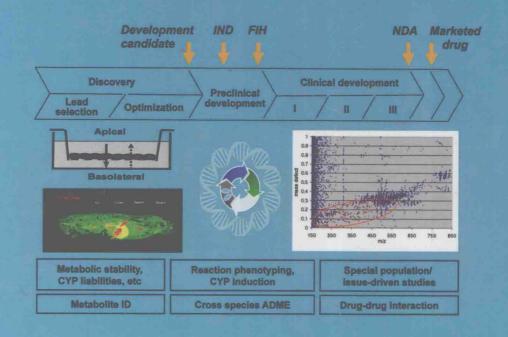
ADME-Enabling Technologies in Drug Design and Development



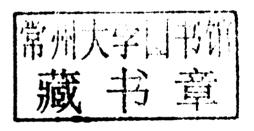
Edited by
DONGLU ZHANG
SEKHAR SURAPANENI



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DONGLU ZHANG SEKHAR SURAPANENI



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FOREWORD

The discovery, design, and development of drugs is a complex endeavor of optimizing on three axes: efficacy, safety, and druggability or drug-likeness. Each of these axes is a potential cause of attrition as a new molecular entity progresses through the many phases of drug development. Out of the 5000-10,000 compounds evaluated in discovery efforts, only 250 enter preclinical testing, 5 enter clinical trials, and only 1 is granted approval by the Food and Drug Administration at a cost that is estimated between US\$1.3-1.6 billion [1]. Efforts to increase innovation, decrease attrition, and lower the cost of drug development are the focus of the pharmaceutical industry and regulatory agencies alike. Advances have been made in some disciplines such as drug metabolism and pharmacokinetics (PK), particularly in the area of absorption, distribution, metabolism, and excretion (ADME) studies. For example, a root cause analysis of clinical attrition [2] showed that unacceptable PK or bioavailability accounted for 40% of clinical attrition in the 1990s but within a decade had been reduced to less than 10%, in large part by the identification and mitigation of risks associated with ADME/PK properties earlier in the drug discovery process. This was enabled by the introduction of automated high- and medium-throughput screening of lead optimization candidates in the discovery space. While impressive, this improvement alone is not sufficient to reverse the rising costs and long development cycle times. It is, however, a step in the right direction. As the pharmaceutical industry has evolved, the focus of ADME studies has shifted from studies conducted primarily in support of regulatory submissions to playing a significant role in the earliest stages of the discovery phase of drug development. The engagement of ADME scientists in the

discovery space has allowed drug candidates to progress in the development pipeline to the next milestone with greater probability of success because desirable characteristics, such as good aqueous solubility for absorption, high bioavailability, and balanced clearance, have been engineered into the molecules, and liabilities such as high first-pass metabolism and unacceptable drug-drug interactions potential have been engineered out.

The history of the discipline of drug metabolism and PK and ADME studies, with its roots in organic chemistry and pharmacology, has been well chronicled [3–8]. The rapid advancement of the discipline over the past 50 years is clearly linked to the development of everincreasingly sophisticated analytical tools and the growth of the pharmaceutical industry. The vast number of tools at the disposal of drug metabolism scientists has transformed the study of xenobiotics from descriptive to quantitative, *in vivo* to the molecular levels, and from simply characterizing to predicting ADME properties.

It would be beyond the scope of this introduction to provide a historical accounting of the numerous advances of technology that have shaped the field. There are, however, three noteworthy milestones in the evolution of the discipline that merit mention: the use of radioisotopes in metabolism and distribution studies; the discovery of the superfamily of drug metabolizing enzymes, the cytochrome P450s; and the revolutionizing impact of mass spectrometry as both a qualitative and quantitative tool.

With the discovery of a new radioisotope of carbon, ¹⁴C, by Martin and Ruben [9], this powerful analytical tool enabled the first radiolabeled studies that elucidated the metabolic pathways and the disposition of xenobiotics in rats [10, 11]. The use of radiotracers went

on to become an indispensable tool in biochemical pathway elucidation and in drug disposition studies. While ¹⁴C-labeled compounds are predominantly used in *in vivo* studies to fulfill regulatory requirement, the development of new reagents and techniques in tritium labeling now have allowed stereo- and site-selective synthesis with high specific activity, making these labeled molecule readily available for use in the earliest phases of drug discovery [12, 13].

The discovery of the cytochrome P450s and their role in the metabolism of endo- and xenobiotics opened a field of science that continues to grow and have a tremendous impact on the development of drugs and the practice of medicine. The pioneering research in this field has been well documented by Estabrook, a key contributor to our current understanding of this superfamily of enzymes [14]. The magnitude of research on the cytochrome P450s has exploded since 2003 (from greater than 2000 literature references to over 67,000 citations, as reflected by searching the PubMed database in 2011) The expanding knowledge of the cytochrome P450s has impacted early discovery efforts via assays for metabolic stability, species comparison in the selection of the most relevant species for toxicology studies, identification of the primary enzymes involved in the metabolism of a candidate drug, and potential polymorphic or drug-drug interaction liabilities of a candidate drug. The influence of the research on the cytochrome P450s also reaches into the clinical realm of drug development in the need for and design of clinical drug-drug interaction trials as well as in the regulatory guidance on drug interactions [15, 16].

No single analytical technique has had a more powerful effect on drug development than mass spectrometry, with an impact on multiple disciplines, such as chemistry, biology, and ADME [17]. An excellent review of mass spectrometry and its applications in drug metabolism and PK has recently been published [18] Mass spectrometry moved from the being a specialized tool largely used in structure identification to a "routine," but albeit powerful, analytical technology used across the pharmaceutical industry and academia alike. The selectivity, sensitivity, and speed of mass spectrometry enabled much of the success seen with high-throughput screening and advances in bioanalytical analysis in a multitude of biological matrices in both PK and biotransformation studies.

The ADME scientist of today is fortunate to have an arsenal of tools at his or her disposal, many of which will be expanded upon in this book. The advances in technologies often have implications in adjacent technologies that further the discipline of drug metabolism and PK and allow an integrated approach to solving

problems and advancing drug candidates through the phases of drug development.

LISA A. SHIPLEY

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PREFACE

Understanding and characterizing absorption, metabolism, distribution, and excretion (ADME) properties of new chemical entities and drug candidates is an integral part of drug design and development. ADME is the discipline that is involved in the entire process of drug development, right from discovery, lead optimization, and clinical drug candidate selection through drug development and regulatory process. The complexity of ADME studies in drug discovery and development requires a drug metabolism scientist to know all available technologies in order to choose the right experimental approach and technology for solving the problems in a timely manner. During the last decade, tremendous progress has been made in wide array of technologies including mass spectrometry and molecular biology tools, and these enabling technologies are widely employed by ADME scientists. The generation of ADME data to support discovery and development teams is a gated process and timely generation of data to make right decisions is of paramount importance. Given the complexity of the drug discovery and development process, right techniques and tools should be used to generate timely data that is useful for decision making and regulatory filing. This requires an understanding of not only the breadth and depth of ADME technologies but also their limitation and pitfalls so scientists can make appropriate choices in employing these tools. A book on integrated enabling technologies will not only be useful to drug metabolism scientists but also could be a very helpful reference for scientists from the fields of pharmacology, medicinal chemistry, pharmaceutics, toxicology, and bioanalytical sciences in academia and industry.

This book is divided into four main sections. Part A provides the reader with an overview of ADME con-

cepts and current topics including ADME and transporter studies in drug discovery and development, active and toxic metabolites, modeling and simulation, and developing biologics and individual medicines. Part B describes the ADME systems and methods; these include ADME screening technologies, permeability and transporter studies, distribution across specialized barriers such as blood-brain barrier (BBB) or placenta, cytochrome P450 (CYP) inhibition, induction, phenotyping, animal models for studying metabolism and transporters, and bile collection. Part C of the book discusses analytical tools including liquid chromatography-mass spectrometry (LC-MS) technologies for quantitation, metabolite identification and profiling, accelerator mass spectrometry (AMS) and radioprofiling, nuclear magnetic resonance (NMR), supercritical fluid chromatography (SFC) and other separation techniques, mass spectrometric imaging, and quantitative whole-body autoradiography (QWBA) tissue distribution techniques. Part D presents new and evolving technologies such as stem cells, genetically modified animal models, and siRNA techniques in ADME studies. Other techniques included in this section are target imaging technologies, radiosynthesis, formulation, and testing of cardiovascular toxicity potential.

We would like to thank our colleagues who are the experts and leading practitioners of the techniques described in the book for their contributions. We hope that this book is useful and serves as a quick reference to all drug hunters and to all those who are new to the discipline of ADME.

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