When you only have time for the answers™

24 proven one-hour lessons



d Snell

in 24 Hours

SECOND EDITION

**Ned Snell** 



sams Teach Yourself

# The Internet in 24 Hours,

**Second Edition** 

SAMS

A Division of Macmillan Computer Publishing 201 West 103rd Street, Indianapolis, Indiana, 46290 USA For my family.

### Copyright © 1998 by Sams.net Publishing

SECOND EDITION

All rights reserved. No part of this book shall be reproduced, stored in a retrieval system, or transmitted by any means, electronic, mechanical, photocopying, recording, or otherwise, without written permission from the publisher. No patent liability is assumed with respect to the use of the information contained herein. Although every precaution has been taken in the preparation of this book, the publisher and author assume no responsibility for errors or omissions. Neither is any liability assumed for damages resulting from the use of the information contained herein. For information, address Sams.net Publishing, 201 W. 103rd Street, Indianapolis, IN 46290.

International Standard Book Number: 1-57521-393-1

Library of Congress Catalog Number: 98-84048

2001 2000 99

6 5

Interpretation of the printing code: the rightmost double-digit number is the year of the book's printing; the rightmost single digit, the number of the book's printing. For example, a printing code of 98-1 shows that the first printing of the book occurred in 1998.

Composed in AGaramond and MCPdigital by Macmillan Computer Publishing

Printed in the United States of America

### **Trademarks**

All terms mentioned in this book that are known to be trademarks or service marks have been appropriately capitalized. Sams.net Publishing cannot attest to the accuracy of this information. Use of a term in this book should not be regarded as affecting the validity of any trademark or servicemark.

Executive Editor Karen Reinisch

Managing Editor Thomas Hayes

Indexing Manager Ginny Bess

### **Acquisitions Editor**

Don Essig

### **Development Editor**

Melanie Palaisa

### **Project Editor**

Colleen Williams

### **Copy Editor**

Julie McNamee

### Indexer

Craig Small

### **Technical Reviewers**

Bill Bruns John Purdum

#### **Editorial Coordinator**

Mandie Rowell

### **Cover Designers**

Gary Adair Karen Ruggles

### **Book Designer**

Gary Adair

### **Cover Production**

Aren Howell

### Production Team Supervisor

Andrew Stone

### **Production**

Jeanne Clark Heather Howell Christy Lemasters Julie Searls Sossity Smith



sams Teach Yourself

# The Internet in 24 Hours,

**Second Edition** 

# **Acknowledgments**

I sat down and wrote a book very much like this one, but that's not the book you're holding.

The book you're holding is a better book, in which my work has been guided and shaped by the good folks at Sams.net, especially Melanie Palaisa, John Purdum, and Don Essig.

If you like this book, you owe them thanks, as I do.

—Ned Snell

## **About the Author**

**Ned Snell** has been making technology make sense since 1986, when he began writing beginner's documentation for one of the world's largest software companies. After writing manuals and training materials for several major companies, Snell switched sides and became a computer journalist, serving as a writer and eventually as an editor for two national magazines, *Edge* and *Art & Design News*.

A freelance writer since 1991, Snell has written 10 computer books and hundreds of articles and is the courseware critic for *Inside Technology Training* magazine. Between books, Snell works as a professional actor in regional theatre, commercials, and industrial films. He lives with his wife and two sons in Florida.

# Tell Us What You Think!

As a reader, you are the most important critic and commentator of our books. We value your opinion and want to know what we're doing right, what we could do better, what areas you'd like to see us publish in, and any other words of wisdom you're willing to pass our way. You can help us make strong books that meet your needs and give you the computer guidance you require.

Check out our World Wide Web site at http://www.mcp.com.



If you need assistance with the information provided in this product, please feel free to access our web site at http://www.mcp.com/info.

Here you can enter the ISBN number and view a product information page that will include any available downloads or updates. Our Techn

page that will include any available downloads or updates. Our Technical Support department can also be reached at support@mcp.com or via telephone at 317-581-3833.

As the Executive Editor of the group that created this book, I welcome your comments. You can fax, email, or write me directly to let me know what you did or didn't like about this book—as well as what we can do to make our books stronger. Here's the information:

Fax: 317-581-4669

Email: kreinisch@mcp.com

Mail: Karen Reinisch

Comments Department Sams.net Publishing 201 W. 103rd Street Indianapolis, IN 46290

## Introduction

Hello? Hellooooo? Is anybody there? Nobody reads introductions. I don't know why I bother.

Oh well, looks like it's just you and me. So welcome to *Sams Teach Yourself the Internet in 24 Hours, Second Edition*, the book that gets you into and all around the Internet in a single day's worth of easy lessons. Each of the 24 chapters in this book is called an *hour* and is designed to endow you with new Internet skills in one hour or less. (That means you and I can spend only a few minutes here in the intro and keep on schedule.)

Before we get started, it has come to my attention that a few of the first edition's 50,000 readers were involved in mysterious accidents. For example, a florist in Weehauken arranged and delivered a bouquet of cellophane wrapped in roses, and a surgeon in Phoenix transplanted an appendix. An investigation revealed that these readers suffered sleep deprivation from taking the book's title too literally; they went cover-to-cover in a single, nonstop 24-hour period. Please spread your time with this book across multiple sessions totaling 24 hours, and keep your arms and legs inside the book at all times. Thank you.

## Who This Book Is For

hat	settled, let me tell you what you're in for. I've designed this book for people who
	Are absolutely new to the Internet
	Want a quick, easy, commonsense way to learn how to use it
	Don't appreciate being treated like morons

(By the way, being new to the Internet doesn't mean you're an idiot or a dummy. You just have other priorities. Good for you.)

This book is *system neutral*, which is another way of saying you can use this book no matter what kind of computer you have. As you'll see, using the Internet is pretty much the same no matter what computer you use it from. Setting up each type of computer for the Internet is a little different, however, so I'll show you how to set up a PC or a Mac for the Internet in Hour 4, "Connecting to the Internet."

You don't need to know a thing about the Internet, computer networks, or any of that stuff to get started with this book. However, you do need to know your way around your own computer. With a basic, everyday ability to operate the type of computer from which you will use the Internet, you're ready to begin. I'll take you the rest of the way.

Don't have a computer yet? In Hour 2, "What Hardware and Software Do You Need?," I'll help you choose one that's properly equipped for the Internet.

## **How This Book Is Organized**

This book is divided into six parts, each four hours long:
Part I introduces you to the Internet and the many different things you can do there, and shows how to get yourself and your computer set up for it.
Part II takes you onto the World Wide Web—the fun, graphical, incredibly useful part of the Internet that everybody's talking about.
Part III shows you how to find anything and everything on the Internet, including people, products, news, reference information, good advice, bad advice, and so on.
Part IV covers exchanging messages with anyone on the Internet, first through email and then through topical discussions called newsgroups.
Part V is a grab bag of all the valuable stuff you can do on the Internet that's not covered in other parts: Having a live online chat or voice/video conference, running programs on distant computers, and much more.
Part VI lets you put your accumulated skills to new and powerful uses, such as making the Internet safe for family viewing, doing business on the net, and even

As you can see, the parts move logically from setting up for the Internet to using it, and from easy stuff to not-so-easy stuff. So no peeking ahead to see how it ends.

creating your own Web pages that anyone on the Internet can visit.

After Hour 24, you'll discover an appendix that tells you what to do if your Internet travels don't go the way you expect them to.

# Things You'd Probably Figure Out by Yourself

There's a long tradition in computer books of using the introduction to explain the little tip boxes and other elements that are absolutely self-explanatory to any reader over the age of six. Just call me "Keeper of the Flame."

## Instructions, Tips, and Terms

Here and there, I use step-by-step instructions to show you exactly how to do something. I will always explain how to do that thing in the text that precedes the steps, so feel free to skip them when you want to. However, anytime you feel like you don't completely understand something, follow the steps, and you'll probably get the picture before you're done. Sometimes we learn only by doing.



I call attention to important new terms by tagging them with a New Term icon. It won't happen often, but when it does, it'll help you remember the terms that will help you learn the Internet.

You'll also see three different kinds of tips set off in boxes:



These provide essential background information so that you not only learn to do things with C, but have a good understanding of what you're doing and why.



It would be nice to remember everything you've previously learned, but that's just about impossible. If there is important C material that you have to know, these tips will remind you.



Here's where the authors share their insight and experience as professional programmers—common bugs they've faced, time-saving coding techniques they've used, and pitfalls they've fall into. Learn from their experiences.

### Workshops

At the end of every hour is an easy, fun Workshop designed to reinforce the most important skills and concepts covered in the hour. Each Workshop contains the following:

- ☐ A **Q&A** session contains a few quick questions and answers explaining interesting stuff that wasn't included in the hour because it doesn't directly contribute to teaching yourself the Internet (even though it's interesting).
- ☐ A **Quiz** contains three or four multiple-choice questions that help you recall important points and also provide me with a good place for jokes I couldn't work into the book elsewhere.
- An **Activity** is something you can do to practice what you learned in the hour or to prepare for the hour that follows.

## One More Thing...

Actually, no more things. Start the clock, and hit Hour 1. Twenty-four working hours from now, you'll know the Internet inside-out.

Thanks for spending a day with me.

# **Overview**

	Introduction	xviii
Part I Ge	tting Started	1
Hour 1	What Is the Internet and What Can You Do There?	3
2	What Hardware and Software Do You Need?	17
3	Internet Service Provider, AOL, or Other: Who's Best for You?	37
4	Connecting to the Internet	53
Part II Ma	king the Web Work for You	71
Hour 5	Browsing the Web	73
6	Revisiting Places You Like	93
7	Protecting Your Privacy (and Other Security Stuff)	105
8	Plug-ins, Helpers, and Other Ways to Do More Online	121
Part III Fin	ding What You're Looking For	133
Hour 9	Getting Started with Searching	135
10	Searching for Information	147
11	Finding Programs and Files	161
12	Finding People	177
Part IV Co	mmunicating with Email and Newsgroups	185
Hour 13	Sending and Receiving Email	187
14	Joining a Mailing List	203
15	Reading and Posting to Newsgroups	217
16	Putting a Stop to Junk Mail	231
Part V Be	yond Browsing: Using Advanced Internet Tools	239
Hour 17	Voice and Video Conferencing	241
18	Chatting Live!	257
19	Using Old-Fashioned Hacker's Tools: FTP, Gopher, and Telnet	273
20	Making the Web Deliver Pages to You: Channels and NetCasting	285

Part VI Ge	etting the Most Out of the Internet	297
Hour 21	Finding Safe Family Fun and Learning	299
22	Buying and Selling on the Net	311
23	Creating Web Pages and Multimedia Messages	327
24	Moving Toward Web Integration	343
A	When Things Go Wrong: Troubleshooting	357
	Index	363

# **Contents**

		Introduction	viii
Part I	Get	ting Started	1
	Hour 1	What Is the Internet and What Can You Do There?	3
		Understanding the Net (the Easy Version) How It All Began What the Net Became Making the Net Work: Clients and Servers What Can You Do Through the Net? Browse the Web Exchange Messages Have a Discussion Chat Run Programs on Other Computers Summary Workshop Q&A Quiz	4 6 7 8 8 11 . 12 . 13 . 14 . 14
		Activity	
	Hour 2	What Hardware and Software Do You Need?	17
		Modems—Wherein the <i>Lack</i> of Speed Kills  Choosing a Computer  A PC for the Internet  A Mac for the Internet	. 20 . 22
		Other Internet Options	. 24
		Getting Internet Software	. 27 . 28
		About the Suites: Internet Explorer 4 and Netscape Communicator  Netscape Communicator  Microsoft Internet Explorer 4	. 30 . 31
		Summary	. 34 . 34
		Quiz Activity	
	Hour 3	Internet Service Provider, AOL, or Other: Who's Best for You?	. 30 37
		Why Do I Need an Internet Provider?	. 38

	What's an Internet Account?	38
	Dial-Up Accounts	38
	Special-Purpose Accounts	39
	What Are My Internet Provider Options?	
	Commercial Online Services	
	Internet Service Providers (ISPs)	
	Finding a Local ISP	
	How Do I Choose?	
	Plans and Rates	
	Billing Options	
	Access Numbers	
	Supported Modem Speeds	
	Software Supplied	
	Web Server Space	
	Newsgroup Access	49
	Summary	50
	Workshop	50
	Q&A	
	Quiz	
	Activity	
11		
Hour 4	Connecting to the Internet	53
	Keys to Your Account: Username and Password	
	Using a Signup Program	
	Why Use a Signup Program?	55
	Running a Typical Signup Program	55
	Setting Up Without a Signup Program	57
	About IP Addresses	58
	Setting Up Windows 95 for an ISP	60
	Setting Up a Mac for an ISP	65
	Getting Online	
	Summary	
	Workshop	
	Q&A	
	Quiz	
	Activity	. /0
art II Mak	king the Web Work for You	71
Hour 5	Browsing the Web	73
Hour y	•	
	About Your Home Page	
	Understanding Web Page Addresses	
	Anatomy of a URL	
	Going Straight to Any Web Address	
	Entering and Editing URLs	
	Basic Jumping Around	. 81
	Finding and Using Links	
	Using Navigation Buttons: Back, Forward, Home, and Stop	
	Fussing with Frames	

	Playing Multimedia	
	It's All in Your Browser's Power	
	Summary	
	Q&A	
	Quiz	
	Activity	
Hour 6	Revisiting Places You Like	93
110ul 0	_	-
	Changing Your Home Page	94
	Creating Shortcuts to Pages You Like	
	Adding a New Bookmark or Favorite	
	Going Where a Bookmark or Favorite Leads	
	Managing Your List	
	Reliving Your History	90
	Recalling URLs You've Typed Printing and Saving Pages	
	Summary	
	Workshop	
	Q&A	
	Quiz	
	Activity	
Hour 7	Protecting Your Privacy (and Other Security Stuff)	105
	, (	
	Smart Surfing	106
	Smart Surfing	106
	Why Are Forms Risky Sometimes?	. 107
	Why Are Forms Risky Sometimes?	. 107 . 109
	Why Are Forms Risky Sometimes?  Identifying Secure Sites  Knowing Who You're Dealing With: Certificates	. 107 . 109 . 112
	Why Are Forms Risky Sometimes?  Identifying Secure Sites  Knowing Who You're Dealing With: Certificates  Protecting Yourself with Browser Security	. 107 . 109 . 112 . 113
	Why Are Forms Risky Sometimes?  Identifying Secure Sites  Knowing Who You're Dealing With: Certificates  Protecting Yourself with Browser Security  Customizing Security in Navigator 4	. 107 . 109 . 112 . 113
	Why Are Forms Risky Sometimes?  Identifying Secure Sites	. 107 . 109 . 112 . 113 . 113
	Why Are Forms Risky Sometimes?  Identifying Secure Sites  Knowing Who You're Dealing With: Certificates  Protecting Yourself with Browser Security  Customizing Security in Navigator 4  Customizing Security in Internet Explorer 4  Understanding Zone Security Settings	. 107 . 109 . 112 . 113 . 113 . 114
	Why Are Forms Risky Sometimes?  Identifying Secure Sites  Knowing Who You're Dealing With: Certificates  Protecting Yourself with Browser Security  Customizing Security in Navigator 4  Customizing Security in Internet Explorer 4  Understanding Zone Security Settings  I Want a Cookie! I Don't Want a Cookie!	. 107 . 109 . 112 . 113 . 114 . 115
	Why Are Forms Risky Sometimes?  Identifying Secure Sites  Knowing Who You're Dealing With: Certificates  Protecting Yourself with Browser Security  Customizing Security in Navigator 4  Customizing Security in Internet Explorer 4  Understanding Zone Security Settings  I Want a Cookie! I Don't Want a Cookie!  Summary	. 107 . 109 . 112 . 113 . 114 . 115 . 116
	Why Are Forms Risky Sometimes?  Identifying Secure Sites  Knowing Who You're Dealing With: Certificates  Protecting Yourself with Browser Security  Customizing Security in Navigator 4  Customizing Security in Internet Explorer 4  Understanding Zone Security Settings  I Want a Cookie! I Don't Want a Cookie!  Summary  Workshop	. 107 . 109 . 112 . 113 . 114 . 115 . 116 . 117
	Why Are Forms Risky Sometimes?  Identifying Secure Sites  Knowing Who You're Dealing With: Certificates  Protecting Yourself with Browser Security  Customizing Security in Navigator 4  Customizing Security in Internet Explorer 4  Understanding Zone Security Settings  I Want a Cookie! I Don't Want a Cookie!  Summary  Workshop  Q&A	. 107 . 109 . 112 . 113 . 114 . 115 . 116 . 117 . 118
	Why Are Forms Risky Sometimes?  Identifying Secure Sites  Knowing Who You're Dealing With: Certificates  Protecting Yourself with Browser Security  Customizing Security in Navigator 4  Customizing Security in Internet Explorer 4  Understanding Zone Security Settings  I Want a Cookie! I Don't Want a Cookie!  Summary  Workshop	. 107 . 109 . 112 . 113 . 114 . 115 . 116 . 117 . 118
Hour 8	Why Are Forms Risky Sometimes?  Identifying Secure Sites  Knowing Who You're Dealing With: Certificates  Protecting Yourself with Browser Security  Customizing Security in Navigator 4  Customizing Security in Internet Explorer 4  Understanding Zone Security Settings  I Want a Cookie! I Don't Want a Cookie!  Summary  Workshop  Q&A  Quiz	. 107 . 109 . 112 . 113 . 114 . 115 . 116 . 117 . 118
Hour 8	Why Are Forms Risky Sometimes?  Identifying Secure Sites  Knowing Who You're Dealing With: Certificates  Protecting Yourself with Browser Security  Customizing Security in Navigator 4  Customizing Security in Internet Explorer 4  Understanding Zone Security Settings  I Want a Cookie! I Don't Want a Cookie!  Summary  Workshop  Q&A  Quiz  Activity  Plug-ins, Helpers, and Other Ways to Do More Online	. 107 . 109 . 112 . 113 . 114 . 115 . 116 . 117 . 118 . 118 . 119
Hour 8	Why Are Forms Risky Sometimes?  Identifying Secure Sites  Knowing Who You're Dealing With: Certificates  Protecting Yourself with Browser Security  Customizing Security in Navigator 4  Customizing Security in Internet Explorer 4  Understanding Zone Security Settings  I Want a Cookie! I Don't Want a Cookie!  Summary  Workshop  Q&A  Quiz  Activity  Plug-ins, Helpers, and Other Ways to Do More Online  Understanding Plug-ins, ActiveX, and JavaScript	. 107 . 109 . 112 . 113 . 114 . 115 . 116 . 117 . 118 . 118 . 119
Hour 8	Why Are Forms Risky Sometimes?  Identifying Secure Sites  Knowing Who You're Dealing With: Certificates  Protecting Yourself with Browser Security  Customizing Security in Navigator 4  Customizing Security in Internet Explorer 4  Understanding Zone Security Settings  I Want a Cookie! I Don't Want a Cookie!  Summary  Workshop  Q&A  Quiz  Activity  Plug-ins, Helpers, and Other Ways to Do More Online  Understanding Plug-ins, ActiveX, and JavaScript  Finding Plug-ins	. 107 . 109 . 112 . 113 . 114 . 115 . 116 . 117 . 118 . 118 . 119 <b>121</b>
Hour 8	Why Are Forms Risky Sometimes?  Identifying Secure Sites  Knowing Who You're Dealing With: Certificates  Protecting Yourself with Browser Security  Customizing Security in Navigator 4  Customizing Security in Internet Explorer 4  Understanding Zone Security Settings  I Want a Cookie! I Don't Want a Cookie!  Summary  Workshop  Q&A  Quiz  Activity  Plug-ins, Helpers, and Other Ways to Do More Online  Understanding Plug-ins  Installing and Using Plug-ins	. 107 . 109 . 112 . 113 . 113 . 114 . 115 . 116 . 117 . 118 . 118 . 119 <b>121</b> . 122 . 122
Hour 8	Why Are Forms Risky Sometimes? Identifying Secure Sites Knowing Who You're Dealing With: Certificates Protecting Yourself with Browser Security Customizing Security in Navigator 4 Customizing Security in Internet Explorer 4 Understanding Zone Security Settings I Want a Cookie! I Don't Want a Cookie! Summary Workshop Q&A Quiz Activity  Plug-ins, Helpers, and Other Ways to Do More Online Understanding Plug-ins, ActiveX, and JavaScript Finding Plug-ins Installing and Using Plug-ins Important Plug-ins to Have	. 107 . 109 . 112 . 113 . 113 . 114 . 115 . 116 . 117 . 118 . 118 . 119 <b>121</b>
Hour 8	Why Are Forms Risky Sometimes? Identifying Secure Sites Knowing Who You're Dealing With: Certificates Protecting Yourself with Browser Security Customizing Security in Navigator 4 Customizing Security in Internet Explorer 4 Understanding Zone Security Settings I Want a Cookie! I Don't Want a Cookie! Summary Workshop Q&A Quiz Activity  Plug-ins, Helpers, and Other Ways to Do More Online Understanding Plug-ins, ActiveX, and JavaScript Finding Plug-ins Installing and Using Plug-ins Important Plug-ins to Have Calling on Helper Programs	. 107 . 109 . 112 . 113 . 113 . 114 . 115 . 116 . 117 . 118 . 118 . 119 <b>121</b> . 122 . 125 . 125
Hour 8	Why Are Forms Risky Sometimes? Identifying Secure Sites Knowing Who You're Dealing With: Certificates Protecting Yourself with Browser Security Customizing Security in Navigator 4 Customizing Security in Internet Explorer 4 Understanding Zone Security Settings I Want a Cookie! I Don't Want a Cookie! Summary Workshop Q&A Quiz Activity  Plug-ins, Helpers, and Other Ways to Do More Online Understanding Plug-ins, ActiveX, and JavaScript Finding Plug-ins Installing and Using Plug-ins Important Plug-ins to Have	. 107 . 109 . 112 . 113 . 114 . 115 . 116 . 117 . 118 . 118 . 119 <b>121</b> . 122 . 125 . 125 . 127

		WorkshopQ&A Quiz Activity	130 130
Part III	Find	ding What You're Looking For	133
Н	our 9	Getting Started with Searching	135
		What's a Search Tool?	136
		Where Are the Major Search Tools?	137
		Using Your Browser's Search Button	
		Using Navigator's Search Button	
		Using Internet Explorer 4's Search Button and Explorer Bar	
		Simple Searching by Clicking Categories	
		Why Use Categories Instead of a Search Term?	
		Using a Directory	
		Workshop	
		Q&A	
		Quiz	
		Activity	
Ho	ur 10	Searching for Information	147
		Understanding Searches	148
		Phrasing a Simple Search	
		Phrasing a Serious Search	
		Using Multiple Words in a Search Term	153
		Using Operators to Control Searches	154
		About Site Searches	
		Summary	
		Workshop	
		Q&A	
		Quiz	
		Activity	
Ho	ur 11	Finding Programs and Files	161
		What Is Downloading?	
		Click a Link, Get a File	
		How Long Does Downloading Take?	
		Choosing Files You Can Use	166
		The Two File Types: Program and Data	166
		Common Data File Types on the Net	
		Finding Sites that Help You Find Files	
		All-Purpose Shareware Sites	
		Commercial Software Sites	
		Viruses—Watch Out, but Relax	
			**** 1/ 1

		Summary	175
		Workshop	
		Q&A	175
		Quiz	176
		Activity	176
Hour	12	Finding People	177
		Using People-Finding Sites	178
		Using People Finders Through Your Email Program	
		Other Folk-Finding Tips	
		Use a Company or School Directory	
		Try Name Variations	182
		Use an Online Service Directory	182
		Use Old Communications to Start the New Ones	183
		Summary	183
		Workshop	
		Q&A	
		Quiz	184
		Activity	184
Part IV	Con	nmunicating with Email and Newsgroups	185
Hour	13	Sending and Receiving Email	187
		Understanding Email Addresses	188
		Setting Up Your Email Program	
		Configuring Email	
		Getting Around in Your Email Program	191
		Choosing a Folder	
		Displaying a Message	
		Composing and Sending a Message	
		Writing Your Message	
		Sending a Message Now	196
		Sending a Message Later	196
		Receiving Messages	197
		Replying and Forwarding	. 197
		Using an Address Book	
		Adding to Your Address Book	
		Addressing a Message from the Address Book	
		Summary	
		Workshop	
		Q&A	
		Quiz	
		Activity	. 202
Hou	r 14	Joining a Mailing List	<b>20</b> 3
		The Two Types of Mailing Lists	. 204
		Finding a Mailing List	. 204

	Subscribing to a Mailing List	205
	Composing the Subscription Message	206
	Reading the Welcome Message	
	Contributing to a Mailing List	
	Observing Proper Netiquette	
	Adding Personality with Smileys and Shorthand	
	Smileys	
	Shorthand	
	Summary	
	Workshop	
	Q&A	
	Quiz	
	Activity	
Hour 15	Reading and Posting to Newsgroups	217
	Getting Started with Newsgroups	218
	Configuring Your Newsreader	
	Downloading the Newsgroups List	220
	Finding and Subscribing to Newsgroups	
	Reading Newsgroup Messages	
	Composing and Replying to Messages	
	Finding and Reading Newsgroup Messages Through Your Browser	
	Summary	
	Workshop	
	O&A	229
	Q&A Ouiz	
	Q&A Quiz Activity	229
Hour 16	Quiz	229 230 <b>231</b>
Hour 16	Quiz	229 230 <b>231</b>
Hour 16	Quiz Activity  Putting a Stop to Junk Mail  Spam-Preventive Surfing Filtering Out Spam	229 230 <b>231</b> 232
Hour 16	Quiz	229 230 <b>231</b> 232
Hour 16	Quiz Activity  Putting a Stop to Junk Mail  Spam-Preventive Surfing Filtering Out Spam Finding Filters in Your Email Program The Last Resort: Move	229 230 231 232 235 235
Hour 16	Quiz Activity  Putting a Stop to Junk Mail  Spam-Preventive Surfing Filtering Out Spam Finding Filters in Your Email Program The Last Resort: Move Summary	229 230 231 232 234 235 236 237
Hour 16	Quiz Activity  Putting a Stop to Junk Mail  Spam-Preventive Surfing Filtering Out Spam Finding Filters in Your Email Program The Last Resort: Move	229 230 231 232 234 235 236 237
Hour 16	Quiz Activity  Putting a Stop to Junk Mail  Spam-Preventive Surfing Filtering Out Spam Finding Filters in Your Email Program The Last Resort: Move Summary Workshop Q&A	229 230 231 232 234 235 236 237 237
Hour 16	Quiz Activity  Putting a Stop to Junk Mail  Spam-Preventive Surfing Filtering Out Spam Finding Filters in Your Email Program The Last Resort: Move Summary Workshop	229 230 231 232 234 235 236 237 237
Hour 16	Quiz Activity  Putting a Stop to Junk Mail  Spam-Preventive Surfing Filtering Out Spam Finding Filters in Your Email Program The Last Resort: Move Summary Workshop Q&A	230 231 232 232 234 235 236 237 237 237 237 237
	Quiz Activity  Putting a Stop to Junk Mail  Spam-Preventive Surfing Filtering Out Spam Finding Filters in Your Email Program The Last Resort: Move Summary Workshop Q&A Quiz	230 231 232 232 234 235 236 237 237 237 237 237
	Quiz Activity  Putting a Stop to Junk Mail  Spam-Preventive Surfing Filtering Out Spam Finding Filters in Your Email Program The Last Resort: Move Summary Workshop Q&A Quiz Activity  Pond Browsing: Using Advanced Internet Tools  Voice and Video Conferencing	231 231 232 231 232 234 235 237 237 238 239 241
Part V Bey	Quiz Activity  Putting a Stop to Junk Mail  Spam-Preventive Surfing Filtering Out Spam Finding Filters in Your Email Program The Last Resort: Move Summary Workshop Q&A Quiz Activity  Pond Browsing: Using Advanced Internet Tools  Voice and Video Conferencing Understanding Conferencing and "Internet Phone Calls"	231 231 232 231 232 234 235 237 237 237 238 239 241
Part V Bey	Quiz Activity  Putting a Stop to Junk Mail  Spam-Preventive Surfing Filtering Out Spam Finding Filters in Your Email Program The Last Resort: Move Summary Workshop Q&A Quiz Activity  Pond Browsing: Using Advanced Internet Tools  Voice and Video Conferencing	231 231 232 231 232 234 235 237 237 237 238 239 241
Part V Bey	Quiz Activity  Putting a Stop to Junk Mail  Spam-Preventive Surfing Filtering Out Spam Finding Filters in Your Email Program The Last Resort: Move Summary Workshop Q&A Quiz Activity  Fond Browsing: Using Advanced Internet Tools  Voice and Video Conferencing Understanding Conferencing and "Internet Phone Calls" How It Works—and Doesn't Work Hardware You Need	231 231 232 231 232 234 235 237 237 237 238 239 241 242 242 242
Part V Bey	Quiz Activity  Putting a Stop to Junk Mail  Spam-Preventive Surfing Filtering Out Spam Finding Filters in Your Email Program The Last Resort: Move Summary Workshop Q&A Quiz Activity  Pond Browsing: Using Advanced Internet Tools  Voice and Video Conferencing Understanding Conferencing and "Internet Phone Calls" How It Works—and Doesn't Work Hardware You Need  Setting Up for Conferencing	230 231 232 232 234 235 237 237 237 238 239 241 242 242 242 244
Part V Bey	Quiz Activity  Putting a Stop to Junk Mail  Spam-Preventive Surfing Filtering Out Spam Finding Filters in Your Email Program The Last Resort: Move Summary Workshop Q&A Quiz Activity  Fond Browsing: Using Advanced Internet Tools  Voice and Video Conferencing Understanding Conferencing and "Internet Phone Calls" How It Works—and Doesn't Work Hardware You Need	230 231 232 232 234 235 237 237 237 238 239 241 242 242 242 244
Part V Bey	Quiz Activity  Putting a Stop to Junk Mail  Spam-Preventive Surfing Filtering Out Spam Finding Filters in Your Email Program The Last Resort: Move Summary Workshop Q&A Quiz Activity  Pond Browsing: Using Advanced Internet Tools  Voice and Video Conferencing Understanding Conferencing and "Internet Phone Calls" How It Works—and Doesn't Work Hardware You Need  Setting Up for Conferencing	230 231 232 234 235 237 237 237 237 237 238 239 241 242 242 244 244 244 244