

Assessment and Treatment of Sex Offenders

A HANDBOOK

Edited by

Anthony R. Beech, Leam A. Craig and Kevin D. Browne



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A John Wiley & Sons, Ltd., Publication

This edition first published 2009
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Wiley-Blackwell is an imprint of John Wiley & Sons, formed by the merger of Wiley's global Scientific, Technical, and Medical business with Blackwell Publishing.

Registered Office

John Wiley & Sons Ltd, The Atrium, Southern Gate, Chichester, West Sussex, PO19 8SQ, UK

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Library of Congress Cataloging-in-Publication Data

Assessment and treatment of sex offenders : a handbook / [edited by]

Anthony R. Beech, Leam A. Craig & Kevin D. Browne.

p. cm.

Includes bibliographical references and index.

ISBN 978-0-470-01899-6 chbks ISBN 978-0-470-01900-9 (pbk. : alk. paper)

1. Sex offenders. 2. Sex offenders—Rehabilitation. 3. Sex offenders—Psychology. 4. Criminal behavior, Prediction of. 5. Risk assessment. I. Beech, Anthony R. II. Craig, Leam. III. Browne, Kevin.

HV6556.A77 2009

365'.661—dc22

2008022819

British Library Cataloguing in Publication Data

A catalogue record for this book is available from the British Library

Typeset in 11/13pt Times New Roman by Thomson Digital

Printed and bound in Singapore by Markono Print Media Pte Ltd

1 2009

Assessment and Treatment of Sex Offenders

Dedication

Anthony Beech: *For Dawn and Jake, with all my love, who have to endure many hours without me to enable projects like this to see the light of day.*

Leam Craig: *For my parents and Nola, for their never-ending love and support, and for Rohan's future.*

Kevin Browne: *For my children; I hope the time I have invested in this project at their expense will be compensated by their better protection as a result of this book.*

Acknowledgements

We would like to thank all those at Wiley (especially Gillian Lesley and Claire Rushton) for allowing us the opportunity to produce this book. We would also like to give a special thank you to Gill Whitley for all her hard work in copyediting the manuscript.

Anthony Beech, Leam Craig and Kevin Browne

Spring 2008

About the Editors

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Professor Kevin D. Browne, BSc, MSc, PhD, MEd, C.Biol, C.Psychol (Forensic) is both a chartered biologist and chartered psychologist employed by the University of Liverpool as Chair of Forensic and Child Psychology. He has been researching family violence and child maltreatment for 30 years and has published extensively on the prevention of violence to children. After 12 years as an Executive Councillor of the International Society for the Prevention of Child Abuse and Neglect (ISPCAN), he is currently consultant to the European Commission, UNICEF and heads the World Health Organization Collaborating Centre on Child Care and Protection based in the UK. His research interests are concerned with the development of aggression, antisocial and criminal behaviour in children and teenagers, in particular the role of family violence, child abuse and neglect. His most recent policy publications are a chapter on 'Violence against the child in the home and family' contributed to the UN Secretary General's World Report on Violence to Children (October 2006) and a policy briefing to the World Health Organization (August 2007) on *Preventing Child Maltreatment in Europe: A Public Health Approach*. Email: kevin.browne@liverpool.ac.uk

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Dennis M. Doren, PhD is the Evaluation Director at the Sand Ridge Secure Treatment Center in Wisconsin. He received his PhD in Clinical Psychology with a subspecialty in Crime and Delinquency Studies from the Florida State University in 1983. Since mid-1994, he has conducted and testified about sex offender civil commitment evaluations, served as a consultant, and/or done training on risk assessment of sex offenders in all but 2 of the 20 jurisdictions with active sex offender civil commitment laws, as well as other places where civil commitments were not the main issue. His second book, published in 2002, was entitled *Evaluating sex offenders: A manual for civil commitments and beyond*. His other publications concerning sex offender assessments include dozens of articles in professional periodicals and book chapters. Dr Doren has presented at various national and international conferences on topics related to the diagnostic and risk assessment of sexual offenders.

Hilary Eldridge, Dip. SW, CQSW is Chief Executive of the Lucy Faithfull Foundation, a child protection charity specialising in child sexual abuse. She began working with sex offenders and their families after qualifying as a probation officer in 1975. In 1988 she co-founded a residential assessment and treatment centre for sex offenders, which was superseded by the Lucy Faithfull Foundation, established in 1993. She co-authors and monitors the charity's assessment and treatment programmes for adult male and female offenders and for young people who engage in sexually harmful behaviours. She consults to probation and prisons and is an international speaker. Hilary was a member of the Joint Prison and Probation Accreditation Panel from

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Yolanda Fernandez, PhD graduated in Clinical/Forensic Psychology in 2001 from Queen's University in Kingston, Ontario. As a registered psychologist she currently holds the position of Chief Psychologist, Regional Coordinator of Sexual Offender Treatment Programs within the Correctional Service of Canada. Additionally, she spent 14 months in the position of Chief Psychologist at Millhaven Institution, a maximum security correctional facility. Yolanda has also worked as the Clinical Director of Rockwood Psychological Services, and the Clinical Director of the Sexual Offender Treatment Program located at Bath Institution (a medium security federal penitentiary). In 1999 Yolanda designed a training package to teach effective therapist skills to clinicians working with sexual offenders. She has provided this training within Canada, the United States and several European countries. In addition to her clinical work Yolanda is an active researcher who currently has several presentations at international conferences and over 20 publications. Her publications include an edited book, two co-authored books and three co-edited books. Yolanda's research interests include therapeutic process in sexual offender treatment, empathy deficits in sexual offenders, and phallometric testing with sexual offenders. She has been an active member of the Association for the Treatment of Sexual Abusers since 1996, including spending two years as the Student Representative to the Board of Directors.

Donald Findlater, FRSA, is Director of Research and Development with the Lucy Faithfull Foundation, a child protection charity working across the UK. He left a career in the Probation Service to manage the Foundation's Wolvercote Clinic, the UK's only residential assessment and treatment centre for men with allegations of or convictions for sexual offences against children. Following closure of the Clinic, he has helped pioneer developments in sex offender treatment, management and support and in child sexual abuse prevention using public health models. These developments include Circles of Support and Accountability and Stop it Now! UK and Ireland and its Helpline for people concerned about their own behaviour or that of others. Donald is often called upon by the media to comment upon sex offender risk, assessment and management, as well as upon child sexual abuse prevention. He sits on the Board of the Independent Safeguarding Authority.

Hannah J. Ford, MPhil, ClinPsyD is a clinical psychologist working in the West Midlands with young people in care, including those who are involved in offending. Before moving to this role, Hannah worked for the Lucy Faithfull Foundation, contributing to the assessment and treatment of perpetrators of sexual offences against children, and completing a Home Office commissioned evaluation of national need

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Tanya Garrett, PhD has completed postgraduate training in clinical psychology (MSc University of Birmingham, 1989) and psychotherapy (MSc University of Warwick, 1992). She is an honorary senior lecturer at the University of Birmingham, and a chartered clinical and forensic psychologist and chartered scientist. She has worked in both forensic and generic mental health services, both with adults and children, and currently manages the psychology service at a forensic CAMHS inpatient facility. She has served on the Investigatory Panel of the British Psychological Society's Investigatory Committee, and the Investigatory Committee itself. Her PhD was in the field of sexual contact with patients/boundary violations. She has undertaken research in a variety of fields, including ethical issues in therapy, sexual contact between therapists and patients, inappropriate behaviour between trainers and trainees, Asian sexual offenders, and sexual offender treatment and evaluation. Her clinical interests include risk assessment of parents in childcare/abuse cases, and therapy with offenders, particularly those with personality disorder and sexual offenders.

Carmen L.Z. Gress PhD is a researcher and consultant on issues related to offender assessment, risk management, treatment, and program evaluation. She received her Ph.D. in Educational Psychology in 2007 from the University of Victoria, BC and completed a postdoctoral position at Simon Fraser University, Burnaby BC. She has worked with a variety of professionals such as psychologists, psychiatrists, probation officers and case managers as well as adult and youth offenders, including sexual offenders, mentally ill offenders, and violent offenders. Her research interests include the assessment and promotion of self- and group-regulatory processes, assessment of characteristics that indicate failure or dysfunction in self-regulation, and attention-based assessments of sexual interest. In 2003, Dr. Gress received the ATSA Student Research Grant (Falconer Grant): Children or Adolescents Who Sexually Offend. As of September 2008 she is the Director of Research Planning and Offender Programming in the Community Corrections and Corporate Programs Branch of the Ministry of Public Safety and Solicitor General, British Columbia, Canada.

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William L. Marshall OC, PhD, FRSC is currently an Emeritus Professor of Psychology and Psychiatry at Queen's University and Director of Rockwood Psychological Services, which provides treatment for sexual offenders in Canadian federal prisons. Bill is also Head of the Sexual Offenders' Unit and Director of Programs at the St Lawrence Valley Correctional and Treatment Centre's Secure Treatment Facility. He has over 340 publications including 17 books and has been, or still is, on the Editorial Board of 17 international journals. Bill was President of the Association for the Treatment of Sexual Abusers in 1999–2000. In 1999 Bill was awarded the Santiago Grisolia Prize from the Queen Sophia Centre in Spain which is given for worldwide contributions to the reduction of violence, and in 2000 he was elected a Fellow of the

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Liam E. Marshall, MA has worked directly with sexual offenders in correctional settings for more than 10 years. He has been a therapist for Preparatory, Moderate-Intensity, Deniers and Maintenance Programs delivered by Rockwood Psychological Services in Canada. Liam's current position is co-chair of research and assistant unit director of a facility for psychiatrically disturbed offenders at the Brockville Psychiatric Hospital. Liam has trained therapists in the delivery of sexual offender programming for prison services in the UK, Canada, Australia, the United States and New Zealand. He is on the editorial board of the journal *Sexual Addiction and Compulsivity*, has authored a number of journal articles and book chapters, is a co-editor and co-author of two books: *Treating Sexual Offenders: An Integrated Approach*: Routledge, and *Controversial Issues in Research and the Treatment of Sexual Offenders*: Wiley, and has made numerous presentations on a wide range of sexual offender issues. Liam's publications, presentations and research interests include: elderly sexual offenders, sexual addiction, attachment, empathy, coping, mood, phallometry, and the therapeutic process. He is currently completing his doctoral thesis.

David Middleton is Visiting Professor in Community and Criminal Justice at De Montfort University and Honorary Research Fellow in Forensic Psychology at Birmingham University. During a 30-year career in probation, David has specialised in sex offender treatment and risk management. He developed the first accredited community-based sex offender treatment programme (C-SOGP) and later co-developed the first accredited treatment programme for Internet sex offenders (i-SOTP). He joined the Home Office to oversee the implementation of all accredited community sex offender treatment programmes in England and Wales, leaving in December 2006. He now runs his own consultancy, training and research organisation specialising in risk assessment and management of sexual offenders. He was a member of the List 99 Experts Panel in the Department for Children, Schools and Families, and internationally has been the UK representative on the Council of Europe Committee of Experts on the Treatment of Sexual Offending, Visiting Expert to the United Nations Asia and Far East Institute, and consultant to the Ministry of Justice of Japan.

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Matt D. O'Brien, MSc received his master's degree in Criminology from Keele University in 1994 and his master's degree in Applied Criminological Psychology from the University of London in 1997. Matt has worked with sexual offenders in correctional settings for 10 years. In the English and Welsh Prison Service he was a therapist for sexual offender programmes addressing the treatment needs of high-, medium- and low-risk offenders. He worked at the Prison Service HQ running national training courses, assessing the quality of programme delivery, providing clinical advice to treatment managers, developing a new assessment measure, and designing a new programme. More recently Matt has been a therapist for Preparatory, Maintenance and Deniers programs in Federal Institutions in Ontario, Canada. Matt has trained therapists in the delivery of sexual offender programming for Prison Services in England and Wales, Scotland, Northern Ireland and the United States. He has made a number of presentations on a range of sexual offender issues and co-authored a number of journal articles and book chapters.

Ann Pimental, MSCJ/MHC has been employed by Justice Resource Institute (JRI) since 1997 when she began working at the Massachusetts Treatment Center for Sexually Dangerous Persons under the direction of Dr Robert Prentky. In 2001, she became the project manager for JRI's Research Department. In 2002, she received her master's degrees from Suffolk University in Criminal Justice and Mental Health Counselling. Ann has managed several research projects from both state and federal funding sources. She also oversees the clinical aspects of the newly expanded Research & Clinical Practice Program of JRI and has experience in counselling survivors of domestic violence and sexual assault. In addition, she has several years of experience scoring and writing up the J-SOAP-II.

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Jean Proulx, PhD is a Professor and Director of the School of Criminology at the University of Montreal. In addition, since 1987, he is working as a clinical psychologist at the Philippe Pinel Institute of Montreal. He has published over 100 papers or book chapters in the field of sexual aggression. His current research interests include the