### Eberhard Löhr Lutz-Dietrich Leder (Eds.)

# Renal and Adrenal Tumors

Pathology, Radiology, Ultrasonography, Magnetic Resonance (MRI), Therapy, Immunology

With Contributions by

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#### **Preface**

After the positive response which followed the first edition of this book 6 years ago, the editors were encouraged to prepare a completely reworked second edition that includes the modern advances in this field. There has been a complete change of diagnostic procedure in the detection of renal tumors, which is now based on sonography, computed tomography, and nuclear magnetic resonance imaging, pushing intravenous urography and angiography completely into the background. Also, new methods of treatment with radionuclides using embolisation are incorporated.

The description of morphological structures forms the basis for understanding and recognising pathology of the kidneys and adrenals. The contents of pathological morphology could be extended, as we are of the opinion that the detection and therapy of renal and adrenal tumors are derived from different areas of diagnostic science.

We are indebted to Springer-Verlag for the excellent book production. On behalf of all the authors, we would like to thank our colleagues and associates for their cooperation in the realisation of this project.

The editors hope that this volume will be of interest to radiologists, pathologists, urologists, pediatrists, and also radiotherapists.

Essen, April 1987

EBERHARD LÖHR LUTZ-DIETRICH LEDER

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### **Pathology of Renal and Adrenal Neoplasms**

L.-D. LEDER and H.J. RICHTER

### 1 Tumors and Tumorlike Lesions of the Kidney in the Adult

#### 1.1 General Remarks

To understand and correctly interpret the morphology of tumors of the kidneys, and in the case of malignancy the morphology of their metastases, it is important to know that the kidney of man is a true metanephros. This means it is of mesodermal origin [165]. On the other hand, there is no doubt of the epithelial character of the tubular cells, which are of mesodermal origin. Thus it is understandable that in renal neoplasms both epithelial and nonepithelial, e.g., mesenchymal, elements may be found, for instance in Wilms' tumor and adenocarcinoma of the kidney.

### 1.2 Heterotopic Tissue

#### 1.2.1 Adrenal Tissue

It is very seldom that one finds heterotopic tissue in bioptic material. Such observations are usually confined to autopsy studies. APITZ [12] found accessory adrenal tissue in 261 of 4309 individual autopsies. There are no differences between sexes [338]. In most of the cases, the adrenal tissue is located near the upper pole of the kidney.

Macroscopically, one sees a subcapsular nodular plaque with a roundish shape and a yellow-orange color. Some of these nodules may reach a size of up to 2 cm in diameter. Up to now ectopic adrenal tissue has never been found in the medulla.

*Microscopically*, the lesions look very much like normal adrenal cortical tissue, sometimes mimicking the normal zones [338].

#### 1.2.2 Endometriosis

There are rare and occasional reports describing involvement of the urinary tract by endometriosis [1, 24]. Histologically, typical endometrial glands surrounded by endometrial stroma are found. Since endometrial glands follow the normal cycle, mitoses may occur during the proliferation phase. This must be kept in mind in order to avoid misinterpreting the condition as primary or metastatic adenocarcinoma of the kidney.

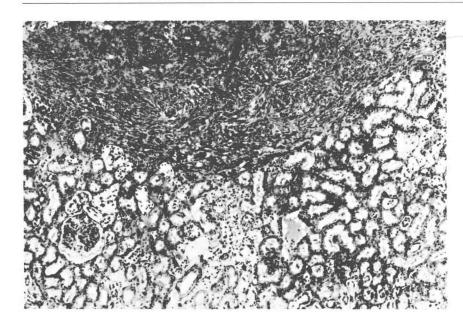
### 1.2.3 Cartilaginous Islands

Cartilaginous islands are designated by some as true benign tumors, namely chondromas [238]. However, cartilage is found within renal parenchyma, usually together with renal dysplasia [37]. Also, there are histogenetic relationships among renal dysplasia, nodular renal blastema, mesoblastic nephroma, and nephroblastoma, which are discussed in Sect. 2. Macroscopically and histologically the lesions present the typical appearance of mature cartilaginous tissue. It should be stressed here that neither heterotopic adrenal tissue in the kidney nor endometrial tissue (if confined to the kidney) nor cartilaginous islands appear to produce any symptoms during life.

### 1.3 Benign Mesenchymal Tumors

### 1.3.1 Leiomyoma and Lipoma

Leiomyomas and lipomas are discussed together here because it is known that both kinds of tumors may be found side by side in the same kidney and, furthermore, adipose tissue may be mixed up with smooth muscle cells to form leiomyolipomas [12, 333].



**Fig. 1.** Renal cortical nodule (leiomyoma) consisting predominantly of smooth muscle cells. H & E, × 56

Benign mesenchymal tumors are much more common in women than in men. This holds true for both leiomyomas and lipomas as well as for myolipomas. The lesions are very rare and most of them are found in the elderly. Usually, they are detected incidentally at autopsy, since they are in general too small to cause clinical symptoms. Their origin is not quite clear. If tumorterms are used, then a neoplastic origin is implied; however, this has not yet been proved. A hamartomatous origin may also be taken into consideration [161]. Bennington and Beckwith [31] think that the term choristoma, which denotes tumorlike formations of displaced tissues, is much more appropriate.

Generally, the lesions have little diagnostic importance in comparison to primary malignant neoplasms of the renal parenchyma. Bennington and Beckwith [31], for instance, mention that before 1975 fewer than 50 leiomyomas and lipomas had been described that were large enough to produce clinical symptoms during life, and Dineen et al. [100] found only 17 cases of renal lipomas in the literature that were large enough to be of surgical significance. It may be mentioned in this connection that leiomyomas and lipomas are found relatively often in patients with tuberous sclerosis [198], which was first described by Fischer [122].

Macroscopically, most of the lesions represent only small nests of fatty tissue and/or smooth

muscle and are usually found in the cortex. Many range from 0.1–1.0 cm in diameter. They are relatively sharply circumscribed.

*Microscopically*, they consist of mature adipose tissue or smooth muscle cells (Fig. 1) or both.

### 1.3.2 Angiomyolipoma

This lesion should also be regarded as a choristoma [31]. It is known that about 80% of patients with tuberous sclerosis bear angiomyolipomas [79, 186, 108, 116]. On the other hand, a considerable number of cases is not related to tuberous sclerosis.

Angiomyolipomas are not extremely rare. Whereas Farrow et al. [116] reported only 32 cases out of 2409 surgically excised tumorous kidneys observed over a period of 50 years, Ma and Chan [260] noted 57 cases including five personal observations, and Busch et al. [57] found in the literature as many as 200 cases not associated with tuberous sclerosis.

According to Farrow et al. [116], the lesions are usually solitary and unilateral. Size and clinical symptoms vary considerably from case to case. Fever or hypertension may be the first and only clinical symptoms [135, 61]. Interestingly enough, Yum et al. [432] identified juxtaglomerular cells with typical rhomboid and spheric granules within an angiomyolipoma.