

17th Edition

CECIL TEXTBOOK OF MEDICINE

WYNGAARDEN SMITH

Vol. 4

Renal Diseases

Igaku-Shoin/Saunders International Edition

17th edition

CECIL TEXTBOOK OF MEDICINE

Vol. 4

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We urge, therefore, that you check the package information data for the manufacturer's recommended dosage. In addition, there are some quite serious situations, each encountered only rarely, in which drug therapy must be individualized and expert judgment advises the use of a higher dosage or administration by a different route than is included in the manufacturer's recommendations. Throughout the text many such instances are indicated by a footnote.

THE EDITORS

ALSO ASSOCIATED WITH THE CECIL TEXTBOOK OF MEDICINE

Review of General Internal Medicine: A Self-Assessment Manual, 3rd Edition, 1985

Editors: Lloyd H. Smith, Jr., M.D., James B. Wyngaarden, M.D.

The third edition of this self-assessment book contains approximately 1200 questions covering all the specialty areas of internal medicine. The answers are linked to the Cecil Textbook of Medicine and to other readily available sources.

Available from W. B. Saunders Company
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Preface

Both the science and the practice of medicine change rapidly. This has been true throughout the twentieth century; it has been particularly true during these last decades of the century. Since it first appeared in 1927, the *Cecil Textbook of Medicine* has reflected that change in its successive editions appearing every three to four years. This seventeenth edition represents a continuation of that long tradition.

The theme of the book has always been to provide an "authoritative clinical guidance and a reasoned, scientific basis for the pursuit of medicine." This can be accomplished only by a rigorous periodic reexamination of the content, organization, and balance of the book, which, despite its large scope, cannot be truly comprehensive. Judgments must be made as to what to exclude, as well as what to include and what is likely to be of greatest interest and importance in the early future. As an editorial responsibility, a plan must then be developed to best translate these ideas into improvements in the book. In arriving at these judgments for the seventeenth edition, we have been greatly assisted by a talented group of eight Consulting Editors and by Fred Plum, Editor for *Neurologic and Behavioral Diseases*.

In this edition we are privileged to have four new Consulting Editors: Thomas E. Andreoli (Renal Disease), Charles C. J. Carpenter (Infectious Diseases), Robert J. Lefkowitz (Principles of Therapeutics), and William E. Paul (Diseases of the Immune System). They join four editorial colleagues from previous editions who have continued in this important role: John F. Murray (Respiratory Diseases), David G. Nathan (Hematologic Diseases), Marvin H. Sleisenger (Gastrointestinal Diseases), and Andrew G. Wallace (Cardiovascular Diseases). The Consulting Editors have carried out extensive reviews of their respective sections for content, presentation, and organization. In concert with them we have selected the individual authors who have contributed the specific chapters: the concise, scholarly reviews that, after all, collectively compose the substance of such a book.

In keeping with past tradition there has been a significant turnover of participants in the book in order to ensure fresh approaches to specific topics. In this edition, for example, there are 109 new contributors or previous contributors with newly assigned areas of responsibility. As such, approximately 40 per cent of the individual chapters have been completely rewritten under new authorship, in addition to the extensive editorial changes to be found in chapters that have remained under previous authorship. This type of "programmed regeneration" requires that, in addition to the usual editorial scrutiny of all parts of the book, each individual chapter be completely recast every two to three editions. In addition to advising on the selection of the new participants, the Consulting Editors have been particularly concerned with reviewing these new chapters and sections of the book. The contributors who collectively compose the authorship of this seventeenth edition of *Cecil* represent a remarkably broad source of collaborators from more than 100 institutions. It is to them that we are particularly indebted for the substance of this large compendium of the science and practice of medicine.

What changes have been introduced in this newest edition of a venerable book? The most important changes are dispersed throughout the book as the painstaking updating of all of the chapters. Particular attention has been directed to the selection of recent references in readily available journals and books to supplement the necessarily compressed summaries offered in

the chapters. As before, the references have been annotated to make them more useful for the reader. Beyond these general improvements throughout the book, some more specific changes have been introduced, a few of which will be noted here. Part II, *Human Growth, Development, and Aging*, has important new chapters on "Management of Common Problems in the Elderly" (T. Franklin Williams) and on "Care of Dying Patients and Their Families" (Sylvia A. Lack). These thoughtful chapters, and that on "Ethics in the Practice of Medicine" (Albert R. Jonsen), concern themselves with issues of increasing importance to medicine and to society at large. A new Part III has been introduced on the topic *Personal Health Care and Preventive Medicine*. It has become increasingly clear that maintenance of health is greatly influenced by factors under the control of the individual. At the extremes this is a topic that shades into the faddism and cultism of certain "life styles" and that is tinged with shamanism, commercialism, and unfounded claims. Nevertheless, there is a large body of scientific information to buttress our intuitive sense that the individual can have a considerable influence on his or her health through daily decisions concerning diet, exercise, the use of tobacco, alcohol or other drugs, the use of automobile seat belts, and many other factors. Therefore, seven brief chapters have been devoted to these topics with which all physicians must be concerned.

A new Part IV on *Principles of Diagnosis* has also been introduced, composed of three essays: "Clinical Approach to the Patient" (William L. Morgan, Jr.), "The Use and Interpretation of Laboratory-Derived Data" (James B. Wyngaarden), and "Overview of Imaging Techniques and Projection for the Future" (Alexander R. Margulis). Of course the specifics of diagnosis are discussed in the chapters concerning individual diseases and further outlined in the introductory chapters for each organ system. Nevertheless, this Part offers a valuable overview of how clinical and laboratory medicine can be integrated by the clinician in pursuing a diagnosis. Part XXVI on *Occupational and Environmental Medicine* comprises a series of chapters that relate to the increasingly important role of the environment, whether ambient or in the workplace, in the health of the individual or of the public. These physical, chemical, and even psychological factors may be overt or they may be extraordinarily elusive unless they are specifically looked for by history or laboratory investigation.

In addition to the above newly organized Parts of this seventeenth edition of *Cecil*, novel chapters have been introduced within other Parts to reflect the changing importance of areas of biological science and medical practice. For example, Part VI on *Principles of Human Genetics* contains new chapters on "Expectations from Recombinant DNA Research" (W. French Anderson) and "Contributions of Recombinant DNA Research to Diagnosis of Heritable Disease" (C. Thomas Caskey). Together these chapters offer a broad overview of this remarkable area of molecular biology and its relevance to clinical medicine. Similarly, Part XXI, entitled *Diseases of the Immune System*, now contains a new chapter on "Acquired Immunodeficiency Syndrome" (Anthony S. Fauci) to reflect current progress in our understanding of the etiology, pathogenesis, and clinical manifestations of AIDS, perhaps the most alarming and baffling epidemic-related to an infectious agent in the United States in the past generation.

Cecil is a very large book, but still it cannot hope to cover all

of medicine or medical science. Three current books are linked to *Cecil* by design, format, and joint editorial responsibility and serve to extend its breadth. All three will appear in new editions in 1985. *Pathophysiology: The Biological Principles of Disease* (Volume I of the *International Textbook of Medicine*), edited by Lloyd H. Smith, Jr. and Samuel O. Thier, summarizes the most pertinent aspects of basic science relevant to medical practice. Similarly, *Medical Microbiology and Infectious Diseases* (Volume II of the *International Textbook of Medicine*), edited by Abraham I. Braude, contains a more comprehensive summary of the world experience with the infectious and parasitic diseases. *Review of General Internal Medicine*, edited by the editors of *Cecil*, will appear in a third edition linked to the seventeenth edition of *Cecil*. As before, its 1200 questions and answers are designed to be of intrinsic educational benefit as well as to reinforce the value of *Cecil* as a reference text. *Cecil* can stand alone, but it is further enhanced by members of its extended family.

"Language is the armoury of the human mind; and at once contains the trophies of its past, and the weapons of its future

conquests." As all editors know, the weaponry of language, in Coleridge's image above, does not always come fully burnished in submitted manuscripts. We have been privileged to work with skilled editorial assistants at all stages of planning and preparation of this book. Margaret Quinlan in Bethesda and Judith Serrell in San Francisco have been invaluable collaborators working directly with the editors on a daily basis. Lorraine Kilmer, Donna Walker, Edna Dick, and Frank Polizzano at the W. B. Saunders Company have brought long experience and admirable professionalism to this large and complex enterprise. In the course of this project the overall editorial responsibility for *Cecil* at the W. B. Saunders Company was shifted from John J. Hanley to J. Dereck Jeffers. Both of these seasoned editors have been of immense help to us in planning and in bringing this seventeenth edition to completion. We express our deepest appreciation to all of our collaborators above, with whom it has been a pleasure to work in maintaining the traditions of a book that has itself become an institution in medicine.

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Normal Physiology of Bile Formation; Pathophysiology of Gallstone Disease; Roentgenologic and Other Imaging Tests; Chronic Cholecystitis; Biliary Stricture; Other Causes of Bile Duct Obstruction; Benign Tumors and Pseudotumors of the Gallbladder

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Bone Tumors

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Hemorrhagic Disorders: Abnormalities of Platelet and Vascular Function

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Cat Scratch Disease

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Overview of Imaging Techniques and Projection for the Future

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Protein-Calorie Undernutrition

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Occupational Lung Disease

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Toxoplasmosis; Pneumocystosis

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Diphtheria

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The Major Histocompatibility Complex and Disease Susceptibility

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Psychologic Illness in Medical Practice

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Drug Abuse and Dependence

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Arthropod-Borne Viral Encephalitides; Yellow Fever

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Clinical Approach to the Patient

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Hemochromatosis (Iron Storage Disease); Hereditary Syndromes Involving Multiple Organ Systems

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Homocystinuria

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Diabetes and the Kidney

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Leishmaniasis

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Hemoglobin Synthesis; The Thalassemias

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Principles of Drug Therapy; Interactions Between Drugs; Adverse Reactions to Drugs

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Clinical Approach to Liver Disease; Hepatic Metabolism in Liver Disease; Laboratory Tests in Liver Disease; Approaches to the Diagnosis of Jaundice; Acute Viral Hepatitis; Toxic and Drug-Induced Liver Disease; Chronic Hepatitis

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Endocrine Manifestations of Tumors: "Ectopic" Hormone Production

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Filariasis: Introduction; Lymphatic Filariasis; Tropical Eosinophilia; Loiasis; Mansonella ozzardi Infection; Perstans Filariasis; Dirofilaria; Possible Human Meningonemiasis

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Introduction: The Immune System

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Peptic Ulcer; Medical Therapy; Gastrointestinal Hemorrhage

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Disorders of Gastrointestinal Motility

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Approach to the Patient Including General Management; Principles of Diagnosis; The Neurologic Examination; Acute Central Nervous System Poisoning; Prognosis in Severe Brain Damage and Diagnosis of Brain Death; Brief Loss of Consciousness; Regional Diagnosis of Cerebral Disorders; Focal Disturbances of Higher Function; Amentia and Dementia; Autonomic Disorders and Their Management; Smell and Taste; Neuro-ophthalmology; Asthenia, Fatigue, and Weakness; Ataxia and Related Gait Disorders.

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Introduction to Neoplasms of the Immune System; Burkitt's Lymphoma

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Radiography of the Heart

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Valvular Heart Disease

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Disorders of Vitamin Metabolism: Deficiencies, Metabolic Abnormalities, and Excesses

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