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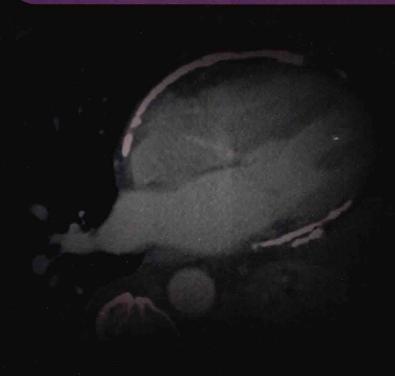
CARDIAC IMAGING: THE REQUISITES, 3RD EDITION

2ND EDITION

Cardiac Imaging

CASE REVIEW SERIES





GAUTHAM P. REDDY ROBERT M. STEINER CHRISTOPHER M. WALKER

CASE REVIEW Cardiac Imaging Second Edition



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CARDIAC IMAGING: CASE REVIEW SERIES, SECOND EDITION

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CASE REVIEW

Cardiac Imaging

SECOND EDITION

CASE REVIEW SERIES

To Gayatri, Maurya, and Kaniska

GPR

To Marilyn, Emily, Peter, and Sophia

RMS

To Eunhee, a fantastic mother and my best friend. To Elsie and Lillian, the best daughters a father could ask for.

CMW

I have been very gratified by the popularity and positive feedback that the authors of the Case Review Series have received on the publication of the editions of their volumes. Reviews in journals and online sites as well as word-of-mouth comments have been uniformly favorable. The authors have done an outstanding job in filling the niche of an affordable, easy-to-access, case-based learning tool that supplements the material in The Requisites series. I have been told by residents, fellows, and practicing radiologists that the Case Review Series books are the ideal means for studying for oral board examinations and subspecialty certification tests.

Although some students learn best in a non-interactive study book mode, others need the anxiety or excitement of being quizzed. The selected format for the Case Review series (which consists of showing a few images needed to construct a differential diagnosis and then asking a few clinical and imaging questions) was designed to simulate the board examination experience. The only difference is that the Case Review books provide the correct answer and immediate feedback. The limit and range of the reader's knowledge are tested through scaled cases ranging from relatively easy to very hard. The Case Review Series also offers a brief discussion of each case, a link back to the pertinent The Requisites volume, and up-to-date references from the literature.

Because of the popularity of online learning, we have been rolling out new editions on the web. We also have adjusted to the new Boards format which will be electronic and largely case-based. We are ready for the new boards! The Case Review questions have been reframed into multiple-choice format, the links are dynamic to online references, and feedback is interactive with correct and incorrect answers. Personally, I am very excited about the future. Join us.

David M. Yousem, MD, MBA

Cardiac Imaging, 2nd edition by Drs. Reddy, Steiner, and Walker explores advanced cardiac imaging including coronary and pulmonary artery CT angiography, cardiac MRI, and nuclear medicine applications. These studies are increasingly being performed emergently in the Emergency Department as part of the chest pain work up. Radiologists have been able, thru excellent training and technique advancement, to maintain a strong influence in this arena and share the spotlight with cardiologists. It is essential that we radiologists learn the anatomy and pathology as well as our clinical colleagues.

The authors have compiled a wonderful array of cases that demonstrate the power of various modalities in our imaging armamentarium. There is an emphasis on differential diagnosis, multiple choice questions, and a summary of relevant information on the entity. I expect that this edition will be the "study of choice" for residents preparing for the new boards format.

I congratulate Drs. Reddy, Steiner, and Walker for maintaining the outstanding quality of the Case Review Series and modernizing it for the online learning environment.

David M. Yousem, MD, MBA Case Review Series Editor Since the first edition of *Cardiac Imaging* was published in 2006, the interest in cardiovascular imaging by practicing radiologists, residents-in-training, and cardiologists has greatly increased. Indications for advanced cardiac imaging utilizing MRI, CT, PET, and Echocardiography have broadened considerably, and imaging techniques have significantly improved. With the changes in the board examinations in radiology; expanding interest in certification in cardiovascular imaging by practicing physicians; and the increasing demands for expertise in cardiac imaging among radiology groups, expansion of the case selection in this second edition is particularly relevant.

In this revision, we included most of the topics and related images from the first edition and added a number of new examples of both common conditions and the more unusual disease entities that will be found in a busy clinical practice (and in the imaging board and other qualifying examinations).

The case selection now includes a greater number of multimodality examples of congenital cardiovascular disease, ischemic and non-ischemic cardiomyopathies, and vascular conditions including coronary, aortic, and pulmonary vascular disease. Advanced imaging techniques such as velocity-encoded cine MRI, and delayed enhancement strategies with CT and MRI are included.

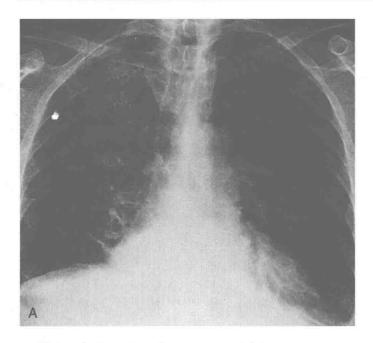
As in the first edition, the case book is divided into three sections: Opening Round, Fair Game, and Challenge cases. Opening Round cases are straightforward and shouldn't be too difficult for most trainees and experienced imagers. Fair Game cases will generally require a greater knowledge base. Challenge cases will be more complex, of rarer incidence, and may require advanced imaging techniques.

We are confident that you will find this second edition of *Cardiac Imaging* to be a valuable addition to your library and add to your knowledge of cardiovascular imaging.

Gautham P. Reddy Robert M. Steiner Christopher M. Walker

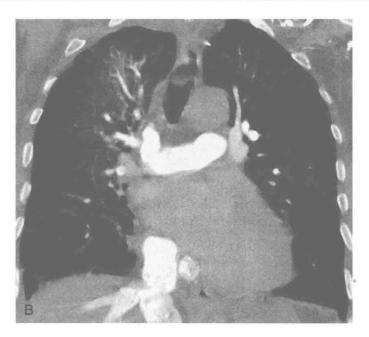
Opening Round	1
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Opening Round



History: No patient history is available.

- 1. What should be included in the differential diagnosis for ground-glass opacity? (Choose all that apply.)
 - A. Pulmonary edema
 - B. Pneumonia
 - C. Pulmonary hemorrhage
 - D. Adenocarcinoma in situ (bronchioloalveolar cell carcinoma)
- 2. If this patient presented with fever and a productive cough, what is the most likely diagnosis?
 - A. Right upper lobe pulmonary edema
 - B. Atypical pneumonia
 - C. Pulmonary hemorrhage
 - D. Adenocarcinoma in situ (bronchioloalveolar cell carcinoma)



- 3. If this patient presented with severe chest pain and no infectious symptoms, what would be the most likely diagnosis?
 - A. Right upper lobe pulmonary edema
 - B. Atypical pneumonia
 - C. Pulmonary hemorrhage
 - D. Adenocarcinoma in situ (bronchioloalveolar cell carcinoma)
- 4. If acute mitral regurgitation is the suspected diagnosis based on the chest radiograph and clinical presentation, what is the next best step in management?
 - A. CT
 - B. Echocardiography
 - C. Follow-up radiograph
 - D. MRI

Severe and Acute Mitral Regurgitation

- 1. A, B, C, and D
- 2. B
- 3. A
- 4. B

Reference

Schnyder PA, Sarraj AM, Duvoisin BE, et al: Pulmonary edema associated with mitral regurgitation: prevalence of predominant involvement of the right upper lobe, *AJR Am J Roentgenol* 161(1):33–36, 1993.

Cross-Reference

Cardiac Imaging: The REQUISITES, ed 3, pp 191-194.

Comment

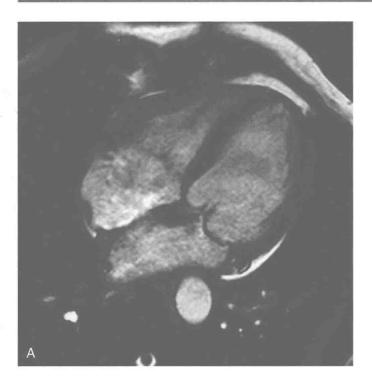
Pathophysiology

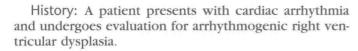
Asymmetric right upper lobe pulmonary edema is seen in 9% of adults and 22% of children with severe mitral regurgitation. In adults, it is usually caused by a flail posterior valve leaflet secondary to myocardial infarction. A flail posterior leaflet causes the mitral regurgitant jet to be preferentially directed into the right superior pulmonary vein; this leads to focal increased hydrostatic pressure and pulmonary edema within the right upper lobe. In the setting of chest pain, acute mitral regurgitation must be considered and can be confirmed with echocardiography.

Imaging

The radiograph (Fig. A) and CT scan (Fig. B) show asymmetric right upper lobe ground-glass opacity. The differential diagnosis varies depending on the patient's clinical presentation. In the setting of fever and productive cough, the imaging findings are consistent with atypical pneumonia. In this case, the patient had severe chest pain and acute myocardial infarction. Echocardiography confirmed severe mitral regurgitation.

Notes





- 1. What should be included in the differential diagnosis for mitral regurgitation? (Choose all that apply.)
 - A. Mitral valve prolapse
 - B. Myocardial ischemia
 - C. Dilated cardiomyopathy
 - D. Endocarditis
- 2. What is the most likely diagnosis?
 - A. Mitral valve prolapse
 - B. Myocardial ischemia
 - C. Dilated cardiomyopathy
 - D. Endocarditis



- 3. Which imaging plane is ideal for diagnosing this condition?
 - A. Four-chamber
 - B. Short-axis
 - C. Left ventricular outflow tract (3-chamber)
 - D. Right ventricular outflow tract
- 4. Which of the following is a potential complication of this condition?
 - A. Aortic dissection
 - B. Mitral stenosis
 - C. Arrhythmia
 - D. Patent foramen ovale

Mitral Valve Prolapse with Mitral Regurgitation

1. A, B, C, and D

- 2. A
- 3. C
- 4. C

References

Feuchtner GM, Alkadhi H, Karlo C, et al: Cardiac CT angiograph for the diagnosis of mitral valve prolapse: comparison with echocardiography, *Radiology* 254(2):374-383, 2010.

Han Y, Peters DC, Salton CJ, et al: Cardiovascular magnetic resonance characterization of mitral valve prolapse, *JACC Cardiovasc Imaging* 1(3):294–303, 2008.

Cross-Reference

Cardiac Imaging: The REQUISITES, ed 3, pp 192-193.

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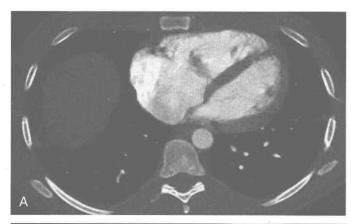
Epidemiology

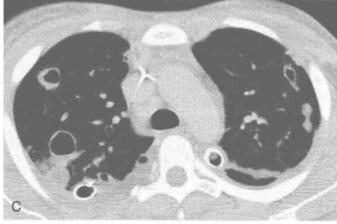
Mitral valve prolapse affects 2% to 3% of the population and is the most common cause of severe nonischemic mitral regurgitation requiring surgery (Fig. A). It is defined by greater than 2 mm of atrial displacement of the valve leaflets (measured on left ventricular outflow tract or vertical long-axis [2-chamber] images) with respect to the mitral anulus (Fig. B). There are two types of mitral valve prolapse: billowing (as shown in this case) and flail leaflet (caused by chordal rupture secondary to endocarditis or rheumatic heart disease). Mitral valve prolapse is most commonly due to myxomatous degeneration of mitral leaflets but can also be seen in patients with atrial secundum septal defects, connective tissue disorders, and recent diuretic use.

Imaging

Mitral valve prolapse may be incorrectly diagnosed if only four-chamber images are viewed secondary to the natural saddle shape of the mitral anulus. Myxomatous leaflet (defined as a leaflet thickness measuring >5 mm) predisposes patients to fatal arrhythmia, severe mitral regurgitation, and endocarditis. It is important to identify mitral valve prolapse on cardiac CT or MRI examinations performed for other reasons because these patients may benefit from endocarditis prophylaxis or anticoagulation therapy.

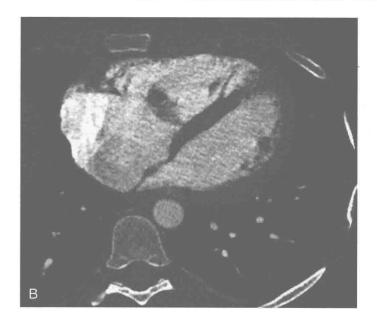
Notes







- 1. What should be included in the differential diagnosis of a valvular mass? (Choose all that apply.)
 - A. Angiosarcoma
 - B. Thrombus
 - C. Vegetation
 - D. Myxoma
 - E. Papillary fibroelastoma
- 2. What is the most common valvular tumor?
 - A. Thrombus
 - B. Papillary fibroelastoma
 - C. Myxoma
 - D. Angiosarcoma



- 3. What is the most likely diagnosis?
 - A. Wegener granulomatosis
 - B. Angioinvasive aspergillosis
 - C. Septic pulmonary embolism
 - D. Papillary fibroelastoma
- 4. In regard to this diagnosis, which valve is most commonly affected in intravenous drug users?
 - A. Aortic valve
 - B. Mitral valve
 - C. Pulmonary valve
 - D. Tricuspid valve