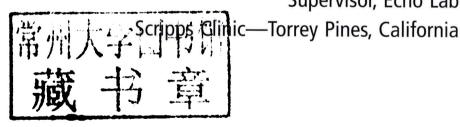
TEXTBOOK OF DIAGNOSTIC SONOGRAPHY

TEXTBOOK OF DIAGNOSTIC SONOGRAPHY

Sandra L. Hagen-Ansert, MS, RDMS, RDCS, FASE, FSDMS

> **Cardiology Department** Supervisor, Echo Lab



with 3,463 illustrations



3251 Riverport Lane St. Louis, Missouri 63043

TEXTBOOK OF DIAGNOSTIC SONOGRAPHY Copyright © 2012 by Mosby, Inc., an affiliate of Elsevier Inc.

ISBN: 978-0-323-07301-1

No part of this publication may be reproduced or transmitted in any form or by any means, electronic or mechanical, including photocopying, recording, or any information storage and retrieval system, without permission in writing from the publisher. Details on how to seek permission, further information about the Publisher's permissions policies and our arrangements with organizations such as the Copyright Clearance Center and the Copyright Licensing Agency, can be found at our website: www.elsevier.com/permissions.

This book and the individual contributions contained in it are protected under copyright by the Publisher (other than as may be noted herein).

Notices

Knowledge and best practice in this field are constantly changing. As new research and experience broaden our understanding, changes in research methods, professional practices, or medical treatment may become necessary.

Practitioners and researchers must always rely on their own experience and knowledge in evaluating and using any information, methods, compounds, or experiments described herein. In using such information or methods they should be mindful of their own safety and the safety of others, including parties for whom they have a professional responsibility.

With respect to any drug or pharmaceutical products identified, readers are advised to check the most current information provided (i) on procedures featured or (ii) by the manufacturer of each product to be administered, to verify the recommended dose or formula, the method and duration of administration, and contraindications. It is the responsibility of practitioners, relying on their own experience and knowledge of their patients, to make diagnoses, to determine dosages and the best treatment for each individual patient, and to take all appropriate safety precautions.

To the fullest extent of the law, neither the Publisher nor the authors, contributors, or editors, assume any liability for any injury and/or damage to persons or property as a matter of products liability, negligence or otherwise, or from any use or operation of any methods, products, instructions, or ideas contained in the material herein.

Previous editions copyrighted 2006, 2001, 1995, 1989, 1983, 1978

Publisher: Andrew Allen
Executive Editor: Jeanne Olson
Developmental Editor: Linda Woodard
Publishing Services Manager: Julie Eddy
Project Manager: Richard Barber
Design Direction: Paula Catalano

Working together to grow libraries in developing countries

www.elsevier.com | www.bookaid.org | www.sabre.org

TEXTBOOK OF DIAGNOSTIC SONOGRAPHY

To my daughters, **Becca, Aly,** and **Kati,**who are changing the world one day at a time

CONTRIBUTORS

Joan Baker, MSR., RDMS, RDCS President, Sound Ergonomics Kenmore, Washington

Carolyn Coffin, MPH, RDMS, RDCS, RVT CEO, Sound Ergonomics Kenmore, Washington

Marveen Craig, RDMS Diagnostic Ultrasound Consultant Tucson, Arizona

M. Robert De Jong, RDMS, RDCS,

Radiology Technical Manager, Ultrasound The Russell H. Morgan Department of Radiology and Radiological Science The Johns Hopkins Hospital Baltimore, Maryland

Terry J. DuBose, MS, RDMS Associate Professor and Director Diagnostic Medical Sonography Program University of Arkansas for Medical Sciences Little Rock, Arkansas

Pamela Foy, M.S., RDMS Clinical Instructor, Department OB/ **GYN** The Ohio State University Medical Center Columbus, Ohio Candace Goldstein, BS, RDMS

Sonographer Educator Scripps Clinic Carmel Valley San Diego, California

Charlotte G. Henningsen, MS, RT (R), RDMS, RVT Chair and Professor Diagnostic Medical Sonography Department Florida Hospital College of Health Sciences Orlando, Florida

Mira L. Katz, PhD, MPH Associate Professor Division of Health Behavior and Health Promotion School of Public Health The Ohio State University Columbus, Ohio

Fredrick Kremkau, PhD Professor & Director Center for Medical Ultrasound Wake Forest University School of Medicine Winston-Salem, North Carolina

Salvatore LaRusso, MEd, RDMS, RT (R) Technical Director

Penn State Hershey/ Hershey Medical Center Department of Radiology Hershey, Pennsylvania

Daniel A. Merton, BS, RDMS Technical Coordinator of Research The Jefferson Ultrasound Research and Educational Institute Thomas Jefferson University Philadelphia, Pennsylvania

Carol Mitchell, PhD, RDMS, RDCS, RVT, RT(R) Quality Assurance Coordinator, UW AIRP

Program Director, University of Wisconsin School of Diagnostic Medical Ultrasound University of Wisconsin Hospitals

& Clinics

Madison, Wisconsin

Cindy A. Owen, RT, RDMS, RVT Global Luminary and Research Manager Radiology & Vascular Ultrasound GE Healthcare Memphis, Tennessee

Mitzi Roberts, BS, RDMS, RVT Chair, Assistant Professor Diagnostic Medical Sonography Program Baptist College of Health Science Memphis, Tennessee

Jean Lea Spitz, MPH, RDMS Maternal Fetal Medicine Foundation Nuchal Translucency Quality Review Program Oklahoma City, Oklahoma

Susan Raatz Stephenson, MEd, BSRT-U, RDMS, RT(R)(C) International Foundation for Sonography Education & Research AIUM communities.org Sandy, Utah

RDMS, RDCS Clinical Assistant Professor and Co-Director Ultrasound Program Department of Obstetrics and Gynecology Brody School of Medicine East Carolina University Greenville, North Carolina

Diana M. Strickland, BS,

Shpetim Telegrafi, M.D. Assistant Professor Director, Diagnostic Ultrasound NYU School of Medicine, Department of Urology New York City, New York

Barbara Trampe, RN, RDMS Chief Sonographer Meriter/University of Wisconsin Perinatal Ultrasound Madison, Wisconsin

Barbara J. Vander Werff, RDMS, RDCS, RVT

Chief Sonographer University of Wisconsin-Madison Hospitals and Clinics Madison, Wisconsin

Kerry Weinberg, MS, RDMS, RDCS

Director
Diagnostic Medical Sonography
Program
New York University
New York, New York

Ann Willis, MS, RDMS, RVT Clinical Coordinator, Diagnostic

Clinical Coordinator, Diagnostic Medical Sonography Program Baptist College of Health Sciences Memphis, Tennessee

Dennis Wisher, BS, RDMS, RVT Director of Education and Product Management Medison America, Inc. Cypress, California

Jan Blend, MS, RT(R), RDMS, ARDMS

Program Coordinator, Diagnostic Medical Sonography El Centro College Dallas, Texas

Katherine K. Borok, BS, RDMS, RDCS

Clinical Coordinator American Institute of Ultrasound in Medicine Laurel, Maryland

Joie Burns, MS, RT(R)(S), RDMS, RVT

Associate Professor, Program
Director, Diagnostic Medical
Sonography
Boise State University
Boise, Idaho

Saretta C. Craft, MS, RDCS, RVT

Program Director, Diagnostic Sonography St. Catharine College St. Catharine, Kentucky

Laura L. Currie, BS, RT(R), RDMS, RVT

Clinical Coordinator Cape Fear Community College Wilmington, North Carolina

Marianna C. Desmond, BS, RT(R), RDMS

Clinical Coordinator, Diagnostic Medical Sonography Program Triton College River Grove, Illinois

Jann Dolk, MA, RT(R), RDMS

Adjunct Faculty, Diagnostic Medical Sonography Program Palm Beach State College Palm Beach Gardens, Florida

Ken Galbraith, MS, RT(R), RDMS, RVT

State University of New York Syracuse, New York

Karen M. Having, MS Ed, RT, RDMS

Associate Professor, School of Allied Health Southern Illinois University-Carbondale Carbondale, Illinois

Bridgette Lunsford, BS, RDMS, RVT

Adjunct Faculty, George Washington University Washington, D.C.

Kasey L. Moore, ARRT, RDMS, RT(R) (M) (RDMS)

Sonography Instructor Danville Area Community College Danville, Illinois

Susan M. Perry, BS, ARDMS

Program Director, Diagnostic Medical Sonography Owens Community College Toledo, Ohio

Kellee Ann Stacks, BS, RTR, RDMS, RVT

Program Director, Medical Sonography Cape Fear Community College Wilmington, North Carolina

INTRODUCING THE SEVENTH EDITION

The seventh edition of Textbook of Diagnostic Sonography continues the tradition of excellence that began when the first edition published in 1978. Like other medical imaging fields, diagnostic sonography has seen dramatic changes and innovations since its first experimental days. Phenomenal strides in transducer design, instrumentation, color-flow Doppler, tissue harmonics, contrast agents, and 3D imaging continue to improve image resolution and the diagnostic value of sonography. The seventh edition has kept abreast of advancements in the field by having each chapter reviewed by numerous sonographers currently working in different areas of medical sonography throughout the country. Their critiques and suggestions have helped ensure that this edition includes the most complete and up-to-date information needed to meet the requirements of the modern student of sonography.

Distinctive Approach

This textbook can serve as an in-depth resource both for students of sonography and for practitioners in any number of clinical settings, including hospitals, clinics, and private practices. Care has been taken to cultivate readers' understanding of the patient's total clinical picture even as they study sonographic examination protocol and technique. To this end, each chapter covers the following:

- Normal anatomy (including cross-sectional anatomy)
- Normal physiology
- · Laboratory data and values
- · Pathology
- · Sonographic evaluation of an organ
- · Sonographic findings
- · Pitfalls in sonography
- Clinical findings
- Differential considerations

The full-color art program is of great value to the student of anatomy and pathology for sonography. Detailed line drawings illustrate the anatomic information a sonographer must know to successfully perform specific sonographic examinations. Color photographs of gross pathology help the reader visualize some of the pathology presented, and color Doppler illustrations are included where relevant.

To make important information easy to find, key points are pulled out into numerous boxes; tables throughout the chapters summarize the pathology under discussion and break the information down into Clinical Findings, Sonographic Findings, and Differential Considerations.

Sonographic findings for particular pathologic conditions are always preceded in the text by the following special heading:

Sonographic Findings. This icon makes it very easy for students and practicing sonographers to locate this clinical information quickly.

Study and review are also essential to gaining a solid grasp of the concepts and information presented in this textbook. Learning objectives, chapter outlines, comprehensive glossaries of key terms, full references for cited material, and a list of common medical abbreviations printed on the back inside cover all help students learn the material in an organized and thorough manner.

Scope and Organization of Topics

The *Textbook of Diagnostic Sonography* is divided into eight parts:

Part I introduces the reader to the foundations of sonography and patient care and includes the following:

- Basic principles of ultrasound physics and medical sonography
- Terminology frequently encountered by the sonographer
- Overview of physical findings, physiology, and laboratory data
- · Patient care for the sonographer
- Ergonomics and musculoskeletal issues for practitioners
- · Basics of other imaging modalities
- Image artifacts

Part II presents the abdomen in depth. The following topics are discussed:

- Anatomic relationships and physiology
- Abdominal scanning techniques and protocols
- Abdominal applications of ultrasound contrast agents
- Ultrasound-guided interventional techniques
- Emergent abdominal ultrasound procedures
- Separate chapters for the vascular system, the liver, gallbladder and biliary system, pancreas, gastrointestinal tract, urinary system, spleen, retroperitoneum, and peritoneal cavity and abdominal wall

Part III focuses on the superficial structures in the body including the breast, thyroid and parathyroid glands, scrotum, and musculoskeletal system.

Part IV explores sonographic examination of the neonate and pediatric patient.

Part V focuses on the thoracic cavity and includes:

- Anatomic and physiologic relationships within the thoracic cavity
- · Echocardiographic evaluation and techniques
- · Fetal echocardiography

Part VI comprises four chapters on extracranial and intracranial cerebrovascular imaging and peripheral arterial and venous sonographic evaluation.

Part VII is devoted to gynecology and includes the following topics:

- Normal anatomy and physiology of the female pelvis
- Sonographic and Doppler evaluation of the female pelvis
- Separate chapters on the pathologic conditions of the uterus, ovaries, and adnexa
- Updated chapter on the role of sonography in evaluating female infertility

Part VIII takes a thorough look at obstetric sonography. The following topics are discussed:

- The role of sonography in obstetrics
- · Clinical ethics for obstetric sonography
- Normal first trimester and first-trimester complications
- · Sonography of the second and third trimesters
- · Obstetric measurements and gestational age
- · Fetal growth assessment
- Prenatal diagnosis of congenital anomalies, with a separate chapter on 3D and 4D evaluation of fetal anomalies
- Chapters devoted to the placenta, umbilical cord, and amniotic fluid, as well as to the fetal face and neck, neural axis, thorax, anterior abdominal wall, abdomen, urogenital system, and skeleton

New to This Edition

Ten new contributors joined the seventh edition to update and expand existing content, bringing with them a fresh perspective and an impressive knowledge base. They also helped contribute the more than 1000 images new to this edition, including color Doppler, 3D, and contrast-enhanced images. More than 30 new line drawings complement the new chapters found in the seventh edition.

Essentials of Patient Care for the Sonographer (Chapter 3) covers all aspects of patient care the sonographer may encounter, including taking and understanding vital signs, handling patients on strict bed rest, patients with tubes and oxygen, patient transfer techniques, infection control, isolation techniques, emergency medical situations, assisting patients with special needs, and patient rights.

Ergonomics and Musculoskeletal Issues in Sonography (Chapter 4) outlines the importance of proper technique and positioning throughout the sonographic examination as a way to avoid long-term disability problems that may be acquired with repetitive scanning.

Understanding Other Imaging Modalities (Chapter 5) is a comparative overview of the multiple imaging modalities frequently encountered by the sonographer: computerized tomography, magnetic resonance, positron emission tomography (PET), nuclear medicine, and radiography.

Artifacts in Scanning (Chapter 6) is an outstanding review of all the artifacts commonly encountered by sonographers. There are numerous examples of the various artifacts and detailed explanations of how these artifacts are produced and how to avoid them.

3D and 4D Evaluation of Fetal Anomalies (Chapter 54) has a three-fold focus: (1) to introduce the sonographer to the technical concepts of 3D ultrasound; (2) to acquaint the sonographer with the 3D tools currently available; and (3) to provide clinical examples of the integration of 3D ultrasound into conventional sonographic examinations. Although a chapter with this title appeared in the last edition, this chapter has been entirely rewritten and includes all new illustrations.

Student Resources

Workbook. Available for separate purchase, *Workbook* for *Textbook* of *Diagnostic Sonography* has also been completely updated and expanded. This resource gives the learner ample opportunity to practice and apply the information presented in the textbook.

- Each workbook chapter covers all the material presented in the textbook.
- Each chapter includes exercises on image identification, anatomy identification, key term definitions, and sonographic technique.
- A set of 30 case studies using images from the textbook invites students to test their skills at identifying key anatomy and pathology and describing and interpreting sonographic findings.
- Students can also test their knowledge with the hundreds of multiple choice questions found in the four exams covering different content areas: General Sonography, Pediatric, Cardiovascular Anatomy, and Obstetrics and Gynecology.

Evolve. On the *Evolve* site, students will find a printable list of the key terms and definitions for each chapter; a printable selected bibliography for each chapter, and Weblinks.

Instructor Resources

Resources for instructors are also provided on the *Evolve* site to assist in the preparation of classroom lectures and activities.

- PowerPoint lectures for each chapter that include illustrations
- Test bank of 1500 multiple-choice questions in Examview and Word
- Electronic image collection that includes all the images from the textbook both in PowerPoint and in jpeg format

Evolve Online Course Management. *Evolve* is an interactive learning environment designed to work in coordination with *Textbook of Diagnostic Sonography*. Instructors may use *Evolve* to include an Internet-based course component that reinforces and expands upon the concepts delivered in class. *Evolve* may be used to:

- Publish the class syllabus, outlines, and lecture notes
- · Set up virtual office hours and email communication
- Share important dates and information on the online class calendar
- Encourage student participation with chat rooms and discussion boards
- · Post exams and manage grade books

For more information, visit http://www.evolve.elsevier.com/HagenAnsert/diagnostic/ or contact an Elsevier sales representative.

ACKNOWLEDGMENTS

I would like to express my gratitude and appreciation to a number of individuals who have served as mentors and guides throughout my years in sonography. Of course it all began with Dr. George Leopold at UCSD Medical Center. His quest for knowledge and his perseverance for excellence have been the mainstay of my career in sonography. I would also like to recognize Drs. Dolores Pretorius, Nancy Budorick, Wanda Miller-Hance, and David Sahn for their encouragement throughout the years at the UCSD Medical Center in both Radiology and Pediatric Cardiology.

I would also like to acknowledge Dr. Barry Goldberg for the opportunity he gave me to develop countless numbers of educational programs in sonography in an independent fashion and for his encouragement to pursue advancement. I would also like to thank Dr. Daniel Yellon for his early-hour anatomy dissection and instruction; Dr. Carson Schneck, for his excellent instruction in gross anatomy and sections of "Geraldine;" and Dr. Jacob Zutuchni, for his enthusiasm for the field of cardiology.

I am grateful to Dr. Harry Rakowski for his continued support in teaching fellows and students while I was at the Toronto Hospital. Dr. William Zwiebel encouraged me to continue writing and teaching while I was at the University of Wisconsin Medical Center, and I appreciate his knowledge, which found its way into the liver physiology section of this textbook.

My good fortune in learning about and understanding the *total patient* must be attributed to a very dedicated cardiologist, James Glenn, with whom I had the pleasure of working while I was at MUSC in Charleston, South Carolina. It was through his compassion and knowledge that I grew to appreciate the total patient beyond the transducer, and for this I am grateful.

For their continual support, feedback, and challenges, I would like to thank and recognize all the students I have taught in the various diagnostic medical sonography programs: Episcopal Hospital, Thomas Jefferson

University Medical Center, University of Wisconsin-Madison Medical Center, UCSD Medical Center, and Baptist College of Health Science. These students continually work toward the development of quality sonography techniques and protocols and have given back to the sonography community tenfold.

The continual push towards excellence has been encouraged on a daily basis by our Scripps Clinic Cardiologists and David Rubenson, Medical Director of the Echo Lab at Scripps Clinic.

The sonographers at Scripps Clinic have been invaluable in their excellent image acquisition. Special thanks to Ewa Pikulski, Megan Marks and Kristen Billick for their echocardiographic images. The general sonographers at Scripps Clinic have been invaluable in providing the excellent images for the Obstetrics and Gynecology chapters.

I would like to thank the very supportive and capable staff at Elsevier who have guided me though yet another edition of this textbook. Jeanne Olson and her excellent staff are to be commended on their perseverance to make this an outstanding textbook. Linda Woodard was a constant reminder to me to stay on task and was there to offer assistance when needed. Jennifer Moorhead has been the mainstay of this project from the beginning and has done an excellent job with the manuscript. She is to be commended on her eye for detail.

I would like to thank my family, Art, Becca, Aly, and Kati, for their patience and understanding, as I thought this edition would never come to an end.

I think that you will find the 7th Edition of the *Text-book of Diagnostic Sonography* reflects the contribution of so many individuals with attention to detail and a dedication to excellence. I hope you will find this educational experience in sonography as rewarding as I have.

Sandra L. Hagen-Ansert MS, RDMS, RDCS, FSDMS, FASE

CONTENTS

VOLUME ONE

PART I Foundations of Sonography

- 1 Foundations of Sonography, 2
- 2 Introduction to Physical Findings, Physiology, and Laboratory Data, 21
- 3 Essentials of Patient Care for the Sonographer, 36
- 4 Ergonomics and Musculoskeletal Issues in Sonography, 68
- 5 Understanding Other Imaging Modalities, 78
- **6** Artifacts in Scanning, 97

PART II Abdomen

- 7 Anatomic and Physiologic Relationships Within the Abdominal Cavity, 118
- 8 Introduction to Abdominal Scanning: Techniques and Protocols, 132
- 9 The Vascular System, 165
- 10 The Liver, 205
- 11 The Gallbladder and the Biliary System, 267
- 12 The Pancreas, 300
- 13 The Gastrointestinal Tract, 337
- 14 The Urinary System, 355
- **15** The Spleen, 422
- 16 The Retroperitoneum, 440
- 17 The Peritoneal Cavity and Abdominal Wall, 461
- 18 Abdominal Applications of Ultrasound Contrast Agents, 475
- 19 Ultrasound-Guided Interventional Techniques, 494
- 20 Emergent Abdominal Ultrasound Procedures, 528

PART III Superficial Structures

- **21** The Breast, 549
- 22 The Thyroid and Parathyroid Glands, 588

- 23 The Scrotum, 604
- **24** The Musculoskeletal System, 629

PART IV Neonatal and Pediatrics

- 25 Neonatal Echoencephalography, 653
- 26 The Pediatric Abdomen: Jaundice and Common Surgical Conditions, 688
- 27 The Neonatal and Pediatric Kidneys and Adrenal Glands, 710
- 28 The Neonatal and Pediatric Pelvis, 723
- 29 The Neonatal Hip, 736
- **30** The Neonatal Spine, 756

VOLUME TWO

PART V The Thoracic Cavity

- 31 Anatomic and Physiologic Relationships Within the Thoracic Cavity, 773
- 32 Introduction to Echocardiographic Evaluation and Technique, 785
- 33 Fetal Echocardiography: Beyond the Four Chambers, 814
- 34 Fetal Echocardiography: Congenital Heart Disease, 831

PART VI Cerebrovascular

- 35 Extracranial Cerebrovascular Evaluation, 867
- 36 Intracranial Cerebrovascular Evaluation, 883
- **37** Peripheral Arterial Evaluation, 902
- **38** Peripheral Venous Evaluation, 919

PART VII Gynecology

- 39 Normal Anatomy and Physiology of the Female Pelvis, 938
- 40 The Sonographic and Doppler Evaluation of the Female Pelvis, 955
- 41 Pathology of the Uterus, 978
- 42 Pathology of the Ovaries, 1001
- 43 Pathology of the Adnexa, 1028
- 44 The Role of Ultrasound in Evaluating Female Infertility, 1039

PART VIII Obstetrics

59

60

61

62

63

64

45	The Role of Sonography in Obstetrics, 1048
46	Clinical Ethics for Obstetric Sonography, 1058
47	The Normal First Trimester, 1064
48	First Trimester Complications, 1081
49	Sonography of the Second and Third Trimesters, 1103
50	Obstetric Measurements and Gestational Age, 1142
51	Fetal Growth Assessment by Sonography, 1158
52	Sonography and High-Risk Pregnancy, 1170
53	Prenatal Diagnosis of Congenital Anomalies, 1190
54	3D and 4D Evaluation of Fetal Anomalies, 1206
55	The Placenta, 1220
56	The Umbilical Cord, 1238
57	Amniotic Fluid, Fetal Membranes, and Fetal Hydrops, 1249
58	The Fetal Face and Neck, 1267

The Fetal Neural Axis, 1289

The Fetal Anterior Abdominal Wall, 1323

The Fetal Urogenital System, 1350

The Fetal Thorax, 1311

The Fetal Abdomen, 1336

The Fetal Skeleton, 1380

TEXTBOOK OF DIAGNOSTIC SONOGRAPHY