
Chief, Foot and Ankle Service
Muscle, Bone and Joint Center
Director, Foot and Ankle Training
Aria Health System
Northwest Orthopedic Specialists
Philadelphia, Pennsylvania

# Lawrence A. Ford, DPM, FACFAS

Assistant Sub-Chief, Department of Orthopedics and Podiatric Surgery Kaiser Permanente Program Director Kaiser San Francisco Bay Area Foot and Ankle Residency Oakland, California

# Renato J. Giorgini, DPM, FACFAS, FASPS, DABPS, DABPO

Section Chief, Podiatric Surgery Director, Podiatric Medical Education Good Samaritan Medical Center Professor, Division Surgical Sciences New York College of Podiatric Medicine Lindenhurst, New York

### Tara L. Giorgini, DPM, MD

Faculty
The Podiatry Institute
Decatur, Georgia
Casa di Cura Quisisana
Rome, Italy

# Robert M. Goecker, DPM, FACFAS

Faculty
The Podiatry Institute
Decatur, Georgia
Chief, Podiatric Foot and Ankle Surgery
Sarasota Memorial Hospital
Private Practice
Sarasota, Florida

# Sean T. Grambart, DPM, FACFAS

Carle Physician Group Carle Foundation Hospital Clinical Instructor University of Illinois School of Medicine Champaign, Illinois

### Jaymes D. Granata, MD

Private Practice Lewis Center, Ohio

### David J. Granger, DPM, FACFAS

Orthopaedic and Spine Specialists York, Pennsylvania

# Christa M. Gredlein, DPM, FACFAS

Private Practice Baltimore, Maryland

### Donald R. Green, DPM, FACFAS

Faculty
The Podiatry Institute
Decatur, Georgia
Residency Director
Scripps Mercy Kaiser Podiatric
Residency Program
San Diego, California
Clinical Professor
California School of Podiatric Medicine
Oakland, California

# Jordan P. Grossman, DPM, FACFAS

Affiliate Member The Podiatry Institute Decatur, Georgia Private Practice Akron, Ohio

# Mack Jay Groves IV, DPM, FACFAS

Faculty
The Podiatry Institute
Decatur, Georgia
St. Tammany Parish Hospital
Covington, Louisiana

### Charles J. Gudas, DPM, FACFAS

Private Practice Charleston, South Carolina

# George S. Gumann, DPM, FACFAS

Faculty
The Podiatry Institute
Decatur, Georgia
Orthopedic Clinic
Martin Army Hospital
Fort Benning, Georgia

### Todd R. Gunzy, DPM, FACFAS

Affiliate Member
The Podiatry Institute
Decatur, Georgia
Director, Pediatric Foot and Ankle Medical
Mission Program
Private Practice
Mesa, Arizona

### Todd B. Haddon, DPM, FACFAS

Faculty
The Podiatry Institute
Decatur, Georgia
Private Practice
Mesa, Arizona

### Patrick B. Hall, DPM

Faculty
The Podiatry Institute
Decatur, Georgia
Bone and Joint Clinic of Baton Rouge
Baton Rouge, Louisiana

# Graham A. Hamilton, DPM, FACFAS

Attending Surgeon
Department of Orthopedics and
Podiatric Surgery
Kaiser San Francisco Bay Area Foot and
Ankle Residency Program
Antioch, California

### Mark A. Hardy, DPM, FACFAS

Staff
Ohio Permanente Medical Group, Inc.
Director, Cleveland Clinic Kaiser
Permanente Foot and Ankle Residency
Cleveland, Ohio

### Edwin J. Harris, DPM, FACFAS

Clinical Professor, Orthopaedics and Rehabilitation Loyola University Chicago, Stritch School of Medicine Chicago, Illinois

# William Harris IV, DPM, AACFAS

Private Practice Lancaster, South Carolina

### Geoffrey S. Heard, DPM

Chairman, Podiatry Department Sequoia Hospital Redwood City, California Private Practice Belmont, California

### John E. Herzenberg, MD, FRCSC

Director, Pediatric Orthopedics
Director, International Center for
Limb Lengthening
Director, Limb Reconstruction Fellowship
Program
Rubin Institute for Advanced Orthopedics
Sinai Hospital of Baltimore
Clinical Professor, Department of
Orthopaedics
University of Maryland School of Medicine
Baltimore, Maryland

### Gina A. Hild, DPM

PGY III
Kaiser Permanente, Cleveland Clinic
Foundation
Cleveland, Ohio

### Linda Ho, DPM

Private Practice Loma Linda, California

### Claire A. Hollstrom, DPM

Diplomate, American Board of Podiatric Surgery Private Practice Ankle and Foot Center of Georgia LaGrange, Georgia

### Jacob A. Hord, DPM, AACFAS

Faculty
Jewish Hospital Podiatry Residency
Program
Louisville, Kentucky
Private Practice
Shelbyville, Kentucky

# Zeeshan S. Husain, DPM, FACFAS

Assistant Residency Director Podiatric Medicine and Surgery Residency Detroit Medical Center Detroit, Michigan

# Byron L. Hutchinson, DPM, FACFAS

Program Director, Foot and Ankle Institute St. Francis Hospital Federal Way, Washington Private Practice Burien, Washington

# Christopher F. Hyer, DPM, MS, FACFAS

Fellowship Co-Director Advanced Foot and Ankle Surgical Fellowship Orthopedic Foot and Ankle Center Westerville, Ohio

# Keith L. Jacobson, DPM, FACFAS

Committee Member Highlands-Presbyterian St. Luke's Residency Program Advanced Orthopedic and Sports Medicine Specialists Denver, Colorado

# Meagan M. Jennings, DPM, FACFAS

Department of Orthopedics and Podiatry Palo Alto Medical Foundation Chief of Podiatry El Camino Hospital Mountain View, California

### A. Louis Jimenez, DPM, FACFAS

Faculty
The Podiatry Institute
Decatur, Georgia
Program Director, Atlanta VAMC Podiatric
Residency Program
Past President, American College Foot and
Ankle Surgeons
Private Practice
Gwinnett Foot, Ankle Leg Centers
Snellville, Georgia

### Shine John, DPM, AACFAS

Foot Specialists Cedar Park, Texas

### Warren S. Joseph, DPM, FIDSA

Consultant Lower Extremity Infectious Diseases Roxborough Memorial Hospital Philadelphia, Pennsylvania

### Molly A. Judge, DPM, FACFAS

Director, Publications and Research
Podiatric Residency Program
Cleveland Clinic Foundation–Kaiser
Permanente Foundation
Cleveland, Ohio
Adjunct Faculty
Ohio University and Colleges of
Podiatric Medicine
Faculty
Graduate Medical Education
Mercy Health Partners
Private Practice
Toledo, Ohio

### Carl A. Kihm, DPM

Faculty
The Podiatry Institute
Decatur, Georgia
Private Practice
Douglasville, Georgia

### Paul J. Kim, DPM, FACFAS

Associate Professor, Department of Plastic Surgery Division of Wound Healing and Hyperbaric Medicine Georgetown University Hospital Washington, District of Columbia

### Tracy L. Klimaz, DPM, AACFAS

Private Practice Virginia Beach, Virginia

### Constantine S. Kokenes, MD

Department of Anesthesiology DeKalb Medical Center Decatur, Georgia

### Mark A. Kosinski, DPM, FIDSA

Professor, Department of Medical Sciences New York College of Podiatric Medicine New York, New York Instructor, Department of Surgery New York Medical College Valhallah, New York

### Bradley M. Lamm, DPM, FACFAS

Head of Foot and Ankle Surgery
International Center for
Limb Lengthening
Director, Foot and Ankle Deformity
Correction Fellowship
Rubin Institute for Advanced
Orthopedics
Sinai Hospital
Baltimore, Maryland

# Adam S. Landsman, DPM, PhD, FACFAS

Assistant Professor of Surgery Harvard Medical School Chief, Division of Podiatric Surgery Cambridge Health Alliance Cambridge, Massachusetts

# Stephan J. LaPointe, DPM, PhD, FACFAS

Faculty
The Podiatry Institute
Decatur, Georgia
Private Practice
Rome, Georgia

# Gretchen A. Lawrence, DPM, AACFAS

Private Practice Waynesville, North Carolina

### Michael S. Lee, DPM, FACFAS

Adjunct Clinical Professor
Des Moines University
Past President
American College of Foot and
Ankle Surgeons
Private Practice
Capital Orthopaedics and Sports
Medicine, PC
Clive, Iowa

### George T. Liu, DPM, FACFAS

Assistant Professor
Department of Orthopaedic Surgery
University of Texas Southwestern
Medical Center
Parkland Memorial Hospital Level I
Trauma Center
Dallas, Texas

### Kieran T. Mahan, DPM, FACFAS

Faculty
The Podiatry Institute
Decatur, Georgia
Associate Dean for Academic Affairs
Chair and Professor, Department of
Podiatric Surgery
Temple University School of
Podiatric Medicine
Philadelphia, Pennsylvania

# D. Scot Malay, DPM, MSCE, FACFAS

Faculty
The Podiatry Institute
Decatur, Georgia
Director of Podiatric Research and
Staff Surgeon
Penn Presbyterian Medical Center
Private Practice
Ankle and Foot Medical Centers of the
Delaware Valley
Philadelphia, Pennsylvania

### Dennis E. Martin, DPM, FACFAS

Faculty
The Podiatry Institute
Decatur, Georgia
Private Practice
North Charleston, South Carolina

# Suhail B. Masadeh, DPM, FACFAS Faculty

American Health Network Fellowship Advanced Reconstructive Foot and Ankle Surgery Private Practice Muncie, Indiana

### Michael P. Maskill, DPM

Orthopaedic Associates of Kalamazoo Department of Foot and Ankle Surgery Kalamazoo, Michigan

# E. Dalton McGlamry, DPM, DSc (Hon), DHL

Founding Member The Podiatry Institute Decatur, Georgia

# Michael C. McGlamry, DPM, FACFAS

Faculty
The Podiatry Institute
Decatur, Georgia
Private Practice
Cumming, Georgia

# Robert W. Mendicino, DPM, FACFAS

Foot and Ankle Surgery Pinnacle Orthopedic Associates Salisbury, North Carolina

# Allison J.A. Menke, DPM, AACFAS

Faculty
The Podiatry Institute
Decatur, Georgia
Attending Surgeon
DeKalb Medical Center
Decatur, Georgia

# Thomas J. Merrill, DPM, FACFAS

Faculty
The Podiatry Institute
Decatur, Georgia
Professor of Surgery
Barry University School of
Podiatric Medicine
Miami Shores, Florida
Residency Director
Mercy Hospital
Miami, Florida

# Amanda Meszaros, DPM, FACFAS

Co-Chair, Department of Surgery Mercy Allen Hospital Private Practice Oberlin, Ohio

### Justin T. Meyer, DPM

Faculty
The Podiatry Institute
Decatur, Georgia
Private Practice
Santa Barbara, California

### Andrew J. Meyr, DPM, AACFAS

Assistant Professor, Department of Podiatric Surgery Temple University School of Podiatric Medicine Philadelphia, Pennsylvania

### J. Michael Miller, DPM, FACFAS

Director of Fellowship Training Foot and Ankle Reconstructive Surgical Service American Health Network Indianapolis, Indiana

### Stephen J. Miller, DPM

Faculty
The Podiatry Institute
Decatur, Georgia
Anacortes, Washington

### Hilaree B. Milliron, DPM

Private Practice Jacksonville Beach, Florida

# William G. Montross, DPM, FACFAS

Attending Physician
Denver Veterans Administration Hospital
Podiatric Residency
Denver, Colorado
Assistant Clinical Professor
Rocky Vista Osteopathic College
Parker, Colorado

### Jared L. Moon, DPM

Faculty
The Podiatry Institute
Decatur, Georgia
Private Practice
Chicago, Illinois

# James H. Morgan Jr, DPM, FACFAS, FAAPSM

Faculty
The Podiatry Institute
Decatur, Georgia
Private Practice
Mobile, Alabama

# Robb A. Mothershed, DPM, FACFAS

Faculty
The Podiatry Institute
Decatur, Georgia
AO Alumnus
Department of Orthopedics
University of Washington
Seattle, Washington
Private Practice
Winston-Salem, North Carolina

# Travis A. Motley, DPM, MS, FACFAS

Associate Professor
Department of Orthopaedic Surgery
Bone and Joint Institute
University of North Texas Health
Science Center
Fort Worth, Texas

### Aprajita Nakra, DPM, FACFAS

Faculty
The Podiatry Institute
Decatur, Georgia
Private Practice
Phoenix and Gilbert, Arizona

### Alan Ng, DPM, FACFAS

Advanced Orthopedic and Sports Medicine Specialists Residency Committee Highlands/ Presbyterian St. Luke's Medical Center Denver, Colorado

### Lawrence M. Oloff, DPM

Diplomate, American Board of Podiatric Surgery Sports Orthopedic and Rehabilitation (SOAR) Medical Group Redwood City, California

### Lawrence S. Osher, DPM

Professor, Department of Podiatric Medicine Ohio College of Podiatric Medicine Independence, Ohio

### Kittra T. Owens, DPM

Division Officer, Department of Orthopedics Naval Hospital Camp Lejeune, North Carolina

# Charles F. Peebles, DPM, FACFAS

Faculty
The Podiatry Institute
Decatur, Georgia
Private Practice
Atlanta, Georgia

### Jorge G. Penagos Vasquez, MD

Chief, Department of Orthopaedic Surgery and Foot and Ankle Pediatric Foundation of Guatemala City Guatemala City, Guatemala

### Keith D. Pfeifer, DPM

Assistant Residency Director Eisenhower Army Medical Center Fort Gordon, Georgia

### Jane Pontious, DPM, FACFAS

Faculty
The Podiatry Institute
Decatur, Georgia
Chair, Department of Surgery
Assistant Dean of Clinical Education
Temple University School of
Podiatric Medicine
Philadelphia, Pennsylvania

### Donald R. Powell, DPM

Faculty
The Podiatry Institute
Attending Surgeon
DeKalb Medical Center
Decatur, Georgia

# Linnie V. Rabjohn, DPM, FACFAS

Private Practice Arlington/Mansfield Foot and Ankle Centers Arlington, Texas

### Johanna-Marie Richey, DPM, BBS

Chief Resident Kaiser San Francisco Bay Area Foot and Ankle San Francisco, California

# Thomas S. Roukis, DPM, PhD, FACFAS

Department of Orthopaedics Podiatry and Sports Medicine Gundersen Lutheran Medical Center La Crosse, Wisconsin

### John A. Ruch, DPM, FACFAS

Director of Medical Education The Podiatry Institute Attending Surgeon DeKalb Medical Center Decatur, Georgia Private Practice Village Podiatry Centers Tucker, Georgia

### Shannon M. Rush, DPM, FACFAS

Director, Silicon Valley Foot and Ankle Fellowship Palo Alto Medical Foundation Mountain View, California

### Jay D. Ryan, DPM, AACFAS

Faculty
The Podiatry Institute
Decatur, Georgia
Staff Physician
Inova Fairfax Hospital
Fairfax, Virginia

### John M. Schuberth, DPM

Faculty
The Podiatry Institute
Decatur, Georgia
Chief, Foot and Ankle Surgery
Department of Orthopedic Surgery
Kaiser Foundation Hospital
San Francisco, California

### Jaclyn M. Schwartz, DPM

Senior Resident DeKalb Medical Center Decatur, Georgia

### Thomas F. Smith, DPM, FACFAS

Faculty
The Podiatry Institute
Decatur, Georgia
Chairman, Podiatry Section
University Hospital
Podiatry Staff
Charlie Norwood VAMC
Augusta, Georgia
Consultant
Eisenhower Army Medical Center
Fort Gordon, Georgia

### Joe T. Southerland, DPM, FACFAS

Faculty
The Podiatry Institute
Decatur, Georgia
Private Practice
Arlington/Mansfield Foot and
Ankle Centers
Arlington, Texas

### Sarah A. Spizzirri, DPM, AACFAS

Private Practice Christie Clinic Champaign, Illinois

### John J. Stapleton, DPM, FACFAS

Foot and Ankle Surgery
VSAS Orthopaedics
Chief of Podiatric Surgery
Leigh Valley Hospital
Allentown, Pennsylvania
Clinical Assistant Professor of Surgery
Penn State College of Medicine
Hershey, Pennsylvania

### Jerome K. Steck, DPM, FACFAS

Private Practice Southern Arizona Orthopedics Tucson, Arizona

### Dawn Y. Stein, DPM, CWS

Department of Podiatry Grove City Medical Center Grove City, Pennsylvania

# John S. Steinberg, DPM, FACFAS

Associate Professor
Department of Plastic Surgery
Georgetown University School
of Medicine
Program Director
MedStar Washington Hospital Center
Podiatric Residency
Co-Director, Center for Wound Healing
MedStar Georgetown University Hospital
Washington, District of Columbia

# John J. Stienstra, DPM, FACFAS

Department of Orthopedics The Permanente Medical Group Union City, California

### Tod R. Storm, DPM, FACFAS

Active Staff Bozeman Deaconess Hospital Bozeman, Montana

### Robert P. Taylor, DPM, FACFAS

Faculty
The Podiatry Institute
Decatur, Georgia
Adjunct Faculty
Department of Medicine
Baylor Medical Center
Garland, Texas
Private Practice
Frisco, Texas

# James L. Thomas, DPM, FACFAS

Chief, Division of Foot and Ankle Department of Orthopaedic Surgery University of Florida Jacksonville, Florida

### Marija Ugrinich, DPM, AACFAS

Staff Surgeon
Penn Presbyterian Medical Center
Private Practice
Ankle and Foot Medical Centers of the
Delaware Valley
Philadelphia, Pennsylvania

### John V. Vanore, DPM, FACFAS

Faculty
The Podiatry Institute
Decatur, Georgia
Private Practice
Gadsden, Alabama

### Harold W. Vogler, DPM, FACFAS

Past Chairman, Department of Surgery Pennsylvania College of Podiatric Medicine Philadelphia, Pennsylvania Past Chairman, Section of Foot and Ankle Surgery Sarasota Memorial Hospital Partner and Fellowship Director Sarasota Orthopedic Associates Sarasota, Florida

### Carl R. Wagreich, DPM

Associate Clinical Professor
University of Southern California
Los Angeles, California
Residency Director
HealthSouth Surgery Center of South Bay/
Baja Project Surgical Residency Program
Torrance, California
Co-Director, Baja Project for
Crippled Children
Mexicali, Mexico

# George F. Wallace, DPM, FACFAS

Director, Podiatry Service Medical Director, Ambulatory Care Services University Hospital University of Medicine and Dentistry of New Jersey Newark, New Jersey

# Mari Wargo-Dorsey, DPM, AACFAS

Private Practice The Ankle and Foot Care Centers Boardman, Ohio

# R. David Warren, DPM, FACFAS

Private Practice Arlington, Texas

# Steven A. Weiskopf, DPM, FACFAS

Faculty
The Podiatry Institute
Decatur, Georgia
Private Practice
Woodstock, Georgia

### Mitzi L. Williams, DPM, FACFAS

Young Affiliate Member
The Podiatry Institute
Decatur, Georgia
Attending Surgeon
San Francisco Bay Area Foot and Ankle
Residency Program
Department of Orthopedics and
Podiatric Surgery
Kaiser Permanente Hospital
Oakland, California

### Jason J. Willis, DPM, AACFAS

Attending Podiatrist Foot Centers of Texas Methodist Sugar Land Hospital Sugar Land, Texas

### Jon M. Wilson Jr, DPM, AACFAS

Department of Surgery St. Tammany Parish Hospital Lakeview Regional Medical Center Covington, Louisiana

### Robyn Winner, DPM

Private Practice Seattle, Washington

# Daniel J. Yarmel, DPM, AACFAS, AAPWCA

Private Practice and Attending Faculty Pinnacle Health Hospitals Harrisburg, Pennsylvania

# Thomas M. Zgonis, DPM, FACFAS

Associate Professor, Department of Orthopaedics Division Chief, Externship Fellowship Program Director University of Texas Health Science Center San Antonio, Texas

### Richard J. Zirm, DPM

Faculty
The Podiatry Institute
Decatur, Georgia
Department of Surgery
Southwest General Health Center
Private Practice
Cleveland, Ohio

## Foreword

The fourth edition of *McGlamry's Comprehensive Textbook of Foot and Ankle Surgery* has been written to meet the current need for a comprehensive work on foot and ankle surgery, not only for podiatric surgeons but also for orthopaedic foot and ankle surgeons, who are making valuable contributions to this field.

Foot and ankle surgery has evolved at a rapid pace over the past 30 years. Not until an understanding of foot and ankle biomechanics and the principles of AO-ASIF were materially refined was this surgery practiced with precision. Prior to that time, functional arthroplasty and fusion dominated the field. Orthopaedic companies assisted in that revolution with the development of unique designs of internal and external fixation that brought the surgical results into a functional cure rather than a palliative "fix."

In concert with this revolution, E. Dalton McGlamry, DPM, founded the Podiatry Institute in Atlanta and soon thereafter edited the text *Fundamentals of Foot Surgery* and the first edition of *The Comprehensive Textbook of Foot Surgery*. Dr. McGlamry was a great inspiration to all podiatric surgeons, and his legacy has been carried on by many of his residents and colleagues.

This two-volume edition of McGlamry's Comprehensive Textbook of Foot and Ankle Surgery, edited by Joe T. Southerland, DPM, and assisted by 151 authors, consists of 117 chapters and more than 1,900 pages and is worthy of comparison with Campbell's Operative Orthopedics. Virtually every aspect of foot and ankle surgery has been covered, from ingrown nails to total ankle arthroplasty and hybrid external fixation.

To overcome the widespread conception of foot and ankle surgery as a purely mechanical equation, an effort is made in the first section of this text to correlate the technical principles used in this subspecialty. This is followed by a section on perioperative management, which includes the various aspects that one encounters in foot and ankle surgery. The next 50 chapters follow guidelines of anatomical sites where foot and ankle surgery is performed, beginning with nail surgery and concluding with midfoot and hindfoot arthrodesis. The section on first ray, hallux abducto valgus, and related deformities is especially noteworthy, with 14 chapters on the subject covering virtually every aspect of contemporary correction of bunion deformities and their complications. This is true as well for the section on trauma, with 18 comprehensive chapters on the subject.

This book is designed to be a user-friendly and clinically relevant text on common foot and ankle surgery procedures. As the discipline becomes more and more sophisticated, it is obvious that the technical component of operative intervention is critical to clinical success or failure. Therefore, there continues to be an important need to understand the technical aspects of foot and ankle surgery. Many pearls of wisdom are detailed by the authors in order to deal with the multiple potential pitfalls seen in patients with complex foot and ankle deformities.

I have often said that "surgery is both a science and an art, but foot and ankle surgery may be more art than science." This text should prove to be the resource of choice for modern foot and ankle surgery care over the next several years. It will serve those who are novices in the field who wish to concentrate on principles, those experienced surgeons who wish to fine-tune their approach, and everyone in between.

Lowell Scott Weil, Sr, DPM Weil Foot and Ankle Institute Des Plaines, Illinois

# Preface

It is with great pleasure that we present the fourth edition of *McGlamry's Comprehensive Textbook of Foot and Ankle Surgery*. The goal of this text, as always, is to help students build a good foundation, to help residents develop their skills, and to help surgeons hone their technique.

Like the three previous editions, this book encompasses all facets of foot and ankle surgery. This edition, however, places greater emphasis on an instructional approach so as to better help the surgeon, resident, or student *see* how the procedures are done. It has been completely reorganized to present content in a more logical fashion. Divided into 12 parts across 2 volumes, it begins with basics such as biomaterials and pain management and moves through anatomic locations, physiologic conditions, special surgery, tumors, and trauma. This fourth edition has dozens more chapters and contributors than earlier volumes, making it the most truly comprehensive *Comprehensive Textbook* so far. In addition, for the first time, the

textbook has been printed in full color throughout, greatly clarifying the appearance of disorders, diagnostic signs, and surgical landmarks and bringing the operative steps to life.

As the lead editor, I extend my gratitude to the section editors for their work in helping make this a reality. However, most appreciated are the authors, without whom a book of this sort cannot exist. Amid the responsibilities of practice, teaching, and family lives, they were able to find the time needed to write these chapters. Unfortunately, this edition is missing one esteemed author, Gerard V. Yu, who passed away unexpectedly in 2005.

It has been a several-year journey since we started work on this book, and I am very proud to be a part of it. It is my hope that it delivers what we set out to do.

Joe T. Southerland, DPM, FACFAS

# Introduction

As the director of Medical Education of the Podiatry Institute, I am proud to provide the Introduction for the fourth edition of McGlamry's Comprehensive Textbook of Foot and Ankle Surgery.

This textbook is the ongoing testament to the life passion of E. Dalton McGlamry, DPM. This ambitious project was conceived 30 years ago under the direction of Dr. McGlamry. The supporting staff included graduates of the original Doctor's Hospital Podiatric Residency and many other highly talented and dedicated educators in the podiatric profession.

The first edition, called simply *Comprehensive Textbook of Foot Surgery*, took several years to compile and edit and was published in 1987. It could not have been completed without the tireless support of Dalton's wife, Becky, who served the unenviable roll as authors' editor. The second edition was produced in 1992 under the guidance of editors Dalton McGlamry, Alan Banks, and Michael Downey. The third edition was released in 2001 with Alan Banks, Michael Downey, Dennis Martin, and Steve Miller serving as editors. You now hold the fourth edition. Our many thanks are owed to editors Joe Southerland, Jeffrey Boberg, Michael Downey, Aprajita Nakra, and Linnie Rabjohn for their countless hours of work.

Anyone who has attempted to produce a scientific paper knows the many hours of commitment and effort that are necessary to complete even a single article. That the dedicated faculty of the Podiatry Institute have stuck together for over 40 years and overseen the publication of a major textbook on foot and ankle surgery through four editions is a remarkable feat. One of our dearest members, the late Gerard Vincent Yu, deserves special mention. His many contributions to podiatric education, his drive and energy, his integrity, his love of the profession, and his commitment to colleagues and friends have inspired and always will inspire us.

The contributing authors for this textbook throughout its lifespan so far are too many to mention individually, but without each and every one of them those editions could not have been completed. I would like to recognize and salute each of the individuals who once again have sacrificed their personal time and energy to perpetuate this information.

The completion of this edition of *McGlamry's Comprehensive Textbook of Foot and Ankle Surgery* could not have been possible without the tireless efforts of Mr. Dan Vickers, the executive director of the Podiatry Institute. It has been Dan's commitment and support to the project, to the institute, and to each of us that has kept us on track to reach our goal once again.

John A. Ruch, DPM

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